

# SEPT 2016

## PORTSMOUTH NAVAL SHIPYARD | FLEET & FAMILY SUPPORT CENTER PROGRAM SCHEDULE

FFSC is located in building 241. Open Monday through Friday from 0730 to 1600. Pre-registration is **required** for all classes and trainings. **CALL 207-438-1835 OR STOP BY FOR MORE INFORMATION.**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
4	5	6	7	8	9 Single Parenting In The Military 1000-1200	10
11	12 Transition-GPS, 5 Day Workshop 0730-1700 FRG Training 0900-1300 Ombudsman Appreciation 1700	13 Transition-GPS, 5 Day Workshop 0730-1700 FRG Training 0900-1300	14 Transition-GPS, 5 Day Workshop 0730-1700 Domestic Violence Prevention & Reporting 0900-1300	15 Trans.-GPS, 5 Day Wkshp 0730-1700 SAPR Unaccompanied Housing TRA 0900-1000 Preparing Your Children for Deployment 1300-1500 Welcome Aboard 1100-1200 IA Family Deployment Readiness 1130-1300	16 Transition-GPS, 5 Day Workshop 0730-1700 15 Starting Your Own Business 1700-1800 New Spouse Orientation 1800-1900	17
18	19	20 SAPR Continuing Education/ Victim Advocates 0800-1600 Access to Higher Education 0800-1600	21 Ombudsman Basic Training 0900-1500	22 CAPSTONE 0900-1100 Ombudsman Basic Training 0900-1500	23 Ombudsman Basic Training 0900-1500	24
25	26 SAPR Leadership Training 0800-1600	27 Stress Management 0800-0900	28 DV Prevention & Reporting GMT 1300-1400 Financial Legal Issues 1400-1530	29 EFMP 101 1000-1200 New Spouse Orientation 1300-1400 IA Family Readiness 1600-1730	30 Suicide Prevention 1300-1400	