

# Whiting Tower

Seventy-one Years of Aviation Training News

Naval Air Station Whiting Field, Milton, Fla.

Vol. 71 No. 22

Forging Wings for the Fleet

Tuesday, November 24, 2015

## **2015 INSTALLATION EXCELLENCE AWARD WINNER**



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## Simulated Experience, Actual Excellence

-- Naval Air Station Whiting Field utilizes a cutting edge ATC simulator

By: Ensign Jeremy Griffin, NAS Whiting Field Public Affairs

Naval Air Station Whiting Field Air Traffic Controllers (ACs) received a brand new Air Traffic Control (ATC) simulator August 2015 for training in the North Hanger. The system can simulate any real-world situation, making it a vital tool for training new ACs or working on situations that an AC has difficulty with.

“NAS Whiting Field has one of the oldest towers in the Navy, and now it is has the latest equipment,” Air Traffic Controller 2nd Class Nicholas Williams said.

“Only a few facilities have the system right now. Even the AC rating school (A-school) only has four.”

The ATC simulator is a training prerequisite before an AC can move up to the tower. The Sailor looks at seven side-by-side networked screens in a curved view that shows what they would see in real life. They have an additional set of control and communications consoles that further mimic the conditions in the tower.

The simulated view is mapped in detail from the area surrounding NAS Whiting Field, and the computer database has over 130 aircraft that can be put into the ATC pattern. The device can simulate a number of airfield variables such as: emergency vehicles, aircraft emergencies, rain, snow, fog, different times of day or night, or any of those combined. Even items like wildlife which can pose a danger to aircraft may be placed into the simulations.

Another one of the advantages is that the device combats a tendency of new ACs called “microphone

- (Cont. on Page 4)

*Cover Photo: Aviation Boatswains Mate Second Class Jamey Ragsdale presents a local war veteran with a certificate of appreciation and a veteran's lapel pin on behalf of Naval Air Station Whiting Field in honor of his service. Also pictured are local community military veterans who currently reside at Covenant Hospice. Each veteran was presented with both items of appreciation from active duty staff members serving at NAS Whiting Field. U.S. Navy photo by Lt. j. g. Jenné Jolie.*

### The Whiting Tower

#### Commanding Officer

Capt. Todd Bahlau

#### Executive Officer

Cmdr. Don Gaines

#### Command Master Chief

Command Master Chief (AW/SW) Alton Smith

#### Public Affairs Officers

Jay Cope

Sheri Grabus

#### Public Affairs Staff

Lt.j.g. Jenné Jolie

Ensign Jeremy Griffin

The Whiting Tower is an authorized publication for members of the Naval Air Station Whiting Field team, tenant commands, their family members and retirees in the surrounding area. The contents of this publication do not necessarily reflect the views of the U.S. Government, the Department of Defense or the Department of the Navy, and do not imply endorsement thereof. The editorial content is prepared, edited and provided by the Public Affairs Office of Naval Air Station Whiting Field.



#### Honoring Our Veterans

Capt. Todd Bahlau, Naval Air Station Whiting Field Commanding Officer, presents a certificate of appreciation to Army war veteran Brian Jordan in honor of his ten years of service as an Army paratrooper. Bahlau and several other service members visited a local hospice in order to honor military veterans of the surrounding community. U.S. Navy photo by Lt. j. g. Jenné Jolie.

## Black Friday sales set for stateside commissaries

By: Sallie Cauthers, DeCA marketing and mass media specialist



**FORT LEE, Va.** -- Vendors in stateside commissaries will offer expanded discounts on 120 name-brand products during DeCA's first ever Black Friday sales Nov. 27-29. Commissaries in Alaska and Hawaii are also participating but with fewer items.

These sales will be in addition to savings on current sales packages, said Tracie Russ, the Defense Commissary Agency's director of sales.

"There will be free giveaways and high-value coupons available throughout the stores bringing prices down to levels we haven't seen in years," Russ said.

Some of the items expected to be discounted under the "Black Friday" tag include certain health and beauty products, coffee, tea, candy, nuts, juices, pet food, noodles, lunch meat, mayonnaise, energy drinks and paper products.

For more information, go to the "Sales & Events" page on [www.commissaries.com](http://www.commissaries.com) for a list of stateside locations for this three-day sale. Also look for the Black Friday banners that are located outside of local commissaries.

All stateside stores will be open Nov. 23, the Monday before Thanksgiving, and Nov. 27 for Black Friday ex-

cept for the following locations:

For more information on specific store schedules Nov. 27-30, go to the "Locations" page on [www.commissaries.com](http://www.commissaries.com).



**3rd Annual  
Pensacola International Airport  
5k Runway Run  
to Benefit  
USO Northwest Florida  
Take-Off:  
Saturday December 5, 2015, 10am  
Register: [www.runway5k.com](http://www.runway5k.com)**

### *This Day in Naval History*

**November 25, 1961** - USS Enterprise (CVAN 65), the U.S. Navy's first nuclear-powered aircraft carrier, is commissioned in Newport News, Va.

**November 26, 1941** - Under the greatest secrecy, the Japanese armada, commanded by Vice Adm. Chuichi Nagumo, leaves Japan to attack the U.S. Navy at Pearl Harbor Dec. 7, 1941. The armada includes all six of Japan's first-line aircraft carriers.

**November 29, 1776** - Continental brig Reprisal arrives in Quiberon Bay, France, becoming the first Continental vessel to arrive in Europe. Reprisal was carrying Dr. Benjamin Franklin who was acting as the diplomatic agent to the country. En route, Reprisal captures two merchant brigs and takes them into the harbor.

**December 1, 1921** - The first flight of an airship filled with helium, in Blimp C-7, leaves Norfolk, Va. and arrives later that day in Washington, D.C. The airship is commanded by Lt. Cmdr. Zachary Lansdowne and piloted by Lt. Cmdr. Ralph F. Wood.



**Avengers Flying in Formation**  
Four TBM Avengers flying in formation, January 12, 1945. Part of VT-4 from USS Essex

## Simulated

- (Cont. from Page 2)



The simulator can also be set with any number of emergency situations, such as an engine fire on an aircraft on the runway. U.S. Navy photo by Ensign Jeremy Griffin.

fright”. This is where the controller knows what to say, but becomes unsure when transmitting. The system understands correct voice commands from the sailor with over a 90 percent recognition rate. This means that the sailor becomes accustomed to speaking in a clear voice, along with using the correct phraseology on the radio.

Behind the area where the Sailor sits is another computer that functions as the master controller for the simulation. It shows everything that the trainee sees, and allows its controller to input any number of aircraft, situations, weather, or emergencies. The Sailor who mans the control computer is already qualified to work



The ATC simulator can be input with a large number of weather variables. In addition, the viewpoint can be shifted manually with a joystick, or into the pilot’s view from an aircraft that computer has in the ATC pattern. U.S. Navy photo by Ensign Jeremy Griffin.

in the ATC tower, which allows them to make sure that the trainee is responding correctly to whatever situation they find themselves in.

“Using the simulator allows our junior Sailors and new personnel to become familiar with the environment before they ever step into the tower,” Williams said. “That’s probably the best benefit of the system.”

MARINE CORPS RESERVE

**TOYS FOR TOTS**

**DONATE NEW, UNWRAPPED TOYS ONLY  
THRU DEC 11. OFFICIAL COLLECTION BOXES IN  
LOBBIES OF TW-5, SQUADRONS AND NASWF NEX.**

COORDINATED BY TW-5 OPS AND MATSG-21 DET \* CORPORAL KISELA \* 850.623.7547



### MYTH

The yellow and black ENERGYguide® cost label attached to a variety of new appliances, such as refrigerators, freezers, water heaters and clothes washers, tells you exactly how much you will spend each year to operate the appliance to which it is attached.

### REALITY

The yellow and black ENERGYguide® cost label estimates how much an appliance will cost to operate based on a certain national average electricity rate published by the Department of Energy. Your actual cost may vary, depending on your actual electricity rate and usage of the appliance. This is similar to the miles per gallon estimates for cars, where your actual mileage varies depending on driving conditions. The ENERGYguide® labels allow consumers to compare one appliance to similar models. They also provide a basis to help decide whether a more efficient, more expensive appliance is a better value than a less expensive model that is less efficient.

## Community Recognizes Sailors for Outstanding Service

--Retired military also share stories of service during Veterans Day memorial dinner

By: Sheri Grabus, NAS Whiting Field Public Affairs



Approximately 100 members of the Milton community gathered to recognize seven Sailors serving at NAS Whiting Field for outstanding service to their country and local community. The recognition took place during a Nov. 14 Veterans Day memorial dinner, hosted by the local Knights of Columbus assembly. U.S. Navy photo by Sheri Grabus.

Approximately 100 members of the Milton community gathered to recognize seven Sailors serving at Naval Air Station (NAS) Whiting Field for outstanding service to the country and local community. This recognition took place during a Nov. 14 Veterans Day memorial dinner hosted by the local Knights of Columbus assembly.

Awardees included Aviation Boatswain's Mate 1st Class Marlon A. Squires (Senior Sailor of the Year); Aviation Boatswain's Mate 2nd Class Paulo C. Gomez-Lopez (Junior Sailor of the Year); Air Traffic Controller 3rd Class Thomas J. Taikina (Bluejacket of the Year); and Hospitalman Jennifer L. Jones (Bluejacket of the Year, Branch Health Medical Clinic).

One Sailor from each of the Helicopter Training Squadrons (HT) within Training Air Wing FIVE also re-

ceived Sailor of the Year recognition for their outstanding service: Naval Air Helicopter Crewman 1st Class Logan Bradley (HT-8); Naval Air Helicopter Crewman 2nd Class Matt Cook (HT-18); and Naval Air Helicopter Crewman 1st Class Brent P. Blackwell (HT-28).

Cmdr. Donald Gaines, NAS Whiting Field's Executive Officer, spoke about how each Sailor epitomizes the spirit of NAS Whiting Field, which is service beyond self.

"These Sailors are an incredible group of men and women, and are excellent examples of NAS Whiting Field, Training Air Wing FIVE, and the United States Navy as a whole," Gaines said. "I, for one, am proud to call them shipmates."

Prior to presenting awardees with individualized plaques, each Sailor's supervisor took a few moments to explain why his service member was chosen for recognition. Without fail, each narrative focused not only on how the Sailor significantly improved the mission and morale of NAS Whiting Field or its tenant commands, but also how they tirelessly devoted themselves towards the betterment of the community through volunteerism.

The Knights of Columbus has hosted this Veterans Day memorial dinner for at least five years as a way to recognize outstanding active duty members stationed at NAS Whiting Field, and to thank veterans whose sacrifices have ensured the very freedom our Nation celebrates. To honor these sacrifices, veterans within the audience were invited to share stories of their time in service. They described events and wars that occurred

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### Usage Information

	1 Year Ago	Last Month	This Month
<b>Total Used</b>			
2,044,994 kWh			
<b>Total kWh Used</b>	2,217,070	2,303,445	2,044,994
<b>Average Daily kWh</b>	73,902	74,305	68,166
<b>Days In Billing Period</b>	30	31	30

### Energy Conservation

Conserving energy remains an important goal in the operation of Naval Air Station Whiting Field. Steps taken during the past year by Public Works continue to pay dividends in our energy conservation programs. Please help decrease usage even more by remembering to turn off lights, shut down computers and printers, and limit usage of non-essential equipment.

*Like us on Facebook*

*[www.facebook.com/naswhitingfield](http://www.facebook.com/naswhitingfield)*

*Follow us on Twitter*

*@naswf*

## Around the Base

### Community Recognizes Sailors

- (Cont. from Page 5)

in an earlier era, so it would be expected that much has changed since they served. But the veterans also spoke about traditions and feelings that have remained constant throughout the years: pride, comradery, sacrifice, and commitment to country and family.

William Field, a veteran and Faithful Navigator for the Knights of Columbus, described how active duty and retired service members live throughout the local community and share common roots.

“We hear this word once in a while called ‘community.’ That’s what we are right here,” Field said.

Gaines also spoke of community, and he expressed his gratitude towards awardees and veterans in the audience who have volunteered so freely of themselves.

“Time and time again, the Sailors are simply happy to get an opportunity to give back to the community,” Gaines said. “These Sailors, like the ones with us tonight, donate hundreds of hours of their own time to support various projects and do so without asking for anything in return.”



Aviation Boatswain's Mate 1st Class Marlon A. Squires (Senior Sailor of the Year). U.S. Navy photo by Sheri Grabus.

### Navy Exchange at NAS Whiting Offers White Wednesday November 25th

**By: Naval Air Station Whiting Field Naval Exchange**

The Naval Exchange at Naval Air Station Whiting Field is offering shoppers an alternative to Navy Blue Friday. For the fifth year in a row, NEX WF will be treating holiday shoppers to Navy Blue Friday prices the day “before” Thanksgiving.

This event is being spearheaded by Linda Larrabee, NEX Whiting Field General Manager. Larrabee, along with two fellow Mid South District GMs, came up with this idea 5 years ago, after perpetually failing to see a large turnout for the day after Thanksgiving. So she and her counterparts at the Navy Exchanges at Meridian, MS and Panama City, FL dreamed up a sale on the day before Thanksgiving. This strategy takes advantage of the fact that the day before Thanksgiving is always a big shopping day for the Commissary and the NEX. Last year was the most successful year of all, with a great turnout and over twenty eager shoppers lining up outside the doors before the store opened.

White Wednesday differs from traditional Holiday sales because it offers its deals for multiple days: Wednesday,

Friday, and Saturday. According to Larrabee, “All the things that people are looking for in holiday presents are here”. All categories of merchandise are on sale, including big screen televisions, Keurig Coffeemakers, and winter outerwear just in time for the cold weather months. “This year is bigger and better, with more big-ticket items than before”, says Larrabee.

The NEX will match any advertised price and promises not to be undersold. Not only will there be fantastic deals during this event, but White Wednesday will also feature food and beverage tastings, each highlighting holiday offerings.

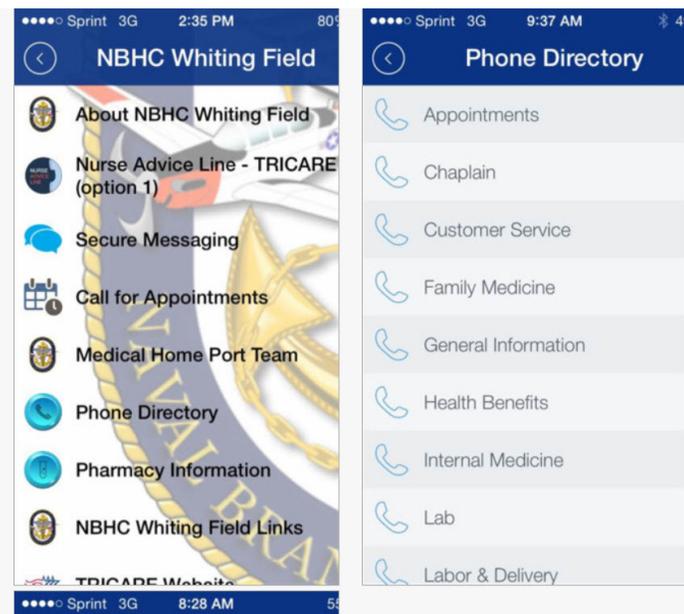
Doors will open at 0700 on November 25th to kick off White Wednesday, and will be open until the last shopper leaves. Sales run through Saturday, but the store will be closed for Thanksgiving Day. Additionally, the Pines Mini mart located at the Whiting Pines Housing Community will be open for 0900-1300 on Thanksgiving Day for any last minute food or beverage needs.

## Free App Helps Patients Manage Their Healthcare

-- Info Available in the Palm of the Hand During Flu Season and Throughout the Year

By: Sheri Grabus, NAS Whiting Field Public Affairs

Need your flu shot but not sure of the hours for immunizations? Already have the flu and need to book a doctor's appointment or refill a prescription? Have a question for your healthcare provider? A free app, downloadable to Android- and Apple-compatible devices, puts important healthcare information at the tips of your fingers – without having to rummage through Web page after Web page.



Using the NBHC Whiting Field app on an iPhone (pictured), iPad, or Android-compatible device, users can find phone numbers for all departments within the branch health clinic.

Upon opening the NBHC Whiting Field app, users are presented with a home screen that gives frequently-used options. By clicking on a menu item, the user is immediately directed to subtopics relevant for that option.

For example, the phone directory provides an alphabetical listing of all NBHC Whiting Field departments, including Admin, Aviation/Military Medicine, Dental, Family Medicine, Immunizations, Health Benefits, etc.

The most frequently-called departments, such as the pharmacy, are not only listed in the directory, but they are also given their own tab. Clicking on “Pharmacy Information” from the home screen gives the hours of operation as well as provides a button to call the refill line. A separate button allows click-to-call to the general pharmacy number.

The app was developed by Naval Hospital (NH) Pensacola personnel, who realized that newer technologies could be used to encourage patients to more actively

engage in their healthcare. As part of the NH Pensacola health care system, NBHC Whiting Field was one of ten branch clinics that received its own app.

“It’s everything you’d need in the palm of your hand to manage your healthcare,” said Jason Bortz, Public Affairs Officer at NH Pensacola. “I’ve gone out into the community and talked to a lot of people who have used the app. One of the things they like most about it is how patients can communicate with their healthcare

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## TRICARE NOTES

### SAVE MONEY WITH TRICARE PHARMACY HOME DELIVERY

If you currently fill prescriptions for maintenance medications at retail pharmacies, you can reduce your out-of-pocket costs by switching to TRICARE Pharmacy Home Delivery. Copayments for generic medications provided through home delivery have been reduced to zero. After military treatment facility pharmacies, mail order prescriptions are your least expensive option, and they offer the convenience and privacy of home delivery. You can receive up to a 90-day supply of medications for minimal out-of-pocket costs.

For more information, visit the TRICARE Pharmacy Program website at [www.express-scripts.com/TRICARE](http://www.express-scripts.com/TRICARE). You can also call the Member Choice Center at 1-877-363-1433 for assistance with transferring existing prescriptions to home delivery.

### TIPS TO AVOID CLAIMS PAYMENT ISSUES

As a TRICARE Standard beneficiary, you may be required to submit your own claims. When you submit your own claims, you should take the following steps to help avoid late or denied payments.

Health care claims should be submitted to the claims processor in the region **where you live**, unless the care was received overseas.

Claims must be filed within one year from the date of service or date of inpatient discharge. To file a claim, you must fill out a *TRICARE DoD/CHAMPUS Medical Claim—Patient's Request for Medical Payment* Form (DD Form 2642).

You can download forms and instructions from the TRICARE website at [www.tricare.mil/claims](http://www.tricare.mil/claims) or from your regional contractor's website: ([www.humana-military.com](http://www.humana-military.com)).

Sign up Online for Claims Status Information

You can check the status of your claim after registering online at [www.myTRICARE.com](http://www.myTRICARE.com).

Visit [www.tricare.mil/claims](http://www.tricare.mil/claims) for additional claims-processing information.

## Around the Base

# USO Northwest Florida invites active duty, dependents to Thanksgiving Feast & Festivities all weekend



**PENSACOLA, FL.** -- USO of Northwest Florida is inviting all those staying in Pensacola for Thanksgiving to join us for our 8th Annual Thanksgiving Feast & Festivities at Bldg. 625D from 26 NOV through 29 NOV.

The weekend will kick off Thanksgiving Day 26 NOV with a traditional feast served by USO volunteers and staff and will feature turkey, stuffing, mashed potatoes, green beans, rolls and desserts, just like mom makes.

The festivities don't end on Thursday. The fun will continue on Friday, 27 NOV with a Chili Cook-Off where troops are the judges for our volunteers' chili recipes. Show your team spirit at Saturday's Football Tailgate party on 28 NOV. And the only thing better than Thanksgiving dinner is leftovers. Join us for our Leftover Luncheon on Sunday, 29 NOV. The USO is open for active duty military members and their families as well as retirees. Visitors must show military ID to attend.

It has been the goal of the USO for 74 years to provide a touch of home to our military. This year, USO Northwest Florida plans on serving a traditional Thanksgiving meal and fun with all the trimmings to 1,200 of our local heroes. Not only will this event give the troops a "home away from home," but it also gives the community an opportunity to give back to those who give so much every day during this Thanksgiving holiday.

For additional questions on this event, contact NAS Center Ops Supervisor Tracey Castillo at 850-206-0654 or email at [tcastillo@uso.org](mailto:tcastillo@uso.org). The USO aboard NAS Pensacola is located at 153 Ellyson Ave. Building 625-D, Pensacola, FL 32508.

Proper identification is required for access on to the base. For a complete listing of dates and times, please visit the USO Northwest Florida website at [www.uso.org/northwestflorida](http://www.uso.org/northwestflorida) and click on "Events."

### Want to go?

- **WHAT:** USO NWFL Thanksgiving Feast & Festivities
- **DATES:** Thursday, 26 NOV through Sunday, 29 NOV
- **LOCATION:** USO Center aboard NAS Pensacola – Bldg. 625D
- **MORE INFO:** Tracey Castillo, 850-206-0654 or [tcastillo@uso.org](mailto:tcastillo@uso.org)

## Morale, Welfare & Recreation Thanksgiving 2015 Holiday Hours

### ACE'S PUB

#### Operating Hours

Friday 1400-?

#### Holiday Hours

Nov 26 - 27 - CLOSED

### ADMINISTRATION

#### Operating Hours

Mon-Fri 0730-1600

Nov 26-27 - CLOSED

### BOWLING CENTER

#### Operating Hours

Friday-Saturday

1400-2200

Nov 26: Thanksgiving Day - CLOSED

### BOWLING SNACK BAR

#### Operating Hours

M-Th 0700-1900

Friday 0700-2100

Sat 1400-2100

#### Holiday Hours

Nov 26: Thanksgiving Day - CLOSED

Nov 27 - 1400-2100

### CHILD DEVELOPMENT CENTER

#### Operating Hours

Mon-Fri 0600-1800

#### Holiday Hours

Nov 26 - 27 - CLOSED

### COFFEE SHOP

#### Operating Hours

Mon-Fri 0600-1200

#### Holiday Hours

Nov 26-27 - CLOSED

### FITNESS CENTER

#### Operating Hours

Mon-Fri 0500-2100

Sat-Sun 0900-1400

#### Holiday Hours

Nov 26: Thanksgiving Day - 0900-1400

Nov 27: 0900-1400

### INFORMATION TICKETS & TOURS

#### Operating Hours

Mon-Fri 0900-1700

#### Holiday Hours

Nov 26-27: CLOSED

### LIBERTY CENTER

#### Operating Hours

Mon-Fri 1000-2000

Sat-Sun 1200-2000

#### Holiday Hours

Nov 26-29 - 1200-1800

### OUTDOOR ADVENTURE

#### Operating Hours

M-F 0800-1600

Saturday 0800-1200

Sunday - CLOSED

#### Holiday Hours

Nov 26 - 27 - CLOSED

### MULLIGAN'S SNACK BAR

#### Operating Hours

Mon-Fri 0630-1330

#### Holiday Hours

Nov 26 - 27 - CLOSED

### SOUTH FIELD SNACK BAR

#### Operating Hours

Mon-Fri 0600-1900

#### Holiday Hours

Nov 26 - 27 - CLOSED

### WHITING PARK

#### Operating Hours

Fri - Mon 0700-1630

#### Holiday Hours

Nov 26: Thanksgiving Day - CLOSED



## Tips for Active Shoot Response



By: Stacy McFadden, NAS Whiting Field Security

Active shooters are individuals who attempt to kill people in confined and populated areas, often displaying no pattern in selection of victims. Active shooter situations tend to be un-

predictable and evolve quickly, often before law enforcement personnel arrive. To increase you and your family's chance of survival in an active shooter situation, you should familiarize yourself with the following information. \*NOTE we're not going to get into the INDICATORS OF A POTENTIAL ACTIVE SHOOTER, only about EVACUATE, SHELTER IN PLACE, TAKE ACTION AGAINST THE ACTIVE SHOOTER and COOPERATE WITH FIRST RESPONDERS.

**EVACUATE:** You need to quickly determine the most reasonable way to protect your life, as well as those around you, whenever possible. If you can escape, consider the following:

- Have an escape route and plan in mind.
- Evacuate regardless of whether others agree to follow.
- Leave your belongings behind.
- Help others escape, if possible.
- Prevent individuals from entering an area where the active shooter may be.
- Do not attempt to move wounded people.
- Call emergency personnel when you are safe.

**SHELTER IN PLACE:** If evacuation is not possible, find a place where the active shooter is less likely to find you. The place you choose should:

- Be out of the active shooter's view.
- Provide protection if shots are fired in your direction (an office with a closed and locked door).
- Have furniture to block the door, if possible.

Lock the door, silence your cell phone, hide behind large items, remain quiet and calm, and call emergency personnel. If you are not able to speak, leave the phone open to allow the dispatcher to listen.

**TAKE ACTION AGAINST THE ACTIVE SHOOTER:** As a last resort, and only when your life is in **IMMINENT DANGER**, try to disrupt or incapacitate the shooter by:

- Acting aggressively against him or her.
- Throwing items and improvising weapons.

Taking action against the active shooter is extremely risky, but it may be the best chance of survival for you and others. If you decide to assume the risk, you must remain committed to your actions.

## Free App

- (Cont. from Page 7) providers."

This secure messaging service is through Relay Health, which allows patients to ask medical questions of healthcare providers, get lab results, enter immunization records, renew prescriptions, or request non-urgent appointments.

The app also provides a variety of other important options, including direct links to the Tricare website and the Safe Helpline to receive support for sexual assault.

The app can be downloaded free of charge from Google Play or the iTunes App Store by entering "NBHC Whiting Field" in the search field.

## Thanksgiving Hours for Whiting Field NEX

Navy Exchange stores will be closed Thanksgiving except for the Whiting Pines Mini-Mart, which will be open Thanksgiving day from 9 a.m. - 1 p.m. Normal hours for NEX stores resume Friday.



### Trotting Along

Naval Air Station Whiting Field staff and their family members take off in this year's Turkey Trot Fun Run. The run was held Tuesday Nov 17. Participants who completed the 2015 Turkey Trot fun run each were entered into a raffle and given a chance to win a free Thanksgiving turkey. U.S. Navy photo by Ensign Jeremy Griffin.

# News and Notes

## **Mulligans to Temporarily Close for Maintenance**

Mulligans will close Nov. 23-25 due to required maintenance on the water systems that supplies water for that area of NAS Whiting Field. Routine water sampling will be performed Nov. 23 and 24 to ensure the water is safe to drink and use in food preparation before Mulligans reopens.

## **Retirement and Benefits Webinars for Civilian Employees**

Nov. 24 at 1 p.m.: Investing for Singles and Self Plus Ones. Webinars are offered through FLTCIP partners and cover retirement and benefits topics. Registration information is available at [https://www.ltcfeds.com/meet\\_us/webinars.html](https://www.ltcfeds.com/meet_us/webinars.html). Past webinars are archived at: [http://www.ltcfeds.com/meet\\_us/webinars\\_on\\_demand.html](http://www.ltcfeds.com/meet_us/webinars_on_demand.html).

## **ITT News**

Contact ITT for these or other specials at 850-623-7032 or 850-665-6250

- Georgia Aquarium Military Appreciation Celebration - MILITARY MONDAYS - through December 28.
- Polar Express at the West Florida Railroad Museum (5003 Henry Street, Milton). Nov. 29 – Dec. 20 (six shows from 6 – 8:30 p.m.).

## **IHMC Lecture Series--Your Body in Flight During WWII**

Dec. 3 at 40 South Alcaniz, Pensacola (reception begins 5:30 p.m.; talk begins 6 p.m.). Speaker: Dr. Jay Dean, director of the Hyperbaric Biomedical Research Laboratory and Professor at the Morsani College of Medicine in the University of South Florida. Call 850-202-4462 to register for the event or for more information.

## **NAS Whiting Field Christmas Party**

Dec 4 from 6 – 11 p.m. at Sikes Hall. Childcare provided (\$4/hr/child; ages 6 weeks to 12 years) by contacting the CDC by Dec. 1 at 623-7472. Ticket prices E-5 and below: \$20; E-6 and above/



## **Words of Wisdom**

Rear Admiral Bull speaks to the assembled Student Naval Aviators of Training Air Wing Five as part of his visit to Naval Air Station Whiting Field. U.S. Navy photo by Ensign Jeremy Griffin.

civilians: \$25. Deadline to purchase tickets is Nov 25 by contacting IT2 Faison, ABH2 Ugalde, MA2 Wideman or AC3 Lewis. Call 623-7594 or 665-6123 for more information.

## **CLEP / Dantes Subject Standardized Tests at Milton**

Next dates for CLEP/DSST are: Dec. 4, Jan. 22, Feb. 12, Feb. 26, Mar. 11, Apr. 1, Apr. 15, and Apr. 29. Tests are by appointment only by contacting CWO3 Cherry at [frank.e.cherry@navy.mil](mailto:frank.e.cherry@navy.mil). For more info: <http://getcollegetcredit.com/>.

## **CDC Scholastic Book Fair and Family Book Fair Night**

- Scholastic Book Fair: Dec. 7-11 from 8 a.m. – 3 p.m. at the NAS Whiting Field Child Development Center. Credit, debit, and checks (payable to Scholastic Book Fair) only.
- Family Book Fair Night: Dec. 11 from 6 – 7 p.m. Please call (850) 623-7472 if you would like to participate in the event.

Can't make it in person? Log onto their online fair Dec. 2-22, 2015: <http://bookfairs.scholastic.com/homepage/whitingfieldcdc>.

## **CO's Suggestion Box**

[http://cnic.navy.mil/regions/cnrse/installations/nas\\_whiting\\_field/about/cosuggestion.html](http://cnic.navy.mil/regions/cnrse/installations/nas_whiting_field/about/cosuggestion.html).

## From TRAWING-5

# Congratulations to TRAWING-5 Wingers



Training Air Wing FIVE recognized these newly-winged Navy, Marine Corps, Coast Guard, and International Aviators on Nov. 20. U.S. Navy photo by Lt. j. g. Jenné Jolie.

## Congratulations to TRAWING-5 Scholar

## TRAWING-5 Award Winning Instructors



Congratulations to Training Air Wing FIVE's Academic Achievement Award recipient for Nov. 13. U.S. Navy photo courtesy TRAWING-5.



Four instructor pilots from Training Air Wing Five receive an award for Instructor of the Quarter. The Awardees are active and reserve military officers from both the fixed wing and helicopter training squadrons. U.S. Navy photo by Ensign Jeremy Griffin.



TrainingAirWingFIVE



@TrainingWing5