

CREDO CNRMA FY 17 CALENDAR



All retreats are FREE (including meals and rooms) and are open to the following in order of priority: **Active Duty, Immediate Family Members, and Reservists & Guard personnel** (active/drilling status).

For more information or to register please call:

CREDO Norfolk at 757-444-7666

CREDO Groton at 860-694-1144

Retreat registration opens 60 days prior to an event and closes five (5) days prior to start date. Register early!

Marriage Enrichment Retreat (MER)

04-06 Nov	Hampton Roads	Norfolk	Marriage Enrichment Retreats (MER) - MERs focus on deepening married couple's commitment and self-understanding of each other while ensuring space for individual couple time. MERs help enrich marriages and are not a substitute for marital or individual counseling. Topics that are addressed include communication, personality type preferences (MBTI®), intimacy, forgiveness, and conflict resolution. Couples are responsible for arranging their own childcare.
05-07 Nov*	Massachusetts	Groton	
06-08 Jan	Hampton Roads	Norfolk	
20-22 Jan	New Hampshire	Groton	
18-20 Mar*	Great Lakes	Groton	
17-19 Mar	Hampton Roads	Norfolk	
31-02 Mar	Connecticut	Groton	
06-08 May*	New Jersey	Groton	
19-21 May	Hampton Roads	Norfolk	
03-05 Jun*	Great Lakes	Groton	
23-25 Jun	Connecticut	Groton	
05-07 Aug*	New Jersey	Groton	
25-27 Aug	Hampton Roads	Norfolk	
08-10 Sep	Connecticut	Groton	
15-17 Sep	Connecticut	Groton	
22-24 Sep	Hampton Roads	Norfolk	
21-23 Oct*	New Hampshire	Groton	

Personal Resilience Retreat (PRR)

10-12 Feb	Hampton Roads	Norfolk	Personal Resilience Retreat (PRR) - PRRs are a proven opportunity for self-reflection, development, and spiritual viewpoints on life issues. This retreat is not designed to fix or diagnose problems; rather it is an opportunity for participants to find personal growth in a supportive community.
17-19 Feb	New Hampshire	Groton	
03-05 Mar	Hampton Roads	Norfolk	
22-24 Apr*	Pennsylvania	Groton	
28-30 Apr	Hampton Roads	Norfolk	
09-11 Jun	Hampton Roads	Norfolk	
11-13 Aug	Hampton Roads	Norfolk	

Family Enrichment Retreat (FER)

20-22 Jan	Hampton Roads	Norfolk	Family Enrichment Retreat (FER) – An interactive retreat for families to rest and play and strengthen their relationships. Children must be at least eight years of age, and single parent families are very welcome.
31-02 Mar	Hampton Roads	Norfolk	
14-16 Jul	Massachusetts	Groton	
21-23 Jul	Hampton Roads	Norfolk	
11-13 Aug	Massachusetts	Groton	
08-10 Sep	Hampton Roads	Norfolk	

* **Retreat runs from Saturday through Monday, please request Monday vice Friday as permissive TAD.**

CREDO is a resiliency program of the U.S. Navy Chaplain Corps

Chaplain’s Religious Enrichment Development Operation (CREDO) programs and personnel are operationally focused, family supportive, and flexible in the provision of ministry to Fleet, Fighter & Family. CREDO Mid-Atlantic’s efforts are designed to meet these service demands by 1) maximizing operational impact, 2) offering standard retreat and training programs, and 3) clarifying responsibilities. Retreats are strictly voluntary and are held during weekends. CREDO retreats and workshops enhance the Navy Chaplain Corps’ goal of developing spiritually fit sea warriors and families.

Attire for Retreats & Workshops

CREDO strives to provide a relaxed training environment that is conducive to personal introspection and learning without attention to rank structure. For this reason, the uniform of the day for CREDO retreats and workshops is **civilian attire** that is in keeping with good order and discipline.