

# WINGSPAN

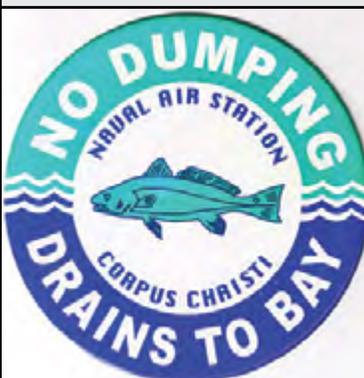
Vol. 20, No. 8

Naval Air Station Corpus Christi, Texas

April 17, 2014



**Passover - April 15-22**  
**Easter - April 20**



**NO DUMPING**  
NAVAL AIR STATION  
**DRAINS TO BAY**

**Protect the Bays**  
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**Get on Road to Better Health**

**Get on Road to Better Health**  
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**Pro Rodeo**  
Arrr You Ready?

**Military Appreciation Night - April 24**  
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## NASCC Emergency Team embraces baby they delivered

Story and photos by Rod Hafemeister

The doctor had said Helen Kenworthy should wait until she had two hours of contractions before heading to the hospital.

“My first one, I was in labor for 14 hours,” she said.

But this time the baby had other ideas – he didn’t want to wait.

On March 22, the Naval Air Station Corpus Christi Fire and Emergency Services crews were conducting shift change when they were dispatched to the Kenworthy home on base with an “obstetric emergency.”

Firefighter/EMTs Michael Melgar and Glenn Helwig found Helen with a baby coming out.

“They walked in the door and it was going on,” said Brandon Kenworthy, a maritime enforcement officer with the U.S. Coast Guard.

“I just got out of their way and told them I’d get anything they needed.”

Close behind Melgar and Helwig was Firefighter/EMT Jeff Frawley.

*Baby continued on page 10*



Brandon and Helen Kenworthy with sons William and baby Chase and their gifts from the NASCC Fire and Emergency Services. An F&ES team delivered Chase at the Kenworthy’s home on base on March 22.

## Washing cars for the Navy-Marine Corps Relief Society



(left) Student pilots with Marine Aviation Training Support Group 22 wash a truck on April 2 as part of the annual Active Duty Fund Drive for the Navy-Marine Corps Relief Society. (right) Marine Corps Capt. Anthony Navarrette tells a TV reporter how,

when he was a young enlisted Marine, NMCRS gave him a loan to take his family home for his sister’s funeral. The car wash raised \$450; the fund drive continues through the end of April.

*More NMCRS on page 4*

*Photos by Rod Hafemeister*

## Skipper's Column

by Capt. Dave Edgecomb



Edgecomb

It's time for our annual Earth Day base-wide cleanup and we're looking for volunteers to help.

But we are moving the date slightly.

Officially, Earth Day is April 22, a Tuesday. And for a variety of reasons, it's not

an ideal day for stopping many operations and doing a sweep of the base.

So we're moving the date to Friday, May 2.

We're also moving the location for starting and finishing. If you've participated in the past, you'll recall we organized and set out from the pavilion on Sunfish Beach.

This year, our base of operations will be outside the USO, Building 3. There we'll organize into teams with assigned areas of responsibility.

Public Works' Environmental Division will supply water, gloves, safety vests, garbage bags and grabbers.

You should have closed-toe shoes and we recommend a hat and sunscreen.

We'll start at 7:30 a.m. and expect to finish about 11 a.m., with lunch supplied at the end.

If you want to volunteer, you can call Public Works at 961-3776 – or simply show up at 7:30 a.m. and we'll find you a team.

So why do we stop for part of a day and

walk the Air Station picking up trash and debris?

First of all, it's a requirement.

We have a permit to discharge storm water into the bay, and as part of that permit, the Environmental Protection Agency and the Texas Commission on Environmental Quality require us to have a stormwater pollution prevention plan that includes cleanups to prevent trash from going down the storm sewers.

Even without that requirement, it's a good idea to keep the base clean. With the kind of winds we have in the Coastal Bend, trash can become a projectile.

And of course, we need to keep trash off the airfield to prevent FOD – foreign object damage – to the aircraft.

So please come out on May 2 and give us a hand cleaning up the Air Station.

## Time to Clean Up

## Wingspan

NAS Corpus Christi

*"Exceeding Expectations Through Pride In Performance"*

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*Please call (361) 961-2674 for deadline information.*

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## Chaplain's Message

by Lt. Cmdr. Stephen Warne, Chaplain

Throughout my career, I have often encountered distraught service members preparing for deployment or some other difficult mission.

Often these distressed souls have sought solace in my office with hopes that I could somehow produce a letter or make a phone call that would change their fate.

As I would seek to understand the situation and provide pastoral care, I would eventually get to one important question, "Why did you join?"

Too often, the response would be, "I only joined for the educational benefits" or "I didn't really think that my rate deployed."

Although there are life situations that deserve special consideration, the majority of the cases did not get a pass. The reality that many people needed to face was one of following through on their commitment.

Growing up, I can remember the firm hand shake agreements and the "my word is my bond" commitments that genuinely meant something.

Today, we as a society look for legal loop-

holes to absolve contracts, enter agreements with a fingers-crossed mentality, and have no intention of seeing a job through to completion. There is a breakdown in core values and I fear that few people actually understand things like sacrifice, dedication, a solid work ethic, and commitment.

I'll give you a common example to illustrate my point: I receive requests almost weekly inquiring about marriage. I only end up performing three to four a year.

In general, people are looking for something easy and quick. One of my requirements is for the couple to complete premarital counseling.

Ultimately, there is one question that every couple must answer before I will perform their wedding. I inform them of this question early in our meetings and even give them the correct answer (which is YES).

I ask: "Are you 100 percent confident that you will spend the rest of your lives together?"

You see, this question assumes commitment – something not easily comprehended in today's society.

## Commitment Issues?

I realize that there are difficult situations that are often out of one spouse's control, but if we assume that this will be the reality, then we have resigned to a failed marriage from day one.

Unfortunately, the common response I hear when couples are considering a divorce is more like, "My spouse no longer makes me happy, and I deserve to be happy."

Where is the commitment in that?

I'm asking each one of you to take a hard look in the mirror. Evaluate your level of commitment, as well as other core values such as honor, dedication, and loyalty.

Decide for yourself the caliber of person you will be and stay committed to being that person.



Warne

## Editor's Corner

by Rod Hafemeister



Hafemeister

This year marks the 50th anniversary of the Civil Rights Act of 1964.

President Lyndon Baines Johnson signed it into law on July 2, 1964, enacting what his predecessor, John F. Kennedy had called for in June,

1963: legislation "giving all Americans the right to be served in facilities which are open to the public—hotels, restaurants, theaters, retail stores, and similar establishments," as well as "greater protection for the right to vote."

As I wrote last year in my look back at JFK's assassination, I'm not sure he would have ever been able to push through the law the way LBJ did.

I think it took someone from a former slave state, and a master manipulator of the legislative process, to pull it off.

(Similar to the "Nixon goes to China" meme – look it up if you don't understand it.)

Earlier this month, the LBJ Library in

## 50 Years of Change

Austin hosted a Civil Rights Summit that featured addresses by four of the five living presidents: Jimmy Carter, Bill Clinton, George W. Bush and Barack Obama.

(The elder Bush, George H. W. Bush, has been dealing with health issues and makes few public appearances now. I doubt he would have missed the summit otherwise.)

I haven't read all the speeches and papers, but I haven't heard or read anything that makes me change my mind about LBJ being key to getting the act passed.

But it has had me thinking about how much has changed in my lifetime.

*Editor continued on page 11*

## Worship Services

### CATHOLIC WORSHIP SERVICE

Base Catholic Chapel  
Daily Mass Wed-Fri: 11:30 a.m.  
Sunday Mass: 9 a.m.  
Religious Education: Sunday - 10:00 a.m.

### PROTESTANT WORSHIP SERVICE

Base Protestant Chapel  
Sunday Service: 10:00 a.m.

### JEWISH WORSHIP SERVICE

Temple Beth El (4402 Saratoga Blvd.)  
Friday at 7:30 p.m.  
(with dinner to follow)  
For further information call  
Temple Beth El at 857-8181

### ISLAMIC WORSHIP SERVICE

Islamic Society of South Texas  
(7341 McArdle Rd.)  
Jumah Service – 1:30 p.m.  
For other worship service times, call 992-8550

# Happy Birthday, Navy Chiefs



Chief Petty Officers on NASCC gathered April 1 at Naval Health Clinic Corpus Christi to celebrate 121 years of the United States Navy CPO and the honored mess traditions and heritage. Chief Hospital Corpsman Orlando Widow and Chief Electronics Technician Shaun Whiteside hoisted the colors on the clinic's upper tarmac in front of a formation of CPOs led by Naval Air Station Corpus Christi Command Master Chief Rick Mathis and NHCCC Command Senior Chief Mike Richardson. Following morning colors, Mathis and Whiteside, senior and youngest, used a CPO cutlass to slice the traditional birthday cake.

*Photos by Bill W. Love, NHCCC PAO*





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# COURAGE, SACRIFICE AND THANK YOU!




## Navy-Marine Corps Relief Society honors volunteers

by Crystal Guerra, NMCRS Volunteer

Volunteers are the backbone of the Navy-Marine Corps Relief Society and local volunteers were recognized at an appreciation luncheon April 10 as part of National Volunteer Week.

Melissa Bradley, Chair of Volunteers for the South Texas NMCRS office, opened the ceremony by thanking all for their dedication and services.

About 94 percent of the NMCRS workforce is made up of volunteers, including caseworkers, financial counselors, thrift shop volunteers and those helping with programs like Budget for Baby.

Cari Lingle and Kaitlyn Kano, two caseworkers who stood out in the society, were recognized for their hard work and admirable dedication with the Presidential Certificate of Commendation.

"I volunteer with the society because I love the work I do with our Sailors and Marines," Lingle said.

"It is always nice to know that someone is appreciating the effort that I put forth. Everyone at the society is very appreciative of the work that volunteers do, and will go out of their way to say 'thank you' in many different ways."

Bradley, who is a volunteer herself, has worked and volunteered in a total of five offices. Recommended by a friend, she applied for the Relief Services Assistant



Volunteers with the South Texas office of the Navy-Marine Corps Relief Society were honored at an April 10 luncheon.

Photo by Rod Hafemeister

(RSA) position in the Yokosuka, Japan, NMCRS office.

"Working alongside the devoted and compassionate volunteers in that office was inspiring," she said.

"I quickly realized that the sense of accomplishment and satisfaction I was feeling at the end of a day spent assisting those service-members was so much more gratifying than any day spent in the corporate financial world where I had worked in the past."

The Navy-Marine Corps Relief Society is a private, non-profit, volunteer and charitable organization whose mission is to provide financial, educational and other assistance to Sailors, Marines, their families and retired

personnel when in need.

"It's incredible to hear how many volunteers have spent months and years volunteering countless hours with the society" said Jessica Schneckenburger, an NMCRS caseworker.

"It's great to have an organization that celebrates and honors its volunteers' hard work and dedication."

Several volunteers explained how rewarding it is to dedicate their time to the society. With the constant relocation, NMCRS volunteers will be able to continue their work in any Navy or Marine Corps base.

"My favorite part of being part of the society is when I get to a new location and go into the local office; I feel welcomed and

appreciated immediately," Bradley said.

NMCRS is always looking for more volunteers. If interested in joining or knowing more information about the Navy-Marine Corps Relief Society, you can visit [nmcrs.org](http://nmcrs.org) or visit the facebook page [www.facebook.com/nmcrscc](http://www.facebook.com/nmcrscc).

NMCRS offices are located in the Naval Health Clinic 10651 E. St, on the fifth deck.

You can contact the office at (361) 961-3482, DSN 861-3482.

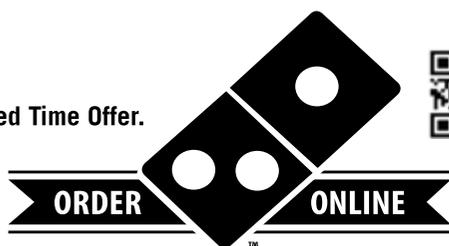
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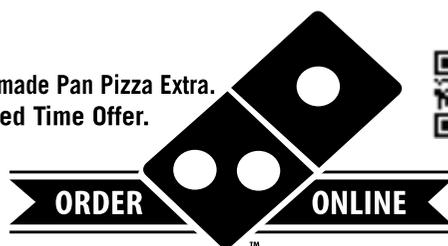
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## MATSG-22 sergeants get incentive flights in T-34



(left) Marine Corps Sgt. Richard Ybarra and Sgt. Amber Zaragoza, staff members from the Marine Aviation Training Squadron Group 22, are given flight equipment familiarization by Christian Hassard in preparation to fly in a T-34 Turbo-Mentor as part of the MATSG-22 program for outstanding command performance. (right)



Marine Corps Capt. Curtis Ruebeck, an instructor pilot for VT-28, center, gives final instructions before the flight to Ybarra and Zaragoza. These flights are awarded for staff members' outstanding service and support during their tours of duty aboard Naval Air Station Corpus Christi. *Photos by Richard Stewart, CNATRA PA*



Memorial Day  
Monday, May 26, 2014  
1:00 p.m.

We will be adding to last year's Memorial Day DVD honoring our local heroes. Bring photos of friends, family, group military, and enlisted men and women who have served past and present.

Bring photos or email to:  
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## Winging — April 11



Winging officials, from left: Capt. Bob Paulison, USCG (ret), Vice Chair- Port Industries, Executive Director USO, Corpus Christi Chamber of Commerce; Lt. Cmdr. Stephen Warne, Chaplain; Cmdr. R. Scott Kramarik, Commanding Officer, VT-35; Cmdr. Todd Copeland, Commanding Officer, VT-31; Cmdr. Matthew Foster, Executive Officer, VT-31; Col. David Krebs, USMC, Commanding Officer, MATSG-22; Cmdr. Brian Hamling, Chief Staff Officer, Training Air Wing Four.

Wingees, in alphabetical order: Ensign Eric James Bowers; Lt. j.g. Andrew Carl Constantino; Ensign Kevin Allen Costenbader; Ensign Aaron Zachary DeWitt; Ensign Robert C Flinn; 1st Lt. Zachary Lamar Gibson, USMC; Ensign Brok Mackenzie Greenawalt; 1st Lt. Matthew Paul Hammons, USMC; Lt. j.g. Joshua Allen Henderson; 1st Lt. Steven Jon Holter, USMC; Ensign Ryan James Kim; 1st Lt. Michael Kenna Landis, USMC; Lt. j.g. Justin Patrick Lefere; 1st Lt. Nicholas Patrick Lloyd, USMC; Lt. j.g. Bradley Clayton Low; Lt. j.g. Daniel Fulton Mahaffey; 1st Lt. Jeffery Aaron Mallinger, USMC; 1st Lt. Brandon Wilhelm Penner, USMC; 1st Lt. Benjamin Michael Price, USMC; 1st Lt. Taylor Dayne Robertson, USMC; Lt. j.g. Corey Ryan Roth; Ensign Brenner T. Schap; 1st Lt. James M Sisson II, USMC; 1st Lt. Patrick William Tagan, USMC; 1st Lt. Manuel Antonio Torres Jr., USMC; 1st Lt. Marques A. Williams, USMC; Ensign David Lynn White II.

*Photo by Hugh Lieck Event Photography*

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## Get on the Road to Better Health

by Dr. Samuel Rivera, NHCCC Wellness Center & Health Promotions

Your heart beats about 100,000 times a day, sending 2,000 gallons of blood through your body every day?

The size of your fist, it pumps blood through 60,000 miles of blood vessels feeding your organs and tissues. Keeping your heart healthy should be your number one priority.

According to the National Heart, Lung, and Blood Institute, 500,000 Americans die yearly of heart disease; approximately half are women.

Harmful behaviors such as tobacco use, eating things high in fats and salts, maintaining an unhealthy weight and a sedentary lifestyle will definitely place your heart at risk for a heart attack and or a stroke.

These behaviors will jeopardize the pumping action of your heart, overall health status and your quality of life.

As with so many diseases, there are also risk factors that cannot be controlled.

In this case, those risk factors are age, sex, and heredity. The risk gradually increases with age; however, the younger generation is not invulnerable.

Advanced age is a powerful predictor of increased risk of heart attacks or strokes.

There are differences between the sexes. Before reaching menopause, women have a much lower death rate from coronary attack than men.

Women's risk rises sharply after menopause, probably because of hormonal changes, but it still remains lower than men's in the same age group.

The final risk over which one has no control is heredity.

Some families have a higher than normal genetic risk of heart attack and stroke.

African Americans and Hispanics are more likely than Caucasians to have high blood pressure, diabetes and they tend to have strokes earlier in life and with more severe results.

If you've inherited higher risks, it's even more important to reduce those risks you can control.

The good news is that you can reduce your risk for heart attacks and strokes by following five simple steps.

### **Stop using tobacco products.**

Tobacco use is the number one preventable cause of serious illness such as heart disease, stroke, lung cancer, and emphysema; when you stop, your blood pressure and heart rate drops to normal, blood circulation improves, and lung

function increases up to 30 percent.

### **Be physically active.**

Physical activity builds endurance, controls stress and blood pressure, reduces high cholesterol levels, supports weight control and reduces your risk of developing diabetes.

### **Balance your nutritional eating habits.**

Foods high in saturated fat and cholesterol contribute to atherosclerosis, a primary cause of heart attack and stroke, and too much salt can cause high blood pressure.

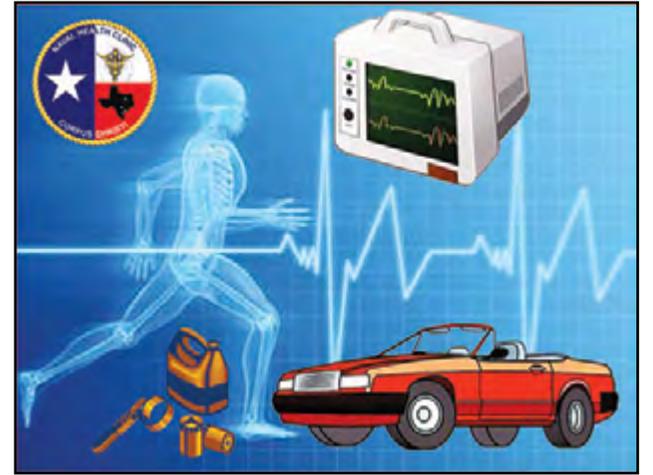
Balanced nutrition supports healthy weight, reduces high cholesterol levels and supports your immune system.

### **Maintain a healthy weight.**

A healthy weight reduces the risks factors associated with diabetes, high blood pressure, high cholesterol, stroke, congestive heart failure, gallbladder disease, arthritis, breathing problems, and cancers of the breast and colon.

### **Have regular checkups.**

Have your medical provider identify your major risk factors that can place your heart health at risk such as tobacco and alcohol use, elevated cholesterol or blood pressure, excess weight and diabetes.



**Your vehicle's performance relies on routine preventive maintenance. Skip recommended oil changes and pay the costs. Likewise, your wellbeing depends on regular medical screenings & laboratory studies. Neglect them and suffer the consequences. NHCCC encourages you to get on the road to better health - schedule a complete check-up with your provider today!**

The Wellness Clinic offers monthly healthy lifestyle classes such as Tobacco Cessation, Preventing Heart Disease, Basic Nutrition, Cholesterol Control, Dealing with Stress and Managing Your Blood Pressure that can assist you in acquiring and or maintain a healthy heart.

For more information call the Wellness Clinic at (361) 961-3190.

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## NHCCC Awards - April 3



Capt. Jimmy A. Bradley presents the Navy and Marine Corps Achievement Medal to Hospital Corpsman 3rd Class Justin Thibodeaux for serving as general duty corpsman, Medical Home Port, Naval Health Clinic Corpus Christi from March 2012 to April 2014. Thibodeaux was praised for skillfully supporting five providers in the care of 7,500 patients and performing 80 medical procedures with flawless results. He conducted 200 inspections and trained 50 sailors on proper infection control procedures, yielding a 95 percent competency rate, exceeding Joint Commission standards. Sought out for his expertise, Thibodeaux performed 75 pulmonary function tests, saving the command \$10,000 in referral costs.

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Hospital Corpsman 3rd Class Mark Macabugao, pharmacy technician, alongside his wife and son as Lt. John Dischert, pharmacist and officiating officer, presents a certificate of appreciation following Macabugao's reenlistment ceremony in the Medical Home Port lobby.

*Photos by Bill W. Love, NHCCC PAO*

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# Buc Days Rodeo Military Night

from Buc Days PRCA Rodeo Committee

Get your boots and cowboy hat ready for a wild ride!

The Buc Days PRCA Rodeo kicks off with Military Appreciation Night on April 24 at the American Bank Center.

This year's military event is set to be our biggest tribute yet. Rodeo fans will be treated to some of the biggest names in each event from roping to bull riding. Cowboys compete for cash prizes; \$13,500 per event is the reason Buc Days Rodeo is ranked in the top 40 Rodeos in the Nation.

As a special treat for Military Night, we have incorporated our brave men and women into more events spanning the entire program.

Some of our locally stationed military members will be greeting patrons as they arrive for the Rodeo and handing out flags. Take this opportunity to thank them for their service. And service members from each branch will be in the spot light from the stands to the dirt.

Throughout the event, enjoy watching military dependents compete in the adorable, Mutton Bustin', sheep riding competition.

And then watch the calves in the calf scramble, scrambled by teams from the Marines, Navy, and Coast Guard. This will be the first annual Command Calf Scramble Challenge. The winners take home an engraved plaque and Braggin' Rights of Calf Scramble Champion.

The event is sure to be a highlight of the evening.

The NASCC Color Guard will be presenting the Flag and the Veteran's Honor Guard of Corpus Christi will be presenting each service branch flag. And the Patriot Guard Riders will be in attendance and post flags.

The National Anthem Singer for the evening is Air Force veteran Steven King of Corpus Christi. He won the honor by participating in the National Anthem Sing-Off Contest held in March. King served 12 years, including a tour in Iraq.

Come enjoy an incredible show, salute our military, and cheer on your favorite team for the Command Scramble and all the kiddos in the mutton bustin.

See you at the Rodeo!

Military Night at the Buc Days Pro Rodeo

American Bank Center Arena  
Thursday, April 24, 2014, 7:30p.m.

Military discounted tickets are available at ITT in aboard NAS Corpus Christi and NAS Kingsville.

On Military Appreciation Night (4/24) Military, active and retired with Military ID, receive a special "DAY OF" price of only \$4 per ticket for best seat in the house. Get tickets with your ID at the box offices at the American Bank Center only.

Information: [www.bucdays.com](http://www.bucdays.com)



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### Baby continued from page 1

Frawley was the only one who had been through this before; he delivered a baby while stationed at Fort Hood in 2003.

"His head was out and he was coming. I grabbed for him; he was a slippery little sucker," Frawley said.

In minutes, Chase Kenworthy was born.

Soon after, mother and baby were on their way to the hospital in a city ambulance.

Most calls, the EMTs are working to save a life or deal with someone's injuries.

This time, they brought a life into the

world.

"In my whole career, this is the first time it's happened," said Fire Chief John Morris.

On April 15, the Fire and Emergency Services team formally inducted little Chase and his family into "the Fire Department Family" and made Chase an Honorary Member of the Fire Department – with Fire Department logos on a onesie for him and a shirt for 3-year-old brother William.

"He's going to have a story to tell for the rest of his life," Helen Kenworthy said.



The Kenworthy family with, from left, Firefighter/EMTs Jeff Frawley, Michael Melgar and Glenn Helwig.

## Transition GPS – Career Tracks

by Corcynthia Williams, FFSC

By now all uniformed service commands and transitioning active duty service members have heard of and are aware of the requirements of the DOD's Transition-Goals, Plans, Success (T-GPS) Program.

DOD instructions direct that all service members will comply with certain Career Readiness Standards (CRS) before leaving active duty.

CRS requirements include mandatory attendance of a new, five-day Transition-GPS workshop; the preparation of a professional resume; and the completion of a post-service budget.

In addition to the T-GPS workshops, service members are also being offered Career Track workshops, two-day workshops to help service members become career-ready civilians.

Three Career Tracks are available: Accessing Higher Education; Career Technical Training, and Entrepreneurship.

The Accessing Higher Education Track guides the service member through the process of determining a career path, selecting a degree program, comparing accredited colleges, examining funding options including the GI BILL and the Free Application for Federal Student Aid (FAFSA), and completing a college application package.

Service members attending the class will gain invaluable, timely information on choosing a college, on conducting strategic searches for scholarship and financial aid opportunities, and on applying for admissions.

The Career Technical Training Track

guides the service member who is interested in a trade or technical field that may require a license or certificate.

The program will offer guidance on choosing the right career and, determining what additional training may be needed. Further information is provided on finding the right institution to complete training and funding opportunities.

The Entrepreneurship Track provides valuable information to those individuals who are considering starting a business after military service.

This Track, facilitated by the Small Business Administration, will assist service members with creating a feasibility analysis that will serve as the basis for future business planning efforts and help in the development of an action plan needed to launch a new and successful venture.

The Department of Defense is actively encouraging transitioning service members to attend one or all three of the optional Career Tracks.

It is important to note that spouses of service members are encouraged and welcomed to attend any and all of the T-GPS related workshops.

For more information on the Transition GPS program or to schedule a workshop, call your Fleet and Family Service Center (FFSC) at 361 961-2372 (DSN: 861).

FFSC is located on the fifth deck of Naval Health Clinic Corpus Christi.

Programs and services are provided Monday through Friday, 7:30 am – 4:00 pm.



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**Editor continued from page 2**

I'm a Baby Boomer, born in 1950. Growing up, I had very little contact with people of different ethnicities – and never gave it much thought.

The only “Negroes” or “colored people” – those were the polite terms at the time – that I knew about were folks in the news, or in sports.

By the time I started school, we had moved to a rural area; small towns and farms. My Dad grew up hunting and fishing and his ideal was open space. I don't think “white flight” from urban Milwaukee was ever a motivating factor to him, but we ended up living in a very white area.

In fact, during that time, Dad was the service manager for one of the largest auto dealerships in the Milwaukee area. And when his assistant manager was called to active duty, Dad looked around the shop – and hired the first black assistant service manager in the area.

It was years later that I learned just how controversial that was in the close-knit world of auto dealerships.

But I almost never interacted with anyone non-white.

Heck, my high school had a single Hispanic kid – no African Americans, no Native Americans, no Asian Americans – just us descendants of European extraction.

The racial tensions of the '60s were something I watched on television; they never came home.

Going to college changed that some; on a campus with 40,000 students, a significant number were non-white.

But even then, we weren't often in the same circles. I was a science major, and for whatever reason, that was still largely white students.

It wasn't until I enlisted in the Army that I was really exposed to the wide range of cultures that make up the United States.

I met Black soldiers, Hispanic soldiers, Jewish soldiers, Samoan soldiers – and quickly figured out that the real measure of someone was how well they did or did not do the job.

When I got to a Ranger battalion, I saw another side – the difficulties of fighting perceptions. Some of the soldiers at Fort Lewis referred to us as the “all white battalion” – an exaggeration, but not without some merit.

We had a fairly tough swim test you had to pass to join. And for a lot of different reasons, many Black kids growing up in cities never learned to swim.

It took a deliberate recruiting effort that included swim training to diversify the battalion – but it was well worth it. Some of the best NCOs I've ever known joined the battalion through that effort.

Much like America has changed over the past 50 years, I realize I've changed too. I'm a lot better at looking at people for who they are, not what they are.

No, we haven't fixed all our civil rights problems.

But looking back, we certainly have come a long way in my lifetime.

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# Eggstravaganza 2014



The 2014 Spring Eggstravaganza descended on Naval Air Station Corpus Christi April 12, including pony rides, a petting zoo, tug-of-war and other games, inflatable playhouses and, of course, the egg hunts.

*Photos by Laurie Garcia,  
MWR PAO*



# Sailors Support Special Olympics



Cmdr. Matthew Foster, executive officer for VT- 31 and Lt. Jason Freese salute during the performance of the National Anthem at the South Texas Special Olympics April 5.



Chief of Naval Air Training Rear Adm. Roy Kelley leads the Corpus Christi All Stars at the South Texas Special Olympics opening ceremonies April 5. More than 400 hundred athletes participated in the games.



Capt. Jimmy A. Bradley, commanding officer of Naval Health Clinic Corpus Christi, (front), his family, and Command Senior Chief Mike Richardson pose with parents and athletes from the Odem Independent School District during the opening ceremonies of the South Texas Special Olympics (STSO) at Cabaness Field Stadium. More than 400 athletes turned out for the annual event. STSO serves more than 1,200 children and adults with intellectual and physical disabilities in 15 counties, giving them continuing opportunities to develop physical fitness, demonstrate courage, experience joy and participate in the sharing of gifts, skills and friendship with their families, other Special Olympics athletes and the community.



Cmdr. Scott Kramarik, VT-35 commanding officer, poses with the Tuloso-Midway ISD



Mary Reynolds from Training Air Wing Four receives a plaque for Volunteer of the Year during the awards presentation



Cmdr. Jason Wood, VT-35 executive officer, shares some thoughts with the Corpus Christi Sharks before the opening ceremonies.

Photos by Richard Stewart, CNATRA PA

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## CNATRA Awards - April 1



Capt. Scott Jones, chief of staff for Chief, Naval Air Training, presents awards April 1. (top) Lt. Cmdr. Timothy Kray receives Meritorious Service Medal. (middle) Yeoman First Class Sandra Miller receives good conduct award. (bottom) Culinary Specialist Second Class Kiara Mahoney receives letter of commendation.

CNATRA continued on page 15



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CNATRA continued from page 14



(top) Lt. Liam Mulcahy receives letter of appreciation. (middle) Jamie Smith receives certificate of appreciation. (bottom) Mario Tijerina receives certificate of appreciation.  
 Photos by Richard Stewart, CNATRA PA

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(361) 884-2272 or email [diana@interconnect.net](mailto:diana@interconnect.net)



To receive an information packet:  
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### 2014 Upcoming Training

May 6th, 8th, 13th, 15th, 20th, 22nd 9:00am to 1:00pm  
May 6th, 8th, 13th, 15th, 20th, 22nd 5:30pm to 9:30pm

Last year we served over 400 children in our Nueces, Aransas and San Pat counties. However .... there were 900 children in Foster Care who needed a CASA.

Our CASA program offers a 24 hour class room training and on-going continuing education classes at no cost to our volunteers. CASA of the Coastal Bend provides them with all the essential materials needed for class room training as well as a full meal. Our volunteer utilize the office as their own and may come in anytime to use the computer, fax, print, make phone calls to include long distance calls when children are placed in other cities. Last year our CASA volunteers drove over 70,000 miles for their CASA kids, and at the federal rate of .565 per mile that equals \$39,560 in donated mileage. Our volunteers also gave their CASA kids 7785 hours of their time which equaled \$155,700 in kind hours at \$20.00 / hr. Unlike all other parties who are involved in the child's life, the CASA volunteer does not get paid at all for his/her services nor does he/she get mileage reimbursement.

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## What's Happening by Tina Konwerski

**It's Finally here! The Buc Days PRCA Rodeo kick off is finally here. The Rodeo runs April 24 -27, 2014.** Opening Night, Thursday the 27th, starts with Military Appreciation Night. Show Times are 7:30 PM on Thursday thru Saturday and a Sunday Matinee at 2:00 PM. Tickets available at ITT aboard NASCC and NASKingsville as well as ticketmaster.com. The Buc Days Carnival Begins Thursday April 24th and runs thru May 4th. The Buc Days Illuminated Night Parade will be on Saturday May 3, 2014. We would like to Thank the Communities of South Texas for your support. The Buc Days Mission of providing family fun entertainment while raising scholarship funds for South Texas Youth would not be possible without each of you. For the whole schedule of events, check out [www.bucdays.com](http://www.bucdays.com). See you there!

First Baptist School is hosting a **Preschool/Prekinder/Kinder Round-up** on Friday, April 25th at 6:30pm. This Open House spotlights the 2 yr. old through kindergarten classes. Please drop by to visit classroom, meet the teachers, and get information packets. 3115 Ocean Dr. CC, TX 884-8931 [fbscorpus.org](http://fbscorpus.org)

**The Cruise Your Ride to Ingleside Car Show on Saturday, April 26.** Plus a **Dog Show** with fun categories for your pet to enter; best costume, dog that looks like owner, ugliest dog, best dog, and best tricks. Winnie dog race registration from 12:00 p.m. to 2:00 p.m. for all entries. Vendors and live entertainment. Admission to watch the band and look at the cars is FREE. FMI contact Carmel at 361-776-2906 or you can e-mail her at [ingchamber1@cableone.net](mailto:ingchamber1@cableone.net)

You are invited to **JOIN us and HELP Send a Youth to Work on Houses This Summer - Mid-May Benefit Trade Fair and Bake Sale -May 17th 9 am - 3 pm**, Garden Center, 2740 Mustang Drive, Ingleside TX. Door Prizes \* Silent Auction \* Jewelry \* Crafts \* Art & Crafts \* Children's Books \* Lots of interesting Merchandise and activities \* Etc. Proceeds benefit the UMARMY teens who will work on the homes of poor, elderly and disabled individuals this July. FMI Contact: Martha Habluetzel 361-790-6192 [grandma\\_hobo@yahoo.com](mailto:grandma_hobo@yahoo.com)

Your Non Profit organization's **FUND RAISING Event** listed in **What's Happening** with our compliments. Submit the info at least three weeks in advance to [coastalbendevents@gmail.com](mailto:coastalbendevents@gmail.com) Type as you would like to see it in print. Will appear on a space available basis.

Corpus Christi Parks & Recreation's **Summer 2014 Youth Basketball League - Registration runs April 7-May 4 - Register Online!**

Girls and boys ages 6 to 17 (as of June 1, 2014) are eligible to participate in this league. The nine-game season will run from June 2 through the week of July 10, 2014. Registration fee is \$65.00 per person. Late registration fee, during April 28-May 1, 2014, is \$80.00 per person. Twenty-five scholarships are available for qualifying participants.

**REGISTRATION** will be offered as follows:  
A) **WEEKDAYS** Monday-Friday, April 7-25, 2014 from 9am-4pm at City Hall (1201 Leopard Street), 3rd floor, Parks & Recreation Department; and B) **WEEKEND** on Saturdays, April 12 & 19, 2014 from 12:30pm-4:30pm at the Corpus Christi Gym (3202 Cabaniss Parkway). C) **ONLINE REGISTRATION** will be offered to customers for 24-hour convenience April 7-25, 2014—simply go to [www.ccparkandrec.com](http://www.ccparkandrec.com) (click 'Online Registration'). D) **NIGHT REGISTRATION** will be offered on Wednesdays, April 9 and 16 from 5pm-7pm at the Corpus Christi Gym. E) **LATE REGISTRATION** will be offered April 28-May 4, 2014 from 9:30am-4pm at City Hall, 3rd floor, Parks & Recreation Department or online at [www.ccparkandrec.com](http://www.ccparkandrec.com) (click 'Online Registration'). The late registration

See Happening, Next Page



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**Happening, from Previous Page** \_\_\_\_\_

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Participants will obtain a full understanding and importance of the basketball rules and the concept of teamwork. While this program provides structure and knowledge of the sport of basketball, it also promotes positive attitudes and the importance of adapting a lifestyle with recreational activities.

For more information, please contact the Athletics Office at 361-826-3478 or visit [www.ccparkandrec.com](http://www.ccparkandrec.com) (click 'Sports').

The Coastal Bend Companion Bird Club & Rescue Mission will be hosting its Spring Bird Mart on Saturday May 10<sup>th</sup> from 9AM to 5PM at the Al Amin Center, 2001 Sunside Rd, Corpus Christi, TX 78409. Admission \$3.00 (FREE ADMISSION for Active Duty Military and their spouse and children.)

CORPUS CHRISTI PARKS & RECREATION TO OFFER ITS Latchkey Summer 2014 Camps Program = First Opportunity to Register is on May 10 at Corpus Christi Gym - Finding a summer camp that is right for your child, your schedule, and your budget can be a challenge. Let the Corpus Christi Parks & Recreation's Latchkey Summer Camp be your answer. We offer a fun and enriching summer camp program featuring a variety of activities such as swimming, tennis, arts and crafts, guest speakers and field trips for children ages 5-13.

The Latchkey Summer Camps provide your child with the opportunity to develop character, learn valuable life skills, make new friends and discover new interests. The program is licensed by the Texas Department of Family and Protective Services. Our energetic and creative staff is trained in child development and age appropriate activities. Everyone is certified in CPR and First Aid. All qualifying sites will be provided with lunch and snacks through a grant with the Texas Department of Agriculture. Parents may request reasonable accommodations for their child with disabilities by contacting Isabel Huerta at 361-826-3488.

For Camp Sites, Hours and Fees call 361-826-3499.

Submit your 26th Annual HummerBird T-Shirt Design This is a chance to have your artwork seen by thousands. Enter your artwork for the 2014 HummerBird Celebration T-Shirt Design. For art requirements, Hummer Species and Plant Species for the Shirts Artwork or FMI contact: Sandy at the Rockport-Fulton Chamber of Commerce: 729-6445 or email [tourism@1rockport.org](mailto:tourism@1rockport.org). The deadline for getting your entry to the Chamber office is May 1, 2014. FMI on the HummerBird Celebration visit: [www.rockport-fulton.org](http://www.rockport-fulton.org)

Your Non Profit organization's FUND RAISING Event listed here with our compliments. Submit the info at least three weeks in advance [coastalbendevents@gmail.com](mailto:coastalbendevents@gmail.com) Type exactly as you would like to see it in print. NOT ALL CAPS please. No flyers or pdfs. We will copy and paste the info you submit.

Explore the Corpus Christi Museum of Science & History, 1900 N Chaparral St, Corpus Christi Cross Streets: Between N Mesquite St/E Port Ave and N Chaparral St (361) 826 4667 2014 Summer Science Camps and so much more ... FMI [www.ccmuseum.com](http://www.ccmuseum.com) Hour: Tues - Sat 10 a.m. to 5 p.m., Sun NOON to 6 p.m. - CLOSED on Mondays

In our own backyard for us to enjoy Padre Island National Seashore (U.S. National Park Service) has remained an undeveloped wilderness. Visiting the park is very much like traveling back into the past. For much more information please go to [www.nps.gov/pals](http://www.nps.gov/pals)

Visit KING RANCH, Kingsville, TX ... Guided Nature Tours, including special programs for bird-watchers and Daily Ranch Tours where your journey begins at the historic Santa Gertrudis Creek where Captain King first camped in 1852. FMI [www.king-ranch.com](http://www.king-ranch.com)

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## Keep Storm Drains Clean; Keep Bays Clean

Article and photos from NASCC Environmental

Clean water is a gift from generation to generation, neighbor to neighbor.

Pass it on.

Naval Air Station Corpus Christi has bodies of water on three sides – Corpus Christi Bay, Oso Bay, and the Laguna Madre.

When rainwater flows over our roads, driveways and parking lots, it goes into storm drains, taking along dirt, debris, chemicals and other pollutants directly into these surrounding waters.

The Environmental Protection Agency (EPA) and the Texas Commission on Environmental Quality (TCEQ) have authorized NASCC to discharge stormwater runoff to the Bay, provided we implement stormwater pollution prevention plans, educate our personnel, and sample and analyze the outflow to ensure that the pollutants are always under control.

But sampling and analysis only tells us what we are dumping into the Bay.

The key to ensuring that pollutants do not contaminate the local waters is preventing

them going down the storm drains in the first place.

Next time you are walking past a storm drain, look down – you'll probably see one of our "No Dumping - Drains to Bay" decals, our way of reminding people that whatever goes onto our roads, driveways, and parking lots ultimately ends up in Corpus Christi Bay.

Here are some rules to help keep our bays clean:

- Do not park over a storm drain; leaked fluid will enter the storm sewer directly.
- Do not block storm inlets.
- Do not store items near storm drain.
- Take your car to the carwash instead of washing it in the driveway. Do not wash mops, floor mats, rugs or greasy tools in the driveway.

If you see a missing "No Dumping Sign" at any of our storm drains or see any one pouring anything into a storm drain, please contact NASCC Environmental immediately at 961-3776 or Public Works at 961-2211.



(top) Storing chemicals and other things near a storm drain creates a risk of them washing down the drain and out to the bay. (Bottom) When a vehicle parks over a storm drain, any leaks or drips of oil and other fluids have a direct path to the bay. Protect our bays; keep storm drains clear.

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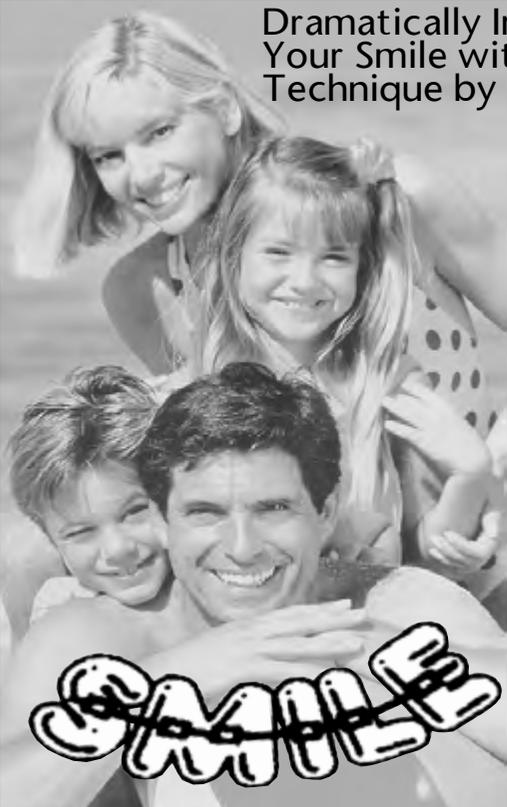
  
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## Happy Birthday, USO



MATSG-22 CO Col. David Krebs and NASCC Skipper Capt. Dave Edgecomb help USO South Texas President Nancy Allen cut a birthday cake April 2 celebrating the 73rd anniversary its creation. South Texas is the second oldest USO, formed by President Franklin D. Roosevelt in April 1941. *Photo by Rod Hafemeister*



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# NHCCC Corpsmen run in Texas Independence Day Relay



Runners from Naval Health Clinic Corpus Christi participated in the 2014 Texas Independence Relay composed of 40 relay legs of various lengths, totaling over 200 miles. The course began in Gonzales, where the spark of the Texas Revolution was ignited, and it finished at the San Jacinto Monument, where Texas Independence was won. The eight-person team took off at 10 a.m. on March 29, and finished on March 30 at 5 p.m. From left, HM2 Jeric Martin, team captain; HN Seth Walter; HM3 Christopher Gregg; Jacqueline Trenez, TRICARE; HM2 Mark Dotson; HM2 Justin Foster; HM1 Erickson Salonga; and HN Ryan Phillips. *Courtesy photo*



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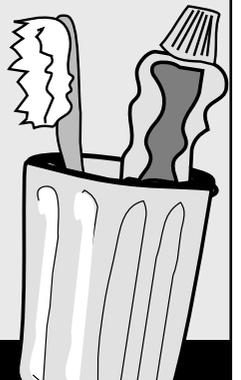
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Flea treatment	\$10

*Our weight limit on dogs is 30lbs. Vaccines, tests and microchips are only done at the time of surgery and are not offered as separate services at this time.*

- As we receive funding we will have special event days where all surgeries will be a reduced price, so please check back often!
- Owned and stray cats must be friendly and arrive in secure carriers. Only one cat per carrier.
- \*Gulf Coast Humane Society sponsors a clinic day each month by giving out vouchers that reduce the cost of spay/neuter surgery and a Rabies vaccines to \$10. Please call them at 225-0845 to inquire.
- \*\*Feral cats must come to clinics in traps. The package includes spay/neuter surgery, ear tip, microchip, and Rabies vaccine.
- We have been awarded a grant from Petsmart Charities to do targeted spay/neuter surgeries with a Rabies vaccine for a \$5 fee on free roaming (indoor/outdoor pets, stray or feral) cats for the 78404 zip code.
- We currently have traps to loan for those of you wanting to spay/neuter neighborhood cats! There is no fee, but we do require a \$50 refundable deposit!



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## Coyotes on NASCC

by Lt. Cmdr. Troy Frazee, Public Works

Many people have reported seeing what appears to be a wild dog of some sort wandering around the base.

This is in fact a coyote; there are some on board the Air Station, if you know where to look.

The coyote is a medium-sized member of the dog family that includes wolves and foxes. With its pointed ears, slender muzzle, and drooping bushy tail, the coyote often resembles a German shepherd or collie.

Coyotes are usually a grayish brown with reddish tinges behind the ears and around the face, but coloration can vary from a silver-gray to black. The tail usually has a black tip.

Most adults weigh between 25-35 lbs. A few big ones weigh in the 42-43 lbs. range.

Eyes are a striking yellow, with large dark pupils, rather than brown like many dogs.

Many people believe that urban coyotes primarily eat garbage and pets. Although coyotes are predators, they are also opportunistic and shift their diets to take advantage of the most available prey.

Coyotes are generally scavengers and predators of small prey, but can shift to large prey occasionally.



The most common food items eaten by coyotes were small rodents (42 percent), fruit (23 percent), deer (22 percent), and rabbit (18 percent).

Apparently the majority of coyotes do not, rely on pets or garbage for their diets.

The coyotes on board NASCC are not a threat or a danger to the tenants; in fact they are beneficial to the base as they help control the rabbit and small rodent populations.

The coyotes are shy and are not aggressive toward humans unless deliberately threatened.

Please do not attempt to approach one if you see one on base.

Please call Public Works and we will assess the situation and respond appropriately.

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**It's Finally here! The Buc Days PRCA Rodeo** kick off is finally here. The Rodeo runs April 24 -27, 2014. Opening Night, Thursday the 27th, starts with Military Appreciation Night. Show Times are 7:30 PM on Thursday thru Saturday and a Sunday Matinee at 2:00 PM. Tickets available at ITT aboard NASCC and NASKingsville as well as ticketmaster.com. The Buc Days Carnival Begins Thursday April 24th and runs thru May 4th. The Buc Days Illuminated Night Parade will be on Saturday May 3, 2014. We would like to Thank the Communities of South Texas for your support. The Buc Days Mission of providing family fun entertainment while raising scholarship funds for South Texas Youth would not be possible without each of you. For the whole schedule of events, check out [www.bucdays.com](http://www.bucdays.com). See you there!

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