



# THE CURRENTS™

Vol. 28 No. 1

Serving the New Orleans Regional Military/DoD Communities

January 2017

## Local Military Impact recognized by New Orleans City Council

By Petty Officer 2nd Class  
Edward Guttierrez  
**The Currents' Staff**

The City of New Orleans, through the Mayor's Military Advisory Committee (MMAC), recognized the impact local installations and service members have on the greater New Orleans metropolitan area during a visit by service members and their senior leadership to the council chambers Dec. 15. An annual tradition since 1992, service members from each military branch, and their leadership, are invited to the City Council chambers in New Orleans' City Hall to detail for local lawmakers the community service, economic, and mission related contributions they make to the region.

The MMAC was formed in order to accomplish three tasks: to provide support to the military and their families assigned to the New Orleans area, to educate the local population about the economic and social benefits of having the military in the region, and to retain the military bases located in the

region and grow their populations whenever possible. Marine retired Maj. Gen. David Mize, chairman of the MMAC, presided during the event and also presented the council with the MMAC's annual report.

"Our local military organizations continue to make great contributions to our region and country," said Mize. "From remaining on perpetual standby for disaster relief assistance, to protecting our rivers and ports and rescuing our boaters in distress, to sending units and individuals to operations around the world, our military supports us across the board," said Mize. "It continues to be very appropriate for New Orleans to show appreciation for all that the military in our region does for us."

Capt. Mark Sucato, commanding officer of Naval Air Station Joint Reserve Base (NAS JRB) New Orleans, noted the strong economic impact the installation has on both the city of New Orleans and the state of Louisiana.

"According to the most recent study commissioned by the Louisiana Military Advisory Council, the military



**NAS JRB New Orleans Commanding Officer Capt. Mark Sucato delivers remarks to the New Orleans City Council during the 24<sup>th</sup> annual Military Appreciation Day held by the council.**

*Photo by PO2 Edward Guttierrez*

presence and defense contracts puts about \$8.7 billion into the Louisiana economy annually - with almost one third of the money tied to bases and activities in the New Orleans area," said Sucato. "About 82,700 Louisiana jobs -- or about 4.35 percent of the state's employment -- are tied to the military, and the workforce generates almost \$300 million in state and local taxes."

While senior leaders from each branch extolled the ef-

fect that their Sailors, Soldiers, Marines, Airmen, and Coast Guardsmen had on the local communities, the Council also recognized the strong role that military members have in the New Orleans region.

"While we often recognize and think about those who made the ultimate sacrifice," said Councilmember Jason Williams, "it is just as important that we recognize those of you who are willing to make that same sacrifice."

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## Veterans Remembered With Holiday Wreaths

**The Currents' Staff**

More than 400 citizens, service members, veterans, and their families gathered Dec. 17 at the Southeast Louisiana Veterans Cemetery in Slidell, Louisiana, for a Wreaths Across America memorial service.

Wreaths Across America's mission is to annually remember veterans by adorning their graves each December with a wreath. Capt. Mark Sucato, Naval Air Station Joint Reserve Base (NAS JRB) New Orleans commanding officer, was the keynote speaker for the

event.

"This year, Wreaths Across America and its national network of volunteers will lay more than a million memorial wreaths at 1,100 locations in the United States and beyond, including ceremonies at the Pearl Harbor Memorial, as well as Bunker Hill, Valley Forge and the sites of the September 11 tragedies," said Sucato.

"This is accomplished with help from thousands of groups, corporations and donations of trucking and shipping, and thousands of helping hands ... people

**Wreaths, Page 4**



**Service members walk with Air Force retired Col. Murphy N. Jones, a Baton Rouge, Louisiana native, carrying the POW/MIA wreath during Wreaths Across America, Dec. 17. Jones, who was a prisoner of war for more than six years during the Vietnam War, represented all POW/MIA personnel during the ceremony.**

*Photo by Andrew Thomas*

**This month in Navy & Marine History**  
January 29, 1914 **Haiti** U.S. Marines land in Haiti to protect U.S. consulate  
January 1, 1962 **Navy Seals** Navy SEAL teams established

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**From the Flightline**

By Capt. Mark Sucato  
**NAS JRB Commanding Officer**

About 4,000 years ago the ancient Babylonians are said to have been the first people to make New Year's resolutions. According to a recent study by the University of Scranton, 45 percent of Americans usually make New Year's resolutions, and eight percent are successful in achieving their goals.

I suggest that when setting goals be sensible and specific. Willpower, a chief component to changing behavior, is much like a muscle – the more you use it, the stronger it becomes. Start with easier goals, and work your way up to the more difficult resolutions. Attempting multiple resolutions can make a challenge even more daunting. One change at a time may be the best route.

Research has shown that people who write their goals are more likely to achieve them. Sharing with others what you have written also increases the odds in your favor, and you may discover someone who has the same or a similar resolution. In such cases, teamwork can help you both reach your goal.

Dr. Martin Luther King, Jr., was resolute in pursuit of goals - equality, tolerance and justice – for all. Every year, Americans come together on the Dr. Martin Luther King, Jr., holiday, a day of national service and dialogue to honor his memory. Instead of taking a day off on Jan. 16th, I hope you will consider celebrating with a day of service, a day on, if you will.

In keeping with Dr. King's legacy, I



ask that you take a moment to consider how you might directly or indirectly make NAS JRB New Orleans and the surrounding communities a better place to live. What can you do as an individual to make life just a little bit better for your family, friends, neighbors, or maybe someone you don't even know? I hope that you have been on the receiving end of a good deed. I count my blessings each day and I am continually reminded how fortunate I am for the gifts in my life. This year it is my intention to find ways to pay forward my gratitude for those gifts.

As we move into 2017, challenges and opportunities await each of us, collectively, professionally and personally. It will not all be easy. In fact, we will encounter difficulties along the way, yet, none are insurmountable. We have resources and resolve. We have many experienced, sharp minds and guidance to assist us. While we are regulated by law, policy and rule, ethics are our foundation. I encourage you to take full advantage of every means to strengthen your professional and personal life and to remember that while time may fly, you are the pilot.

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**THE Currents**

Vol. 28 No. 1 January 2017

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The next issue of The Currents will be published on Wednesday, February 1, 2017. Questions concerning content for publication are heartily encouraged and must be received at the Public Affairs Office, Naval Air Station, Joint Reserve Base (NAS JRB), 400 Russell Ave., New Orleans, LA, 70143-5012, phone (504) 678-3260, by close of business on Friday, January 20, 2017.

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**Capt. Mark Sucato**

Commanding Officer



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# Chapel, FFSC, Hold Grief Counseling & Support Group

By Petty Officer 2nd Class  
Edward Guttierrez  
**The Currents' Staff**

Naval Air Station Joint Reserve Base (NAS JRB) New Orleans Chaplain, Lt. Cmdr. Shawn Turpin, joined with personnel from the Fleet and Family Support Center (FFSC) to hold a grief healing and counseling support group Dec. 7.

"Grief is a normal response to a tragic or devastating loss," said Turpin. "Everyone experiences grief differently, but no

one is without hope—that confident expectation that a grieving person can cope or even grow through their individual journey of grief. No matter how big or how small, please reach out for help if you need it."

The workshop included tips on what grief is, how to handle and recover from grief, and where to get help recovering from loss.

Anyone who has experienced the loss of a person, relationship, health, or job or wants to know more about helping others cope with grief,

can attend a grief support group at the NAS JRB chapel every second Tuesday of each month beginning Jan. 10 at 1 p.m.

In addition, a grief workshop will be held the first Tuesday of March, April and May at 1 p.m. in the conference room of the base chapel.

Anyone who needs help at any time can reach out to Turpin at 504-678-3525, the FFSC counselors at 504-678-7569 or Dr. Philip Yam with the Behavioral Health Unit at Naval Branch Health Clinic Belle Chasse at 504-678-7929.



**Lt. Cmdr. Shawn Turpin, NAS JRB chaplain, leads a discussion about grief and recovery during a workshop at the NAS JRB chapel Dec. 7.**

Photo by PO2 Edward Guttierrez

## Wreaths: from page 1

just like you who come not to mourn, but to remember a life – brought together in a shared desire to honor those who went forth to defend their nation and its ideals, putting aside their lives and comforts."

Morrill Worcester, owner of Worcester Wreath Company of Harrington, Maine, who, as a boy, witnessed the laying of wreaths at Arlington Cemetery in Arlington, Virginia, started Wreaths Across America. In 1992, Worcester Wreath found themselves with a surplus of wreaths and arranged for these wreaths to be placed at Arlington in an older section of the cemetery. A local trucking company volunteered to transport the

wreaths and American Legion Posts and Veterans of Foreign Wars groups volunteered as well. In 2005, the effort received national attention because of an online photograph of a snow-covered wreath at Arlington Cemetery. Thousands of requests came in from people wanting to help with Arlington, and to emulate the Arlington project at their national and state cemeteries.

Following the ceremony where each service as well as POWs and MIAs were individually recognized with a wreath, all in attendance were encouraged to place a wreath on a grave, and to say their names aloud.

"I am grateful to live in a country



**A wreath is placed on a service member's grave at the Southeast Louisiana Veterans Cemetery in Slidell, Louisiana, during the Wreaths Across America memorial service, Dec. 17.**

Photo by Andrew Thomas

whose citizens honor their veterans on days such as this," Sucato said. "When each wreath is placed it sym-

bolizes acknowledgement of the sacrifice that a service member and their family gave on behalf of our country. To all the veterans here today, thank you. To your families, thank you. To all veterans not here today, and their families, we are grateful for your service and your sacrifices. It has been my honor to be here with you today to play a small part in this monumental effort."



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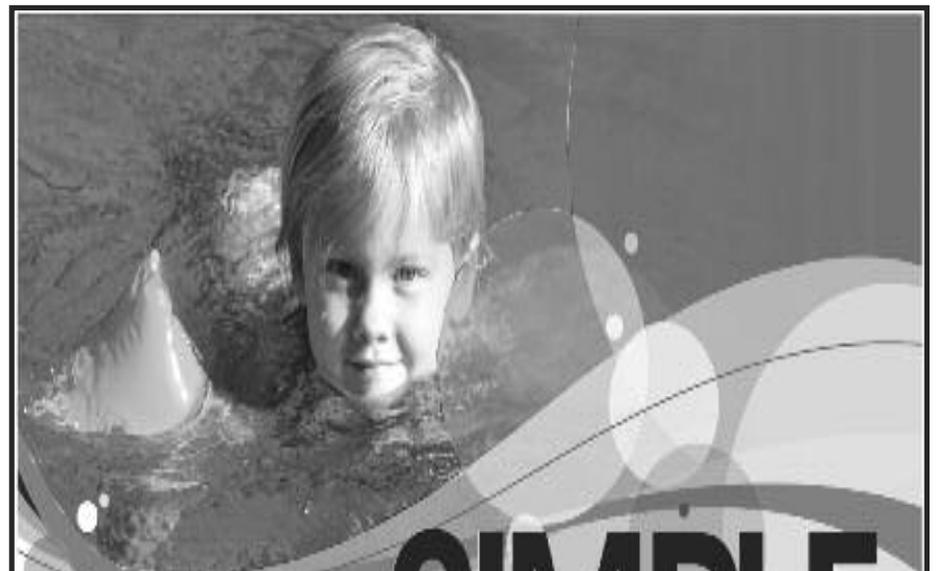
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# Pure Praxis Performance Group Visits NAS JRB

By Petty Officer 2nd Class  
Edward Guttierrez  
**The Currents' Staff**

Pure Praxis, a social theater group that uses performance education workshops to train and empower service members at military installations worldwide, visited Naval Air Station Joint Reserve Base (NAS JRB) New Orleans for a series of performances at the Navy Operational Support Center (NOSC) drill hall, Dec. 11-12.

Since being contracted by the Department of the Navy Sexual Assault Prevention and Response Office (DON-SAPRO) in 2015, Pure Praxis has performed for more than 65,000 military personnel.

Based in Long Beach, California, Pure Praxis' mission is to promote social change by using live, improvisational theater to re-create real world situations so audiences can rehearse proactive response.

"I really enjoyed the per-

formance," said Petty Officer 2nd Class Jannah Hendrickson. "Some military members may have experienced sexual assault and are scared to say something because they may not know that they can get all the support and help that they need."

Pure Praxis uses a team of performance facilitators and actors to explore topics, such as sexual assault and the response to it, that are both challenging and complex. The performance is heavily based on audience participation so every single show is unique to that particular audience.

The scenario the group presented to the audience at NAS JRB New Orleans centered on the fallout of a fictional sexual assault within a fictional Navy command. Actors not only portrayed the situation from several perspectives, including that of the victim and bystanders, but also the emotions that can arise in such a situation, such as feelings of powerlessness, betrayal and anger. The performance also exam-



**A member of the Pure Praxis social theater group facilitates discussion about sexual assault prevention and response during the group's performance at NAS JRB New Orleans Dec. 12.**  
*Photo by PO2 Edward Guttierrez*

ined gender roles and how they affect our views on sexual assault.

"I think this is the best

SAPR training I've received," said Hendrickson. "It was very entertaining, and you laugh, but you also get a lot

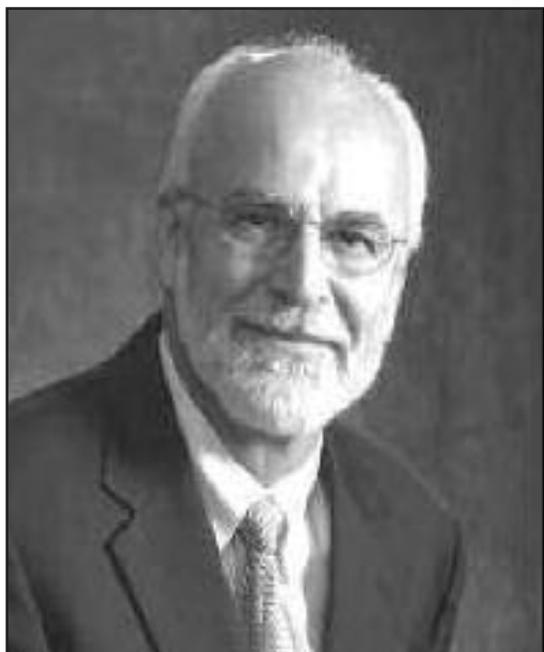
out of it. There's so much more to it than just watching someone give a PowerPoint presentation. It was great."

**Lt. Brandon Hempler and Lt. David Steppe, members of the Blue Angels, the Navy's Flight Demonstration Squadron, taxi up the NAS JRB New Orleans ramp Dec. 13, arriving for a two-day visit to prepare for the upcoming 2017 New Orleans Air Show scheduled for April 22-23. Hempler, narrator for the Blue Angels, and Steppe, events coordinator, briefed the base's air show committee Dec. 14, on the Blue Angels' performance details while answering questions from committee members. For more information on the airshow visit <http://www.neworleansairshow.com>.**



*Photo by PO2 Edward Guttierrez*

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# 2016 – New Orleans Military Year in Review



In early January 2016 the Louisiana National Guard (LANG) mobilizes more than 100 personnel to assist local, parish and state emergency officials in advance of expected river flooding at the request of the Governor's Office of Homeland Security and Emergency Preparedness. Louisiana National Guard's Sgt. Maj. Christopher Maxwell, operations sergeant major for the 225th Engineer Brigade, discuss operations plans with Master Sgt. Shawn Krill, assistant operations sergeant, at Camp Beauregard in Pineville, La., Jan. 5, 2016. The brigade assisted local, parish and state emergency officials responding to river flooding.  
*National Guard photo by Sgt. Noshoba Davis*



Capt. Mark Sucato, commanding officer of NAS JRB New Orleans, takes questions from base housing residents during a housing forum at Magnolia Terrace March 3. The forums were held as a way to get recommendations from residents on how to improve the quality of life in base housing. Sucato met with residents of base housing at both Federal City in New Orleans and NAS JRB New Orleans in Belle Chasse, La., in an effort to continue improving the quality of life aboard the installations.  
*Photo by PO2 Edward Guttierrez*



ETC Christopher Scott, assigned to NAS JRB New Orleans, cleans debris out of a ditch during an Earth Day base clean-up April 22. More than 100 eco warriors from across the base pitched in to spruce up the installation. The base environmental division coordinated the event by providing personal protective equipment, trash bags and all the necessary tools during a safety brief early in the morning. Then, broken up into groups, they spread to the wind to beautify their small part of mother earth.  
*Photo by PO1 John Hulle*



Marine Corps Band New Orleans Jazz Ensemble Marines pause for a picture after receiving Marine Corps Band Small Ensemble of the Year for fiscal year 2015 in New Orleans, July 7. The members of the Jazz Ensemble won by selecting a unique piece called "Martha's Prize" by Cedar Walton performed by singer and drummer Jamison Ross, a local New Orleans musician.  
*Marine Corps photo by Lance Cpl. Devan A. Barnett*



Newly pinned chief petty officers stand in ranks after receiving their anchors. Twenty-two Sailors from various commands aboard Naval Air Station Joint Reserve Base (NAS JRB) New Orleans received their anchors and donned khaki uniforms and combination covers for the first time during a chief petty officer pinning ceremony Sept. 16. During the six weeks prior to the pinning ceremony, the chief selectees were put through a series of trials by senior leadership, a process known as CPO 365 Phase II, a Navy-wide program of intense leadership, physical fitness, and Navy heritage training for CPO selectees, otherwise known as "Chief Season," in order for them to learn how to think and act like a chief.  
*Photo by PO2 Edward Guttierrez*



Sailors assigned to VFA-204 work on a home in New Orleans April 29 as part of a rebuilding project for Habitat for Humanity. Sixty-five Sailors took an operational pause in their local flight schedule and normal duties of flying and maintaining jets to work on three houses in the Ninth Ward. This has become an annual event for the River Rattlers, who are located at NAS JRB New Orleans.  
*Photo by PO2 Jessica Tucker*



Morgan Miller, left, is presented with a certificate commemorating her awarding of a \$2000 scholarship by the Scholarship for Military Children Program and its sponsor, Acosta, June 14. She was awarded the scholarship by Clarence Harvey, DECA store director at NAS JRB New Orleans and Beverly Jones, a representative from Acosta. The Scholarships for Military Children Program was created in recognition of the contributions of military families to the readiness of the fighting force and to celebrate the role of the commissary in the military family community. The program is funded by manufacturers and suppliers that provide products and services for commissaries around the globe. Since the beginning of the program in 2001, DECA has awarded more than 8,700 scholarships totaling approximately \$14 million dollars.  
*Photo by PO2 Edward Guttierrez*



Rear Adm. W. Michael Crane and SN Travis Sills, NAS JRB security, cut the birthday cake during the New Orleans Navy Birthday Ball, Oct. at the Marriott Hotel in New Orleans. Sailors, Marines, Airmen, Coast Guardsmen, civilians and guests from the New Orleans area gathered together at the Marriott Hotel to celebrate the 241th birthday of the United States Navy. Revelers ate, danced, gave heed to the wise words of guest speakers and toasted to each respective branch of the military. The Navy Ball is an annual event meant to memorialize the birthday of the United States Navy that can trace its origins to the Continental Navy, which the Continental Congress established on Oct. 13, 1775.  
*Photo by Tammy Prine*



Fleet Logistics Support Squadron (VR) 54, also known as The Revelers, celebrated 25 years of service during their drill weekend July 16 at NAS JRB New Orleans, in Belle Chasse, La. The squadron was established June 1, 1991 as the first Naval Air Reserve's C-130T Hercules Squadron. More than 80 guests, including past and present members of VR-54 as well as family and friends, gathered in the squadron's hangar, named after Navy retired Master Chief Aircraft Maintainer James Rohlfing, the squadron's first command master chief, to celebrate this milestone in the squadron's history.  
*Photo by Carey Mavor*



PO1 Chris Bower, assigned to Fleet Logistics Support Squadron 54 (VR-54) thanks a World War II veteran as military members from around the New Orleans metropolitan area welcome participants in the Soaring Valor program to the city at Louis Armstrong International Airport, Oct. 26. Soaring Valor is a program that helps WWII vets visit the National World War II Museum, as well as to preserve their oral histories of the war for future generations.  
*Photo by PO2 Edward Guttierrez*



Commander, Navy Region Southeast, Rear Adm Mary Jackson, congratulates PO1 William Joseph on being selected as the Region's Sailor of the Year for 2016. Joseph, also the NAS JRB New Orleans Sailor of the Year, advanced to compete for CNIC Sailor of the Year.  
*Navy Photo*

## World War II Veterans in Honolulu for Pearl Harbor Commemoration

By Petty Officer 1st Class

Rebecca Wolfbrandt

**Navy Public Affairs Support  
Element Detachment Hawaii**

HONOLULU (NNS) -- Past and present met Dec. 3 when Sailors from Joint Base Pearl Harbor Hickam greeted more than 100 World War II veterans, including Pearl Harbor survivors, when they arrived at the Honolulu International Airport for the 75th Pearl Harbor commemoration events throughout the island of Oahu.

Two lines formed on either side of gate 18 and stretched across the concourse. Sailors headed the line, with civilians, Airmen, Coast Guardsmen and Marines standing by with leis to welcome the veterans back to the island. Among those Sailors, was Petty Officer 2nd Class Talisha Williams, from Fresno, California.

Williams, a quartermaster assigned to Joint Base Pearl Harbor Hickam, has been in the Navy for eight years and is in charge of the honors and ceremonial guard on base. This is her third Pearl Harbor anniversary and said she looks forward to seeing the veterans every year.

"I'm glad I'm here for the 75th

anniversary because as the years go on, we are going to have less and less veterans that we will be able to talk to," said Williams. "So, it's nice we get to do this now."

As veterans filed off the plane, clapping and cheers filled the concourse. The excitement lasted until the very last veteran deplaned. Williams made it a point to shake each one of their hands.

"Actually getting to meet people that were there that day and hear their stories, that is really inspiring to me," said Williams. "That's what makes me want to stay in the Navy. I think what I can take away from this is always have pride in what you do. They are the epitome of the Navy core values: honor, courage, and commitment. They are symbols, for me, of the kind of Sailor I want to be."

This honor was shared among all the spectators at the airport today.

"It is so exciting and such an honor to be a part of it," said Heather Bailey, the director of operations for the company who prepared the Honor Flight reception. "It's a momentous time in history. To have the opportunity to honor these people personally who were there on that fateful day. It really is just exciting to be here."



**HONOLULU Petty Officer 2nd Class Talisha Williams, of Fresno, Calif., assigned to Joint Base Pearl Harbor-Hickam, shakes the hands of a Pearl Harbor survivor arriving at Honolulu International Airport, Dec. 3. More than 100 World War II veterans, including Pearl Harbor survivors, arrived to Honolulu to participate in the remembrance events throughout the week to honor the courage and sacrifices of those who served during Dec. 7, 1941, and throughout the Pacific Theater. Dec. 7, 2016, marked the 75th anniversary of the attacks on Pearl Harbor and Oahu.**

*Navy photo by POI Nardel Gervacio*

Petty Officer 3rd Class Lauren Charping, a Sailor assigned to Navy Information Operations Command Hawaii from Charlotte, North Carolina, was also touched by the arrival of the veterans.

"I didn't expect how much it would move me to see them

when they came out. They were so humble and so happy to see us," she said. "They were absolutely surprised. It brought me to tears."

American Airlines donated the charter plane that flew the veterans from Los Angeles to Honolulu. Also on the flight,

were Gary Sinise and the Lt. Dan Band, who performed a special 75th commemoration concert on Dec. 5 on Waikiki Beach.

The World War II veterans participated in a number of events throughout the week honoring their service.

## Holiday Happenings at NAS JRB New Orleans



Dora and Diego characters talk with young patrons at the Navy Exchange at NAS JRB New Orleans, Dec. 10. Santa also visited the NEX every Saturday in December listening to wish lists and posing for photos.



Santa visits with a family during the MWR Disney Holiday celebration, Dec. 10. Holiday cheer filled the air as families shared food, cookies, cocoa, and pictures with a wide variety of Disney characters. The celebration included a Disney Christmas show, face painting, cookie decorating and crafts.



Base residents and guests gather around a tree during Patrician Military Housing's tree lighting, Dec. 8. The evening also included music by Marine Corps Band New Orleans, caroling, cocoa, snacks and of course a visit with Santa and his bag of goodies for the young ones.

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# Washington Artillery Holds Annual Traditional Ceremonies

By Staff Sgt. Josiah Pugh and Sgt. Renee Seruntine  
**241st Mobile Public Affairs Detachment**

NEW ORLEANS – The Louisiana National Guard's 1st Battalion, 141st Field Artillery Regiment, known as the Washington Artillery, held its annual memorial wreath-laying ceremony at Lake Lawn Metairie Cemetery, Dec. 3, and its 178th yearly pass-in-review ceremony at the battalion's armory at Jackson Barracks, Dec. 4.

These two ceremonies reflect the long and decorated history of the 1-141st. The Washington Artillery Veterans Association (WAVA) has sponsored the wreath-laying ceremony since 1965 as a way to honor the unit's fallen Soldiers and remember its heritage.

Commander of the 1-141st, Maj. Jarod Martin, addressed his battalion on the cemetery's grounds and conveyed the significance of their presence in front of a memorial erected to the unit's fallen.

"There is no greater dedication to duty; there is no greater commitment than to lay down one's life with this organization and for your country. This monument stands in recognition of that sacrifice and every year we will be here to honor that sacrifice," said Martin.



**Soldiers of the Louisiana National Guard's 1st Battalion, 141st Field Artillery Regiment (Washington Artillery) and members of the Washington Artillery Veterans Association gather at the Washington Artillery Monument at the Lake Lawn Metairie Cemetery in New Orleans, Dec 3. Every year, the unit holds a memorial ceremony at the monument to pay tribute to members who died in service.**

*National Guard photo by Staff Sgt. Josiah Pugh*

The following day, Guardsmen of the 1-141st participated in the battalion's 178th pass-in-review ceremony. The long-standing custom displays the might of the assembled troops who march in formation for their leaders to view.

The LANG's 156th Army Band ushered in the arrival of the official party which included Maj. Gen. Glenn Curtis, adjutant general of the LANG, and the unit's command.

During the ceremony, awards were given to the top

performing Soldiers from the battalion.

Spc. Duvuri Devall, of B Battery received the Col. Numa P. Avendano Memorial Award for being named the outstanding enlisted Soldier of the year. Sgt. Rod Bourgeois of Headquarters Headquarters Battalion received the Lt. Col. Edward P. Benezach Sr. Memorial Award for being named the outstanding noncommissioned officer of the year.

The 1-141st, which falls under the 256th Infantry Brigade Combat Team, is the



**Soldiers of the Louisiana National Guard's 1-141st Field Artillery Battalion stand at attention, ready to present arms during the 178th Pass-in-Review Ceremony at Jackson Barracks in New Orleans, Dec. 4. The pass-in-review dates from the earliest time in military history and demonstrates the glory and strength of the assembled Troops who march in formation before their military leaders.**

*National Guard photo by Sgt. Renee Seruntine*

oldest unit in the LANG and the oldest field artillery battalion outside of the original 13 colonies. It has a storied history in the state from its involvement in emergency

operations, such as Hurricanes Katrina and Rita, to its involvement in the Civil War and recent deployments to Iraq in support of Operations Iraqi Freedom and New Dawn.

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# New Year Brings New Opportunities for Growth

By Lt. Cmdr. Shawn Turpin  
NAS JRB Chaplain



A few weeks ago, I attended a conference for military chaplains called "A Fresh Encounter with God, Your Family, and Your Calling." It was an uplifting reminder and challenge to grow in every area of my life. This is a new year. New opportunities await all of us. New Year's Resolutions are helpful ways to get back on track. But be careful—we tend to break resolutions that are not based upon reality and a strong desire to achieve. The Bible

states in *Proverbs 24:16* that a good person falls often, but gets back up again each time and presses on. Experiencing failure and setback is only as good as what you learn and move on from it.

I encourage you to look at every area of your life, beginning with family, faith, and work. Set realistic goals and seek mentors and friends who can hold you accountable. As

your chaplain, I am here to help you in any way I can—whether simply to assist you in looking ahead, or helping you through a dark time of crisis.

Many opportunities exist here at the Chapel for you to grow in your faith. Catholic Mass is held daily at 11:30 a.m. except Mondays and Catholic Theology Class is on Fridays. Protestant Women of the Chapel Bible Study meets Tuesdays at 11:30 a.m. and officer Christian Fellowship studies 1 John on Wednesdays at 11:30 a.m. People can also follow us on Facebook for more information: NAS JRB

NOLA Chapel.

We are establishing two new endeavors. The first one is Scripture Reading. A genuine faith seeks to grow in knowledge and understanding of that faith. Reading the Bible (or whatever holy documents your faith tradition follows) is the key to success in your faith journey. We are providing suggested reading schedules at the chapel. At the end of the year, those who are faithful in personal reading and study will receive a very nice Study Bible.

The second endeavor involves loss, grief, and hope. Have you lost a loved one? Are

you experiencing grief over a significant change in your life? Grief is a normal emotion to a significant loss—whether a person, a relationship, a job, or a pet, to name a few. The chapel has partnered with the Fleet and Family Support Center and base medical to provide monthly grief groups and quarterly workshops to assist you with any grief you might be experiencing or to help you to relate and provide hope to others around you. Call the chapel at 504-678-3525 for more details.

Blessings and Hope in this New Year,  
Chaps



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