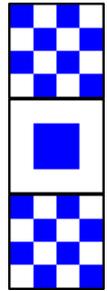




The **May 2014** Navigator



Check out NSN on [Facebook](#) for updates and events! Search: *Naval Station Norfolk*

Events of Interest

- 1 May:** [National Prayer Day and Prayer Breakfast](#) (0630, Galley) 444-4361 for info.
- 3 May - Liberty Washington DC Trip** (departs at 0400 from C-9) 444-4033
- 4 May:** [Sesame Street/USO Experience for Military Families](#) (1400 and 1630, C-9 DeVary Hall)
- 5-15 May:** HURREX/Citadel Gale 2014
- 7 May:** EM Working Group Meeting (1000, Bldg. B-30)
- 7 May:** Monthly Giant Voice Test (1200)
- 7 May:** Abandoned Vehicle Auction, registration begins (1000, Impound Lot/SP-314) 444-2631
- 8 May:** TPU Quarterly Pre-Deployment Brief (1000, J-50)
- 9 May:** Clean the Station Day
- 10 May - Liberty New York City Trip** (departs at 0300 from Main Gate Theater) 444-4033
- 11 May:** Mother's Day
- 14 May:** Home School Co-Op Group (1000-Noon, U-40)
- 14 May:** [Navy College NCPDLP Education Fair and 40th Anniversary](#) (1000-1400, Bldg. IE)
- 15 May:** PSD Afloat Atlantic CPC Meeting (1000, W-130)
- 15-16 May:** Marriage Seminar (0800-1600, Chapel) 444-7361
- 16 May:** [DMV2Go](#) (0900-1600, NEX)
- 17 May:** MWR Block Party and ["Rev It Up" Car and Bike Show](#) (1000-1400, Parade Field on Gilbert St.)
- 20 May - NOFFS** (0700-1400, N-24) 444-3586
- 23 May:** [4th Annual Hampton Roads Military Bike Rally](#) (0630 Registration Opens, Main Gate Cinema parking lot)
- 25-31 May:** [Virginia's Hurricane Preparedness Sales Tax Holiday](#)
- 26-31 May** MWR Adaptive Sailing Camp (0800-1600, Sailing Center) 444-2918
- 28 May:** Asian American and Pacific Islander Heritage Month Observance (1000-1100, Chapel)
- 28 May:** Asian American and Pacific Islander Heritage Meal (1100, Galley)
- 28 May:** Home School Co-Op Group (1000-Noon, U-40)
- 29 May:** PSD Afloat Atlantic CPC Meeting (1000, W-130)
- 30 May:** Sailing Center Grand Opening & Fishing Tournament (1130, Sailing Center) 444-2918
- 31 May:** MWR Marina and Sailing Day (1000-1600, Sailing Center) 444-2918
- 31 May:** [Anchor Scholarship 5K](#) (0815, PA House)

Pre-Deployment Brief

TPU Norfolk will be hosting their quarterly pre-deployment briefing at 1000, Thursday, 8 May in Building J-50. The briefing is designed for deployed units, whether imminent or downstream.

Items to be discussed include limited duty, pregnancy, medical boards, administrative separations, regular separations, onward transportation, and discipline. For further information, please contact [Mr. Richard Green](#) at 444-4469.

40 Years of VOLED

Navy College Offices world-wide will be celebrating the [40th Anniversary of the Navy's Voluntary Education Program](#) during the week of 12 May. The 40th Anniversary slogan is - Navy VOLED: 40 Years of Helping Sailors Navigate Their Education (1974-2014).

One of the ways to celebrate the 40th Anniversary is by highlighting the success stories of current and former Sailors. [Center for Personal & Professional Development](#), and the Navy Voluntary Education Program have launched a campaign called "#NavyVOLED My5Words". We are looking for anyone who used Navy Tuition Assistance, Navy College Office counseling services, NCPACE and USMAP to earn a degree or enhance their careers to share their success stories with us.

Seat Belt Safety

Seat belts are the single most effective thing you can use to protect yourself or vehicle occupants in a traffic accident. During a traffic accident using a seat belt properly keeps you safe and secure inside your vehicle, whereas being completely thrown out of your vehicle is almost ALWAYS deadly. Seat belts are YOUR best defense against impaired, aggressive and distracted drivers.

For further Physical Security/Crime Prevention assistance please contact [Lloyd Bynum](#), [John Peck](#) or [Priscilla Cuffee](#).

Clean the Station Day

Naval Station Norfolk's semiannual Clean the Station Day will be held Friday, May 9 from 0815 to 1130. All Naval Station Sailors as well as those attached to homeported ships, squadrons, and tenant commands are encouraged to participate in this event.

Combined efforts such as these are essential to keeping Naval Station Norfolk in pristine condition. A clean base promotes a positive work environment and maintains critical mission readiness. Clean the Station Day is intended as a deep clean of the base, but all commands should continuously clean areas of the base used by their Sailors and civilians.

NSN's Special Operations Department will patrol the base and collect all bagged trash for disposal. PT gear is authorized for this event and NSN MWR will sponsor a BBQ at the N-26 Parade field at the conclusion. NSN is counting on the participation of all commands to ensure this event is a success.

POCs: [MMC Murray](#), 444-2298, [MMCM R. Butler](#), 438-3811 or [Gary Evans](#), 444-4218.

SAAM Video

In honor of Sexual Assault Awareness Month, the Naval Station Norfolk Sexual Assault Prevention and Response team created this [video](#) to remind survivors, or potential victims, they are not alone.

Many Sailors experience the trauma of sexual assault without ever speaking a word about it to anyone. They don't know where to turn, who will believe them, or how to get help.

The United States Navy's Sexual Assault Prevention and Response Program can be your compass - your guide. We are here to help you out of the dark and into the light.

Special thanks to Universal Music Group and Lady Antebellum for their support of this project.

Get the latest MWR information in the new [Naval Station Norfolk Sea and Air](#)