



Welcome USS PEARL HARBOR AND HMAS PERTH



“Navigator” WHO'OKELE

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AUSTRALIAN ALLIES ARRIVE



(Top) The Royal Australian Navy frigate HMAS Perth (FFH 157) arrives in Pearl Harbor to conduct a routine port visit. (Above left) The Perth passes Battleship Missouri Memorial. (Above middle) Royal Australian Navy Capt. Lee Goddard (left), commanding officer of Perth, speaks with several guests, including Capt. Jeffrey James, commander of Joint Base Pearl Harbor-Hickam (JBPHH), aboard the Perth. (Above right) U.S. Navy Sailors perform line handling as Perth arrives.

Service members paddle in 2013 Wounded Warrior Canoe Regatta

Story and photo by MCSR Rose Forest

Navy Public Affairs
Support Element West, Det. Hawaii

The Wounded Warrior Canoe Regatta raised support for military members recovering from injuries as

part of the 12th Annual Duke's OceanFest held Aug. 18 at Fort DeRussy Beach, Honolulu.

The regatta participants raced in six-person teams in four separate categories including: Wounded Warriors, all military, veterans and youth, between the Hale Koa Military Hotel and

the U.S. Army Museum. Since its creation in 2009, the regatta has worked to assist troops recovering from injuries through the "healing power" of the Hawaiian waters and the support of those who participate. It is sponsored by the Navy League, Honolulu Council. "That is the greatest thing

that all of us can see. It's part of the healing process. It's part of all of us coming together," said U.S. Rep. Colleen Hanabusa, Congresswoman of Hawaii's first Congressional District. "So, mahalo to all of you. And this isn't about me, this isn't about any of us, we are just honored to have had oppor-

tunity to share in this event with you." The regatta's mission is to promote public awareness for Wounded Warriors, to support their families and to increase opportunities for their employment. "The Wounded Warriors are people who battled in our wars and they are ones

who are now still fighting a war - mental and physical," said Lt. Gen. Hank Stackpole, retired Marine veteran. "And this kind of event that we have right here shows that their heart and their spirit is still working."

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Military members recuperating from injuries participate in the Wounded Warrior Canoe Regatta to promote public awareness and increase opportunities for Wounded Warriors. (See additional photos on page A-5)

Air Force leaders talk key issues with 15th Wing Airmen

Staff Sgt. Terri Paden

15th Wing Public Affairs

More than 300 members of Team Hickam had the opportunity to hear from two of the top Air Force leaders at an Airman's Call Aug. 19 at Joint Base Pearl Harbor-Hickam.

Air Force Chief of Staff Gen. Mark A. Welsh III and Chief Master Sgt. of the Air Force James A. Cody met with wing Airmen to discuss current issues affecting readiness and the future of the Air Force.

During the all-call Welsh and Cody emphasized the importance of taking care of one another, getting the mission accomplished and developing tomorrow's leaders.

"Great people, which we have, plus pride, which we will always need, equals performance," Welsh said. "In our business, performance is the bottom line. There's only one bottom



U.S. Air Force photo by Tech. Sgt. Jerome S. Tayborn

Air Force Chief of Staff Gen. Mark A. Welsh III shares lunch with Pacific Air Forces Airmen at the Hale Aina Dining Facility Aug. 19 at Joint Base Pearl Harbor-Hickam. As part of a three-day visit to Hawaii, Welsh thanked Airmen for their continued service and dedication and addressed issues concerning Airmen and their families.

line for us. Our job is to fight and win the nation's wars ... and we will never get the performance we need if we don't treat our Airmen well — If we don't foster that pride that keeps them at the top of their game." Welsh said there are

three essential elements for mission success.

"Take common sense, add better communication and then mix in the most important ingredient which is caring about our people, the mission and the future ... and we win," he said. Cody also highlighted the

importance of having resilient Airmen.

"The resiliency we have as a community is linked to how connected we are to each other," he said. "I always say it only takes about 90 seconds to connect in a meaningful way and to get that tight-knit relationship that's built on trust and mutual respect. If we have that with each other we'll get through anything."

In addition to resiliency, Cody said Airmen should frequently ask themselves three questions.

"Every day you should understand where you are at in winning the fight, what you are doing to strengthen the team and how you are shaping the future," he said.

Cody said Airmen should also look at ongoing changes to the force structure in a positive light.

"Don't look at change in a negative way, look at it as the evolution of our force ... of how we will make our-

selves stronger and sustainable into the future," he said.

Cody advised Airmen to stay focused on what's most important: the mission and the people.

"We have phenomenal things going on and each and every one of you is part of those phenomenal things," he said. "We do the work that our nation needs us to do every single day despite all the limiting factors that seem to be put in front of us at any given moment. But that doesn't mean we can lose sight ... I do believe our strength, and where we need to continue to strengthen this team, is how we connect with each other."

Welsh thanked Hickam Airmen and their families for their service and gave his assessment on the current state of the Air Force. "Operationally we rock," he said. "We're unbelievably good at everything we're doing."

Save Energy

Don't make more heat. Delay chores that produce heat and moisture until the cooler parts of the day or evening. Limit dishwashing, laundering and cooking on hot, humid days. These activities make your room more uncomfortable and require your air conditioner to work harder.



Racing to support Wounded Warriors
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Hawaii Airman brings home gold in national culinary arts competition
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Tough first Spartan Race is 'game of groans'
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Operation Hele On offers mock deployment
See page A-4



NIOC Hawaii wraps up work on historic Ford Island
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Next summer concert series event to be held today
See page B-3

USS Pearl Harbor makes namesake port visit



The amphibious dock landing ship USS Pearl Harbor (LSD 52) arrives in Pearl Harbor after completing the annual Pacific Partnership mission. Pacific Partnership is the largest disaster response preparedness mission in the Indo-Asia-Pacific, with nine nations joining with the U.S. in 2013 to share expertise and leadership in Samoa, Tonga, Republic of the Marshall Islands, Papua New Guinea, Kiribati, and the Solomon Islands.

U.S. Navy photo by MC2 Nardel Gervacio

Secretary of Defense Hagel returns to Hawaii

U.S. Secretary of Defense Chuck Hagel is on a four-nation trip to Southeast Asia this week through Aug. 30.

Hagel began his trip in Honolulu yesterday to meet with Adm. Samuel Locklear, commander of U.S. Pacific Command, and visit with United States Marines and Sailors at Marine Corps Base Hawaii, Kaneohe Bay.

Hagel will then travel to Kuala Lumpur, Malaysia Aug. 24-26 followed by Jakarta, Indonesia the afternoon of Aug. 26 and Aug. 27.

From Jakarta, Hagel will travel to Brunei Aug. 27-29 to meet with defense counterparts from across the Asia-Pacific region. He will conclude his trip in Manila on Aug. 29-30 and return to Washington Aug. 30.

Hagel was in Hawaii in May to meet with military members for the first time after he took office.

Joint base installation master plan to be unveiled at town hall on Aug. 27

Joint Base Pearl Harbor-Hickam Public Affairs

The Joint Base Pearl Harbor-Hickam (JBPHH) Installation Master Plan will be introduced at a town hall meeting from 8:30 a.m. to noon Aug. 27 at the Makai Recreation Center, JBPHH.

Commands on JBPHH are encouraged to attend the forum.

"The town hall is open to anyone with a stake in the future of JBPHH as we continue to invest in the future of our installation," said Capt. Jeffrey James, commander of JBPHH.

The master plan reflects the outcome of a two year-long collaborative endeavor between JBPHH and tenant commands in developing a sustainable planning document to guide and shape development across the entire installation, to include the outlying annexes.

The Master Plan provides a framework for JBPHH to deliver balanced, sequenced, sustainable, and agile services across the entire spectrum of base operating support.

"The plan is the first effort to optimize base operating support to the fleet (both naval and air), the fighter, and the family," James said. "We continually look for new and more effective ways to maintain, assist and care for operational forces, support organizations, community services and families who live and work on the installation, while maintaining our visible and rich historical character."

Additionally, the JBPHH Master Plan aligns with current Executive Orders, the Unified Facility Criteria on Installation Master Planning, national defense strategic rebalancing initiative and Department of Defense policy. The plan also captures industry best practices and standards in environmental/sustainable design, and energy management/security by supporting the construction of high-performance, state-of-the-art buildings in sustainable locations.

For more information about the town hall, call 449-3125.

University of Hawaii football players pay respects at USS Arizona Memorial



U.S. Navy photo by MCC John M. Hageman

Members of the University Of Hawaii Rainbow Warrior football team visit the USS Arizona Memorial after completing a tour of the Battleship Missouri Memorial. For the second year in a row, the University has held their fall camp on Joint Base Pearl Harbor-Hickam. The Warriors will have their season kick off Aug. 29 with the University Of Southern California at Aloha Stadium.

Commentary

SECDEF Chuck Hagel's statement on new sexual assault prevention, response measures

Secretary of Defense
Chuck Hagel

Eliminating sexual assault from the armed forces remains one of the Department of Defense's [DoD] top priorities. This effort requires our absolute and sustained commitment to providing a safe environment in which every service member and DoD civilian is free from the threat of sexual harassment and assault.

Our success depends on a dynamic and responsive approach. We, therefore, must continually assess and strive to improve our prevention and response programs.

In May, I directed a range of initiatives designed to strengthen our programs in the areas of

commander accountability, command climate, victim advocacy and safety. Today, I am directing immediate implementation of the following additional measures to improve victim support, strengthen pretrial investigations, enhance oversight, and make prevention and response efforts more consistent across the military services:

- Creating a legal advocacy program in each military service that will provide legal representation to sexual assault victims throughout the judicial process.

- Ensuring that pre-trial investigative hearings of sexual assault-related charges are conducted by judge advocates general (JAG) officers.

- Providing commanders with options to reassign or transfer a

member who is accused of committing a sexual assault or related offense in order to eliminate continued contact while respecting the rights of both victims and the accused.

- Requiring timely follow-up reports on sexual assault incidents and responses to be given to the first general or flag officer within the chain of command.

- Directing DoD's inspector general to regularly evaluate closed sexual assault investigations.

- Standardizing prohibitions on inappropriate behavior between recruiters and trainers and their recruits and trainees across the department.

- Developing and proposing changes to the Manual for Courts-Martial that would

allow victims to give input during the sentencing phase of courts-martial.

All of these measures will provide victims additional rights, protections and legal support and help ensure that sexual assault-related investigations and judicial proceedings are conducted thoroughly and professionally. In addition, the Department of Defense has established an independent panel, in accordance with the National Defense Authorization Act for Fiscal Year 2013, which is currently reviewing and assessing the systems used to investigate, prosecute and adjudicate crimes involving sexual assault and related offenses under the Uniform Code of Military Justice. I have met

with panel members, and I will closely review their recommendations when complete.

Sexual assault is a stain on the honor of our men and women who honorably serve our country, as well as a threat to the discipline and the cohesion of our force. It must be stamped out. I will continue to meet weekly with DoD's senior leadership team to personally review our efforts and ensure that directives and programs are being implemented effectively.

We are all accountable to fix this problem, and we will fix it together. We will continue to work closely with the Congress and the White House on eliminating sexual assault in the military.

Commentary

Racing to support Wounded Warriors

Rear Adm.
Rick Williams

Commander, Navy Region
Hawaii and Naval Surface
Group Middle Pacific

Last Sunday I attended the Na Koa Wounded Warrior Canoe Regatta at the Hale Koa, hosted by Navy League President Dave Livingston and Judge Ed Kubo. Grand Marshals were Vietnam veterans and heroes Navy Capt. (ret.) Jerry Coffee – a POW for seven years – and Marine Corps Lt. Gen. Hank Stackpole – who was severely wounded during the war.

There were various competitive events including surfing, sand volleyball and sand soccer, and a lot of spirited cheering along the beach, especially for the canoe races. On shore, there were lots of activities for adults and children in and around the Hale Koa.



Rear Adm. Rick Williams

It was an amazing and humbling experience to watch our warriors and other participants in a native Hawaiian sport displaying teamwork, with Diamond Head in the background, blue skies and ocean all around, in the heart of Waikiki!

The mission of the regatta is to support Wounded Warriors and their families and promote more employment opportunities. A career day was held at the

Hale Koa on Friday as part of that effort. I was pleased to see our National Guard and Coast Guard shipmates paddling with us at Sunday's event. The Air Force Band of the Pacific's Hana Hou put on a great show all day long.

Dave Livingston told me this year's regatta included 47 teams, more than double last year's participation of 20.

I am already looking forward to next year's event and will be practicing my canoe paddling skills over the next year with help from MIDPAC, Region and local community experts. Most of all, I am looking forward to more of you joining us at the Hale Koa next year to enjoy the events and camaraderie.

Special thanks to our Navy League friends and all the organizers, participants, and especially volunteers who help out our Wounded Warriors and their families. It's a noble cause and worthwhile effort, and Sunday's regatta was a great event. Well done!

The regatta whets my appetite for the Joint Base Pearl Harbor-Hickam Makahiki festival scheduled for Nov. 2, where we'll all have an opportunity to learn more about the rich Hawaiian culture. I hope you'll be able to attend.

Sailor takes to water for herself, others

Brandon Bosworth

Staff Writer

Being stationed in Hawaii gives service members and their families the opportunity to experience many new things. For Gas Turbine System Technician 1st Class Ulanka Beckom, Naval Surface Group Middle Pacific, coming to Joint Base Pearl Harbor-Hickam meant discovering a new passion: ocean canoeing.

A native of Chicago, Beckom started kayaking in 2004 at Naval Station Great Lakes, Ill. She immediately took to it.

"There's something about being on the water," she said. "It's so tranquil. I like it."

When she's not on the water, her mind is still on paddling.

"Even at the gym I'm using the rowing machine," she said.

After arriving in Hawaii in 2011, Beckom went from paddling on a lake to paddling in the ocean.

"It's similar but saltier," she said. "The waves can be kind of creepy, but you have to face your fears."

She joined the Honolulu Pearl Canoe Club, located at Pearl Harbor next to the USS Arizona Memorial. They practice at the Navy facility Rainbow Bay Marina Canoe Hale. While the club is open to civilians, many members are connected to the military.

"About 60 percent of the paddlers in the Honolulu Pearl Canoe Club are military-affiliated," said Beckom.

Beckom volunteered at the 2013 Wounded Warrior Canoe Regatta held Aug. 18 at Fort DeRussy beach. It was her third time volunteering.

"Volunteering at the Wounded Warrior Regatta was a wonderful experience," she said. "It's always wonderful when you can bring smiles to people by helping them escape their worlds for a little while and



Photo courtesy of GSMC(SW) Ulanka Beckom
Gas Turbine System Technician 1st Class Ulanka Beckom paddles with other members of the Honolulu Pearl Canoe Club.

focus on something else."

Beckom was not the only one from her club who volunteered.

"The Honolulu Pearl Canoe Club assisted with a lot of the logistics, such as paddling through the Ala Wai Canal to pick up and drop off canoes borrowed from Outrigger Canoe Club," she said. "We served as time keepers, score keepers, held the boats in place prior to the start of the race and dealt any other items that came up during the day."

Beckom's reasons for volunteering are simple and pragmatic.

"Why not volunteer?" she said. "I have the ability to do so, so why not help out?"

Diverse Views

What's your favorite kids' movie?

Clarissa Cosson
Navy Region Hawaii

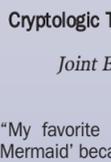


"My favorite kids movie is 'Ice Age 1,2' because I just love the characters. It's very cute and there is also a little romance."



Airman 1st Class Harman Kaur
647th Force Support Squadron

"'Kung Fu Panda' is my favorite kids movie, because who doesn't love a big fat panda? Also, the movie has one of my favorite quotes; yesterday is history, tomorrow is a mystery, but today is a gift. That is why it is called the present."



Cryptologic Technician (Technical) 3rd
Class Holly Lazarz
Joint Base Pearl Harbor-Hickam
Administration Office

"My favorite kids movie is 'The Little Mermaid' because it came out the month and year I was born. I liked the movie because it goes into great detail of a daughter and father relationship, and how to overcome parental aversion."



Airman 1st Class Cheyann McGee
647th Force Support Squadron

"I would say 'The Lion King' would have to be my favorite kids movie. Although 'haku-na matata' is a simple phrase, it is one we can all live by."

Lt. j.g Alfred Whitney
Navy Region Hawaii



"'Toy Story 3' because it's funny."



Airman 1st Class Justin Smith
647th Force Support Squadron

"My favorite kids movie has to be 'Hercules.' It taught me that if I lift weights, I could become strong and beat people up."

Kerry Ng
Navy Region Hawaii



"I pick 'Toy Story 3' because it's something I can relate to. In the movie the kids grow up and get ready for college. I can relate to that with my daughter. She will be going to college in a couple of years. I think it's a good movie."



Airman 1st Class Rut Montero
15th Aerospace Medical Squadron

"I have a few movies I love, but my favorite kids movie has to be 'Finding Nemo.' The movie teaches perseverance and not to give up, even in the face of overwhelming odds."

Ship's Serviceman 1st Class
Wilson White
Joint Base Pearl Harbor-Hickam



"'Teenage Mutant Ninja Turtles.' because it was everyone's favorite childhood movie."

(Provided by SrA Christopher Stoltz
and MC2 Nardel Gervacio)

Want to see your command featured in Diverse Views?
Got opinions to share?

Drop us a line at editor@hookelenews.com or karen.spangler@navy.mil

Regatta

Continued from A-1

A roar of excitement erupted from the beach as each race began. Audience members shouted their support and cheers of congratulations as each team made their way down the beach and returned to cross the finish line.

For more information, visit the website for the Wounded Warrior Program at www.woundedwarriorproject.org.

Joint base to celebrate Women's Equality Day Aug. 26

Two Women's Equality Day observance events will be held Aug. 26 at Joint Base Pearl Harbor-Hickam.

Col. Eva Jenkins, director of 692d Intelligence, Surveillance, Reconnaissance Group, Pacific Air Forces, will be the keynote speaker at a presentation from 11 a.m. to 12:30 p.m. titled "Women Inspiring Innovation Through Imagination." The event will be held at the Makai Recreation Center, 1859 McChord St. on the Hickam side of Joint Base Pearl Harbor-Hickam. Everyone with base access is welcome and reservations are not required. The event is a brown bag (bring your own lunch) event.

In addition, there will be a free showing of the HBO original movie, "Iron Jawed Angels" at 6 p.m. at Sharkey Theater. The movie portrays the struggles and courage of the feminists who fought for women's citizenship and the right to vote in America. The film stars Hillary Swank, Frances O'Connor and Anjelica Huston and commemorates the theme "Celebrating Women's Right to Vote."

The movie is not rated; however, some scenes may be too intense for young children. Parents should use discretion.

For more information, call Master Sgt. Laura Kattner at 448-2927 or Terry Takara at 473-2836.

Aircraft makes a good catch



Photo courtesy of Pacific Air Forces

On Aug. 19, 1960, flying a specially modified C-119, the 6593rd Test Squadron made the first successful mid-air catch of a Discoverer satellite capsule. For this feat, which took place 53 years ago this week, the unit received the 1960 Mackay Trophy. In the photo, a C-119 catches the parachute canopy of a descending capsule. Based at Hickam since 1958, the 6593rd's capsule recoveries were part of the now-declassified Corona project, America's first operational space reconnaissance effort.

HO'okele

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U.S. Navy photo by MC2 Nardel Gervacio

Children of Sailors and Airmen participate in an activity on Ward Field during Operation Hele-On.

Operation Hele On offers mock deployment

Helen Ko

Joint Base Pearl Harbor-Hickam Morale, Welfare and Recreation

Operation Hele On, an annual event held by the Military & Family Support Center, took place Aug. 16 at Club Pearl and other locations on Joint Base Pearl Harbor-Hickam.

Since 2004, Operation Hele On has become an annual youth deployment day that gives children of Air Force and Navy families an opportunity to go through a mock deployment.

The mission of Operation Hele On is to expose military youth to the active duty lifestyle and teach coping skills to deal with a parent's deployment. The term "hele on" is Hawaiian, meaning "ready go."

The 100 youngsters in attendance at this year's event were grouped into six teams – Stingrays, Seahawks, Seals, Mustangs, Sky Warriors and Falcons – who were led by a training instructor, team leaders and a medic.

After a brief training session of a proper drill formation, Capt. Jeffrey James, commander, Joint Base

Pearl Harbor-Hickam, gathered the kids together for the opening remarks. The youngsters participated in a group roll call that got them pumped up for all the activities ahead of them.

"My daughter Avery was a little apprehensive about coming to this because it's the end of our deployment and she thought it would be hard for her because she misses her dad, but she is really enjoying herself right now in her Seahawks group," said Jamie, Avery's mom.

Nicole Piwonski stayed to watch her son, Logan, participate in the morning drill formations. She said that since this was their first year in Hawaii and her husband has been in the military for 22 years, the event would be a great opportunity for her son. "Logan is used to his father going through the deployment process so he wanted to experience it for himself and he seems to be enjoying it very much," said Piwonski.

Three groups were taken to the USS Paul Hamilton (DDG 60) for a tour of the ship. The other three groups were taken to Ward Field to participate in obstacle courses, demonstrations of the K9

working dogs in action, dive demonstrations and displays, weapon displays from the Combat Arms team (CATM) and a tug-of-war competition. There was also a robot, Brooke, for the kids to interact with and control.

"This is the first year the Navy has been involved and the kids were able to go on the USS Paul Hamilton for the tour. We're very excited about it and I'm sure the kids are too," said Regina Fivella, supervisor at Military & Family Support Center.

In between all the activities taking place throughout the day, each team practiced for a drill competition at the end of the event. The Seahawks won the drill competition with three of the four judges giving them a perfect score to take the honor home.

Avery said she enjoyed everything about Operation Hele On.

The experience was also a great one for her because she was part of the winning team for the drill competition.

Parents also participated in the mock deployment for their kids by waving homecoming signs while each group competed in the drill competition and at the closing ceremony.

Hawaii Airman brings home gold in national culinary arts competition

Staff Sgt. Terri Paden

15th Wing Public Affairs

Being an Air Force food service specialist offers Airmen the opportunity to provide one of the most critical elements of mission support – sustenance. However, for one Airman assigned to the 647th Force Support Squadron at Joint Base Pearl Harbor-Hickam as a food service journeyman, it also provided an opportunity to make her dreams a reality.

Senior Airman Carmen Gonzalez said she joined the Air Force because she wanted to be a professional chef. It is a goal she recently put to the test when she took home a gold and silver medal at the U.S. Army's 38th Annual Culinary Arts competition in Fort Lee, Va.

The annual competition serves to raise the standards of culinary excellence and professionalism, nurture creativity, offer a place for participants to showcase their skills and give participants a chance to earn credits toward a certification.

"I did great, better than I expected in such a competitive environment," said the Puerto Rico native. "It was a lot of hard work and long hours, but in the end, getting the competition experience was worth it, winning was a bonus."

Gonzalez said she finally got her big break after three years when she became the sole Airman to represent the Air Force in the local multi-service competition. After an extensive week-long try out that pitted her



Courtesy photo

Senior Airman Carmen Gonzalez, 647th Force Support Squadron food service, cuts open a chicken while training for the U.S. Army's 38th Annual Culinary Arts competition in Fort Lee, Va.

against 50 other service members, she was then chosen as the only Airman, on a joint team of 12, which would train for the international competition in Virginia.

"We did not select Airman Gonzalez to represent the Air Force. Like everyone else, Airman Gonzalez had to compete for a spot on the team," said Tech. Sgt. Katrina Stone, 647th Force Support Squadron food service supply NCO in charge. "Her attention to detail and pride in all that she does win out all the time."

The team trained 12 hours a day, six days a week, for more than four months to perfect basic cooking skills, and proper preparation of hot and cold

foods to meet stringent competition standards.

Gonzalez said training for the competition was different than the year she spent studying culinary arts because the military training involved stricter standards and more discipline. She said she also struggled with learning how to prepare cold food products to use for presentation.

The training paid off. Gonzalez said she made her winning dish of stuffed chicken with goat cheese and spinach, fluted mushrooms, turned potatoes with balsamic vinegar onions nine times before preparing it for the competition and earning a gold medal in the hot food category. She was also awarded a silver medal for the cold food category and third place for the team category.

As she looks to the future, she said she will continue to work on her craft in preparation for the U.S. Army's 39th Annual Culinary Arts competition next year. She's also been invited to participate in the 2014 World Culinary Cup.

Stone said Gonzalez embodies "excellence in all she does" both in and out of the kitchen, even when she's not competing.

"We are extremely proud of Airman Gonzalez," Stone said. "I wish I can take the credit for her being outstanding, in truth ... Airman Gonzalez prides herself in doing the best job she can. No matter how small, big, simple or difficult the task, she always put her best foot forward."

U.S. Army supports USS Chafee with Black Hawks, Kiowa Warriors

Ensign Samantha Neirby

USS Chafee (DDG 90) Public Affairs

USS Chafee (DDG 90) participated in more than 100 deck launching qualification's (DLQs) with U.S. Army Black Hawk (UH-60) and Kiowa Warrior (OH-58) helicopters from 25th Combat Aviation Brigade (CAB) off the coast of Oahu from July 15 to 22, during USS Hopper's independent deployer certification (IDCERT).

This is the first time Army helicopters have landed on Chafee. In fact, it's believed to be the first time these types of helicopters have ever landed on a U.S. Navy warship. The Black Hawks were flown by pilots from the 2-25 and 3-25 aviation regiments, and the Kiowa Warriors were flown by pilots from 2-6 Cavalry of the 25th Infantry Division.

"Landing our helicopters on Chafee was challenging, but all our pilots enjoy challenging their skills and abilities," said Army pilot, Capt. Nathan Herrick.

"When we land in Iraq, we are worried about landing under fire, but at least we know the landing coordinates are a fixed point. However, landing on Chafee, the ship is constantly moving, and so the coordinates are constantly changing along with a moving deck

when the ship pitches and rolls with the seas."

According to Herrick, the purpose of this exercise was to not only have the U.S. Army and U.S. Navy obtain deck qualifications as two separate entities, but to "provide us another trick up our sleeve in an effort to protect United States' interests at home and abroad."

Capt. Christopher J. Bushnell, deputy commodore of Destroyer Squadron 31, offered his perspective. "The goal, at least initially, was to establish relationships with the 25th [CAB] to test a little and learn a lot ... get them comfortable with landing their helicopters on our ships and getting us comfortable with them operating around us without knowing a lot about each other to begin with," he explained.

"It was really just an effort to strengthen that 'brother in arms' aspect," he added.

"Clearly in five days, the number of qualifications and number of bounces completed, mixed with the willingness of both parties to 'give a little bit,' has accomplished a lot more than expected. It has shown that not only are they continually getting qualified on our ships, but we can apply that comfort and coordination to develop future joint tactics that can ultimately be taken forward into the [U.S.] 7th Fleet theater, or more realistically, [U.S.] 5th Fleet operations," he said.

Cmdr. Anthony C. Littmann,

Chafee's commanding officer, flew with Chief Warrant Officer 4 Scott Bean to see firsthand the capabilities of a Kiowa Warrior. "Seeing the Army gunships land at sea was fantastic. The application of the Army helicopters to missions in surface warfare such as strait transits, high value unit protection, ATFP (anti-terrorism force protection) and VBSS (visit, board, search and seizure) enhance naval capabilities and reinforce joint operational concepts. I think we are only scratching

the surface on employing Army gunships in the maritime domain," said Littmann.

Herrick acted as a liaison onboard Chafee and had an opportunity to drive a billion dollar warship. When asked about his skills at the helm (steering the ship), Herrick said, "It was something I always wanted to do, to see how the other half [other military forces] eat, sleep, work and live. I was really

excited and enjoyed it a lot, though I found it more difficult than I imagined staying on course with the effects of wind speed and currents acting on the ship."

"Seeing what each other's military capabilities are and figuring out how we can work together is what we will be training to in the future in an effort to increase the joint operational capability brought to the table for United States Pacific Command," Bushnell said.

Legacy of learning



Senior Chief Gunners Mate Jaye Bell provides instruction to chief petty officer selectees stationed around the Navy Region Hawaii area Aug. 20, prior to night iterations of the Chief Petty Officer Legacy Academy on board the Battleship Missouri Memorial. Since 2007, the Battleship Missouri Memorial has hosted a six-day academy for chief selectees.

U.S. Navy photo by MCC John M. Hageman

Pearl Harbor-Hickam *Highlights* PADDLE POWER FOR WOUNDED WARRIORS



(Above) Military members recuperating from injuries participate in the Wounded Warrior Canoe Regatta held Aug. 18 at Fort DeRussy Beach Honolulu to promote public awareness and increase opportunities for Wounded Warriors.

U.S. Navy photo by MCSN Recruit Rose Forest

(Below) U.S. Army Staff Sgt. Paul Bryant leads a team of military members recuperating from injuries in the Wounded Warrior Canoe Regatta.

U.S. Navy photo by MCI Daniel Barker



U.S. Navy photo by MCSN Recruit Rose Forest



U.S. Navy photo by MCSN Recruit Rose Forest



U.S. Navy photo by MCI Daniel Barker



U.S. Navy photo by MCI Daniel Barker



United States Air Force Band of the Pacific Hawaii performs at the Wounded Warrior Canoe Regatta.

U.S. Navy photo by MCSN Recruit Rose Forest

Boxer Amphibious Ready Group departs for deployment today

Naval Surface Force,
U.S. Pacific Fleet Public
Affairs

SAN DIEGO — The Boxer Amphibious Ready Group (BOXARG) is scheduled to depart for a Western Pacific deployment today.

The BOXARG, which includes USS Boxer (LHD 4), USS New Orleans (LPD 18) and USS Harpers Ferry (LSD 49), will focus on maritime security operations and theater security cooperation efforts. BOXARG is fully capable of amphibious assault and Special Forces operations, humanitarian missions and non-combatant operations.

"We've had a very rigorous training cycle to pre-



U.S. Navy photo by MC1 Ryan Valverde

The amphibious assault ship USS Boxer (LHD 4) transits San Diego Bay as it gets underway. The Boxer Amphibious Ready Group (ARG) is underway off the coast of Southern California completing a Certification Exercise (CERTX).

pare us to execute any mission when called upon," said Capt. Malcolm Potts,

Commander, Amphibious Squadron (PHIBRON) 1 and Commander of

BOXARG. "I am awed and impressed by the ingenuity, creativity, and indus-

triousness of the 4,200 dedicated Sailors and Marines that serve on our ships."

The ships will embark approximately 2,400 Marines from the 13th Marine Expeditionary Unit (MEU). The MEU is capable of conducting conventional amphibious operations and selected maritime special operations at night or during adverse weather conditions from the sea, by surface or by air.

U.S. Third Fleet leads naval forces in the Eastern Pacific from the West Coast of North America to the international date line and provides the realistic, relevant training necessary for an effective global Navy.

For more information on BOXARG visit the ARG's website at: <http://ow.ly/o9h9o>.

Doctors partner in Vietnam to enhance cooperation, improve patients' quality of life

MC2 David Kolmel

U.S. Pacific Fleet Public
Affairs

U.S. Navy medical personnel from Joint Base Pearl Harbor-Hickam are in Hanoi, Vietnam from Aug. 15 to 28 to work alongside Vietnamese doctors to enhance rehabilitation for burn victims.

Formally, this will be phase two of the "Interventional Burn Management Subject Matter Expert Exchange." The team's four members are helping expand treatment capabilities at the National Institute of Burns in Hanoi, bringing medical supplies and performing cutting-edge laser and surgical care to improve the quality of life for patients with debilitating scars and scar contractures.

Last year, medical experts aboard the hospital ship USNS Mercy (T-AH-19) performed similar

treatments in Vietnam as part of Pacific Partnership 2012. This was the fourth time in five years the annual Pacific Partnership mission had visited Vietnam to conduct humanitarian civic assistance missions, and the first ever to include laser treatments for scars.

"I view this type of smaller scale, higher intensity exchange as an effective bridge between the biennial USNS Mercy missions associated with Pacific Partnership, aimed at increasing familiarity, trust, and enhancing the effectiveness of future missions," said Cmdr. Peter Shumaker, chairman of dermatology at Naval Medical Center San Diego (NMCS). "Projects of this type are also an effective way to build a cadre of medical personnel familiar with the region and to gain expeditionary experience during peacetime."

Several types of U.S. medical specialists are

working with the Vietnamese doctors at the burn institute.

"A plastic surgeon, a dermatologist, pulmonary specialist, and an orthopedic surgeon are working as a team to help improve patient functionality," said Lt. Damita Zweiback, Pacific Fleet medical planner. "Many of the patients we saw during Pacific Partnership '12 had restrictions of movement and even breathing because of the complexity of the burns."

The U.S. experts are sharing the lessons they learned in Operation Enduring Freedom and

Operation Iraqi Freedom.

"Our Vietnamese colleagues will benefit from learning enhanced burn care management techniques and procedures that we've developed from our recent wartime experience, which will improve their ability to deal with these types of injuries in the future," Capt. Jonathan Wilcox, Pacific Fleet deputy fleet surgeon, said.

A fractionated carbon dioxide laser, identical to the one used previously during Pacific Partnership 2012, will be employed to help remodel restrictive scars and improve the quality of life for the patients.

Although still a relatively new application, this technology has been used for several years to help treat wounded warriors.

"This is essentially the same breakthrough technique that we have used for approximately four years for functional and cosmetic improvements in our wounded warriors and other traumatically injured patients," Shumaker said.

These types of programs develop relationships among professionals in the Indo-Asia-Pacific as they exchange information and build shared experience. They pave the way for future exchanges, includ-

ing a pulmonary subject matter expert exchange between NMCS and providers from the Vietnamese National Lung Hospital, currently scheduled to occur later this month.

"We're developing long-term professional and personal relationships with our Vietnamese colleagues," Wilcox said. "By working together to improve the lives of many Vietnamese patients who have suffered debilitating trauma from burns and other related injuries, we're building the capability to better deal with these types of injuries in the future."

Shipyard makes it '4peat' in transducer replacements

David Tomiyama

Pearl Harbor Naval Shipyard Public Affairs



With very little preparation time between jobs and a smaller workforce, the Pearl Harbor Naval Shipyard completed four straight TR-317 transducer submarine replacements over 2.5 months, a record for Fleet Maintenance Submarine (FMB).

TR-317 transducers allow a submarine to navigate the open ocean using sonar technology. They are located in the sonar dome, and each one weighs approximately 70 pounds. There are more than 1,000 TR-317s in a Los Angeles-class submarine. While not all of the transducers are required to operate in order for sonar to function, a minimum percentage must work in order to meet mission capability. From March to May, FMB

worked to get first USS Tucson (SSN 770), then USS Columbus (SSN 762), USS Greenville (SSN 772), and finally Tucson again fit-to-fight. FMB normally has at least a few weeks between transducer jobs but in this case, they were only allotted, on average, five days between each ship to prepare.

Budget cuts and minimum overtime led to having only one eight-hour workforce shift with a changeout of 15 transducers per day as opposed to a

normal workforce of two 10-hour shifts with a changeout of roughly 20 transducers per day.

"In addition to the pressure, the biggest challenge was the lack of time to prepare," said Shane Ho'okala, shop 67 electronics work leader.

"Luckily we prepped a lot of what we needed for three separate jobs before the first one began. That foresight is what really allowed us to complete the boats on schedule," Ho'okala said.

Transducer jobs are distinct from other IMF tasks as they require more mechanics and overall manpower to complete. The job averages 16 personnel a day, working in the sonar dome and sphere, and providing tank watch.

Shop 67 has more mechanics on transducer jobs due to the many haz-

ards that are found in the dome and sphere and all the trip hazards that lie around while moving the transducers on and off the ship. Prior to replacing transducers, shop 67 coordinates with other shops and codes to put up staging in the sonar dome, vertical launch system platforms with overhead cover, lighting and ventilation for the dome and sphere. Lead mechanics prepare a day ahead to decide priorities, paperwork and strategies for the upcoming day, Ho'okala said.

The replacement of transducers is a five-step process. First is to remove the failed transducers and take it off the submarine. Next is to remove and replace the mounting brackets that TR-317s sit in. Third is to clean the hull inserts, the sealing area between the free flood area in the dome and the inside of the sonar

sphere. Fourth is the installation of new TR-317s. The final step is to run an electrical post-test on the new transducers. Overall, it is a physical job that requires strength and mobility, according to Ho'okala.

"You're constantly lifting heavy objects in a very unusual space," explained Ho'okala.

"The sonar dome is very hot and requires flexibility and strength to maneuver around to get the job complete. The sonar sphere is a very small compact area that requires you to be small in stature, but big in strength."

These jobs were taxing not only to FMB, but to shop 67 as well.

"We had more than 10 percent of the entire shop dedicated to these jobs. That put a lot of pressure not only on us, but on all the other projects in dry

dock," said Ho'okala.

"Those projects had to deal with a shortage of electronics personnel until these jobs were complete. Upper management was under close scrutiny because such a large chunk of the workforce was dedicated to one job."

The accomplishment of completed four straight transducers jobs sits well with the FMB workforce that made it happen.

"The transducer job was done with safety as our main goal," said Kalani Matsuura, shop 67 electronics mechanic.

"Electronics, stagers, marine machinists and temporary services shops all worked diligently to keep us on our timeline. Although these jobs were physically demanding, we persevered through teamwork, experience, dedication and lucid communication."

Navy Information Operations Command Hawaii wraps up work on historic Ford Island

Story and photo by CTIC Erich Keough

Navy Information Operations Command

Chief petty officers and first class petty officers from Navy Information Operations Command Hawaii combined forces to revitalize part of the historic Ford Island airfield control tower during a recent command CPO365 phase one volunteer event.

Thirty-five Sailors supported the Pacific Aviation Museum by chipping paint on the tower building's outer stairwell in the morning, followed by adding a fresh coat of paint in the afternoon.

"It was a great opportunity to come together as a team to restore a historic piece of naval heritage," said Cryptologic Technician (Technical) 1st Class Matthew Wilson.

The Sailors also had the opportunity to talk with Steve Melgaard, a retired O-6 Marine Corps pilot and the museum's expeditor. Melgaard told the Sailors stories from World War II and invited them to ascend to the top of the tower where Sailors could see east to Diamond Head and west to Barber's Point.

Cryptologic Technician (Collection) 1st Class Jacob Quinn said he was proud to spend a Saturday working on the tower.

"My grandfather served here shortly after the attack, so serving here in Hawaii has been one of my dreams since joining the Navy," Quinn said.

Melgaard told Sailors that the museum had accrued \$4 million in donations to help save the tower, but was still short of the goal. Current plans are for the main tower building to serve



Chiefs and first class petty officers work together to revitalize the historic Ford Island Airfield control tower as CPO365 phase one came to a close.

as a museum with tours to the top for tourists.

"I am happy that they chose to leave the tower standing since there were rumors, prior to the museum, of removing it," said Quinn.

According to information available on the Pacific Aviation Museum website,

during the attack on Pearl Harbor on Dec. 7, 1941, oil-soaked victims from the nearby battleships were taken to the building where assistance was rendered to remove the oil from the survivors. Additionally, some American aircraft were also guided to land and take off at

Ford Island during the attack, braving both enemy and friendly fire.

"I always enjoy the activities we do in CPO365 on Ford Island because we are surrounded by so much history that you learn about as a kid," said Wilson. "It's very rewarding knowing that we are standing on the same ground as so many fallen heroes."

CPO365 offers guided leadership training for future chief petty officers, allowing chiefs and first class petty officers to come together as one team. According to the CPO365 guidance laid out by Master Chief Petty Officer of the Navy Michael D. Stevens, CPO365 phase one is "used to build the foundation in the year-round training cycle."

Phase two is designed as the final training period to prepare selectees for entry into the chief's mess and

began when CPO selection results were released the end of July.

"Understanding and preserving naval heritage is an integral part of the CPO365 training process," said Cryptologic Technician Interpretive Chief Justin Tockey, the coordinator for NIOC's volunteer event.

"Sailors stationed in Hawaii have a wonderful opportunity to experience naval heritage from World War II up close and personal."

"I believe knowing this history is an important part of CPO365 because you can't know where you're going unless you know where you have been. The Navy is rooted in heritage and customs that are unique to only us. Passing that knowledge on to the younger generation is what it is to be a chief, a leader, a role model, a Sailor," Wilson said.