

Whiting Tower

Seventy-one Years of Aviation Training News

Naval Air Station Whiting Field, Milton, Fla.
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Forging Wings for the Fleet
Thursday, May 28 2015

2015 INSTALLATION EXCELLENCE AWARD WINNER

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NAS Whiting Field To Remember Battle of Midway

By: Ensign Margaret Gresham, NAS Whiting Field, Public Affairs

The Battle of Midway was a crucial and decisive naval battle in the Pacific Theatre of World War II. Between 4 and 7 June 1942, only six months after Japan's attack on Pearl Harbor and one month after the Battle of the Coral Sea, the United States Navy under Admirals Chester Nimitz, Frank Jack Fletcher, and Raymond A. Spruance decisively defeated an attacking fleet of the Imperial Japanese Navy under Admirals Isoroku Yamamoto, Chuichi Nagumo, and Nobutake Kondo near Midway Atoll, inflicting devastating damage on the Japanese fleet that proved irreparable.

Naval Air Station Whiting Field will be hosting The Battle of Midway Commemoration in the Base Auditorium, Building 2980 at 1000 on Thursday, JUN 4. This Commemoration will be paying tribute to the 73rd Anniversary of the World War II Battle of Midway to honor America's fallen Sailors and Marines of this historic battle. All interested persons are cordially invited to attend the Battle of Midway Commemora-

tion. Uniform for military guests is Uniform of the Day and Casual for non-Military personnel.

In May 1942, Japanese Admiral Isoroku Yamamoto sought to draw the U.S. Pacific Fleet into a battle where he could overwhelm and destroy it. To accomplish this he planned an invasion of Midway Island which would provide a base for attacking Hawaii. Using decrypted Japanese radio intercepts, Admiral Chester Nimitz was able to counter this offensive. On JUN 4, 1942, U.S. aircraft flying from USS Enterprise, USS Hornet, and USS Yorktown attacked and sank four Japanese carriers, forcing Yamamoto to withdraw, according to Military History Expert Kennedy Hickman's article, World War II: Battle of Midway-Turning point in the Pacific.

After Midway and the exhausting attrition of the Solomon Islands campaign, Japan's capacity to replace its losses in materiel (particularly aircraft carriers) and men (especially well-trained pilots) rapidly became insufficient to cope with mounting casualties.

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Cover: "The Warrior," stands as a memorial to those service men and women that have laid down their lives for the privilege of freedom. The statue, located at Santa Rosa County Veterans Memorial Plaza in Milton, FL, was a somber backdrop for this year's Santa Rosa County Memorial Day Commemoration. Chairman of the Board of County Commissioners, Don Salter, painted a fitting picture with words, "Light rain fell here and there during this hallowed moment, not as though the sky was angry, rather, it was weeping."

The Whiting Tower

Commanding Officer

- Capt. Todd Bahlau

Executive Officer

- Cmdr. Donald Gaines

Command Master Chief

- Command Master Chief (AW/SW) Alton Smith

Public Affairs Officer

- Jay Cope

Public Affairs Staff

- Ensign Andrew Groh

- Ensign Margaret Gresham

The Whiting Tower is an authorized publication for members of the Naval Air Station Whiting Field team, tenant commands, their family members and retirees in the surrounding area. The contents of this publication do not necessarily reflect the views of the U.S. Government, the Department of Defense or the Department of the Navy, and do not imply endorsement thereof. The editorial content is prepared, edited and provided by the Public Affairs Office of Naval Air Station Whiting Field.

Naval Air Station Whiting Field Recognizes Asian-American History

By: Jay Cope, NAS Whiting Field Public Affairs



Ms. Shigeko Honda, from the Japan-America Society of Pensacola, makes a point about how the military has helped to enhance relations between the two countries as part of her presentation during the Asian-American Heritage Month luncheon at Naval Air Station Whiting Field Wednesday, May 20. U.S. Navy photo by Jay Cope.

The strong ties between Japan and America took the forefront at the Naval Air Station Whiting Field Asian-American Pacific Islander Heritage luncheon, Wednesday, May 20 at the installation's auditorium.

The hard-won but enduring peace between the two nations was emphasized during the hour-long ceremony by featured speaker Shigeko Honda, the executive director of the Japan-America Society of Northwest Florida. Honda stressed the ties between the countries by reiterating the words of Japan's Prime Minister Shinzō Abe when he addressed the members of Congress just two weeks ago.

"March 11, 2011, a big quake, a tsunami, and a nuclear accident hit the northeastern part of Japan. The darkest night fell upon Japan," he said. "But it was then we saw the U.S. armed forces rushing to Japan to the rescue at a scale never seen or heard before. Lots and lots of people from all corners of the U.S. extended the hand of assistance to the children in the disaster areas. Yes, we've got a friend in you. Together with the victims, you shed tears. You gave us

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Navy Announces Mrs. Sybil Stockdale Ombudsman Of The Year Award 2015

By: Navy Installations Command Public Affairs



Washington, D.C. (May 18, 2015) - Today the Navy announced the Mrs. Sybil Stockdale Ombudsman Award to formally recognize the dedication and contributions of ombudsmen across the fleet.

The award honors Mrs. Sybil Stockdale's support to families of other POWs during her husband's - Vice Adm. James Bond Stockdale - seven-year internment in Southeast Asia during the Vietnam War. The award recognizes four of the Navy's top ombudsmen who have served their command and families with selfless dedication and commitment to family readiness in three areas - Afloat commands (Fleet Forces Command, both Atlantic and Pacific), Ashore commands under Navy Installations Command, and Navy Reserve Force commands. A Navy administrative message (NAVADMIN) informing the Navy about this new award was also released today.

The Ombudsman of the Year Award criteria include:

- Demonstrating the ability to effectively communicate between the Navy family and the command.
- Maintaining the highest standards of professionalism and confidentiality while providing a positive role model for command members and families.
- Facilitating and promoting a healthy sense of community among command families by assisting and supporting Navy families to include emergencies, mobilization or deployment.
- Demonstrating consistent compliance with training and required reports according to OPNAVINST 1750.1G (located at www.cnic.navy.mil/OmbudsmanOfTheYear).

To be eligible for the award, ombudsmen must be registered in the Ombudsman Registry, located at <https://ombudsmanregistry.org>, and have distinguished themselves in supporting Navy families, served as an ombudsman in good standing for at least 1 year, and embody the core values of the Ombudsman Program.

"We are pleased to have the opportunity to honor Mrs. Stockdale," said Matt Straughan, director for the Navy's family support programs for Navy Installations Command. "This award allows us to formally recognize the hard work and sacrifices made by our ombudsmen who support our sailors and their families world-wide."

The Navy Family Ombudsman Program was created in 1970 by Admiral E.R. Zumwalt, Jr., then Chief of Naval Operations (CNO), to improve communication between commands and the families of Sailors who served

in them.

In 2006, CNO Admiral Michael G. Mullen re-emphasized the importance of the program and signed an updated instruction, highlighting the requirement that all Navy families have access to a Navy Family Ombudsman.

The Ombudsman is a volunteer, appointed by the commanding officer, to serve as an information link between command leadership and Navy families. Ombudsmen are trained to disseminate information both up and down the chain of command, including official Department of the Navy and command information, command climate issues, quality of life improvement opportunities and community resources. Ombudsmen provide resource referrals to families when needed and are instrumental in resolving family issues before the issues require extensive command attention.

Nomination packages must be submitted to the appropriate organization via the chain of command, NLT 30 June 2015. Winners will be announced at the Ombudsman Appreciation event to be held in San Diego in September 2015.

Additional information about the Mrs. Sybil Stockdale Ombudsman of the Year Award and the Navy's ombudsman program may be found by visiting: www.cnic.navy.mil/OmbudsmanOfTheYear

This Day in Naval History

May 27, 1942 - Mess Attendant 2nd Class Doris Miller receives the Navy Cross for his heroism at Pearl Harbor, Dec. 7, 1941. Adm. Chester W. Nimitz presents the medal to Miller on board USS Enterprise (CV 6). He is killed when his ship is torpedoed Nov. 24, 1943, during the invasion of the Gilbert Islands.

June 4, 1942 - The Battle of Midway begins. During that morning, after sending planes to attack the U.S. base at Midway, the Japanese carriers Akagi, Kaga and Soryu are fatally damaged by dive bombers from USS Enterprise (CV 6) and USS Yorktown (CV 5). Later in the day, USS Yorktown is abandoned after bomb and torpedo hits by planes from Hiryu. The latter is, in turn, knocked out by U.S. carrier planes. Compelled by their losses to abandon their plans to capture Midway, the Japanese retire westward. The battle is a decisive win for the U.S, bringing an end to Japanese naval superiority in the Pacific.

June 7, 1942 - Just after dawn, USS Yorktown (CV 5) sinks after being torpedoed the previous day by Japanese submarine (I 168).

News and Notes

NEW STOP SIGN!

The intersection where Yorktown meets Langley as you head west toward the main gate now has a STOP sign located there vice a YIELD sign. Please be careful as everyone adjusts to the new traffic patterns. The STOP sign was installed to help increase safety in the intersection.

Make a Suggestion

NAS Whiting Field Commanding Officer Capt. Todd Bahlau now has a suggestion box on the installation website. To make a suggestion, just follow the link to the page and fill out the information and click the submit button. The link is: http://cnic.navy.mil/regions/cnrse/installations/nas_whiting_field/about/cosuggestion.html.

Softball Tournament

The Navy Ball Committee is sponsoring a softball tournament at the NAS Whiting Field softball complex Saturday, June 20 beginning at 9 a.m. The first eight teams to sign up will be accepted in the double elimination format tournament. Cost is \$120 per team. All games will be under a one-hour time limit. The first place team will win shirts and a team trophy. Second place will receive a team trophy. There will also be a homerun derby with entrants paying a \$10 fee for 10 swings. The derby prize is a new bat. For more information contact Aviation Boatswain's Mate 2nd Class Woodruff or Ugalde at 817-871-0135 or 808-236-6661 respectively.

SECURITY CORNER

Posted Speed Limit Signs

Due to the high number of traffic citations for speeding approaching and departing NAS Whiting Field gates, speed bumps have been placed right outside and inside both gates. The posted speed limit for both gates are 15mph or slower and put in place for the safety of the personnel that are posted at the gates.



Be aware of personnel and vehicles that are crossing the road at the West Gate. There's a residential area on the right approaching the West gate. This area on Langley Street is also a school bus loading zone. It's illegal to pass a school bus with its lights flashing and stop sign deployed. When departing NASWF, pay attention to where the 45mph speed limit signs are posted. You should gradually increase your speed when you get to the 45mph sign, not going 45mph before you reach it.

Pensacola's Sister City

The Japan-America Society of Northwest Florida will host a celebration recognizing the 10th anniversary of sister city relations between Pensacola and Gero, Japan. The event will be held Friday, July 10 at Pensacola City Hall (Hagler/Mason Conference Room) from 3:30 TO 5 p.m. The City of Gero and Pensacola signed the sister city agreement Aug. 17, 2005 although the relationship between the two cities actually dates back to 1993 before Gero consolidated with other towns in the region. Email jasnwfl@info.org by June 22 to RSVP or to seek additional information.

DodgeBrawl

Bay Area Food Bank has partnered with the Pensacola Bay Center on the first annual Dodge Brawl Event! Dodge Brawl is a 64 team, double-elimination dodge ball tournament hosted by the Pensacola Bay Center. The teams are made up of 6-10 individuals that will compete to win the charity of their choice up to \$4,000. The tournament will be held on Saturday, June 27th at the Pensacola Bay Center at 11:00 a.m. This event is free to the public to come watch. <http://www.pensacolabaycenter.com/events/detail/dodgebrawl>. Click the link to find the registration form or if you have questions, contact Briteny McKeithen at 850-898-9410 or via email at bmckeithen@bayareafoodbank.org.

Usage Information

Total Used

1,899,155 kWh

	1 Year Ago	Last Month	This Month
Total kWh Used	1,778,384	1,824,392	1,899,155
Average Daily kWh	59,280	58,851	63,305
Days in Billing Period	30	31	30

Energy Conservation

Conserving energy remains an important goal in the operation of Naval Air Station Whiting Field. Steps taken during the past year by Public Works continue to pay dividends in our energy conservation programs. Please help decrease usage by remembering to turn off lights, shut down computers and printers, and limit usage of non-essential equipment.

NAS Whiting Field would like to recognize the following buildings for last month's highest year-over-year energy reductions. Congratulations to HT-8/18 for their successful energy savings efforts for April as compared to 2014.

3026	Security	-4.6%
2941	NF Maintenance	-6.9%
2977	HT-8/18	-9.3%

Congratulations to TRAWING-5 Wingers



Training Air Wing FIVE recognized these newly winged Navy and Marine Corps, Naval Aviators on May 22

Italian Flight Student Earns Coveted Award

By Ensign Michael Torres, Naval Education and Training Command Public Affairs

MILTON, Fla. (NNS) -- The Distinguished Graduate Certificate of Merit was awarded for the first time in more than two years by Training Air Wing 5 on board Naval Air Station (NAS) Whiting Field March 27.

Ensign Davide Caporale, an Italian Navy student pilot, earned the award, which is reserved for less than one percent of all student pilots.

More than 1,300 students have graduated since someone last performed well enough to earn the certificate. All U.S. and international students trained by the U.S. Navy are eligible for the award at each training wing.

"Ensign Caporale's award of the Distinguished Student Certificate of Merit is a great achievement deserving of personal accolade," said Col. Gary Kling, Training Air Wing 5 commodore. "I am very proud of him for his sustained superior performance in both the academic and flight phases of multiple syllabi."

Italian student pilots train side-by-side with their American and other International counterparts. After completing primary pilot training Italian students then go on

to complete both advanced multiengine and advanced helicopter training. In all three phases Caporale performed in at least the top 98.93 percent of the class. In advanced helicopter training, he earned a perfect 80.0 out of 80.0 in his Navy Standard Score (NSS), which is the curved scoring formula on which flight students are graded.

"I think I succeeded because of my great passion and dedication for this awesome profession," said Caporale. "Since I joined the Italian Navy, I've tried to do my best to improve day after day, learning from other's mistakes and asking a lot of questions. I've also been striving to be my worst judge, because I knew it was the best way to improve myself during and after every single flight."

According to the Italian Naval Attache to the U.S, Capt. Valter Zapellini, this is a noteworthy honor.

"Flight school requires a lot of effort and dedication and it's not easy to carry on even for the students that are truly passionate for this challenging profession," said Zapellini. "Undergoing such difficult training using a foreign language is utterly outstanding. Being awarded for your performance in such a demanding training environment, even with that language handicap, is truly remarkable."

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Ens. Davide Caporale, ITNAVY receives Commodore's List With Distinction and Commodore's List Distinguished Graduate awards from Capt. Zappalinni, ITNAVY. U.S. Navy photo by Ensign Andrew Groh.

Asian-American History

- (Cont. from Page 2)

something, something very, very precious. That was hope, hope for the future. Ladies and gentlemen, the finest asset the U.S. has to give to the world was hope, is hope, will be, and must always be hope.”

Military service members were part of the solution then in maintaining friendships between the two nations, and have been for most of the 70 years since the ending of World War II. Northwest Florida is home to a number of military communities. Honda asked the audience how many people there had been stationed in Japan, and nearly half raised their hands. Far from breeding contempt as the saying goes, familiarity has instituted a mutual respect that would have been impossible to foresee 70 years earlier.

She spoke about how, once learning she was Japanese, former service members would come up to her and tell her how many happy memories they had from their times in Japan.

“There are so many people like them in this community.”

The abundance of military and former military families in Northwest Florida is at least partially why the area has started to form an active Japan-America Society. Honda related that the Pensacola area is well known in Japan due to its large military infrastructure, the world famous Blue Angels, and the beautiful, white-sand beaches. She has been working to bring a little more of Japan to the local community.

Initiatives like the Japan House, the only such facility at a university in Florida; the Japanese New Year Celebration every January; and an active exchange program of students who travel to each country every year hosted by families in the respective cities. There is even a sister city relationship with Gero which is celebrating its 10th anniversary although the association goes back more than 20 years.

Asian-American Pacific Islander Heritage Month is recognized in May due to the completion of the trans-continental railroad, which was largely completed with labor from China; and the immigration of the first Japanese to the United States. In his annual proclamation, President Barack Obama states that “we honor the perseverance of those who courageously reached for their hopes and dreams in a new land, and we celebrate the important impact the AAPI community has made on our Nation’s progress.”

Perhaps no other impact is as powerful as the military service provided by Japanese-Americans in World War II at the same time as many of their loved ones were confined in camps. NAS Whiting Field Executive Officer Cmdr. Donald Gaines II emphasized that point in his welcoming remarks. He spoke about the 442nd Infantry Regiment which was formed mostly from Japanese-Americans.

“It was the most decorated unit of its size,” he said. “Out of the 14,000 men who served in this unit there were nearly 9,500 purple hearts issued and 21 Medal of Honors awarded.”

With the nickname, Go For Broke, the unit was formed entirely of volunteers and was renowned for its bravery during battle. The government’s disestablishment of the internment camps was likely due, in part, to the successes of



Hida River runs through Gero, Gifu Prefecture, Japan. Sister city to Pensacola, FL. The city is famous for its hot springs. As of July 2011, the city has an estimated population of 35,906. Photo taken from Tripadvisor.com

the regiment.

Speaking after the luncheon, Honda observed that the 70 years of peace and prosperity Japan has achieved is in large measure due to the service of American military personnel. The Japan-America Society is seeking to honor military personnel, especially those who were stationed in Japan, Sept. 4 at the Naval Aviation Museum.

“We want to connect with those who served and express our appreciation for their service”

NAS Whiting Field SWIMMING POOL Water Fitness

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WORKOUT IN THE WATER

Fitness Center : 623-7412

1600-1700 Mondays & Thursdays

Session 1: May 18 - Jun 4 (3 weeks)
Session 2: Jun 15 - Jul 2 (3 weeks) **\$25⁰⁰**
Session 3: Jul 6-23 (3 weeks) **Per Session**
Session 4: Aug 3-20 (3 weeks)

Purchase all 4 sessions of **Water Fitness** for only \$90 (a \$10 savings)
Session purchases begin on Monday, May 4th

DOD/Contract drop in fee: \$5.00
Guest drop in fee: \$5.00 plus an additional \$5.00 guest fee

For more information contact the Fitness Center at 623-7412

Around the Base



Free DoD Leadership Program (DEFY) Open For Registration (9-12 Year Olds Only)

Hurry limited spaces are available!

What Is DEFY

Drug Education for Youth (DEFY) is a self-esteem building program that provides kids with the tools they need to resist drugs, gangs, and alcohol.

DEFY is sponsored by the local command and is FREE for any military, retired, or DOD employee children ages 9-12. Availability is based on a first come first serve basis.

A two-phase program, DEFY begins with Phase I in the summer with a 5-day/4-night overnight leadership program 10-14 Aug 2015. Phase I will be located at Camp Timpooshee Niceville, FL (about an hour drive from base). This challenging, fun-filled camp is followed by a year of mentoring known as Phase II. Phase II will meet on a monthly basis to continue the curriculum along with a lot of fun activities. Most participants gain a great deal from the DEFY experience. They make lasting friendships and learn a lot about themselves.

DEFY focuses on building youngsters' self-image and setting goals. It stresses interpersonal relations and emphasizes leadership and teamwork. Along the way it raises awareness of the harmful effects of alcohol and other drugs, as well as the dangerous effects of peer pressure and joining gangs. The structured curriculum offers education, skill development, and physical fitness. DEFY is all about creating positive experiences so that kids will choose healthy alternatives instead of substance abuse and gang involvement.

In essence, the DEFY program provides leadership to kids and thereby strengthens our military communities.

Phase I covers:

- Goal setting
- Leadership and teamwork
- Physical fitness
- Substance abuse prevention and refusal skills
- Self-esteem enhancement

Phase II is designed to reinforce the concepts and training received in Phase I. During the school year, mentors and staff provide positive support during group mentoring sessions and interactive workshops.

DEFY is also looking for more Mentors. Please Contact AC2 Martin at Talyssa.Martin@navy.mil for more information and/or questions

Eco-nomics

Recycling To Conserve Energy And Natural Resources

- If you change your own motor oil, recycle the old oil. One gallon of used motor oil when recycled yields the same amount of refined lubricating oil—2.5 quarts—as 42 gallons of crude oil.
- Organize a recycling program in your office or community if one isn't already in place.
- Use a mug for coffee at work and home rather than a disposable cup.
- Purchase long-lasting, durable items rather than disposable ones.
- Request that your name not be sold to mailing list companies. The average American receives an amount of junk mail each year that is equivalent to 1.5 trees.
- Recycle your old newspapers. If everyone in the United States recycled one-tenth of their newspapers, we would save about 25 million trees every year.
- Recycle your old tin cans when you can. Recycling and reusing the material in tin cans reduces related energy use by 74 percent, air pollution by 85 percent, solid waste by 95 percent and water pollution by 76 percent.
- Recycle your old aluminum cans when you can. Producing aluminum from recycled aluminum consumes 90 percent less energy than producing it from raw materials and generates 95 percent less air pollution.
- Recycle for a great lawn! Use a mulching mower to mow your lawn. You'll do your lawn well by putting the lawn cuttings back into the soil and you'll eliminate the need to dispose of these cuttings. The cuttings will serve as mulch, retaining moisture in the soil, and are a natural fertilizer.
- Each ton of glass produced from raw materials generates about 385 pounds of mining waste; using 50 percent recycled glass reduces this waste by almost 80 percent.

HT-28 Recognizes Their Soaring Cardinals

By: Ensign Margaret Gresham, NAS Whiting Field, Public Affairs

Most children like to be recognized for their hard work and achievements. Commanding Officer of Helicopter Training Squadron Twenty Eight Cmdr. Jeffery Ketcham and Public Affairs Officer Lt. Lauren Fuselier are doing just that through the Soaring Cardinals Program. HT-28 recognized fourteen 5th grade students on Thursday May 14 at the Soaring Cardinals Winging Ceremony hosted at Bennett C. Russell Elementary.

The Soaring Cardinals is a program for fifth grade students that recognizes them for their hard work and dedication to academics. It starts at the beginning of their 5th grade year and it is for



Soaring Cardinals Lt. Baleigh "Monkey" Nall receives her Soaring Cardinals achievement certificate along with a pair of gold wings symbolizing that she completed the entire year with a GPA above 3.95. U.S. Navy photo by Ensign Margaret Gresham.

students who are able to attain an average of 94.5 or higher. Students are allowed to join the program once they have reached the 3.95 GPA or reenter the program if it falls below and they get their grades back up. Of the entire 5th grade group only 14 students made it to the end of the 2014-2015 school year with an GPA high enough to retain the soaring status.

By the completion of the school year if the student has maintained the qualifying GPA the entire year they receive wings of gold and are given the title of Lieutenant. If the student joined the program at any point throughout the year they received the title of Lieutenant Junior Grade or Ensign. There were 8 students who received the title

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Midway

- (Cont. from Page 2)

Allied victories afterward became much more frequent as Japan desperately tried to restore its naval power, largely failing in part due to increased American ability to operate against the Japanese mainland. The Battle of Midway, in combination with the Soviet victory against Germany at the Battle of Stalingrad half a year later, are considered by some to be the turning points of the Second World War in favor of Allied victory.

The guest speaker at the Commemoration will be Hill Goodspeed, Historian and Artifact Collection Manager at the National Naval Aviation Museum in Pensacola. Hill is a native of Pensacola, Florida, and comes from a naval family. His grandfather trained at NAS Pensacola as a naval aviator during World War II, his father was a Vietnam War-era Marine officer, and a great uncle served as a PT-Boat skipper in the South Pacific during World War II.

Hill is the author or editor of five books and has contributed to two others, among his works the book U.S. Naval Aviation, which Proceedings named one of the notable naval books of 2001. He has also appeared frequently as an historical commentary on PBS, Discovery Channel, and History Channel programs.

Capt. Todd Bahlau, Commanding Officer of NAS Whiting Field, highly encourages members of Naval Air Station Whiting Field who are interested, to join the ceremony and pay homage to the courage and sacrifice of the warriors from 73 years ago during that pivotal conflict 🇺🇸



NAVAL AIR STATION WHITING FIELD

BATTLE OF MIDWAY
COMMEMORATION

4 JUNE 2015
1000-1100
BASE AUDITORIUM



Around the Base



This year's NAS Whiting Field America's Armed Forces Kid's Run had a great turn out. Pictured on top: All participants explode off the starting line as the announcer yells GO!

Pictured middle-left: The one and two mile older age group start their first lap of the event.

Pictured middle-right: Peter Mayer, whose father is a Coast Guard Instructor Pilot with VT-6, completes his first of two laps.

Pictured lower-left: Peter's older sister, Emma Mayer, is the first to finish the younger age group half-mile run.

Pictured lower-right: All contestants for the younger age group half-mile run stand at the starting line. Some maybe more excited than others!

U.S. Navy photos by Ensign Andrew Groh



Family Assistance

NAS Whiting Field



MAY 2015

TO REPORT A SEXUAL ASSAULT:



Sun	Mon	Tue	Wed	Thu	Fri	Sat
Suicide Prevention ACT! Ask Care Treat					1 VA Representative 8:00 am - 12:00 pm	2
3	4	5	6 Effective Communication 10:00 - 11:00 am	7 Challenges of Flight School & Marriage 9:00 - 11:00 am Base Smooth Move 1:00 - 3:00 pm	8	9
10	11 Interview Techniques 8:00 - 10:00 am Stress Awareness & Management 1:00 - 3:00 pm	12 Managing Anger 9:00 - 10:00 am	13 Conflict Management 10:00 - 11:00 am	14 Challenges of Flight School & Marriage 9:00 - 11:00 am	15 BASE PICNIC @ 3:00 pm	16
17	18 Stress Management Multi-Session 1:00 - 3:00 pm	19 Parenting 101 12:00 - 2:00 pm	20 Home Buying 9:00 - 11:00 am Managing Conflict 1:00 - 2:00 pm	21 Challenges of Flight School & Marriage 9:00 - 11:00 am	22	23
24 31	25 MEMORIAL DAY	26 Stress Management 1:00 - 2:00 pm	27 Anger Management 10:00 - 11:00 am TW-5 Smooth Move 1:00 - 3:00 pm	28 Challenges of Flight School & Marriage 9:00 - 11:00 am Car Buying 1:00 - 3:00 pm	29 VA Representative 8:00 am - 12:00 pm	30

7511 USS Enterprise St., Milton, FL 32570
(850) 623-7177 (comm.) / 868-7177 (DSN) / (850) 623-7735 (fax)
<https://www.cnmc.navy.mil/WhitingField/>

Join us @

www.facebook.com/NASWF.FleetandFamily

Award

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Zapellini also noted that Italian flight students have a new standard to strive for.

"The Italian Navy students have an excellent reputation and typically get all kinds of awards in all phases of training, but this is the very first time one of them is rewarded with the Distinguished Graduate Certificate of Merit," Zapellini explained. "This sets a milestone and a new goal for the Italian Navy students that have just started their wonderful voyage."

Caporale was grateful to receive the award.

"I'm really honored to receive this certificate; I wasn't expecting to have the qualities and ability to reach this award."

His instructor's comments on his grade sheets were proof of his high performance.

"Flawless check flight," wrote Marine Capt. Cody Scot, his instructor on his first solo check-ride. "This has to be the finest check-ride I have given to date. (The) Student Naval Aviator is well ahead of the airplane and executes maneuvers with style and grace."

Caporale's first flight in a helicopter seemed to go equally well according to instructor, Lt. Matthew Goodavish.

"He was able to immediately pull up into a hover, takeoff, and land all within Course Training Standards," wrote Goodavish in the grade sheet.

Caporale will join the First Helicopter Group at NAS Sarzana in Tuscany, Italy to fly the EH-101 Merlin.

"I will continue to do my best in Italy, as much as I can," said Caporale. "I just can't wait to start to fly this incredible aircraft and to pay back the remarkable opportunity the Italian Navy gave me."

The Italian Navy, along with other international partners, train with the U.S. Navy through programs managed by the Naval Education and Training Security Assistance Field Activity (NETSAFA). The goal of NETSAFA is to foster and strengthen enduring international partnerships.

According to Kling, NETSAFA is meeting their goal.

"Even greater than the award is how this serves as a testament to the deep and meaningful partnership we've developed with the Italian Navy over many years," Kling said. "We have the distinct privilege of developing future leaders and warriors here at Training Air Wing 5 during the early days of their flight leadership training, then sending them off to stand shoulder-to-shoulder in conflicts across the globe. I am honored to serve with all of these fine officers, and look forward to the many accomplishments they will share together in the future."

For more information on the Navy's international military training visit <https://www.netsafa.navy.mil/>
For more information on naval training visit <https://www.netc.navy.mil>

For more news from Naval Education and Training Command, visit www.navy.mil/local/cnet/

Around the Base

Cardinals

- (Cont. from Page 8)

of Lieutenant and went home with a pair of gold wings.

Throughout the school year Fuselier dedicated her time once a month to teach the group of students classes which included; principles of flight, naval history, aerodynamics, and other aviation associated material.

“We have been involved with the Soaring Cardinals program since 2007. It is important for HT-28 to help these children build a strong backbone in not only education but character and dedication. It is our way to give back to the community and help shine a light on the students’ bright future. These kids are so smart and dedicated, they would know what subject I was coming to teach that month and would study the material beforehand which made my job a lot easier and more fun,” Fuselier shared.

In addition to the monthly visits Fuselier coordinated several field trips, one to NAS Whiting Field and another to Naval Air Station Pensacola’s Naval Aviation Museum. On Whiting Field the students got to experience a helicopter simulator, the night vision goggle lab, the South Field control tower and static display. At the naval history museum the students were able to ride the simulator, tour the museum and watch the IMAX movie, The Magic of Flight.

Soaring Cardinal Lt. Bailey “Flexie” Godwin said, “My favorite part of the Whiting Field tour was getting to use the night vision goggles, the helicopter simulator was fun too but it was pretty hard not to crash! These trips were a great reward for being in the Soaring Cardinals, the program is hard but I wanted to do it because I like to challenge myself to be the best I can be.”

The Soaring Cardinals program displays more than just academic triumph; these students must show strong character and good behavior to stay with the group. The student focus on four different class subjects, which include: math, science, reading, and social studies. They must keep their grades up in every subject which can be really tough for some students who are stronger in one subject vice another.

“The Soaring Cardinals program was really challenging, but I wanted to put in the hard work and succeed to be a role model. The fourth grade students get to come to the ceremony and they get to see us receive the awards so maybe it will encourage them to join the program next year. I also have a little brother and I want to be a role model for him as well. This program also allows us to come together and meet friends from other classes, we all have different teachers but all come together and have something in common to talk about,” shared Soaring Cardinal Lt. Shayla “Squidward” Swindell.

Everyone knows the military loves acronyms, and Bennett C. Russell Elementary has one that all of the soaring cardinals emulate. To be a cardinal a student must SOAR, Show kindness and respect, Only do your best, Attendance is important, and Responsibility is the rest! ✈

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TRICARE Notes

Tricare Pharmacy Program Releases New Mobile App

Express Scripts, Inc. has launched a mobile pharmacy app called Express Rx as well as a mobile-optimized website. These tools allow TRICARE beneficiaries to manage prescriptions and access important health information safely and securely from anywhere using a smartphone.

The Express Rx mobile app and mobile-optimized website will allow you to register for TRICARE Pharmacy Home Delivery and switch current prescriptions over to home delivery. You can also order home delivery refills and check your order status.

To ensure security and data protection, you must visit www.express-scripts.com/TRICARE and register through the member portal before logging on to the Express Rx app or mobile-optimized site. Once registered, the same user name and password allow access to the Express Rx mobile app and mobile-optimized website.

Smartphone users can download the app for free by going to www.express-scripts.com/mobile or by using services like the Apple App store or Android Market. The mobile-optimized pharmacy website can be accessed by visiting <http://m.esrx.com>.