

## PMRF wins CNO Environmental Awards



*A22 Devon Brandenburg removes debris with the help of two students from Ke Kula Ni'ihau O Kekaha School. More than 40 Sailors and PMRF personnel teamed up with 16 students and faculty from the school to pick up trash Sept. 15.*

### **Story and photo by MC1 Jay C. Pugh**

The Pacific Missile Range Facility, Barking Sands, has once again been recognized by the Chief of Naval Operations (CNO) as one of the best installations in the Navy for environmental and cultural stewardship.

Vice Adm. William R. Burke, deputy chief of naval operations

for fleet readiness and logistics, recently announced PMRF a winner in two of the 2011 CNO Environmental Award programs: one for Natural Resources Conservation - Small Installation, and the other for Natural Resources Conservation - Team.

The "Small Installation" category recognizes excellence in facility-wide stewardship and the creation

and implementation of conservation projects and programs. The "Team" award recognizes Navy professionals responsible for implementing the multi-agency reviewed Integrated Natural Resources Management Plan (INRMP).

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**AWARD, Contd. on Page 3**

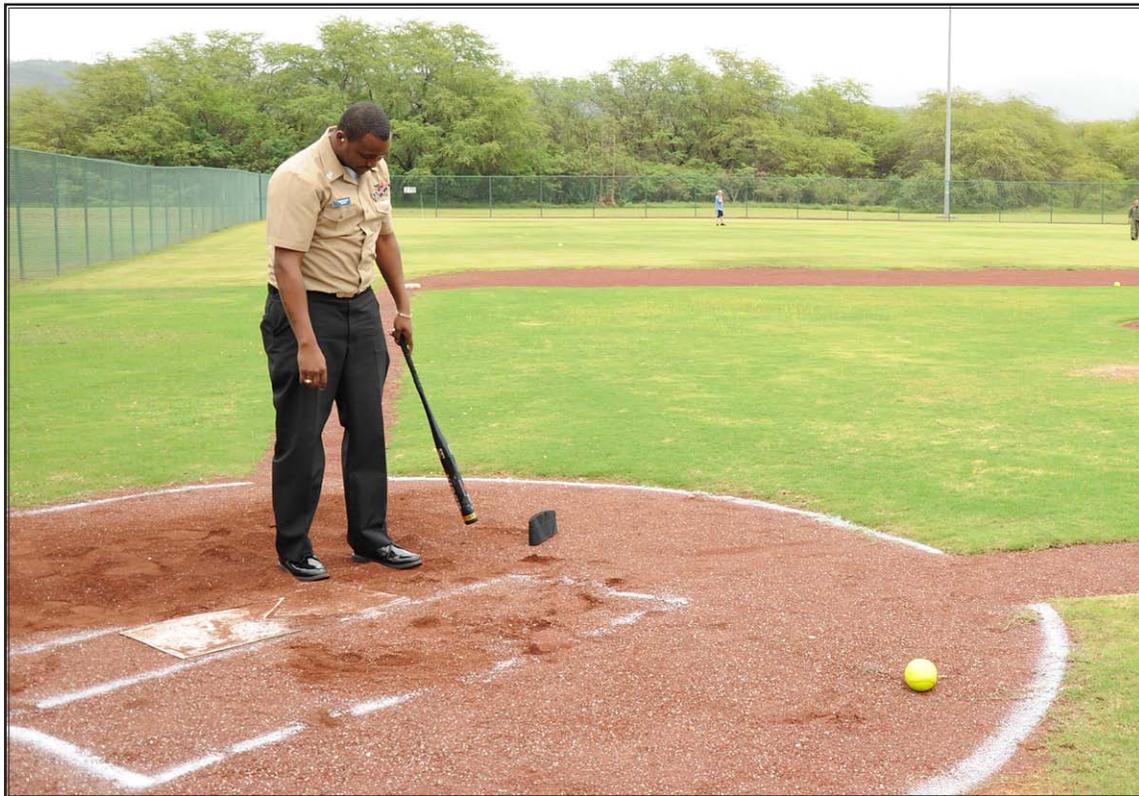
## Commanding Officer's Hot Line: Ext. 4435

You can call the Captain with your question/concern too. Dial 335-4435 any time, seven days a week! The purpose of the hotline (record-a-phone) is to provide all PMRF military members, families, civil service and contractor employees the opportunity to communicate directly with the CO. Some suggestions are:

- Safety suggestions/violations/unsafe practices, ideas to improve safety and promote safety awareness.
- Ways to improve morale, working or living conditions.
- Suggestions on how to save taxpayer dollars, cut costs, save energy, reduce labor manhours, etc.
- Security violations and/or recommendations for strengthening physical security and safeguarding classified information.
- Any positive things (events, programs, policies, benefits, etc.) that you feel are particularly good.
- Any negative things you feel should have the CO's attention.
- Suggestions for improving disaster preparedness (tsunamis, hurricanes, fires, etc.)

You need not identify yourself to leave a message, but if you would like a staffed response, please do so. If reporting a problem, please try to recommend a workable solution. Some of the questions or problems reported will be answered in the Within Range.

A good point of contact for issues involving Navy families is the PMRF Ombudsman, Jeannie Clemmo who can be reached at: Cell 635-5364 or email at [pmrfoambudsman@yahoo.com](mailto:pmrfoambudsman@yahoo.com).



U.S. Navy photo by MC1 Jay C. Pugh

***“Say it ain’t so, Mike.”***

*CS1 “Hatless Mike” Sanders reflects on the mighty wind created by his swing that sent his hat farther than the ball during MWR’s BBQ picnic held Feb. 29.*

*Within Range* is published bi-weekly by the Pacific Missile Range Facility Public Affairs Office. Questions, concerns and comments can be directed to the Editor at [tom.clements@navy.mil](mailto:tom.clements@navy.mil) or [jay.pugh@navy.mil](mailto:jay.pugh@navy.mil).

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### **AWARD, Contd. from Page 1**

In 2009, PMRF was also announced as the 2008 CNO Environmental Award winner for the Cultural Resources Management - Installation category, and in 2010 PMRF was recognized for the Natural Resources Conservation - Individual category for 2009.

The annual CNO Environmental Awards program is designed to recognize Navy ships, installations, and individuals or teams for exceptional environmental stewardship. The 2011 competition categories include: natural resources conservation, cultural resources management, environmental quality, sustainability, environmental restoration and environmental excellence in weapon system acquisition.

Other Hawaii award winners include Joint Base Pearl Harbor-Hickam for cultural resources management and Naval Supply Systems Command Fleet Logistics Center, Pearl Harbor, for environmental quality.

Capt. Nicholas Mongillo, commanding officer of PMRF, emphasized his pride in PMRF and its employees in their continued effort towards the cultural and environmental stewardship the Navy commits to Kauai.

"I am extremely proud of the PMRF team being recognized with the Natural Resources Conservation awards. With seven miles of coastline and access to millions of miles of ocean for range requirements, PMRF understands the importance of preserving this precious resource, and the need to partner with those who share that understanding. We introduce and address environmen-

tal and cultural sensitivities as well as local customs and traditions to all members of the command and continue to emphasize them routinely. We reach out to the local community as well as to include them, to understand their concerns, to listen to their recommendations, and learn from them and their traditions. To be recognized with these awards was truly a team effort and we are dedicated to the continued proactive stewardship of Barking Sands and the deep history and importance of the surrounding area," said Mongillo.

PMRF has established itself as not only the largest, fully instrumented range in the world, but as a continuing example of cooperative and constructive conservation, forging alliances and developing ongoing working relationships through a multitude of environmental and cultural programs throughout 2011.

PMRF partnered with Ke Kula Ni'ihau O Kekaha (a local native Hawaiian charter school) and The National Tropical Botanical Gardens (NTBG) to develop and maintain a living, educational display of the four major habitat types (biomes) that existed on the Mana Plain, prior to western contact, dedicated in 2010 and continues today.

Also, Sailors, civilians and contractors participated in significant beach cleanups in recognition of World Oceans Day in June 2011 and the Ocean Conservancy's International Coastal Cleanup day on Sept. 17, 2011.

Perhaps the most innovative solution to a daunting issue with both safety and environmental implications is PMRF's Laysan Albatross "Surrogate Parenting Program" that was initiated as a partnership between the U.S. Department of Agriculture, the U.S.

Fish and Wildlife Service and Kilauea Point National Wildlife Refuge (KPNWR) in 2005, and has continuously improved to the point that relocated bird and egg transfers need to be placed on private lands due to overcrowding at KPNWR.

PMRF's partnership now includes these private land owners, encouraging their efforts to build predator-proof acreage suitable for the development of new colonies far from the airfield at Barking Sands and assuring compliance with our regulatory obligations.

John Burger, PMRF's range complex sustainment support team environmental coordinator, stated, "From top to bottom, PMRF as an organization is committed to not only protect, but respect the natural and cultural resources of this installation. We could not accomplish our goals as one of the Navy's best installations as stewards of the environment without forging successful relationships through cooperative conservation with organizations and programs outside the gate. Our ultimate goal is to achieve a long lasting, pro-active educational environment that promotes stewardship of both the land and the Native Hawaiian culture. This not only benefits the natural environment and preserves cultural resources, but also demonstrates PMRF's commitment to the island's future sustainability by integrating PMRF's command into local cultural and natural resources through several cultural and environmental programs."

PMRF will be recognized along with the other awardees in a formal ceremony June 5, at the United States Navy memorial in Washington D.C.

# Hawaii training hones Stennis Strike Group readiness

Story by MC1 Jay C. Pugh

The Nimitz-class aircraft carrier USS John C. Stennis (CVN 74) and the John C. Stennis Carrier Strike Group (JCSSG) arrived at Joint Base Pearl Harbor-Hickam Feb. 17, for a planned port visit as they return home from a seven month deployment from the U.S. 5th and 7th Fleet areas of operation which includes the western Pacific and Persian Gulf.

The waters of the Hawaii Range Complex were critical to not only honing the skills of the JCSSG, but also the U.S. Navy fleet and its allies.

Ron Sakoda, Sen. Daniel Inouye's Kauai field representative and Clyde Kodani, Sen. Daniel Akaka's Kauai field representative, recently had the opportunity to visit the Sailors stationed onboard the Stennis for a tour.

"It was an experience second to none," said Sakoda. "The Sailors were very dedicated to their work and they bring our Navy to a higher level."

On their way to conduct their missions to the Middle East, the strike group conducted more than 200 hours training in Hawaii waters.

"The Hawaii Range Complex provided realistic and challenging training opportunities for our air wing," said Capt. Dale Horan, commander of Carrier Air Wing (CVW) 9, embarked aboard Stennis. "It allowed us to further hone our strike and close-air support skills and procedures, helping us to operate at a high level of effectiveness throughout deployment as we provided support to forces on the ground in Afghanistan and Iraq."

PMRF, an element of the Hawaii Range Complex, continues to be an asset for the Department of the Navy due to the range's ability to provide integrated range services in a modern, multi-threat, multi-dimensional environment, from space to the ocean floor that ensures the safe conduct and evaluation of training and test and evaluation missions.

PMRF has been the primary location for Missile Defense Agency testing since the 1990s and while these test and evaluation missions gather much of the spotlight, the critical training aspect of the U.S. and allied military forces of PMRF is often overlooked. Last year alone, PMRF supported 22,337 training hours which included 788 unit training events and 640 aircraft.

The largest training exercise held in the Hawaii waters is the biennial Rim of the Pacific (RIMPAC) multi-national event, which has been conducted since 1960. 2010's RIMPAC exercise involved approximately 20,000 Sailors, Soldiers, and Airmen from the joint services of 14 allied and partner countries. PMRF provided the opportunity to conduct live fire events. This opportunity is cited as a high priority reason for many of the countries participating since they do not have such capability at home.

"The Stennis and the Navy provides a high level of security and protection in the Pacific Area and the U.S. no matter where they go.



*The Ticonderoga-class guided-missile cruiser USS Mobile Bay (CG 53) and the Nimitz-class aircraft carrier USS John C. Stennis (CVN 74) transit the Pacific Ocean. U.S. Navy photo by MC3 Kenneth Abbate.*

They are looking forward to the next RIMPAC training event because it brings their proficiency up as a real test of their capabilities," said Sakoda.

"PMRF's location in the Hawaii is ideally situated to support training for U.S. Naval Forces transiting to the Western Pacific and Indian Ocean for deployment, as well as readiness requirements for Navy and joint forces based on Hawaii. The range has capabilities to support training in all Navy primary mission and warfare areas," said Bob Kay, PMRF's Deputy Range Operations Officer. "PMRF not only further the Navy's ability to protect and serve our nation and our allies to this intent, but also strengthen PMRF's status as a diverse and important training and test and evaluation resource for our country."

# Negotiate early for orders via CMS/ID

By MC3 Andrea Perez, Navy Personnel Command Public Affairs

Sailors must be proactive and negotiate early for permanent change of station (PCS) orders online through Career Management System Interactive Detailing (CMS/ID), Navy Personnel Command (NPC) officials said Feb. 28.

“CMS/ID is a web-based tool that enables enlisted Sailors to research and apply for jobs and communicate their career goals to career counselors and detailers,” said Rear Adm. Michael White, NPC assistant commander for Career Management. “Prospective commands can review and comment on Sailor applications, and detailers can review applications and make selections.”

Sailors can log into CMS/ID with their common access card via Navy Knowledge Online at [www.nko.navy.mil](http://www.nko.navy.mil) or visit the CMS/ID website at <https://www.cmsid.navy.mil/jass/Index.action>.

Per NAVADMIN 249/09, Sailors must have Perform to Serve (PTS) approval before negotiating orders through CMS/ID. Therefore, a Sailor’s PTS application at the 15 to 12 month point prior to their projected rotation date (PRD) is key to getting a timely PTS quota and being able to apply for jobs in CMS/ID.

The detailing window is nine-to-seven months before a Sailor’s PRD. This allows for a three-month window to negotiate for orders before a Sailor is considered to be eligible for an involuntary “needs of the Navy” assignment.

CMS/ID uses color coding to



*EM1 Frank Garcia, PMRF command career counselor, gives advice to AWF2 Stephen Carter. U.S. Navy photo by MC1 Jay C. Pugh.*

identify jobs. The majority of jobs are displayed in the green zone and are considered open requisitions. Immediate requisitions - the most critical fills that could directly degrade mission capability if unfilled - are displayed in the red zone.

All red zone billets will be filled each cycle and any Sailor in the negotiating window is considered eligible for assignment to a red zone requisition.

Detailers will identify Sailors for assignment to critical red zone requirements using the priorities below in the following order.

- Volunteers.
- Sailors available for immediate assignment. Generally, these are Sailors returning to full duty from limited duty, or Sailors whose current assignment has been curtailed for some reason.
- Sailors who are unassigned and within the “needs of the navy” window.

- Sailors within nine months of their PRD. These Sailors will be further categorized by PRD month, starting with those who have been in their negotiation window the longest. Involuntary assignments of Sailors from within this category will be made only with detailer director approval.

CMS/ID has six phases each month; the requisition load phase where available billets are uploaded into the system; a requisition scrub phase where Navy officials validate uploaded billets; an application phase where Sailors in their orders-negotiation window can review and apply for advertised assignments; a command comments phase where commands may review, rank and comment on applications to advertised billets at their command; a detailer

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**CMS/ID, Contd. on Page 6**

## **Aloha! Welcome to:**



*Welcome to ET1 Chad Morris who arrives from Little Creek, Va., and will serve in SEPTAR. Welcome to Richard Russell who arrives from Kwajalein Atoll and will serve as a general engineer. Welcome to MA2 Lizbeth Corona who arrives from Naples, Italy and will serve in Security. Welcome to ET2 Kristan Fries who arrives from the USS Enterprise, homeported in Norfolk, Va., and will serve in SEPTAR.*

## **A hui hou! Farewell to:**



*Farewell to AZ2 Devon Brandenburg who departs for Atsugi, Japan after being on board PMRF for two years. Farewell to Lt. Travis Klempan who departs the Navy after serving for 13 years, of which two years were at PMRF. Farewell to MA2 Benjamin Fisher who departs for Washington D.C. after serving 18 months on board PMRF. Farewell to AS2 Nicholas Crowley who departs the Navy after serving for six years.*

### **CIMS/ID, Contd. from Page 5**

selection phase where detailers match applicants to jobs; and a system maintenance phase.

Sailors may log into CIMS/ID anytime after the detailer selection phase to see if they have been selected for orders.

"We encourage all users to update their contact information on their User Profile, accessible from the Home menu. This provides the detailer a method to

contact a Sailor in case they have a question about the application or need more information," said White. "In some cases it can mean the difference between a Sailor receiving the orders they applied for or not."

Some factors a detailer must weigh when matching Sailors to jobs include the Sailors desires, qualifications, career progression and cost to the Navy.

White recommends Sailors

nearing their orders negotiation window speak with their chain of command and career counselor to discuss sea/shore flow and career enhancing billets before applying in CIMS/ID.

Sailors can learn more about CIMS/ID from EM1 Frank Garcia, command career counselor, at ext. 4620 or at Navy Personnel Command's CIMS/ID Web page.

## Safety Corner



# Navy Drug Testing Program expands

### From Navy Medicine Support Command Public Affairs

Navy and Marine Corps Public Health Center (NMCPHC) announced Feb. 23 that Navy Drug Screening Laboratories (NDSLs) will begin testing for additional prescription medications in May.

"The change is in response to an initiative from the chairman of the Joint Chiefs of Staff in November 2010, which recommended expansion of drug testing to include the most common prescription drugs of abuse," said Cheri Baird, deputy Navy drug testing program manager, NMCPHC.

The three NDSLs, located in Great Lakes, Jacksonville, and San Diego, are scheduled to begin testing for additional prescription medications May 1 according to a Jan. 31 DoD message.

"We have a projected implementation date [May 1] for the expansion of our drug testing panel at all DoD drug testing laboratories to include hydrocodone and hydromorphone [both semi-synthetic opioids]. Testing for prescription medications is not new for our program. We currently test for codeine, morphine, oxycodone, oxymorphone, and amphetamines. We will now add two more compounds to our panel," said Baird.

While these semi-synthetic opioids - along with codeine, morphine, oxycodone, and oxymorphone - are often prescribed to relieve pain following an injury, they are potentially highly addictive and their use outside medical supervision can place a service

member -- and their ship, squadron or unit -- at risk, according to the message.

Inappropriate prescription drug use occurs when a particular substance is used outside its intended purpose, beyond the prescription time period, in excess of the prescribed dosing regimen or when a service member uses another individual's prescribed medications.

"There were a lot of hurdles to jump in preparation - including method development, method validation, and funding. One of the final hurdles was the 90-day notification to the Forces, which occurred Jan. 31," said Baird.

The May 1 date, set to begin testing for the two additional substances, was designed to provide service members abusing prescription drugs a period to voluntarily seek medical treatment and rehabilitation for themselves on a self-referral basis, prior to the commencement of testing for these controlled substances. Department of Defense and Navy policies indicate that individuals who do not self-refer for treatment and are later identified as positive for controlled substances for which they do not have a valid prescription may be considered in violation of the Uniform Code of Military Justice for drug misuse or abuse.

NDSL Jacksonville Executive Officer Lt. Cmdr. Matt Jamerson said that the testing procedures represent yet another method the DoD is taking to ensure the health, welfare and unit cohesiveness required to



ASC Ryan Gillig prepares urine samples for shipping and testing. U.S. Navy photo by MC1 Jay C. Pugh.

ensure Sailors and other service members are maintaining the highest state of readiness.

"Vicodin, a combination of hydrocodone and acetaminophen (Tylenol), was the most prescribed medication in the United States in 2010; 131.2 million of the nearly 4 billion U.S. prescriptions in 2010 were for Vicodin," said Jamerson. "There is a perception that prescription medications are safe because they are used by physicians to treat injuries and illnesses. This is not the case when a service member uses prescription medications outside of the time period or amount directed by their physician or when they use medications that have been prescribed to another person. In doing so, they put their health and the safety of their team, equipment and mission at risk."

For more information about PMRF's drug testing policy, contact ASC Ryan Gillig at ext. 4028.

# Wish you were here - Photos from the Fleet



U.S. Navy Photo by MCCA Joe Kane

**(Above)** PACIFIC OCEAN (Feb. 27, 2012) The small boat crew aboard the amphibious assault ship USS Bonhomme Richard (LHD 6) launches a rigid-hull inflatable boat while responding to a man overboard alert that turned out to be a false alarm. The ship crossed over the international dateline earlier in the day and is en route to relieve USS Essex (LHD 2) in Sasebo, Japan. **(Below left)** EL CENTRO, Calif. (Feb. 24, 2012) Members of the U.S. Navy flight demonstration squadron, the Blue Angels, fly inches apart over the desert near El Centro, Calif., during a practice flight. **(Below right)** PACIFIC OCEAN (Feb. 28, 2012) Sailors and Marines participate in a chess tournament in the mess decks of the amphibious assault ship USS Bonhomme Richard (LHD 6).



U.S. Navy photo by MCC Russel Tafuri



U.S. Navy photo by MCCA Joe Kane