



Naval Air Station Kingsville FLYING K

**Hispanic Heritage
celebration on Oct. 9**

-- Turn to page 9, for details.

Vol. 72, No. 19

Naval Air Station Kingsville, Texas

www.cnic.navy.mil/kingsville

October 3, 2014

NAS Kingsville celebrates Navy's 239th birthday Oct. 25

Kingsville will be celebrating the Navy's 239th birthday with a Navy Ball on Saturday, Oct. 25, at the Captain's Club. The event begins at 6 p.m. with cocktails, followed by dinner at 7 p.m. The official ceremony will begin at 8 p.m., followed by live entertainment at 9 p.m.

Tickets prices vary from free for E-4 and below and their guests, to \$35 per person for non-affiliated civilian guests. Other ticket prices are: E-5 & 6, O-1 & 2, GS-1 to 5, WG-1 to 11, and NF-2, \$20 per person; E-7 to 9, O-3 & 4, GS-6 to 11, WG-12 to 15, NF-3, WL-1 to 4, and WG-1 to 11, \$25 per person; O-5 & up, NF-4 & up, GS-12 & up, \$30 per person.

Dress is: E-1 to O-3, service dress whites with ribbons (medals optional); O-4 and above, dinner dress whites; and civilians, formal attire.

Dinner will include roast beef, roasted chicken, baby greens with cherry vinaigrette dressing, twice-baked smashed potatoes, vegetables, and double chocolate and French vanilla cake for dessert.

The United States Navy traces its origins to the Continental Navy, which the Continental Congress established on Oct. 13, 1775, by authorizing the procurement, fitting out, manning, and dispatch of two armed vessels to cruise in search of munitions ships supplying the British Army in America. The legislation also established a Naval Committee to supervise the work. All together, the Continental Navy numbered some 50 ships over the course of the war, with about 20 warships active at its maximum strength.

After the American War for Independence, Congress sold the surviving ships of the Continental Navy and released the seamen and officers. The Constitution of the United States, ratified in 1789, empowered Congress "to provide and maintain a navy." Acting on this authority, Congress ordered the construction and manning of six frigates in 1794, and the War Department administered naval affairs from that year until Congress established the Department of the Navy on April 30, 1798.

In 1972, Chief of Naval Operations (CNO) Admiral Elmo R. Zumwalt authorized recognition of Oct. 13, as the Navy's birthday. The Navy birthday is intended as an internal activity for members of the active forces and Reserves, as well as retirees, and dependents. Since 1972, each CNO has encouraged a Navywide celebration of this occasion "to enhance a greater appreciation of our Navy heritage, and to provide a positive influence toward pride and professionalism in the naval service." (*Naval History and Heritage Command*)

For more information about the Navy Ball or to purchase tickets, contact ACC(AW/SW) Curtis Malone at 516-6187 or ETC(SW/AW) Heath Brit at 516-6632.



NEX Kingsville received the Bingham Award during a recent ceremony. From left are NEX employees, Cyndie McHale, Sylvia Calderon, Cathy Ferrer, Store Manager Ofilia Alvarez, Veronica Rodriguez, Angela Rodriguez and Ryan Winston.

NAS Kingsville NEX receives prestigious Bingham Award

The Navy Exchange at NAS Kingsville received the prestigious Bingham Award during a ceremony held Sept. 22.

The Kingsville store was awarded the Bingham for FY13 Sales Category #7 (\$1.4M-\$3M) in recognition of outstanding achievement and superior performance in meeting the needs of the Navy, family members and other NEX patrons. Gary King, senior vice president, Regional Exchange Operations, presented Ofilia Alvarez, branch exchange manager, NEX Kingsville, with the award. Alvarez credited her team for their efforts.

"Winning this award is not easy," said Alvarez, who has been working at the Kingsville Exchange for the past 30 years. "But, I took the Seahawks motto 'Why not us?' and thought 'why not us' win this award. 'We are a small store and a small team, but we became a community, to make this happen.'"

The Bingham Award program was established in 1979 to recognize excellence in customer service,

operations and management at NEX activities.

"It is not an easy award to win," said King echoing Alvarez' words. "The store competes with all the similar sales volume stores around the world."

"I consider Ofilia and the Exchange as part of my team," said Capt. Christopher Misner, NAS Kingsville commanding officer. "I am proud of their achievements. They are a small store, but they do a tremendous job providing quality service and customer satisfaction."

The Kingsville store also won the award in 2007.



Gary King, senior vice president, Regional Exchange Operations, addresses the crowd gathered to witness the Kingsville NEX receive the Bingham Award.

From the Bridge



Lt. Derek Hall, CEC
Production Officer, PWD



Team Kingsville,

October is Energy Conservation Awareness Month, and so I would like to fill you in on where NAS Kingsville stands in regards to the Navy's goals for energy conservation, how you can make a difference, and where we are headed in the future.

To date, the installation energy intensity has been reduced 42.9 percent below the 2003 baseline, and 21.7 percent below the FY14 goal. Energy reduction goals have been achieved over the past fiscal year through implementation of energy savings projects such as lighting upgrades, installing energy efficient HVAC equipment, and identifying energy inefficiencies in existing buildings and correcting them. The CNO's goal, set forth by the CNO's Energy Vision in 2010, is to reduce energy intensity in facilities 50 percent by FY20, so we are nearly there. We have taken care of the "low-hanging fruit" and as a result, the push for the last few percentages to reach the CNO's goal will be the most difficult to attain.

While our success in meeting the Navy's yearly goals to this point is great, we still have some work to do.

Moving forward, energy savings are go-

ing to be more and more difficult to come by especially since we are a smaller installation.

With that said, there are a couple of ways that we can continue to improve. First, we should continue to cultivate a culture where everyone is cognizant of energy conservation and actively participating in conserving energy. And, second, we can get creative in achieving energy savings by researching new technologies and exploring the use of more renewable energy.

Everyone can do their part to help conserve energy. We can turn off equipment when not in use. We can shut off lights in unoccupied areas or when daylight is sufficient. Even if you step out of your work space for a short period of time, turn your lights off. Turn your computer monitor off at the end of the day. Keep doors and windows closed, so that we aren't wasting energy by running our HVAC systems unnecessarily. We can ensure exterior lights are not on during the day.

If you see something that is wasteful of energy, take action by correcting the issue or telling the appropriate personnel to address the issue. If Public Works personnel need to respond to problems, let your building monitors know so that they can put in trouble calls.

On the second note, Public Works personnel will continue to pursue implementing newer technologies to better control our energy usage. Often times, newer technologies are expensive. As newer technologies are more widely used, costs will go down.

When costs go down, we should see a quicker return on investment and be able to justify their implementation. One particular technology that comes to mind is LED lighting. According to the U.S. Department of Energy, the cost of ultra-efficient LED lamps will more than halve by the end of the decade and their efficiency will almost double.

Also, we will research adding more renewable energy to the installation. Another one of the Navy's goals is by 2020, half of the Navy's total energy consumption ashore will come from alternative sources. In past years, we have installed solar panels around the base to support this initiative. More solar power will continue to be an option, but we are also going to research some other alternative sources of energy such as wind power and geothermal power. To help us do so, we are partnering with Texas A&M University Kingsville (TAMUK). TAMUK undergraduate and graduate students will study and develop energy conservation measures for the base. We hope to see some good ideas, and cost-effective ideas, given our financial constraints.

In closing, please continue to stay aware of energy conservation. With a team effort from everyone, we should see the needle continue to move in the right direction. Energy conservation should be at the forefront of what we do every day. It will help the Navy as a whole be more efficient and more effective.

Lt. Derek Hall, CEC, USN

Interactive map: CNIC monitoring energy consumption

By Ensign Egdanis Torres-Dominicci
CNIC Public Affairs

The U.S. Navy is increasing energy awareness by incorporating the Navy Shore Geospatial Energy Module (NSGEM), a tool designed to help improve energy efficiency at Navy installations.

Imagine a map with a dashboard in which the buildings of your military installation light up for you to visualize the energy consumption of each structure. The NSGEM offers this technology, which translates information into visual cues for better data interpretation.

The NSGEM will assist the Navy with data accuracy, centralized information, transparency and visibility of information in energy consumption throughout every U.S.

Navy installation by translating information into visual cues for better data interpretation.

"While the primary function of the NSGEM is heightened energy awareness and easier accessibility of energy consumption information, the end goal is to increase data credibility while identifying potential savings on energy consumption," said Sandrine Schultz, creator of NSGEM and the energy program manager at Commander, Navy Installations Command (CNIC).

It is a one-stop shop for every Sailor at all levels of the Navy enterprise for accessing centralized information. This tool enables building-level transparency of energy consumption, facilitates energy cultural behavior changes, and allows personnel to identify areas for improvement while monitoring progress of reduction goals, she explained.

These efforts are vital to the Navy's overall goal of 50 percent reduction in energy consumption and the increase in renewable energy usage by 2020.

"Geospatial capabilities are changing the way that we all do business. We turned data into decisions that will help us to better serve and support our war fighters," said Schultz.

This data is available only for Navy personnel by accessing the Energy App on the following link: <https://maps.navy.mil/RSIMS/MapView/Default.aspx?MapID=12296>. This link will prompt you to gain an SSO account using your Common Access Card. This request is via the NAVFAC Portal in order to control the authorized access to the site. Once you register, all of this data will be available at your fingertips.

This innovative application won the International Special Achievement Award, granted by Geographic Information Services Incorporated. They indicated that CNIC stood out from more than 100,000 other organizations.

"I did my work and I always do my best for the Navy, focusing on making things happen. For me, recognition only means that we are on the right track...let's keep it going," said Schultz, receiver of this high honor award.

Flying K

The *Flying K* is published every other week by DJ Young Publishing, a private firm in no way connected with the U.S. Navy, under exclusive written contract with Naval Air Station Kingsville, Texas.

The *Flying K* is an authorized publication for members of the military services and their families. Its contents do not necessarily reflect the official views of the U.S. Government, the Department of Defense, the Navy, Naval Air Station Kingsville, or DJ Young Publishing, of the products and services advertised herein.

Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, gender, national origin, age, marital status, physical handicap, political affiliation or any other non-merit factor of the purchaser, user or patron. If a violation or rejection of this equal opportunity policy by an advertiser is confirmed, the publisher may refuse to print advertising from that source until the violation is corrected. All editorial content is edited, prepared and provided by the Naval Air Station Kingsville Public Affairs Office.

Comments, letters, or suggestions should be sent via e-mail to: kngv-pao@navy.mil. Commanding Officer's Direct Line Input: Submit questions or comments for the Commanding Officer to: kngv-pao@navy.mil, on the info line add: Direct Line.

To advertise in the *Flying K*, call DJ Young Publishing at (361) 814-0866.

Capt. Christopher Misner
Commanding Officer

Cmdr. Rey Molina
Executive Officer

Fifi Kieschnick
Public Affairs Specialist / Editor

FC1(SW) John Sessions
Public Affairs Assistant

DoD Safe Helpline
1-877-995-5274

SAPR Victim Advocate (NAS Kingsville)

1-361-533-0454

SARC (NAS Kingsville)

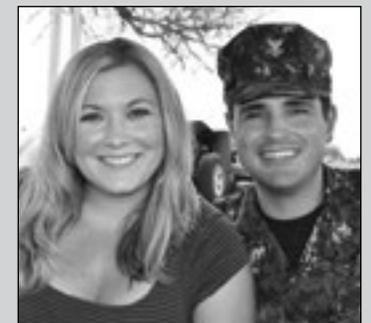
1-361-947-3140

Command Info Line

1-855-267-9173

www.ready.navy.mil

www.ready.gov



This paper is published for people like AC2(AW/SW) Christopher and Megan Hogan. Christopher has 10 years of U.S. Navy service and is assigned to the career counselor's office. Megan is the cofounder of the NAS Kingsville Spouses Club. Both are natives of Millville, N.J.



**OCTOBER IS
ENERGY AWARENESS
MONTH**



Pilot for a Day – VT-21 Fighting Redhawks sponsored a Pilot-for-a-day today on board the installation. Gregory Rogers, an Annville native and patient at Driscoll Children’s Hospital toured the facilities along with his brother Bradlee, sister Melissa, and parents Steve and Kim. Gregory donned his own flight suit and survival gear, “flew” around Corpus Christi in the flight simulator, and had the chance to see what it is like to be a real fire fighter. Before the day was finished, Gregory was awarded his “coveted Wings of Gold.” Thanks to Lt. Paige Blok (sponsor) and Lt.j.g. Matteo Mezzetti of VT-21. (Photos by FC1(SW) John Sessions NAS Kingsville Public Affairs)



Worldwide Military Banking

You do more for our country, let us do more for you

Providing financial services to our country’s military personnel since 1956

Wells Fargo Worldwide Military Banking makes money management easier wherever you are in the world. Get a full range of benefits and services designed especially for you and your family.

To learn more, talk with a banker at one of our store locations, call 1-800-TO-WELLS (1-800-869-3557), or visit us online at wellsfargo.com/military today.

Together we’ll go far



Senior DoD voting official offers absentee voting tips

By Army Sgt. 1st Class Tyrone C. Marshall Jr.
DoD News, Defense Media Activity

The Defense Department's top voting official provided absentee voting tips recently and re-emphasized the importance of registering, requesting ballots and voting early in the process.

"The most important thing to remember when dealing with absentee voting is to start the process early," Matt Boehmer, director of the Federal Voting Assistance Program.

"You can use the federal postcard application, or FPCA, to both register to vote and to request your absentee ballot," Boehmer said. "And you can use our on-line assistant tools that walk you through the process."

Boehmer discussed why it is important to notify election officials of where to send ballots and how to do so.

"You actually have to tell them," he said. "Your address isn't updated when you move, so we strongly suggest that you fill out a new federal postcard application when you move."

There are also a few things to keep in mind when dealing with the absentee voting process.

"Don't use the federal postcard application if you plan on voting in person at the polls. Instead, use your state form. Also, don't forget to check your inbox for your ballot if you've requested to receive it by e-mail."

Also, "don't forget to send in your ballot as soon as possible," Boehmer said. "When you get your ballot, vote it, sign it and send it."

In the event that a service member or family member doesn't receive their ballot in time, Boehmer said a backup ballot can be used.

"If, by the first of October, you haven't seen your state ballot, use our backup ballot, and you can get that at www.fvap.gov.

"If the state ballot comes in after you have sent in your backup ballot, simply fill out the state ballot," Boehmer continued, "[and] send it in, but don't worry your vote will only count once."

There is also help available for those wishing to vote who may feel overwhelmed by the process.

"That's why FVAP is here," Boehmer said. "We know that the process of absentee voting can seem overwhelming, but the tools that we have available at www.fvap.gov help make the process easier."

Other options for assistance include contacting a voting assistance officer, calling 1-800-438-VOTE or sending an e-mail with any questions to vote@fvap.gov.

Boehmer also shared how service members can help raise awareness about the FVAP.

"Simply spreading the word is the best way that service members can help. You can find us on Facebook [and] on Twitter. Also, sharing information with your unit and family members is a great way to help out."

FVAP is here to help throughout the 2014 election cycle, Boehmer said.

"For those service members and their families who want to vote, we want to make sure that they can vote and know how to do it."



Soccer Champs -- Congratulations to the soccer league champs. The VT-22 Golden Eagles beat NASCC during the NASK vs. NASCC Texas Gulf Coast Soccer Championship by a score of 1-0 recently on our home field! NASK is now ahead 2-1 in the Gulf Coast Championship Series with only two sports left in the 2014 competition -- volleyball and flag football. (Photos courtesy Ashley Donovan, MWR)

AutoNation Chevrolet Cadillac Corpus Christi



FIND NEW ROADS

Get preferred pricing on our award winning lineup.

ALL NEW 2015 TAHOE AND SUBURBAN AVAILABLE NOW[^]

NEW 2014 CHEVY CRUZE LS

A/C, Power Windows, Power Locks

MSRP \$19,280. SMART PRICE PRICE:

\$15,977



STK#EZ281757, MSRP \$19,280 - \$2,000 CHEVY MANUFACTURER REBATE - \$1381 AUTONATION DISCOUNT. PRICE PLUS TAX, TAG, TITLE, LICENSE AND \$125 DOC FEE. WITH APPROVED CREDIT.

NEW 2014 CHEVY SILVERADO DOUBLE CAB ALL STAR EDITION

ADDITIONAL \$1500 TRADE-IN ASSISTANCE AVAILABLE. MUST QUALIFY.

MSRP \$36,970. SMART PRICE PRICE:

\$27,977



\$9000 OFF MSRP

STK#EZ378786, MSRP \$36,970 - \$4250 CHEVY MANUFACTURER REBATE - \$4750 AUTONATION DISCOUNT. PRICE PLUS TAX, TAG, TITLE, LICENSE AND \$125 DOC FEE. WITH APPROVED CREDIT.

[^]BASED ON 2014 EPA MILEAGE ESTIMATES. USE FOR COMPARISON PURPOSES ONLY. DO NOT COMPARE TO MODELS BEFORE 2008. YOUR ACTUAL MILEAGE WILL VARY DEPENDING ON HOW YOU DRIVE AND MAINTAIN YOUR VEHICLE. *WHILE SUPPLIES LAST ALL VEHICLES SUBJECT TO PRIOR SALE. SEE DEALER FOR COMPLETE DETAILS. ALL PRICES PLUS TAX, TITLE, LICENSE AND \$125 DOC FEE. ALL OFFERS ON APPROVED CREDIT. RATES IN LIEU OF APPLICABLE REBATES. ALL RIGHTS RESERVED. ©1996-2014 AUTONATION, INC. DEALER RETAINS ALL REBATES AND INCENTIVES. WITH APPROVED CREDIT. OFFERS NOT VALID IN CONJUNCTION WITH OTHER OFFERS. NOT RESPONSIBLE FOR TYPOGRAPHICAL ERRORS. PICTURES FOR ILLUSTRATION PURPOSES ONLY. OFFERS GOOD THROUGH END OF MONTH. GHOSTBUSTERS (PARKER, JR.) USED BY PERMISSION OF EMI GOLDEN TORCH MUSIC & RAYDIOLA MUSIC. ©1996-2014 AUTONATION, INC.

AutoNation Chevrolet Cadillac
Corpus Christi

AutoNation.com



Follow us socially
for special offers
and discounts

6650 South Padre Island Drive
866-501-3104



STORE HOURS: MON - FRI 8:30AM-8PM, SAT 9AM - 7PM, SUN 12 PM - 5PM • SERVICE HOURS: MON - FRI 7AM - 6PM, SAT 7AM - 4PM, SUN 10AM - 3PM



USO opening – The South Texas USO opened a satellite office at the NAS Kingsville Fleet and Family Support Center (FFSC) recently. An official ribbon cutting was held, following by free BBQ for everyone. The USO will sponsor a free lunch for all active duty military at FFSC on the third Thursday of every month. For additional information, contact the USO office at (361)961-2391. (Photos by Fifi Kieschnick, NAS Kingsville Public Affairs)



CPO Pinning and Reenlistment – During the Chief Petty Officer Pinning Ceremony held Sept. 16, at the McFall Memorial Chapel, Air Traffic Controller Joshua McWilliams was pinned to the rank of Chief Petty Officer. Following the pinning ceremony, McWilliams, a native of Mercer, Pa., reenlisted for three more years of U.S. Naval service. (Photos by Fifi Kieschnick, NAS Kingsville Public Affairs)



Fair Winds and Following Seas -- HMC (FMF/SW/AW) Nohemi Tagle, Branch Health Clinic Kingsville Senior Enlisted Leader, retired after 20 years of dedicated service recently. Kind words and accolades were given by peers, friends, and shipmates to the completion of a successful naval career. (Photos by FC1(SW) John Sessions, NAS Kingsville Public Affairs)

Thank you! --

An Ombudsman Appreciation Dinner was held recently. Local ombudsmen were thanked for their service to their commands and the family members. Ombudsman Appreciation Day is held annually since the inception of the program in 1970.

The contribution ombudsmen make to the success of the command's mission is immeasurable. Their efforts in supporting Navy families enable Sailors and commands to focus on mission requirements all while knowing families have a trained and reliable resource to provide support on the home front. Recognized were Gae Armour, Kingsville Clinic ombudsman (pictured right); Jennifer Girgan, NAS Kingsville ombudsman (far right); and Megan Schwab, TW-2 and VT-21 ombudsman (not pictured).

(Photos courtesy Ramon Panganiban)





**Smile,
Let Your Teeth Show**

Our Services Include:

- Digital X-Rays • Tooth Whitening • Root Canals
- Crowns, Bridges, Veneers • Cosmetic Contouring • Sealants
- Orthodontics (Braces) • Implants • Specialty Dentures

BOTOX[®] Cosmetic **Juvéderm[®]**

New Patients Welcome
Financing Options Available
We Are In-Network with Metlife and Delta Dental
Sedation Dentistry is Also Available

Like **Lawhon Dental** on **Facebook** and be entered to win a **free** in-office whitening

Schedule Your Appointment TODAY!



Dr. Tanya P. Lawhon, DDS
312 South Ave B
Bishop, TX 78343
(361) 584-2217

www.LawhonDental.com



Honoring Gold Star Moms -- Capt. Christopher Misner, NAS Kingsville commanding officer, signs a proclamation in support of Gold Star Mother's and Family's Day on Sept. 28. According to Capt. Misner, "We owe so much to the families of the fallen who have, in their own way, sacrificed so much for the nation they love and choose to serve." Looking on as he signs the proclamation is Ramon Panganiban of the Fleet and Family Support Center.

Need a Winging Gift?



Custom Framing • Aviation Prints & Jewelry • Candles
Home Decor & Unique Gifts

Hall of
FRAMES

312 N. 6th Street (new location)
Kingsville, TX 78363

361-592-8201 (phone) • 361-592-3316 (fax)
hof8201@sbcglobal.net • www.halloframes.com



The Real Estate Leaders

RE/MAX[®]

Gold Team
Your Neighborhood Real Estate Agents!

RE/MAX Gold Team provides Real Estate Brokerage Services for Kingsville and the entire Coastal Bend area

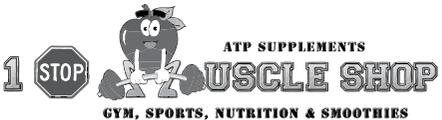
Questions about **BUYING** or **SELLING** Real Estate?
Call us! We have the answers!
361-592-4011



\$11⁰⁰ Military Hair Cuts

Mon-Tue-Wed: 9 a.m.-5 p.m. • Thurs-Fri: 9 a.m.-7 p.m.
Sat: 9 a.m.-3 p.m. • Sun: NOON-4 p.m.

Sheila Balboa, Owner
2730 S. Brahma Blvd., Suite 118 • Kingsville, TX
361-221-9174



**Kingsville's
24 Hour Gym and Supplement Store
1 Stop Muscle Shop**

819 W King Ave., Kingsville, TX 78363
361-516-0355

*They can match our price but they will never beat us.
Show us an ad and we will smash, match and or beat it. Ship anywhere in the U.S.*



**Celebrating
HISPANIC
HERITAGE**

Food, Friends, & Fun!
Join the Diversity Committee

THURS OCT 09 AT THE CAPTAIN'S CLUB



1130-1230

*A Legacy of History,
a Present of Action
and a Future of Success.*

National Hispanic Heritage Month

DONATIONS ACCEPTED



**WEDNESDAY IS HERO'S NIGHT at
Johnny D's
Restaurant On The Island**

**Military Personnel, Police Officers, Firefighters
30% off your entrees with I.D.**
We Appreciate what YOU do!

Serving Dinner: Tuesday – Saturday • 4:30 pm till 9:30 pm
Serving Fresh Seafood, Hand cut Steaks and much more

View our full menu on our website or Google
www.letseat.at/johnnydsrestaurant

Saturday and Sunday Brunch 11:00 am - 2:00 pm, Featuring Drink Specials
NEW ½ Price Wine Tuesdays NEW

The Island's only Bloody Mary Bar • Outdoor Banquet Space available for Parties • Catering Available

Call for reservations 361-949-2500
15605 SPID



Keep The Sparkle In Your Smile!

- Tooth-colored fillings • Tooth whitening
- Crowns, bridges and veneers • Dentures (complete and partial)
- Nightguards • Root Canals • Digital X-Rays & Photos

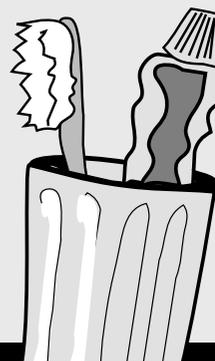
For our dental phobics we offer:
• Nitrous Oxide Gas • Conscious Sedation (pills)

All the comforts of home including:
• Blankets and Pillows • Warm Towels • Personal music by Pandora

Now accepting : • Metlife • United Concordia • GEHA

Anna C. Ashley, DDS, PA
Family and Cosmetic Dentistry
Schedule your appointment TODAY!
361-991-0102
Tuesday-Friday 8:00am to 5:00pm

5314 Everhart, Suite A • www.annaashleyddspa.com




Saxet Gun Show
****The BEST GUN SHOW****

Sat. Oct. 25 9am - 6pm
Sun. Oct. 26 9am - 5pm

Richard M. Borchard
Regional Fairgrounds
Robstown, Texas

FREE PARKING
On the Corner of Hwy. 77 & Hwy. 44
www.saxetshows.com

***** Guns *** Knives *** Ammo**
**** Coins ** Militaria ** Collectables**
For more information
call 361-289-2256



Delta

TIRE & WHEEL

**Locally owned
Family Operated**

We will
**MATCH
or
BEAT**
Any Competitors Price on
LIKE Tires or Wheels

**We Really Appreciate
Your Business!**

Two Locations

<p>854-4718 2424 S.P.I.D. At Ayers M-F 8:00 - 6:30 Sat. 8:00 - 5:00</p>	<p>387-8473 N.W. Blvd. at Wood River M-F 7:30 - 6:00 Sat. 8:00 - 5:00</p>
--	--

6 MO

**SAME AS
CASH W.A.C.**

**MILITARY and
SENIOR Discounts**

Delta Brand For Real Value

**FREE Roadside Assistance • We offer Nitrogen
FREE Re-Balance • FREE Alignment Check**

Se Habla Español www.deltatire.net

Military Spouses can train for a new career for FREE with MyCAA funding.

Train online
in healthcare,
technology, or
administration and
prepare to earn
\$30,000-\$50,000/yr.

**Visit
CareerStep.com/spouse
today!**

Never Miss an Issue

On Line for Your Convenience!
www.djyoungpublishing.com

SELECT: The Flying K
Scroll down to: Digital Issue of
The Flying K Enjoy!

**YOUR BUSINESS CAN BE A
PART OF OUR NEXT ISSUE**

For Advertising Rates
cyoung@djyoungpublishing.com
361-814-0866

Drum Beats

*Current issues
on the forefront
of the minds and hearts
of our people ...*

Domestic Violence

More than one in three women, or 35.6 percent, and more than one in four men, or 28.5 percent, in the United States have experienced rape, physical violence and/or stalking by an intimate partner in their lifetime. National Domestic Violence Hotline advocates are available 24/7 at 1-800-799-SAFE (7233). All calls are confidential and anonymous. <http://www.thehotline.org/help/>

SAPR

The Safe Helpline Mobile App (for iOS or Android) allows sexual assault survivors to create a customized self-care plan and connect to resources from anywhere in the world.

You can use the self-care exercises and information in the app whenever you'd like. Your personalized plan will be stored only on your mobile device so it will remain completely confidential. Once you download the app, you don't need an internet connection to use it.

Suicide Prevention

Even under extreme stress, the presence of protective factors helps us effectively navigate through life's challenges. A sense of community and genuine support from leadership, shipmates, family and friends can help counter risk factors for stress injuries, such as extreme feelings of hopelessness and/or difficult transitions.

It is our duty to be engaged with our friends, family, co-workers and leadership to help each other weather life's storms.

Alcohol

Did you know that drunk driving is often a symptom of a larger problem: alcohol misuse and abuse? Alcohol-impaired motor vehicle crashes cost more than an estimated \$37 billion annually. In 2012, more than 10,000 people died in alcohol-impaired driving crashes - one every 51 minutes.

If you think you may be struggling with an addiction to alcohol, or if drinking interferes with your work and/or relationships, please

seek help- don't wait until it is too late!

Drug Use

The Centers for Disease Control and Prevention has classified prescription drug abuse as an epidemic. While there has been a marked decrease in the use of some illegal drugs like cocaine, data from the National Survey on Drug Use and Health (NSDUH) show that nearly one-third of people age 12 and over who used drugs for the first time in 2009 began by using a prescription drug non-medically.

Because prescription drugs are legal, they are easily accessible. Here are some things you can do to reduce the abuse of prescription drugs:

- * Follow disposal guidelines.
- * Talk to your children. It's important that our children learn about the use and abuse of prescription drugs.

- * Take advantage of community take-back programs. Call your city or county government's trash and recycling service or your local police or sheriff's department to see if a program is available in your community.

- * Seek treatment and support individuals in recovery.

Energy/Water Conservation

Energy Conservation is unquestionably of great importance to all of us, since we rely on energy for everything we do every single day. Energy supplies are limited and to maintain a good quality of life, we must find ways to use energy wisely. Embrace energy conservation by making small changes that will lead to a significant difference in our overall energy consumption. Your efforts, combined with those of others will benefit your life and the lives of future generations, as well as our environment.

Useful Tips for Conserving Energy:

- * Turn off your computer and monitor each day before leaving work.
- * Turn off the monitor if you aren't going to use your PC for more than 20 minutes.
- * Turn off both the CPU and monitor if you're not going to use your PC for more than 2 hours.

The bottom line shipmates: In all of the above, YOU are the key to our success in the Navy! Intervene, speak up and look out for one another and all our resources!!!

NAS Kingsville donates non-perishable food items to local pantries

NAS Kingsville donated 513 pounds of non-perishable food items and \$2,500 to local food pantries last week. The donations are benefitting First Christian Church of Kingsville, First Baptist Church Kingsville, and St. Paul AME food pantries.

The food items and funds collected was part of the annual Feds Feeds Families campaign and were donated by NAS Kingsville Sailors, Marines, family members, and civilian and contract employees who believe in helping their neighbor and contributing to the local community.

"The Feds Feeds Families campaign gives

us the opportunity to participate in something that greatly benefits the community," said Capt. Christopher Misner, NAS Kingsville commanding officer. "The local communities support us year-round and this is just one way we can give back."

The U.S. Department of Agriculture sponsors the annual FFF campaign to collect food for those in need. Since 2012, NAS Kingsville has collected more than 1,450 pounds of food and \$4,250 in monetary donations.

This year, the campaign was launched in July and ran through Aug. 31.

What's Happening

Registration Deadline October 17th -- A Nature Tourism Seminar, "Natural Experiences in the Texas Coastal Bend – Capitalizing on our Region's Greatest Assets" - will be held at the Inn at Fulton Harbor in Fulton, 215 N. Fulton Beach Rd on October 22 presented by the Texas Coastal Bend Regional Tourism Council and the Alice Chamber of Commerce. Seminar topics will include – "How to Attract a Greater Diversity of Users to your Outdoor Attraction", "How to Encourage Families to Reconnect with Nature & the Outdoors", "Learning the Secret's to Rockport - Fulton's Successful Nature Programs" and "Volunteer Recruitment/Training and Retention". Cost: **\$35** includes lunch. Registration deadline October 17. Information: Nancy Deviney, 701-0555, or nancydeviney@yahoo.com.

"BIRD MART" – Exotic Parrots, Cages, Feed, Toys, Supplies and more. Oct 25th 9AM-5PM, Raffle Tables and Grand Prize one day only! Al Amin Center, 2001 Sunside Road, Corpus Christi, TX 78409 www.cbcbirdclub.com Admission only \$3.00 and MILITARY FREE!

The Padre Island Property Association is hosting the 4th Annual Padre Island Art Walk. The Art Walk will be held Sunday, November 2, 2014 from 12:00 p.m. to 4:00 p.m. at Don & Sandy Billish Park, on Gypsy Street, on Padre Island. This is a **FREE** event open to everyone. This event is designed to improve all aspects of the Art Community. The event will foster community unity and provide an opportunity for the public to meet our local Artists and Craftsmen. Come out and be a part of one of the biggest Art Walks on the Island. Any Artist or Craftsmen who would like to participate at no charge please call JoAnn Smith for more information. **For more information:** Call JoAnn Smith at 949-7114 or 815-7431

BIRDIES FOR THE BLIND CHARITY GOLF SCRAMBLE South Texas Lighthouse for the Blind cordially invites you to join us for our 5th annual charity golf scramble, Birdies for the Blind on Friday, November 7th at Corpus Christi Country Club. Lunch and Registration start at 11 am with a shotgun start at Noon. All proceeds will help South Texas Lighthouse for the Blind to build a training center that will allow us to provide training opportunities for our neighbors who are blind or visually impaired. This is a four-man scramble, but if you don't have a team, we will be happy to put one together for you! For more information, please visit www.birdiesfortheblind.com or call Alana at 361.693.6183. Sponsorship opportunities and registration form are available on the website.

Would you like to stop changing from Daylight Saving Time to Standard Time and stay on one or the other. Which do you like best: DST or Standard Time? Plan to join us on the South Steps of the Capital on March 10th, 2015 at 1 pm. Like the Facebook page at <https://www.facebook.com/EndSPRINGForward> <<https://www.facebook.com/EndSPRINGForward>> to keep current on the campaign. TEXAS Daylight Saving Time: 100% DST or END It! <<http://www.youcaring.com/other/texas-daylight-saving-time-100-dst-or-end-it-/230329>>

FREE PUBLICITY for your NON Profit organization's FUND RAISING EVENT, General Membership Meeting or CALL for Volunteers ... go to www.djyoungpublishing.com SELECT: Events Enter the info as you would like to see it in print (here in WHAT'S HAPPENING) on a space available basis and on the Event Calendar.

TEXT. PLAY. BANK.

Effortless. Convenient. Free.

- > View your account information
- > Transfer money
- > Make deposits*
- > Pay bills
- > Find nearby branches and ATMs

Download the app today!
Available on iPhone®, Android™, iPad®, and Amazon Kindle.

NAVY FEDERAL
Credit Union

ARMY
MARINE CORPS
NAVY
AIR FORCE
COAST GUARD
DoD

Learn more about Mobile Banking
at navyfederal.org/mobile.

Federally insured by NCUA. *Message and data rates may apply. Visit navyfederal.org for more information. Android™ is a trademark of Google, Inc. iPhone® and iPad® are registered trademarks of Apple, Inc. App Store™ is a service mark of Apple, Inc. Amazon, Kindle, Kindle Fire, the Amazon Kindle logo, and the Kindle Fire logo are trademarks of Amazon.com, Inc. or its affiliates. © 2014 Navy Federal NF011009 (9-14)



ATTENTION
Business Decision Makers

Advertise **YOUR** Business in the Next Issue of This **NEWSPAPER**

Contact Chris at
361-814-0866
for more information

cyoung@DJYoungPublishing.com
www.DJYoungPublishing.com



WILLIAM A. THAU III, P.C.

"Former Staff Judge Advocate-NAS Kingsville"

- Divorce & Separation
- Military Law
- Child Custody & Support
- Auto Accidents
- Adoption/Guardianship
- Personal Injury
- Paternity Cases
- DWI
- Wills & Probate
- Criminal Defense

9708 S.P.I.D., SUITE A-101 • CORPUS CHRISTI
(361) 937-5513 • Toll Free 1-877-888-1369



Licensed by the Supreme Court of Texas
Former President of the Corpus Christi *Family Law Association* (1999-2000)
Selected as a Texas "Super Lawyer" in November 2003, October 2004, and October 2005 issues of *Texas Monthly*



Claim Your Future



- Small Class Sizes
- Classroom and Online
- Approved for VA Benefits/GI Bill®
- Regionally Accredited

Personalized Education Where You Live



**Classes Now Forming –
Registration in Progress**

Corpus Christi Education Center
Bldg. 1731 NASCC
corpuschristi@saintleo.edu
(361) 937-1452

www.saintleo.edu/corpuschristi



GI Bill® is a registered trademark of the U.S. Department of Veterans Affairs (VA). More information about education benefits offered by VA is available at the official U.S. government Web site at www.benefits.va.gov/gibill.

You build the business.



We build the brand.

Learn more online at www.HiResCreative.com



MILITARY, MEDICAL, AND LAW ENFORCEMENT DISCOUNTS AVAILABLE!

APARTMENTS WITH ONE CAR GARAGE INCLUDED

1 BED / 1 BATH + CAR GARAGE STARTING AT	\$800
1 BED + STUDY + CAR GARAGE STARTING AT	\$895
2 BED / 1 BATH + CAR GARAGE STARTING AT	\$1030
2 BED/ 2 BATH + CAR GARAGE STARTING AT	\$1190

TOWNHOMES

1 BEDROOM	\$850
2 BEDROOMS	\$985
3 BEDROOMS	\$1280

ALL BILLS PAID APARTMENTS

EFFICIENCY	\$775
1 BEDROOM	\$870
2 BEDROOMS	\$990
3 BEDROOMS	\$1300

**LUXURY NEW CONSTRUCTION APARTMENTS /
WATER VIEW UNITS AVAILABLE**

EFFICIENCY	\$845
1 BEDROOM	\$949
2 BEDROOMS	\$1135
3 BEDROOMS	\$1395

- 5% MILITARY, CCAD EMPLOYEE DISCOUNTS.
- 5% STUDENT DISCOUNT.

**WE ARE LICENSED
REAL ESTATE AGENTS AND
HOUSING SPECIALISTS
100% FREE SERVICE
HOW WE WORK ?**

We will sit down with you or talk on the phone and chat about your tastes, your price range and what neighborhoods appeal to you most. Using that information our agents search through our database of properties and find the three to four apartments that most closely meet your criteria. After that our agent will drive you around your ideal neighborhood and guide you through the selected apartments.



**361 APARTMENT
LOCATORS.**
 HOMEFINDERS REALTY
DIRECT LINE (361) 288-0005
OFFICE (361) 334-3550
 5433 S. STAPLES SUITE Q1
 CORPUS CHRISTI TX, 78411
WWW.361APARTMENTLOCATORS.COM