April is Sexual Assault Awareness & Prevention Month

April is recognized as Sexual Assault Awareness and Prevention Month (SAAPM) across the country by both civilian and military communities.

Given that the military is about 85% male, one would expect that reporting would be higher for men. Nonetheless, about 38% of female victims reported sexual assault occurring during military service in FY14, whereas only about 10% of male victims made a similar report.

Despite the cultural changes within the military community, fear of retaliation and perceived stigma continue to impact reporting of sexual assault.

In an effort to combat underreporting of sexual assault, DOD has introduced male-specific Safe Help Room sessions and follow-up support for male victims.

They are also implementing the DoD Retaliation Prevention and Response Strategy. This will provide tools for Commanders, supervisors, first responders, and peers to prevent and respond to retaliation against those who report.

Protecting Our People Protects Our Mission

Our 2017 theme, “Protecting Our People Protects Our Mission” shares a message which relates to how we care for each other while also ensuring that the mission is accomplished. Each Service member, regardless of grade, must encourage behaviors that foster a climate of dignity and respect, and in doing so, help ensure our readiness.

The Sexual Assault Prevention and Response (SAPR) program is here to provide information, assistance and reporting options for victims of sexual assault. If you have any questions about sexual assault, or would like more information, please contact your local Sexual Assault Response Coordinator at 518-852-0506 or the SAPR Victim Advocate at 518-231-SAPR (7277).
Help us SAVE

There has NOT been a lot of response to our survey, so we’re not really sure that many people actually read the Saratoga Sailor. As such, we are considering discontinuing publication.

Help us help you by taking this FOUR question anonymous survey!

Your answers will help us improve, and maybe save the Saratoga Sailor!

Thank you!

CLICK HERE TO TAKE THE SURVEY

Summer Equipment Reservations
It's almost time...reserve your summer equipment rentals! Beginning 01 April, call MWR to make reservations for campers, fishing boats, kayaks, canoes, sailboats, bounce houses, pavilions, grills, etc. We have what you need to make your summer memorable!

Paintball at the CRC
Reservations for Paintball start 01 April as well! A minimum of four participants is required. The field is available Monday-Friday, 0900-1500 and Saturday 1000-1300. For more info, please call 518-885-5138.

Softball Captain's Meeting
Wednesday, 05 April at 1430 at the MWR Community Recreation Center. It's almost that time of year...Softball Season is just around the corner! Start gathering your team members.

Children's Spring Fest
Friday, 07 April, 1700-1900 at the YMCA of Wilton. Mark your calendar for the Children's Spring Fest! Enjoy crafts, bounce-houses, face painting, balloon sculpting, a magician, an egg hunt, refreshments and so much more! For more information, please call either MWR location. Event is for military ID card holders.

Whitewater Rafting at Hudson River Gorge
Enjoy rafting 17 miles of class 3-4 whitewater, through a remote and beautiful section of the Adirondacks, at Hudson River Gorge in Warrensburg, NY. Includes: riverside lunch, hearty dinner, and all necessary equipment. Each raft holds 6-8 people with a New York State licensed guide. Excursions are Sunday, Tuesday, Thursday or Saturday from 09 APR through 07 OCT. All sales are final. Purchase vouchers at either MWR which are good through the end of the 2017 season. Excursions leave at 0830 with an estimated return of 1630. Cost is $73.00 per person.

New York Yankees vs. Boston Red Sox Game
Thursday, 08 June, at Yankee Stadium. Bus departs the CRC at 1400 and will return at about 0300. We will have a few hours in New York around Yankee Stadium before the game. Ticket price is $50.00 per person and includes transportation and ticket in section 424. RSVP by 08 May. Please book early, quantities limited. No refunds.
WHAT IS NPSHVP?

The New Parent Support Home Visitation Program (NPSHVP) provides supportive services to military families who are expecting and/or have children three and under. Eligible families are given the assistance they may need to help manage the demands of parenting young children.

In the program, moms and dads are eligible to participate in a voluntary home visitation program, free of charge. During home visits, information about parenting skills, developmental behaviors and infant care, breastfeeding and community resources may be shared.

NPSHVP was developed to assist military families in ways that friends and family would if you were back home. This program supports and encourages parents by building on their strengths. It reduces the stress of being a parent and emphasizes the joys.

The program provides tools, information and support for parents to cope with the unique issues of raising children in a military family.

New Parent Support Home Visitation Program can help you
- cope with stress
- manage the additional physical and emotional demands of parenting due to separation and deployment of the Service Member
- nurture children to promote growth and development
- answer questions about the everyday challenges of parenthood
- locate local services and resources that can help parents with young children

Enrolling in NPSHVP is easy! Contact Wendy C. at Fleet & Family Support Center, NSA Saratoga Springs – 518-886-0200 x148.
April is Month of the Military Child and the Child Youth Programs wants to recognize the successes our youth have achieved. THANK YOU to all our military children at NSA Saratoga Springs for sharing your military parent with us. To celebrate, the CYP office will be hosting several events throughout the month of April with your military child as the honoree!

2017 Month of the Military Child events:

- **Tuesday, 04 April from 6-8pm.** FREE bicycle helmets offered by Cornell Cooperative Extension’s Occupant Protection Program to all military children to promote safety. Child must be present to receive helmet. Walk-ins welcome, reservations suggested through CYP.

- **Friday, 14 April.** Saratoga Children’s Museum will be offering FREE admission from 1-4:30pm. What a great way to kick-off spring break! **Reservations needed through the CYP office.**

- **Tuesday, 18 April at 10am.** FREE movie for all military families at Bow Tie Cinemas in Wilton mall. **Reservations needed through the CYP office.**

- **Friday, 21 April from 3:30-6pm,** Earth Day at the MWR playground. Children will have time outside to play, the opportunity to plant an annual flower to take home, and enjoy make-your-own sundaes! Planting materials and flowers donated by the community. **No reservation needed. Just come join us for the fun!**

We look forward to seeing everyone at the events to celebrate Month of the Military Child... **because all military children are awesome!**

And, don’t forget the MWR Spring Holiday Party is Friday, 07 April at the Wilton YMCA, from 5-7pm. Spring has sprung and with any luck, the snow will be close to gone for an egg hunt outside!

**Navy School Liaison Officer in full force!** – Be on the lookout for your School Liaison Officer at various school events around the area. Lots of helpful information for transitions, tutoring and more! I look forward to introducing myself at your children’s schools.

**Reminders...**

- **Ballston Spa School District:**
  - School closed for Spring Recess 14-21 April
  - Contact Annelise Kavanaugh at 602-0256 for a registration packet for BSSD.

- **Saratoga School District:**
  - School closed for Spring Recess 14-21 April
  - Contact Valerie Elsawi at 583-4789 for a registration packet for SSSD.

**Looking forward...**

- Provider Appreciation is celebrated annually the Friday before Mother’s Day. This year NSA will recognize our CDH Providers on Friday, 12 May with a small token of thanks. Don’t forget to show your appreciation for your childcare provider!
- Looking forward to a warm summer night? Summer Fest is right around the corner...
By partnering together, the Navy Housing Service Center and Balfour Beatty work to improve the housing experience of military families and single service members in Privatized Housing.

**NAVY HOUSING SERVICE CENTER**

**NSA Saratoga Springs Navy Housing Service Center** (HSC) is co-located with the housing Privatized Partner, Balfour Beatty Communities (BBC), at 26 Quiet Harbor Road.

The Navy HSC offices are located on the **left** side of the building as you enter the front door with a staff of three Federal Government employees available to provide assistance to all military ID card holders searching for housing when arriving into the area or when PCS’in to a follow-on assignment.

Your Navy Housing staff will assist with:

- Referral services- housing leads for safe, affordable and suitable housing for both community and Balfour Beatty housing
- Property inspections to ensure housing meets safety requirements
- Lease documents necessary to establish a rental lease
- Lease reviews for added protection
- Mediations or Issue Resolutions when conflicts arise between landlords, tenants and roommates
- Process housing applications; determine housing qualifications for service members and their families and referral to the BBC
- Act as your Housing Advocate for community and Privatized BBC Housing

**BALFOUR BEATTY**

The **Balfour Beatty Communities** is co-located with the NSA Saratoga Springs Housing Service Center (HSC) at 26 Quiet Harbor Road.

The BBC offices are located on the **right** side of the building as you enter the front door with an office staff of three employees and a staff of three maintenance professionals who see to every part of managing the property.

**Balfour Beatty** manages the 200 housing units located at NSA Saratoga Springs. These units were built in the early 1980’s and managed by the Navy until 2004, when housing was privatized. The 200 housing units were then turned over to BBC to operate and manage them. Balfour Beatty will assist with:

- Maintaining the 200 housing units in compliance with CNIC health and safety standards
- Creating a community which fosters a healthy lifestyle for military families and single service members
- Providing an easy, smooth transition into your new home
- Ensuring units meet housing needs.
- Providing a clean and safe neighborhood to raise a family

**DID YOU KNOW?**