

# NSA Navy Football Team vs. Isa Army Football Team

By MC2 Derric Cushman  
Staff Writer

**NAVAL SUPPORT ACTIVITY, Bahrain** — The Naval Support Activity (NSA) Bahrain Football Team won a flag football game against the Isa Army Football Team, Dec. 15.

The NSA Bahrain team was comprised of members representing the Navy and Marine Corps., while the Isa football team was comprised of members representing the Army.

The game was played as a tribute to the Navy vs. Army college football game, which took place the day prior to the game in Bahrain.

“It’s just a good way to emulate what they do back in the states with the Army/Navy game tradition,” said Jeremy Deiter, athletics director for Morale, Welfare and Recreation (MWR) Bahrain. “It’s good to get the guys from Isa Air Base to come here and celebrate a good tradition between the Army and the Navy. We’re giving them the opportunity to let off some steam, to work out and to have some fun. This is a good way to give the people participating something tangible that gives them that connection to back home.”

The team captains only had a few days to get their players together and organize practices in preparation for the game. Through the process of preparing for the game, players were able to associate with new people, to come together and compete in trying to get a victory.

“It was good playing with people from different commands,” said Utilitiesman 2nd Class Jemol Gresham, team captain for NSA Bahrain Football Team. “Even though we are a team, some of the guys didn’t know each other previous to our practices. Everybody was still able to communicate with each other as if we had been practicing together all year, and that’s how we got the job done.”

The game finished with a final score of 34-6, closely mirroring the final score of the Army/Navy college game, which ended with a score of 34-7. Despite the game’s outcome, members of the Isa Army football team were still appreciative of the opportunity to play.

“I think it was a very clean game,” said Staff Sergeant Gary Killiebrew, team captain for the Isa Airbase Team Football Team. “It was just a good fellowship where both teams enjoyed themselves. I really liked doing this and if they asked for us to come back and play another game, I would definitely play!”



Photo by MC2 Derric Cushman

Capt. David Meron, commanding officer of NSA Bahrain, poses with the NSA Bahrain Navy Football Team, after winning by a score of 35-6 against the visiting Isa Army Football Team.



Photo by MC1 (SW) Steve Smith

Master-At-Arms 1st Class Bradley Busse, master-at-arms for the NSA Bahrain FCPOA, serves hotdogs and hamburgers to junior service members during an FCPOA-hosted free barbecue lunch.

## NSA Bahrain FCPOA Hosts Free Barbecue Lunch

By MC1 (SW) Steve Smith  
Staff Writer

**NAVAL SUPPORT ACTIVITY, Bahrain** — The Naval Support Activity (NSA) Bahrain First Class Petty Officers Assoc. (FCPOA) provided service members ranked E-5 and below with a free barbecue lunch, Dec. 11, to show support and appreciation to the junior ranking.

FCPOA members set up under the pavilion in front of the Housing office along NSA Bahrain’s main walkway, known as “the Spine,” and served hamburgers, hotdogs and cold drinks.

“This barbecue was a way for us to show our appreciation to the junior Sailors and service members in all they do for us and the commands they work for,” said Engineering Aide 1st Class Chad Hook, president of NSA Bahrain FCPOA. “We often get caught up in our daily work schedule that we forget to take a moment and acknowledge those who help us in all we do.”

The FCPOA used their own manpower and funding to organize the event, set up the food contract, attend a food handling class, and provide the charcoal, supplies and the 300 individual servings of hamburgers, hot dogs and drinks.

“This was a team effort for the FCPOA,” said Information Systems Technician 1st Class Takeem Lamberth, treasurer of the NSA Bahrain FCPOA. “Preparing for the event and providing the barbecue shows we do appreciate and care about our junior Sailors. It lets them know we are here for them and we have their backs. It also shows the FCPOA supports the command, and most importantly, each other as a mess. It’s a great feeling to come together and have little fun doing what we love to do.”

Nearly 300 service members stopped by to take advantage of the free lunch. Those over the rank of E-5 could also participate with a donation to the FCPOA.

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THESE STORIES AND MORE...

# Family Life at NSA Bahrain

## Missoula Children's Theatre in Bahrain

Story and photos by MC1 (SW) Steve Smith  
Staff Writer

**NAVAL SUPPORT ACTIVITY, Bahrain** — NSA Bahrain's Child and Youth Programs (CYP) hosted the Missoula Children's Theatre (MCT) and their production of "Blackbeard the Pirate."

MCT provides a week-long residency "starring" 40-50 local students in a full-scale musical. MCT has been touring for 39 years. Annually, MCT visits nearly 1,300 communities throughout the U.S., Canada and 16 countries. They bring scenery, costumes, props, make-up and basic lighting—everything it takes to put on a play except the cast.

Students in grades K-12 were cast and well rehearsed, learning lines, songs and choreography to perform as an ensemble in producing a full-length musical.

The primary goal of MCT is the development of life skills in children through participation in the performing arts. MCT provides a unique opportunity to learn the lessons of group dynamics while excelling as an individual, a lesson from art that carries into life.

For the past two decades, the MCT International Tour has filled an important morale-building need on U.S. military bases. Through a continued partnership and centrally managed contract with the MCT, NSA Bahrain CYP has received a grant from CNIC this year to host a week-long residency camp for eligible youth.



The Bahrain Desert **TIMES**

439-4520  
[www.cnic.navy.mil/bahrain](http://www.cnic.navy.mil/bahrain)

**Commanding Officer**  
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## Chaplain's Corner

### Latest Programming Updates



By Shaun S. Brown  
NSA Bahrain Command Chaplain

IN ADDITION TO regularly-scheduled chapel programming, holiday programming for the NSA Bahrain community is as follows:

- **24 December, Tuesday:**  
1500 Christmas Vigil Mass Isa Air Station  
2000 Christmas Vigil Mass NSA Bahrain  
2200 Christmas Music presented by the Catholic Choir, NSA Bahrain chapel  
2300 Christmas Midnight Mass

**25 December, Wednesday:**  
Noon Christmas Day Mass NSA Bahrain

**26 December, Thursday:**

Noon Mass NSA Bahrain & buffet luncheon w/ Archbishop Broglio (RSVP 439-4303, shaun.brown@me.navy.mil)

For more information please contact the base chapel at 439-4303 or email shaun.brown@me.navy.mil.

For Club Beyond information please contact Mr. John Ritchey at 439-4303 or john.ritchey@me.navy.mil.

**CREDO update:** We are pleased to announce the CREDO det., NSA Bahrain, is on island and standing up and should be in business shortly. We look forward to their retreats and programs! A warm welcome to the NSA Bahrain CREDO det.!

As always, we will do our best to provide for the religious worship opportunities of your choice. If that's not possible we will explore acceptable alternatives (e.g., Lay Leader, worship opportunities out in town). So if you or someone you know has a need not currently being met please discuss it with us.

As we approach the holidays, the NSA Bahrain chapel community and all the chaplains aboard NSA Bahrain wish you and your loved ones the very best for a happy, healthy AND SAFE season! Many thanks and blessings!

## Holiday Safety Tips

**Buy Safe Toys**

If you plan to buy toys for the kids in your life, choose age-appropriate toys and look for labels with safety advice. For young children, avoid toys with small parts, sharp edges, and electric toys that can heat up. Always purchase safety gear in addition to sports-related gifts or ride-on toys, such as bicycles or skateboards. Get additional toy safety tips from the Consumer Product Safety Commission website.

**Celebrate on a Budget**

The holidays can be expensive, but you don't have to break the bank to celebrate. Take a few minutes to decide how much you can afford to spend on gifts, travel, parties, decorations, and other holiday expenses. Once you've created a spending plan, keep track of your purchases.

Shopping online can help you stick to a budget as you'll avoid the temptation of store displays and may be able to use coupons and promotion codes. Before you buy, look for free shipping offers; check ordering deadlines to ensure that your gifts will arrive on time; and read the return policy.

**Get Through the Holiday Blues**

The holidays aren't joyous for everyone. This time of year can bring stress and feelings of loneliness. Exercise, focusing on positive relationships, and doing things that you find rewarding can help with depression. Visit the National Institute of Mental Health for tips on how to help yourself if you're depressed. Keep in mind that winter depression could be a sign of seasonal affective disorder (SAD), which is caused by the lack of sunlight. Treatment for SAD is much like other forms of depression, but may also involve light therapy.

**Be Safe with LED Lights**

Consider switching to LED (light-emitting diode) holiday lights to save energy and money. In addition to the cost savings, LED lights are much cooler than incandescent bulbs, reducing the risk of fires.

Every holiday season, fires claim lives and cost millions in damage. To prevent holiday fires in your home, use nonflammable decorations; do not overload electrical sockets; regularly water live Christmas trees; and avoid the use of lit candles. As you should do year-round, ensure that your smoke alarms are working.

**Pack for Hassle-Free Air Travel**

You can get through the airport security line faster by traveling with unwrapped gifts and following the 3-1-1 rule when carrying on liquids. You may have favorite liquid food items (like cranberry sauce and gravy) that you want to enjoy during the holidays, but it's best to put them in your checked bag or ship them ahead of time. If you're at the airport and need last-minute information about what you can and can't bring through security, use the MyTSA app or mobile website. Visit TSA.gov to learn more about flying with food or gifts.

**Keep Food Safe**

Holiday buffets are convenient ways to entertain a crowd, but leaving food out for long periods of time can invite bacteria that cause foodborne illness. To keep your holiday foods safe, cook them thoroughly, use shallow containers, never leave them sitting out for more than two hours, and keep them at the appropriate temperature. Get more food safety tips from the Food Safety and Inspection Service.

## LEGAL CORNER

LT Tanya Nikam, JAGC, USN  
Legal Assistance Attorney

The NSA Bahrain Volunteer Income Tax Assistance (VITA) Center is looking for volunteers during the upcoming tax season. You don't have to know anything about taxes, just be willing to learn! All volunteers will be trained in tax preparation and receive IRS certification.

Although the VITA Tax Center will be completely self-service this year, volunteers are necessary to answer questions for individuals completing their taxes through the Military One Source and other online tax programs. This service will not be successful without the essential support that volunteers provide. This is a great way to help out your NSA Family!

Last year VITA volunteers processed over 460 federal and state returns, which saved tax payers over \$60,000 in tax preparation fees and assisted them in receiving over \$450,000 in refunds.

All personnel (military/civilians/dependents/etc.) are eligible to volunteer. Interested individuals should contact LT Tanya Nikam at tanya.nikam@me.navy.mil or call 439-4237.

**NEW YEAR'S 2013**  
**ROCK THE BOAT**  
**CASINO NIGHT & CELEBRATION**

Cruise into 2014 with MWR's Cruise Ship & Casino Themed "Rock The Boat" 2013 Celebration!  
On Tuesday, 31 December from 1800-0100  
Located @ The Beach Club

**Events of the evening will follow:**  
1800 - Sign-in and greeting by Ship Captain. Also receive casino \$\$\$.  
1800-2030 - Casino Games (Black Jack, Texas Hold'em, Roulette, Craps)  
1800-1900 - Hors d'oeuvres to be served  
1930-2130 - Main course buffet to be served  
2359-0000 - Complimentary champagne toast, 2014 countdown, balloon drop.

**Tickets Only \$30 Solo \$50 Couple**

**Be sure to use your casino winnings to win GREAT PRIZES! Our DJ will be spinning awesome music from 2130-0030 to keep the party going!**

**\*\*Buy your tickets now! Max. 100 people**

For more information, please contact Raymond Santiago @ Raymond.Santiago@me.navy.mil or call 439-4231.

**[CHECK YOUR VISA EXPIRATION DATE]**

For more information on visas and CPR cards contact Immigration at 1785-4258.

# CPR Training – Naval Branch Health Clinic Bahrain

By LT Alessandra Ziegler

Naval Branch Health Clinic, Bahrain

## NAVAL SUPPORT ACTIVITY, Bahrain

— Nearly 383,000 sudden cardiac arrests occur out-of-hospital annually and 88% of them occur at home. This means eight times out of ten, the life you save may be that of a loved one.

Performing effective CPR immediately after sudden cardiac arrest can double or triple a victim's chance of survival! Sadly, less than 8% of cardiac arrests out-of-the-hospital survive (American Heart Association JUN 2011).

### Help us change that statistic!

Basic Life Support classes are offered at the Branch Health Clinic (Bldg 265) every 2nd and 4th Wednesday from 1300-1600 in the Clinic Conference Room (2nd deck).

We can only certify active duty service members, reservists on active duty, foreign national employees, DoD federal civilian employees, US Coast Guard, and contractors (only if they negotiated the training in their contract).

Please contact HM2 David Yang at david.yang@med.navy.mil to enroll. If you have a large group or are a dependent seeking CPR training, please contact LT Alessandra Ziegler at alessandra.ziegler@med.navy.mil.



Photo by MC1 (SW) Steve Smith

LT Alessandra Ziegler, Basic Life Support Training Instructor assigned to Naval Branch Health Clinic, Bahrain, facilitates a CPR course given to NSA Bahrain employees.

# NAVFAC EURAFSWA Publicizes 2013 Sea Sailor of the Year

By MC2 Eva-Marie Ramsaran

NAVFAC EURAFSWA Public Affairs

**NAPLES, Italy** — Naval Facilities Engineering Command (NAVFAC) Europe Africa Southwest Asia (EURAFSWA) released their selection for 2013 Sea Sailor of the Year, Dec. 4.

Construction Electrician (CE) 1st Class Fred Wright from Public Works Department (PWD) Bahrain, Kingdom of Bahrain was selected as the Sea Sailor of the Year for calendar year 2013.

"This is just another testament to the kind of Sailors that are serving out here at our public works departments in Europe, Africa and Southwest Asia," said NAVFAC EURAFSWA Command Master Chief Jamye Rainwater.

Wright is PWD Bahrain's leading petty officer, performing administrative duties outside of his rate, such as command career counselor, command training team and educational services officer for more than 49 Sailors, officer and enlisted.

"CE1 Wright is the primary on the most influential command duties PWD has," said Chief Construction Electrician Jonathan Heintz, Naval Support Activity (NSA) Bahrain Military Construction project manager. "He exemplifies the Navy core values and provides a model example for others to emulate."

He led his command in the completion of 43 enlisted evaluations, 74 career development boards, four accelerated advancements, five regular cycle advancements, two special program selections and three Blue Jacket of the Quarter/Sailor of the Quarter awards.

Wright volunteered to move back into the barracks to be a resident advisor and Sexual Assault Prevention and Response rover for NSA Bahrain. He also spent more than 120 hours organizing trips through the Single Sailor program, ensuring Sailors get the opportunity to visit historical sites and tourist areas. He regularly visits the Child Development Center to assist with the reading program and influenced other people to volunteer to participate.

"Wright is the glue that holds the command and control of three platoons together here in Bahrain," said Heintz. "His performance as a leader and mentor has been beyond reproach."

## Naval Facilities Engineering Command: The Facilities and Expeditionary Combat Systems Command

NAVFAC is the Systems Command that delivers and maintains quality, sustainable facilities, acquires and manages capabilities for the Navy's expeditionary combat forces, provides contingency engineering response, and enables energy security and environmental stewardship. Additional updates and information about NAVFAC can be found on social media sites Facebook and Flickr. Become a fan at [www.facebook.com/navfac](http://www.facebook.com/navfac), view our photostream on Flickr at <http://www.flickr.com/photos/navfac>, and read Seabee Online at <http://seabeemagazine.navylive.dodlive.mil/>.



Photo by MC1 (SW) Steve Smith

Construction Electrician 1st Class Fred Wright, assigned to Public Works Dept. Bahrain, mentors Construction Electrician Constructionman Alexander Davis about future career plans and advancement opportunities.

THE DEPARTMENT OF DEFENSE'S ARMED FORCES ENTERTAINMENT PRESENTS

## DREAM BIG TOUR

PERFORMERS: DJ RYAN, JOSH STEVEN, TJ JENNY, JESSICA

**SUNDAY, 29 DECEMBER @ 1800**  
LOCATED AT THE FREEDOM SOUQ COURTYARD

ARMEDFORCESENTERTAINMENT.COM

# Sailors and Families Track Santa

From Chief of Naval Personnel Public Affairs

**MILLINGTON, Tenn. (NNS)** — With the holidays in full swing, many Sailors are searching for ways to stay connected with their children while away on deployment. This year, families can establish a new holiday tradition by tracking Santa Claus's travels.

OPNAV N171 has partnered up with North American Aerospace Defense Command (NORAD) for its 58th annual "NORAD Tracks Santa" campaign, offering Sailors and families a fun way to stay connected this holiday season no matter where they are in the world. Through Facebook, [www.facebook.com/navstress](http://www.facebook.com/navstress), Navy Operational Stress Control will help families follow Santa's whereabouts as he embarks on his annual Christmas trip around the world.

The NavStress Facebook page will also host NORAD Tracks Santa coloring pages for families to download and enjoy at home. Navy children are encouraged to upload and email their completed coloring pages to their deployed loved ones to spread holiday joy. Completed NORAD Tracks Santa coloring pages can also be uploaded to the "Tracking Santa" photo album on the NavStress Facebook page to be shared with the entire Navy community, and maybe even Santa himself.

"Holiday traditions are important to our families," said Capt. Kurt Scott, OPNAV N171 branch head. "Maintaining them can be challenging when Sailors are deployed and away from home for months on end. I spent many holidays away from my family as a young officer, and establishing new traditions was the best way to ease the pain of separation for all of us. Engaging with 'NORAD Tracks Santa' offers a way for Sailors and their children to 'connect' and follow Santa all over the globe, so they can still feel like an active part of the family's holiday activities and create meaningful memories."

The newly redesigned "NORAD Tracks Santa" website, [www.noradsanta.org](http://www.noradsanta.org), went live Dec. 1 and features a holiday countdown, daily games and activities, videos, music and more for families to share with each other. Starting at 12:01 a.m. MST on Dec. 24, website visitors can watch Santa make preparations for his flight through the



Photo by MCSN Kris R. Lindstrom

**Santa Claus takes the helm on the bridge of the aircraft carrier USS Theodore Roosevelt (CVN 71). Morale, Welfare and Recreation is holding a number of holiday events onboard Theodore Roosevelt, including a Santa Claus tour around the ship.**

Bing maps and Cesium technology to track Santa with NORAD in 2D and 3D. Then, at 4 a.m. MST (6 a.m. EST), trackers worldwide can speak with a live phone operator to keep up with Santa's whereabouts by dialing the toll-free number 1-877-Hi-NORAD (1-877-446-6723) or by sending an email to [noradtrackssanta@outlook.com](mailto:noradtrackssanta@outlook.com).

Sailors are also encouraged to spread holiday cheer and promote cohesion throughout their commands by taking photos and videos with Santa onboard their ship or installation. Tag @NavStress to photos and videos posted on Facebook to engage with tracking Santa efforts. For inspira-

tion, see USS Carl Vinson's (CVN 70) 2012 video produced for their loved ones, available on the ship's Facebook page: <http://www.facebook.com/photo.php?v=10150346564345207>.

For more information about NORAD Tracks Santa, visit [www.noradsanta.org](http://www.noradsanta.org).

Like Navy Operational Stress Control on Facebook at [www.facebook.com/navstress](http://www.facebook.com/navstress).

For more resources to help you "Thrive during the Holidays," follow [www.navy.navstress.com](http://www.navy.navstress.com).

## IG HOTLINES

**Report Fraud, Waste, Mismanagement, Military Whistleblower  
Complaints & Improper Mental Health Referrals to one of the following:**

**CNREUAFSWA Inspector General (NSA Bahrain)**  
Telephone #: 973-1785-3138 DSN: 439-3138 E-mail: [ighotline@eu.navy.mil](mailto:ighotline@eu.navy.mil)  
Website: <http://www.cnrc.navy.mil/Europe/About/RegionalDepartments/InspectorGeneral>

**NAVCENT Inspector General**  
Telephone #: 973-1785-9897 DSN: 439-9897 Fax: 439-9116 E-mail: [ig\\_hotline@me.navy.mil](mailto:ig_hotline@me.navy.mil)

**Naval Inspector General**  
Telephone #: 202-433-6743 DSN: 288-6743 Fax: 202-433-2613 E-mail: [NAVIGHotlines@navy.mil](mailto:NAVIGHotlines@navy.mil)  
Website: <http://www.ig.navy.mil>

**United States Army Inspector General**  
Telephone #: 703-695-1500 DSN: 312-225-1500

**United States Air Force Inspector General**  
Telephone #: 202-404-5354 DSN: 734-5354

**DoD Inspector General**  
Telephone #: 703-604-8799 DSN: 312-664-8799 Website: <http://www.dodig.mil/>

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"Events such as these build morale and camaraderie between junior Sailors and their supervisors," said Master-At-Arms 2nd Class Jalic Wiley, assigned to Naval Security Force (NSF) Bahrain. "This type of event shows they care about their junior Sailors and the community's well being."

To some, the small change in routine provided a welcome break, but the gesture

proved to be much more than a free lunch.

"It is important for 1st class petty officers to be active on base," said Master-At-Arms 2nd Class William Leonard, assigned to NSF Bahrain. "It demonstrates leadership and shows they can be role models. Our junior Sailors should strive to the best they can be, and the FCPOA giving back to us shows they appreciate our effort and are lets us know we are important."

SPECIAL THANKS TO USO, AFE & NAVY ENTERTAINMENT FOR BRINGING GREAT ENTERTAINMENT TO NSA BAHRAIN

# 2013

## HR Classified Ads

**ANNOUNCEMENT: NSA-13-072**  
 Position: Family Life Specialist  
 Department: NSA Fleet & Family Support Center  
 Closing Date: 05 January 2014

**ANNOUNCEMENT: NSA-13-074**  
 Position: Housing Referral Assistant (O/A)  
 Department: NSA Housing Dept.  
 Closing Date: 05 January 2014

**ANNOUNCEMENT: NSA-13-076**  
 Position: Security Specialist  
 Department: NSA Security Dept.  
 Closing Date: 05 January 2014

**ANNOUNCEMENT: NSA-13-071**  
 Position: Social Worker  
 Department: NSA Fleet & Family Support Center  
 Closing Date: 05 January 2014

**ANNOUNCEMENT: NSA-13-075**  
 Position: Supervisory Recreation Specialist  
 Department: NSA Morale, Welfare & Recreation Dept.  
 Closing Date: 05 January 2014

**ANNOUNCEMENT: NSA-13-073**  
 Position: Supervisory Training Instructor  
 Department: NSA Fleet & Family Support Center  
 Closing Date: 05 January 2014

**ANNOUNCEMENT: NSA-13-069**  
 Position: Education Services Specialist  
 Department: Navy College, Bahrain  
 Closing Date: 06 January 2014

The mission of the Human Resources Office (HRO) is to administer Human Resources Management programs for U.S. civil servants and foreign national employees of the Naval Support Activity Bahrain. HRO provides consultative advice and guidance to various commands and activities in the following program areas: position management and classification; recruitment and staffing; labor management advisory services; Equal Employment Opportunity Program; employee development; employee relations matters; and benefit entitlements.

Questions?  
 To speak to a Human Resources Specialist, please call: 1785-4763 or DSN (318) 439-4763.

### MWR OASIS RESTAURANT

# Christmas Day

## FREE BUFFET

\*For all Military Personnel, US DoD Civilians & Family members

**Tossed Salad • Potato Salad**

**Carved Ham  
 Roast Turkey**

**Carved Roast Beef**

**Cornbread Stuffing**

**Mixed Vegetables • Mashed Potatoes**

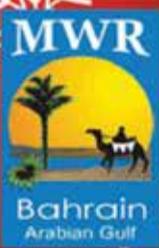
**Christmas Cake • Apple Pie**

**Assorted Soft Drinks and Iced Tea**

**25 DEC**

1100-1400 • 1700-2000  
 Guests: \$12.00

\*PLEASE SHOW VALID ID



## MOVIE COMPLEX

**REGULAR TICKETS: ADULTS: \$4.00 CHILDREN (6-12): \$2.00**

**3D TICKETS: ADULTS: \$5.00 CHILDREN (6-12): \$3.00**

Children 5 and under: FREE Admission

MOVIE SCHEDULE IS SUBJECT TO CHANGE WITHOUT PRIOR NOTICE

\*\*\*\*\* MOVIE HOTLINE: 439-6916 \*\*\*\*\*



### Horse Back Riding

Friday, January 3

- Time: 0830 – 1100
- Min 8 people; ITT Price: \$26.00

### Al Areen Wildlife Park

Saturday, January 4

- Time: 0900
- Min 10 people; ITT Price: \$11.00

### Go-Kart Racing

Wednesday, January 8

- Time: 1645
- Min 6 people; ITT Price: \$27.00

### Arabian Experience: Horse Race At Sakir & Dinner At Veranda Restaurant

Friday, January 10

- Time: 1400 – 1900
- Min 8/Max 12 people; ITT Price: \$28.00

### Cooking Demonstration Of Arabic Food & Dinner

Sunday, January 12

- Time: 1700
- Min 5/ Max 10 people; ITT Price: \$23.00

For more information, call x-3531  
 All dates and times are subject to change

## ITT

### Arabian Experience: Horse Race At Sakir & Dinner At Veranda Restaurant

Friday, December 27, 2013

- Time: 1400 – 1900
- Min 8/Max 12 people; ITT Price: \$28.00

### Al Areen Wildlife Park

Saturday, December 28

- Time: 0900
- Min 10 people; ITT Price: \$11.00

### New Year's BBQ At Al Bander Resort

Wednesday, January 1, 2014

- Time: 0900 – 1600
- Min 10 people; ITT Price: \$33.00

## Comments & Suggestions

All are welcome to send comments or suggestions to MWR Bahrain. Please e-mail them to: [MWRsuggestionBox@me.navy.mil](mailto:MWRsuggestionBox@me.navy.mil)  
 If you would like to receive MWR Bahrain's e-mail announcements, just send your official e-mail to the above address.

6 a.m. - 9 a.m. 11 a.m. - 1 p.m.

# The 106.3 HEAT



## Sunday - Thursday

~ FEATURING THE BEST DJs IN THE FLEET ~



Wednesday, December 25, 2013  
**Christmas Day!**

Thursday, December 26  
**8-Ball Pool Tournament**

Friday, December 27  
**Video Game Tournament**  
 • Time: 1300

Sunday, December 29  
**Sunday Sundaes**  
 • Free ice cream while supplies last

Monday, December 30  
**Speed Pool**  
 • Time: 1130; Free sandwiches for players while supplies last.

Tuesday, December 31  
**Holiday Blues: Last Buck Party**  
 • Time: 2000

Wednesday, January 1, 2014  
**NYD Texas Hold'em**  
 • Time: 1300

Saturday, January 4  
**Animal Shelter Trip**  
 • Time: Van leaves @ 0800

Sunday, January 5  
**Sunday Sundaes**  
 • Free Ice Cream Sundae (while supplies last)

Monday, January 6  
**Speed Pool**  
 • Time: 1130; Free sandwiches for players while supplies last.

For more information, call the Liberty Center at 439-3192



@NSA Bahrain