

SEABEE COURIER

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February 6, 2014

Brrrrrrrrrrrrrrrr 'Bee



SAPPORO, Japan - The 2014 Navy Misawa Snow Team pose with the "Fighting Bee" snow sculpture they completed for the 65th Annual Sapporo Snow Festival, Feb. 3. The sculpture is a tribute to the U.S. Naval Seabees, who are celebrating their 72nd anniversary, March 5. This is the 31st year that Naval Air Facility Misawa has sent a delegation of Sailors to Sapporo to build a sculpture, and represent their respective commands on behalf of the U.S. Navy. One of Japan's largest winter events, the seven-day festival attracts about two million people every February. (U.S. Navy photo by Senior Chief Mass Communication Specialist Daniel Sanford/Released)

See story page 7

Changes to Article 32 hearings and other victim's rights: What You Need to Know

By Rear. Adm. Sean Buck

Director, 21st Century Sailor Office, Posted in: Health, Wealth & Safety Navy Life



If you've been reading my blogs, you know my role as Director of the 21st Century Sailor Office includes responsibility for the sexual assault prevention and response program for our Navy.

I want to share with you some recent key improvements to our military justice system – changes which make it safer and easier for victims of sexual assault to report incidents, and hopefully, more likely that they will remain in the investigative process, all the way to final resolution.

The National Defense Authorization Act (NDAA) of FY2014 contained some key provisions to improve Article 32 hearings – some coming later this year, and some effective now.

What is an Article 32 hearing? These are "preliminary hearing" investigative proceedings, which have been compared to civilian grand juries. The purpose of these hearings is to provide a recommendation to the convening authority of whether a case should be referred to court-martial or other appropriate disposition.

An Article 32 hearing is held before charges can be referred to a general court-martial. And soon, the purpose of the preliminary hearing will be limited to determining the following: whether there is probable cause to believe an offense was committed, jurisdiction of the offense, proper charges, and recommended disposition.

The most important change coming for these hearings, in my opinion, is that alleged military victims will no longer have to testify or even be present at them, if they so desire. All victims – military and civilian – of all crimes, not just sexual assault, will have the right to decline to testify at the Article 32 preliminary hearing if desired. If a victim desires not to physically testify at this hearing, their sworn statement will be considered as evidence instead. Examination of witnesses

See RIGHTS page 4

Blood Drives Feb. 13

Blood Drives will take place in two locations Feb. 13:

Naval Construction Group (NCG) 2 Auditorium, building 447, 8 a.m. - 1 p.m.

Liberty Center (across from NEX) Noon - 4: 30 p.m.



All blood types needed!

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Legal:

Custody of children across state lines

By Thomas E. Wallace Esq.
 RLSO, SE Jacksonville

Child custody and visitation issues can be a major personal crisis for service members and their children. The stress of these situations can distract the service member from their duties and negatively impact their children.

The complexity of a child custody and visitation plan is increased with distance. The parents may find it hard enough to coordinate parental decision making when living in the same town let alone in different states. Most states will direct that both parents participate together in the major decisions affecting their children unless allowing such contact is harmful to the children. This is typically referred to as "shared parental responsibility."

A growing number of states require the establishment of a detailed parenting plan meant to encourage parental collaboration to better develop

a workable plan which is deemed to be in the children's best interest. There are several key points to remember to ensure that visitation between parent and child happens smoothly and hopefully without crisis.

The Logistics of Long Distance Visitation and Custody:
 Here are some of the key things to remember when establishing a long distance visitation or custody plan:

- ~ Establish and maintain reliable means of communication between the parents and with your children. Most jurisdictions in custody orders specify the means of communication to be used by the parents and the frequency of communication between the parents and between the parents and the children. Electronic means of communication, such as Skype, email, and cellular phone usage are typical means for allowing such communication. The parties must focus on which method of communication best works for

them.

- ~ Regularly provide up to date contact information to the other parent to better enable regular communication. Most state courts and state statutes regulating child custody and visitation issues will require parents to immediately advise the court and all parties about an address change.

- ~ Make sure that the plan you establish is affordable. Long distance visitation will require travel to comply with the parenting plan. A complete parenting plan will often apportion travel costs between the parents. Make sure that you can realistically afford the plan. Extreme long distance relationships often require the purchase of airline tickets which can be expensive and the expense of achieving the parenting plan can limit how often visitation can be exercised if a parent's budget limit is reached.

- ~ Think through the logistics of the plan in advance. Often the parenting plan will require designating times

for the physical transfer of the children and the establishment of drop off and pick-up points for the transfer to occur. Make sure that the times are realistic, reasonable and not at unworkable times such as during a time when the other parent is not available because of work or some other obligation. Make sure the drop off and pick-up locations are in a safe place.

- ~ Make sure that the plan is realistic. If the parents move into different states, more frequent visitation, such as every week, is impossible to achieve because of the above listed reasons. The non-custodial parent will have to get used to the idea that he or she will have to see their children less and that visitation will probably happen during summer or holiday vacations at times that do not interfere with the children's life events, such as school and extracurricular activities.

- ~ Remember to up- See **CUSTODY** page 9

Local 24/7 Sexual Assault Prevention and Response Program Contact #: 228-596-0697; Your installation Sexual Assault Response Coordinator's Contact #: 228-323-4717; Alternate Sexual Assault Response Coordinator's contact # 504-762-0224; Click: www.Safe-Helpline.org; Call: 877-995-5247; Text *55-247 (inside the U.S.); Text *202-470-5546 (outside the U.S.) *Text your location for the nearest support resources.

AUDRA
SEXUAL ASSAULT SUPPORT GROUP
 AUDRA means "nobility and strength" in French
 You don't have to walk this path alone
 This group offers a safe, open atmosphere for discussion and activities to facilitate the healing process
 For Active Duty females who have been sexually assaulted as adults
 Call FFSC at (228) 871-3000

Buzz on the Street

By CE2(SCW) Courtney Demastus
NCBC Public Affairs

"If you could live in any period of history, when would it be and why?"



"It would have to be 1893, when Chief Petty Officers began to be recognized, so that I may help build and sculpt the CPO traditions we have today."

EOC(SCW) Toby Davis
NMCB 11
Hometown: Panama, Fla.



"Hmm. The past, what about the future? I would like to see what technological capabilities we would have 200 - 300 years from now."

Ron Hudson
Capefox Professional Services
Hometown: Pittsburgh, Pa.



"It would have to be the 1920s to the 1940s because of moral values people upheld in order to survive and fully live life."

CE3(SCW) Tiffany Taylor
NMCB 74
Hometown: Whitesville, W. Va.



Construction Electrician 3rd Class Tiffany Taylor assigned to Naval Mobile Construction Battalion (NMCB) 74, provides shipping documents and inventory sheets for all Defense Reutilization Management Office (DRMO) boxes stored on Naval Construction Battalion Center (NCBC) Gulfport, Jan. 30. (U.S. Navy photo by Construction Electrician 2nd Class Courtney Demastus/Released)



Linda Huk, a Child Development Center employee, helps children get involved in National Preschool Fitness Day on board NCBC, Jan. 31. The event promoted health and wellness for the preschoolers. (U.S. Navy photo by Equipment Constructionman Kia Skinner/Released)



Lt.j.g. Holly Short, Navy chaplain, assigned to Naval Mobile Construction Battalion (NMCB) 133, talks to 1st grader Trevon Jordan, a West Elementary School student, on his visit to the Training Hall on board NCBC, Jan. 31. More than 150 West Elementary students were awarded a movie day for meeting their Accelerated Reading (AR) goal. NMCB 133 has a partnership with the school. (U.S. Navy photo by Utilitiesman Constructionman Alicia K. Fluty/Released)



Mardi Paws Parade
Feb. 8
10 a.m. - noon
Dog Park near Seabee Lake
 Hosted by Balfour Beatty Communities
 For more info: 228-863-0424

72nd Annual Seabee Ball



Have you ordered your tickets yet? Be sure and purchase your tickets to attend the 72nd Annual Seabee Ball March 15. Tickets are going fast! Cocktail hour begins at 6 p.m. This year's guest speaker is Rear Admiral Morneau, Commander, Navy Expeditionary Combat Command. Tickets are now on sale and are payable by cash, or check made payable to the "Seabee Ball Fund." Contact your command rep for tickets. The CBC command rep is Lt. Kena Montgomery, 228-871-3922 or email: kena.k.montgomery@navy.mil. Ticket prices are: E1 to E3: \$20; E4 to E6: \$30; E7 and above, Retirees, and Civilians: \$40. If you plan on bringing a guest, the ticket price for him/her is equivalent to the price you pay for your own ticket. Uniform: E1 - E6: Service Dress Blues w/Large Medals; E7 - O3: Dinner Dress Blues; O4 & Above: Dinner Dress Blue Jacket; Civilians: Formal. Door prizes/dancing! Professional photographer - \$10 portraits. Free childcare until capacity is reached from 5 p.m. to 12:30 a.m. Sign up with ticket in hand at Child Development Center. Additional child care will be available for children ages 6 - 17 at the CBC Youth Center the evening of the Seabee Ball. Drop off time for the Seabee ball Lock-In will be 5 p.m., March 15 with pick up NLT 7 a.m., March 16. The event will be limited to 30, and patrons must have all required registration information in order to attend. A fee of \$15 will be charged per child and will include admission to the Mississippi Surge vs. Knoxville Ice Bears hockey game, midnight snack, and breakfast. Please ensure children have eaten before drop off as we will be leaving shortly after for the hockey game. Extra money for souvenirs and snacks at game is encouraged but not required. Late fees will apply for pick up after 7 a.m., and will be strictly enforced.

February 6, 2014

"Like" Naval Branch Health Clinic Gulfport's Facebook page!

The page is frequently updated with medical news and information on upcoming events,

TriCare updates and other interesting Navy knowledge items.

Please go to Facebook and search "Naval branch Health Clinic Gulfport" and click "LIKE"! (If two pages come up in search results - it

will be the one without "Mississippi" after Gulfport) Come LIKE our page and stay up to date on all the latest and greatest in Navy Medicine!



From **RIGHTS** page 1 is restricted to matters relevant to the charges. No longer will a purpose of the hearing be for the defense to obtain discovery in their case. Attorneys will no longer be able to publicly and officially dive into personal matters unrelated to the incident at hand at these hearings.

Second, the legislation provides that, whenever practical, only judge advocates will be Hearing Officers in Article 32s. We've done this in practice in the Navy for a long time and by policy, Hearing Officers in sexual assault cases will always be judge advocates.

Third, the Hearing Officer, whenever practicable, will be senior to both the defense counsel and the prosecutor.

These new Article 32 provisions will take effect in December of this year.

However, another important change in the legislation concerning victims is effective immediately: When a defense counsel wishes to interview a victim of an alleged sex-related offense, he or she must request the interview through the prosecutor, once the victim has

been identified as a witness who will testify in the case.

Additionally, two victims' rights that were in the civilian federal statute are now added in military law: First, the victim has the right to be heard at certain hearings, including pretrial confinement, sentencing, and clemency and parole. Second, victims have a right to proceedings free from unreasonable delay. The statute also requires the military to create regulations providing an enforcement mechanism for victims' rights.

Finally, one more change in the law provides victims the right to participate in the clemency phase of the court-martial process. Effective this June, victims will be provided an opportunity to submit matters to the convening authority to consider in post-trial action, even after an accused has been convicted and sentenced at court-martial.

If we are to continue to gain the trust of service members to report any incident of sexual assault, we must ensure that our process of investigation and adjudication fully respects victims' rights - that the victim be protected

from the accused, accorded every means of privacy, and treated with dignity and respect.

All of these new provisions are designed to build critical trust: Trust of victims in our response, investigative and adjudicative systems; trust in our chains of command that each and every report can be made safely, and trust earned by our Navy that victims may report sexual assaults without fear of reprisal. The overarching goal is a fair process for all involved - victim and accused. If you are the victim of a sexual assault and have legal questions, call a Victims' Legal Counsel to discuss your rights.

I know those were a lot of legal references, but these changes are important to understand. They are even more important to talk about, with your shipmates, your Chiefs, and your commanders. If you have any questions, seek out your nearest JAG officer.

No one should serve in fear. Don't be afraid to report if you've been a victim of sexual assault. Together, we will work to protect victims of sexual assault and hold perpetrators appropriately accountable.

Seabee Courier

NCBC Frames

FREEZE

FRAME

Logistics Specialist 1st Class(SCW/SW)
Shaun Witt
 Financial Manager/Department Career
 Counselor, Naval Construction Group (NCG) TWO

By UTCN Alicia Fluty
 NCBC Public Affairs



FF: What has been your biggest motivation throughout your career?

SW: The reasons I serve are patriotism, pride and love for my country.

FF: What advice would you give to future Seabees and Sailors?

SW: I would advise them to support their leadership, and take care of their

troops. Also, don't get upset when you are not awarded, but to accept the greatest award possible - self-pride. No one can take that away from you.

FF: What is your favorite part about being/working with the Seabees - why?

SW: Being in a battalion and on a DET. I enjoy the camaraderie.

FF: Who was your most influential mentor during your career, and why?

SW: Senior Chief Logistics Specialist Navarran Nichols. He taught me to push and be the one to get things done, regardless

of the circumstances or situations. He also taught me to always stand up for yourself and most importantly your troops. He taught me to ask the questions and challenge not only myself, my troops but also leadership; to learn from the good and more so from the bad of things, places and people. Most importantly, he taught me to be a leader.

February 6, 2014



SEABEE DAY

2014



CAR AND TRUCK SHOW

MARCH 8

9 A.M. TO 4 P.M.

NCBC GULFPORT

All cars need to be registered by Feb 28.
 Contact CM1 Sease 228-871-3358/2999 or
 Kenneth Raymond at 228-871-2804.
 for registering and general info.

Moving? Mailing packages? Need a box?
 Visit the **Recycling Center**, located in buildings 275/276, behind building 200 off of McKinney Ave between the hours of 6:30 a.m. and 2:30 p.m. and get all the boxes you need for FREE!



See Something Wrong, Do Something Right
 NCIS has two anonymous ways to report crimes or suspicious behavior with the use of discreet and secure online or texting tip lines. To report information by Cell text: 1. Text "NCIS" to the short code 274637 (CRIMES) from any cell or smart phone. 2. Receive a response. For example, your alias is S2US. Call 911 if urgent! If replies put you at risk, text "STOP." 3. Begin dialogue. To report information ONLINE: 1. Go to www.NCIS.navy.mil, click on the "Report a Crime" tab and select the icon for "text and Web tip Hotline." ***There is a reward of up to \$1,000 for information leading to a felony arrest or apprehension.



Seabee Courier

NMCB 133 readies for FEX

By MC1 Steven Myers
NMCB 133 Public Affairs

Naval Mobile Construction Battalion (NMCB) 133 Seabees held field gear inspections and training throughout January aboard Naval Construction Battalion Center Gulfport in preparation for their upcoming field exercise (FEX).

Senior Chief Builder Robert Carey, the Detail One Leading Chief Petty Officer, instructed members on the proper wear of the Modular Tactical Vest and the stowing of CBR gear as platoon commanders and squad leaders inspected the troops Jan. 13. Leading by example, Lt. Cmdr. Blake Burket, the DET ONE officer-in-Charge, donned full combat gear as he watched over the evolution.

Detail Two or Bridge Det., spent that same week in unit driven training (UDT), covering personnel CBR drills, fighting positions, firing plans, as well as covering patrol and occupying the defense with Marine Corps Gunnery Sergeant Joshua Adams, an instructor with Naval Construction Group (NCG) 2.

"It's a very informative setting where junior troops can receive smaller one-on-one type learning," said Steelworker 3rd Class Luke Bay. "[Squad leaders] can get more in depth than in a large group training setting. The smaller in-company training is a valuable asset that is vital to a successful FEX and mission readiness."

This smaller unit training is also a chance for senior leadership to give



Chief Builder Christopher Locke gives an in-depth look into fire plan diagrams during Echo Company Unit Driven Training. Training is a valuable tool for mission readiness within Echo Company. (U.S. Navy photo by Construction Electrician 2nd Class Richard Raftery/Released)

back to the troops, not just with knowledge, but also experience out

See NMCB 133 page 12

Culture instruction helps NMCB 25 prepare for OEF deployment

By MC1 Patrick Gordon
NMCB 25 Public Affairs

Members of Naval Mobile Construction Battalion (NMCB) 25 received instruction in Afghan culture, history, and language at Naval Construction Battalion Center (NCBC) Gulfport Jan. 25. The training was done in preparation for the battalion's upcoming deployment in support of Operation Enduring Freedom later this year.

"This training is very important for personnel deploying to Afghanistan, because we can't establish a relationship between our two countries if we don't know about each other," said Haji Kamran Qasim Karzai, cultural adviser and instructor at NCBC Gulfport. "The instruction is basically a cultural breakdown of how to interact with local Afghans, Afghan National Army, and Afghan National Police soldiers to kind of give the sailors a better understanding of the day-to-day routine of life in Afghanistan and how Afghans live on a regular basis."

Karzai said he has a profound respect for instructing service members on Afghan culture because of how mutually beneficial it is for both the people of the United States and Afghanistan.

"In 2002, I went to Afghanistan to see if I could help over there with the Afghan government, and after seeing that the country was basically in shambles and the government was not really sufficient, I came back here and I started working with the military," said Karzai. "My father told me, 'Son, you'll be better on that side because you speak good English, you speak three languages, it's better for you to work on that side because they're our partners to try to fix our country [Afghanistan].'"

Karzai explained various aspects of life in Afghanistan to NMCB 25 personnel during the

training, including ethnic and cultural variations in the country, historic invasions of the region and their effect on the nation today, economic factors affecting the country, and differences in language throughout the region. The battalion members appreciated the training for opening their eyes to a country and culture some knew little about.

"I liked it, I really learned a lot," said Logistics Specialist 2nd Class Lewis Marschner, of NMCB 25 Headquarters Company. "I mean, even in addition to useful information, a lot of it was really interesting, like how big hospitality is to people in Afghanistan. And there were lot of things I had never even known, like how back in the 1970s Afghanistan used to be a rich and prosperous country."

Marschner also noted that learning the do's and don'ts of social interaction in Afghanistan would pay dividends once overseas.

"It was great to learn the stuff that we shouldn't do or say while we're over there that would cause offense, for instance, how it's considered rude over there to ask someone how someone's female relatives are; I had no idea," said Marschner. "It's so casual here to ask someone something like, 'How's your wife,' so cultural information like that is really going to help us. I feel better prepared to deploy after that training, because it really is better to keep friends than enemies while we're working with the Afghans."

Karzai echoed this sentiment of friendship between the two nations.

"I want these sailors to know that you have my appreciation for rebuilding the country that was so demolished in fighting during the Cold War to defeat the communists," said Karzai. "Now we're basically getting the credit for the country that needed the help and the right people, our brothers, the U.S., helping us again."



Haji Kamran Qasim Karzai, cultural adviser and instructor, conducts Afghan cultural training at the Naval Construction Battalion Center Gulfport for members of Naval Mobile construction Battalion 25 (NMCB 25). The training explained a number of social, economic, and historical aspects about Afghanistan and what service members can expect while deployed there. NMCB 25 is currently preparing for a scheduled deployment in support of Operation Enduring Freedom. (U.S. Navy photo by Mass Communication Specialist 1st Class Patrick Gordon/Released)

Navy Misawa Snow Team completes 'Fighting Bee' snow sculpture

By MCCS Daniel Sanford

Naval Air Facility Misawa Public Affairs

Seven Sailors assigned to U.S. Naval Air Facility (NAF) Misawa and its tenant commands completed construction on a snow sculpture, Feb. 3, which will be on display at the 65th Annual Sapporo Snow Festival.

The Sailors are members of the 2014 Navy Misawa Snow Team, which travelled from mainland Japan to Hokkaido Island, so they could build the sculpture for the city's annual festival. This year marks the 31st year that NAF Misawa has sent a team to Sapporo to represent the command and the U.S. Navy.

The team is comprised of Misawa Sailors - handpicked by their respective commands - who continually demonstrate a strong work ethic, while embodying the Navy core values. They must also have solid communication skills, and be an outgoing and friendly person.

During the five days it took to create the sculpture, Chief Builder Billy Harger, 2014 Navy Misawa Snow Team leader, said the team certainly exhibited those ideals.

"I couldn't have asked for a more professional and dedicated group of Sailors," said the native of Pearl City, Hawaii. "None of the team members are originally from warm-weather areas of the United States, so they didn't grow up with a lot of experience in the snow - and absolutely none of them had any experience sculpting it."

But experience notwithstanding, the team embraced the challenge of working outside their collective comfort zones, and took the chal-

lenge head on.

Prior to departing Misawa, the team decided to sculpt a three-dimensional version of the U.S. Navy Seabee's famous "Fighting Bee" emblem.

"The team always creates a Navy-inspired sculpture for the festival, but we wanted to highlight an aspect of the Navy that the festival spectators may not know much about," said Aircrew Survival Equipmentman 2nd Class Chris Dorrrough, who originally hails from Gadsden, Ala. "Since the Navy Seabees are celebrating their 72nd birthday, March 5, it seemed like we could build a pretty cool design, while simultaneously giving a shout out to the Seabee community."

Upon arriving in Sapporo, the team proceeded to sculpt a six-foot-by-six-foot block of compacted snow that the festival organizers placed in the city's Odori Park. Using axes, chisels, and even at times, a chainsaw, the team eventually whittled down the block into a roundish shape, that somewhat resembled a bee.

"After the first day, I think if you squinted, turned your head sideways, and were told it was a bee, you might have figured out what we were making," joked Cryptologic Technician (Collection) 2nd Class Alexianna Morton, originally from Antioch, Calif. "But by the third day, people were walking up to us while we were working and saying "hachi," which is Japanese for 'bee.' At that point, we knew we were headed in the right direction."

Harger said the last two days of sculpting were dedicated to detail work, which helped shape their frosty bee into a fighting bee."

"The team really went above and beyond with some of the detailing,"



Cryptologic Technician (Collection) 2nd Class Alexianna Morton, foreground, and Mineman Seaman Andrew Handley, carve some kanji lettering into the base of a snow sculpture, Feb. 3. Morton and Handley are members of the Navy Misawa Snow Sculpture Team, which is in Hokkaido, Japan, taking part in the 65th Annual Sapporo Snow Festival. This is the 31st year that Naval Air Facility Misawa and its tenant commands have sent a delegation of sailors to the festival to create a sculpture, and to serve as U.S. Navy goodwill ambassadors. (U.S. Navy photo by Chief Mass Communication Specialist Ryan Delcore/Released)

said Harger. "Many times I had a basic idea of what I wanted, and the team members would constantly come up with great ideas on how we could make the design stand out. We incorporated a lot of those ideas and I think, ultimately, it helped the sculpture really pop."

Throughout the build, the team had to persevere through erratic weather patterns that saw temperatures rise toward 40 degrees Fahrenheit, only to be replaced a few hours later by howling winds, horizontal-blowing snow, and sub-freezing temperatures. All of this proved challenging, but nothing they couldn't overcome.

"If the temperatures got too high, then the sculpture's details would begin to melt away, but on the flip side of that, when it got really cold and windy, our hands and feet would start to become numb, and the snow and wind made it hard to see," said Dorrrough. "But we knew coming into this that standing outside for sometimes up to eight hours a day would be challenging. We dressed warm and came ready to work. Each Sailor on the team brought something special to the team, and together, we were able to accomplish the goal we set out with. We are now the proud owners of a giant six-foot snow bee."

February 6, 2014

VITA TAX ASSISTANCE

Building 60, Room 116Z

VITA services are limited to:

Active duty military; Retired members entitled to retired/retainer pay or VA compensation; Dependents of those listed above; Reserve military on active duty for 30 days or more; Emergency cases only for Reservists on active duty less than 90 days; Reservists during premobilization; Reservists up to 30 days after demobilization; 20/20/20 spouses/dependents receiving transitional compensation; dependents of members separated for abuse consistent with 10 U.S.C. 1059. Call: 228-871-3597/2301.

VITA

**Drunk Driving . . .
Drive Sober or Get Pulled Over!**

Use a Designated Driver!
Keeping Safety a #1 Priority!
A message from NCBC Security



Seabee Courier

Focus on Education

Education Notes

Higher Education Workshop

Fleet and Family Support Center (FFSC) is sponsoring a two-day workshop Feb. 11 - 12, 8 a.m. - 4 p.m., which is designed to guide enrollees in multiple areas, including: - Choosing a college and a degree; Understanding funding issues; Evaluating military credits; Completing the admissions process. Call 228-871-3000 to register. This class is open to all with authorized access to NCBC, Gulfport.

Behavior Modification for Weight Management

Fleet and Family Support Center (FFSC) is sponsoring a Behavior Modification for Weight Management class Feb. 18, 11:30 - 1 p.m. at the FFSC. To register or to receive more information, email paula.ingram@navy.mil or call 228-871-3000.

BBC Foundation now accepting scholarship applications

Balfour Beatty Communities Foundation is accepting scholarship applications from high school seniors and undergraduate students, attending accredited educational/technical institutions, of our military family housing residents for the 2014 - 2015 academic year. To apply for these scholarships go to the Foundation's website, <http://www.bbcommunitiesfoundation.org/scholarships.aspx> and print out, complete, and submit the application and all required materials to Balfour Beatty Communities Foundation at 10 Campus Boulevard, Newtown Square, PA 19073. Applications must be postmarked by April 15.

Prepare now if interested in White House Communications Agency Recruitment

The White House Communications Agency is interested in recruiting the best and brightest from all Services with varied levels of experience and multiple specialties. A recruiting team will be on board NCBC March 11, at 9:30 a.m. at the Training Hall. Navy enlisted job opportunities are available in the following skills: BU, CE, CT1(RU), CTM, CTN, EM, ET, IC, IT MC, PS, SW, YN. Army enlisted opportunities: 12H, 12W, 12Y, 25B, 25C, 25E, 25F, 25L, 25M, 25P, 25Q, 25R, 25S, 25T, 25U, 25V, 25W, 25X, 35L, 35P(RU), 36B, 42A, 88M, 91B, 91D, 91E, 92A, 92Y, 94E, 94F, 94L, 94W, 94Z. Air Force enlisted opportunities: 3D0X1, 3D0X2, 3D0X3, 3D0X4, 3D1X2, 3D1X3, ED1X7, 3S2X1, 3S0X1. Interested? Call 202-757-5150 or visit www.disa.mil/whca or [facebook.com/WHCARecruitingTeam](https://www.facebook.com/WHCARecruitingTeam).

BZ kids!



West Elementary school students pick up their popcorn and beverages before sitting down to watch a movie at the Training Hall on board NCBC Gulfport, Jan. 31. More than 150 students in grades one through five, attended the movie as a special reward for meeting their Accelerated Reading goals. (U.S. Navy photo by Utilitiesman Constructionman Alicia K. Fluty/Released)

NCBC School Liaison Officer Kevin Byrd
MWR, Building 352, 1706 Bainbridge Ave
Phone: 228-871-2117, Email: kevin.r.byrd@navy.mil

19th Annual Technology Expo

Feb. 25, 9:30 a.m. - 1:30 p.m., IP Casino Resort Ballroom B, 850 Bayview Ave, Biloxi. FREE!

Pre-register today:
<http://FDAEXPO.COM/REGISTER.PHP?ID=146>

SEABEE DAY 2014

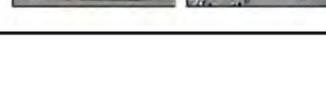
Naval Construction Battalion Center
Gulfport, Mississippi

Food Exhibits Games



**Saturday
March 8, 2014
9 a.m. to 4 p.m.
Free Community Event
Open to the Public
www.seabeebay.org**

Fun for the whole family!
Join us for Free Carnival Rides, Great Food, Mountains of Military Displays, Free Kids Play Area, Petting Zoo, Music and More!



Deadline for applications
is Friday, February 28!

OPPORTUNITY



SCHOLARSHIPS FOR
MILITARY CHILDREN



'The Meat & Potatoes of Life'

By Lisa Smith Molinari
Special Contributor

Pricing Paradise

Be it a sub-tropical seaside villa in Florida, a rugged mountain chalet in Montana, an Upper East Side condominium, or a Duck-Dynasty-esque Louisiana creekside doublewide -- everyone has their own idea of the perfect paradise. And everyone hopes that someday they'll end up retiring there.

As a military family, we have lived north, south, east and west. We've lived in the heat and we've lived in the cold, we've lived where it's wet and lived where it's dry. After more than 20 years of marriage, we still haven't decided where we want to end up someday. But we have learned that, no matter where we find paradise, it always comes at a price.

The purple mountain majesty and fresh-caught wild salmon of Alaska will cost prolonged darkness and gargantuan mosquitoes. The Painted Desert dawns and star-studded dusks in the Southwestern states will cost egg-frying temperatures and poisonous critters that like to hide in the garage. The flip-flop friendly retirement mecca of Florida with its endless palm-studded sandy beaches and cornucopias of coconut shrimp will cost seven months a year of stifling swampy humidity, not to mention throngs of turkey-leg munching theme park tourists.

The anatomically flawless people, golf-perfect climate, and Spicoli-surfer vibe of California will cost damaging earthquakes, cray-cray politics, and jaw-dropping cost of living. The salt-of-the-earth folksiness and charming farming towns of the Mid-West will cost land-locked monotony and trailer-tossing tornadoes. The quaintly clapboarded Northeast with



its Technicolor seasons will cost frigid, salt-encrusted, pale, chapped, winters that seem to go on forever.

We've lived in New England for six months now, and strangely, I love it here. Even though, as I write this column, a Nor'easter is howling through our base housing neighborhood in Newport, Rhode Island, caking our windows with blown snow, depositing four-foot drifts in our yard, and causing the trees to strain ominously against the gusting winds.

Ensnared in umpteen layers of clothing and copious applications of Chapstick, I stare out our frosted window and wonder how I could consider this place paradise. Why don't I think, as many do, that long winters are too high a price to pay for this lobster-fed, leafy New England lifestyle?

Apparently, somewhere in my snowy Western Pennsylvania childhood, I was brainwashed.

I loved winter. The sledding, the skiing, the skating, the icicles, the hot chocolate, the itchy wool sweaters, the waffle-woven long underwear, the runny noses, the cold toes, the roaring fires. To me, winter was nothing short of a total blast.

In fact, one of the worst things that ever happened to me was when I broke my femur tobogganing one night in fifth grade. Sure, the broken leg was extremely

painful, but what really hurt me was missing out on the entire 1977 blizzard because I was laid up in the hospital in traction for six weeks.

While all my friends were having the time of their lives slipping and sliding down every slope, embankment and drift in town while schools were closed for two weeks, I was watching "The Don Ho Show", avoiding another Salisbury steak on a pink Melmac hospital tray, and trying to learn how to balance on a bedpan.

After all that childhood conditioning, I now react to cold weather like Pavlov's pooch when a bell rings. When those first flakes fall from the sky, a certain nostalgia wells up in me, and I get excited about everything winter brings.

Like pots of hot soup and mittens drying on the radiator. Like rosy cheeks and paw prints in the snow. Like black leafless branches silhouetted against clear blue skies.

For many, winter's dirty chunks of ice, slick roadways, salt-hazed cars, and unrelenting chill are too much of a price to pay to live in northern climates. Sure, I'll admit, when March rolls around I'll be envying our Navy friends who are nursing their first sunburns in Hawaii and Florida.

But the bright saffron and violet crocus heads will dot the northern landscape soon enough, heralding the much-anticipated arrival of spring. And besides, winter is a small price to pay, when you consider that finding your own perfect paradise is priceless.

Get more wit and observations from Lisa at her blog: <http://www.themeatandpotatoes-oflife.com>

date your Navy Family Care Plan in accordance with OPNAVINST 1740.4D.

~ Always keep the best interests of the child in mind.

The Problems of Relocation: The custodial parent's proposed relocation with the children can also pose a challenge. Many states specify that the custodial parent must consult the non-custodial parent for permission to relocate with the children. If the non-custodial parent does not grant permission, the custodial parent will need to bring a lawsuit to obtain court approval of the relocation of the children. If the relocation is approved, the custody and visitation plan may need to be modified by the court because of the relocation of the children. Members should be aware that contested relocation plans, as they affect the visitation of the non-custodial parent, are not always approved a court. In such cases the military family may have to confront a significant obstacle to relocation.

The Challenges of Jurisdiction: Frustrated parents are often tempted to take matters into their own hands and remove their children or steal their children without the permission of the other parent or the permission of the supervising court. Such actions are universally condemned as not being in the children's welfare and can have significant consequences, including but not limited to stiff sanctions and loss of custody or visitation privileges.

The Uniform Child Custody Jurisdiction and Enforcement Act (UCCJEA), the Parental Kidnapping Prevention Act (PKPA), and the Hague Convention on Civil Aspects on International Child Abduction provide legal authority for determining what jurisdiction has control over a child custody determination, providing for emergency orders to return a child to the proper jurisdiction, and allowing for stiff penalties when parents violate such laws. The application of these various legal authorities can be complex and it is recommended that you consult a lawyer to determine how these legal authorities apply in your specific case.

This article is not intended to substitute for the personal advice of a licensed attorney. For local assistance, please contact the Naval Construction Battalion Center (NCBC) legal office by calling 228-871-2620 for an appointment. For a listing of Navy Region Southeast Legal Assistance offices, visit http://www.jag.navy.mil/legal_services/rlso/rlso_southeast.htm.

Base Housing Yard Sale - A Base housing quarterly yard sale is scheduled Feb. 15, 8 a.m. - 1 p.m. Please place the items for sale in your front yard. All signs advertising your yard sale are only permitted to be displayed in your front yard. If you have any questions please feel free to call the Housing Office at 228-863-0424 or email lladner@bbcgrp.comw



Fraud, Waste and Abuse Hotline: Due to limited IG resources throughout the Southeast Regional, all Fraud, Waste and Abuse hotline work will now be handled by the Region. To report Fraud, Waste and Abuse, contact the Region at: Toll Free 1-877-657-9851, Comm: 904-542-4979, DSN 942-4979, FAX: 904-542-5587, Email: CNRS_E_HOTLINE@navy.mil

MWR program contacts

Anchors and Eagles, 228-871-4607
 Auto Skills Center, 228-871-2804
 Beehive All Hands Club, 228-871-4009
 Child Development Center, 228-871-2323
 Fitness Center, 228-871-2668
 Information, Tickets & Travel, 228-871-2231
 Liberty Center, 228-871-4684
 Seabee Heritage Center, 228-871-3619
 Navy Outdoor Recreation, 228-871-2127
 Shields RV Park, 228-871-5435
 The Grill, 228-871-2494
 Training Hall, 228-871-4750
 Youth Activities Center, 228-871-2251
 Main Office, 228-871-2538

Intramural Racquetball League

Racquetball League

Season starts the week of Feb. 24th

SIGN UP
 Jan. 20 - Feb. 10, 2014

OPEN TO:

- ALL ACTIVE DUTY
- DOD EMPLOYEES
- DEPENDENTS
- RETIREES

Coaches' Meeting is Feb. 12 at 10:30 a.m. in the Fitness Center Conference Room.

To register your team, stop by the Fitness Center. For details, call 822-5109

Free Movies at the Training Hall

And, don't forget about the fresh buttered popcorn and cold drinks at that sweet price that won't break your wallet!

Movie Hotline:
228-871-3299

Friday, Feb. 7: 6 p.m., *Last Vegas*, PG13; 8:30 p.m., *Enough Said*, R
Saturday, Feb. 8: 2 p.m., *Free Birds*, PG; 4:15 p.m., *Thor: The Dark World*, PG13; 6:45 p.m., *Dallas Buyers Club*, R
Sunday, Feb. 9: 3 p.m., *Free Birds*, PG; 5 p.m., *Last Vegas*, PG13; 7:15 p.m., *The Counselor*, R

START REVVING THOSE ENGINES BECAUSE...

Daytona 500 Tickets ONLY \$62

Regularly \$139!



Call ITT at 871.2231

Race Day is Sunday, February 23rd



Other tickets and Fan Zone passes available.

228-822-5074 / 228-871-2251
 NCBC Gulfport, Mississippi
EXTREME TEEN CENTER



MONDAY - THURSDAY 3 - 5 p.m., POWER HOUR TUTORING
 Feb. 7, 6 - 9 p.m., Movie Night w/Popcorn, \$2
 Feb. 8, Noon - 6 p.m., Golden Gate Skateland Skating Trip, \$5
 Feb. 11, 5:30 - 8:30 p.m., NetSmarts: Computer Safety, Free
 Feb. 12, 5:30 - 8:30 p.m., Smart Moves Club & Dental Hygiene Day, Free
 Feb. 13, 5:30 - 8:30 p.m., Homemade Valentine's Day Card Making, Free

NAVY OUTDOOR RECREATION FEBRUARY SPECIAL!

Rent ANY Inflatable and receive choice of popcorn/cotton candy machine, 1 table & 6 chairs OR an Ice-Filled 120qt. Cooler for FREE!
 (deposit still applies)



Safari Toddler

MWR
 Naval Community Education Center
 Gulfport

Bouncy Houses Daily Rental Fees Range from \$40 - \$140

Parent Testimonial:
 I rented the sports combo bouncy house on Saturday and was able to bring it back on Monday for only \$56! This is a steal! Not only did the kids have a blast all weekend but I was able to SIT (unheard of for a mom) in my lawn chair and watch the children have a safe and fun time at my own home. What a great weekend! Thank you so much! - Tammie Holland, 1/17/14



Sports Combo

NCBC Helping Hands

GREAT DAY OF SOCCER

- Volunteers needed for Great Day of Soccer - Approximately 25 volunteers are needed to help judge at the annual Great Day of Soccer competition Feb. 15, 8 a.m. – 3 p.m. The competition, for kids 4 – 18 years old, will take place at the County Farm Soccer Fields on the east side of County Farm Road about five miles north of 1-10 off Exit 28 (across from the Harrison County Equestrian Center). Judges will be involved with four different events which range from timing how fast a player can dribble a ball around cones; counting how many times a player can touch a ball before it touches the ground (without using hands or arms); figuring out how far balls are thrown and kicked in the air from a set point; and counting points when players kick at a goal. Training for judging will take place at 8 a.m., with competition beginning at 8:30 a.m. Meal vouchers will be provided for

judges. For questions or to volunteer, contact Jeff Bruni, 228-861-6175 or jeffbruni@bellsouth.net or jbruni@gulfport-ms.gov.

BILOXI VA - Biloxi Veterans Hospital is having an awards ceremony for their volunteers April 18, and they are looking for volunteers who would come to the ceremony and show off their talents by doing a skit, sing or dance. If you are interested in this unique opportunity to volunteer, please call Susan at 228-871-3640 or Sharon at 228-522-5786.

BOOST READING PROGRAM - 28th Street Elementary School is looking for volunteers to listen to students read and help them complete reading comprehension questions. Volunteers time is in 30 minute intervals from 9 a.m. - 2 p.m., Monday - Thursday. If you are interested in volunteering, please call Samantha Benson, 228-867-2140.

NAVAL SEA CADET

CORPS - The Gulfport Battalion of Naval Sea Cadet Corps (NSCC) is looking for adult volunteers willing to help the area's youth succeed in life. NSCC is a non-profit, nautically oriented, youth training and education organization which is run by the Navy League with support from the United States Navy. Although a great plus, no prior military experience is required; all we need are adults who are passionate about mentoring America's youth. If you are interested in volunteering, please contact Lt. Cmdr. Thomas O. Klomps, NSCC, at Region63@juno.com or 850-890-6792.

USS ALABAMA ALWAYS LOOKING FOR HELP

- The Navy is looking for volunteers with construction expertise for a rewarding experience. The battleship USS Alabama anchored in Mobile Bay needs help from individuals that can work with wood, steel, and concrete for work aboard ship and around the grounds.

Work includes, but is not limited to: constructing 10 picnic pavilion covers, roofing a 40-by-20 maintenance shed, fabricating display cases. Point of contact is Owen Miller, 251-433-2703 or cell 251-767-0157.

USO GULF COAST - Interested in volunteering? We need volunteers every day to assist at our centers throughout the Military community. To become a USO volunteer, you'll need to create a volunteer profile through www.usovolunteer.org. This website allows you to keep track of your hours. If you have any questions please feel free to contact USO Gulf Coast's Program Manager, Nicole Lewis at nlewis@uso.org. We look forward to having you on our volunteer team!

COAST SALVATION

ARMY - Volunteers are needed for various projects throughout the year. Contact Shawna_Tatge@uss.salvationarmy.org if you have a bit of spare time to help.

HELP SENIORS AND

DISABLED CITIZENS

Harrison County RSVP needs retired plumbers, electricians, carpenters, skilled and unskilled laborers to join a team of handy-men/ women. If you are interested in helping in the community, call Mag Holland, 228-896-0412.

NAVY-MARINE CORPS RELIEF SOCIETY

The NMCRS Thrift Store is experiencing a severe shortage of volunteers. Those who are interested in volunteering at the store are asked to call 228-871-2610. Also in need of gently used donations.

LOOKING FOR A WAY TO SERVE YOUR COMMUNITY

- Interested in a law enforcement career? If so, consider volunteering your off duty time and become a Gulfport police Reserve Officer or a Reserve Community Service Technician. Call Lt. Phillip Kincaid at 228-868-5900, ext. 6189 or email him at pkincaid@gulfport-ms.gov for additional information.

For all of the latest information, follow Seabee Center on Facebook and Twitter; subscribe to Inside the Gate by sending an email to seabeecourier@navy.mil and check out the new and improved website at: http://www.cnbc.navy.mil/regions/cnrse/installations/ncbc_gulfport.html



Seabee Memorial Chapel



Religious Services Sunday:

Contemporary: 8 a.m.
Catholic Mass: 9:30 a.m.
Protestant: 10:30 a.m.
Weekday Mass:
Tuesdays at 11:15 a.m.

NCBC Center Chaplain:

Lt. Cmdr. Ammie Davis, Chaplain

For more information about Chapel programs, please call the Chapel at 228-871-2454

What's happening at the Chapel?

Sundays

- Contemporary (Gospel) Service: 8 a.m.
- Protestant Sunday School/Trivia Bowl: 9:15 a.m. (All Ages)
- Catholic Mass: 9:30 a.m.
- Protestant Service: 10:30 a.m. (childcare/nursery available via volunteers)
- Catholic CCD (Confraternity of Christian Doctrine): 10:30 a.m.
- Beyond Club: 2:30 p.m. (middle to high school students)

Tuesdays

- Catholic Mass: 11:15 a.m.
- Contemporary (Gospel) Praise and Worship Team Practice: 5 p.m.
- Protestant Bible Study/Bible Bingo: 6 p.m. (All Ages) (childcare/nursery available via volunteers)
- Protestant Praise and Worship Team Practice: 6 p.m.
- Club Beyond: 6 p.m. (middle to high school students)

- Catholic Choir Practice: 7 p.m.

Wednesdays

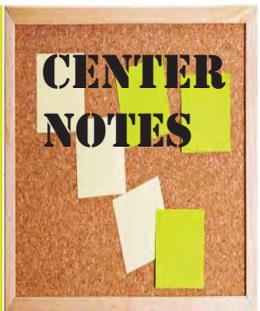
- Praise Break: 11:30 a.m. (30 minutes of praise and worship through music)
- Protestant Women of the Chapel Bible Study: noon to 1 p.m. (childcare available via volunteers)

Meetings:

Chapel Council meetings

The Seabee Memorial Chapel will host Chapel Council meetings in the Fellowship Hall the last Sunday of each month following service time. This is a time for council members to meet with Chaplain Davis. *Quarterly "State of the Chapel" meetings*

The Chapel will hold State of the Chapel meetings with Chaplain Davis and Father Paddy that are open to all congregation members. The meetings will be at 5 p.m. May 5, Aug. 4 and Nov. 3.



SUPPORT Family Readiness Groups

NMCB 1 FRG invites friends and family members to attend FRG meetings the second Monday of every month at the Youth Activity Center, building 335. Meetings are from 6 - 8 p.m. Children are welcome and babysitting is provided during deployment. Contact FRG President Jenny Richter, e-mail nmcbonefrg@gmail.com.

NMCB 11 FRG For more information regarding the NMCB 11 FRG, please visit Facebook, nmcb11frg or email us at nmcb11frg@gmail.com.

NMCB 74 FRG All families of NMCB 74 are invited to the 74 FRG meeting the third Monday of each month. Meetings are at the MWR Youth Activities Center, building 335, behind the Grinder on NCBC. Socializing begins at 5:30 p.m., and meetings begin at 6 p.m. Bring a covered dish to share at our potluck dinner. Children are welcome. Email nmcb74fsg@yahoo.com or visit our Facebook page at "NMCB74 Fearless FRG" for details.

NMCB 133 FRG invites all friends and family members to attend FRG meetings the first Monday of the month at 6 p.m. at the Youth Center. Children are welcome and babysitting is provided. Please bring a dish to share. For

more information, contact FRG President Jaime Royal at 317-730-4064 or email NMCB133fsg@gmail.com Log on to the FRG site, <http://www.wix.com/NMCB133FSG/133frg>.

FOCUS

Families OverComing Under Stress (FOCUS), provides resiliency training to service members and their families by teaching practical skills to help meet the challenges of military life, including how to communicate and solve problems effectively and to successfully set goals together. Confidential and free with family-friendly hours, contact FOCUS today! Call 228- 822-5736 or email Gulfport@focusproject.org

Gulfport Officer's Spouse Club The Gulfport Officers' Spouses' Club is a social organization that has FUN while helping our community. We meet monthly and have special interest groups for almost everyone! For more information, email goscgulfport@gmail.com or Facebook <https://www.facebook.com/gosc.gulfport>. We hope to see YOU soon!

Navy Wives Clubs of America, Inc. The Navy Wives Clubs of America, Inc., is interested in reestablishing a club in the local area. If you are interested in joining an organization that promotes the health and welfare of any enlisted member of the Navy, Marine Corps or Coast Guard, please contact Darlene Carpenter at 228-342-2271 or Tina O'Shields, 228-357-0513. Visit www.navywivesclubsof-america.org for more information on NWCA.

NMCRS The Navy-Marine Corps Relief Society Thrift Shop is located in building 29 on Snead Street. The Thrift Shop is staffed entirely by volunteers, and child care and mileage are

reimbursed. Retail hours of operation are Tuesday and Friday, 9 a.m. - 1 p.m. Volunteers are always welcome. Visit the NMCRS offices at the Fleet and Family Support Center, building 30, suite 103 or call 228-871-2610 to find out how to become a part of the NMCRS volunteer team!

Gamblers Anonymous The Fleet and Family Support Center offers GA meetings every Thursday at 11 a.m. GA is a fellowship of people who share their experience, strength and hope with each other. All meetings are confidential and facilitated by GA. Come to a meeting or call Jim Soriano at 228-871-3000 for details.

TRAINING

Naval Sea Cadets The Gulfport branch of the Naval Sea Cadets are recruiting youth ages 11 to 17 for Sea Cadets, a nation-wide organization that help youth achieve personal success through nautical training. Meetings are the third Saturday of the month from 8 a.m. until 3 p.m., building 1, 2nd floor conference room. Point of contact is Lt. Cmdr. Thomas O. Klomps, NSCC, at Region63@juno.com or 850-890-6792.

PMI Membership Drive The Project Management Institute (www.pmi.org) is recruiting project planning professionals for membership into the PMI Southern Mississippi Chapter. PMI is one of the world's largest not-for-profit membership associations for the project management profession. Their professional resources and research empower more than 700,000 members, credential holders and volunteers in nearly every country in the world to enhance their careers, improve their organizations' success and further mature the profession. Contact

Mike Saunders at sauders-smt@earthlink.net or Len Krapcha at Ikrapcha@aol.com for more information.

SOCIAL

Miss. Gulf Coast First Class Association is always looking for new members. Meetings are every Wednesday at 2:30 p.m., at the Fitness Center classroom. For more information, contact Association president, CE1 Daniel Shaver, 228-871-2145.

NCBC Multi-Cultural Diversity Committee is seeking members. Meetings are held weekly on Wednesdays at 9:30 a.m., at the Seabee Memorial Chapel. Contact CE1 Clark at 228-871-2608 or call the Seabee Memorial Chapel at 228-871-2454 for details.

VFW Post 3937 Long Beach is open Monday - Thursday from noon until 8 p.m., Friday and Saturday from noon until 10 p.m., Sunday from noon until 7 p.m. The first Friday of the month is Seafood Night, the remaining Fridays are Steak Night. Breakfast is served from 7 to 10 a.m. on Saturdays. VFW meetings are held the second Wednesday of the month at 7:30 p.m. New members are always welcome. Contact Post Commander Bill North at 228-863-8602 for info.

The Ladies Auxiliary to the VFW Post 3937 Long Beach would like to invite you to become a member. Our organization supports veterans, their families and current service members. In order to join, you must be the spouse, mother, daughter, granddaughter or sister of a person who has served in a foreign war. Please Contact Auxiliary 3937 President Carol Fetters at 228-832-4893.

VFW Post 4526 Orange Grove is open daily from Noon to 10 p.m. and locat-

ed at 15206 Dedeaux Road, Orange Grove. Meetings are the first Wednesday of the month at 7 p.m. All are welcome and encouraged to attend. Call 228-832-0017 for more info.

NMCB 62 Alumni Group Naval Mobile Construction Battalion (NMCB) 62 was recommissioned in Gulfport in 1966, and decommissioned in 1989. To become a member, go to <http://nmcb62alumni.org> or for links to Seabee historical sites.

D.A.V. - Disabled American Veterans, Chapter 5 invites Veterans and future Veterans to monthly meetings held the 3rd Monday of each month at 7 p.m. Call Service Officer, Silva Royer at 228-324-1888 to find out more about our organization.

Navy Seabee Veterans of America (NSVA) Island X-1, Gulfport is always looking to add new members. You do not have to be retired to be a member. If interested, please contact Eugene Cowhick at eugene.cowhick@navy.mil, 228-871-24w88 or Robert Smith at Robert.p.smith5@navy.mil, 228-871-2436. If you are already a member, please join us on the second Thursday of each month at 6 p.m. in the A&E Chiefs and Officers Club, NCBC Gulfport, for the Monthly Island X-1 business meeting. For more information on NSVA Island X-1, visit www.nsva.org.

HERITAGE

The Seabee Gift Store is located in the Seabee Heritage Center Training Hall, building 446. Hours are Monday - Friday, 10 a.m. to 4 p.m. The shop has a variety of Seabee related memorabilia, books and DVD's. Contact the museum at www.seabeesmuseumstore.org or call the gift store for more information at 228-871-4779.



GULF COAST USO
901 CBC 3rd Street, Building 114, 228-575-5224
Free services: FAX - Send/Receive: 228-575-5225, Copies, United Through Reading program, Computers with web cams, Internet/email access, X-Box

Office hours: Monday - Friday, 8 a.m. - 4 p.m.

From **NMCB 133** page 6

in the field.

"UDT gives senior leadership the opportunity to ensure that the junior leaders of the battalion are receiving the proper training needed to complete the mission," said Chief Steelworker Joshua Eichelberger, Echo Company 1st Platoon Chief. "We, as senior leaders, can provide invaluable

past field experiences and knowledge to provide the junior troops with the right direction and guidance they need to become the future of the battalion and Navy."

Eichelberger also said, "It's not a one way street, but also a way for junior troops to give feedback and provide new ways to tackle difficult situations. Junior troops are an invaluable asset to a battalion, even

with the knowledge and experience that the senior leadership can bring to the table, junior troops can provide new and efficient ways to improve training and overcome any obstacles that FEX can present to us."

This will be the first FEX for the majority of the battalion's junior Seabees and many of them are eager to train and take on the upcoming challenges.

"I think I'm going to have fun (on FEX)," said Utilitiesman Constructionman Recruit Alfredo Cadenas.

"I have some friends that have done it and they've told me some cool stories; I'm excited to learn about that side of the job."

Note: Engineering Aide 2nd Class Deron Rogers and Construction Electrician 2nd Class Richard Raftery contributed to this story.

Energy Savings Tip: Stopping air leaks around the house can save as much as 10 percent on heating costs!