

# Whiting Tower

Seventy-two Years of Aviation Training News

Naval Air Station Whiting Field, Milton, Fla.  
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Forging Wings for the Fleet  
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# NAS Whiting Field Earns Navy-wide, Flagship Volunteerism Recognition for 2015



Several Sailors from Naval Air Station Whiting Field help process food donations during the U.S. Postal Service's 23rd Annual "Stamp out Hunger" event. U.S. Navy Photo.

Cover Photo: NAS Whiting Field Sailor of the Year Aviation Boatswain's Mate 1st Class Marlon Squires and Senior Civilian of the Year for 2014 Ken Cube raise the CNIC Installation Excellence Award pennant up the NAS Whiting Field Flagpole for the first time Monday, Jan. 4. U.S. Navy photo by Jay Cope.

## The Whiting Tower

Commanding Officer

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Executive Officer

Cmdr. Don Gaines

Command Master Chief

Command Master Chief (AW/SW) Alton Smith

Public Affairs Officer

Jay Cope

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The Whiting Tower is an authorized publication for members of the Naval Air Station Whiting Field team, tenant commands, their family members and retirees in the surrounding area. The contents of this publication do not necessarily reflect the views of the U.S. Government, the Department of Defense or the Department of the Navy, and do not imply endorsement thereof. The editorial content is prepared, edited and provided by the Public Affairs Office of Naval Air Station Whiting Field.

By: Jay Cope, NAS Whiting Field Public Affairs

MILTON, Fla. – Naval Air Station Whiting Field was recognized by the Navy again recently for the beneficial role its Sailors play in the local community when the installation was selected as the runner-up in the Navy-wide competition for Project Good Neighbor in the Medium Ashore Category. This is the second award the installation has received in the Navy's annual Flagship community outreach program to recognize commands who excel in giving back to their localities. The Flagship Awards recognize outstanding community service programs throughout the Navy every year in five categories: Project Good Neighbor; Personal Excellence Partnership; Health, Safety and Fitness; Campaign Drug Free; and Environmental Stewardship. Shore, sea, and overseas commands are eligible to compete in three categories, based on the size of the command. NAS Whiting Field previously took first place in the Environmental Stewardship category.

- (Cont. on Page 8)

## DeCA Stores Set Record for Recycling

By: Mike Perron, DeCA Public Affairs Specialist

FORT LEE, Va. – The numbers are in: Military commissaries surpassed their fiscal 2015 environmental goals for recycling and diverting waste from landfills.

The Defense Commissary Agency achieved an 83 percent recycling efficiency rate, the highest in the agency's history, said Randy Eller, deputy director of DeCA's logistics directorate. Along the way, DeCA recycled more than 60,000 tons of cardboard, 1,900 tons of plastic, and more than 108 tons of paper.

"Our commitment to environmental goals is reflected in the rapid increase in the recycling numbers year after year," Eller said. "Due to the outstanding efforts of our store personnel worldwide, our recycling efficiency rates have risen each year – from 75 percent in 2012 to 2015's 83 percent. That's a job well done!"

Adding to the agency's environmental successes for 2015 were the stores which actually reached the "net zero" landmark. Net zero waste is a "whole

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# CNO Releases 'A Design for Maintaining Maritime Superiority'

By: Chief of Naval Operations Public Affairs

WASHINGTON (NNS) -- Chief of Naval Operations Adm. John Richardson released 'A Design for Maintaining Maritime Superiority,' Jan. 5, a document that addresses how the Navy will adapt to changes in the security environment and continue to fulfill its mission.

The term 'design' refers to the document's built-in flexibility, recognizing the rapid rate of change occurring in both technology and the maritime domain.

"This guidance frames the problem and a way forward, while acknowledging that there is inherent and fundamental uncertainty in both the problem definition and the proposed solution," said Richardson.



Chief of Naval Operations, Admiral John Richardson, the 31st CNO. U.S. Navy Photo

"As we move forward, we'll respect that we won't get it all right, and so we'll monitor and assess ourselves and our surroundings as we go. We'll learn and adapt, always getting better, striving to the limits of performance."

The CNO's design reaffirms the Navy's mission, describes the strategic environment and identifies four lines of effort, each with corresponding objectives to guide the actions of the Navy and its leaders.

The four lines of effort are the following:

- Strengthen Naval Power at and from Sea
- Achieve High Velocity Learning at Every Level

- Strengthen our Navy Team for the Future
  - Expand and Strengthen our Network of Partners
- The document also details four 'Core Attributes' that serve as guiding criteria for command decisions in decentralized operations: integrity, accountability, initiative, and toughness

## This Day in Naval History

Jan. 13

1865 - With 8,000 Union soldiers, Rear Adm. David Porter provides 59 warships and 2,000 Sailors and Marines to take Confederate Fort Fisher, N.C., after a 2-day assault.

Jan. 14

1863 - Navy General Order 4, signed by Secretary of the Navy Gideon Welles, announces the Emancipation Proclamation by President Abraham Lincoln, which is signed on Jan. 1, 1863.

Jan. 15

1865 - In a joint amphibious force with the Union army, Rear Adm. David D. Porter and Maj. Gen. Alfred H. Terry capture Fort Fisher, Wilmington, N.C., which is the last port by which supplies from Europe could reach Confederate Gen. Robert E. Lee's troops at Richmond, Va.

Jan. 16

1944 - TBF aircraft from Composite Squadron Thirteen (VC-13) of carrier Guadalcanal (CVE 60) sink the German submarine U-544 north-west of the Azores.



North Takes Fort Fisher in 1865

Fort Fisher was nicknamed the "Gibraltar of the South" as it was the last major coastal stronghold of the Confederacy. It took the combined efforts of the Union's Army, led by Brevet MG Alfred Terry, and the Navy, led by Rear Admiral David Porter, over the course of about a month to finally take Fort Fisher.

# Astronaut's Journey Has Roots at Whiting Field

By: Jay Cope, NAS Whiting Field Public Affairs



S96-10840 (June 1996) --- Winston E. Scott, STS-87 mission specialist. Photo courtesy of NASA.

As they transition to more advanced helicopters, jets, or propeller driven aircraft, a few select individuals may eventually find themselves in a pipeline that is, literally, out of this world. Military pilots are an important source of NASA astronauts, and more than a few who had "The Right Stuff" have been trained here at NAS Whiting Field. This is the first in a series of three stories to focus on the NAS Whiting Field aviators who went on to great careers in the military, in space, and beyond.

Service as a Navy helicopter pilot preparing for war-time service in Vietnam would appear to be enough excitement for a lifetime, but for retired Capt. Winston E. Scott, it was only the very beginning. Testing the limits of speed first as a helicopter pilot, then later as jet test pilot, and finally as a NASA astronaut, Scott's perseverance has taken him where still only a handful of people have been.

Scott's post Navy career has led him to important posts in higher education and with the Florida state government. However, for him, it all leads back to the foundation established in his first years in the Navy.

"People still refer to me as Captain Scott. I am past the days of serving on active duty, but I am still part of the Navy. It is a part of who I am," he said. "I am proud of it, and happy to have served. Entering Naval Aviation was the smartest thing I ever did."

Florida has been the center of his life. Raised in Miami, Scott attended Florida State University as a dual music and engineering major. Growing up in the 1960s and 1970s, there weren't many science / technical programs which attracted African-American students. He always

*Editors Note: As the "Backbone of Naval Aviation," Naval Air Station Whiting Field has a proud history of training student military aviators to become the best pilots in the world. Training Air Wing FIVE establishes the foundation of skill and dedication that is necessary for each officer/aviator to succeed.*

*As they transition to more advanced helicopters, jets, or propeller*

maintained an interest in science and engineering while he fostered a passion for music (a passion which remains to this day), so FSU was an easy choice since he could follow both. Unfortunately, at the end of NASA's Apollo program, FSU closed down its engineering program while he was a student.

After he completed his music degree, Scott accepted an opportunity to attend Naval Aviation Officer Candidate School in 1972 in Pensacola, Fla. the Navy ultimately helped him complete his engineering education via the Naval Post Graduate School in Monterey, CA. He attended flight training at Naval Air Station Whiting Field, and earned his Wings of Gold in 1974 as a helicopter pilot.

He recalls it as a somewhat difficult time with many people trying to avoid military service while he was actively attempting to join. He also bucked trends as an African-American attempting to become a pilot when that was still a rarity. He only remembers about four or five others African-American students attending training at that time. The training was difficult, but Scott feels it was his calling.

"Vietnam was primarily a helicopter war and most of the students went helicopters after primary," he remembered. "I enjoyed it very much. It was a challenge with a

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### MYTH

In the United States, solar systems should always be installed facing true south.

### REALITY

Deviating from true south by as much as 20 degrees to 30 degrees east or west will not significantly reduce the total solar radiation received. You can modify the basic rule of thumb that you orient a solar system true south to accommodate local weather conditions, the orientation of an existing building or other factors relating to the building site, such as shading.

### Ice Flyers Tickets

ITT has discount center ice tickets (not glass) for only \$17.00 each. Can be exchanged for any game, no limit. Games notated "Military Appreciation" are discounted at the door for only \$13.00. Contact Community Recreation-ITT with any questions.

### ITT Specials

- Disney Cruise Line -- Military Rate for a 6 Night Eastern Caribbean Cruise from Galveston, ports are St. Thomas/St. John, US Virgin Islands & Tortola, British Virgin Islands. Example; for 2 adults & 2 children \$2,974 includes port fees & on board gratuities
- 2016 Annual Travel Extravaganza – Feb. 26 from 10 a.m. – 1 p.m. at the NAS Whiting Field Atrium. ITT will host vendors from Florida, Georgia, Louisiana and more. Come and see all that is available to you through your Community Recreation ITT office right here at Whiting Field. Door prizes will be given away.

### Leave Transfer Program

Dolores Marshall, a Management Analyst at CNRSE, is qualified under the Voluntary Leave Transfer Program and is in need of annual leave donations. To donate annual leave forward completed form OPM 630-A Inside Agency (DON) or OPM 630-B Outside Agency (other than DON) with your LES to the CNIC SLDCADA via encrypted email to CNIC\_SLDCADA\_HELP@navy.mil. For more information, contact Kathleen McGuire at kathleen.mcguire1@navy.mil or 305-293-2789.

### CLEP / Dantes Subject Standardized Tests at Milton

Next dates for CLEP/DSST are: Jan. 22, Feb. 12, Feb. 26, Mar. 11, Apr. 1, Apr. 15, and Apr. 29. Tests are available for Active Duty for free, approximately \$100 for civilians. Tests are by appointment only by contacting CWO3 Cherry at frank.e.cherry@navy.mil. For more information, go to: <http://getcollegerecredit.com/>. CWO3 Cherry has CLEP handouts that contain some great information about CLEP tests and how to prepare. Contact him for more information.

### CO's Suggestion Box STOMP Workshop

[http://cnic.navy.mil/regions/cnrse/installations/nas\\_whiting\\_field/about/cosuggestion.html](http://cnic.navy.mil/regions/cnrse/installations/nas_whiting_field/about/cosuggestion.html).



Recognizing Whiting's Best and Brightest Capt. Todd Bahlau presents Aviation Boatswain's Mate Michael Edwards the Navy Achievement Medal. U. S. Navy photo by Jay Cope.

### STOMP Workshop

A Specialized Training of Military Parents Workshop is scheduled for Jan. 21 from Noon to 6 p.m. and Jan. 22 from 8 a.m. to 2 p.m. at 1 Price Ave onboard NAS Pensacola. The Workshop is designed to assist parents with special needs children navigate available resources in the school systems and local communities. The event will cover topics such as parent's rights, 504 accommodations, IEP plans, special needs trusts, TRICARE, Record Keeping and Home Files, Effective Communication, Networking, Wills and Guardianships and more. Contact Chris Hendrix, the NASWF School Liaison Officer at 850-665-6105 for details or to register.

### Japanese New Year Celebration

Celebrate the Japanese New Year with the Japan-America Society of Northwest Florida, Saturday, Jan. 16 from noon to 4 p.m. at the Rex Theatre. The event will feature Marco Lienhard playing the Shakuhachi (a traditional Japanese end-blown flute), Orlando's Maturiza Taiko Drummers, Japanese dancers, martial arts demonstrations, food, and more. Advance tickets are available at the Sake Café and Yamato's Restaurant, or online at Eventbrite.com. Tickets are \$8 for adults, \$6 for students or active duty military, and children under 12 are free. See [www.jasnwfl.org](http://www.jasnwfl.org).

# Looking Back at 2015: A Year in Review

**16 Jan** – Lt. Col. Coleman formally relieves Cmdr. Kevin Prickard Jr. as commanding officer of Helicopter Training Squadron EIGHTEEN. Prickard served as the squadron’s commanding officer for approximately 15 months.

**30 Jan** - Cmdr. Wade A. Iverson assumes command of Training Squadron SIX from Lt. Col. Kevin L. Digman.

**11 Feb** - Naval Air Station Whiting Field security force personnel undergo two-week evaluation during the Solid Curtain-Citadel Shield (SCCS) '15. The team completed the annual, Navy-wide exercise with increased capabilities and an elevated level of preparedness.

**19 Mar** – ITT Travel Expo brings active duty service members, their families, and vendors from 5 different Gulf Coast states together to help military families enjoy attractions and travel at discounted rates.

**1 April** – Training Air Wing FIVE aircraft return from Roswell, New Mexico after a nine-week detachment to conduct primary flight training operations.

**30 April** – NAS Whiting Field celebrates Earth Day to ensure the base minimizes its impact on the environment. Environmental professionals from Whiting Field also shared their knowledge with 280 Bagdad Elementary school students to increase awareness.

**14 May** – HT-28 recognizes the Soaring Cardinals, a program for 5th Grade students who exhibit hard work and dedication to their academic studies. Students who are able to achieve a 94.5 or higher are recognized as part of the program.

**15 May** – Pensacola’s minor league baseball team, The Blue Wahoo’s, hosts a baseball camp on the Whiting Field baseball fields to further their community outreach. The camp hosted nearly 40 children ranging in age from 5-13 years old.

**1 June** – Whiting Field MWR closes base golf course. Much of the course acreage will be allowed to go back to nature, while areas near the airfield will be kept clear and the land around Mulligans will be maintained.

**2 July** – More than 100 runners participate in the MWR 5k Fun Run. Every runner had the opportunity to pelt their competitors with flashes of colors, and volunteers lofted handfuls of red, blue, and green dust at the runners at two stations along the route.

**17 July** – Cmdr. Judd Conaster, Commanding Officer Training Squadron THREE,



**Military government and industry officials break ground for Florida’s largest solar energy project Dec. 16. (Left-right) Matt Hantzmon, COO of Coronal Development Services; Air Force Col. Matthew Higer, vice commander 96th Test Wing (Eglin Air Force Base); Miranda Ballentine, assistant secretary of the Air Force for installations, environment and energy; Dennis McGinn, assistant secretary of the Navy for energy, installations and environment; Stan Connally, Gulf Power President and CEO; NAS Pensacola Commanding Officer Capt. Keith Hoskins, and NAS Whiting Field Commanding Officer Capt. Todd Bahlau. U.S. Navy photo by Mike O’Connor**

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 @naswf

Usage Information			
Total Used	2,044,994 kWh		
	1 Year Ago	Last Month	This Month
Total kWh Used	2,217,070	2,303,445	2,044,994
Average Daily kWh	73,902	74,305	68,166
Days In Billing Period	30	31	30

**Energy Conservation**  
 Conserving energy remains an important goal in the operation of Naval Air Station Whiting Field. Steps taken during the past year by Public Works continue to pay dividends in our energy conservation programs. Please help decrease usage even more by remembering to turn off lights, shut down computers and printers, and limit usage of non-essential equipment.

# STOMP Workshop coming to Pensacola

By Lt J.G. Bertucci, NAS Whiting Field Public Affairs

The Specialized Training of Military Parents (STOMP) is coming to Pensacola to put on a two day workshop Jan. 21 and 22 providing information and training for families with special needs. STOMP is an organization dedicated solely to address the needs of military families who have family members with special medical or educational needs. Established in 1985, STOMP has been recognized as the premier resource for families within the military who have children, youth, and adult family members with special needs.

The organizations mission and program exists to empower military parents, individuals with disabilities, and service providers with knowledge, skills, and resources. STOMP provides a way for families so that they are able to access services to create a collaborative environment for family and professional partnerships without regard to geographic location.

Christopher Hendrix, NASWF School Liaison Officer, said, “This is a great chance for parents to meet and discuss with the professionals from STOMP about all the services offered and provided to help aid military families with special needs. As our first year hosting this event we are very excited for this opportunity of working with STOMP and providing a way for families to network and gain information.”

STOMP accomplishes their mission by providing workshops on a combination of topics pertaining to military families and specifically tailored to the needs and concerns of families at specific installations. Some topics covered in these workshops include:

- In depth information about parents’ rights and responsibilities (IDEA, 504, DODEA, FERPA, IEP, and IFSP) in achieving special education services for their children whether located in the United States or overseas.
- Accessing educational and medical records and developing a comprehensive home file
- Accessing resources in both current duty stations and future assignments enabling expedient transition to new

- services
- Making informed decisions with respect to overseas assignments and DODEA
- Working effectively with military systems such as TRICARE, ECHO, and the EFMP

STOMP is coming to NAS Whiting Field to put on a two day workshop starting Jan. 21 from 12 p.m. to 6 p.m. and Jan. 22 from 8 a.m. to 2 p.m. Families are encouraged to bring their child(ren) if they are not able to obtain child-care for all or part of each day they are planning to attend. For more information and to register for this important workshop please contact Christopher Hendrix, NASWF School Liaison Officer at DSN 868-6105/ Comm: 850-

**NAS WHITING FIELD 2016 CAPTAINS CUP - ATHLETIC CALENDAR -**

<b>BASKETBALL</b> 12 Jan - Coaches Meeting * 19 Jan - Season Begins Fitness Center	<b>SOFTBALL</b> 6 Apr - Coaches Meeting * 12 Apr - Season Begins Softball Complex	<b>INDOOR VOLLEYBALL</b> 27 Jul - Coaches Meeting * 2 Aug - Season Begins Fitness Center
<b>SOCCER</b> 3 Feb - Coaches Meeting * 10 Feb - Season Begins Sports Complex	<b>TABLE TENNIS</b> 29 Apr - 1630 Liberty Center	<b>H.I.I.T.</b> 31 Aug - 1630 Fitness Center
<b>DARTS / BILLIARDS</b> 19 Feb - 1630 Liberty Center	<b>4ON4 VOLLEYBALL</b> 11 May - 1630 Sports Complex	<b>FLAG FOOTBALL</b> 7 Sep - Coaches Meeting * 13 Sep - Season Begins Sports Complex
<b>KICKBALL</b> 2 Mar - 1630 Softball Complex	<b>RACQUETBALL</b> 15 Jun - 1630 Fitness Center	<b>HORSESHOES</b> 28 Sep - 1630 Softball Complex
		<b>DODGEBALL</b> 12 Oct - 1630 Fitness Center

FOR DETAILS CALL OUTDOOR RECREATION AT 623-7670

**NAVY RECREATION** \*\*\*\*\*  
 Coaches Meetings are at 1330 in the MWR Conference Room Building 1417 \*\*\*\*\*

### Flagship

- (Cont. from Page 2)

“Our mission is to train aviators for the military, however, it is also our responsibility to be good neighbors to our fellow residents,” NAS Whiting Field Commanding Officer Capt. Todd Bahlau said. “This recognition is special because it showcases the positive impact that our Sailors and civilian employees make within our communities.” The Chief of Navy Chaplains Rear Adm. Margaret Kibbens sent a certificate of appreciation to the base commemorating the achievement and thanking the base for “promoting community outreach, restoring hope and extending a helping hand.”

Naval Air Station Whiting Field’s nomination package showcased the base’s nearly 2,000 hours of volunteer service towards helping the less fortunate and improving the quality of life for struggling families. Volunteer programs and events that exemplified the installation’s efforts throughout 2015, included: Pensacola Florida Habitat for Humanity, United Way, ESCAROSA Coalition on the Homeless, Bay Area Food Bank, Helping Hand Missions of Florida, Peace on Earth in Action, Covenant Hospice of Milton and other opportunities that helped to make positive impacts in the local community.

Almost 20,000 people were aided through the volunteer efforts of the Whiting Field team and 14% of the base’s population volunteered time to help collect more than 50,000 pounds of food for those in need, transporting household goods for veterans who needed



Volunteers from Naval Air Station Whiting Field help renovate the local Boys & Girls Club of America, improving facilities for more than 150 youths located throughout Santa Rosa County, Fla. U.S. Navy photo by Jay Cope, NAS Whiting Field Public Affairs

to move, and visiting hospice homes. Throughout the year, the volunteers significantly affected the Santa Rosa County community.

“We have an amazing group of Sailors here who are dedicated toward helping their neighbors in the local area. They not only work hard and are talented professionals in their chosen careers, but are tremendous citizens within their communities. I couldn’t be prouder of their efforts and am extremely happy to serve alongside them,” NAS Whiting Field Commanding Officer Capt. Todd Bahlau stated

local community dividends. In 2015, the agency’s program to donate edible but unsellable food climbed from 110 to 134 commissaries partnered with 117 U.S. food banks, up from 77 banks in 2014.

“Our food bank program resulted in just under 2.4 million pounds of food diverted from ending up in landfills and being used to feed the hungry,” said Eller.

Visit [www.commissaries.com](http://www.commissaries.com) to learn more about the Defense Commissary Agency: check out the latest news, find a store near you, see what’s on sale, create a shopping list, learn of food and product recalls, scan employment opportunities, read frequently asked questions and more

### DECA

- (Cont. from Page 2)

systems” effort, and changes the way materials flow through an organization, ideally resulting in no waste.

Seven stores achieved net zero status through organic contracts which turn all organic material into compost. The stores include four commissaries in Hawaii – Marine Corps Base Kaneohe Bay, Naval Station Pearl Harbor, Hickam Air Force Base and Schofield Barracks – plus the stores at McChord Air Force Base and Fort Lewis in Washington, and Los Angeles Air Force Base in California.

Finally, the continued expansion of DeCA’s food bank program is paying both environmental and

### Astronaut

- (Cont. from Page 4)

non-stop, 24-7 tempo. I guess I was suited for it, because I felt right at home.”

According to Scott, the students were trained as if they were going to Vietnam. Their pace was demanding with a new class starting every week. The dropout rate was very high and he only remembers three out of 21 students in his class completing the training.

“The wash out rate was typically 50 percent or greater,” he said, “but I have fond memories of Whiting. I never once regretted my decision. There were good, professional people there who were providing the best training possible. I am grateful to the Navy and to Whiting Field.”

Scott served a four year tour with Helicopter Anti-Submarine Squadron Light THIRTY-THREE (HSL-33) at Naval Air Station North Island, Calif. before making his first career shift – he wanted to start flying jet aircraft. While switching from helicopter to jet aircraft might seem to be a pretty dramatic change, Scott emphasizes that it “wasn’t too difficult.” NAS Whiting Field used the T-28 Trojan aircraft as the primary trainer which was also a preliminary aircraft for jet training.

For most of the next 14 years, he flew a variety of jet aircraft including the F-14 Tomcat at NAS Oceana, Va.; the F/A-18 Hornet at NAS Jacksonville, Fla.; and the A-7 Corsair before he was selected to be the Deputy Director of the Tactical Aircraft Systems Department at the Naval Air Development Center at Warminster, Pa. He continued to fly there as a research and development test and evaluation (RTD and E) project pilot. “At Warminster I was triple qualified in the Tomcat, Hornet and the Cor-

sair” Scott says! “I also got to do a little bit of helo flying in one of our H-53’s”!

Overall he accumulated more than 5,000 flight hours in more than 20 different military and civilian aircraft. For a self-professed man who likes to fly “fast and high,” even being a test pilot wasn’t enough. He wanted to go higher still.

Scott applied to NASA for the astronaut program in 1992 and was chosen to participate on his first application.

“I always wanted to be in the scientific end of piloting, and I think that the wealth and breadth of my training helped get me into the program.”

He trained for the next four years before receiving his first opportunity to go into space Jan. 11, 1996. STS-72 (Space Shuttle Endeavor) was in orbit for nearly nine days performing a variety of experiments, testing techniques for the International Space Station (ISS), and retrieving a Japanese satellite. Serving as one of the Mission Specialists, Scott was chosen to do one of two “space walks” designed to assess materials for the construction of ISS. He was out there for almost seven hours.

“Everybody wants to go outside. It is the best of all worlds,” he emphasized.

A little more than a year and one-half later, he flew again, this time on Columbia. The eighth flight of 1997 continued ISS tests and conducted some micro-gravity experiments. Scott’s nearly eight-hour long space-walk, the first of the mission, helped retrieve a payload item that failed to function properly as well as checking more ISS construction techniques. His second spacewalk of the

- (Cont. on Page 11)



During shuttle flight (STS087-320-025, Nov. 19-Dec. 5, 1997) astronauts Winston E. Scott (left) and Takao Doi (partially obscured by his location in the dark shadows) await the right opportunity to grab onto the Spartan satellite. Later, when the Space Shuttle Columbia had moved closer to Spartan, the two mission specialists were able to successfully grab the satellite manually and berth it in Columbia’s cargo bay. Photo courtesy of NASA



TrainingAirWingFIVE



@TrainingWing5

## Review

- (Cont. from Page 6)



Blue Wahoos President, Johnathan Griffin, talks to NAS Whiting Field kids before starting the 2015 NAS Whiting Field Blue Wahoos Kids Baseball Camp. U.S. Navy photo by Ensign Margaret Gresham.

changes command with Cmdr. Jade Lepke. Lepke is the first consecutive officer to take charge since 1995 when VT-3 began alternating Air Force and Navy Commanding Officers.

**10 Aug** – Whiting Field’s Branch Health Clinic receives the Blue H Silver Eagle award for 2014. This Health Promo-

tion and Wellness Award is an annual award sponsored by the Navy Surgeon General and encourages and rewards the promotions of health in the Navy and Marine Corps.

**20 Aug** – Helicopter Training Squadron EIGHT welcomes a new commanding officer as Cmdr. Robert Sinram is relieved by Cmdr. John McBryde during a ceremony in the Naval Air Station Whiting Field Atrium building.

**1 Sep** – For the first time in almost a decade, civilians join active-duty junior Aviation Maintenance Officers in graduating from the Naval Aviation Maintenance Program (NAMP) Indoctrination course at Whiting Field. After a highly competitive application and selection process, four civilian interns based at NAS Pax River were chosen to participate in the course.

**7 Oct** – Gulf Power and Whiting Field team up to hold the 2015 Energy Awareness 5k and Energy Expo. This is the first time the Energy Awareness 5k has been accompanied by the expo, and Gulf Power brought a selection of displays to promote responsible energy usage and conservation.

**27 Oct** – Whiting Field hosts its annual Naval Helicopter

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## SECURITY CORNER



By: Stacy McFadden, NAS Whiting Field Security

Ways of avoiding getting a ticket on Naval Base part 1. 1) Its start before you get in your vehicle – A. Make sure you have a valid driver license;

check with your state about military extensions. B. Make sure your registration is up to date. Each state is different; so check with your state dmv if you don’t know. C. Make sure your vehicle is insured and that the insurance is up to date; you have proof in the vehicle and you have proper coverage (see NASWFINST 5560.5A Paragraph 11 for coverage). D. The vehicle you are driving is operational sound (everything works: lights, wipers, no cracked windshield, smog and noise, height compliant with state laws).

2) Once you’re in the vehicle – A. Make sure you have on your seat belt. B. If you have any other occu-

pants in the vehicle; make sure they have their seats belt on also (children in federally approved child restraint device age appropriate). B. Before you enter the base turn off and unplug your radar detection device. They are prohibited on all DOD installations. C. Drivers, don’t use cell phones while driving on base, safely park the vehicle then use the phone.

As per NASWFINST 5560.5A - The Prohibition against using hand-held cellular phones does not include hands-free cellular phone devices. Hands free devices include consoled/dash-mounted or otherwise secured cellular phones with integrated features such as voice-activation, speed dial, speakerphone, or other similar technology for sending and receiving calls.

Remember it’s prohibited to drive with anything in your ear canal or over your ears, except for fire and emergency response or law enforcement/security purposes (does not include hearing aids or devices designed and required for hearing enhancement).

## Astronaut

- (Cont. from Page 9)

mission lasted for five hours.

He retired from the Navy and from NASA two years later with more than 24 days and 14 hours in space, however, his career was far from finished.

Scott has since served as an Associate Dean and Professor with the Florida Agriculture and Mechanical University (FAMU) and Florida State University (FSU) College of Engineering. He was also the Vice President of Student Affairs at FSU for three years, and served for a three year period as the Executive Director of the Florida Space Authority, whose mission was to promote commercial space development for the state. He is currently the senior vice president for external relations and economic development at Florida Institute of Technology in Melbourne, Fla. He has a passion for education and considers it vital to encourage learning – especially in technical fields – in today’s youth.

“It is tremendously important that we continue to attract students into the STEM programs. Our school systems are not producing enough graduates in those areas to maintain our leadership in technological fields. It is extremely important with regards to minority students,

because that is a talent pool that is largely untapped, and we need to appeal to those students if we want to maintain our edge in technology,” he stated.

Everything tends to come full circle, and Scott’s career continues today to be one that promotes educational opportunities through his position with FIT and his guest speaking appearances. This is due, at least in part, to his appreciation for the education and the opportunity provided to him by the Navy.

It has been a long, and obviously successful, 40-year road for Scott who still looks back on his early days in Naval Aviation fondly.

“If I had to send a message back to myself, it is that you are doing the right thing – making the right decision. There will be good times and difficult times, but you are doing what you are supposed to do,” he said. “I have no regrets.”

*Editor’s Note: These stories come at a time when NASA is once again seeking candidates for entry into the space program. See [http://www.navy.mil/ah\\_online/ftStory.asp?issue=3&id=92423](http://www.navy.mil/ah_online/ftStory.asp?issue=3&id=92423) for additional information*

WELCOME TO WHITING FIELD THE ONLY PLACE ON BASE FOR HOME COOKED MEALS! MON-FRI 10:00-11:30 PM

**MULLIGAN'S JANUARY MENU**  
MONDAY THRU FRIDAY 10:00 AM UNTIL 1:30 PM  
Serving Breakfast 8:00-10:00 AM

CALL AHEAD FOR TAKE OUT 850-633-7521

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				HAPPY NEW YEAR!! 2015
6. COUNTRY FRIED STEAK WITH WHITE GRAVY MASHED POTATOES BRUSSEL SPOUTS OR FRIED OKRA & ROLL	7. GRILLED OR FRIED PORK CHOPS RICE WITH GRAVY FRIED OKRA OR BRUSSEL SPROUTS ROLL	8. FRIED CHICKEN LOADED MASHED POT. GREEN BEANS OR FRIED CORN ON THE COB SLAW AND ROLL	7. TERRIaki BEEF & BROCCOLI OVER RICE WITH EGG ROLL	8. BLACKENED MAHI SAND FRENCH FRIES COLE SLAW
10. OPENED FACE ROASTED TURKEY W/ MASHED POTATOES PEAS AND ROLL	11. SHEPPARDS PIE PEAS OR CORN ROLL	10. FRIED CHICKEN GARLIC ROASTED POTATOES BAKED BEANS OR FRIED CORN SLAW & CORNBREAD	10. HERBED PORK LOIN RICE AND GRAVY GREEN BEANS OR FRIED PEAS ROLL	10. FRIED CATFISH CHEESE GRITS OR FRIES BAKED BEANS OR OKRA HUSHUPPES & SLAY
18. CLOSED FOR MARTIN LUTHER KING DAY	19. CRAWFISH ETOUFFEE OVER RICE FRIED OKRA & FRENCH BREAD	20. FRIED CHICKEN MASHED POT. & GRAVY GREEN BEANS OR COLLARDS SLAW AND ROLL	20. LG HAMBURGER STEAK IN MUSHROOM OR ONION GRAVY MASHED POTATOES, PEAS OR FRIED OKRA ROLL	21. STUFFED FLOUNDER GREEN BEANS OR ASPARAGUS AND ROLL
25. MEATLOAF MASHED POT. GRAVY PEAS OR CORN ROLL	26. BEEF TIPS W/ MUSHROOM GRAVY EGG NOODLES BABY LIMAS OR FR. OKRA ROLL	22. FRIED CHICKEN MASHED POT. & GRAVY GREEN BEANS OR COLLARDS SLAW AND ROLL	24. GRILLED OR FRIED PORK CHOPS RICE AND GRAVY CABBAGE OR FRIED PEAS CORN BREAD	23. SHRIMP AND GRITS BAKED BEANS OR FR. OKRA HUSHUPPES

AT MWR WE HAVE YOU COVERED

\*\* ITEMS SUBJECT TO CHANGE

## Review

- (Cont. from Page 10)

Association (NHA) Fleet Fly-In over a four-day period. This is the 26th year for the event that gathers helicopters from nearly every active platform in the maritime services.

**15 Nov** – Helicopter Training Squadron EIGHT (HT-8) celebrates its 65th anniversary at the Whiting Field Atrium. HT-8 bears the honor of being the oldest helicopter squadron in continuous naval service.

**16 Dec** – Along with the Departments of the Navy and the Air Force, Whiting Field helps break ground on three large-scale, renewable energy projects on NAS Pensacola. Combined, these projects will employ enough solar panels to power about 18,000 homes on a sunny day.

**17 Dec** – For the second year in a row, Whiting Field receives the Installation Excellence Award as the best small base. Chosen from a field of 32 installations, the award lauds the top Navy commands at shore for their installation management, program excellence, and community outreach ✈



Just one of the 100+ participants in the Jul. 16 “Color Me American” run. Hosted by MWR, the 5K event truly lived up to the name “fun run.” U.S. Navy photo by Jay Cope.

## ASIST

Applied Suicide Intervention Skills Training



16-17 February 2016

Tuesday-Wednesday

0730-1600

Location:

NAS Whiting Field, Atrium Building, Room 169

The ASIST workshop is for anyone who wants to feel more comfortable, confident and competent in helping to prevent the immediate risk of suicide. Over one million caregivers have participated in this two-day, highly interactive, practical, practice-oriented workshop.

Participation in the full two days is required. Enjoy small group discussions and skills practice that are based upon adult learning principles and experience powerful videos on suicide intervention. Feel challenged and safe. **Learn suicide first aid.**

Casual Dress - No Uniforms

Please Notify Chaplain Forders, ABH2 Ford or Chaplain Assistants of Nomines NLT

Thursday, 11 Feb 2016

Office: 850-623-7211

[Rev.L.Forders@navymil](mailto:Rev.L.Forders@navymil)

[NHs.L.Ford@navymil](mailto:NHs.L.Ford@navymil)

(M) Seats Available for the following Commands: VT-2, VT-3, VT-6, HT-8, HT-18, and HT-28

(H) Seats Available for CPW-5 and Branch Medical

(R) Seats Available NAGSDF

Additional seats available for standby list. \*Subject to change\*

**NEW YEARS RESOLUTION**  
Jan 4<sup>th</sup> - Jan 31<sup>st</sup>

**MWR**  
U.S. NAVY MILITARY WELFARE CENTER

# FITNESS CHALLENGE

Start 2016 with this “Incentive Program”, it will challenge all aspects of your fitness.

Participants complete the following:

- ❖ Attend 1 of our fitness classes
- ❖ Log 5 hours of cardiovascular training on any piece of cardio equipment
- ❖ Complete 1 week of weight training

**PRIZES FOR ALL WHO PARTICIPATE**

Fitness Challenge begins Monday, Jan 4<sup>th</sup> challenges must be completed by Jan 31<sup>st</sup>

Call the Fitness Center at 623-7412