



# Inside the Gate

Naval Construction Battalion Center, Gulfport, Mississippi



[www.cnbc.navy.mil/gulfport](http://www.cnbc.navy.mil/gulfport)

Sept. 26, 2016

For the following tidbits of information and more, visit [www.cnbc.navy.mil/gulfport](http://www.cnbc.navy.mil/gulfport). Want your news or event posted? Let us know by sending an email to [ncbc\\_gpt\\_pao@navy.mil](mailto:ncbc_gpt_pao@navy.mil) or call 228-871-2699. All content in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, gender, national origin, age, marital status, physical handicap, political affiliation or any other non-merit factor of the purchaser, user or patron.

**ACTIVE SHOOTER EXERCISE** - There will be an Active Shooter exercise Sept. 29 from approximately 10 to 11 a.m. All people on board NCBC will be expected to stop movement and shelter in place at some point during this

exercise. Also, all gates will be closed from 10:05 to 10:20 a.m. AtHoc notifications will be sent out.

**NEX MINI-MART CLOSURE**- The NEX Mini-Mart will close at 6 p.m., Sept. 28 for inventory.

## Fleet and Family Support Center

Happening at Fleet and Family Support Center - Call FFSC at 228-871-3000 for more information or to sign up.

- **V. A. Benefits**, Oct. 18, 8-10 a.m. This class provides additional information about benefits of the V. A. system, its procedures and paperwork. Please call (228) 871-3000 to pre-register.
- **CAPSTONE Event**, Oct. 18, 10 a.m.-noon. For separating or retiring personnel, this session is when you get your "required" paperwork signed off by a Transition specialist. Pre-registration is not required.
- **Baby Boot Camp**, Oct. 20, 8 a.m.-noon. For expecting individuals/couples and those who has a baby six weeks old or less. Please call (228) 871-3000 to pre-register.
- **Smooth Moves**, Oct. 25, 9-11:30 a.m. This class is a must for anyone who has orders to move within the next six months. Please call (228) 871-3000 to pre-register.
- **Career Fair**, Oct. 27, 10 a.m.-1 p.m. Several hiring employers will be present, and attendees are encouraged to dress in preparation for an interview and to bring a resume. Pre-registration is not required.

## Seabee eCourier Daily

Read the Seabee eCourier on a more frequent basis at: <http://tinyurl.com/CBCourier>

## Legal

Special Powers of Attorney now available online! Go to [http://www.jag.navy.mil/legal\\_services/SPOA.htm](http://www.jag.navy.mil/legal_services/SPOA.htm) to complete and print your form. DO NOT SIGN IT until you get to RLSO. Bring to RLSO Building 30 for notary service.

## Seabee Memorial Chapel

What's happening at the Seabee Memorial Chapel - Visit the Chapel Facebook page for updates: <https://www.facebook.com/ncbcchapel>, email: [gulfportchapel.fct@navy.mil](mailto:gulfportchapel.fct@navy.mil), or for more information, please contact: RP2 Shoemaker: 228-871-2454.

## Navy Community Recreation Outdoor Rental Center

Your one stop shop for all outdoor fun equipment! Fall is a perfect time to enjoy a weekend of camping in a A-Liner! Call today for details, 228-871-2127!

## NMCRS Thrift Shop

New Thrift Shop Hours - The Navy Marine Corps Relief Society Thrift Shop hours are now Tuesdays, Wednesdays

and Fridays from 9 a.m. to 1 p.m. They are closed Thursdays.

## Auto Skills Center

Don't let car maintenance SCARE you in October- **FREE Preventative Maintenance classes** coming on Oct. 6 & 20! Call today to make an appointment. Check out our new parts washer & engine hoist! Sell your vehicle, boat, or trailer at the MWR Resale Lot - great rates and high exposure For details 228-871-2804.

## Fitness Center

October Pool Hours: Monday-Friday 5:30 a.m.-5 p.m.; Saturday & Sunday 9 a.m. 4 p.m.

- Get ready to Swim into Fall with a workout routine! Each Thursday in October from 5:45-7:45 a.m. & 11 a.m.- noon. FREE for all Hands, limited space!
- Experience the newest sports craze with **Fling Golf Closest to the Pin & Longest Drive** on Oct. 12 at 5 p.m.! Do you have the skills for this lacrosse-golf hybrid?
- **Celebrate the Navy's 242nd Birthday** with either an aerobic or weight training workout! All Day Oct. 13!
- Can you make it through the Zombies and keep your bib? Find out how well you'll fare at the **Zombie 5K** Oct. 14 at 6 p.m.
- **Firefighter Challenge** Oct. 17 at 4:30 p.m. on the NOFFS Pad- Can you handle the heat?
- All Month - Cycling, Yoga, Functional Fitness (NOFFS), Water Aerobics and Zumba workouts available.

Check out our new website for details - [www.navym-wrgulfport.com](http://www.navym-wrgulfport.com), call the Fitness Center at 228-871-2668 or email us at [NavyFitness\\_GULFPORT\\_fct@navy.mil](mailto:NavyFitness_GULFPORT_fct@navy.mil) for more information.

## Security

NCBC Traffic Instruction/Traffic Rules: Speed limit on base = 25 mph unless otherwise posted. Come to a complete stop at all stop signs. No use of cell phones while driving anywhere, anytime!

## The Grill

Building 418, Open Monday - Friday 7 a.m. - 1:30 p.m. for breakfast and lunch.

**October Special:** Enjoy a delectable French Dip! Served with fries and ice cold fountain drink for just \$6.50! FREE lunch delivery available 11 a.m. - 1 p.m.; just call 228-871-2494. If you have a comment or question,

please send an email to [NCBC\\_Gulfport\\_MWR@navy.mil](mailto:NCBC_Gulfport_MWR@navy.mil)!

### **Register to Vote**

If you would like to register to vote, visit [FVAP.gov](http://FVAP.gov) now to complete a registration application and request your absentee ballots for the presidential preference primaries (P) and State primaries (S). It only takes a few quick steps to make sure your vote is counted no matter where you are in the world. NCBC Voting Officer is Lt. Brian Mack, 228-871-4274.

### **Zika Virus Information Update**

Everyone is encouraged to learn about the Zika Virus. Visit <http://www.med.navy.mil/sites/nmcphic/program-and-policy-support/Pages/Zika-Virus.aspx> for the latest information. The local point of contact for Zika info is HN Brian Masseat Naval Branch Health Clinic (NBHC) Gulfport, who may be contacted via email at: [brian.d.masse.mil@mail.mil](mailto:brian.d.masse.mil@mail.mil).

### **Seabee Cinema**

Regular movie showings Friday- Sunday of every week! What's playing this weekend: Don't Breathe (R); The Wild Life (PG); Pete's Dragon (PG); The Light Between Oceans (PG-13); Kubo and the Two Strings (PG), Ben-Hur (PG-13)

Download the **movie schedule** from our website: [navym-wrgulfport.com](http://navym-wrgulfport.com) or call the 24-hour Movie Hotline at 228-871-3299 for show times.

### **Navy Community Recreation Information Tickets & Tours**

Stop in and pick up discounted tickets to local events! Your Tickets & Travel office now has tickets available for: Biloxi Shuckers, Gulf Islands Water Park, Ship Island Excursion, Infinity Science Center, and Honey Island Swamp. Did you know we sell discounted tickets and vacation packages to resorts and amusement parks nationwide? Start making your holiday plans now! Come in and see us or call 228-871-2231 for more information. Stop in today for your FREE USM Football Game tickets! Get into the fall and Halloween spirit with our help in October:

- Paint-N-Sip: Pumpkin Carving, Oct. 14
- New Orleans Ghost Cemetery & Voodoo Tour, Oct. 15
- New Orleans Ghost Tour, Oct. 21.

### **Learning Resource Lab**

Do you know about the Navy MWR Digital Library? Check it out here: [www.NavyMWRDigitalLibrary.org](http://www.NavyMWRDigitalLibrary.org). Enjoy free Stuff? Stop into Tickets & Travel office at noon on the first and third Friday of the month to learn how you can receive free books and more! Limited amount of seats available so come out and learn over lunch!

### **Liberty Center**

Check out what's happening this week at Liberty! For more information, call Liberty at 228-871-4684. This week's YAC activities:

- Sept. 26 – 5:30 p.m., Movie Monday, Free Popcorn & Drink
- Sept. 27 – 6 p.m., Tournament Tuesday: Ping Pong, 1st Place Prize
- Sept. 28 – 5:30 p.m., Bingo Night, Win Prizes each round!
- Sept. 29 – 6 p.m., Cooking Corner: Homemade Fruit Smoothies, Free

- Oct. 1 – 5 p.m., New Orleans Vampire Tour, \$16
- Oct. 2 – All Day, Sunday Football, Free
- Oct. 3 – 5:30 p.m., Movie Monday, Free Popcorn & Drink
- Oct. 4 – 6 p.m., Tournament Tuesday: Neon Pool, 1st Place Prize
- Oct. 6 – 6 p.m., Cooking Corner: Buffalo Chicken Shish Kabobs, Free

### **The Hive**

All Hands Club at Building 352 – Open Wednesday and Thursday, 6 – 10:30 p.m., Friday and Saturday, 6 – 11:30 p.m. Enjoy seven TVs for sports action, unwind with darts, pool or video games, and enjoy choice music! Bring your own video games and enjoy relaxed gaming! Email [NCBC\\_Gulfport\\_MWR@navy.mil](mailto:NCBC_Gulfport_MWR@navy.mil) with questions/comments.

### **Anchors and Eagles**

Building 303, is the perfect place for you to come and unwind. Open Tuesday - Thursday, 2-6 p.m. (E7 and above.) Monthly social is the fourth Thursday of the month with FREE food! The fun begins at 3:30 p.m. Send questions or comments to [NCBC\\_Gulfport\\_MWR@navy.mil](mailto:NCBC_Gulfport_MWR@navy.mil) Ask about hosting your special event here!

### **MWR Extreme Teen Center**

Open Monday-Friday, 3:30 to 8:30 p.m. and Friday 3:30 to 9 p.m. NCBC Gulfport Teen Center is open to 13 - 18 year olds currently enrolled in middle and high school and who have access to NCBC Gulfport. Register at the Youth Activities Center (YAC), Building 335, Bainbridge Road. Call 228-871-2251 for info.

### **Youth Recreation Program**

Bldg. 335- FREE Tuesday- Thursday 5:30-8:30 p.m.; Friday 6-9 p.m. Get into nature Oct. 1 as we bounce our way into fun at Altitude Trampoline Park for only \$8! The kids will enjoy a full day of fun from 9 a.m. – 3 p.m.

### **Youth Activities Center (YAC)**

Open Youth/Teens: Tuesday-Thursday 5:30 p.m. - 8:30 p.m.; Movie Night/Dances/Pool/Teens: Friday 6 - 9 p.m.; Open Recreation/Field Trips: Saturday; Summer Camp: Monday-Friday 6 a.m. - 5:30 p.m. Register at the YAC, Building 335, Bainbridge Road.

- Sept. 27 – 5:30-8:30 p.m., Triple Play: Walk/ Run Challenge, Free;
- Sept. 28 – 5:30-8:30 p.m., Triple Play: Walk/ Run Challenge, Free;
- Sept. 29 – 5:30-8:30 p.m., Triple Play: Walk/ Run Challenge, Free
- Sept. 30 – 6-9 p.m., Movie Night w/ Popcorn & Drink, \$2
- Oct. 1 – 9 a.m. – 3 p.m., Altitude Trampoline Park, \$8
- Oct. 4 – 5:30-8:30 p.m., Triple Play: Invent a Sport, Free
- Oct. 5 – 5:30-8:30 p.m., Triple Play: Invent a Sport, Free
- Oct. 6 – 5:30-8:30 p.m., Triple Play: Invent a Sport, Free

### **Outside the Fence Line\*\***

For a listing of events in and around South Mississippi, go to <http://www.gulfcoast.org/events/> Disclaimer: These events are not base events and are subject to change/cancellation without notice. It is advised to call in advance.