



Flying K

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in school zones.
Drive carefully!**

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Naval Air Station Kingsville, Texas

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August 24, 2012

South Texas clinics 'fight the bite' to help prevent mosquito-borne illnesses

By Bill Love
NHCCC Public Affairs

Public Health Services (PHS) at Naval Health Clinic Corpus Christi (NHCCC) Aug. 7, described on-base monitoring of West Nile virus (WNV) and recommendations for reducing mosquito bites.

"Our 'Fight the Bite' approach to the prevention of mosquito-borne illnesses begins with a vigilant surveillance program conducted by our staff in Preventive Medicine (PREVMED). This basic surveillance consists of trapping mosquitoes around the base in order to identify the number, species, and gender of the local mosquito population," said Dr. M. Rony Francois, NHCCC director, PHS and public health emergency officer.

Although the Texas Department of State Health Services reports a higher than usual number of human West Nile virus cases in Texas this year due to the warm winter and recent rains, PREVMED is proactively performing year-round inspections on-base.

"Mosquito surveillance serves as a sentinel for human disease, because if you are finding West Nile virus in the mosquito population during trapping, guess what, it's just a matter of time before it shows up in humans," added Francois.

PREVMED maintains traps located throughout family housing and at the nearby Childhood Development Center, and one of its representatives described the process.

"We've had a lot of complaints about mosquitoes this summer because they like the humidity and the heat," said HM3 (FMF) Taylor Boynton, while he mixed a batch of stagnant pond water with grass and dried rabbit food.



HM3 Taylor Boynton, a preventive medicine representative at the NAS Corpus Christi Naval Health Clinic, collects pond water for mosquito traps located in the pond near base family housing on station. Clinic preventive medicine staff members monitor the on-base mosquito population year-round, focusing on the summer months when the insects are more abundant and there is an increased chance of acquiring mosquito-borne illnesses. The Texas Department of State Health Services reports a higher than usual number of human West Nile virus cases in Texas this year due to the warm winter and recent rains. (Photo by Bill W. Love, Navy Health Clinic Corpus Christi)

After pouring the mixture into rubberized tubs outfitted with fan-powered traps, mosquitoes attracted to their new environment are captured when they are sucked up into the net covering.

When summer began in June, on-base residents had to contend with swarms of mosquitoes.

"I think our high point was 76 mosquitoes in one trap about a month ago," said Boynton. "When we find 20 mosquitoes in a trap that is extremely high."

NAS Kingsville Branch Health Clinic's preventive medicine personnel also conduct testing on board the air station.

"We currently have three mosquito traps that we set up in various locations around the air station," said HM1(SW) Jordan Saffell-Randolph. "One goes to the horse stables and the other two rotate to different locations around base like the gym, softball field, barracks are common areas."

Saffell-Randolph added that Clinic corpsmen set the traps twice a week, allowing ample time to send out the specimens and receive the results on a timely basis.

"So far," Saffell-Randolph explained, "since we haven't received any major rain lately we haven't been catching more than a handful of female mosquito's (the ones that

bite) – but we've caught a lot of male mosquitoes."

At NAS Corpus Christi, once the insects are trapped and collected, Boynton says that a brief stint in the freezer immobilizes them for further study under the microscope. The team then sorts out all of the males and gathers the females for supplementary analysis by the veterinarian.

"Our team works closely with Army Capt. Crystal Lindaberry, officer in charge, NAS Corpus Christi Veterinary Services. She facilitates the provision of additional testing on appropriate specimens in San Antonio," said Francois.

"The other important aspect of our preventive strategy is to educate every family about useful precautions that help to reduce the risk of mosquito bites," he added.

Best advice? When you're outdoors, use insect repellent containing an EPA-registered active ingredient, and be sure to follow the directions on the package.

Many mosquitoes are most active at dusk and

dawn. Be sure to use insect repellent and wear long sleeves and pants at these times or consider staying indoors during these hours.

Make sure you have good screens on your windows and doors to keep mosquitoes out.

Get rid of mosquito breeding sites by emptying standing water from flower pots, buckets and barrels. Change the water in pet dishes and replace the water in bird baths weekly.

Drill holes in tire swings so water drains

see Mosquito on page 10

CDC teachers retire

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visit NAS Kingsville**

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civilians recognized**

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**West Nile Virus detected
in South Texas**

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From the Bridge



Capt. Mark McLaughlin
Commanding Officer



Greetings Team Kingsville!

A few days ago, I was asked by someone what new "things" will be coming to the base? So I thought I'd provide an update to planned base construction.

We have three construction projects that patrons on the base will begin to take notice of. First is our new Bowling Center. The Bowling Center project is out for bid and construction should begin on the site within the next two months. The plan is to build the new Bowling Center in the vicinity of the Club. The construction will include a food preparation area, so yes, we will finally get food service back at the Club as well. If all remains on track, the new Bowling Center will open for business in the Spring of 2014.

The second project that everyone on the base will notice very soon is the digging of trenches throughout the base to replace the 70-year old water system. We will right-size the water system to match the stations' demands, align more closely to the supply lines from the city and maintain ample pressure on the system throughout the base. The most notable change will be the removal of the station's water tower and the additional water storage vessel next to the current water tower, as both will no longer be required. Please be patient as we dig throughout the base and reroute traffic patterns throughout the construction process.

The third project will entail work on the roofs on two of our existing hangars. The two hangars in need of structural work include Hangar 3741, on the far north end of

Deckplate Leadership



CMDCM(EXW/SW)
Randy Foust
Command Master Chief



Team Kingsville,

Team Kingsville, Summer is coming to a close and I want to thank each of you for doing such a great job with recreational safety. Every day you report, fit for full duty, is another day of mission accomplished! Your appearance, conduct and safety on and off duty are all equal parts of our mission. Keep up the great job!

Voting this year, we have the opportunity to have our voice heard. Every four years America does something other countries can only dream of; we ask the citizens of

the flight line and Hangar 3755, the VT-21 and VT-22 hangar. Both of these hangars will receive repairs to the structural girders that support the roofs and all the mechanical equipment on the roofs as well.

As we approach the Labor Day weekend, we are marking the official end of the 100 days of summer; however, our safety vigilance will never end. As you and your families change daily routines to adjust to

the new school year or embark on that last vacation before autumn arrives, take the time to assess your actions and safely accomplish your liberty-time mission.

In closing, take care of yourselves and your families, take care of your shipmates and leave the ranch better than you found it. I will see y'all after the break.

Until Next Time~Skipper Mac



Job well done -- Capt. Mark McLaughlin, NAS Kingsville commanding officer, presents RP2 Quentin Williams with a Navy Commendation Medal for serving as religious ministry team leading petty officer from August 2009 to August 2012. Williams demonstrated superb managerial skills coordinating the collection and charitable distribution of more than \$25,000 through the command's religious offering fund. An ever-ready volunteer, he was involved in more than 300 community relations projects that provided assistance to numerous Navy families and the local community. He also supervised 24 volunteers in directing the Junior Achievement Program, which mentored high school students through life developing goals and skills. Williams is headed to San Diego where he will serve aboard USS Antietam (CG 54).

our nation to decide the direction our country will go. Please take the time to learn the candidates and their perspective on the issues. Every vote cast counts! If you are not registered, but are ready to, you can contact Frank Firmatura at the Fleet and Family Support Center. He'll be more than happy to assist you get registered to vote.

The Command Climate Survey is not just for the military members of our command. The Command Climate Survey is a great way to help our command grow stronger. If there are things you do not understand or do not agree with, this is your change to voice what's on your mind. If you have concerns but do not want to burden your chain of command, this is your chance to tell the Commanding Officer directly. The survey is anonymous; none of the demographics are specific enough to identify any one Sailor or civilian. Every comment is evaluated and given due consideration. Corrective actions

are recommended from focus groups and implemented by the CO.

We will be conducting the survey for three weeks. There is not a lot of time, so don't wait, don't leave it up to someone else to bring up your issue or it may never get resolved. Thank you for your support and input!

Here are a couple of events coming up in the near future: Personal Readiness Summit, Safety Stand-down, advancement exams, Javalina football, Physical Readiness Test, Navy Ball, uniform shift to winter dress blues and the Presidential elections. If you have any questions on these items or others, "Ask your Chief." The chiefs are here to help you.

Keep cool, stay safe, and have fun!

V/R
CMC

Flying K

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Fifi Kieschnick
Public Affairs Specialist / Editor

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This paper is published for people like Ens. James Royals, of Chevy Chase, Md., who recently reported to Training Squadron 21 as a student Naval aviator.

2 CDC teachers retire after caring for NAS Kingsville's children for more than 20 years

By Fifi Kieschnick
NAS Kingsville Public Affairs

They are like two peas in a pod.

Both ladies started working at the Child Development Center within two months of each other in 1989. Both started as "floaters" at the CDC and are now education technicians. Both are grandmothers. Both are mothers of two children: a married son with no children and a married daughter with three children who lives in San Antonio. Both are retiring at the end of August after more than 20 years of service.

And, both will be tremendously missed by the staff and the children they care for at the CDC.

Mary Jane Esquivel and Marcy Speller, both education technicians, are retiring from Federal service Aug. 31, with a total of 22.5 and 20 years respectively.

"They are both great ladies; hard working, dedicated, and very spiritual and positive," said Carmen Chapa, CDC director. "They will truly be missed."

Esquivel has been working with pre-toddlers for the past 13 years, prior to that she was a "floater, working wherever I was needed," she said.

"I have really special kids," Esquivel says

of the one-year old children she cares for at the CDC. "They are the funniest and cutest."

And, the children "graduate" from Esquivel's pretoddler care to the toddler room for two year olds. Then after a year, the children go from the toddler room to the preschool room for three-to-five year olds, where Speller teaches.

Speller agrees that all "her kids are special too.

"It's been a pleasant and rewarding experience working here all these years," Speller added. "I work with great people and have a lot of good memories."

Esquivel agrees saying the CDC staff has always tried to be considerate of each other. "I also have a lot of good memories here," she said. "I've met a lot of people and I'd like to thank everyone who has 'put up with me.'"

The two women have touched the lives of hundreds of children throughout the more than 20 years they have worked at the Center.

Esquivel and Speller have dedicated years to taking care of others' children at the CDC and now will have the time to do what they want to do, which will definitely include taking care of their own grandchildren.

"They both provided child care for my daughter who is now 27 years old. It's amazing," Chapa said. "You work with these



Mary Jane Esquivel, left, and Marcy Speller will retire at the end of the month after caring for NAS Kingsville's children for more than two decades.

ladies every day for 20-some years and we become a family of sorts, a part of your life.

"But I am very excited for them." Fair winds and following seas!

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In the Break



Capt. Joe Evans
Commander
Training Air Wing TWO



Greetings NAS Kingsville
and Training Air Wing TWO,

If it weren't for all the kids going back to school, I don't think that you could tell that summer was drawing to a close.

It continues to be blazing hot here in K-Rock. I will personally feel better in a few weeks once we have made it through Labor Day Weekend. Until then, as always, we'll continue to fly at the Wing, despite the unrelenting heat.

I did see that some of the Wing took advantage of the MWR sponsored "Back to School Splash" at the NASK pool last Friday. It was a wet way to end a hot week and kick-off the school season with door prizes and back to school supplies for the kids. I did take issue with the officiating of the adult beach ball swimming race, but that is another story!

Thank you Jeannie Alexander, NASK school liaison officer, and thanks to the entire MWR team.

As this column goes to press, we will be winging nine aviators. I won't jinx any of them by prematurely posting names (Tailhook aviators are a little superstitious), but I do want to congratulate the newest members to the Naval Aviation community of Tail-

hookers. Well done and BRAVO ZULU!

I believe that we also have a "Top Hook" in the class, which is a very prestigious award only given to six-to-nine Student Naval Aviators each year. The Winging is this Friday, Aug. 24, at 5 p.m. Come on out and help us welcome our newest Naval Aviators!

Our last quarterly Safety Stand Down of FY12 is just around the corner. On Aug. 31, the Wing will stand down with a no-fly day so that we can take a knee, catch our breath, and reflect a bit on how best to conduct safe operations.

The weekend will be a bit short for a few of us, though. Our Carrier Qualification (CQ) class, the designated Landing Signal Officers and instructors will be back to work on Labor Day to conduct one final Field Carrier Landing Practice, and then fly off to Jacksonville, Fla., to CQ. USS Harry S. Truman (CVN 75) will be waiting for us off the northern Florida coast finishing up CQ for the Hornet FRS out of NAS Oceana. Hook down for our students will be on Wednesday.

Speaking of Labor Day, I hope that you all enjoy the holiday, but please do so safely. Don't drink and drive, and always have a plan.

Throw some meat on the BBQ, enjoy the afternoon with friends, but put on sunscreen and have a plan to get yourself and your friends home safely. If you are going out of town, give yourself extra time to get home and please don't rush. It's not your driving that I am worried about, it is the other guy's!

Best to all,
"Joe Bags" Evans

Have you met ?.....

Lt. Cmdr. Brian Rich

Lt. Cmdr. Brian Rich is the Operations Officer for Training Air Wing TWO. He does long-range planning for detachments and manages the overall air operations for the Wing.

The Philadelphia native started his military career as a staff sergeant in the Air National Guard. Eight years later, he attended Officer Candidate School in Pensacola in 1997, and earned his Wings of Gold in 1999, then flew EA-6-B Prowlers out of Whidbey Island, Wash.

Rich, his wife and their two children ages 5 and 7, live in Corpus Christi. He enjoys spending his free time with his family, especially since their children are young. And, he enjoys being involved in his son's Cub Scout Pack.

Rich isn't new to NAS Kingsville. He was an instructor pilot at Training Squadron 22 from 2003 to 2008.

He reached his most recent goal. "I just made O-5, which I will put on next year," Rich said.

And, if there's one thing about him you



Rich

should know, he says, "I have a command pin." He was the commanding officer of NOSC in Springfield, Mo., prior to coming to the Wing in January.

Transition GPS prepares Sailors for civilian life

As announced by President Barack Obama last month, the Navy, in conjunction with the departments of Veterans Affairs (VA) and Labor (DOL), is launching a redesigned Transition Assistance Program (TAP) to better prepare Sailors for the transition to civilian life.

The redesigned TAP, named Transition GPS (Goals, Plan, Succeed), is a crucial element of the president's plan to reduce veteran unemployment levels, and aims to bolster and standardize the transition support that Sailors receive in order to make them as employment ready as possible.

Pilot courses began in early July aboard NAS Jacksonville, Fla., and Naval Base (NB) Norfolk, Va.

Upon completion of the pilots at all Department of Defense (DOD) sites, Commander Navy Installations Command (CNIC) will roll out Transition GPS to all Navy transition sites. Also, an interagency transition to Veterans Program Office team will collect Sailor feedback as part of a comprehensive evaluation of the curriculum and format.

The Transition Assistance Program has been redesigned into a comprehensive, mandatory program that includes pre-separation counseling, a military to civilian skills review, a VA benefits briefing and application sign-up, financial planning support, job search skills building, and individual transition plan preparation.

"Essentially, the Transition GPS core curriculum expands the current Navy TAP course from four to five days, standardizes the curriculum across the DOD, brings expanded and improved Department of Labor employment workshop and VA benefits briefings, and allow Sailors to complete basic VA benefits applications," said Rise Ruhl, CNIC N913 Military Support lead. "It will also meet the requirements of the recently passed VOW (Veterans Opportunity to Work) act that mandates all Sailors, including our Reserve Sailors that are being demobilized or deactivated, attend TAP Workshops." (*Commander, Navy Installations Command Public Affairs*)

Bowling Notes

The "In the Doghouse League" will start their fall season on Tuesday, Aug. 28. All bowlers coming from off-base should check their base access/ID cards and complete renewal applications, if needed, at base security prior to the start of the season. The renewal process will take approximately one week to complete.

Ladies morning league

Everyone is welcome to join the Wednesday Morning Ladies Bowling League, which will begin Wednesday, Sept. 5, at 9 a.m., at the NAS Kingsville Bowling Center.

For more information, call Irene Woolsey at (361) 592-4236.

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Little Golden Eagles --

Training Squadron 22 held Little Gold Eagle Day on Aug. 10.

More than 45 children and 100 family members enjoyed the day, which included touring the Squadron spaces and the station fire department, as well as taking a simulated flight at Ground Training, and swimming to their hearts content at the Santiago Fitness Center pool. Pictured right Ens. Daniel McGourty and his daughter take a break outside the simulators at Ground Training. Far right, Capt. Rob MacDougall and his daughter Helena brave the hot temperatures at the Fire Department. It was Helena's second birthday. She is number three of four children of Rob and Ailish MacDougall. Pictured below, 1st Lt. Joshua McMinn and his little brother Connor, age 5, (foreground) watch a water spraying demonstration put on by the NAS Kingsville firefighters. (Photos by Fifi Kieschnick)



Maj. Daniel Rose, VT-22 student control officer, and his daughter Devyn "fly over" Kingsville during Little Eagle Day held Aug. 10.



Firefighter Shane Hennessey talks to Little Eagles and their parents about some of the tools firefighters use to rescue people who may be trapped in a burning structure.

NASK Sailors, civilians recognized for super performance

By Jon Gagné
NAS Kingsville Public Affairs

NAS Kingsville Commanding Officer Capt. Mark McLaughlin recognized four Sailors and seven civilian personnel for superior performance Aug. 16 during a command quarters and awards ceremony at the Captain's Club. Awards included two Navy Achievement Medals and one Civilian Meritorious Service Medal – the second-highest award possible for DoD civilian personnel.

McLaughlin presented the civilian award to Kevin Aguilar-Ferrari, command business manager for his performance from 2006 to 2012. Aguilar-Ferrari retired from federal service Aug. 17, with a combined 25-years of service including four years of active duty service in the Navy and three years of active duty service with the Army before beginning his civilian service career.

"I'm very pleased to present this award to Kevin today," McLaughlin said to those in attendance. "As the senior civilian employee and Human Resource (HR) manager for NAS Kingsville, I have relied heavily on Kevin to provide guidance and direction for a number of HR-related issues. He has done a phenomenal job representing all our civilian employees and is well-deserving of this award."

The Civilian Meritorious Service Medal recognizes accomplished supervisory or nonsupervisory duties in an exemplary manner, setting a record of achievement, and inspiring others to improve the quantity and quality of their work. Those nominated generally are recognized for demonstrating unusual initiative and skill in devising new and improved equipment, work methods,



Capt. Mark McLaughlin, NAS Kingsville commanding officer, presents Kevin Aguilar-Ferrari, command business manager, with the Civilian Meritorious Service Medal as he retires from federal service with 25 years of service. (Photos by Jon Gagné)

and procedures; inventions resulting in substantial savings in expenses such as manpower, time, space, and materials, or improved safety or health of the workforce. The Meritorious Civilian Service Award is comparable to the military Legion of Merit presented to military personnel.

Aguilar-Ferrari's six-year tour at NAS Kingsville represents the longest period he

has spent with any one command during his 25-year federal service career, and he said it did not happen by circumstance.

"I had other opportunities that I could have pursued," Aguilar-Ferrari said. "But NAS Kingsville has a lot to offer – and that is mostly because of the people here. I can honestly say that this has been my favorite assignment, because of the people I have

been fortunate enough to work with here."

Aguilar-Ferrari will remain busy during his retirement by spending more time at his sports and memorabilia shop, Timeless Treasures & Collectables, on Everhart Road, in Corpus Christi.

DC2(SW) Nazr A. Xmann of the Morale Welfare & Recreation Department, was presented a Navy Achievement Medal during the ceremony. His award was forwarded by the Commander, Navy Expeditionary Guard Battalion, Joint Task Force (JTF) Guantanamo Bay, Cuba for professional achievement.

Xmann was recognized for his performance delivering safe, humane, legal, transparent care and custody for more than 120 detained enemy combatants in high-risk, medium to maximum security conditions. The award citation noted Xmann's professional knowledge and attention to detail in conducting daily camp operations, directly contributing to JTF's strategic detention mission success.

Also receiving a Navy Achievement Medal during the ceremony was CS2 Edward Thompson of the Combined Bachelor Housing (CBH) staff.

Thompson's award noted his superior performance as the leading petty officer for the CBH Transition Team, which was responsible for the overall move of equipment, furniture and supplies from the old CBH to the newly-renovated Navy Gateway Inns & Suites on base. Thompson supervised 11 military and civilian personnel in moving more than 3,000 pieces of furniture from Bldg. 3730 to the Defense Reutilization and Marketing Office (DRMO), which accounted for 310 pallets of furniture being moved with

see Awards on page 9



Capt. Mark McLaughlin presents DC2(SW) Nazr Xmann with a Navy Achievement Medal for professional achievement while serving with Navy Expeditionary Guard Battalion, Joint Task Force Guantanamo Bay, Cuba.



Capt. Mark McLaughlin presents CS2 Edward Thompson with a Navy Achievement Medal for his service as leading petty officer responsible for the overall move of equipment, furniture and supplies from the old CBH to the new NGI&S.



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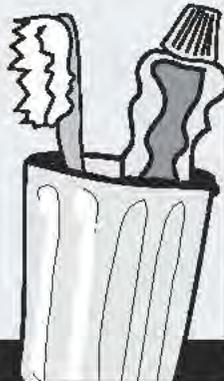
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Cat Safety Tips For The Loving "Cat Parent"

~ WEEK TWO OF EIGHT ~

6. Keep your cats indoors. They'll be healthier and happier. Outside they're exposed to other animals, risk getting run over by cars and are exposed to the elements.
7. Do not let in strays just for the heck of it. Having strange cats around can overstress your own cat, which may lead to fighting, biting and soiling or spraying around the home. Take them to the vet to be sure they are healthy and ask your vet for the best way to introduce the new cat to your cats.
8. Never hit your cat. Use spray bottles with water if discipline is necessary. Physical punishment doesn't teach your cat appropriate behavior.
9. Consider using clay litter for kittens. If your cat accidentally ingests some litter particles, clay is nontoxic in small quantities.
10. Safely confine your cat when workmen or visitors are in your home [to prevent escape]. A bathroom, laundry room, bedroom or cat carrier is ideal for this purpose.

Navigating Solo

It's easy to take for granted things in our daily lives

By Fifi Kieschnick
NAS Kingsville Public Affairs



Rushing to meet my vanpool a few weeks ago, I looked up and saw the most amazing sky filled with brilliant hues of deep blue, gold and red. Pillars of clouds, tinged with gold streaming out from behind, reached up to the heavens. Scattered specks gathered together, growing and spreading into magnificent cumulus clouds, stacked up in gigantic heaps. And there were thin wisps of clouds reflecting the reds of the sun as it prepared to peep over the horizon. Beautiful.

Even though I seem to be rushing every morning to meet the vanpool on time, I always look up.

First thing in the morning, the sky gives me a hint of what kind of day I may have – stormy, tranquil, blah, or filled with awe, to name a few.

It's something that I don't take for granted – the sky. And, the beauty, joy and wonderment that it represents in my day-to-day life.

The sky's brilliance is not necessarily something that insists on being noticed – it doesn't grab you by the collar and shake you until you feel grateful for it and the wondrous things that fill your life.

But, it's easy to do.

Take things for granted.

Like ...

... children's squeals of delight as they race around the playground.

... birds chirping.

... caterpillars turning into butterflies.

... waking up.

... having a roof over our heads.

... being able to bathe

and dress ourselves.

... having a job.

... being able to read this, and

... realizing that a lot of our freedoms are because of our shipmates in uniform.

David Hackworth, soldier and author, said, "It's human nature to start taking things for granted when danger isn't banging loudly on the door."

It's true.

Right?

How many times do we pause to recognize the beauty of something or ponder the joy someone gives you? Or, pause to reflect on the gratitude we have for the freedoms we enjoy? ... because of our shipmates in uniform.

I'm a "member of Team Navy," supporting our men and women in uniform. I like to think that what I do makes a difference in their lives, because I know what they do makes a difference in mine. Though my current shipmates are on shore duty, supporting the mission of training Naval Aviators, I know they are part of the bigger picture. The military is an integral part in defending our nation and our freedoms, and shaping the course of history.

It's easy to take for granted things ingrained in our daily lives, like their service to our country.

But, sometimes we need to stop to appreciate the beauty and wonders around us, and all that we have. We also need to stop and say, "Thank you for all you do," to our brethren in uniform.

Whether they fly, are on sea duty or man a desk, our shipmates – and their families – sacrifice so much for the freedoms we so often take for granted.

Thank you. Thank you for your service. We owe you so much.

I know that when you take things for granted, those things eventually get taken.

So, I may start my day by looking up, but I continue my day looking around and appreciating such things as ...

... the people I vanpool with.

... the bees that pollinate

the flowers and trees.

... the wind blowing.

... the computer monitor

in front of me, and

... the men and women in uniform

whose service allows me to pursue my life without fear of reprisal.

"Ready Navy" to replace "Operation Repair"

Effective Oct. 1, "READY NAVY" will become the official Navy-wide emergency preparedness public awareness program.

The new name and focus is designed to increase the awareness of every person and family located on or near a Navy installation to plan and prepare for all types of hazards.

This program was initiated in Fiscal Year 2007 and originally branded as "Operation Prepare." Since then, the program has demonstrated an outstanding track record of promoting preparedness among the Navy community.



This fiscal year, we will brand the program as READY NAVY in order to align with other programs being implemented across DoD and other government entities.

Job application changes focus on sea duty manning

The Navy announced changes to their enlisted distribution system in Career Management System Interactive Detailing (CMS/ID) in a message released July 26.

CMS/ID is the interactive system that Sailors use to apply and negotiate for orders.

These changes to CMS/ID are part of the Navy's coordinated effort to aggressively address gaps at sea and place Sailors with the right experience levels and skill sets into high-priority Fleet billets.

According to NAVADMIN 226/12, the way in which billets are advertised in CMS/ID is changing. Beginning with the August 2012 CMS/ID cycle, a single set of sea and shore billets, prioritized by U.S. Fleet Forces Command, U.S. Pacific Fleet and Navy Personnel Command to reflect the highest-priority Fleet billets, will be advertised. Detailers will fill all advertised billets each cycle.

"Navy is implementing changes to distribution policies, procedures and systems to increase sea duty manning and assignment predictability to provide the right Sailor, with the right mix of skills and experience, at the right time for operational readiness," said Rear Adm. Tony Kurta, director of Military Plans and Policy. "Fleet readiness will be the ultimate factor in filling assignments and this change ensures the highest-priority requirements are filled."

Sailors who are in their CMS/ID negotiation window will still be able to apply for five jobs from the advertised list in their rating and paygrade. Since detailers will fill all billets advertised every month, it is important for Sailors to use all five of their

application opportunities in CMS/ID.

"History shows that Sailors rarely apply for more than two advertised jobs," Kurta explained. "Those who make all five choices will have a better chance of being detailed to one of their desired assignments."

Sailors entering into their CMS/ID negotiation window should apply early and often to ensure their preferences are relayed to the detailers. Sailors should provide their input each month during the negotiation process on CMS/ID or via direct contact with their detailer. According to the message, since all billets will be filled, detailers may have to select a Sailor for a job they did not volunteer for. Sailors nearing the end of their negotiation window are more likely to be assigned to jobs for which they have not applied.

Sailors are encouraged to speak with command career counselors to understand changes to CMS/ID, and to consider applying for the Voluntary Sea Duty Program before they enter the normal order negotiation window if they have specific desires for geographic location.

"Leadership involvement and aggressive and thorough Career Development Boards (CDBs) will be key to the success of these changes," Kurta emphasized. "Sailors should be made aware of how these changes and the needs of the Navy will affect them when looking at future assignments."

For more information, contact the Navy Personnel Command Customer Service Center at 1-866-U-ASK-NPC (827-5672) or via e-mail at CSCMailbox@navy.mil. (From *Naval Personnel Command Public Affairs*)

Awards from page 7

zero casualties while meeting a deadline for completion two weeks ahead of time.

Thompson also dedicated more than 60 hours of his personal time power-washing the outside of the new Navy Gateway Inns & Suites building and installing 88 safety door viewers, saving the government more than \$4,500 in labor costs.

In addition to these medals, McLaughlin also announced the selections of the command's Sailors of the Quarter for the third quarter of fiscal year 2012. ABH1(AW/SW) Edwin Castro, of the Air Operations Department and NALF Orange Grove was announced as the Sr. Sailor of the Quarter, while CS2(SW) Michael White of the Combined Bachelor Housing staff was named Jr. Sailor of the Quarter.

Navy civilian employees of the quarter

for the third quarter of FY-2012 were also announced. Viola Glasgow of the NAS Kingsville financial management office was named the Sr. Civilian of the Quarter, and patrolman Daniel Barrick of the NAS Kingsville Security Department was named Jr. Civilian of the Quarter.

Two members of the NAS Kingsville Fleet and Family Support Center were also presented awards. FFSC Director Frank Firmatura was presented a 30-year federal service pin, and Work and Family Life (WFL) coordinator Ramon Panganiban received a letter of appreciation for his support of the Corpus Christi Special Olympics.

Editor's Note: The Flying K plans to feature individual stories on the Sailors and civilians of the quarter in our next issue.

NAS Kingsville Religious Services Offered

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10:30 a.m. - Family Bible Worship
12:30 p.m. - Catholic Mass
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6 p.m. - Dinner Fellowship
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What is West Nile Virus?

West Nile virus (WNV) is a potentially serious illness. Experts believe WNV is established as a seasonal epidemic in North America that flares up in the summer and continues into the fall.

What can I do to prevent WNV?

The easiest and best way to avoid WNV is to prevent mosquito bites.

When you are outdoors, use insect repellent containing an EPA-registered active ingredient. Many mosquitoes are most active at dusk and dawn. Be sure to use insect repellent and wear long sleeves and pants or consider staying indoors during these hours.

Make sure you have good screens on your windows and doors to keep mosquitoes out. Get rid of mosquito breeding sites by emptying standing water from flower pots, buckets and barrels.

Change the water in pet dishes and replace the water in bird baths weekly. Drill holes in tire swings so water drains out. Keep children's wading pools empty and on their sides when they aren't being used.

What are the symptoms of WNV?

About one in 150 people infected with WNV will develop severe illness. The severe symptoms can include high fever, headache, neck stiffness, stupor, disorientation, coma, tremors, convulsions, muscle weakness, vision loss, numbness and paralysis. These symptoms may last several weeks, and neurological effects may be permanent.

Up to 20 percent of the people who become infected have symptoms such as fever, headache, body aches, nausea, vomiting, and sometimes swollen lymph glands or a skin rash on the chest, stomach and back. Approximately 80 percent of people (about 4 out of 5) who are infected with WNV will not show any symptoms at all.

How Does West Nile Virus Spread?

Most often, WNV is spread by the bite of an infected mosquito. Mosquitoes become infected when they feed on infected birds.

Infected mosquitoes can then spread WNV to humans and other animals when they bite.

In a very small number of cases, WNV also has been spread through blood transfusions, organ transplants, breastfeeding and even during pregnancy from mother to baby.

WNV is not spread through casual contact such as touching or kissing a person with the virus.

How is WNV infection treated?

There is no specific treatment for WNV infection. In cases with milder symptoms, people experience symptoms such as fever and aches that pass on their own, although even healthy people have become sick for several weeks. In more severe cases, people usually need to go to the hospital where they can receive supportive treatment including intravenous fluids, help with breathing and nursing care.

West Nile Virus detected in South Texas, experts offer preventive tips

By Elaine Sanchez

Brooke Army Medical Center Public Affairs

The West Nile Virus has been detected in South Texas; however, a few simple preventive measures can help to abate the issue, post officials said.

"Three sample pools of mosquitoes collected July 18 tested positive for West Nile Virus by Public Health Command South," said Capt. Lyndsay Knoblock-Fast, Brooke Army Medical Center preventive medicine entomologist. "One human case and no confirmed animal cases on Fort Sam Houston."

Larviciding, which is mosquito population control, will be performed in specific locations as deemed necessary, officials said. If needed, notification of fogging dates and times to tenant commands and housing residents will be made public. Meanwhile, the local medical community has been advised to be vigilant for WNV infection.

According to the Centers for Disease Control and Prevention, milder WNV illness improves on its own, and people do not necessarily need to seek medical attention for this infection, though they may choose to do so.

People who develop symptoms of severe WNV illness, such as unusually severe headaches or confusion, should seek medical attention immediately. Severe WNV illness usually requires hospitalization.

Pregnant women and nursing mothers are encouraged to talk to their doctor if they develop symptoms that could be WNV.

According to experts, 80 percent of patients bitten by WNV-infected mosquitoes will have no symptoms; 20 percent may develop flu-like symptoms such as headache, nausea, vomiting and occasional rash on the chest and back; and 1 percent may develop more severe symptoms of meningitis, encephalitis or paralysis.

People typically develop symptoms between three and 14 days after they are bitten by the infected mosquito.

However, experts added, only specific mosquito species can transmit WNV so most mosquito bites don't warrant medical evaluation. The chances any person will become severely ill from any one mosquito bite are extremely small.

According to the Texas Public Health Information Network, a higher than usual number of human West Nile Virus cases has been reported this year due to the warm winter and recent rains.

JBSA-Fort Sam Houston residents and building managers can take a few simple precautionary measures to ensure everyone's safety, according to Frank Martinez, team leader of the 502nd Civil Engineer Squadron's pest control unit.

"Many mosquito problems can be reduced by eliminating breeding sites or standing water and emptying containers that hold water," Martinez said. "That is the single most effective measure people can take to eliminate the places where mosquitoes breed."

Other measures include:

- Not allowing puddles to form on your lawn as a result of excessive watering
- Placing tiny holes in the bottom of recycling bins without lids
- Replacing water in birdbaths
- Getting rid of old tires
- Preventing bottles, tin cans, buckets or drums from collecting water
- Wearing a long sleeve shirt or pants if going outdoors at dawn, dusk or the early evening; and

• Use EPA-registered insect repellent on your skin and clothing according to the directions on the product label.

For questions or concerns, call BAMC Preventive Medicine Services at 295-2328 or 2742. For information regarding pets, including horses, contact JBSA-Fort Sam Houston Veterinary Services at 808-6101 or 6104.

For more information on the virus, visit the Centers for Disease Control and Prevention website at <http://www.cdc.gov/ncidod/dvbid/westnile/>.

Mosquito from page 1

out. And keep children's wading pools empty and on their sides when they are not in use.

"Currently, the mainstay of treatment for West Nile virus infection is supportive.

Therefore, the preventive activities remain the essential elements of our strategy for reducing morbidity and mortality from this disease," said Francois.



Many mosquito problems can be reduced by eliminating breeding sites or standing water and emptying containers that hold water. (Photo courtesy of Onondaga County Texas Health Department.)

How soon do infected people get sick?

People typically develop symptoms between 3 and 14 days after they are bitten by the infected mosquito.

What is the risk of getting sick?

People over the age of 50 are more likely to develop serious symptoms of WNV if they do get sick and should take special care to avoid mosquito bites.

Being outside means you're at risk. The more time you're outdoors, the more time you could be bitten by an infected mosquito. Pay attention to avoiding mosquito bites if you spend a lot of time outside, either working or playing.

Risk through medical procedures is very low. All donated blood is checked for WNV before being used. The risk of getting WNV through blood transfusions and organ transplants is very small, and should not prevent people who need surgery from having it. If you have concerns, talk to your doctor.

What is the CDC doing about WNV?

CDC is working with state and local health departments and other government agencies, as well as private industry, to prepare for and prevent new cases of WNV.

Some things CDC is doing include:

*Manage and maintain ArboNET, a nation-wide electronic surveillance system where states share information about WNV and other arboviral diseases

*Support states develop and carry out improved mosquito prevention and control programs

*Developing better, faster tests to detect and diagnose WNV

*Prepare updated prevention and surveillance information for the media, the public, and health professionals

*Working with partners on the development of vaccines

What else should I know?

If you find a dead bird: Don't handle it with your bare hands. Contact your local health department for instructions on reporting and disposing of the body.

For more information call the CDC public response hotline at (888) 246-2675 (English), or (888) 246-2857 (Español), or (866) 874-2646 (TTY). (Courtesy Centers for Disease Control)

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Dental Assistant Certification Program	October	6:30p.m.– 9:00p.m.	\$1,799
EKG Tech. Certification program	October	6:30p.m.– 9:00p.m.	\$999
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