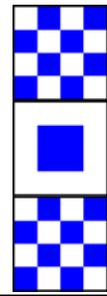




The *April 2014* Navigator



Check out NSN on [Facebook](#) for updates and events! Search: Naval Station Norfolk

NSN/HRT Transportation Seminar

Naval Station Norfolk will host two Transportation Seminars with Hampton Roads Transit (HRT) 9 APR from 1000-1100 and 1200-1300. HRT will brief [TRAFFIX](#), vRide, and the Transportation Incentive Program as well as the potential extension of light rail, the Tide, and VDOT [E-ZPass](#) Program.

Each of the sessions will provide an excellent opportunity for Naval Station Norfolk commuting personnel to receive information on local transit/traffic congestion reducing programs and become knowledgeable about the financial benefits of obtaining an [E-ZPass](#).

There are currently 40,000 vehicles coming through the gates of Naval Station Norfolk each morning between 0500-0700, and 90% of those vehicles are single occupancy (driver only); this seminar is aimed at educating communicating personnel on other available means of transportation that could significantly reduce traffic congestion.

Now available at the NEX:

The [E-ZPass](#) On-the-Go Kits cost \$35 and includes \$15 available to use immediately, with the remaining \$20 available after the E-ZPass transponder is registered online.

First Class Symposium

The Naval Station Norfolk Petty Officer First Class Association will host a First Class Symposium April 15 and 16, 0730-1600 in Bldg. C-9.

Speakers include FLTCM Clarke and FLTCM Beldo.

Topics include: CPO 365, Zeroing in on Excellence, Responsibility to Junior Sailors, Commissioning Programs, Brilliant on the Basics, Career Navigation, Leadership, SAPR, and Chief Selection Board Process.

Please encourage your First Class Petty Officers to attend this valuable event.

Get the latest MWR information in the new [Naval Station Norfolk Sea and Air](#)

Comments or feedback encouraged: Contact [NSN PAO](#). Visit our [Facebook Page!](#)

Remember ● Honor ● Respect
April 5, 2014
Gold Star Wives Day

Events of Interest

- 1 Apr: CPO 121st Birthday
- 1 Apr: Fleet CPO Symposium (C-9)
- 2 Apr: [CPO Birthday Anchor Run 5K](#) (1100, JEB LC-FS)
- 2 Apr: EM Working Group Meeting (1000, Bldg. B-30)
- 2 Apr: Monthly Giant Voice Test (1200)
- 5 Apr: [Gold Star Wives Day](#)
- 6 Apr: [Max Brooks, The Harlem Hellfighters, book signing](#) (Noon-1330, NEX)
- 7 Apr: [Funding a College Education Briefing](#) (1130, Bldg. IE)
- 8 Apr: Ashore/Afloat Intramural Spring Softball Coach's Meeting (444-4016)
- 8 Apr: Service Appreciation Night at [ODU Baseball](#)
- 9 Apr: [NSN/HRT Transportation Seminar](#) (two sessions 1000-1100 and 1200-1300, C-9)
- 9 Apr: NOFFS Course (445-1519)
- 10-15 Apr: [National Distracted Driving Enforcement Campaign](#)
- 10 Apr: [Southern Illinois University Information session](#) (1100 and 1300, Navy College, Bldg. IE)
- 10 Apr: PSD Afloat Atlantic CPC Meeting (1000, W-130)
- 11 Apr: [HRCC Military Recognition Reception](#) (1500, Norfolk Waterside Marriott)
- 14 Apr: Intramural Spring Soccer begins. For info call 444-7218
- 15-16 Apr: [First Class Symposium](#) (0730-1600, C-9)
- 16 Apr: VAO Workshop (0900-1100, U-40)
- 18 Apr: [DMV2Go](#) (0900-1600, NEX)
- 18 Apr: HURREX brief (0900-1030, C-9)
- 18 Apr: Earth Day Fair (1000-1400, NEX)
- 18 Apr: Lifeguard Training Class Begins (FRP-12) Call 444-1232 for info.
- 19 Apr: 25th Anniversary of the Explosion aboard USS IOWA. IOWA Association will hold a Memorial Service (0945, Iowa Point)
- 19 Apr: Liberty Washington DC Trip. Call 444-4033 for info.
- 23 Apr: NSN Home School Co-Op Group (1000, U-40) 322-2316 for info.
- 24 Apr: Wounded Warrior Ride (0930)
- 24 Apr: PSD Afloat Atlantic CPC Meeting (1000, W-130)
- 24 Apr: Mission Nutrition (N-24) For info 445-1519.
- 25 Apr: Arbor Day
- 29 Apr: Liberty Bowl-a-Rama (1800-2000, Pierside Lanes CEP-127) Call 444-4033 for info.

Child Abuse Awareness/Prevention

April is Child Abuse Awareness/Prevention Month. Child abuse is "the mistreatment or neglect of a child (anyone under the age of 18 years of age) by parent(s) or other guardian resulting in injury or harm." For further information on what constitutes child abuse contact your local Navy Family Advocacy at 444-2230, Child Protective Services or the Virginia Child Protective Service hot-line at 1-800-552-7096. Crime

Prevention briefs are available from NSN Physical Security/Crime Prevention Unit for command support groups. A two-week notice is required. POC: [Priscilla Cuffee](#)

Navy Voting Assistance Program

Why bother?

Voting and the ability to elect our country's leaders is one of our fundamentals rights. It is a right we, and all of those before us, serve to protect and defend. Your Voting Assistance Officers are [LCDR Gary Lewis](#), [GMC Aaron Bolton](#) and [CS1 Anthonie White](#) and can be reached either by coming by the Naval Station Norfolk Voting Assistance Office located at Schamburger Hall, Bldg R61, calling 445-5952/444-7029 or by email.

Sexual Assault Awareness Month

April is Sexual Assault Awareness Month (SAAM). Reducing the threat of sexual violence from within our ranks continues to be an All Hands effort - focused on our collective effort to provide safe environments for our Sailors at all levels.

NSN SAAM events:

- 2 Apr: Proclamation Signing and VA Conference (0800, C9)
- 7 Apr: Walk a Mile (1100-1300, NSN)
- 10 Apr: Softball game vs NSA (1100-1300, Cutter Park)
- 17 Apr: SAPR Texas Hold'em Tournament with MWR(1800, C-9)
- 28 Apr: Self Defense Class (1500-1700, N-24)

Links

- [NSN](#)
- [Navy News](#)
- [The Flagship](#)
- [FFSC](#)
- [Safety News](#)
- [MWR](#)
- [Family Housing](#)
- [Environmental](#)
- [CPO Scholarship Fund](#)
- [NMCRS Education](#)

Info

- [SNA](#)
- [ANA](#)
- [NSL](#)
- [HR Navy League](#)
- [USO HR](#)
- [Navy College Office](#)
- [Military Child](#)
- [Education Coalition](#)
- [Hampton Roads](#)
- [Naval Museum](#)