Welcome to Sasebo, Stingers!

CFAS held a Sailor of the Year banquet to honor all of our outstanding Sailors in the Sasebo area. Bravo Zulu shipmates!

Chief of Naval Personnel Vice Adm. Robert Burke speaks to Sailors during the Career Development Symposium in the CEC.

January’s Featured Photos
Showing off what we do best here at CFAS!

Chief of Naval Personnel Vice Adm. Robert Burke speaks to Sailors during the Career Development Symposium in the CEC.

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CFAS even enjoyed some snow this month!

Red Cross Opens First CFAS Branch Office
By Mass Communication Specialist 1st Class David R. Krigbaum

SASEBO, Japan (Jan. 22, 2018) The American Red Cross opened its first branch office onboard Commander, Fleet Activities Sasebo Jan. 19, 2017. The ceremony was marked with a symbolic ribbon cutting.

The new office’s primary mission is providing emergency services such as sending and receiving emergency messages or “AMCROSS messages.” Previously this service was performed by the Red Cross Iwakuni branch office.

It will also provide health and safety classes, such as CPR, life guarding and babysitting courses. It will begin a dental assistant teaching program. These courses will allow volunteers to learn new skills that in turn can be applied toward volunteering and gaining job experience.

According to Adriana Torres, American Red Cross Field Office Coordinator at Sasebo, the office will have many volunteer opportunities to help out with office clerical work and with Red Cross programs such as their disaster preparedness team, and assisting in both the veterinary and base clinics.

“We’re looking forward to working with all the new commands and personnel here,” said Torres. “We’re hoping that we can make a difference and offer family members an opportunity to volunteer, that way they have something to look forward to and learn some new things.”

The Red Cross is located in the CEC and is open Monday through Friday. For more information please contact Adriana Torres at Adriana.torres@redcross.org, 315-252-3680 (DSN) or 09560-50-3680. Red Cross Sasebo’s Facebook page can be found at facebook.com/SaseboRedCross.
Notes from CFAS

Navy Survey

The Navy recently released the Personal and Professional Choices Survey on Max.gov. 80,000 active-duty Sailors were invited to participate in the voluntary, anonymous survey.

The Personal and Professional Choices Survey addresses many issues, including retention, work-life balance, family planning, pregnancy and parenthood and medical care, and results from the survey directly impact new and existing Navy policies.

The 15-minute survey opened on 17 January 2018 and will close on 23 February 2018. If a Sailor is selected to participate, they will receive a notification email from max.gov, the survey platform, with directions on how to take the survey.

Don’t miss your opportunity to vote in upcoming primary elections! Register now and request your absentee ballots at FVAP.gov

This year the entire House of Representatives and a third of the US Senate are up for election. Don’t miss your opportunity to vote in your state’s primary election as it will determine who is on the November 2018 general election ballot. To register and request your absentee ballot, visit FVAP.gov to complete a Federal Post Card Application (FPCA).

- February 27- “Special Election”: “Arizona Congressional District 8 Special Primary Election (Maricopa County)
- March 6: Texas
- March 13 - “Special Election”: Pennsylvania-Congressional District 18 Special Election (includes parts of Green, Washington, Allegheny, and Westmoreland counties).
- March 20: Illinois
- April 8 - “Special Election”: “Arizona Congressional District 8 Special General Election (Maricopa County).
- May 6: Indiana, North Carolina, Ohio, West Virginia;
- May 15: Idaho, Nebraska, Oregon, Pennsylvania;
- May 22: Arkansas, Georgia, Kentucky, Texas.

To register and request your ballots, complete the FPCA using the online assistant (fvap.gov/military-voter/registration-ballots). You may also use the fillable PDF (fvap.gov/uploads/FVAP/Forms/fpca.pdf) or pick up a hard copy version from a Voting Assistance Officer on your installation or at the nearest U.S. Embassy or Consulates American Citizen Services Office.

Not voting in the states listed above? Find your state’s primary election dates at FVAP.gov. Select the state where you want to register to vote from the drop-down menu in the Voters Start Here box at the top left-hand side of FVAP.gov. To find your state’s election website for specific information on candidates, elections, contact information, and links to your local election offices, visit FVAP’s contact page (fvap.gov/info/contact).

**SAFETY TIPS**

- Have all electrical work done by a qualified electrician.
- When you are buying or remodeling a home, have it inspected by a qualified private inspector or in accordance with local requirements.
- Only use one heat-producing appliance (such as a coffee maker, toaster, space heater, etc.) plugged into a receptacle outlet at a time.
- Major appliances (refrigerators, dryers, washers, stoves, air conditioners, microwave ovens, etc.) should be plugged directly into a wall receptacle outlet. Extension cords and plug strips should not be used.
- Arc-fault circuit interrupters (AFCIs) shut off electricity when a dangerous condition occurs. Consider having them installed in your home.
- Use ground-fault circuit interrupters (GFCIs) to reduce the risk of shock. GFCIs shut off an electrical circuit when it becomes a shock hazard. They should be installed inside the home in bathrooms, kitchens, garages and basements. All outdoor receptacles should be GFCI protected.
- Test AFCIs and GFCIs once a month according to the manufacturer’s recommendations. You do not need a flame to start a fire. Fires can start when heat builds up near things that burn. This can happen when a hot light bulb is near things that burn, such as cloth or paper, or a cord has been placed under a carpet.
- Check electrical cords to make sure they are not running across doorways or under carpets. Extension cords are intended for temporary use. Have a qualified electrician add more receptacle outlets so you don’t have to use extension cords.
- Use a light bulb with the right number of watts. There should be a sticker that indicates the right number of watts.

**PROTECTION ASSOCIATION**

The leading information and knowledge resource on fire, electrical and related hazards

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**IMPORTANT REMINDER**

Call a qualified electrician or your landlord if you have:

- Frequent problems with blowing fuses or tripping circuit breakers
- A tingling feeling when you touch an electrical appliance
- Discolored or warm wall outlets
- A burning or rubbery smell coming from an appliance
- Flickering or dimming lights
- Sparks from an outlet

**VITA Tax Assistance**

0900-1500
Tuesday and Thursdays
Walk-Ins Only

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Please NEVER connect an unauthorized device to a ONE-NET computer via USB. Particularly, NEVER connect a USB memory stick or a mobile phone (personal or government) to the USB port of a ONE-NET computer.

Doing so results in the locking out of the account of the user, confiscation of the system for scanning and re-imaging, and potential disciplinary action. ONE-NET users unsure the authorization or approval to connect of devices are encouraged to contact a Command Information Technology Representative (ITR).

The names of ITRs in Sasebo-area Commands is located here: https://ossfp.fe.navy.mil/fareast/site/Pages/ITR%20List.aspx. For ONE-NET support, please contact the Far East Service Desk at 243-3883.

-Local Network Service Center

10 Steps to Federal Employment/01FEB18/0830/252-3372
Learn key steps to obtain federal employment!

FFSC Bean Throwing Festival Walking Tour/03FEB18/1800/252-3102
Free event to bring good luck and ward off evil! Meet Eriko-san at Nimitz Park USO and walk to Miyajidake Shrine to observe the ritual rite.

Hario Orientation/12FEB18/1300/252-8747
New to Hario Village? Join us to learn about the local community and Hario-based groups, activities, and more!

Smooth Move/22FEB18/0900/252-3372
PCSing within the next 6 months? Join us to ensure your move is as smooth as possible!

-Fleet and Family Support Center

Dear Sailors, Families, and Friends,

God bless you and your families this New Year. We welcome the Wasp families and look forward serving you and your families.

Last year was a challenging year for many of us here serving and supporting 7th Fleet. Continue to do great things and let your light shine. We look forward to continue our COMRELS and to continue to improve community relationships with the Japanese.

Religious Ministries Office has a new program called “Game Night” which will begin this Friday 2 FEB from 1800-2000 in the Fellowship Hall in the CEC. This “Game Night” will be the first Friday of every month.

It is a blessing to take care of our Sailors and Families. Continue to take care of each other and make a legacy for others to follow.

You are here for a purpose and God has your back. Blessings!

Very Respectfully,
Chaplain Johnson

If your command would like a note in the CFAS newsletter, simply give the CFAS Digital Media Center a call at 252-3204!