

# SEABEE COURIER

www.cnic.navy.mil/gulfport

Vol. 54 No. 17

Naval Construction Battalion Center, Gulfport, Mississippi

May 1, 2014

## Earth Day on NCBC



Gene Baker, Utilities Energy Management (UEM) commodity manager with Naval Facilities Engineering Command (NAVFAC) SE Public Works Department (PWD) on board Naval Construction Battalion Center (NCBC) Gulfport, discusses energy conservation and awareness with students from West Wortham and Saucier Elementary schools at the annual Earth Day celebration April 22. Students were presented information on recycling, energy conservation, environmental responsibility and animal rescue at Education Stations located throughout the event site. (U.S. Navy photo by Construction Electrician 2nd Class Courtney Demastus/Released)

See story and photos, page 5

## Read about base water quality in the NCBC Gulfport 2013 Water Quality Consumer Confidence Report



See pages 13 - 17



Naval Mobile Construction Battalion (NMCB) 11s Coalition of Sailors against Destructive Decisions (CSADD) stand together after conducting scenarios about bystander intervention as part of Sexual Assault Awareness Month (SAAM). This training is a part of NMCB 11 homeport training period, which heightens knowledge base, essential mobility skills and command readiness. (U.S. Navy photo by Mass Communication Specialist 1st Class Michael C. Barton/Released)

## NMCB 11 supports SAAM

By MC1 Michael C. Barton  
NMCB 11 Public Affairs

Sailors from Naval Mobile Construction Battalion (NMCB) 11 received sexual assault awareness training, by focusing on bystander intervention as part of Sexual Assault Awareness Month (SAAM), April 17, 2014 at Naval Construction Battalion Center training theater, Gulfport, MS.

The NMCB 11 Coalition of Sailors against Destructive Decisions (CSADD), a group of Sailors that promote good decision making, acted out scenarios to show examples of where sexual assault could take place and how to properly intervene.

"Each scenario covered a potential situation that a Sailor could face. At the end, members of our SAPR Team had the audience respond with what went right and what should have been handled differently. I think everyone walked away from this training with a better understanding of what bystander intervention is and how they can use it to help their shipmates," said Lt. Cmdr. Andrew Litteral, Executive Officer, NMCB 11.

Scenarios from CSADD included: A new check-in, same sex assaults, field training exercises, social military gatherings and out in town situations.

"I learned from the scenarios it can be

difficult when it comes to higher ranking individuals and the issue of sexual assault," said Construction Mechanic 2nd Class Roland Casasanta, assigned to NMCB 11. "We still have to find a way to work around those issues and used the tools we learned and be an active bystander."

Sexual Assault Prevention and Response is an important element of the readiness area of the 21st Century Sailor initiative which consolidates a set of objectives and policies, new and existing, to maximize Sailor personal readiness, build resiliency and hone the most combat-effective force in the history of the Department. The Department of the Navy (DoN) is working to aggressively to prevent sexual assaults, to support sexual assault victims, and to hold offenders accountable.

"When we talk to our Sailors, we realize that nearly everyone knows someone who has been affected by sexual assault. This is a real problem, that we must actively work to prevent," said Litteral.

Some techniques for bystander intervention are diversion; creating a distraction to remove someone from a risky situation. Separation; if you know both parties well, sometimes you can take a more direct approach, step in and separate the two

See NMCB 11 page 7

# Legal: Debt collectors are calling! How can the FDCPA help me?

**NCBC**  
**Commanding Officer**  
Capt. Paul Odenthal  
**Public Affairs Officer**  
Rob Mims  
**Courier Staff**  
Editor  
Bonnie L. McGerr  
*Mass Comm. Specialist*  
MCC(SCW/SW/AW)  
Ryan G. Wilber  
*Special Contributors*  
CE2(SCW)  
Courtney Demastus  
UTCN Alicia Fluty

The Seabee Courier is a weekly authorized on-line publication for members of the military services and their families. Content does not necessarily reflect the official views of the U.S. Government, the DoD or the U.S. Navy and does not imply endorsement thereof. The appearance of advertising in this newspaper, including inserts or supplements, does not constitute endorsement by the U.S. Government, DoD, the Navy or NCBC Gulfport of the products and services advertised. All content in this newspaper shall be made available for purchase, use or patronage without regard to race, color, religion, gender, national origin, age marital status, physical handicap, political affiliation or any other non-merit factor of the purchaser, user or patron. If a violation or rejection of this equal opportunity policy by an advertiser is confirmed, the publisher shall refuse to print advertising from that source until the violation is corrected. The Seabee Courier solicits news contributions from military and civilian sources, but the Public Affairs staff reserves the right to edit and/or rewrite material selected for publication to conform with journalism standards. The deadline for material is close of business every Friday. Your comments are always welcome. The Seabee Courier office is in Building 1, Room 205. The mailing address is 4902 Marvin Shields Blvd., Code NOOP, Gulfport, MS 39501. Phone, 228-871-3662, email: seabeeecourier@navy.mil.

By Lt. Kym Murphy, JAGC  
RLSO Pensacola

If you have debt, you should be aware of your rights and the rules that debt collectors have to follow when trying to collect a debt from you under the Fair Debt Collection Practices Act ("FDCPA"). The FDCPA was mainly designed to eliminate abusive, deceptive, and unfair collection practices by debt collectors. Under the FDCPA, a debt collector is someone who regularly collects debts owed to others. This includes collection agencies, lawyers who collect debts on a regular basis, and companies that buy delinquent debts and then try to collect them.

### What Types of Debts are Covered?

The FDCPA specifically covers debt you incurred for personal, family, or household purposes. This means things like a personal credit card account, an auto loan, a medical bill, and your mortgage, but it doesn't cover debts you incurred to run a business.

### What Are My Protections?

Once you've figured out that your debt qualifies under the FDCPA, and that the person/company trying to collect from you is regulated by the FDCPA, then you know that the person/company has to play by the

following rules:

**Communications.** A debt collector may not communicate with you or your spouse at any unusual time (before 8 a.m. to after 9 p.m. in your time zone) or at any place that is inconvenient to you. This includes your place of employment. Furthermore, if the debt collector knows you have hired an attorney, then all contact has to be with your attorney and not you. If you refuse to pay a debt or request that the debt collector stop contacting you in writing, then the debt collector must cease all further communication.

**Validation of Debts.** A debt collector must provide you with certain basic information within five days of first contacting you. This information specifically includes the amount of the debt, the name of the creditor you owe, that you have 30 days to dispute the debt before it is assumed valid, that if you dispute in writing they will send you a verification of the debt, and that if the original creditor is different from the current creditor (i.e. your debt was sold), then you can request in writing to know the identity of the original creditor.

**Prohibited Practices.** A debt collector may not harass, oppress, or abuse any person. This specifically includes using obscene or profane language, threatening violence, repeatedly calling your phone, or

not identifying themselves. Also, a debt collector may not use any false, deceptive, or misleading representations. This includes claiming to work for the government, claiming to be an attorney, using a fake name, or an inaccurate representation of what you owe. A debt collector may not use unfair means to collect a debt from you. This means that a debt collector cannot collect any additional interest not permitted by law, ask for a post-dated check, call you collect, or use a postcard to contact you.

### Where Do I Report a Debt Collected for a Violation?

You can submit a complaint with the Consumer Financial Protection Bureau at <http://www.consumerfinance.gov/complaint/> or with the Better Business Bureau at <http://www.bbb.org/>. You can also report any problems to your state Attorney General's Office, or you can sue them in court.

*This article is not intended to substitute for the personal advice of a licensed attorney. For local assistance, please contact the Naval Construction Battalion Center (NCBC) Legal Office by calling 228-871-2620 for an appointment. For a listing of legal assistance offices in the Southeast Region, visit: [http://www.jag.navy.mil/legal\\_services/rlso/rlso\\_southeast.htm](http://www.jag.navy.mil/legal_services/rlso/rlso_southeast.htm).*

## May Fire Safety Message

By NCBC Gulfport Fire and Emergency Services

Ready to barbeque on base?  
Remember these safety tips:



- ~ Keep grills 25 feet away from buildings.
- ~ In base housing, do not cook under front covered area or under the covered patio area in the backyard.
- ~ Dispose of charcoal appropriately after letting coals cool. Once cool, place coals in a metal container and douse with water.
- ~ Wait about 48 hours before dumping coals into dumpsters.

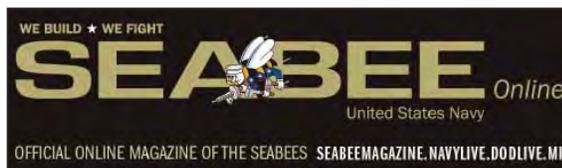
## Fraud, Waste and Abuse Hotline

Due to limited IG resources throughout the Southeast Region, all Fraud, Waste and Abuse Hotline work will now be handled by the Region. To report Fraud, Waste and Abuse, contact the Region at: Toll Free 1-877-657-9851, Comm: 904-542-4979, DSN 942-4979, FAX: 904-542-5587, Email: CNRSE\_HOTLINE@navy.mil

Live 1-on-1 Help Confidential Worldwide 24/7



Local 24/7 Sexual Assault Prevention and Response Program Contact #: 228-596-0697; Your installation Sexual Assault Response Coordinator's Contact #: 228-323-4717; Alternate Sexual Assault Response Coordinator's contact # 504-762-0224; Click: [www.SafeHelpline.org](http://www.SafeHelpline.org); Call: 877-995-5247; Text \*55-247 (inside the U.S.); Text \*202-470-5546 (outside the U.S.) \*Text your location for the nearest support resources.



# Buzz on the Street

By CE2(SCW) Courtney Demastus  
NCBC Public Affairs

**“What activities do you look forward to doing in the summer months?”**



“Going the beach and take some leave in Florida before going on deployment.”

**CE3 Holly Leatherman**  
NMCB 133

Hometown: Kansas City, Kan.



“Going fishing and riding my four wheeler around.”

**CM3 Jacob Jewell**  
NMCB 11

Hometown: Addison, Mich.



“Going to the beach and camping with my family.”

**EO3 Ashley Marks**  
NCBC Gulfport

Hometown: Memphis, Tenn.



Naval Construction Group (NCG) 2 Sexual Assault Prevention and Response (SAPR) coordinators held a scenario-based training and awareness in recognition of April as Sexual Assault Awareness Month (SAAM) at the base Training Hall on board NCBC, April 29. Through the skit training, the NCG 2 SAPR team hopes personnel will better understand the gravity of the offenses, and what they can do to prevent or eliminate them from happening within the Navy. (U.S. Navy photos by Construction Electrician 2nd Class Courtney Demastus/Released)



City of Gulfport employees, Sailors and Coast Guardsman came together at the Morale, Welfare and Recreation (MWR) paintball course on board NCBC Gulfport for a “last man standing” paintball tournament, April 25. The tournament was initiated by Gulfport Mayor Billy Hewes and his staff to promote camaraderie between the various city offices, and offer a change of pace through friendly competition. (U.S. Navy photos by Chief Mass Communication Specialist Ryan G. Wilber/Released)

Capt. Paul Odenthal, NCBC commanding officer, accepts a check from Alain Jones, far right, president of the Armed Forces of America Motorcycle Club, Miss. Chapter and club members, Senior Chief Mechanic Jeff Bright, second from left, and Equipment Operator 1st Class Jimmy Finch, for presentation to the Navy Marine Corps Relief Society (NMCRS) Active Duty Fund Drive, as Alice Huffman, NMCRS Gulfport director stands by. The trio presented the \$1,951 check on behalf of the club members and participants who raised the donation by hosting the fourth annual Navy Marine Corps Relief Poker Run. (U.S. Navy photo by Construction Electrician 2nd Class Courtney Demastus/Released)



# Responding to victims: During and after a major incident

By UTCN Alicia Fluty  
NCBC Public Affairs

Fleet and Family Support Center (FFSC) Gulfport hosted a Responding to Victims: During and After a Major Incident Class for first responders and FFSC staff members on board NCBC, April 21.

Guest speakers for the class were Jackson, Miss. Federal Bureau of Investigations (FBI) Victim Specialist Marjorie Whitmarsh and New Orleans, La. FBI Victim Specialist Janice Dean, along with Lt. Kimball Gober and Lt. Chris Dill from the Clinton, Miss. Police Department. The class explained how the family assistance process and the Family Assistance Center operations relate to victim transportation during criminal incidents.

More than 50 people attended the training, including FFSC staff, Fire Department personnel and representatives from the Emergency Operations Center (EOC), Family Overcoming Under Stress (FOCUS) staff members, and Chapel and various local community agencies.

Barbara Jones, FFSC Director, opened the training noting that it is very important to have a solid plan in case of a life-threatening incident.

"In the event of a major incident on our

installation, [with a plan] we will be better able to respond in a cohesive manner," said Jones. "We need to continue training, improving and working together on a well thought out response plan with the hopes of never needing it."

The speakers covered a variety of topics, most notably was the information shared by Gober and the issues his team faced with the reunification of children and parents during a recent Active Shooter Training held at a local High School. He discussed in detail the different aspects of their Child Reunification Plan, and the lessons learned.

William Ducote, fire inspector and public educator for NCBC Gulfport, Fire & Emergency Services, said it was an informative class to show more avenues for support during mass casualty incidents.

"It shows that more involvement from other agencies can aid in post-incidents involving mass casualties," said Ducote. "The Federal government is showing more concern with immediate assistance and how the support can be helpful to family members as well as first responders."

According to Jones, the information shared during the training will better equip each department and agency to develop a practi-



Lt. Kimball Gober of the Clinton, Miss., Police Department discusses the different aspects of a Child Reunification Plan during a Responding to Victims During and After a Major Incident Class hosted by the Gulfport Fleet and Family Support Center (FFSC) to first responders and FFSC staff members on board NCBC, April 21. The class explained how the family assistance process and the Family Assistance Center operations relate to victim transportation during criminal incidents. (U.S. Navy photo by Utilitiesman Constructionman Alicia K. Fluty/Released)

cal and well-structured Crisis Response Plan, with the built-in flexibility to adapt to meet the different threats that could impact the community.

"More training will be planned in the future to continue to enhance, build and reinforce our ability to support our military and its families during a time of crisis," said Jones.

**To Bee or Not To Bee...  
Bee Wash That Is!**  
**May 15**  
**11 a.m. - noon**  
**Parade Field**  
**NCBC, Gulfport**

All donations benefit our Seabees, Sailors, and Marines through NMCRS programs.

Contact Alice Huffman,  
228-871-2610 to donate toward someone or make a nomination

## Bee Wash Scrubber Standings

Now's the time to nominate your favorite cleaning crew member. So far the scrubbing crew nominees are Rodney "Top Dog" Duggins, \$115; CDR Gordy "Beetle Juice" Meyer, \$40; CDR "The Mouth" Maculan, \$30; Mae "Purple Lady" Duke, \$40; CAPT "I Have Deep Pockets" Odenthal, \$25; Commodore "Cool Hand Luke" Revelas, \$22; CMDM Dave "I Might Ejoy This" Garcia, \$20; LCDR "Game On" Mastrangelo, \$21; CDR "Street" Powell, \$13.30; CDR "The Flash" Stasick, \$11; EQCM Rick "I Won't Crack a Smile" Burkhart, \$10; CMDM Mark "I'm Too Well Liked" Thomas, \$7; CDR Yamodis, \$6; LCDR Tester, \$1, BMC Weaver, \$1. To nominate someone or make a donation, call Alice Huffman, 228-871-2610. We will keep you up to date on who is leading the charge for the scrub brushes. All donations benefit Seabees, Sailors and Marines through NMCRS.

## SAAM quarterdeck decorating contest entries



NMCB 133



NCTC



NBHC



NMCB 11



NOSC

Cmdr. Gordie Meyer, executive officer, NCBC Gulfport, Michael Jordy, NCBC sexual assault response coordinator (SARC), and Shannon Harden, a sexual assault prevention and response (SAPR) specialist, judge quarterdecks for the Sexual Assault Awareness Month (SAAM) Display Contest on board NCBC Gulfport, April 24. Participating quarterdecks were: Naval Branch Health Clinic (NBHC) Gulfport, Naval Operating Support Center (NOSC), Naval Construction Training Center (NCTC) Gulfport, Naval Mobile Construction Battalion (NMCB) 11 and NMCB 133. NMCB 11 was announced as the winning quarterdeck entry at the 5K SAAM Fun Run, April 25 and will receive a plaque. U.S. Navy photos by Construction Electrician 2nd Class Courtney Demastus/Released

See more SAAM photo coverage on Facebook



Capt. Paul Odenthal, Naval Construction Battalion Center (NCBC) commanding officer and area elementary school students explore some of the animal artifacts on exhibit at one of 11 education stations set up at the annual Earth Day celebration on board the Seabee Center, April 22. (U.S. Navy photo by Construction Electrician 2nd Class Courtney Demastus/Released)



Students race each other to see whose glass of water will turn green and yellow the fastest during the Earth Day Celebration at Ladd Circle on board NCBC Gulfport, April 22. Educational Station 8 used a hands-on experiment to teach students about acidification of water. When blowing into the straw, carbon dioxide would turn to carbonic acid which would acidify the water turning it yellow. The hands on experiment went along to teach acidification of ocean water, which causes a negative impact on sea creature environments. (U.S. Navy photo by Construction Electrician 2nd Class Courtney Demastus/Released)

# Local students acknowledge Earth Day challenge

By CE2(SCW) Courtney Demastus  
NCBC Public Affairs

Taking the lead and showing their commitment to the Navy's 2014 Earth Day theme "Global Reach Local Action," Naval Construction Battalion Center (NCBC) Gulfport hosted an Earth Day Educational Celebration for West Wortham Elementary and Saucier Elementary School 4th through 6th grade students. Base personnel were also welcomed to attend the activities at the Training Hall and Ladd Circle.

The Earth Day Celebration featured a musical puppet play provided by Mississippi Department of Environmental Quality (MDEQ) and 11 Educational Stations provided by local community sponsors. Once all 492 students arrived, they were formally

welcomed by Capt. Paul Odenthal, commanding officer, NCBC Gulfport, at the Training Hall. Shortly after, MDEQ kicked it into gear and entertained students with the Watershed Harmony Musical Puppet Play, which introduced Bobby the Bass and his River Town friends.

The easy flow of the musical offered a method of teaching in which children could easily understand what water quality was and how their local rivers can become polluted. At the show's conclusion, lunch began and the children's adventures continued to Ladd Circle where they were given the opportunity to view and interact with various creatures.

Girls and boys could be heard oohing and aahing at many of the Earth Day Stations, especially those

with hands-on experiments and the ability to pet animals. One particular Education Station, a Seabee's family operation, Wild at Heart Rescue, was extremely popular among the two schools. In fact, they were so popular that the group received an invitation for a day of educational programming at a school.

"The children loved how interactive the Education Stations were, especially the Wild at Heart Rescue where they got to pet the turtle, snake and alligator," said Michele Lawrence, Saucier Elementary 4th grade teacher. "They enjoyed it so much that we were able to invite them to our school next month."

West Wortham Elementary School also shared positive feedback about the children's Earth Day experience."

"The children thoroughly enjoyed themselves," said Jo'el Jones, West Wortham Elementary 4th grade teacher.

In 1969, community activist John McConnell believed there needed to be a day of an annual observance; this belief started International Earth Day. Taking the suggestion further, environmental activist and U.S. Senator, Gaylord Nelson, created a team to help organize Earth Day functions in the United States. The recognition of McConnell's belief made a day to help educate and challenge others to become environmental stewards. The Earth Day Celebration offered those beliefs to NCBC personnel and the elementary students.

"Earth Day was a fantastic opportunity to educate the local students, and the feedback was wonderful,"

said Equipment Operator 1st Class Doug Pojegy, Earth Day coordinator and Wild at Heart Rescue president.

The enthusiastic feedback from students and teachers tells NCBC how successful their 2014 Earth Day was and what it is looked forward to next year.

"Everyone who came together to make it happen, made it successful," said Kevin Byrd, School Liaison Officer. "We hope to see even more vendors come out next year."

So, now that students of West Wortham Elementary and Saucier Elementary School have accepted their challenge to become better environmental overseers, will you do the same?

For more coverage of NCBC Gulfport's Earth Day, visit Facebook.

For Navy Earth Day coverage, visit [www.navy.mil](http://www.navy.mil).

## • Military Spouse Employment Symposium •

- May 21, 10 a.m. - noon
- Fleet and Family Support Center (Building 30)
- Meet representatives from local area employment agencies, Navy Exchange and Morale, Welfare and Recreation

Let the experts give you tips on:

- ~ Local Jobs
- ~ Resumes
- ~ Interviewing
- ~ Dressing for Success



Call 228-871-300 to reserve a seat!

## Moving? Mailing packages? Need a box?

Visit the **Recycling Center**, located in buildings 275/276, behind building 200 off of McKinney Ave between the hours of 6:30 a.m. and 2:30 p.m. and get all the boxes you need for FREE!



# NMCB 1 continues projects in Cambodia and Diego Garcia



Builder 1st Class Ethan Sprohar and Builder 2nd Class William Anderson use a wrench and hammer to remove bolts holding the concrete forms and columns together. Removing the forms from the column will allow the concrete to finish curing for the Seabees to begin laying block for the walls. (U.S. Navy photo by Utilitiesman 2nd Class Cassandra Murphy/Released)



Seabees assigned to Naval Mobile Construction Battalion (NMCB) 1 Detail Diego Garcia prepare a batch of concrete for mixing, which they will use to build a base for a bike shelter. NMCB 1 is currently deployed to several countries in the Pacific area of operations and three sites in the United States. (U.S. Navy photo by Francisco J. Marrero Philippi/Released)

## See Something Wrong, Do Something Right

NCIS has two anonymous ways to report crimes or suspicious behavior with the use of discreet and secure online or texting tip lines. To report information by Cell text: 1. Text "NCIS" to the short code 274637 (CRIMES) from any cell or smart phone. 2. Receive a response. For example, your alias is S2US. Call 911 if urgent! If replies put you at risk, text "STOP." 3. Begin dialogue. To report information ONLINE: 1. Go to [www.NCIS.navy.mil](http://www.NCIS.navy.mil), click on the "Report a Crime" tab and select the icon for "text and Web tip Hotline." \*\*\*There is a reward of up to \$1,000 for information leading to a felony arrest or apprehension.



## Race Engines, Dirt Bikes, ATV's, Cigarette Boats, Zodiacs

Are you up to the challenge of hard work and repairing unique SOF equipment? **Naval Special Warfare Development Group** is seeking active duty Construction Mechanics and all other Seabee rates who are:

Motivated/Volunteer	No NJP / No Bankruptcy
Pass Navy PFA	Able to obtain SECRET/
E4 - E6	TOP SECRET clearance

Email us at [!DEVGRURecruiting@vb.socom.mil](mailto:!DEVGRURecruiting@vb.socom.mil) or contact your detailer to request additional information.

# ISAF officers meet for Key Leader Engagement at Camp Ghazi

By MC1 Patrick Gordon  
NMCB 25 Public Affairs

Senior officers of the International Security Assistance Force (ISAF) met with officers of the Afghan National Army (ANA) and Afghan National Engineer Brigade (NEB) for a key leader engagement (KLE) at Camp Ghazi, April 15.

Officers present for the KLE visit represented coalition nations including Turkey, Great Britain, Afghanistan, Canada, Italy, France, and the U.S. The meeting included tours of the NEB barracks, dining facilities, motor pool, and working areas.

This KLE comes as the NEB is beginning to be a viable engineering force in Afghanistan. The NEB will be the only engineer brigade in the ANA and will provide the Government of the Islamic Republic of Afghanistan (GIROA) with an overall engineer command and some specialty engineer capabilities.

The NEB is not, however, without challenges ahead. As a relatively new brigade within the Afghan National Army, supply and logistics issues have been difficult to overcome for the NEB, and basic infrastructure improvements are needed at their camp, as well. But in spite of these problems, the NEB forces have persisted in their efforts to learn and lead in order to provide a better future for themselves and their nation.

"The NEB is a specialized construction battalion that will be able to execute missions and projects such as bridges, water wells, and horizontal and vertical repairs, so theirs is a very important mission,"

said Lt. Cmdr. Alfonso Patlan, Naval Mobile Construction Battalion Two Five (NMCB 25) November Company commander. "They have been training since November of 2013 for this mission, and just graduated their initial training. They will be starting their advanced training shortly, and pretty soon will be doing their own projects while we just advise."

The key leaders met after the tour to discuss the challenges facing the NEB and solutions to better facilitate their mission. Each officer involved brought valuable expertise in order to ensure the best possible training and conditions for the NEB soldiers. Solutions presented at the meeting included improved ISAF advisor interaction at the Central Supply Depot and stronger asset control to ensure material and equipment is reaching those in the NEB who need it most.

"We have created several stopgaps to prevent such supply problems from happening, for instance we have used the FEPP [foreign excess personal property] process to donate tools to the NEB," said Cmdr. Jennifer Donahue, commanding officer of NMCB 25. "We should have those inventoried by the end of the week so that we can begin rehabilitation of the 200 buildings at the beginning of next month. We are dedicated to help in any way that we can and start as soon as we can."

Once these challenges were addressed, an action plan was agreed upon to ensure fast and effective solutions.

"The plan needs to be aggressive, both in the timeline for execution and about holding people



**KABUL, Afghanistan — Interpreter Amy Adl, left, translates for Cmdr. Jennifer Donahue, Naval Mobile Construction Battalion (NMCB) 25 commanding officer, to Brigadier Gen. Khalilullah, Afghan National Engineer Brigade (NEB) commanding officer. Donahue and other ISAF officers met with leaders from the NEB to tour their camp and address any issues facing the NEB training mission. (U.S. Navy photo by Mass Communication Specialist 1st Class Patrick Gordon/Released)**

to account for these actions," said British Army Maj. Gen. James Hockenhull, Director, Ministry of Defense Military Advisory Group. "What we should do, as the generals in here, is to make sure both the ANA, the general staff, ministry of defense, and the coalition are held to account to make sure that we deliver against that action plan. I know that there are already some actions in hand, but I really want to drive this forward as a sort of 'get well' plan for the engineers today."

After the tour, ANA Brig. Gen. Khalilullah, NEB commanding officer, commended the hard work of his troops and those of coalition

forces in the effort to train and equip the NEB.

"I'm very pleased and thankful of you gentlemen and lady who came here, and thank you for the collaboration that you are providing us," said Khalilullah. "It's very clear that the coalition forces are focusing on the ANA in order to sustain this brigade. We would like to continue your support with us that we should gain the capacity to move forward."

At the end of the KLE, the ISAF and NEB officers parted ways commending in each other's abilities to provide the NEB with the training and tools it needs for mission accomplishment in the future.

## USO/Full Circle Special Holiday Offer

Are you a deployed service member, serving away from the special woman in your life? Contact Full Circle to request a free holiday package sent on your behalf. The USO is collaborating with Full Circle Home to pilot a program that will help extend the distribution of gift boxes to military moms and spouses around the country, beginning with Mother's Day (May 11). To take part, simply go to: <http://www.fullcirclehome.org/> and click on "request a gift box."

For the latest NCBC info, follow Seabee Center on Facebook and Twitter; subscribe to Inside the Gate by sending an email to [bonnie.lindleymcgerr@navy.mil](mailto:bonnie.lindleymcgerr@navy.mil) and check out the new and improved website at: [http://www.cnbc.navy.mil/regions/cnrse/installations/ncbc\\_gulfport.html](http://www.cnbc.navy.mil/regions/cnrse/installations/ncbc_gulfport.html)

From **NMCB 11** page 1 people. Group; let a few other friends know what's going on. See if you can alert friends of each person to come in and help. Call for help; sometimes the situation might be so touchy that you need professional reinforcements.

"Navy installations and commands around the world will be organizing activities to raise awareness of sexual assault throughout the month. All units are encouraged to participate and promote SAAM events,"

said Vice Adm. Scott R. Van Buskirk, former chief of naval personnel and director of the Navy's SAAM initiative.

Commands will host mandatory education sessions to raise sexual assault awareness among Sailors. Commanding officers can either hold a single stand down or break the discussions into four weekly sessions, according to the NAVADMIN.

For more training information, visit [https://www.nko.navy.mil/portal/leadership/home/navybystanderintervention\(navybi\)](https://www.nko.navy.mil/portal/leadership/home/navybystanderintervention(navybi)).

# Focus on Education



## NCBC SAAM 5K

Military members, civilians and their families attached to Naval Construction Battalion Center (NCBC) Gulfport, participated in the inaugural Sexual Assault Awareness Month (SAAM) and Child Abuse Prevention Month (CAPM) 5K Fun Run held at Ladd Circle on board NCBC Gulfport, April 25. The Fun Run was one of the events held during the month recognizing April as SAAM, CAPM and Month of the Military Child (MOMC). Aviation Aerographer's Mate 2nd Class Melissa Ortiz, assigned to Center for Naval Aviation Technical Training Unit (CNATTU), placed 1st in the Female Division and Utilitiesman 3rd Class Stephen Pineiro, assigned to Naval Mobile Construction Battalion (NMCB) 133, placed 1st in the Male Division. Both were awarded a \$50 gift card. Also following the fun run, NMCB 11 was announced as winners of the SAAM Quarterdeck Contest and awarded a plaque. (U.S. Navy photos by Construction Electrician 2nd Class Courtney Demastus/Released)

## Education Notes

### SAME ENGINEERING/CONSTRUCTION SUMMER CAMP

The Society of American Military Engineers (SAME) Mississippi Gulf Coast Post will sponsor three high school students from Harrison, Hancock or Jackson County who are interested in attending the Army SAME Engineering and Construction Summer Camp, June 22-28, in Vicksburg, Miss. The Post will pay the registration fee and a travel allowance for the attendees. The annual camp, hosted by the U.S. Army Vicksburg, provides high school students with a great hands-on experience in engineering and construction activities.

Camp agenda items include:

- ~ Leadership/Team Building activity
- ~ Geotechnical & Structures

- Laboratory activity
  - ~ Coastal & Hydraulic Laboratory activity
  - ~ Information Technology Laboratory activity
  - ~ Environmental Laboratory activity
  - ~ River Engineering activity
  - ~ Computer aided design and drafting demonstrations
  - ~ Construction site visit
  - ~ Vicksburg Battlefield Engineering activity
  - ~ Center for Advanced Vehicular Studies activity
  - ~ Grand Gulf Power Plant site visit and activity

Deadline for application submission is June 1. For an Army SAME Engineering and Construction Summer Camp application, visit <http://samevicksburg.org/engineering-camp>. Once the application is completed, mail to: SAME, 3201 Upper Nixon Ave, Gulfport, MS 39501. For more information about the Gulfport SAME Post and a camp sponsorship, contact

Ms. Lisa Noble at 228-871-2026 or [lisa.noble@navy.mil](mailto:lisa.noble@navy.mil).

### NAVY WIVES CLUB OF AMERICA SCHOLARSHIP

The Scholarship Foundation of Navy Wives Club of America (NWCA) gives 30 annual scholarships of \$1,000 to \$1,500. Applicants must be a dependent son/daughter of an active duty, retired with pay or deceased enlisted member of the Navy, Marine Corps, or Coast Guard with a valid Dependent ID card. Download applications from the NWCA website - [www.navywivesclubsofamerica.org](http://www.navywivesclubsofamerica.org), or request an application from Linda Hedden - NWCA Scholarship Director, 1300 Hampton Drive, Summerville, SC 29483. Scholarship applications must be post-marked by May 31.

### Professional Wardrobes on a Budget May 21, 12:30 - 1 p.m., FFSC

Covering Basic wardrobe requirements, capitalizing on your accessories, maximizing closet space to save money and more! Call 228-871-3000 to register. Sponsored by Fleet and Family Support Center and Navy Exchange

### Higher Education Workshop May 15-16, 8 a.m. - 4 p.m., FFSC

A two-day workshop designed to guide you on choosing a degree program, completing admissions, evaluating military credits and understanding funding issues. Call 228-871-3000 to register. Sponsored by Fleet and Family Support Center

## How to apply for civilian federal employment

From Navy Region SE  
Civilian job announcements are posted on the USAJOBS website at <http://www.usajobs.gov>. The first step of the application process is to log in or create your USAJOBS account.

After establishing an account, create a resume following the step by step process provided in the resume builder. It is recommended that you first create your resume in a word document and then transfer the data into the USAJOBS website in case there are connectivity issues during uploads. Up to five resumes may be stored within your account.

Be sure that you are in the area of consideration specific to the job announcement for which you wish to be considered, and that your resume addresses the information identified in the occupational questionnaire provided in the

announcement.

The steps in applying for a specific announcement are as follows:

- ~ Locate announcement (Job search can be done by Agency, Occupation, Grade, Location, etc.)
- ~ Click "Apply Online"
- ~ Select the resume you wish to utilize for the announcement.
- ~ Complete the eligibility questionnaire
- ~ After uploading all required documents, submit your responses
- ~ You will receive an email confirming your submission

Failure to apply using the above procedure will result in lack of consideration for the position.

In addition to job announcements targeting employees already in the federal service; there are various other appointment authorities that may be identified within the area of consider in the "Who may apply" section of the announcement.

For more information on federal employment authorities, benefits and career opportunities, visit: [www.secnnav.navy.mil/donhr/pages/default.aspx](http://www.secnnav.navy.mil/donhr/pages/default.aspx).

NCBC School Liaison Officer Kevin Byrd is located at MWR, Building 352, 1706 Bainbridge Ave., Phone: 228-871-2117, Email: [kevin.r.byrd@navy.mil](mailto:kevin.r.byrd@navy.mil)

# 'The Meat & Potatoes of Life'

By Lisa Smith Molinari  
Special Contributor

## The Avocado and Golden rule

With my 8th grade daughter's mid-term Parent Teacher Conference scheduled for this week, I find myself feeling guilty. Again.

"Hello Mrs. Molinari," the teachers always start out, shuffling through files to find records pertaining to my child. "I'm sure you've been keeping up with your daughter's grades on the online Parent Portal, and know that she turned several assignments in late this term."

Every time, I stare, like a deer in the headlights, thinking, "Oh shoot! I forgot to check that Portal thingy again . . . where did I write the user name and password down anyway?" But instead, I respond, "Yes of course, I check the Parent Portal frequently, and I am very concerned. Obviously, if I had been informed of these assignments, I would have certainly made sure that our daughter turned them in on time."

"But Mrs. Molinari," the teachers inevitably retort while I brace myself to be exposed as a fraud, "all the assignments are listed in advance on our class website and teacher's blogs . . . you know that, right?"

"Well, certainly!" I lie, scanning my brain for some kind of excuse for my parental neglect. But inevitably, like some kind of overage juvenile delinquent who's been cornered, I cower to the teacher's authority, and take the blame.

I admit that I don't check the Parent Portal as often as I should. I concede that I've never read the teacher's blogs. I divulge that I don't know the class website address. I confess to never joining the parents' Facebook group, using the



class hashtag, or following the school updates on Instagram.

I acknowledge that I haven't figured out how to open the progress reports on Google Drive, and I reveal that I am totally clueless about this "Cloud" thingumabob that everyone keeps talking about.

I plead for forgiveness, and promise that from here on out, I'll be good.

I sulk out of Parent-Teacher Conferences and combat my shame with self-pity, pointing out that our parents never had to worry about checking online grade portals and teacher blogs.

Parents in the 1970s came home from an honest day's work in their gabardine slacks, and after a satisfying dinner of Swiss Steak and canned peas, retired to the den to relax with a Vodka Gimlet and a riveting episode of "Gunsmoke."

After cleaning tables and washing dishes, the children of the 70s were expected to finish our homework with minimal parental supervision. If our book bags contained graded papers or report cards, we were expected to hand-deliver these items to our parents. There was no need for them to sniff out their Tareyton 100s or get up from their avocado and gold lounge furniture,

much less remember complicated website addresses and passwords. All they had to do was glance down at the papers in their polyester-ensconced laps during the Chiffon Margarine commercials.

If the grades were bad, we got a lecture and were not allowed to go out and play. If the grades were good, our parents put the papers on our refrigerators with magnets.

Back in those days, parenting seemed straightforward -- set clear expectations for kids, praise their accomplishments, and let the school do its job. Today, parental roles have changed, whereby teachers create and assign work, and parents are expected to research, monitor and enforce the details of assignments and grade progress.

I'm not sure which parental role is better for our kids, but I can't help but think that I should have been born a generation ago.

I'd be quite comfortable in a Dacron sweater vest and gauchos. I'd have no problem whipping up a casserole using Spanish olives, cottage cheese or frankfurters. I've been known to put my children's schoolwork on the refrigerator with magnets. And I'd sincerely enjoy an evening watching "BJ and the Bear" on a console television, minus the cigarettes, that is.

But I have to confess, I'm just not good at micromanaging my kids' education.

Guilty, as charged.

*Get more wit and observations from Lisa at her blog: <http://www.themeatandpotatoes-oflife.com>. Follow Lisa @MolinariWrites*

# Health Watch

## Did You Know? Changes to medical record retirement

By Lt. James Lager

Outpatient Records, Naval Hospital Pensacola

In January, the process to officially retire medical service treatment records (STR) for service members who are retiring or separating from the military changed dramatically.



In an effort to both streamline communications with the Department of Veterans Affairs and ultimately improve VA claim processing times, a fleet wide message mandated that a service member's entire paper-based medical and dental health record will now be electronically scanned and uploaded into the Health Artifact and Image Management Solution (HAIMS) to create a fully electronic STR accessible by the VA. Naval Hospital Pensacola and its branch clinics are working hard to implement this process to better serve its beneficiaries.

This change is critically important for service members who are stationed with operational units that maintain medical or dental records within their respective units. The medical point of contact at each unit should ensure that a process is in place to ensure STR documentation is provided to NHP or one of its branch clinic's Medical Records Departments for official scanning to the VA. Additionally, if service members have obtained their original medical record by mistake and have it in their possession they need to return it to their local records department to have it properly retired electronically to the VA.

The VA is no longer accepting paper medical records to process veteran claims, so it is critical that those documents are retired properly.

With these changes, service members who are departing the armed services are strongly encouraged to request a complete personal copy of their STR for their records. A copy can be obtained at the Medical Records Office or Department of the Military Treatment Facility that provides their care.

Service members with questions can contact Naval Branch Health Clinic (NBHC) Gulfport: 228-822-5792.

**AUDRA**  
**SEXUAL ASSAULT SUPPORT GROUP**  
AUDRA means "nobility and strength" in French

You don't have to walk this path alone

This group offers a safe, open atmosphere for discussion and activities to facilitate the healing process

For Active Duty females who have been sexually assaulted as adults

Call FFSC at (228) 871-3000

# NCBC Helping Hands

## CHRISTIAN COLLEGIATE ACADEMY

- Christian Collegiate Academy needs volunteers for their Annual Spring Festival, May 3. This year's festival is Super Hero themed and they will honor community heroes, including military members. Point of contact is Kathy Wall, 228-861-8337 or kathywall@cableone.net.

**LYNN MEADOWS DISCOVERY CENTER** - Lynn Meadows Discovery Center is hosting the Bear Creek Music Festival May 3, 10 a.m. - 10 p.m. The festival will attract vendors and musicians from all over the Gulf Coast. Volunteers are needed to work morning, afternoon or night shifts to help with all facets of the event. Point of contact is Chelsea Dillon at ChelSwan09@gmail.com.

**PASS CHRISTIAN MIDDLE SCHOOL** - Pass Christian Middle School needs volunteers to serve as proctors for the MCT2, tests May 13-15. A test administrator (teacher) and a proctor are needed in classrooms and hallways. A mandatory brief training will be held for volunteers May 6, at 3:15 p.m. or May 7, at 8 a.m., where volunteers will be advised on duties and given test security information. Alternate training times are possible. Point of contact is Tisha Posey at Tposey@pc.k12.ms.us or 228-452-5220.

**28th STREET ELEMENTARY** 28th Street Elementary needs 25 volunteers to proctor tests

the week of April 29 - May 2 and May 13 - 15. Point of contact is Jill Conwill, jill.adams@gulfportschools.org.

**MAKE-A-WISH MISSISSIPPI** - Make-A-Wish Mississippi is having a Hero 5K at 8 a.m. May 3 at Biloxi Town Green. Volunteers are needed to man water stations and help with set up and clean up. Race starts at 9 a.m. Runners, walkers and even people pushing baby carriages can don their favorite super hero costume and come out join the fun on a USTA timed 5k course through downtown Biloxi. Children ages 12 and under can race a 1k fun run course. People can register at <http://www.eventbrite.com/e/make-a-wish-mississippi-be-a-hero-5k-benefiting-south-mississippi-wish-kids-tickets-10979204095>. Point of contact is Shellie Moses at smoses@ms.wish.org or 228.575.8691.

**WEST HARRISON HIGH SCHOOL PROCTORS** West Harrison High School, 10399 County Farm Road, Gulfport is asking for volunteers to serve as test proctors May 5-9 and May 12 from 7:15 - 3 p.m. Volunteers will need to remain at the school until the day's testing is completed. Volunteers will serve as test proctors and/or hall monitors for the testing area. Proctors will be expected to assist the test administrator. Point of contact is Julie Cullinan, 228-539-8900 or JCullinan@

harrison.k12.ms.us.

**NORTH BAY ELEMENTARY** - Volunteers are needed to act as proctors at North Bay Elementary, 602 Pine Street, Bay St. Louis for the upcoming MCT2 state testing May 13 -15, from approximately 7:50 a.m. - 10:45 a.m. each day. Point of contact is Donna M. Torres, 228-467-4052.

**ANNISTON ELEMENTARY** Anniston Elementary, 2314 Jones Street, Gulfport, needs proctors May 13-15, for the Mississippi State Test - MCT2. A short training regarding test protocol and security is required before these dates can be scheduled. Volunteers will need to be at the school on testing days at 7:15 a.m., and remain until all students in their assigned room have completed the test. Point of contact is Rebecca Pacher, 228-896-6309 or rebecca.pacher@gulfportschools.org.

**DISABILITY CONNECTION** Disability Connection provides support to individuals with disabilities, including military veterans. Volunteers are needed to build ramps and provide home inspections for needed material lists. Point of contact is Ms. O'Keefe, 228-604-4020 or office@disabilityconnection.org.

**BOOST READING PROGRAM** - 28th Street Elementary School is looking for volunteers to listen to students read and help them complete reading comprehension questions. Volunteers time is in 30

minute intervals from 9 a.m. - 2 p.m., Monday - Thursday. Point of contact is Samantha Benson, 228-867-2140.

**LONG BEACH HIGH SCHOOL MENTORSHIP INITIATIVE** - Long Beach High School is seeking 200 volunteers to serve as mentors at LBHS by May 2015. Mentor training will take place at the end of this school year and each volunteer will receive a Mentor Handbook to assist in preparing students for success. To participate in this project please complete a Long Beach High School Volunteer Application and e-mail the school at [vivian.robinson@lbsdk12.com](mailto:vivian.robinson@lbsdk12.com) or contact LBHS Principal Peter Dabbs at 228-863-6945 for more information.

**GULFPORT SCHOOLS NAVAL SEA CADET CORPS** - The Gulfport Battalion of Naval Sea Cadet Corps (NSCC) is looking for adult volunteers willing to help the area's youth succeed in life. NSCC is a non-profit, nautically oriented, youth training and education organization which is run by the Navy League with support from the United States Navy. Although a great plus, no prior military experience is required; all we need are adults who are passionate about mentoring America's youth. Point of contact is Lt. Cmdr. Thomas O. Klomps, NSCC, at [Region63@juno.com](mailto:Region63@juno.com) or 850-890-6792.

**COAST SALVATION ARMY** - Volunteers are needed for various projects throughout

the year. Point of contact is Shawna\_Tatge@uss.salvation-army.org.

**HELP SENIORS AND DISABLED CITIZENS** Harrison County RSVP needs retired plumbers, electricians, carpenters, skilled and unskilled laborers to join a team of handymen/women. Point of contact is Mag Holland, 228-896-0412.

**NAVY-MARINE CORPS RELIEF SOCIETY** The NMCRS Thrift Store is experiencing a severe shortage of volunteers. Those who are interested in volunteering at the store are asked to call 228-871-2610.

**USS ALABAMA ALWAYS LOOKING FOR HELP** The Navy is looking for volunteers with construction expertise for a rewarding experience. The battleship USS Alabama anchored in Mobile Bay needs help from individuals that can work with wood, steel, and concrete for work aboard ship and around the grounds. Point of contact is Owen Miller, 251-433-2703 or cell 251-767-0157.

**USO GULF COAST** Interested in volunteering? We need volunteers every day to assist at our centers throughout the Military community. To become a USO volunteer, you'll need to create a volunteer profile through [www.usovolunteer.org](http://www.usovolunteer.org). This will allow you to keep track of your hours. Point of contact is Nicole Lewis at [nlewis@uso.org](mailto:nlewis@uso.org) for details.

May 1, 2014

## Seabee Memorial Chapel

**Religious Services**  
Sunday:

Catholic Mass: 9:30 a.m.  
Protestant: 10:30 a.m.  
Weekday Mass:  
Tuesday: 11:15 a.m.



**NCBC Center Chaplain:**  
**Lt. Cmdr. Ammie Davis, Chaplain**

For more information about Chapel programs, please call the Chapel at: 228-871-2454

Follow the Chapel on Facebook to keep up with the programs and events. Search "Seabee Memorial Chapel," and click "Like"

## What's happening at the Chapel?

### Sundays

- Protestant Sunday School/Trivia Bowl: 9:15 a.m. (childcare available via volunteers)
- Catholic Mass: 9:30 a.m. (childcare available via volunteers)
- Protestant Service: 10:30 a.m. (childcare/nursery available via volunteers)
- Catholic CCD (Confraternity of Christian Doctrine): 10:30 a.m.
- Club Beyond: 2 p.m. (middle to high school students)
- Beyond Club: 4 p.m. (middle to high school students)

### Tuesdays

- Catholic Mass: 11:15 a.m.
- Protestant Bible Study/Bible Bingo: 6 p.m. (childcare/nursery available via volunteers)
- Protestant Praise and Worship Team Practice: 5 p.m. (childcare available via volunteers)
- Catholic Choir Practice: 7 p.m.

(childcare available via volunteers)

### Wednesdays

- Praise Break: 11:30 a.m. (30 minutes of praise and worship through music)
- Protestant Women of the Chapel Bible Study: noon to 1 p.m. (childcare available via volunteers)

### Meetings:

*Chapel Council meetings*  
The Seabee Memorial Chapel Council meetings will meet the last Sunday of each month following service time. This is a time for council members to meet with Chaplain Davis.

*Quarterly "State of the Chapel" meetings*  
The Chapel will hold State of the Chapel meetings with Chaplain Davis and Father Paddy open to all congregation members. The meetings will be at 5 p.m., for approximately 30 minutes Feb. 3, May 5, Aug. 4 and Nov. 3.

Seabee Courier



### SUPPORT Family Readiness Groups

**NMCB 1 FRG** invites friends and family members to attend FRG meetings the second Monday of every month at the Youth Activity Center, building 335. Meetings are from 6 - 8 p.m. Children are welcome and babysitting is provided during deployment. Contact FRG President Jenny Richter, e-mail nmcbonefrg@gmail.com.

**NMCB 11 FRG** For more information regarding the NMCB 11 FRG, please visit Facebook, nmcb11frg or email us at nmcb11frg@gmail.com.

**NMCB 74 FRG** All families of NMCB 74 are invited to the 74 FRG meeting the third Monday of each month. Meetings are at the MWR Youth Activities Center, building 335, behind the Grinder on NCBC. Socializing begins at 5:30 p.m., and meetings begin at 6 p.m. Bring a covered dish to share at our potluck dinner. Children are welcome. Email nmcb74fsg@yahoo.com or visit our Facebook page at "NMCB74 Fearless FRG" for details.

**NMCB 133 FRG** invites all friends and family members to attend FRG meetings the first Monday of the month at 6 p.m. at the Youth Cen-

ter. Children are welcome and babysitting is provided. Please bring a dish to share. For more information, contact FRG President Jaime Royal at 317-730-4064 or email NMCB133fsg@gmail.com Log on to the FRG site, <http://www.wix.com/NMCB133FSG/133frg>.

### FOCUS

#### Families OverComing

**Under Stress** provides resiliency training to service members and their families by teaching practical skills to help meet the challenges of military life, including how to communicate and solve problems effectively and to successfully set goals together. Confidential and free with family-friendly hours, contact FOCUS today! Call 228-822-5736 or email [Gulfport@focusproject.org](mailto:Gulfport@focusproject.org)

#### Gulfport Officer's Spouse

**Club** The Gulfport Officers' Spouses' Club is a social organization that has FUN while helping our community. We meet monthly and have special interest groups for almost everyone! For more information, email [goscgulfport@gmail.com](mailto:goscgulfport@gmail.com) or Facebook <https://www.facebook.com/gosc.gulfport>. We hope to see YOU soon!

#### Navy Wives Clubs of

**America, Inc.** The Navy Wives Clubs of America, Inc., is interested in reestablishing a club in the local area. If you are interested in joining an organization that promotes the health and welfare of any enlisted member of the Navy, Marine Corps or Coast Guard, please contact Darlene Carpenter at 228-342-2271 or Tina O'Shields, 228-357-0513. Visit [www.navywivesclubsof-america.org](http://www.navywivesclubsof-america.org) for more information on NWCA.

**NMCRS** The Navy-Marine Corps Relief Society Thrift Shop is located in building 29 on Snead Street. The Thrift Shop is staffed entirely by volunteers, and child care and mileage are reimbursed. Retail hours of operation are Tuesday and Friday, 9 a.m. - 1 p.m. Volunteers are always welcome. Visit the NMCRS offices at the Fleet and Family Support Center, building 30, suite 103 or call 228-871-2610 to find out how to become a part of the NMCRS volunteer team!

#### Gamblers Anonymous

The Fleet and Family Support Center offers GA meetings every Thursday at 11 a.m. GA is a fellowship of people who share their experience, strength and hope with each other. All meetings are confidential and facilitated by GA. Come to a meeting or call Jim Soriano at 228-871-3000 for details.

#### TRAINING

##### Naval Sea Cadets

The Gulfport branch of the Naval Sea Cadets are recruiting youth ages 11 to 17 for Sea Cadets, a nationwide organization that help youth achieve personal success through nautical training. Meetings are the third Saturday of the month from 8 a.m. until 3 p.m., building 1, 2nd floor conference room. Point of contact is Lt. Cmdr. Thomas O. Klomps, NSCC, at [Region63@juno.com](mailto:Region63@juno.com) or 850-890-6792.

#### SOCIAL

**Miss. Gulf Coast First Class Association** is always looking for new members. Meetings are every Wednesday at 2:30 p.m., at the Fitness Center class-

room. For more information, contact Association president, CE1 Daniel Shaver, 228-871-2145.

**NCBC Multi-Cultural Diversity Committee** is seeking members. Meetings are held weekly on Wednesdays at 9:30 a.m., at the Seabee Memorial Chapel. Contact MCDC President, SW2 Crayton at 228-760-1107 or Vice President, CE2 Tandberg, 850-384-7982 for details.

#### VFW Post 3937 Long

**Beach** is open Monday - Thursday from noon until 8 p.m., Friday and Saturday from Noon until 10 p.m., Sunday from noon until 7 p.m. The first Friday of the month is Seafood Night, the remaining Fridays are Steak Night. Breakfast is served from 7 to 10 a.m. on Saturdays. VFW meetings are held the second Wednesday of the month at 7:30 p.m. New members are always welcome. Contact Post Commander Bill North at 228-863-8602 for info.

#### The Ladies Auxiliary to the VFW Post 3937 Long

**Beach** would like to invite you to become a member. Our organization supports veterans, their families and current service members. In order to join, you must be the spouse, mother, daughter, granddaughter or sister of a person who has served in a foreign war. Please Contact Auxiliary 3937 President Carol Fetters at 228-832-4893.

#### VFW Post 4526 Orange

**Grove** is open daily from Noon to 10 p.m. and located at 15206 Dedeaux Road, Orange Grove. Meetings are the first Wednesday of the month at 7 p.m. All are welcome and encouraged to at-

tend. Call 228-832-0017 for more info.

#### NMCB 62 Alumni Group

Naval Mobile Construction Battalion (NMCB) 62 was recommissioned in Gulfport in 1966, and decommissioned in 1989. To become a member, go to <http://nmcb62alumni.org> or for links to Seabee historical sites.

#### D.A.V. - Disabled American Veterans, Chapter 5

invites Veterans and future Veterans to monthly meetings held the 3rd Monday of each month at 7 p.m. Call Service Officer, Silva Royer at 228-324-1888 to find out more information.

#### Navy Seabee Veterans of America (NSVA)

**Island X-1**, Gulfport is always looking to add new members. You do not have to be retired to be a member. If interested, contact Eugene Cowhick at [eugene.cowhick@navy.mil](mailto:eugene.cowhick@navy.mil), 228-871-2488 or Robert Smith at [Robert.p.smith5@navy.mil](mailto:Robert.p.smith5@navy.mil), 228-871-2436. If you are already a member, please join us on the second Thursday of each month at 6 p.m. in the A&E Chiefs and Officers Club, NCBC Gulfport, for the Monthly Island X-1 business meeting. For more information on NSVA Island X-1, visit [www.nsva.org](http://www.nsva.org).

#### HERITAGE

**The Seabee Gift Store** is located in the Seabee Heritage Center Training Hall, building 446. Hours are Monday - Friday, 10 a.m. to 4 p.m. The shop has a variety of Seabee related memorabilia, books and DVD's. Contact the museum at [www.seabeesmuseumstore.org](http://www.seabeesmuseumstore.org) or call the gift store for more information at 228-871-4779.



GULF COAST USO  
901 CBC 3rd Street,  
Building 114  
228-575-5224

Free services:  
FAX, Send and Receive:  
228-575-5225, Copies,  
United Through Reading  
program, Computers with  
web cams, Internet/email  
access, X-Box

Office hours: Monday -  
Friday, 8 a.m. - 4 p.m.

## New iPhone App locates Alternative Fueling Stations

### From NAVFAC SE Public Affairs

The Alternative Fueling Station Locator application, <http://itunes.apple.com/us/app/alternative-fueling-station/id718577947?mt=8>, can help you find fueling stations that offer E85, natural gas, biodiesel, propane, electricity, or hydrogen.

The iPhone app draws information from the U.S. Department of Energy's (DOE) Alternative Fuels Data Center, <http://www.afdc.energy.gov>, which houses the most comprehensive, up-to-date database of alternative fueling stations in the United States. The database contains location information for more than 17,000 alternative fueling stations throughout the country. This mobile application was developed by the National Renewable Energy Laboratory for DOE's Clean Cities program.

This free app automatically uses your current location or enables you to enter a custom location to find the 20 closest stations within a 30-mile radius. You can choose to view the



stations on a map or see a list of stations ordered by distance from your location. The app provides important information including address, phone number, and hours of operation for each station. You can also choose an alternative fuel and adjust custom filters, such as payment card types, to fit your needs.

You can download the app directly or visit Apple's App Store on your iPhone and search for "AFDC" or "alt fuel."

For other smartphone users, the Station Locator can still provide helpful information on the go. The Alternative Fueling Station Locator mobile site, <http://www.afdc.energy.gov/afdc/locator/m/stations> provides the same functionality as the app, although you must manually enter a location.

Please remember to drive safely and not use the app or mobile site while operating a vehicle.

# BARRACKS BASH 2014



**May 8**

**6:00-8:00pm**

**NCTC Barracks (Bldg 460)**

Music provided by DJ.



**GAMES!**



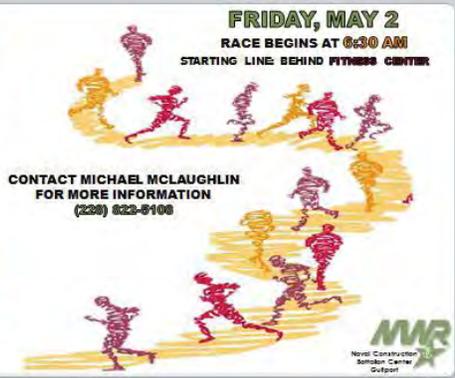
**FREE FOOD!**



**PRIZES!**

This is a non-alcoholic event and is only open to single sailors and geo-bachelors. For more info, call the Liberty Center at 228-871-4684 or visit us at facebook.com/nbcbliberty

**5K RUN/WALK**



**FRIDAY, MAY 2**

**RACE BEGINS AT 6:30 AM**

**STARTING LINE: BEHIND FITNESS CENTER**

CONTACT MICHAEL McLAUGHLIN FOR MORE INFORMATION (228) 822-8108



## FITNESS CENTER EXTENDED POOL HOURS!

Call (228) 871-2668 for more information  
Monday - Friday 5:30am - 5:00pm  
Saturday - Sunday 9:00am - 4:00pm

## AUTO HOBBY SHOP 6 NEW OPERATIONAL LIFTS

Call (228) 871-2804 for more information

## VEHICLE STORAGE 11 NEW 40 FOOT SPOTS!

Give us a call at (228) 871-2804 for more information

## Morale, Welfare & Recreation

Naval Construction Battalion Center Gulfport

## FITNESS CENTER

**2014 SWIM CLUB**

**MAY-AUGUST  
MONDAY-THURSDAY  
11:00AM - 1:00 PM**

**FREE  
OPEN TO ALL HANDS  
BEGINNER TO ADVANCED SWIMMERS**

WORKOUT OF THE DAY WILL BE POSTED AND EMAILED TO ALL INTERESTED PATRONS.

FOR MORE INFORMATION, CONTACT AQUATICS AT 228-822-5108.

**VOLUNTEERS NEEDED**

Volunteer opportunity at the 2014 DeSoto District Cleanup!  
**Saturday, May 3**  
Departs from the Liberty Center at 6:30 a.m.  
Volunteers will receive a Letter of Appreciation from MWR for volunteering their time!

**Indoor Rock Climbing at Slidell Rocks**

**Sunday, May 4**

**FREE shuttle departs at NOON**

Signup deadline is May 2!

**Happy Mother's Day**

Monday, May 5th

Fill out a Mother's Day Card in the Liberty Center and we'll mail it to your Mom for you!

**2014 Gulfport Music Festival Trip**

**FRIDAY MAY 09 - SATURDAY MAY 10 2014**

KID ROCK - SUBLIME WITH ROME - LUDACRIS  
311 - VIOLENT FEMMES - THIRD EYE BLIND  
CYPRESS HILL - YING YANG TWINS - THE PRETTY RECKLESS  
REVEREND HORTON HEAT - SIR MIX A LOT - LONGREEF  
ROSCO BANDANA - HYPHEE - THE VETTES - KABOOM - ALEXA CARTER  
WAYNE SHARP AND THE SHARP SHOOTER BAND - THE MULLIGAN BROTHERS  
THE SCORSESSES - MAN ON EARTH - COYOTE UNION - FRIDAY NIGHT GIGGLES  
STARTISAN - STEREOHYPE - VERIDIA - PSYCHO BILLY CADILLAC  
THE BRETON SOUND - DOWN THE PHOENIX - NEW REBEL FAMILY  
SURVIVING ALLISON - LAUREN ALEXANDER - HOTEL OSCAR  
THE HELVETICA EFFECT - PARTY AT THE MOON TOWER - BLONDEFIRE

**\$67 for weekend passes**

**FREE SHUTTLE  
5:30 p.m. on Friday  
3 p.m. on Saturday**

Signup deadline is May 9!

**CINEMARK**

**CENTURY THEATRES, CineArts, Tinseltown**

**Sunday Funday at the Movies!**

**Sunday, May 11th**

**FREE shuttle departs at 1 p.m.**

## POWER LIFTING MEET

FITNESS CENTER

**SATURDAY, MAY 17  
10:00 AM**

SIGN UP @ FITNESS  
APRIL 21 - MAY 17



Contact Michael McLaughlin at 228-822-5109 for more information.

## Program Telephone Numbers & Hours

Anchors and Eagles	871-4607	Hours:	Tu-Th 2-6p
Auto Skills Center	871-2804	Hours:	W-Fr 11a-7p, Sat 9a-5p
Beehive	871-4009	Hours:	M-Th 4:30-10:30p, Fr 4:30-11:30p Sat 5-11:30p
CBC Fitness Center	871-2668	Hours:	M-Th 4:30a-8p, Fr 4:30a-7p, Sat-Sun 9a-4p
Aquatics	822-5103	Hours:	M-Fr 5:30a-5:00p, Sat-Sun 9a-4p, Sun Closed
Child Development Ctr	871-2323	Hours:	M-Fr 6a-5:30p
Free Movie Hotline	871-3299	Hours:	Open 30 min prior to movie showings
ITT	871-2231	Hours:	M-Fr 10a-4:30p, Sat 10a-2p
Liberty Center	871-4684	Hours:	Sun 10a-8:30p, M-Th 10:30a-1:30p & 4-8:30p, Fr 10:30a-1:30p & 4-11p, Sat 10a-11p
Outdoor Recreation	871-2127	Hours:	M 8a-1p, Th-Fr 10a-6p, Sat 7a-1p
School Liaison Officer	871-2117	Hours:	M-F 7:30a-3:30p
Shields RV Park	871-5435	Hours:	M-Sat 8a-4p, Sun 8a-2p
The Grill	871-2494	Hours:	M-Fr 7am-1:30pm
Youth Activities Ctr	871-2251	Hours:	6-7:30a & 2:00-5:30p
SAC		Hours:	M-Th 3:30p-8:30p, Fr 3:30p-9p
Teen Center		Hours:	Tu-Th 5:30p-8:30p, Fr 6p-9p
Rec Center		Hours:	

May 1, 2014

Seabee Courier

# NCBC Gulfport - 2013 Water Quality Consumer Confidence Report (CCR)

## Is my water safe?

We are pleased to present this year's Annual Water Quality Consumer Confidence Report (CCR) as required by the Safe Drinking Water Act (SDWA). This report is designed to provide details about where your water comes from, what it contains, and how it compares to standards set by regulatory agencies. This report is a snapshot of last year's water quality. We are committed to providing you with information because informed customers are our best allies.

## Do I need to take special precautions?

Some people may be more vulnerable to contaminants in drinking water than the general population. Immuno-compromised persons such as persons with cancer undergoing chemotherapy, persons who have undergone organ transplants, people with HIV/AIDS or other immune system disorders, some elderly, and infants can be particularly at risk from infections. These people should seek advice about drinking water from their health care providers. EPA/Centers for Disease Control (CDC) guidelines on appropriate means to lessen the risk of infection by *Cryptosporidium* and other microbial contaminants are available from the Safe Drinking Water Hotline (800-426-4791).

## Where does my water come from?

Naval Construction Battalion Center (NCBC) Gulfport receives water from the Graham Ferry aquifer. The Graham Ferry aquifer is part of the Miocene aquifer system that consists of multiple layers of sand separated by beds of clay. A U.S. Geological Survey study of groundwater in Harrison County found that aquifers deeper than 500 feet were artesian. The groundwater from Public Works Department (PWD) Gulfport water supply is pumped from three wells that are well in excess of 700 feet.

## Why are there contaminants in my drinking water?

Drinking water, including bottled water, may reasonably be expected to contain at least small amounts of some contaminants. The presence of contaminants does

not necessarily indicate that water poses a health risk. More information about contaminants and potential health effects can be obtained by calling the Environmental Protection Agency's (EPA) Safe Drinking Water Hotline (800-426-4791).

The sources of drinking water (both tap water and bottled water) include rivers, lakes, streams, ponds, reservoirs, springs, and wells. As water travels over the surface of the land or through the ground, it dissolves naturally occurring minerals and, in some cases, radioactive material, and can pick up substances resulting from the presence of animals or from human activity: microbial contaminants, such as viruses and bacteria, that may come from sewage treatment plants, septic systems, agricultural livestock operations, and wildlife; inorganic contaminants, such as salts and metals, which can be naturally occurring or result from urban stormwater runoff, industrial, or domestic wastewater discharges, oil and gas production, mining, or farming; pesticides and herbicides, which may come from a variety of sources such as agriculture, urban stormwater runoff, and residential uses; organic Chemical Contaminants, including synthetic and volatile organic chemicals, which are by-products of industrial processes and petroleum production, and can also come from gas stations, urban stormwater runoff, and septic systems; and radioactive contaminants, which can be naturally occurring or be the result of oil and gas production and mining activities. In order to ensure that tap water is safe to drink, EPA prescribes regulations that limit the amount of certain contaminants in water provided by public water systems. Food and Drug Administration (FDA) regulations establish limits for contaminants in bottled water which must provide the same protection for public health.

## How can I get involved?

The best mechanism to get involved consists of participating in Housing Residence meetings. The most current information about the meetings may be obtained by contacting the Housing Office at (228) 871-2586 or Balfour Beatty Community at (228) 863-0424.

The Consumer Confidence Report will not be mailed to customers, but is posted on the NCBC Environmental webpage. A hard

copy of this CCR can be obtained from the center's Environmental Office located in Building 322, room 103 or by emailing a request for copy to [kenton.lottinger@navy.mil](mailto:kenton.lottinger@navy.mil). The PWD Environmental Division encourages all customers that have concerns or questions to contact them directly at (228) 871-2373.

## Description of Water Treatment Process

Your water is treated by disinfection. Disinfection involves the addition of chlorine or other disinfectant to kill dangerous bacteria and microorganisms that may be in the water. Disinfection is considered to be one of the major public health advances of the 20th century.

## Additional Information for Lead

NCBC Gulfport periodically tests for lead in your water in accordance with EPA and Mississippi State Department of Health (MSDH) regulatory requirements. Your water's lead level is well below the Action Level (AL) as indicated in the Water Quality Data Table.

If present, elevated levels of lead can cause serious health problems, especially for pregnant women and young children. Lead in drinking water is primarily from materials and components associated with service lines and home plumbing. NCBC Gulfport is responsible for providing high quality drinking water, but cannot control the variety of materials used in plumbing components. When your water has been sitting for several hours, you can minimize the potential for lead exposure by flushing your tap for 30 seconds to 2 minutes before using water for drinking or cooking. If you are concerned about lead in your water, you may wish to have your water tested. Information on lead in drinking water, testing methods, and steps you can take to minimize exposure is available from the Safe Drinking Water Hotline (800-426-4791) or at <http://www.epa.gov/safewater/lead>.

# Water Quality Data Table

In order to ensure that tap water is safe to drink, EPA prescribes regulations which limit the amount of contaminants in water provided by public water systems. The table below lists all of the drinking water contaminants that we detected during the calendar year of this report. Although many more contaminants were tested, only those substances listed below were found in your water. All sources of drinking water contain some naturally occurring contaminants. At low levels, these

substances are generally not harmful in our drinking water. Removing all contaminants would be extremely expensive, and in most cases, would not provide increased protection of public health. A few naturally occurring minerals may actually improve the taste of drinking water and have nutritional value at low levels. Unless otherwise noted, the data presented in this table is from testing done in the calendar year of the report. The EPA or the State requires us to monitor for certain

contaminants less than once per year because the concentrations of these contaminants do not vary significantly from year to year, or the system is not considered vulnerable to this type of contamination. As such, some of our data, though representative, may be more than one year old. In this table you will find terms and abbreviations that might not be familiar to you. To help you better understand these terms, we have provided the definitions below the table.

Contaminants	MCLG or MRDLG	MCL, TT, or MRDL	Your Water	Range		Sample Date	Violation	Typical Source
				Low	High			
<b>Disinfectants &amp; Disinfectant By-Products</b>								
(There is convincing evidence that addition of a disinfectant is necessary for control of microbial contaminants)								
Chlorine (as Cl <sub>2</sub> ) (ppm)	4	4	1.1	0.54	1.38	2013	No	Water additive used to control microbes
TTHMs [Total Trihalomethanes] (ppb)	NA	80	7.25	NA		2012	No	By-product of drinking water disinfection
Haloacetic Acids (HAA5) (ppb)	NA	60	6	NA		2012	No	By-product of drinking water chlorination
<b>Inorganic Contaminants</b>								
Barium (ppm)	2	2	0.010463	0.005873	0.010463	2011	No	Discharge of drilling wastes; Discharge from metal refineries; Erosion of natural deposits
Fluoride (ppm)	4	4	0.155	0.125	0.155	2011	No	Erosion of natural deposits; Water additive which promotes strong teeth; Discharge from fertilizer and aluminum factories
Nitrate [measured as Nitrogen] (ppm)	10	10	0.08	0.08	0.08	2013	No	Runoff from fertilizer use; Leaching from septic tanks, sewage; Erosion of natural deposits
Nitrite [measured as Nitrogen] (ppm)	1	1	0.02	0.02	0.02	2013	No	Runoff from fertilizer use; Leaching from septic tanks, sewage; Erosion of natural deposits
Antimony (ppb)	6	6	0.5	0.5	0.5	2011	No	Discharge from petroleum refineries; fire retardants; ceramics; electronics; solder; test addition.

May 1, 2014

Seabee Courier

Continued on page 15

Arsenic (ppb)	0	10	0.5	0.5	0.5	2011	No	Erosion of natural deposits; Runoff from orchards; Runoff from glass and electronics production wastes
Beryllium (ppb)	4	4	0.5	0.5	0.5	2011	No	Discharge from metal refineries and coal-burning factories; Discharge from electrical, aerospace, and defense industries
Cadmium (ppb)	5	5	0.5	0.5	0.5	2011	No	Corrosion of galvanized pipes; Erosion of natural deposits; Discharge from metal refineries; runoff from waste batteries and paints
Chromium (ppb)	100	100	0.982	0.5	0.982	2011	No	Discharge from steel and pulp mills; Erosion of natural deposits
Cyanide [as Free Cn] (ppb)	200	200	15	15	15	2011	No	Discharge from plastic and fertilizer factories; Discharge from steel/metal factories
Mercury [Inorganic] (ppb)	2	2	0.5	0.5	0.5	2011	No	Erosion of natural deposits; Discharge from refineries and factories; Runoff from landfills; Runoff from cropland
Selenium (ppb)	50	50	2.5	2.5	2.5	2011	No	Discharge from petroleum and metal refineries; Erosion of natural deposits; Discharge from mines
Thallium (ppb)	0.5	2	0.5	0.5	0.5	2011	No	Discharge from electronics, glass, and Leaching from ore-processing sites; drug factories
<b>Radioactive Contaminants</b>								
Uranium (ug/L)	0	30	0.5	0.5	0.5	2012	No	Erosion of natural deposits
Radium (combined 226/228) (pCi/L)	0	5	0.31	0.29	0.31	2012	No	Erosion of natural deposits
<b>Volatile Organic Contaminants</b>								
Toluene (ppm)	1	1	0.0005	0.0005	0.0005	2013	No	Discharge from petroleum factories
Xylenes (ppm)	10	10	0.0005	0.0005	0.0005	2013	No	Discharge from petroleum factories; Discharge from chemical factories
Benzene (ppb)	0	5	0.5	0.5	0.5	2013	No	Discharge from factories; Leaching from gas storage tanks and landfills
Carbon Tetrachloride (ppb)	0	5	0.5	0.5	0.5	2013	No	Discharge from chemical plants and other industrial activities
Chlorobenzene (monochlorobenzene) (ppb)	100	100	0.5	0.5	0.5	2013	No	Discharge from chemical and agricultural chemical factories
o-Dichlorobenzene (ppb)	600	600	0.5	0.5	0.5	2013	No	Discharge from industrial chemical factories

p-Dichlorobenzene (ppb)	75	75	0.5	0.5	0.5	2013	No	Discharge from industrial chemical factories
1,2-Dichloroethane (ppb)	0	5	0.5	0.5	0.5	2013	No	Discharge from industrial chemical factories
1,1-Dichloroethylene (ppb)	7	7	0.5	0.5	0.5	2013	No	Discharge from industrial chemical factories
cis-1,2-Dichloroethylene (ppb)	70	70	0.5	0.5	0.5	2013	No	Discharge from industrial chemical factories
trans-1,2-Dichloroethylene (ppb)	100	100	0.5	0.5	0.5	2013	No	Discharge from industrial chemical factories
Dichloromethane (ppb)	0	5	0.5	0.5	0.5	2013	No	Discharge from pharmaceutical and chemical factories
1,2-Dichloropropane (ppb)	0	5	0.5	0.5	0.5	2013	No	Discharge from industrial chemical factories
Ethylbenzene (ppb)	700	700	0.5	0.5	0.5	2013	No	Discharge from petroleum refineries
Styrene (ppb)	100	100	0.5	0.5	0.5	2013	No	Discharge from rubber and plastic factories; Leaching from landfills
Tetrachloroethylene (ppb)	0	5	0.5	0.5	0.5	2013	No	Discharge from factories and dry cleaners
1,2,4-Trichlorobenzene (ppb)	70	70	0.5	0.5	0.5	2013	No	Discharge from textile-finishing factories
1,1,1-Trichloroethane (ppb)	200	200	0.5	0.5	0.5	2013	No	Discharge from metal degreasing sites and other factories
1,1,2-Trichloroethane (ppb)	3	5	0.5	0.5	0.5	2013	No	Discharge from industrial chemical factories
Trichloroethylene (ppb)	0	5	0.5	0.5	0.5	2013	No	Discharge from metal degreasing sites and other factories
Vinyl Chloride (ppb)	0	2	0.5	0.5	0.5	2013	No	Leaching from PVC piping; Discharge from plastics factories

<u>Contaminants</u>	<u>MCLG</u>	<u>AL</u>	<u>Your Water</u>	<u>Sample Date</u>	<u># Samples Exceeding AL</u>	<u>Exceeds AL</u>	<u>Typical Source</u>
<b>Inorganic Contaminants</b>							
Copper - action level at consumer taps (ppm)	1.3	1.3	0.0012	2012	0	No	Corrosion of household plumbing systems; Erosion of natural deposits
Lead - action level at consumer taps (ppb)	0	15	1.2	2012	0	No	Corrosion of household plumbing systems; Erosion of natural deposits

## Additional Contaminants

In an effort to insure the safest water possible the State has required us to monitor some contaminants not required by Federal regulations. Of those contaminants only the ones listed below were found in your water

<u>Contaminants</u>	<u>State MCL</u>	<u>Your Water</u>	<u>Violation</u>	<u>Explanation and Comment</u>
Nitrate-Nitrite	10 ppm	0.1 ppm	No	

<b>Unit Descriptions</b>	
<b>Term</b>	<b>Definition</b>
ug/L	ug/L : Number of micrograms of substance in one liter of water
ppm	ppm: parts per million, or milligrams per liter (mg/L)
ppb	ppb: parts per billion, or micrograms per liter (µg/L)
pCi/L	pCi/L: picocuries per liter (a measure of radioactivity)
NA	NA: not applicable
ND	ND: Not detected
NR	NR: Monitoring not required, but recommended.

<b>Important Drinking Water Definitions</b>	
<b>Term</b>	<b>Definition</b>
MCLG	MCLG: Maximum Contaminant Level Goal: The level of a contaminant in drinking water below which there is no known or expected risk to health. MCLGs allow for a margin of safety.
MCL	MCL: Maximum Contaminant Level: The highest level of a contaminant that is allowed in drinking water. MCLs are set as close to the MCLGs as feasible using the best available treatment technology.
TT	TT: Treatment Technique: A required process intended to reduce the level of a contaminant in drinking water.
AL	AL: Action Level: The concentration of a contaminant which, if exceeded, triggers treatment or other requirements which a water system must follow.
Variances and Exemptions	Variances and Exemptions: State or EPA permission not to meet an MCL or a treatment technique under certain conditions.
MRDLG	MRDLG: Maximum residual disinfection level goal. The level of a drinking water disinfectant below which there is no known or expected risk to health. MRDLGs do not reflect the benefits of the use of disinfectants to control microbial contaminants.
MRDL	MRDL: Maximum residual disinfectant level. The highest level of a disinfectant allowed in drinking water. There is convincing evidence that addition of a disinfectant is necessary for control of microbial contaminants.
MNR	MNR: Monitored Not Regulated
MPL	MPL: State Assigned Maximum Permissible Level

**For more information, please contact:**

**Name:** Kenton Lottinger

**Address:** 2401 Upper Nixon Ave, Building 322, Gulfport, MS 39501

**Phone:** 228--871-2372

**Fax:** 228-871-3116

**Email:** kenton.lottinger@navy.mil

**Website:** [http://cnic.navy.mil/regions/cnrse/installations/ncbc\\_gulfport/om/environmental\\_support.html](http://cnic.navy.mil/regions/cnrse/installations/ncbc_gulfport/om/environmental_support.html)