

Hagel Announces New Anti-Sexual Assault Initiatives

By Jim Garamone
American Forces Press Service

WASHINGTON (NNS) — Defense Secretary Chuck Hagel today announced seven new initiatives to strengthen and standardize the department's sexual assault prevention and response effort.

In a memo to the field, Hagel called elimination of sexual assault in the military one of the department's top priorities.

"This effort requires our absolute and sustained commitment to providing a safe environment in which every service member and DOD civilian is free from the threat of sexual harassment and assault," he wrote in a statement. "Our success depends on a dynamic and responsive approach. We, therefore, must continually assess and strive to improve our prevention and response programs."

On May 6, 2013, the secretary directed the services and defense agencies to strengthen the program in commander accountability, command climate, victim advocacy and safety.

The secretary's initiatives announced today strengthen these areas further. They include:

- The secretary directed the services to improve victim legal support. He directed the service secretaries to create a legal advocacy program to provide legal representation to sexual assault victims throughout the judicial process. He set Nov. 1, 2013, as an initial operating capacity for this and for it to be fully functional by Jan. 1, 2014.
- Hagel directed that pre-trial investigative hearings of sexual assault-related charges are conducted by Judge Advocate General officers.
- The secretary directed service secretaries to enhance protections calling on them to develop and implement policies

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Photo by MC1 Cassandra Thompson

Electronics Technician 1st Class Rachel Preston, left, assigned to USS Freedom (LCS 1) talks with the 24th Secretary of Defense (SECDEF) the Honorable Chuck Hagel in the airborne mission zone of her ship.

Harry S. Truman Carrier Strike Group Enters 5th Fleet



Photo by MC2 Kilho Park

Sailors conduct an operational check of the counter measure washdown sprinkler system aboard USS Harry S. Truman (CVN-75). Harry S. Truman is underway supporting fleet replacement squadron carrier qualifications.

USS Harry S. Truman (CVN 75) Carrier Strike Group Public Affairs Office

RED SEA — Ships and embarked squadrons from Harry S. Truman Carrier Strike Group (HST CSG) entered U.S. 5th Fleet's area of responsibility (AOR) Aug. 18, after completing a routine transit through the Suez Canal.

"Our Sailors and Marines executed a safe and professional transit through the Suez Canal and we are now operating in the 5th Fleet AOR," said Rear Adm. Kevin Sweeney, commander, HST CSG. "We've trained hard and we're ready to operate alongside our coalition partners to conduct maritime security operations to ensure stability and build trust and confidence throughout the region."

HST CSG is on a scheduled deployment conducting maritime security operations, theater security cooperation efforts and support missions for Operation Enduring Freedom.

HST CSG includes Carrier Strike Group

(CSG) 10; aircraft carrier USS Harry S. Truman (CVN 75); guided-missile cruisers USS San Jacinto (CG 56) and USS Gettysburg (CG 64); guided-missile destroyers USS Bulkeley (DDG 84) and USS Mason (DDG 87); embarked 1st Combined Destroyer Squadron staff; and embarked Carrier Air Wing (CVW) 3 and its squadrons: Strike Fighter Squadrons (VFA) 32 "Swordsmen," VFA-37 "Ragin' Bulls," and VFA-105 "Gunslingers," Marine Fighter Attack Squadron (VMFA) 312 "Checkerboards," Airborne Early Warning Squadron (VAW) 126 "Seahawks," Electronic Attack Squadron (VAQ) 130 "Zappers," Helicopter Sea Combat Squadron (HSC) 7 "Dusty Dogs," and Helicopter Maritime Strike Squadron (HSM) 74 "Swamp Foxes".

HST CSG deployed July 22 from Norfolk, Va.

For related news, visit the USS Harry S. Truman (CVN 75) Navy News Service page at www.news.navy.mil/local/cvn75.

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MORE...

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Summer Fun at CYP

Photos by CYP Staff and MC1 (SW/AW) David R. Krigbaum



439-4520
www.cnmc.navy.mil/bahrain

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Chaplain's Corner

Passion For God



By Chaplain Keener
NSA Bahrain Command Chaplain

It is amazing that we live in a world where we can get excited for just about anything but religion, faith and God. Let us take the word 'Passion'. If we look up on Google a passion for; we will come up with all kinds of subjects and objects that books were written about. We can go on Amazon.com and purchase books with the titles: A Passion for Birds, A Passion for Cactus, A Passion for Chocolate (OK, who does not have a passion for that), A Passion for Fashion, for fishing, for flying, sailing, shooting, needlepoint, pasta, ponies etc. etc.

There is a book called: A Passion for Potatoes and even a book for a Passion for Steam (OK, this has to be for our Nuke people). But in our culture when we express our love of God, we are looked at differently. We can go to a rock concert or a political rally or a baseball game and we can shout our heads off. We can hold that big old number one sponge hand and swing it around. We can do the wave and laugh and cheer. We can get hoarse from cheering so loud.

When we are at a football game and you have seven big guys with huge beer bellies that are shirtless in below zero

weather with a letter spray painted on each stomach spelling out: DA BEARS and that is acceptable and people laugh. When our team loses and someone starts to cry, nobody thinks it is a big deal. When our team wins and we jump up and down and dance around and wave our hands in the air, it is OK. If we do that at a game people say, "They are true fans." When we constantly talk at the office about our teams and how our emotions are stirred up if someone tells us that DA CUBS suck (OK, we have to admit they usually do) how we take it to heart.

We can have pennant flags in our office, magazines about our sport, bobble head dolls, tee-shirts, jackets, sweatshirts etc., and it is acceptable. Now, look at how people react when it comes to people enjoying and celebrating faith. If we get excited about our God, sing a church song, have religious items at our work space, are we treated the same? If we get excited about talking about faith, inviting people to services, dancing to a hymn what do we usual hear: "They are a fanatic. They are one of those religious zealots." What about having religious items all over your work space and people treat you different.

Now if you ever come into my office you will know what faith I am and how I love my faith. There is a huge crucifix hanging on the wall, a picture of the Blessed Mother and the Pope. But no one will say anything because I am a Chaplain. We live in a society that people have to walk on egg shells when we talk about our belief.

I am not talking about people trying to evangelize, just people wanting to share their spirit with a fellow believer. Why do believers have to be told to be careful because you might offend someone? I guess the bottom line is, why is OK for people to have a passion for just about anything and it is acceptable except a passion for our faith and our love of God?

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allowing for the reassignment or transfer of members accused of committing sexual assault or related offense. Hagel wants this done in order to eliminate continued contact while respecting the rights of both victims and the accused.

- Hagel is requiring timely follow-up reports on sexual assault incidents and responses to be given to the first general or flag officer within the chain of command.
- He also directed the DOD Inspector General to regularly evaluate closed sexual assault investigations.
- Hagel ordered the service secretaries to standardize prohibitions on inappropriate behavior between recruiters and trainers and their recruits and trainees across the department.
- And, Hagel directed the DOD general council to develop and propose changes to the Manual for Courts-Martial that would allow victims to give input during the sentencing phase of courts-martial.

The new measures should strengthen the department's sexual assault prevention and response programs, the secretary said.

"Remember, we are all accountable and responsible for eliminating this crime from our ranks," Hagel said in the memo.



For more information on visas and CPR cards contact Immigration at 1785-4258.

LEGAL CORNER

LT Candace Holmes, JAGC, USN

Legal Assistance Attorney

NEW! Legal Assistance Available for Victims of Crime

Victims of crime can now receive legal advice from a Legal Assistance Attorney. Ordinarily, when we see the term "victim of a crime" we think sexual assault cases, but a victim of any crime (e.g. assault or domestic violence) is eligible for assistance. We will provide victims with vital legal assistance while maintaining privacy and confidentiality.

Our assistance services include the following:

- The rights of a victim before, during and after the court-martial process; including the roles and responsibilities of the trial counsel, defense counsel, and investigators
- The right to obtain records of court-martial proceedings
- The role of a potential victim advocate
- The differences between restricted and unrestricted reporting in sexual assault cases
- Counseling on the resources available for emotional or mental health services
- Civilian and military protective orders
- Eligibility for transitional compensation programs (usually for victims of domestic violence or sexual assault crimes)
- General legal assistance on matters relating to leases, estate planning, and other civil law issues

If you have any questions about this topic, please contact our front desk at 439-4237.

NSA Bahrain Safety Corner

"Beat the Heat"

We're in the middle of the hottest portion of summer in Bahrain. This means it is very important to watch out for yourself and others who may be exposed to extreme heat conditions. Black flag conditions start by mid-morning and continue into the late evening.

When Black Flag conditions are present, all physical training and strenuous exercise must be suspended for all personnel. All outside work and/or activities shall be limited to emergency and/or security mission essential work. Stay vigilant when it comes to how much heat stress you are exposed to. Remember the following tips to beat the heat back to a manageable level:

Hydrate, Hydrate, Hydrate – If your thirsty, it means you're more than likely dehydrated. You should be drinking water constantly throughout the day. If you sweat a lot, you should really be pushing the fluids. Make sure its water and not sugary, carbonated beverages that can dehydrate you further.

Reduce your exposure to the heat – Find a work/rest cycle that minimizes your time in the extreme heat. Only essential personnel should be outside during Black Flag conditions.

Rest is very important – Try to get a good nights rest .This will help you deal with the heat and help your overall work performance throughout the day.

Signs of heat stress - If you find yourself or someone else that is light headed, not sweating, skin hot to the touch, and has a severe head ache, seek medical assistance immediately. These may be signs of heat related stress.

Keep in mind that just a few preventative measures can help you beat the heat.

IG HOTLINES

Report Fraud, Waste, Mismanagement, Military Whistleblower Complaints & Improper Mental Health Referrals to one of the following:

CNREUAFSWA Inspector General (NSA Bahrain)

Telephone #: 973-1785-3138 DSN: 439-3138 E-mail: ig hotline@eu.navy.mil

Website: <http://www.cnrc.navy.mil/Europe/About/RegionalDepartments/InspectorGeneral>

NAVCENT Inspector General

Telephone #: 973-1785-9897 DSN: 439-9897 Fax: 439-9116 E-mail: ig.hotline@me.navy.mil

Naval Inspector General

Telephone #: 202-433-6743 DSN: 288-6743 Fax : 202-433-2613 E-mail: NAVIGHotlines@navy.mil

Website: <http://www.ig.navy.mil>

United States Army Inspector General

Telephone #: 703-695-1500 DSN: 312-225-1500

United States Air Force Inspector General

Telephone #: 202-404-5354 DSN: 734-5354

DoD Inspector General

Telephone #: 703-604-8799 DSN: 312-664-8799 Website: <http://www.dodig.mil/>

EXPERIENCE BAHRAIN

Bahrain Experienced

By MC1 (SW/AW) David R. Krigbaum
Staff Writer

I've had a good year in the Kingdom of Bahrain and I've enjoyed having the opportunity to share what I've seen and learned writing Experience Bahrain. Before coming here my only exposure to the Middle East was a tour in Iraq with a three day R&R in Qatar. Visiting Qatar was what got me interested into the non-war zone parts of the region and in taking orders here. As this is my last article for Experience Bahrain and The Bahrain Desert Times I'm going to look back at some of the best things I've gotten to see or do here.

A highlight of my time was definitely old **Muharraq**. Seeing the **Sheikh Isa bin Ali House**, less a house and more a small fortress fit for a King, or Sheikh as it were, in the middle of the town was worth the trip by itself. But using it as a starting point I explored back alleys, some restored to their 19th century splendor and others not so much, on a scavenger hunt for those sometimes tricky to find restored homes, museums and other parts of Bahrain's Pearling Trail UNESCO site, made it all the better.

Likewise my other favorite visit was **Qal'at Al Bahrain**, or Bahrain Fort. I've visited Japanese, Portuguese and Canadian castles (Canada uses a loose definition) but never their Arabian counterpart. It's a combination of Persian and Portuguese designs and sits on a tell, the bones of the cities that were there before it, that goes back 4,000 years.

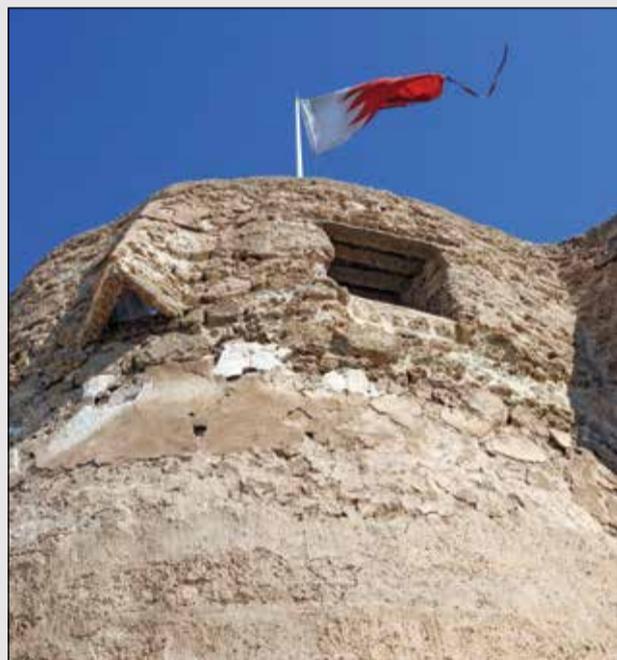


MC1 (SW/AW) David R. Krigbaum



Bab Al Bahrain

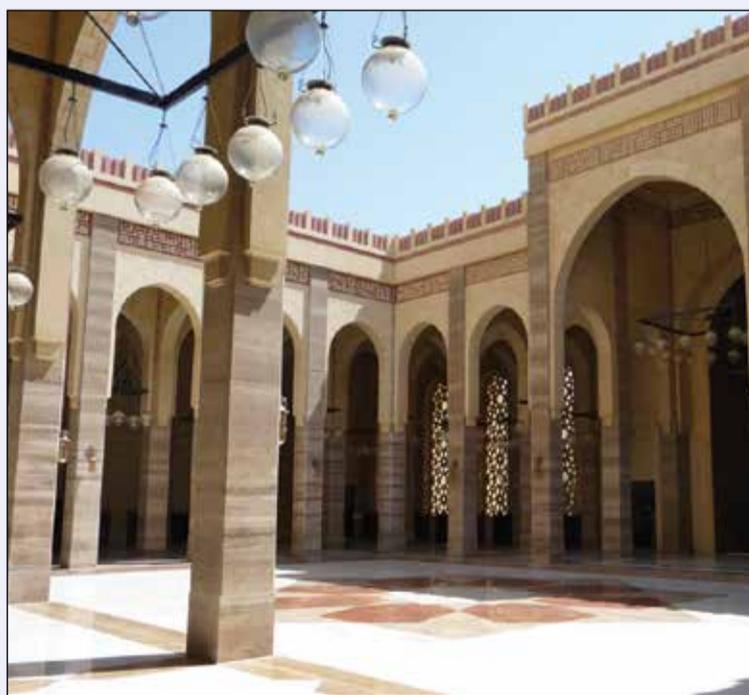
Arad Fort



Muharraq



Al Fateh Grand Mosque





Dhow

Qal'at Al Bahrain



Ramadan Cannon



The adjoining museum was also very well put together and helped me get a further sense of the place's history beyond the standing structure.

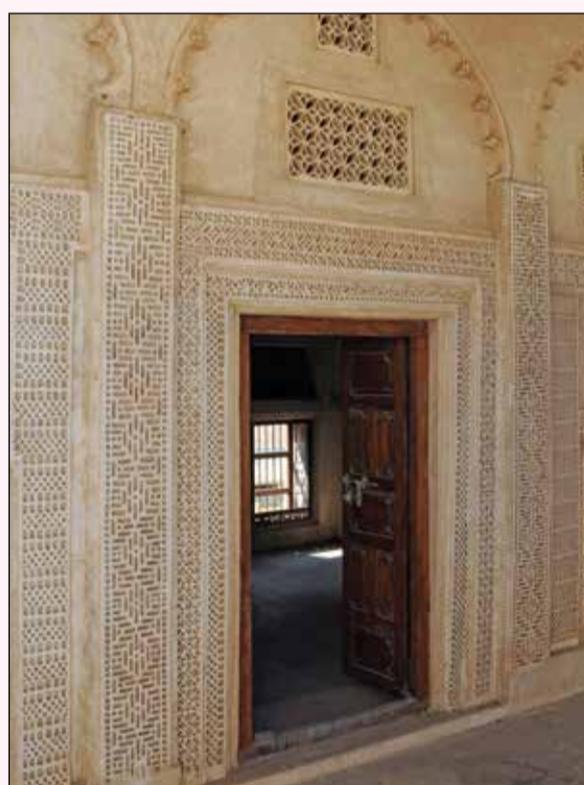
I'd also be amiss not to be mention the **Bahrain National Museum**, which gave a crash course in all things Bahrain. Using it and its massive light up map as a guide I was able to find out what there was to see and where it was. GPS and patience with the local road conditions did the rest. It also made me more aware of this region's history and how little of it I knew.

Culturally, I've tried to learn as much as I could about Bahrain. I made the best of Ramadan and through a happy accident got to see the **Ramadan Cannon**, Mudfaa Ramadan, which I assumed was some prop cannon but actually is a Bahrain Defense Force howitzer towed by a police car and fired off by artillery men. Seeing it fired by Arad Fort at the end of a day is the ultimate bell and a reminder it's been too long since I heard a good explosion. After Ramadan I visited the Grand Mosque again to see the open house, hearing again what I learned the first time but now with more food and a chance to wear a thobe (traditional men's clothes) and ghutra (head dress).

I also have enjoyed the Middle Eastern food, and I have grown fond of a few candies I can't pronounce that are absolutely nothing like their sweet American counterparts. I'll miss the spices every dish is made with. There are flavors here I've never had anywhere else and I doubt I'll experience them again once I leave this region.

I'm moving but I'll always be able to look back on my time in Bahrain and consider it time well spent and an education. If anything my only regret is missing the F1 race this year. Sans regret, I hope you can do the same when you look back at your time here.

Sheikh Isa bin Ali House



Riffa Fort



Sheikh Salman bin Hamad House



NAVY ENTERTAINMENT PRESENTS

MESSLORDS

FOOD NETWORK CHEFS

Tuesday, August 27
Lunch 1100-1300

&

Wednesday, August 28
Breakfast 0530-0800
at The Oasis Restaurant

For more information, please contact Mario Farrulla @ 439-4927 or mario.farrulla@me.navy.mil

MWR Bahrain Arabian Gulf

NAVY ENTERTAINMENT

CNIC **NAVY**

MESSLORDS

Sarah Simington
www.blumoonbaltimore.com

flodad
www.hodadies.com

Johnny Brava
www.salsabravafirstclass.com

MWR Cinemas

MOVIE COMPLEX

REGULAR TICKETS: ADULTS: \$4.00 CHILDREN (6-12): \$2.00
3D TICKETS: ADULTS: \$5.00 CHILDREN (6-12): \$3.00
Children 5 and under: FREE Admission

MOVIE SCHEDULE IS SUBJECT TO CHANGE WITHOUT PRIOR NOTICE
***** MOVIE HOTLINE: 439-6916 *****



Site Seeing Tour
Tuesday, August 27
• Time: 0800 – 1300
• Min 5 people; Cost: \$5.00

Cooking Demonstration Of Arabic Food & Dinner
Wednesday, August 28
• Time: 1700
• Min 5 people; ITT Price: \$23.00

ITT

Al Dar Island Day Trip
Friday, August 23
• Time: 0930 – 1500
• Min 10 people; ITT Price: \$17.00

Guided Cultural Tour Of Bahrain
Saturday, August 24
• Time: 0900 – 1600
• Min 14 people; ITT Price: \$35.00

Go-Kart Racing
Sunday, August 25
• Time: 1700
• Min 6 people; ITT Price: \$27.00

Group Fishing Trip
Friday, August 30
• Time: 0800
• Group of 6 people Cost: \$448;
Max 6 people; Transportation round trip: \$40

Horse Back Riding
Saturday, August 31
• Time: 0800 – 1200
• Min 8 people; ITT Price: \$26.00

Labor Day BBQ At Al Bander Resort
Sunday, September 1
• Time: 0930
• Min 10 people; ITT Price: \$33.00

For more information, call x-3531
All dates and times are subject to change

Comments & Suggestions

All are welcome to send comments or suggestions to MWR Bahrain. Please e-mail them to: MWRsuggestionBox@me.navy.mil
If you would like to receive MWR Bahrain's e-mail announcements, just send your official e-mail to the above address.

MWR NSA BAHRAIN

LABOR DAY COMMUNITY PICNIC

Sat. 31 August • 1600-1900
@ Freedom Souq Courtyard

CELEBRATE THE END OF SUMMER AND THE BEGINNING OF THE NEW SCHOOL YEAR WITH MWR!

Win Prizes for Jalapenos Eating Contest,
Mummies Wrap Contest (Couples)
Frozen Socks Contest, Hula Hoops Contest
& Dance Contest

ENJOY AN AMERICAN BBQ & REFRESHMENTS

*Open to all NSA Bahrain Military, DOD Civilians and contractors and their Family members and guest.
PLS. SHOW VALID ID IF NOT IN UNIFORM

Don't Miss!

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For more information, contact: Mario Farrulla 439-4927 or mario.farrulla@me.navy.mil

MWR Bahrain Arabian Gulf

LIBERTY
Navy Morale, Welfare and Recreation

Friday, August 23
SNAG
• Time: 1830

Saturday, August 24
Scavenger Hunt
• Time: 1930

Sunday, August 25
Sunday Sundaes
• Free Ice Cream Sundae (while supplies last)

Monday, August 26
Speed Pool
• Time: 1130; Free Pizza for players

Wednesday, August 28
Name That Tune
• Time: 1130

Sunday, September 1
Labor Day; Sunday Sundaes
• Free Ice Cream Sundae (while supplies last)

Monday, September 2
Speed Pool
• Time: 1130; Free Pizza for players

Tuesday, September 3
Quelf
• Time: 1800

Wednesday, September 4
Glow in the dark horseshoes
• Time: 1900

Thursday, September 5
Hot Mitt Bandit
• Time: 1130

For more information, call the Liberty Center at 439-3192



@NSA Bahrain