

JBP HH child care facilities earn national accreditation

Lauressa M. Reese

Morale, Welfare and Recreation

Seven Morale, Welfare and Recreation (MWR) child and youth programs at Joint Base Pearl Harbor-Hickam (JBP HH) have received accreditation from the National Association for the Education of Young Children (NAEYC).

The centers that received accreditation include: Harbor Child Development Center (CDC), West CDC, Main CDC, Naval Station CDC, Peltier CDC, Wahiawa CDC and PMRF CDC.

Hickam School Age Center (SAC), PMRF SAC and Catlin SAC were accredited through the Council on Accreditation.

To earn NAEYC accreditation, the facilities went through a year-long, self-study process, analyzing services provided based on specific criteria. Each center applies for accreditation independently and works to meet those standards. Facilities are subject to unannounced visits by NAEYC during the accreditation period.



Photo by Jared Nakayama

Children at the Catlin school age care center enjoy playtime. (See additional photo on page A-5.)

tion period.

The NAEYC has continuously raised the bar for quality programs for all children for more than 80 years. This accreditation demonstrates that JBP HH child care programs consistently provide the highest quality of services to children of our military.

The school-age care (SAC) programs' accreditation results at Hickam and at Catlin were expedited through the Council on Accreditation (COA) Pre-Commission Review Report (PCR) process as a result of not receiving any out of compliance ratings in any of the fundamental practice or core standards.

The MWR child care staff was able to accomplish the accreditation while the Navy and Air Force went through joint basing and while opening new child development centers. "It's the staff's hard work and willingness to get trained that made all this possible," said Bobbie Asato, child and youth program administrator.

The two centers that have

See CHILD CARE, A-8

JBP HH selected as site for DoD Healthy Base Initiative

Office of Assistant Secretary of Defense

Joint Base Pearl Harbor-Hickam (JBP HH) has been selected as one of 13 sites to participate in a healthy base initiative (HBI), a demonstration project for Operation Live Well, aimed at increasing the health and wellness of the total force, including civilians and family members. The announcement was made March 18 by the Department of Defense (DoD).

Eleven of the pilot sites participating in the assessment, in addition to JBP HH, are also military installations and include: Fort Bragg, N.C.; Fort Sill, Okla.; Sub Base New London, Conn.; Mountain Home Air Force Base, Idaho; Yokota Air Base, Japan; Marine Corps Air Ground Combat Center/Marine Air Ground Task Force Training Command, Twentynine Palms, Calif.; Marine Corps Base Quantico, Va.; U.S. Coast Guard Air Station Cape Cod, Mass.; March Air Reserve Base, Calif.; and Camp Dodge, Iowa. The remaining two sites participating are the Defense Logistics Agency, Fort Belvoir, Va.; and Defense Health Headquarters, Falls Church, Va.

A healthy and fit force is essential to national security as service members must be physically prepared to deploy in a moment's notice anywhere on the globe to extremely austere and demanding conditions.

As part of this year-long demonstration project, participating installations will be examined for their ability to create environments



U.S. Navy photo by MC2 Steven Khor

Runners and their families and friends from various military commands in Hawaii participate in the 5th annual Saint Patrick's Day 5K Run around Ford Island, March 15.

that enable sustainable healthy lifestyles.

While HBI is designed to identify effective ways to improve the overall health and wellness of service members, families, and civilians, specific efforts will focus on making informed nutritional food choices, increased physical activity, weight management and tobacco cessation.

Many of the services' and installations' long-standing programs will be evaluated to ensure efficiency and effectiveness.

Best practices across participants will be shared with the services for further implementation throughout the force.

HBI and DoD's Operation Live Well are part of the president's National Prevention Strategy and complements the first lady's Let's Move! campaign to promote good health for all Americans. The National Prevention Strategy involves all agencies within the federal government and includes an aggressive plan for each agency to take action. The Let's Move! campaign is designed to combat and prevent childhood obesity nationwide.

For more information about Operation Live Well and the Healthy Base Initiative, visit <http://bit.ly/XBWOYD>.



Col. Terry Scott, 15 Wing vice commander, congratulated members of the Aircraft Maintenance Management Team for receiving the Team of the Year category during the 2012 Annual Team Hickam Awards banquet Mar. 15.

2012 Team Hickam Awards honor Airmen, civilians

Story and photo by Anna Marie General

Joint Base Pearl Harbor-Hickam Public Affairs

Eleven Airmen and civilians from various units and squadrons were recognized during the 2012 Annual Team Hickam Awards banquet held March 15 at the Tradewinds Enlisted Club.

Hosted by the 15th Wing, the annual awards program honors the best-of-the-best for their significant contributions and exceptional performance throughout the year.

"Top performers get nominated from their respective unit for their stellar work performance and community service, then move on to compete with other units throughout Joint Base Pearl Harbor-Hickam at the annual Team Hickam Awards banquet," said Master Sgt. Timothy Leviston, first sergeant of the 561st Network Operations Squadron Detachment 1.

"This keeps them motivated, improves morale and gets people together," he said.

More than 200 guests attended the banquet, which began with a sequence of events that included a social

hour, singing of the National Anthem, invocation, POW/MIA remembrance and the recognition of all nominees from various units and squadrons, followed by dinner.

Col. Eva S. Jenkins, commander of the 692d Intelligence, Surveillance and Reconnaissance (ISR) Group, delivered the keynote address and congratulated the recipients for their hard work, dedication and excellence.

With 41 nominees recognized for various categories, one individual or team was announced for each category as the winner of the year. Awards were presented by Col. Terry Scott, vice commander, 15th Wing, and Chief Master Sergeant Leslie Bramlett of the 15th Wing, Joint Base Pearl Harbor-Hickam.

As chairman of the event committee for this year's banquet, Master Sgt. Angela Fortenberry, first sergeant of the 15th Operations Group, said, "Due to our busy schedule to do our mission, this annual event was an opportunity to bring us closer as a team. It's almost like networking. When you see them come together, that's the best part."

The 2012 annual Team Hickam award winners are: Airman category, Senior Airman Ryan Lockhart, 15th Wing; NCO category, Tech. Sgt. Jessica McBee, 692d Intelligence, Surveillance and Reconnaissance Group; Senior NCO category, Staff Master Sgt. Lamar Heard, Headquarters Pacific Air Forces; First Sergeant category, Master Sgt. Kyle Scafi, Mission Partners; Company grade officer category, Capt. John Robbins, 15th Wing; Civilian category I, Dawn Chang, Mission Partners; Civilian category II, Bezinna Griffith, 15th Wing; Civilian category III, Michael Ray, Headquarters Pacific Air Forces; Volunteer category; A1C Rachel Urquhart, 15th Wing; Team category, Aircraft Maintenance Management Team, Mission Partners; Honor Guard category, A1C Raymart De Asis, 647th Civil Engineering Squadron.

(Note: Mission Partners include the 515th Air Mobility Operations Wing, Air Force Space Command, Defense Information Systems Agency Pacific, and 25th Air Support Operations Squadron.)

(See page A-3 for related article.)



Pentagon puts furlough notices on temporary hold
 See page A-2



535th Airlift Squadron holds change of command
 See pages A-2



Ethos
 See page A-2, A-6 - A-8



Hickam Airman performs lifesaving rescue, earns Airman Medal
 See page A-4



Mustache Bash means hair-raising fun for teens
 See page B-1



Submit Tsunami Awareness Month poster entries by March 25
 See page B-7

535th Airlift Squadron holds change of command



Col. Dan Baldessari, 15th Operations Group commander, presents the squadron guidon to Lt. Col. Gregg S. Johnson at the 535th Airlift Squadron (AS) change of command ceremony held March 15. Master Sgt. Ryan Martin, 535th AS first sergeant, looks on near the flightline at Joint Base Pearl Harbor-Hickam.

Members of the 535th Airlift Squadron (AS) stand in formation during the 535th AS change of command ceremony. Hundreds gathered as Lt. Col. Gregg S. Johnson assumed command of the 535th AS from Lt. Col. Patrick C. Winstead.

U.S. Air Force photos by Tech. Sgt. Jerome S. Tayborn



Pentagon puts furlough notices on temporary hold

Compiled by
Karen S. Spangler

Managing Editor

With the last minute passage by Congress of a bill to keep the government running through the end of the fiscal year, furlough notices, which were scheduled to be issued today to Department of Defense (DoD) workers including those in Hawaii, have been temporarily put on hold.

Once furlough notices go out, there would be a seven-day period for people to reply to their letters, followed by a 30-day waiting period.

Under the current proposal plan, civilian employees could be furloughed without pay for up to 22 days—one day a week through the Sept. 30 end of the fiscal year. For affected civilian employees, this

amounts to a 20 percent cut in pay from the beginning of furloughs through the end of the fiscal year.

Over the past few weeks, military leaders at both national and local levels have been talking about the impact that sequestration would have on its military and civilian workforce. Here are excerpts from some of those comments:

• Navy Adm. Samuel J. Locklear III, commander of U.S. Pacific Command (PACOM), in his testimony to the House Armed Services Committee earlier this month, said that sequestration and budget uncertainties are already impacting PACOM's operations and loom "like an avalanche" that could ultimately undermine the U.S. rebalance to Asia-Pacific in accordance with the new U.S. strategic guidance.

Locklear shared concern

about the near-term impact on the services' readiness accounts, reducing the availability of ready aircraft, ships and carriers and other assets that he called vital to PACOM's reach across its sweeping area of responsibility that covers 52 percent of the globe.

"These funding cuts will challenge our ability to execute both discreet operations and the broader Indo-Asia-Pacific rebalance strategy," he said.

"We have to get it right in the Asia Pacific," he said. "The road we're on will undermine that."

• In this excerpted testimony presented March 6, Rear Adm. Hugh D. Wetherald, deputy chief of staff for plans, policies and requirements at U.S. Pacific Fleet, told state lawmakers.

"The Department of Defense has stated that

enacting civilian furloughs is a measure of last resort and it is still working out details.

The high cost of living here in Hawaii, combined with the fact that our civilians have not received a pay raise in nearly three years, has us deeply concerned about the negative effects of furloughs on morale.

"The important work of our civilian workforce cannot be picked up by others in their absence. Civilians fix our ships, submarines and aircraft, staff our hospitals, handle contracting and financial management, and much more," Wetherald said.

• Responding to a request from Ho'okele, Gen. Herbert "Hawk" Carlisle, commander of Headquarters Pacific Air Forces said, "The 10 percent automatic cuts facing the Department of Defense,

known as sequestration, will trigger a 40 percent reduction in Pacific Air Forces' operation and maintenance budget, reducing daily operations such as flying hours, training opportunities and exercise participation."

"When you combine these cuts with the potential furloughs that our valued civilian employees face, our ability to support critical mission areas will be degraded. Overcoming these impacts of sequestration will be challenging but not impossible. We will do everything in our power to defend our nation and protect its interests. Because of the amazing men and women that have volunteered to serve our nation, we will be able to overcome the challenges of sequestration" Carlisle said.

• Rear Adm. Frank Ponds, commander of Navy

Region Hawaii and Naval Surface Group Middle Pacific, also weighed in on sequestration during a commentary published in Ho'okele on March 15.

"Our Navy has been required to make tough choices in the face of the continuing resolution and effects of sequestration. As we evaluate our priorities and make required adjustments to services and hours of operation, we do so with a full and unwavering commitment to readiness, support to warfighters and families, and our ability to operate forward," Ponds said.

"Your support to our mission and readiness is second-to-none. Remember that safety must underpin all that we do, today and every day," Ponds said.

For more information about government furloughs, visit <http://bit.ly/11pwhnp>.

Don't let milestone celebration turn into tragedy

Lt. Daniel R. Mangual

Region Legal Services
Office

The Navy Office of Hazing Prevention is a new office created to provide more accountability for hazing incidents. This new office will promulgate anti-hazing policy, compile data on hazing incidents, and track "substantiated cases" of hazing.

SECNAVINST 1610.2A, the instruction which governs hazing, defines hazing as "cruel, humiliating, oppressive, demeaning or harmful activities" that can be "physical, verbal or psychological in nature." The definition also states that if an individual causes or instructs someone else to engage in such behavior,

both individuals are in trouble for hazing. Hazing truly is a crime of company with punishments including NJP (non-judicial punishment), administration separation or even court-martial.

Sailors should be particularly aware of their behavior when celebrating major events or career milestones in the fleet, such as graduations, chiefs' inductions or "crossing the line" ceremonies. Secretary of the Navy (SECNAV) Ray Mabus stated that the purpose for celebrations is not to embarrass or humiliate but rather to "celebrate and recognize the achievements of individual Sailors or Marines or those of entire units."

SECNAV understands the importance that these celebrations have in our Navy

culture. "Although in the past some hazing has occurred in conjunction with ceremonies, initiations or rites of passage, these activities, if properly supervised, can be effective leadership tools to instill esprit de corps, unit cohesion and respect for an accomplishment of another Sailor or Marine," Mabus said.

Celebratory milestones are not the only time when hazing may be present. In a recent incident at Recruit Training Command Great Lakes in Illinois, six recruit division commanders were punished when they forced recruits to PT in their own vomit and urine. The individuals, ranging in rank from chief petty officer to second class petty officer, were all disciplined for hazing.

Two of the six individuals were court-martialed.

Another instance of hazing involved an entire department from the USS Bonhomme Richard (LHD-6). Eight Sailors from the ship received general discharges after an individual sought medical attention for injuries resulting from a department "initiation" which involved punching, choking, kicking and wrestling. A cell phone video of the incident showed two men in NWUs wrestling in a dark room.

The captain of the ship, unaware of this "initiation" procedure, immediately launched an investigation into this incident. Several Sailors involved described their behavior merely as "roughhousing."

However, Lt. Cmdr. David McKinney, a Navy spokesman saw it differently, telling the Associated Press that an incident like this is "pretty cut and dried" and that "when an incident like this happens, it's got to be taken care of as it goes contrary to our core values."

Navy Region Hawaii Command Master Chief Marc Sibal agreed. Sibal said the key to eliminating hazing from the Navy is quality leadership and that this duty of oversight "falls especially to the chief's mess to ensure that this isn't happening."

"It is up to chiefs to lead the right way, to instill each Sailor with a culture of respect," Sibal noted. Sibal said that in his three years as the CMC at Navy Region

Hawaii, he has not seen or been aware of any hazing incidents.

Sibal said acts of hazing are "contrary to being military professionals and hazing does not have a place in our Navy as it poisons the entire command."

"There is nothing positive about hazing. It is little more than adult bullying," Sibal said.

For more information, NAVADMIN 13-034 provides the procedure for reporting all instances of hazing and describes the new database which will be used to track hazing. If anyone has any additional questions about hazing, contact the Region Legal Service Office at (808) 722-7544 or stop by building 1746.

Looking sharp!

Rear Adm. Frank Ponds, commander of Navy Region Hawaii and Naval Surface Group Middle Pacific, conducts a personnel inspection and all hands call on Joint Base Pearl Harbor-Hickam.

U.S. Navy photos by MC2 Daniel Barker



Diverse Views



“What is the most important core value for you as a military service member?”

Airman 1st Class Kelsey Kirsch
18th Aeromedical Evacuation Squadron, Det. 1

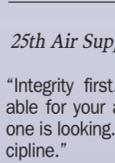


“The most important core value for me as a military service member is service before self.”



Fire Controlman 1st Class Galon Olson
USS Halsey

“Courage. People need to have courage to do the right thing whether they are being watched or not.”



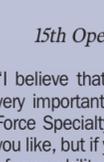
Capt. Eric Wong
25th Air Support Operations Squadron

“Integrity first. Holding yourself accountable for your actions, especially when no one is looking. The highest form of self-discipline.”



Logistics Specialist 1st Class Kristian Fabian
USS Halsey

“Honor. Honor is the most important core value for leaders. People look up to their leaders and at a crossroad or difficult decision, leaders have to be able to make the right decision—it takes honor to do that.”



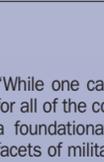
Staff Sgt. Jamiel Girardi
15th Operations Support Squadron

“I believe that excellence in all we do is very important. You may not be in an Air Force Specialty Code or duty location that you like, but if you do everything to the best of your ability, you will always be able to hold your head high.”



Damage Control Chief John Leskoke
USS Halsey

“Honor. Without honor – you have nothing. No character. No integrity. No self-esteem.”



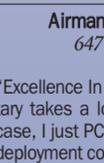
Lt. Col. Tom Laitinen
HQ PACAF

“While one can easily make an argument for all of the core values, I think integrity is a foundational attribute that enables all facets of military service.”



Firecontrolman 3rd Class Phillip Allen
USS Halsey

“Commitment. It gives you the wherewithal to get things done that you need to do.”



Airman 1st Class John Barcelona
647 Civil Engineers Squadron

“Excellence In All We Do. Being in the military takes a lot of effort and time. In my case, I just PCS'd here and already have a deployment coming up in a few months. So despite all the things I have to do between inprocessing, outprocessing for deployment, and taking care of my family, I've got to do my best in everything.”



Fire Controlman 3rd Class Krista Gould
647 Civil Engineers Squadron

“Commitment. I want to see my commitment to the Navy through to the very end so that I can set a good example for other young Sailors to follow.”

(Provided by David Underwood Jr. and Lt. Jada Johnson of USS Halsey)

Want to see your command featured in Diverse Views? Got opinions to share?

Drop us a line at editor@hookelenews.com or karen.spangler@navy.mil

Commentary

Team Hickam keeps team concept

Col. Eva S. Jenkins

Commander, 692d Intelligence, Surveillance and Reconnaissance (ISR) Group

(This commentary is an excerpt from Jenkins' comments at Team Hickam's annual awards banquet held March 15 at the Tradewinds Enlisted Club, Joint Base Pearl Harbor-Hickam.)

You've all heard the saying, “There's no T in team.” As cliché as that sounds, it's true. Babe Ruth said, “The way a team plays as a whole determines its success. You may have the greatest bunch of individual stars in the world, but if they don't play together, the club [or team in our case] won't be worth a dime.”

What is a team? Various definitions say it is “a group of people linked in a common purpose.” Some say the team concept is overused, worn-out, washed out and is a “four letter word.” I say, “No!” It is actually a six-letter word, and it is more relevant today than ever before.

First, the team concept means healthy competition, humor and helping others reach their highest potential. The healthy competition is precisely what we celebrate at the Team Hickam annual awards banquet. Humor allows us to resolve conflicts, diffuse difficult situations, tackle some of the most challenging situations, and helps us reach our own highest potential while helping other reach theirs. No one reaches great success on their own; it is always with help of others.



U.S. Air Force photo

Col. Eva Jenkins speaks at the Team Hickam annual awards banquet.

Second, the team concept means interdependence, innovation and old fashion ingenuity. It affords us the ability to engage interdependently while allowing us to remain as individuals, and it also allows us to innovate.

Third, the team concept means commitment and collaboration toward a common goal. By committing ourselves to the team and its goals, we are collaborating

working more effectively. When we do this as a team, the possibility and probability for success are much greater.

Fourth, the team concept means knowledge, knowing our roles, and good, old know-how. By being knowledgeable and by displaying characteristics such as honesty, professionalism, trust, respect and kindness, we become a team member others want to be around. It is also important to know our role on the team, whether it's the leader, facilitator or follower and the team's role, then having the know-how to select the leader or become a great leader because it takes great leadership to build great teams.

Why is this so important? Because two-thirds of people leave a job or a team because of an incompetent leader.

Fifth, the team concept means accountability, action and attitude. Each team member must be accountable for his or her participation and contribution. By making a plan and taking action toward that plan, the team will succeed. By taking action by turning challenges and obstacles into opportunities, the team will overcome. And then always, and I mean always, have a positive attitude. The attitude of the leader and the individual team members sets the tone of the team.

Sixth and final, the team concept means maximizing strengths, minimizing weaknesses, and motivating all.

The concept of team is definitely not a “four-letter word.” It is actually a six-letter word that can best be represented by words like: Helping others, innovation, commitment, know-how, attitude and motivation. Most of you have already put two and two together and figured out that it does not equal four in this case. Rather it equals six: “H” “T” “C” “K” “A” “M.” And, while there is no “P” in Hickam, for the outstanding members of the 692d ISR Group and me, it is a “p”rivilege to be members of this team.

Noted aviators share some face-time



Jacqueline Cochran (right), sits in the cockpit of a Canadair F-86 with Chuck Yeager looking on at left in this photo taken in the 1940s. Cochran was the first woman aviator to break the sound barrier. Yeager, a retired major general in the Air Force, is a noted test pilot. March is Women's History Month.

Photo courtesy of Air Force Flight Test Center History Office

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Hickam Airman performs lifesaving rescue, earns Airman Medal

Staff Sgt. Mike Meares

Joint Base Pearl Harbor-
Hickam Public Affairs

Capt. Matt Adams looked up, encouraging his friend and co-worker, Capt. John Barbour, as he clung precariously to a waterfall's cliff, some 25 feet above the rocks and swirling water below. Suddenly, his friend lost his grip and fell. Adams knew he must act quickly or the first day of 2011 could be the last day of his buddy's life.

Adams, then a civil engineer first lieutenant deployed to Joint Task Force-Bravo, Honduras, was with a group of Airmen taking a holiday trip to the Central American nation of Costa Rica. Their destination that day was the Nauyaca Waterfalls. Only accessible by foot or horseback, the falls are located at the base of a rainforest trail inside a canyon. After a short hike to the top of the falls, Adams could see Barbour clinging to the rocky wall.

"John climbed up the side of the waterfall in an area that didn't look hard to climb, but there were rocks below," Adams said. "I could tell that he was stuck, and his arms and legs were shaking. He wasn't going anywhere."

With Barbour frozen only a couple of feet from the uppermost ledge, Adams climbed the same section to lend a hand and get him to the top, while talking to Barbour to encourage him to hold on to the rocks. His plan was to reach the ledge and pull him the rest of the way up.

However, Barbour's hands and feet came off the wall



U.S. Air Force photo by Tech Sgt. Michael Holzworth

Gen. Hawk Carlisle, Pacific Air Forces commander, presents Capt. Matt Adams, 647th Air Base Group, the Airman's Medal for heroism on March 11.

and his head slammed into the rock, as he landed on his back on a large flat piece of stone. His momentum rolled him into the pool at the base of the waterfall, and the current pushed him to the bottom of its 20-foot depths.

"I could see John sinking pretty fast, and he quickly sunk out of view in the murky water," Adams said.

With disregard for personal safety, Adams made a calculated leap from his position, cleared the rocks, and dove into the pool below to find Barbour lying on the bottom.

Adams wrapped up Barbour and applied pressure to a profusely bleeding wound in the back of his head. Pushing off the bot-

tom, he kicked furiously to get to oxygen, carrying a seemingly lifeless Barbour.

"As soon as we hit the surface, he woke up and started fighting me, struggling, not knowing what was going on," he said. "That made things a little difficult."

Other Airmen from the civil engineer squadron came to their aid and pulled Barbour to a shallow section of water. They treated what injuries they could see.

"We didn't know what kind of back injury he might have, so we didn't want to pull him out of the water completely," Adams said. "The plan was to have him lay there until we could get some help."

With a shirt in place to

help control the bleeding, Adams and Barbour's cousin, Brent Sabino, ran to a nearby house to call an ambulance. The bilingual Adams was able to explain to the locals that the injury was serious and ask for help. They called an ambulance, and one of the residents retrieved an old wooden stretcher from a shed and returned to the falls with the Americans.

Barbour was showing potential signs of a traumatic brain injury: he was throwing up and not completely coherent. Moments later, the property owner informed the group that the first ambulance broke down, and the second ambulance could not make it

down the gravel road.

"It was starting to get dark," Adams said. "We knew we were running out of time to get him to help."

They carried Barbour up the trail on the stretcher to the main road, using strips of torn up shirts to secure him for the climb up the steeply-inclined, slippery trail. "This was the hardest part of the entire trip," Adams said. "It was brutal."

Fighting to keep Barbour awake and alert, the team finally reached the trailhead. After a short drive in a truck to meet the ambulance, paramedics were able to provide much needed medical care en route to the hospital.

At the hospital, Barbour was treated and had to stay overnight before being cleared to fly back to Honduras for further medical evaluation. He was medically evacuated and flown to San Antonio Military Medical Center - South on Joint Base San Antonio-Lackland, Texas.

Barbour has recovered from his injuries, works as a civilian civil engineer with the Defense Logistics Agency, Columbus, Ohio, and recently became a new father with the birth of his son. His memory of the immediate time after he fell is sketchy, but he said he knows the outcome of his ordeal would have been worse without the help of his wingmen.

"If Matt wasn't climbing that wall underneath me, I am certain that I would have died," Barbour said. "Even more, I don't believe that the average person would have been able to swim down that far and fetch me out of the water. If

all the (guys) weren't there to carry me out, it is hard to say what might have happened," he said. "I probably would have died or would have had it much worse off than I had it."

"It was instinctual to jump in after him. Our military training helped when it came to getting him up the trail on the stretcher. But we had to improvise the whole way," Adams said.

During a medal presentation ceremony held March 11 at Joint Base Pearl Harbor-Hickam, hundreds gathered in the Pacific Air Forces Courtyard of Heroes as Gen. Herbert "Hawk" Carlisle presented Adams with the Airman's Medal.

The Airman's Medal, approved by the Secretary of the Air Force, is awarded to those service members or those of a friendly nation who, while serving in any capacity with the U.S. Air Force, distinguish themselves by heroic actions, usually at the voluntary risk of life, but not involving actual combat.

"Your demonstration of courage, valor and putting yourself in danger to protect another Airman is something that we can all learn from," Carlisle said. "What we do is family. We're in this together and we have each other's back. The reason we're as good as we are, the reason we're the greatest fighting force, the world's greatest Air Force ever seen, is because we have each other's back. Thank you. I can't tell you how proud I am of you."

(Visit <http://1.usa.gov/148kCK9> to read the complete story.)

WHO'OKELE Online

PEARL HARBOR - HICKAM NEWS

<http://www.hookelenews.com/> or visit

<https://www.cnic.navy.mil/Hawaii/index.htm>



Pearl Harbor-Hickam *Highlights*



(Left) Musician 1st Class John Wheeler plays Taps during the remembrance ceremony honoring Special Warfare Operator 1st Class (SEAL) Matthew J. Leathers.

U.S. Navy photo by MC2 Jon Dasbach

(Below) A photo of Special Warfare Operator 1st Class (SEAL) Matthew J. Leathers rests next to two American flags during a remembrance ceremony held in his honor. A decorated combat veteran with numerous awards, Leathers went missing during a training exercise off Kaena Point, Oahu on Feb. 27.

U.S. Navy photo by MC2 Jon Dasbach



(Below) Col. Christine Gayagas (second from right), U.S. Army (ret.), speaks during a brownbag lunch leadership panel discussion on March 13 at the Makai Recreation Center, Joint Base Pearl Harbor-Hickam, Hawaii, in honor of Women's History Month.

U.S. Navy photo by David D. Underwood Jr.



Photo by Jared Nakayama

Toddlers play at the Catlin school-age care center.



U.S. Navy photo by MC2 Sean Firey

Builder 2nd Class Keith Reed from Construction Dive Detachment Alpha, part of Underwater Construction Team Two (UCT-2) from Port Hueneme, Calif. works during a structural pile restoration at the Hotel piers on Joint Base Pearl Harbor-Hickam. The underwater construction team provides a capability for construction, inspection, repair, and maintenance of ocean facilities in support of Navy and Marine Corps operations.



MCPON 'zeroes in on excellence' to fleet Sailors

Karen S. Spangler

Managing Editor

The Navy's core values—honor, courage and commitment—and the Navy Ethos forge our nation's sea power.

As part of his effort to "zero in on excellence," Master Chief Petty Officer of the Navy (MCPON) Mike Stevens has been taking his message to Sailors on the waterfront. He also reinforced that message in a letter that was sent last year to chief petty officers throughout the fleet.

In discussing the strength of the Navy's chief petty officer community, Stevens said, "I believe developing leaders, fostering good order and discipline, and controlling what we own help us get precisely that type of environment [where the CPO organization gets stronger], now and down the road."

"These are not single actions. They are deliberate mindsets that permeate our processes and procedures. Each directly advances the CNO's tenets of warfighting first, operating forward and being ready."

"Each already falls within our assigned swim lane and can be a powerful engine of influence if it



U.S. Navy photo by MC2 Dominique Pineiro
Master Chief Petty Officer of the Navy (MCPON) Mike Stevens answers a question during an all-hands call in The Island Club at Naval Air Station North Island.

becomes a heightened part of our consciousness," MCPON said.

Locally, Navy Region Hawaii Command Master Chief Marcos Sibal reinforced MCPON's message, explaining the leadership role of chiefs.

"Chief petty officers are charged with developing enlisted leaders and play a major role in the training of junior officers in the Navy. Leadership development among young Sailors is a continuous process that takes years to mature," Sibal said.

"Sailors are not developed overnight. It takes time and lots of experience to get leaders to where they need to be to be effective," Sibal said.

The second component of the MCPON's excellence message focuses on

good order and discipline. In a message to commanders in November 2012, Adm. Cecil D. Haney, commander of U.S. Pacific Fleet, and Adm. William E. Gortney, commander of U.S. Fleet Forces command, directed them to get more actively involved in preventing destructive behavior by ensuring their Sailors are aware of, and abide by, the rules of conduct established by the Navy Ethos.

"Very few things have a greater impact on warfighting readiness and our ability to accomplish mission than good order and discipline," noted Stevens. "It is about establishing, sustaining and enforcing professional standards that set the condition for individual and unit success," he said.

Sibal put the MCPON's message in context.

"Chiefs are also responsible for good order and discipline within the command. They are setters of good example and must be good role models for their Sailors to emulate. Chiefs are held to a higher standard for a reason. There is no such thing as an average chief. They are either good or very good," Sibal emphasized.

"The standards and performance that chiefs demonstrate on the deckplates play a significant role in the success or failure of a command. If junior Sailors cannot look at their chief and say, 'Chief, I want to be like you when I make chief,' then to me you are not effective as a role model," Sibal said.

The Navy holds an active sexual assault awareness campaign during National Sexual Assault Awareness Month in April with ongoing training through the year. Other programs, such as CSAAD (Coalition of Sailors Against Destructive Decisions) and suicide prevention, provide education and counseling to help Sailors recognize potential problems, whether in themselves or others. Sailors are encouraged to intervene before bad behavior occurs.

In their message, Haney and Gortney emphasized the importance of Sailors being good role models. "Our warfighting strategy relies in part on the willingness of host nations to provide our forces access to their ports. To support this mission area, our Sailors must be exemplary ambassadors of our Navy and our nation," they said.

Sibal placed the responsibility on the chiefs to ensure that Sailors do what is necessary to be those ambassadors.

"Chiefs must take responsibility for their Sailors and the mission that they are tasked with. They must take full ownership of the good and bad, the success or failure,

of their divisions or departments," Sibal said.

Controlling what we own is the third key element of the MCPON's excellence message. "As chief petty officers, we have the responsibility to lead our Sailors, mentor our junior officers, and ensure the Navy's mission is being accomplished," Stevens noted.

"My charge to each of you is to think about and 'get after' those things that are most important and relevant to the success of our Navy and that are within your sphere of influence and control," MCPON said.

The important role that chiefs have in the Navy cannot be overstated, according to Sibal.

"They are also responsible for the appearance, military bearing and overall attitude of their Sailors towards the Navy as a whole. They motivate, mentor, guide, teach and train their Sailors to the best of their ability and not take shortcuts in the process," Sibal pointed out.

"The bottom line is—if you are a chief in the United States Navy you have joined over a hundred years worth of leadership at sea and some on shore that made our Navy strong and credible the world over," he said.

 HO'OKOLE Online

<http://www.hookelenews.com> or <https://www.cnic.navy.mil/hawaii>

The ethos of hula: Merrie Monarch Festival perpetuates Hawaiian culture

Don Robbins

Assistant Editor

Once again, Hilo town on the island of Hawaii will be abuzz with activity during this year's 50th anniversary Merrie Monarch Festival, which will be held from March 31 to April 6.

The Merrie Monarch Festival is a non-profit organization that honors the legacy left by Hawaii's King David Kalakaua, who inspired the perpetuation of Hawaii's traditions, native language and the arts. The week-long festival features an internationally acclaimed hula competition, a crafts fair, art show, hula shows and a parade through Hilo town.

Through the years, the Navy has also been invited to attend the festival and has sent representatives to the events.

Hula is a uniquely Hawaiian dance accompanied by chant or song, which perpetuates the stories, culture and tradition of Hawaii.

"I must say that every *halau* or school of hula has a long lineage of where their roots of hula come from," explained "Aunty" Luana Kawelu, president and executive director of the Merrie Monarch Festival.

In 1963, Helene Hale, chairman and executive officer of the County of Hawaii, sent two of her staff—Gene Wilhelm, administrative assistant, and George Naope, promoter of activities—to Maui to observe a festival in Lahaina, Maui and asked them to develop something for Hilo. The idea for the Merrie Monarch Festival was presented to various chambers of commerce, Hawaii Visitors Bureau and the Downtown Improvement Association.

In 1964, the first Merrie Monarch Festival was held. It

evolved to add the hula competition in 1971.

Hawaii's King David Kalakaua emphasized that, "Hula is the language of the heart, therefore the heartbeat of the Hawaiian people."

Kawelu explained that

"Hula is the language of the heart, therefore the heartbeat of the Hawaiian people."

—King David Kalakaua

Kalakaua restored many of the nearly extinct cultural traditions of the Hawaiian people, especially the hula, which had not been practiced publicly for many years. Ancient Hawaiians had no written language and therefore, everything was passed on from generation to generation via these chants.

"Genealogy, mythology and history were expressed through these means. The hula was the means by which the culture, history, stories and almost every aspect of Hawaiian life were expressed and passed down. We as Hawaii must continue to share these chants for the future generations of Hawaii," Kawelu said.

"I would like to dedicate this Merrie Monarch Festival to the hula masters, *kumu* hula, and researchers, professors of Hawaiian studies and language, and students of all ages who are committed to the perpetuation and advancement of Hawaiian



U.S. Navy photo by MC3 Sean Furey

Sailors from the Pearl Harbor-based guided-missile frigate USS Crommelin (FFG-37) attend a Hula competition during the 49th annual Merrie Monarch Festival in 2012.

history and the traditional culture of hula," Kawelu said.

She added, "I especially want to recognize my mom, Aunty Dottie Thompson, and Uncle George Naope and I want to thank the thousands of people in Hawaii and throughout the world who

support this festival. It is through you that the hula lives."

This Merrie Monarch Festival will look to the past and honor those traditions, according to Kawelu.

"We are bringing back the Kalakaua Look Alike

Competition, also known as the beard contest. We are also bringing back the harmonies of the barber shop quartet competition as well as the pageantry of the royal courts with an event that honors 50 years of the Merrie Monarch pageantry," she said.

Olana Ai is a *kumu* hula of the hula school International Hula Institute *Halau Hula Olana*, located near Joint Base Pearl Harbor-Hickam. Her *halau* has also performed at many ceremonial events at the base.

"Hula is our story. It is the finest expression of love and adoration. Each hula is like a book which tells the story from beginning to end," Ai said.

The composer, the *kumu* (teacher), dancers, and even the audience, all help to bring the story within the hula to life again, Ai said. In fact, she said in the songs accompanying hula there is the often-repeated phrase, "*Ha'ina Ia Mai Ana Ka Puana*" (This story has been shared, it lives again).

Joint Base Pearl Harbor-Hickam offers a hula fitness class once a week from 8:30 to 9:30 a.m. at the JBPHH Fitness Center group exercise room taught by Frieda Chandler.

"We learn the basic movements of hula as our foundation. We learn the Hawaiian name of each movement and how to do it correctly," Chandler said.

The class incorporates aspects of traditional hula with fitness movements, said Lori Gaynor, JBPHH Morale, Welfare and Recreation fitness manager. The cost is \$3 for a single lesson or \$20 for 10 lessons. For more information, visit the fitness center, call 471-2019 or check the website at www.greatlifehawaii.com.

For more information on the Merrie Monarch Festival, visit the website at www.merriemonarchfestival.org.

HO'OKELE Online <http://www.hookelenews.com/> or visit <https://www.cnic.navy.mil/Hawaii/index.htm>



Ten Commandments of e-mail etiquette provides better experience

Anna Marie General

Joint Base Pearl Harbor-Hickam Public Affairs



Many professionals rely on e-mail for business correspondence to instantly communicate and get an immediate response. While most of us understand acceptable behavior of everyday life, we may still be learning acceptable behavior in our virtual lives.

In today's digital age, everyone is generally able to use e-mail, but most do not know the true "cyber ethics" – the code of behavior on the Internet.

Based on common sense and good judgment, practicing cyber ethics provides for a safer and enjoyable Internet experience, according to Microsoft.

Despite tons of practice, it seems that e-mail etiquette is still something most of us are working to perfect. Before hitting the "send" but-

ton, avoid being an e-mail sinner by doing your best to make sure your e-mail etiquette is in check.

Behold, the 10 commandments of e-mail etiquette:

1. Thou shall keep messages brief and to the point: Make your point clear at the beginning of a message. Nothing is worse than wading through an e-mail that is twice as long as necessary.

2. Thou shall use sentence case: USING ALL CAPITAL LETTERS LOOKS AS IF YOU'RE SHOUTING AND IS ALSO HARD TO READ. The use of all lower case letters looks as if you are lazy.

Writing in sentence case is more polite. Use asterisks or bold formatting to emphasize important words.

3. Thou shall use the blind copy and courtesy copy appropriately: CC only people who are directly involved. Avoid the use of BCC to keep others from seeing who you copied. Do use BCC, however, when sending to a large distribution list, so recipients won't have to see a huge list of names.

4. Thou shall avoid sending chain letters, virus warnings or junk mail: Always check with your IT department before forwarding suspicious e-mail. Direct personal e-mail to your home e-mail account to avoid the risk of infecting your government e-mail.

5. Thou shall limit large file size attachments: Before sending any files, take the time to compress or "zip" large files. Multiple attachments add up very quickly and may take a long while to

download. Some attachments could fill the recipient's inbox, causing subsequent e-mail to be undeliverable and may cause technical problems to computer systems. If for any reason you need to send a large file, inform the recipient before sending.

6. Thou shall use a signature that includes contact information: To ensure that people know who you are, include a signature that has your contact information, including your mailing address, website and phone number.

7. Thou shall be professional in your tone: A touch of humor in the tone of an e-mail is fine, but make sure to preserve your professionalism. Try to avoid emoticons in business. Using "please" and "thank you" go a long way to convey a positive tone.

8. Thou shall watch your grammar and language: Double-check your grammar and punctuation by using

your spell checker. Avoid the use of offensive language. The way you communicate is indicative of how you represent yourself on the Internet.

9. Thou shall respect the time of others: Even though communicating online is instantaneous, try not to expect instant answers to all your questions. Respect the time it takes for people to open and read your messages.

10. Thou shall send messages properly: When sending e-mails, be to the point, polite, patient and professional. Using a good subject line can increase the effectiveness of your message and make you appear more professional.

With the power of online communication, you might find yourself typing a quick response and hitting 'send' without reviewing your

online content.

"Think operation security (OPSEC) before sending information that could be considered classified or sensitive, such as squadron or ship movement, force size, upcoming port visits, because once it's on the Internet, it's out there forever and you can't get it back," said Steve Farmer, Navy Region Hawaii information assurance manager.

"By using your government e-mail for official use only, this decreases the risk of receiving spam, phishing and other unwanted email that targets your .mil e-mail," he added.

In order to make e-mail effective, stop and think before you hit "send." Your correspondence says a lot about you, so stay ahead by practicing proper email etiquette.

SWOS Learning Site instructor at Pearl Harbor wins training safety award

Lt. Forrest Griggs

Surface Warfare Officers School Public Affairs

NEWPORT, R.I. (NNS) – Surface Warfare Officer School (SWOS) Engineering Learning Site Pearl Harbor, Hawaii was among the winners of the Naval Education and Training Command (NETC) Fiscal Year 2012 Excellence in Safety Awards, presented recently in Pensacola, Fla.

The awards recognize outstanding performance in the areas of safety and risk management in a training and education environment.

The high-risk training safety officer award winner for 2012 is Chief Damage

Controlman (SW) Tommy Thompson, training safety officer for SWOS Engineering Learning Site Pearl Harbor.

Rear Adm. Don Quinn, NETC commander, presented the awards at the NETC breakout session of the Naval Safety Center's online Professional Development Conference.

"You can operate safely and not be combat ready, but you cannot be combat ready if you cannot operate safely," said Quinn.

"Much of what we do in the fleet is inherently dangerous. Therefore, it is critical that good safety and risk management habits be instilled during initial training. Safety is also a fundamental enabler

that makes our training more effective and better prepares Sailors for success in the fleet," Quinn said.

Although the position of training safety officer is a collateral duty for Thompson, his efforts ensured that the high-risk training of more than 6,700 students in the damage control team trainer and fire fighting team trainer at Pearl Harbor was completed with zero training-related mishaps.

Chief Warrant Officer John Walls, the officer in charge for SWOS Learning Site Pearl Harbor, noted that Thompson's commitment to safety of the instructors and students is absolute.

"In the 25 years I've served in uniform, I have not met

anyone who cares more deeply and passionately about safety," said Walls.

"Through Chief Thompson's efforts, we have one of the most successful safety programs in the Pacific fleet. This award is a fitting tribute to his efforts here."

Thompson noted that the recognition for the safety program reflects the quality training.

"There are a lot of Sailors on ships and at training facilities who have a record of zero safety mishaps, but receive little or no recognition," Thompson said. "We live and breathe safety every day in our training. It's good that we get recognized for our hard work and zero mishaps."

Quality child care

Continued from A-1

not yet received accreditation are new centers. Under the NAEYC guidelines, a center has to be in operation for at least one year before initiating the certification process. The main child development has recently undergone the assessment site visit and is currently awaiting the academy's accreditation decision result.

"Here on joint base we know how important receiving top quality childcare is to parents," said Elisa Bautista, child and youth program trainer. The NAEYC promotes excellence in the field of early childhood learning and development across the United States.

"We are very proud of this accomplishment. This accreditation is very difficult to achieve," said Chip Kreisman, acting MWR director. "Service members can focus on their mission knowing their children are safe and receiving high-quality care through child and youth service programs."

Due to the strict guidelines and requirements to work with children, JBPHH invests time when recruiting and training new staff. Throughout the current fiscal reality, Asato and her team continue to develop staff and put caring for children first.

This accomplishment validates the consistent quality care and service that is provided on a daily basis. "We are very proud to have earned the mark of excellence from NAEYC. We're providing quality care and increasing parents' comfort levels," said Bautista.

"It's validating the fact that the staff is doing the right thing by our children. We want to provide the best possible care. We always focus on safety, quality of life, learning and education," Asato added.