

Life & Leisure

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MILITARY MEMBERS HELP SPECIAL OLYMPIANS 'GO FOR THE GOLD' AT JOINT BASE

Story and photos by
MCSA Rose Forest

Navy Public Affairs Support Element
West Det. Hawaii

Military service members joined more than 1,000 volunteers, almost 250 coaches, and approximately 800 athletes with intellectual disabilities to help organize and oversee the 24th Annual Holiday Classic Special Olympics Nov. 23 and 24 at Joint Base Pearl Harbor-Hickam.

The athletes trained from September to November and competed last weekend in bowling, basketball and traditional doubles bocce.

"I think events like this are very important because they give every child a chance," Jowana Lobendahn, site coordinator, said. "It gives these athletes a chance to grow and have better confidence in themselves. It's just great getting to see them smile and hold their head up high because they are proud of themselves."

The Holiday Classic marks the end of the season for these athletes and gives them a chance to celebrate their accomplishments with each other.

"Events like this are very important to people like my son because it gives him a sense of accomplishment," said Stephan Lodge, father of a participant. "My son is diagnosed with autism and this gives him an opportunity to make friends and interact with others in a positive environment."

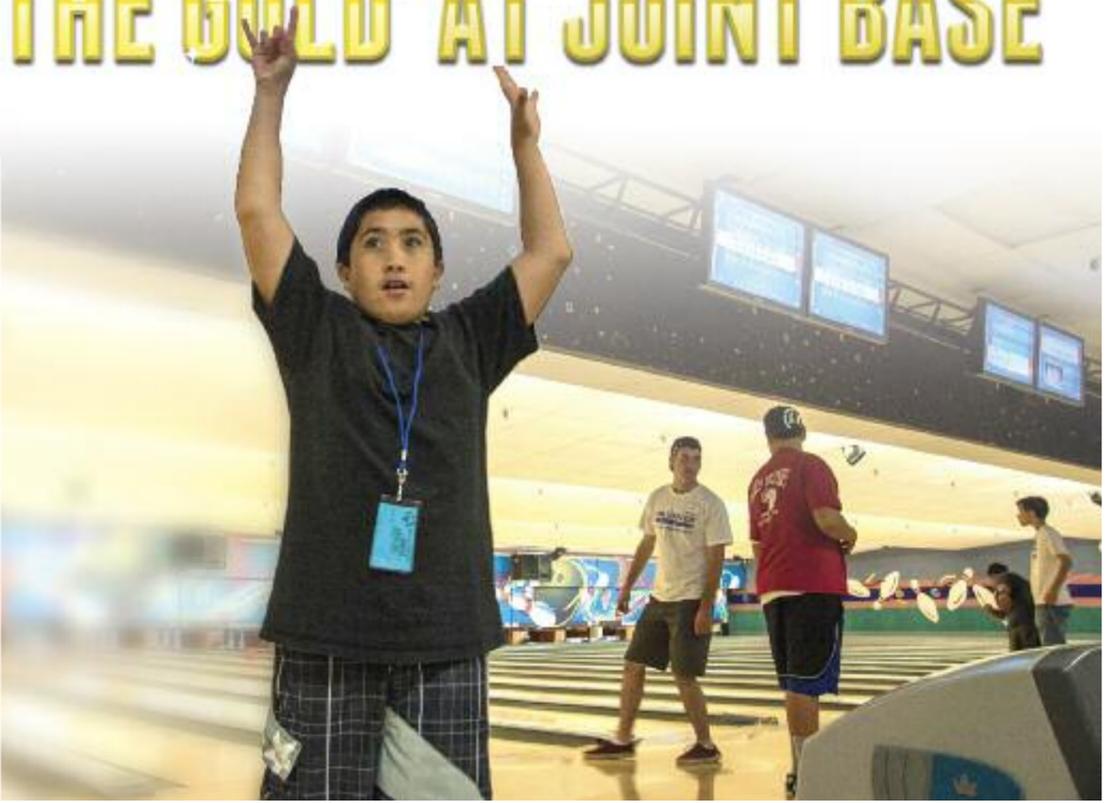
The Holiday Classic gives athletes the opportunity to enjoy an opening ceremony, Olympic Town and the victory dance as well as the competitions where hundreds of medals and ribbons are awarded.

"Events like this are very important. It gives them a sense of purpose and allows them to feel like they can contribute something and gives them a community," said Bonni Kiyebu, mother of a participant. "I've seen such an improvement in my son's ability to interact since he has started going to these events."

Participants, coaches and families come from all over the state of Hawaii to participate together in events like this.

"It feels amazing when we all get together," said Victoria, a 17-year-old participant. "I try my best and we all get to be ourselves."

The mission of Special Olympics is to provide year-round sports training and athletic competition for children and adults with intellectual disabilities, giving them continuing opportunities to develop physical fitness, demonstrate courage, and experience joy.



Athletes with intellectual disabilities compete in a basketball tournament on Joint Base Pearl Harbor-Hickam as part of the Special Olympics Holiday Classic event. Approximately 800 athletes were joined by family members, almost 250 coaches and more than 1,000 volunteers to compete in bowling, basketball, and traditional partners bocce.



Wizards defeat 647 LRS in overtime victory

Story and photo
by Randy Dela Cruz

Sports Editor

With only two weeks remaining before the postseason, Patrol Squadron Special Projects Unit 2 (VPU-2) Wizards pulled off their biggest win of the year by beating 647th Logistics Readiness Squadron (647 LRS), 27-26, in overtime on Nov. 21 in a Blue Division intramural flag football game at Ward Field, Joint Base Pearl Harbor-Hickam.

Wizards quarterback Logistics Specialist 2nd Class Robert Bond, a late replacement, tossed for a touchdown in overtime and then punched in the point after touchdown by sticking the ball past the goal line for the game-winner.

The 647 LRS scored on their turn in overtime on a pass from Tech. Sgt. Chris Sage to Tech. Sgt. Juan Rodriguez, but failed to tie the score after missing their PAT attempt.

With the win, VPU-2 evened out their record at 4-4, while barely staying alive for a playoff berth in December.

Meanwhile, the loss knocked the 647 LRS out of first place and left the team in sole possession of second place at 7-2.

"We just brought everybody together and told them to keep firing," said Bond about the team's clutch overtime win. "We got to get this win, so we just had to keep fighting."

Early in the game, both teams seemed to be ready to play as the two squads traded touchdowns to start the first half.

Up first, Sage moved his team



Quarterback Logistics Specialist 2nd Class Robert Bond squeezes through the defense to punch in the winning extra point in overtime, as Patrol Squadron Special Projects Unit 2 (VPU-2) Wizards defeated the 647th Logistics Readiness Squadron (647 LRS), 27-26.

60 yards on three plays with the final 39 yards coming on a scoring toss over the top to teammate Lt. Col. Mark Clifford for a quick 6-0 lead.

The Wizards stormed right back on just two plays to tie the score before going ahead by a point at 7-6 after converting their point after touchdown (PAT).

During the quick drive, quarterback Information Systems Technician 1st Class Jerry Toney picked up 10 yards on his first pass, before connecting on a short pattern to Bond, who made the catch and picked his way through traffic and took it all the way to the house.

After the Wizards defense

stopped the 647 LRS on downs, VPU-2 took the ball deep in their own territory at the three-yard line.

The 647 LRS defense stepped up and forced the Wizards to punt.

The standoff turned out to be huge for the 647 LRS, when the VPU-2 center hiked the ball over the head of Toney and out of the end zone for a safety – giving the

647 an 8-7 lead going into halftime.

A quick four-and-out by the 647 LRS to start the second half opened the door for the Wizards and the visitors from Marine Corps Base Hawaii Kaneohe Bay took full advantage of the opportunity.

Starting at their own 30, the Wizards quickly marched upfield and on first and goal from the 19, Toney hooked up with Aviation Structural Mechanic 2nd Class Francisco Alicea for a touchdown and 13-8 lead.

On the next series by the 647 LRS, Sage, after being sacked by Bond all the way back to his own five-yard line, got picked off by Hospital Corpsman 3rd Class Tim Champagne. This gave the Wizards good field position at the 19.

Four plays later, Bond ran it in himself to give the Wizards a seemingly insurmountable 20-8 lead after the PAT.

Down by 12 with only a few minutes left in the game, Sage got back behind center and went to work.

First, the 647 LRS quarterback finished off a 65-yard drive on only six plays by finding Clifford in the end zone for the duo's second TD strike of the game to make it 20-14.

Then after the 647 LRS defense stopped the Wizards on four plays, Sage shocked everyone at Ward Field by completing a 46-yard Hail Mary to Clifford, who made the catch in the end zone and sent the game into overtime where the comeback by the 647 LRS fell short.

"It's always big to beat a top team," said Bond after the game. "We just want to come out, compete and have fun. You can't count us out."

Chapels will hold Christmas events

Joint Base Pearl Harbor-Hickam chapels will be hosting a variety of events on Christmas Eve and Christmas Day.

Pearl Harbor Memorial Chapel will host a Christmas Eve Mass from 5 to 6:15 p.m. and a Christmas Eve service from 7 to 8 p.m.

Hickam Chapel Center will hold a Christmas Eve Mass from 5 to 6:30 p.m.,

and a Midnight Mass from 11:30 p.m. to 1 a.m. It will also host a Christmas Eve candlelight service from 7:30 to 8:30 p.m.

Christmas Day Mass will be held at 9 to 10 a.m. at Pearl Harbor Memorial Chapel and at 10:30 to 11:30 a.m. at Hickam Chapel Center.

Pearl Harbor Memorial Chapel will host an Aloha Christmas breakfast from 8 to 11 a.m.

Blood drive schedule updated

Tripler Army Medical Center Blood Donor Center has updated its schedule of upcoming blood drives as part of the Armed Services Blood Donor Program (ASBP). Dates and locations are updated regularly online as new drives are scheduled. Donors are encouraged to schedule an appointment online, call to make an appointment, and check www.militaryblood.dod.mil for the latest information.

Currently scheduled drives include:

- Dec. 3, 9 a.m. to 3 p.m., oceanside lobby, Tripler Army Medical Center.
- Dec. 5, 11 a.m. to 3 p.m., Hickam BX
- Dec. 11, 7:30 a.m. to 12:30 p.m., Pearl Harbor Memorial Chapel.

For more information, call 433-6699 or 433-6148 or email michelle.lele@amedd.army.mil.

Bombshells call out Wahine Koa after football season finale

Story and photo
by Randy Dela Cruz

Sports Editor

Only moments after winning their final Hawaii Women's Gridiron League (HWGL) game of the regular season, the Bombshells quickly focused on avenging their single loss of the year — an 18-12 defeat at the hands of the league-leading Wahine Koa.

After getting past the Lady Paniolos, 13-6, in a come-from-behind victory at Kapiolani Park on Nov. 24, the Bombshells will have a bye week before heading in the playoffs, which according to co-head coaches Staff Sgt. Jeremiah Jenkins and Gas Turbine System (Mechanical) 2nd Class John Lennon, should end in a head-to-head, winner-take-all showdown versus the Wahine Koa.

"We're coming for the Koa," Jenkins said. "We're going to win."

The HWGL is part of the Hawaii Gridiron League, which includes men's semipro tackle football and is overseen by former University of Hawaii standout and ex-NFL player Darrick Branch.

A total of nine teams compete in the HWGL, which draws many of its players from Joint Base Pearl Harbor-Hickam (JBPHH) and other military bases around the island.

Although the Bombshells came out a bit flat against the Lady Paniolos, the team turned things around with a strong second half led by wide receiver Mili Polite, an Air Force spouse, who caught two



Gas Turbine System Technician (Mechanical) 2nd Class Shaluan Douglas, USS Chafee (DDG 90), goes up for an interception to help the Bombshells defeat the Lady Paniolos in a Hawaii Women's Gridiron League (HWGL) game at Kapiolani Park.

passes for touchdowns after half-time.

Lennon said that the team's slow start might have been attributed to the fact that the team had already clinched the postseason's No. 2 seed before its matchup with the Lady Paniolos.

However, Lennon pointed out that once the playoffs start, he doesn't expect any letdown by the Bombshells — especially if the battle for the crown comes down to a meeting against the Wahine Koa.

"Our girls are confident in what they can do," Lennon said. "We're coming for the championship."

Against the Lady Paniolos, Bombshells quarterback Caryn Harman, a Navy spouse, struggled in the first half.

On her first set of downs, Harman was picked off by Tech. Sgt. Evette Blount, Pacific Command/Joint Intelligence Operation Center (PACOM/JIOC), and then failed to pick up a first down on the team's next two

offensive sets.

The second punt turned out to be a nightmare for Bombshells, after the hike sailed over the head of the punter and landed just outside of the goal line at the two.

On the very first play from scrimmage, Lady Paniolos running back Schnelle Smith got the ball and broke into the end zone for a 6-0 lead that stood up until the break.

In the second half, the Bombshells got the ball at their

own 35 and moved into Lady Paniolos territory at the 30 on a pass from Harman to another Navy spouse Jessica Fama.

Then after throwing two incomplete passes, the Bombshells on third and long, unveiled a flea flicker that caught the Lady Paniolos defense completely off-guard.

Harman got the snap from shotgun, threw a quick sideline pass to Gas Turbine System Technician (Mechanical) 2nd Class Shaluan Douglas, USS Chafee (DDG 90), who then delivered a perfect spiral in the arms of a wide open Polite for a touchdown.

The Bombshells converted their points after touchdown to take their first lead of the game at 7-6.

Up by a point, the Bombshells defense went to work and came up with a huge four-and-done stop on the Lady Paniolos to get the ball back.

Spotting a chance to put the game away for good, Harman sealed it up by leading the Bombshells on a 35-yard drive to pay dirt that ended on a shot two-yard toss to Polite for her second touchdown of the game.

"I heard my team screaming and it was so awesome," Polite said about her two catches for touchdowns.

Even though the win over the Lady Paniolos was a lot harder than anticipated, Polite said it didn't matter and expressed confidence that the Bombshells will turn it on in two weeks.

"We're exactly where we should be," she said. "We're going to beat Koa and go all the way."

Pearl Harbor Festival of Lights to glow from Dec. 17–21

The Pearl Harbor Holiday Festival of Lights tours will begin Dec. 17.

Boat tours of the harbor will be available from 6:30 to 8:30 Dec. 17 and 18, every half hour for military and Department of Defense civilian ID holders departing from Merry Point Landing.

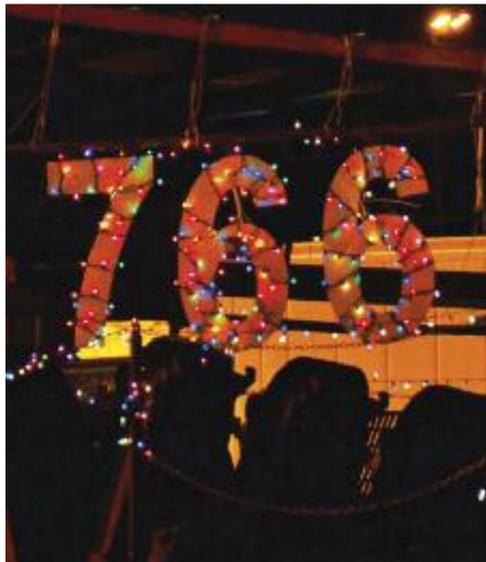
Tours for the general public will be every half hour 6 to 8 p.m. Dec. 20 and 21 from the Pearl Harbor Visitor Center.

Due to enhanced security measures in effect at the Pearl Harbor Visitor Center, no backpacks, fanny packs, luggage, diaper bags, cam-

era bags, purses, large cameras/ tripods or other items which provide concealment are allowed in the visitor center or aboard the boats.

The tours are free, but a donation of canned goods for Hawaii's food charities will be accepted. Seats are limited and tickets will be dis-

tributed on a first-come, first served-basis beginning at 5:30 p.m. on the day of the tour at the visitor center. The tours will be offered as a community service by the National Park Service and the U.S. Navy. For more information, email amada_carona@nps.gov.



(Above): Lights aboard the Los Angeles-class submarine USS Charlotte (SSN 766). (Right): Holiday lights aboard the guided-missile destroyer USS Michael Murphy (DDG 112) during the 2012 Holiday Ship/Submarine Lighting Contest.



Holiday lights aboard the guided-missile cruiser USS Port Royal (CG 73) during the 2012 Holiday Ship/Submarine Lighting Contest.

U.S. Navy photos by MC2 Daniel Barker

My Favorite Photo...

Becky Hommon, Navy Region Hawaii environmental counsel, took this recent photo of a November sunrise over Pearl Harbor.



How to submit

Email your (non-posed) photos to editor@hookelenews.com

Reading event set

On Dec. 7, the National Park Service and Pacific Historic Parks will share the historical significance of Dec. 7 with 8,000-plus school-age children across Hawaii through their second annual read aloud program.

This year's program will reach an additional 2,000 children as compared to last year. Ninety-five schools will be participating on Oahu, along with 15 in Maui County, 21 on Hawaii Island and four on Kauai.

Through the Department of Education, YMCA of Honolulu, Kama'aina Kids, Maui Family YMCA, and Moiliili Community Center, students attending schools across Hawaii will learn the real life story of Lieutenant Theodore Walker through the book "Across the Blue Pacific, A World War II Story," by Louis Borden. Walker was a submariner who served during World War II. He and the entire crew of the USS Albacore perished

when their submarine struck a mine in the Pacific.

The book follows fourth grader Molly Crenshaw who is given a classroom assignment of writing a letter to servicemen overseas. Molly immediately knows who she will write to — her next door neighbor Ted Walker, who is stationed aboard the USS Albacore. The story talks about the importance of appreciating the sacrifices made by the military. As part of this year's program, students will write letters to military personnel, which will then be delivered to active duty military through the U.S. Navy.

As part of its read aloud program, the National Park Service has posted several real life letters written during World War II by civilians and military personnel for parents to read to their children. For more information, visit the website to www.nps.gov/valr/forkids.



Live the Great Life

MWR to kick off holiday season with lighting of Freedom Tower

Emily McNulty

Joint Base Pearl Harbor-Hickam
Morale, Welfare and Recreation

The 44th Annual Tower Lighting Celebration will kick off at 4:30 p.m. Dec. 6 at the Freedom Tower. Each year Joint Base Pearl Harbor-Hickam Morale, Welfare and Recreation covers the Freedom Tower with lights, turns the switch and all throughout December it stays lit.

“Our MWR patrons love the tower lighting and we also provide opportunities for our families with free Santa pictures, inflatables

and more. We love it almost as much as they do!” said Lara Katine, MWR special events director.

The Air Force Band of the Pacific will provide entertainment with a special guest performance at 6 p.m. by young ukulele musician Aidan James.

Free shuttle service will be provided round-trip from the BX garden shop to the event starting at 4:15 p.m. until the event ends.

Food and beverages will be available to purchase as well. Participants can take a blanket or a lawn chair to watch the Tower Lighting at 7 p.m. For more information visit www.greatlife.hawaii.com.

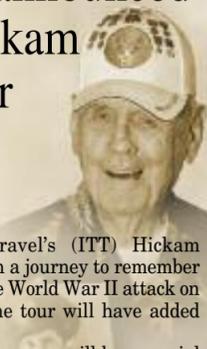


Freedom Tower shines brightly during a previous year's lighting. MWR marketing Photo

Special guest announced for Dec. 6 Hickam Historical Tour

Reid Tokeshi

Joint Base Pearl Harbor-Hickam
Morale, Welfare and Recreation



Information, Tickets & Travel's (ITT) Hickam Historical Tour takes patrons on a journey to remember the history of Hickam during the World War II attack on Dec. 7, 1941. But on Dec. 6, the tour will have added meaning and emotion.

Retired Tech Sgt. Derwood Swanson will be a special guest aboard the trolley throughout the tour. This will be an opportunity to meet and hear the stories of a war survivor as he recalls that infamous day. Swanson served as a security police officer in the motorcycle unit at the time of the attack, and is making his first memorial appearance since the attack.

The tour will begin at 9:30 a.m. and is limited to 30 customers. The price is \$45 for adults, and \$40 for children ages 3-11 years and includes lunch. For more information, call the Hickam ITT office at 448-2295 for more information. Due to the nature of the tour, it is not recommended for children under 6 years old.

Your Weekly Fun with MWR

Visit www.greatlife.hawaii.com or subscribe to MWR's digital magazine Great Life Hawaii.



Chinatown Food, Historic Tour will be held from 8:45 a.m. to 1 p.m. Nov. 30 departing from Information, Tickets and Travel-Hickam. The event will end with a traditional “dim sum” lunch. FMI: 448-2295.

Ladies Golf Clinic will begin at 9 a.m. Nov. 30 at Mamala Bay Golf Course. FMI: 449-2304.

2nd Annual Turn & Burn Ride will be held from 9 a.m. to 11 a.m. Nov. 30 at Joint Base Pearl Harbor-Hickam Fitness Center. This is a two-hour indoor cycling event, which is open to all eligible patrons. FMI: 471-2019.

Wii Wednesday will be held from 2 to 4 p.m. Dec. 4 at the Hickam Library. The activity is open to children and teens ages 6 to 16. Children ages 6 to 10 years old must be accompanied by an adult. FMI: 449-8299.

Jewelry Making 101: Basics – Earrings will be held from noon to 1:30 p.m. and 6:30 to 8 p.m. Dec. 3 at the Hickam Arts & Crafts Center. FMI: 448-9907.

The Bead Mom Open Studio will be held from 1:30 to 3 p.m. Dec. 3, 10, and 17 at the Hickam Arts & Crafts Center. The cost of studio time includes materials enough for one pair of earrings. Prerequisite: participants need to have taken a “Jewelry Making 101: Basics” course. FMI: 448-9907.

“Mom & Me” Christmas Bracelet class will be held from 3 to 4:30 p.m. Dec. 5 at Hickam Arts & Crafts Center. Participants will work together as a team to make a Christmas charm bracelet while learning some of the basic skills of jewelry making. Each child must be accompanied by his or her mother or another responsible adult. FMI: 448-9907.

Acing the Interview will be held from 9 to 11 a.m. Dec. 3 at Military and Family Support Center-Hickam. This workshop provides knowledge and skills training to help prepare participants for an effective interview. FMI: www.greatlife.hawaii.com. FMI: 474-1999.

Jingle Bell 5K Fun Run will begin at 7 a.m. Dec. 5 at Wahiawa Annex Fitness Center. Prizes will be awarded to the top three male and female finishers. The event is open to all eligible patrons. FMI: 653-5542.

Mongolian BBQ will be served from 5:30 to 8 p.m. Dec. 5 and 12 at the Hickam Officers' Club. Diners can choose from 20 different fresh vegetables, five different meats and a variety of sauces. Rice, noodles, soup, rolls, beverages and fortune cookies are also included. Diners of all ranks are welcome to attend. FMI: 448-4608.

Christmas Origami Ornament class will be held from 2:30 to 4:30 p.m. Dec. 7 at the Hickam Arts & Crafts Center. The class is open to children ages 7 and older. Participants will make a keepsake ornament with an origami embellishment. FMI: 448-9907.

Group Surf Lesson at White Plains Beach will begin at 7 a.m. Dec. 7 departing from Outdoor Adventure Center-Fleet Store. Participants need to sign up by Dec. 4. Participants must be able to swim without a lifejacket. FMI: 473-1198.

“Parent & Me” Basic Crochet will be held from 9 to 11 a.m. Saturdays Dec. 7 to 28 (no class on Dec. 14) at the Hickam Arts & Crafts Center. The class is open to children ages 7 to 12. FMI: 448-9907.

Learn to Stand-up Paddleboard will begin at 9:30 a.m. and 10:45 a.m. Dec. 7 at Outdoor Recreation-Hickam Harbor. Participants need to sign up by Dec. 4. Participants must be able to swim without a lifejacket. FMI: 449-5215.

Honolulu City Lights Opening Day Tour will be held from 4 to 9 p.m. Dec. 7 departing from Information, Tickets and Travel-Hickam. FMI: 448-2295.

Bottom Fishing at Hickam Harbor will begin at 8:30 a.m. Dec. 8 at Outdoor Recreation-Hickam Harbor. Participants need to sign up by Dec. 5. FMI: 449-5215.

Morale Welfare & Recreation

HONOLULU CITY LIGHTS TROLLEY TOURS
The annual Honolulu City Lights Trolley Tours begin in December. The tour includes a trolley ride through Honolulu's city streets to see the buildings dressed up for the holiday season. A stop at Honolulu Hale (City Hall) provides a chance to stroll amongst the exhibits and decorations. Daily departures from Information, Tickets and Travel (ITT)-Hickam are at 6 p.m. and 8:30 p.m. from Dec. 8 to 23. Departures from Bloch Arena are at 6 p.m. and 6:30 p.m. Dec. 13 to 15 and 19 to 23. FMI: 473-0792 or 448-2295.

WOOLLY WEDNESDAYS
Woolly Wednesdays will be held from 2:30 to 5:30 p.m. on Dec. 4, 11, and 18 at Hickam Arts & Crafts Center. Participants of all skill levels may participate, including beginners. Patrons can bring their current project to knit and crochet. FMI: 448-9907.

YOUTH FITNESS ORIENTATION
The Hickam Fitness Center will host a Youth Fitness Orientation Program at 9 a.m. Dec. 7. The orientation includes a facility tour, safety guidelines, cardio equipment usage demo and review of the rules and regulations. This free event is open to ages 10-14 years old with a valid military ID card. Attendees must be dressed in fitness attire and be accompanied by an adult. Upon completion of this program, the youth will be issued a youth fitness orientation card granting them access only to the cardio area and only under parental supervision. FMI: 448-2214.

LIBRARY KNOW-HOW
The Hickam Library will hold a free educational tour at 2 p.m. Dec. 7. The staff will demonstrate how to find e-books, audiobooks, music, online foreign language training, as well as explaining the Universal Class for online continuing education and the Dewey Decimal system. FMI: 449-8299.

SNORKELING AT HANAUMA BAY
There will be a snorkeling excursion to Hanauma Bay at 8 a.m. Dec. 8. Departures are from Outdoor Recreation-Hickam Harbor. Dec. 4 is the last day to register. FMI: 473-1198.

PRESCHOOL STORY TIME
Preschool story time will be held from 9 to 10 a.m. Dec. 11 at the Hickam Library. The theme will be "toys." FMI: 449-8299.

HAWAIIAN HOLIDAY FESTIVAL
The 2013 DECA Hawaiian Holiday Festival will be held from 9 a.m. to 5 p.m. Dec. 12 to 15 at the Hickam Commissary parking lot. This event will feature discounted products as well as authentic Hawaiian goods. FMI: www.greatlifehawaii.com.

Community Calendar

AT A GLANCE
Navy Marine Golf Course will be the site of a Pro-Am golf tournament associated with the upcoming Sony Open in Hawaii. The date of this Pro-Am is Jan. 8. Patrons are welcome to come out to watch the players on that day. The shotgun start is at 11 a.m. The Sony Open has offered slots for eight active-duty military players. There will be an 18 hole qualifying for these slots. Qualifying is free and is limited to active duty service members with registered handicaps of 10.0 or less. Participants just pay for regular fees. Qualifying will be held on Dec. 8 with tee times starting at 11:30 a.m. Entry forms will be available at the Navy Marine Golf Course and at Mamala Bay and Barbers Point Golf Courses. Interested patrons who meet the eligibility requirements should turn in the entry form to David Chin at Navy Marine Golf Course, no later than noon Dec. 4. FMI: 471-0142.

DECEMBER
1 — The City & County of Honolulu will conduct the monthly statewide outdoor warning siren test at 11:45 a.m. The Joint Base Pearl Harbor-Hickam "Giant Voice" works in conjunction with Honolulu's outdoor warning sirens and will sound a steady tone for 45 seconds.

4 — The Legal Assistance Department at Region Legal Service Office Hawaii, Joint Base Pearl Harbor-Hickam will hold extended hours. In addition to normal hours that day, the office will add an evening walk-in session from 6 p.m. to 9 p.m. These additional hours are aimed at providing legal assistance services (advice on landlord tenant issues, divorce, adoption, immigration, etc.) to those Sailors who cannot come in during traditional hours due to work hours or other special circumstances. Those who are specifically requiring a will be drafted, and cannot come in during normal hours should contact the office by email. FMI: Lt. Nicholas Joy at nicholas.n.joy@navy.mil.

7 — The Department of Land and Natural Resources invites volunteers to participate in a restoration project from 9 a.m. to noon at the Kawaiui Restoration Ponds. Volunteers may bring rubber boots/shoes that can get wet and muddy, work gloves, sunscreen, drinking water and dry clothes. The ponds are located behind Castle Medical Center in Kailua. FMI: email james.m.cogswell@hawaii.gov or call 266 -0911.

14 — Breakfast with Santa will begin at 8 a.m. at the Pearl Harbor Navy Exchange mall food court lanai. Besides the breakfast, authorized patrons can get their face painted, watch balloon twisters create their balloon art, make holiday cards and enter to win prizes. The event also includes goody bags and a framed picture with Santa. A child's ticket costs \$12 and an adult's ticket costs \$5. FMI: 423-3287.



ENDER'S GAME (PG-13)

Ender Wiggin, the third in a family of child geniuses, is selected by international military forces to save the world from destruction. Before being chosen Ender wears a unique monitor that allows the heads of the military to see things as Ender does. Ender's brother Peter and his sister Valentine also wore this monitor, although neither was selected, nor did they have it for as long as Ender, and Peter will never forgive Ender for this.

Movie Showtimes

SHARKEY THEATER

TODAY 11/29
7:00 PM The Counselor (R)
SATURDAY 11/30
2:30 PM (3D) Free Birds (PG)
4:40 PM Captain Phillips (PG-13)
7:20 PM About Time (R)
SUNDAY 12/1
2:30 PM (3D) Free Birds (PG)
4:40 pm Ender's Game (PG-13)
7:00 pm About Time (R)

THURSDAY 12/5
7:00 PM The Fifth Estate (R)

HICKAM MEMORIAL THEATER

TODAY 11/29
6:00 PM The Counselor (R)
SATURDAY 11/30
4:00 PM The Smurfs 2 (PG)
7:00 PM Carrie (R)
SUNDAY 12/1
2:00 PM Cloudy with a Chance of Meatballs 2 (PG)
THURSDAY 12/5
Closed





U.S. Army Maj. George Corbari spoke about suicide prevention at an event held Nov. 26 at Pearl Harbor Memorial Chapel.

Soldier shares battle with suicide

Story and photo by
Brandon Bosworth

Staff Writer

U.S. Army Maj. George Corbari spoke Tuesday at Pearl Harbor Memorial Chapel, Joint Base Pearl Harbor-Hickam about suicide prevention. The theme of his speech was Piercing the Darkness, Altering our Perspectives on Suicide.

For Corbari, the subject of suicide prevention hits particularly close to home. He said he knows first hand what it is like to struggle with suicidal thoughts. During his opening remarks, he stressed how his presentation would differ from what those in the audience might have heard before.

"We've all sat thorough our share of prevention programs," he said. "This will be a little different. It will be about my personal experiences."

Corbari talked a bit about his background, including the trauma of his parents divorcing when he was 10. He told the audience how he joined the Army intent on only a short stint but ended up making the military his career.

It was when his military career seemed to be going especially well that Corbari had some of his darkest days.

In 2011, Corbari was cho-

sen to attend the yearlong Commanding General Staff College at Fort Leavenworth, Kansas. It was an important recognition.

"They tell you it will be the best year of your life," he said. "For me, not so much."

Going to Fort Leavenworth was not part of Corbari's plan. Both his daughter and his son-in-law were also in the Army, serving in the same unit as Corbari. All three expected to deploy together to Afghanistan. Not deploying as a family was a major blow to him.

"That started a series of events that happened to me that were overwhelming," he said.

For one, around this time Corbari's son entered a mental institution after his third failed suicide attempt. Also, an overseas adoption that Corbari and his wife had been working on ended up costing more money than expected.

Then Corbari received a phone call from his daughter in Afghanistan. Her husband had stepped on an improvised explosive device (IED) while on patrol. He barely survived, but lost both of his legs from the knees down.

Corbari visited his son-in-law at Walter Reed National Military Medical Center and was devastated

by the experience. He couldn't help but blame himself.

"This was my fault," said Corbari. "I had convinced them to join my unit, the 10th Mountain Division."

Looking back, Corbari said he realizes that this sort of thinking was illogical.

"When you are depressed, you lose your normal clarity," he said. "When you are buried that deep, you can't see out."

Corbari began to consider suicide, an option he would have previously considered "ridiculous." Fortunately, concerned teammates reached out to him and helped pull him back from the brink.

Now, Corbari welcomes the opportunity to share his story as a way of spreading awareness about suicide prevention.

"Suicide touches all of us," he said.

For more information about suicide prevention, visit www.suicide.navy.mil, www.navynavstress.com, or www.af.mil/SuicidePrevention.aspx.

The Military Crisis Line is also available. Those in need can call 1-800-273-8255 and press '1' to speak to a trained professional, 24 hours a day, 365 days a year. This service is confidential and available to all service members and their families.

Must Dash run highlights Men's Health Awareness Month

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In honor of Men's Health Awareness Month, the Surface Navy Association sponsored a Must Dash 5K run Nov. 23 on Ford Island, Joint Base Pearl Harbor-Hickam.

More than 200 service

members, families and civilians participated in the run.

"I think the Surface Navy Association did a great job in sponsoring this event today," said Rear Adm. Rick Williams, commander, Navy Region Hawaii and Naval Surface Group Middle Pacific. "It was very easy for this team, with their great relationships and friendships, to rally and come together for a

common cause. Fighting cancer is something we're all concerned about and it was just leadership and common interest that put this together."

Capt. Wallace G. Lovely, commander, Destroyer Squadron (DESRON) 31, said the run served to raise money for charity as well as team building for service members.

"Donations were about \$2,500 to the cancer soci-

ety," Lovely said. "A really great effort. Events like these benefit the charity and second, a close second, it builds camaraderie. It's what embodies everything that we do. This is an opportunity to get to know the youth, to show them how much fun I've had over my career of over 30 years. It's wonderful."

Promptly following the playing of Colors, the race began with the participants

running down the historic Ford Island runway.

"A lot of people just want to get out[side]," said Lt. Cmdr. Jeremy Watkins, race coordinator. "It's Hawaii, it's nice. Why not have a race on a nice Saturday morning and get your day started."

After all the participants completed the event, awards like fastest time, largest team and most impressive mustache were

handed out.

In addition to supporting a cause, Engineman Fireman Apprentice Juan Torres, a participant in the race, said events like the Must Dash serve to challenge one's fitness and build confidence.

"If you set a goal, like this three mile race, and you finish it, you just feel better," Torres said. "Pushing yourself physically is just a way to feel more confident."



(Above left): Rear Adm. Rick Williams, commander, Navy Region Hawaii and Naval Surface Group Middle Pacific flashes the *shaka* as he runs. (Above right): Service members, families and civilians participate in the run.