



# Inside the Gate



April 28, 2016

For the following tidbits of information and more, visit [www.cnic.navy.mil/gulfport](http://www.cnic.navy.mil/gulfport). Want your news or event posted? Let us know by sending an email to [bonnie.lindleymcgerr@navy.mil](mailto:bonnie.lindleymcgerr@navy.mil) or call 228-871-3662. All content in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, gender, national origin, age, marital status, physical handicap, political affiliation or any other non-merit factor of the purchaser, user or patron.

**Military Customs and Courtesies** – A query from CO's suggestion box: **Question:** What is the proper way to render salutes during morning colors? When should service members drop their salute? **Answer:** In accordance with OPNAVINST 1710.7A and Chapter 12 of the US Navy Reg and the Naval Telecommunication Procedures NTP 13(B), ... all shall salute at the first note of the anthem, hold the salute through the last note of the national anthem ...

**DLA Energy Military Fuel Station Temporary Closure** – The DLA Energy Military Fuel Station will be down for repairs May 3 – 20. **If repairs are completed early, an announcement will be made.**

**Parking lot closure** – Due to MWR's Barracks Bash, the east half of the parking lot south of Building 460 will be closed **May 4, 9 a.m. – May 5, 10 p.m.**

**Bee Wash Update** - Throughout the year, our beloved Seabee who stands watch over NCBC on the Parade Field (NCBC grinder), gets pretty dirty. In the name of good, clean fundraising, people around base and other local bases are nominated by peers and subordinates to wash the Bee from **11 a.m. – noon, May 5 on the grinder**. All donations will go to benefit Navy and Marine Corps service members and their families as part of the **Navy-Marine Corps Relief Society (NMCRS) 2016 Active Duty Fund Drive**. Everyone is welcome to make a donation and a nomination. Nominees as of **April 22** are: **Janet Odenthal**, GOSC, \$176.81; **CUCM Shawn Babb**, Lucky Eleven, \$169.76; **CDR Spears**, The First and the Finest, \$149.00; **CDRE Aguayo**, 22NCR, \$138.60; **Alice Huffman**, NMCRS, 103.08; **CAPT Hansen**, NCBC, \$102.00; **Charles Hodge**, NCBC Admin, \$70.00; **LCDR Sheets**, NMOPDC, \$65.00; **CDR Anthony Conley**, NCBC, \$55.00; **CDR Stasick**, NCG2, \$40.71; **LCDR Gunderson**, The First and the Finest, \$24.00; **Rob Mims**, NCBC, \$20.87; **CDR Cuadros**, Lucky Eleven, \$20.00; **EQCM Helen Daniel**, 7NCR, \$20.00; **CDR Jason McCoy**, NOSC, \$8.73; **CMDCM Lopez**, The First and the Finest, \$6.00. **Total contributions as of April 22: \$1,169.56**. To make a donation or nomination, contact Alice Huffman, Director, NMCRS Gulfport at 228-871-2610. Donations must be in by **1 p.m., May 4**.

**safeTALK** - Tell. Ask. Listen. Keep Safe! safeTALK will be offered from 8 - 11 a.m., May 5 at Seabee Memorial Chapel Fellowship Hall. As a safeTALK-trained suicide alert helper, you will be better able to move beyond common tendencies to miss, dismiss or avoid suicide; Identify people who have thoughts of suicide; Apply the TALK steps to connect a person with suicide thoughts to suicide first aid, intervention caregivers. **Call CREDO Facilitator at 228-871-2454 for more information or to sign up**. Class size is limited to 30. All Resident Advisors MUST attend safeTALK training.

**Creative Wardrobes on a Budget Workshop** - May is Military Spouse Appreciation Month and Fleet and Family Support Center (FFSC) is sponsoring a workshop May 11, 11 a.m. - 12:30 p.m., to help attendees achieve the look they want without breaking the bank. Call FFSC at 228-871-3000 to register. **Everyone with authorized access to NCBC Gulfport is invited.**

**12th Annual Run for Relief 5K and Military Challenge** – The Annual Run for Relief 5K and Military Challenge fundraiser for the Navy-Marine Corps Relief Society 2016 Active Duty Fund Drive is May 14, 8 a.m., at Run N Tri Gulfport. Military teams and individual efforts will be recognized. **For more information and to sign up visit: <http://RACESONLINE.COM>.**

**NFCU Hours Changing** – Effective May 16, the NCBC branch of Navy Federal Credit Union will be **open Monday – Friday, 9 a.m. – 5 p.m. and Saturday, 9 a.m. – 1 p.m.**

**Military Spouse Career Fair** - Bring your resume and come prepared to interview at the Military Spouse Career Fair, May 17, 10 a.m. - 2 p.m. at Fleet and Family Support Center (FFSC). If you don't have a resume - no worries - just call FFSC at 228-871-3000 for assistance with writing one! **Everyone with authorized access to NCBC Gulfport is invited.**

**Career Technical Training Workshop** - Fleet and Family Support Center (FFSC) will host a Career Technical Training course for military retirees and separating members with an interest in a career, trade or technical field from 8 a.m. - 3 p.m., May 18-19. This course will be facilitated by the Department of Veterans Affairs. Spouses of eligible transitioning service members are welcome and encouraged to attend. **Call FFSC at 228-871-300 to register.**

**Refine Your Image Workshop** - Fleet and Family Support Center (FFSC) is sponsoring this course May 21, 11:30 a.m. - 1:30 p.m. at FFSC. Professional Image Consultant Brenda Blount will teach students how to refine their personal and professional images. The focus will be on dress, presentation, speech and interaction. Please call FFSC, 228-871-3000, no later than May 12 to sign up. No cost child care is available for the workshop through the Child Development Center's "Give Parents a Break" program. **Contact the CDC by May 12 at 228-871-2323 to register for child care. Everyone with authorized access to NCBC Gulfport is invited.**

**Traffic pattern changes at NCBC Gates** – Due to traffic configuration changes, delays may be experienced when entering/exiting NCBC Gulfport. **Please slow down, be courteous, pay attention to Security Forces and plan accordingly.**

**NMCRS Thrift Shop needs YOU** – The Navy-Marine Corps Relief Society Thrift Shop is in dire need of volunteers to work four hours a day, one day a week as cashiers and merchandise sorters. **If you are interested in volunteering, please call 228-871-2610.**

**FOCUS/NEX -Month of the Military Child Coloring Contest** – Families Over Coming Under Stress (FOCUS) and the Navy Exchange (NEX) are sponsoring a Month of the Military Child Coloring Contest through April 30. The rules and contest entry form are available at the NEX or at FOCUS **Winners announced May 2 at the NEX.**

**Seabee eCourier** – Read the latest edition of the Seabee eCourier at: <http://tinyurl.com/CBCourier>

**Anchors and Eagles, Building 303**, is the perfect place for you to come and unwind. Open Tuesday - Thursday, 2-6 p.m. (E7 and above.) Monthly social is the fourth Thursday of the month with FREE food! **The fun begins at 3:30 p.m.**

**Navy Community Recreation Outdoor Rental Center** – Take care of your lawn and your wallet! Rent a lawn mower, weed-eater/edger and 100ft extension cord for ONLY\$10! Reservations required. **Call 228-871-2127 for info.**

**Legal Note: Mississippi Tag Exemption** - Are you applying for Mississippi vehicle tax exemption? To be eligible, you must:  
1. Have a valid active duty military ID (not retired); 2. Be stationed in Mississippi; 3. Provide an LES to verify which state taxes are being paid to; 4. Not be a legal resident of Mississippi; 5. Have the vehicle registered in the military member's name (not spouse only); **If you have questions regarding this process, please contact Legal Assistance at 228-871-2626.**

**A reminder from NCBC Security about Seatbelt Usage** - Seatbelts will be worn by all operators and passengers of Government owned or leased vehicles on and off Navy installations. Seat belts will be worn by all military service members, reserve components members on active duty driving or riding in a privately owned vehicle on or off Navy installations. Seat belts will be worn by all civilian personnel, family members, guests, and visitors while a privately owned motor vehicle is in motion aboard Navy installations. **For more information, see OPNAVINST 11200.5D.**

**Auto Skills Center** – Learn how to keep your car on the road with our FREE Military Spouses Preventative Maintenance Class on May 21st at 10 a.m. Don't miss out! Open W-F 2-8 p.m., Sat & Sun 10 a.m. - 5 p.m. Sell your vehicle, boat, or trailer at the MWR Resale Lot – great rates and high exposure! **Call for details 228-871-2804.**

**The Grill, Building 418** –May Special: Enjoy each flavorful bite of a roast beef & gravy Po-boy (half) served with a side salad and fountain drink for only \$6.50! Open Monday – Friday 7a.m. – 1:30 p.m. for breakfast and lunch. FREE lunch delivery available; just call 228-871-2494. **If you have a comment or question, please send an email to Michael.sweetapple@navymil.**

**Enjoy more lunchtime options with Food Trucks!** - Lunch time just got more exciting with expanded dining options! Mondays & Wednesdays enjoy southern cuisine courtesy of Taste Budz. Tuesdays & Fridays take a bite into the flavors of BBQ World. Looks for the trucks at the **Training Hall parking lot - 10:30 a.m. – 1:30 p.m.**

**What's happening at the Seabee Memorial Chapel - Protestant: Sunday, 9:15 a.m. - Sunday School; 10:30 a.m. – Protestant Service, 11 a.m. - Children's Church; Weekdays: Wednesday, 11:30 a.m. - Praise Break (20 minutes of praise and worship through music); 11:30 a.m. – Men's Bible Study; Noon - 1 p.m. - Protestant Women of the Chapel Bible Study. Catholic: Sunday, 8:30 a.m. - Rosary/Confession; 9 a.m. – Mass; CCD Class – 10 a.m.; Monday, Tuesday & Friday - 11:15 a.m. - Mass; Thursday, 5 p.m. - Holy Hour; 6 p.m. – Mass; 6:30 p.m. – Catholic Fellowship.** Visit the Chapel Facebook page for updates: <https://www.facebook.com/ncbcchapel>, email: [gulfportchapel.fct@navy.mil](mailto:gulfportchapel.fct@navy.mil), or call 228-871-2454.

**Learning Resource Lab** - Do you know about the Navy MWR Digital Library? Check it out here: [www.NavyMWRDigitalLibrary.org](http://www.NavyMWRDigitalLibrary.org). **Enjoy free Stuff?** Stop into ITT between **noon and 12:30 on the first and third Friday of the month** to learn how you can receive free books and more! **Limited seating! Come out and learn over lunch!**

**Zika Virus Information** – Navy Medicine and the Center for Disease Control (CDC) have provided the below links which contain extensive details on the Zika virus. Additional information and resources can be found using these links: <http://www.med.navy.mil/sites/nmcphc/program-and-policy-support/Pages/Zika-virus.aspx>; **POC for Zika Virus info at Naval Branch Health Clinic (NBHC) Gulfport is HN Brian Masse, at: [brian.d.masse.mil@mail.mil](mailto:brian.d.masse.mil@mail.mil).**

**Fitness Center** - Summer pool hours will begin May 1! Monday-Friday 5:30a.m.-7 p.m.; Saturday & Sunday 9 a.m. 4 p.m. Sign up for summer swim lessons at the Fitness Center pool today! Take a dip for Water Aerobics every Tuesday & Thursday at 10:15 a.m. & 5:15 p.m. Do you have what it takes to Break the Record at Aquatics? Give it your best shot April 29! How well can you dodge, duck, dip, dive & dodge? Show us what you've got- April 29 7-9 a.m.! Give-It-A-Tri all month long to complete a 300 meter swim, 6 mile bike-ride and 1.5 mile run within 1 hour and be signed up for prize drawing! Cycle Around the World with Virtual Fitness! Take 12 guided tours and earn a water bottle. All Month – Yoga, Functional Fitness (NOFFS), and Zumba workouts available. **Check MWR Facebook page for details – [www.facebook.com/ncbcmwr](http://www.facebook.com/ncbcmwr) or call 228-871-2668 for information.**

**Register to Vote** - If you would like to register to vote, visit FVAP.gov now to complete a registration application and request your absentee ballots for the presidential preference primaries (P) and State primaries (S). It only takes a few quick steps to make sure your vote is counted no matter where you are in the world. **NCBC Voting Officer is Lt. Zach Guthrie, Building 1, Room 225, 228-871-3460/2890.**

**Seabee Cinema, Building 446 Marvin Shields Blvd.** - Regular movie showings Friday - Sunday of every week! Showing this weekend: **Batman vs Superman: Dawn of Justice 3D (PG13); My Big Fat Greek Wedding 2 (PG13); The Divergent Series: Allegiant (PG13); Zootopia (PG); 10 Cloverfield Lane (PG13).** Pick up a copy of our new Movie Schedule today at any of our facilities! Call the 24-hour Movie Hotline at 228-871-3299. **Enter to win in the Seabee Cinema Giveaway** – Just take our survey: <https://poll.fbapp.io/seabee-cinema-drawing>

**Navy Community Recreation Information Tickets & Travel** – Stop in and pick up discounted tickets to local events! Your ITT now has tickets available for: Biloxi Shuckers, Ship Island Excursion, Infinity Science Center, Talladega Motor Speedway, and Honey Island Swamp. **Come and see Josh and Jocelyn or call 228-871-2231 for more information. Sign up today at Tickets & Tours for Paint-n-Sip May 13 from 6-8pm, only \$35!**

**Liberty Center** - Check out what's happening this week at Liberty! **April 29, All Day, Mother's Day Cards.** Don't forget Mom: **April 30, TBA, Bay Breeze Golf Trip, \$21; May 1, Noon, Shuckers vs. Smokies Baseball, \$8; May 3, 6 p.m.,** Tournament Tuesday: Giant Jenga, Prizes awarded; **May 4, 11 a.m.,** May the Fourth Be With You Trivia, 1<sup>st</sup> Place Prize; **May 5, 6 – 8 p.m.,** Barracks Bash! Join us for ALL the fun – Zip Line, FREE Food, Games, Prizes, Lazar Tag & more! Call Liberty at 228-871-4684 for information. **Sign up now for Liberty's Memorial Day Weekend Atlanta Trip – as low as \$160 per person.**

**The Hive – All Hands Club at Building 352** – Open **Wednesday and Thursday, 6 – 10:30 p.m., Friday and Saturday, 6 – 11:30 p.m.** Enjoy seven TVs for sports action, unwind with darts, pool, or video games and enjoy choice music! Bring your own video games and enjoy relaxed gaming! There's no better place to celebrate Cinco de Mayo! **If you have a question or comment, please send an email to [Michael.sweetapple@navy.mil](mailto:Michael.sweetapple@navy.mil).**

**MWR Extreme Teen Center - Open Monday-Thursday, 3:30 – 8:30 p.m., Friday, 3:30 – 9 p.m.** NCBC Gulfport Teen Center is open to 13 - 18 year olds currently enrolled in middle and high school and who have access to NCBC Gulfport. Register at the Youth Activities Center (YAC), Building 335, Bainbridge Road. Call 228-871-2251 for info. This week's YAC activities: 4/29 – 6-9 p.m., Movie Night w/ Chili Frito Pie & Drink, \$2; 4/29-30 – 8 p.m. - 8 a.m., Operation Megaphone: Teens Only Lock-in at NAS Meridian, \$15; 5/3 – 5:30-8:30 p.m., Net Smartz: Circuit Bugs, Free; 5/4 – 5:30-8:30 p.m., Torch Club: Mother's Day Cards, Free; 5/5 – 5:30-8:30 p.m., Cinco de Mayo Cupcake Cones, Free

**Volunteer your time** - Volunteer opportunities on base or in the community are available and will provide an opportunity to make a difference and learn about programs and services offered. Call Fleet and Family Support Center at 228-871-3000 for additional information. Did you know there is a list of volunteer opportunities in the Seabee Courier each week? They are also maintained online. **Anyone can volunteer, just contact the POC and let them know you are interested. Go to [http://www.cnic.navy.mil/regions/cnrse/installations/ncbc\\_gulfport/news.html](http://www.cnic.navy.mil/regions/cnrse/installations/ncbc_gulfport/news.html)**

**\*\*Outside the Fence Line\*\*** For a listing of all the events in and around South Mississippi, go to <http://www.gulfcoast.org/events/> Disclaimer: These events are not base events and are subject to change/cancellation without notice. **It is advised to call in advance.**