

# SEABEE COURIER

www.cnic.navy.mil/gulfport

Happy Birthday Seabees!

Vol. 54 No. 09

Naval Construction Battalion Center, Gulfport, Mississippi

March 6, 2014



Naval Mobile Construction Battalion (NMCB) 1 accepts authority of Camp Shields, Okinawa, from NMCB 3. (U.S. Navy photo by Chief Mass Communication Specialist Kim Martinez/Released)

## Rude awakening: NMCB 1 'Bees wake to earthquake on Okinawa

By MCC Kim Martinez  
NMCB 1 Public Affairs

A magnitude 6.6 earthquake shook the island of Okinawa Japan during the wee hours of the morning, March 3.

Sailors from Naval Mobile Construction Battalion (NMCB) 1 were preparing to attend their morning physical training (PT) session when the tremor rocked Camp Shields.

"I have never experienced an earthquake before. At first, I didn't even know what it was, but I noticed it after the second wave of stronger tremors came through after a brief pause from the initial onset," said Information Systems Technician 3rd Class Nancy Vergara, from St. Paul, Minn.

Earthquakes are commonplace in Japan, which experiences them frequently throughout the year. They can also generate tsunamis, but accord-

ing to the Fleet Numerical Meteorology and Oceanography Center in Monterey, Calif., a destructive tsunami was not generated because the earthquake is located too deep inside the earth.

The epicenter of the quake was located 60 miles north of Camp Shields in the Ryukyu Islands Japan. The Okinawa emergency guide states that Okinawa sits in an area called "The Pacific Ring of Fire." This area is the most volatile region for seismic activity in the world. Since there is no way to predict when and where an earthquake will occur, NMCB 1 Sailors need to be ready to take action and remain safe in an emergency situation.

"Every deployment site has to be ready to respond to events specific to their geographic area," said NMCB 1 Executive Officer Lt. Cmdr. Bob Stiles.

"In Okinawa, we deliberately prepare for potential natural disasters like earthquakes, tsunamis and typhoons. In addition to sharing information from emergency action guides to prepare our Seabees and keep them safe, we develop written plans to define procedures and assign responsibilities in case we need to react."

NMCB 1 is currently deployed to several countries in the Pacific region and three sites in the United States as part of its 2014 deployment. Aligned with Secretary of The Navy Ray Mabus' four priorities of people, platforms, partnerships and power, the battalion will deliver the Navy's forward presence through its work with several host nations at its Pacific Civic Construction Action Details in the and will continue to conduct construction operations in the Northern Command.

## 2013 Marvin Shields winner announced

By MC1 Jonathan Carmichael  
NMCB 11 Public Affairs

In a Navy message dated Feb. 19, 2014, Steelworker 1st Class Coogan J. Kennedy was announced as the winner of the Marvin Shields Award for calendar year 2013 by Rear Adm. Katherine L. Gregory.

Kennedy's exceptional leadership, management, and volunteer work were emphasized among the multiple reasons given for his achievement. "Petty officer Kennedy exemplifies the Seabee 'can do' spirit, for which Marvin Shields serves as the ultimate example," Gregory stated in the message. "I am both humbled and honored to have even been nominated for the award," said Kennedy, who is assigned to Naval Mobile Construction Battalion (NMCB) 11.

The Award is named in honor of Congressional Medal of Honor winner, Construction Mechanic 3rd Class Marvin G. Shields. It is presented in recognition of the Seabee who



SW1 (SCW/AW)  
Coogan J. Kennedy

has made extraordinary contributions to the mission of the Naval Construction Force and has upheld the highest traditions and legacy of the U.S. Navy Seabees over the last year.

NMCB 11 is a Seabee battalion specializing in contingency construction, disaster response, and humanitarian assistance.

The Naval Construction Force is a vital component of the U.S. Maritime Strategy. They offer deployable battalions capable of providing contingency construction, disaster preparation and recovery support, humanitarian assistance, and combat operations support.



Seabee Day  
2014



Saturday, 9 a.m. - 4 p.m.

Free and open to the public!

Enter the base via Pass Road or Broad Ave gates and follow the signs to

free parking

[www.seabee.org](http://www.seabee.org)

# Secretary of the Navy announces Sailor Career Sea Pay Increases

**NCBC**  
**Commanding Officer**  
 Capt. Paul Odenthal  
**Public Affairs Officer**  
 Rob Mims  
**Courier Staff**  
*Editor*  
 Bonnie L. McGerr  
*Mass Comm. Specialist*  
 MCC(SCW/SW/AW)  
 Ryan G. Wilber  
*Special Contributors*  
 CE2(SCW)  
 Courtney Demastus  
 UTCN Alicia Fluty

The Seabee Courier is a weekly authorized on-line publication for members of the military services and their families. Content does not necessarily reflect the official views of the U.S. Government, the DoD or the U.S. navy and does not imply endorsement thereof. The appearance of advertising in this newspaper, including inserts or supplements, does not constitute endorsement by the U.S. Government, DoD, the Navy or NCBC Gulfport of the products and services advertised. All content in this newspaper shall be made available for purchase, use or patronage without regard to race, color, religion, gender, national origin, age marital status, physical handicap, political affiliation or any other non-merit factor of the purchaser, user or patron. If a violation or rejection of this equal opportunity policy by an advertiser is confirmed, the publisher shall refuse to print advertising from that source until the violation is corrected. The Seabee Courier solicits news contributions from military and civilian sources, but The Public Affairs staff reserves the right to edit and/or rewrite material selected for publication to conform with journalism standards. The deadline for material is close of business every Friday. Your comments are always welcome. The Seabee Courier office is in Building 1, Room 205. The mailing address is 4902 Marvin Shields Blvd., Code N00P, Gulfport, MS 39501. Phone, 228-871-3662, email: seabecourier@navy.mil.

**By Chief of Naval Personnel Public Affairs**

Secretary of the Navy Ray Mabus announced March 4, an increase in Career Sea Pay (CSP) and Career Sea Pay Premium (CSP-P) for eligible Sailors and Marines serving aboard ships whose primary mission is conducted at sea.

"Those Sailors and Marines on sea duty, deployed away from home around the world, are the backbone of the Navy and Marine Corps, and enable us to provide and maintain our global presence," said Mabus. "This change to Career Sea Pay will both

improve critical sea-duty manning and reward those who take these challenging sea-going assignments. This increase is long overdue and is meant to reward our Sailors and Marines for their continued sacrifices as part of 'America's Away Team'."

CSP and CSP-P are funds earned by Sailors and Marines on top of their base pay, to compensate them for time at sea. CSP rates are based upon a member's pay grade and cumulative years of sea duty. CSP-P is an additional incentive for members who exceed 36 consecutive months at sea. By law, CSP and CSP-P may

not exceed \$750 and \$350 respectively.

All pay grades with at least three years of cumulative sea duty will receive a 25 percent increase in regular CSP, while service members who exceed 36 months of consecutive sea duty will receive an increase in CSP-P from \$100 to \$200 per month.

Consistent with current policy, in lieu of receiving CSP-P, Sailors and Marines in grades E5-E9 with eight years of cumulative sea duty receive a higher CSP rate, equivalent to receiving CSP-P whenever assigned to a ship regardless of consecutive sea time.

This is the first increase

of CSP and CSP-P since 2001. Approximately 100,000 Sailors receive CSP and approximately 13,000 receive CSP-P; this special pay increase is expected to cost \$66 million/year.

Pending final coordination with the Defense Finance and Accounting Service, it is expected that the new CSP and CSP-P rates will take effect early this summer.

An announcement on the exact date is forthcoming.

To compare current with revised sea pay, visit: [http://www.navy.mil/navydata/people/cnp/Moran/Resource/SEAYPAY\\_Previous\\_and\\_New\\_Tables.pdf](http://www.navy.mil/navydata/people/cnp/Moran/Resource/SEAYPAY_Previous_and_New_Tables.pdf)

## 72nd Annual Seabee Ball 147th Civil Engineer Corps Birthday

This year's guest speaker is Rear Admiral Morneau, Commander, Navy Expeditionary Combat Command. Tickets are on sale and are payable by cash, or check made payable to the "Seabee Ball Fund." Ticket prices are: E1 to E3: \$20; E4 to E6: \$30; E7 and above, Retirees, and Civilians: \$40. If you plan on bringing a guest, the ticket price for him/her is equivalent to the price you pay for your own ticket. Tickets are on sale at the NEX customer service desk or see your command rep (NCBC's command rep is Lt. Kena Montgomery (228-871-3922 or [kena.k.montgomery@navy.mil](mailto:kena.k.montgomery@navy.mil)), or contact the Seabee Ball Coordinator, Lt. Nathan Chenarak ([Nathan.chenarak@navy.mil](mailto:Nathan.chenarak@navy.mil)). Uniform: E1 - E6: Full Dress Blues w/Large Medals; E7 - O3: Dinner Dress Blues; O4 & Above: Dinner Dress Blue Jacket; Civilians: Formal. Door prizes include an Xbox one, iPad 4s, Garmin GPS watches, blue tooth head phones, a Go Pro Camera - Hero 3 and more. Professional photographer - \$10 portraits. Free transportation will be provided from the NCBC Training Hall via bus leaving at 5:30 and 6:30 p.m. The return bus runs will begin after the event. Free childcare until capacity is reached from 5 p.m. to 12:30 a.m. Sign up with ticket in hand at Child Development Center. Additional child care will be available for children ages 6 - 17 at the CBC Youth Center the evening of the Seabee Ball. Drop off time for the Seabee ball Lock-In will be 5 p.m., March 15 with pick up NLT 7 a.m., March 16. The event will be limited to 30, and patrons must have all required registration information in order to attend. A fee of \$15 will be charged per child and will include admission to the Mississippi Surge vs. Knoxville Ice Bears hockey game, midnight snack, and breakfast. Please ensure children have eaten before drop off as we will be leaving shortly after for the hockey game. Extra money for souvenirs and snacks at game is encouraged but not required. Late fees will apply for pick up after 7 a.m., and will be strictly enforced.



**AUDRA**  
**SEXUAL ASSAULT SUPPORT GROUP**  
 AUDRA means "nobility and strength" in French

**You don't have to walk this path alone**

This group offers a safe, open atmosphere for discussion and activities to facilitate the healing process

For Active Duty females who have been sexually assaulted as adults

**Call FFSC at (228) 871-3000**

Live 1-on-1 Help Confidential Worldwide 24/7

**DoD Safe Helpline**  
 Sexual Assault Support for the DoD Community

Local 24/7 Sexual Assault Prevention and Response Program Contact #: 228-596-0697; Your installation Sexual Assault Response Coordinator's Contact #: 228-323-4717; Alternate Sexual Assault Response Coordinator's contact # 504-762-0224; Click: [www.Safe-Helpline.org](http://www.Safe-Helpline.org); Call: 877-995-5247; Text \*55-247 (inside the U.S.); Text \*202-470-5546 (outside the U.S.) \*Text your location for the nearest support resources.



Rear Adm. Paula Brown, deputy commander, Navy Facilities Engineering Command (NAVFAC), deputy chief of civil engineers, was on board NCBC Gulfport for the beginning of an extended visit to the Seabee Base, Feb. 28. During her visit, Brown will meet with base leadership, hold all hands calls with Civil Engineer Corps. Officers and enlisted Sailors, as well as tour several base facilities and tenant commands. (U.S. Navy photos by Chief Mass Communication Specialist Ryan G. Wilber/Released)



Volunteers from the Navy-Marine Corps Relief Society (NMCRS) and the Thrift Store presented the 5th annual Seabee Ball Gown Fashion Show at the Training Hall on board NCBC Gulfport, Feb. 28. Twenty-two ball gowns were modeled for the families in attendance. The modeled gowns, as well as other donated dresses, were available for purchase at the Thrift Store March 1, resulting in \$329.45 being raised toward the NMCRS 2014 Active Duty Fund Drive. (U.S. Navy photo by Utilitiesman Constructionman Alicia K. Fluty/Released)



Paula Ingram, a staff member with Fleet and Family Support Center (FFSC), instructs the attendees of a babysitting class on the safe supervision of children at the FFSC on board NCBC Gulfport, March 3. The class is for youth ages 11 and up, and designed to provide the knowledge and skills necessary to safely and responsibly care for infants and children. (U.S. Navy photo by Utilitiesman Constructionman Alicia Fluty/Released)

# Meet Tammy Meyer: Navy Spouse of the Year

By UTCN Alicia Fluty  
NCBC Public Affairs

Tammy Meyer, wife of Cmdr. Gordie Meyer, executive officer, Naval Construction Battalion Center (NCBC) Gulfport was recently selected as the Armed Forces Insurance (AFI) Navy branch Military Spouse of the Year (MSOY), and is currently in the running for overall AFI MSOY.

According to Military Spouse Magazine, The AFI MSOY award recognizes the force behind this nation's service members who have an impact on community change, volunteer their talents to charitable causes, personal sacrifice, professional pursuits, goals, and particular efforts to support the military community.

After being nominated and several rounds of voting, Meyer was chosen as Navy SOY (SOY) 2014 by Military Spouse Magazine. She has been a military spouse for seven years, and said her fondness

to encouraging others inspired her to become the Career Networking Chairperson for NCBC's Officer Spouses' Club, where she started the Gulfport chapter of In Gear Career, a networking non-profit created by military spouses for military spouses, to mentor career-minded individuals. Meyer volunteers as the Gulf Coast Chapter Lead.

"My life as a military spouse is a complete adventure," said Meyer. "I really enjoy it. I like moving to new places and experiencing new things. It's always an honor to be a military spouse; but it's not always easy."

On Jan. 30, Meyer was classified as one of the 18 semifinalists for the AFI MSOY award. Feb. 20 she was announced as one of the final six contestants and the Navy branch winner. Now she is in competition with five other branch military spouses. The national vote was March 4, and the winner will be



Tammy Meyer

announced May 9.

In Gear Career Director of Marketing, Allison Treloar, said she nominated Meyer for the MSOY award for numerous reasons.

"Tammy's efforts to create positive change for military families are truly inspiring and she would be an outstanding Military Spouse of the Year," Treloar wrote in her nomination to Military Spouse Magazine. "Tammy is a military spouse entrepreneur who has made it a personal and professional mission to serve the mili-

tary spouse community."

The nomination, according to Meyer, was a big surprise and making it to the finals was an even bigger surprise. She also said that the nomination gives her an opportunity to encourage spouses to hang in there, to persevere.

"It means a great deal to me to be able to represent the Seabee community," said Meyer. "I feel honored. I feel that this role is a big responsibility and I don't take that lightly. I feel that I am one spouse representing many."

Prior to becoming a military spouse, Meyer earned degrees in Organizational Leadership and Exercise Science, worked in the fitness industry where she started as an intern in Personal Training and worked her way through five promotions in 10 years. Meyer is now not only a military spouse but a Certified Life & Business Coach, and a Certified Yoga Instructor as well.

"I enjoy sharing Yoga

with people who have never experienced it before," said Meyer who teaches yoga for a variety of commands on board NCBC Gulfport.

Meyer said that the most difficult part about being a military spouse can change over time or at least it has for her, stating that at times it has been difficult to re-invent her career and start over with each move.

"At times its been deployment; everyone's safety, wanting to know that all of the other families were doing okay. It weighed heavy on my heart," said Meyer.

Should she win the award, Meyer said she wants to use the tittle to shine a brighter light on all military spouses.

"I want every state to recognize, and every spouse to realize the unique gifts, the unmatched experiences and the priceless "can-do" spirit that we as military spouses have to offer," said Meyer.

March 6, 2014

## Dental Department checks up on Pineville Elementary School



Cmdr. Paul Lim, Lt. Arthur Valeri, Hospitalman Chelsea Cobbs, and Hospitalman Erik Hernandez, assigned to Naval Branch Health Clinic (NBHC), Dental Department, gave a presentation at Pineville Elementary School students as a part of National Children's Dental Health Month, Feb. 28. During the presentation dental personnel demonstrated the fundamentals of dental hygiene which included how to brush and floss their teeth. (U.S. Navy photo by Construction Electrician 2nd Class Courtney Demastus/Released)

. . . Only fools ignore safety rules . . .

### March Fire Safety Message

From NCBC Gulfport Fire and Emergency Services

#### It's March Folks

Time to work on inside and outside spring cleaning. An outside chore that some of us will do is burning leaves and debris. No burning is allowed on NCBC, of course. For those who live off base, be sure and give the Harrison County Fire Service a call to see if there is a burn ban before striking a match, and when you are burning leaves and limbs, etc., be wary of wind conditions.

Keep flammable liquids 50 feet from the burn pit. NEVER throw flammable liquids on a fire once it has started. NEVER use gasoline.

The burn pit should have a border of dirt roughly 12 inches high, 2 feet out which will prevent possible grass fire. NEVER leave a fire unattended.



Seabee Courier

# Exercise, Exercise, Exercise

By CE2 Courtney Demastus  
NCBC Public Affairs

First responder, training and emergency management personnel on board Naval Construction Battalion Center (NCBC) Gulfport participated in an active shooter scenario as part of Force Protection and Anti-Terrorism exercise Solid Curtain-Citadel Shield 2014 (SC/CS 14), Feb. 24.

SC/CS 14 is a Force Protection exercise conducted by Commander, U.S. Fleet Forces Command (USFF) and Commander, Navy Installations Command (CNIC) on all Navy installations in the Continental United States to allow Navy security personnel to sharpen training skills and situational readiness through real life training scenarios.

NCBC Gulfport personnel responded to 12 exercise scenarios between Feb. 18 and 28 during the annual exercise, while Al Jones, NCBC training officer, and Antiterrorism Force Protection Officer Roy Wertz organized and evaluated each scenario. The exercise ensured that NCBC Gulfport would be trained and readily capable of responding to various threats that could be inflicted on the installation.

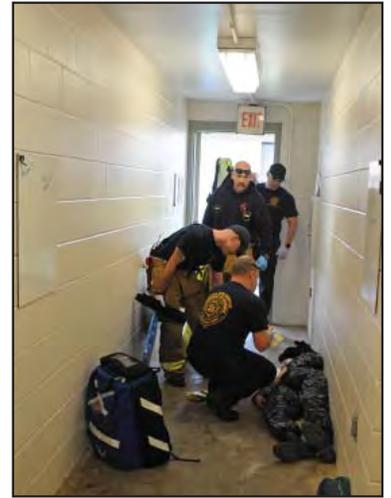
SC/CS 14 was designed to provide information identifying remedial actions needed for future training and improvements for

mission readiness. Although NCBC Gulfport has never experienced a direct threat, the installation continues training on these types of drills to stay prepared.

"There has never been a situation to occur here and we hope to never have one, but if it does happen, we will be ready," said Capt. Paul Odenthal, commanding officer, NCBC Gulfport.

Major impacts of the exercise were primarily observed on Feb. 24 across NCBC Gulfport. The gate entrances were closed and the base facilities activated Shelter in Place during the active shooter scenario. Also, during the scenario, base personnel were tested on their ability to properly neutralize a threat and treat the wounded, while minimizing casualties. Base Security received a call that shots had been fired by two shooters and had possibly wounded personnel inside a training facility. The scenario included two simulated shooters who wounded five personnel. Continuing to fire even after the patrol team arrived, one simulated shooter was killed and the other taken into custody.

NCBC Security Department Training Officer Sgt. Katie Morrison said the patrol team's primary objective in an active shooter situation is to keep base personnel safe, while stopping the shooting. "After setting a perimeter and



First responder, training and emergency management personnel on board Naval Construction Battalion Center (NCBC) Gulfport participated in an active shooter scenario as part of Force Protection and Anti-Terrorism exercise Solid Curtain-Citadel Shield 2014 (SC/CS 14), Feb. 24. SC/CS 14 is a Force Protection exercise conducted by Commander, U.S. Fleet Forces Command (USFF) and Commander, Navy Installations Command (CNIC) on all Navy installations in the Continental United States to allow Navy security personnel to sharpen training skills and situational readiness through real life training scenarios. During the active shooter scenario, base personnel were tested on their ability to properly neutralize a threat and treat the wounded, while minimizing casualties. (U.S. Navy photos by Construction Electrician 2nd Class Courtney Demastus/Released

tactically entering the side of the building, they [patrolmen] made sure the threat was neutralized and the area was secured," said Morrison. Once secured, the medical officials were able to go

in, access the wounded and begin their treatment process."

Morrison recognized the Patrol Team for a great performance, especially during their "spot on tactical entry."

## Buzz on the Street



By CE2(SCW) Courtney Demastus  
NCBC Public Affairs

**"What type of recreation activities would you recommend to someone new to the Gulfport area?"**



*"Well, there is a lot of fishing, some hunting and areas for boating. Gulfport has a lot of water recreations."*

**UT1 Michael Suitt**  
NMCB 11  
Hometown: Tampa, Fla.



*"There are many places to shop, such as Premier Outlets and Edge-water Mall. There are bowling alleys in Biloxi and Diamondhead. MWR also offers various trips and activities in the area."*

**Alexandria Williams**  
Recreational Aid for MWR  
Liberty Center  
Hometown: Richmond, Va.



*"I'm a family person, so we like to go to the waterpark and Kangarooz Family Fun Center in D'Iberville. D'Iberville also has a putt putt golf and a laser tag."*

**BU2 Bryttanie Powell**  
NMCB 133  
Hometown: Leavenworth, Kan.

## PWD to Host Building Manager's Training

April 17  
9 - 11 a.m.  
NCBC Gulfport  
Training Hall,  
Building 446

For questions, contact Octavia Scott, 228-871-4288 or your respective Facilities Management Specialist.

# NMCB 11 returns to Gulfport homeport

By MC1 Jonathan Carmichael

NMCB 11 Public Affairs

Seabees assigned to Naval Mobile Construction Battalion (NMCB) 11 returned home, Feb. 18, from a six-month deployment in support of U.S. Africa Command, U.S. European Command, U.S. Central Command and U.S. Pacific Command areas of responsibility.

In Rota, Spain, NMCB 11 completed physical security upgrades to the Special-Purpose Marine Air-Ground Task Force (SP-MAGTF) Crisis Response Unit headquarters at Morn Air Base near Sevilla, Spain and provided embarkation services to adjacent units. One such mission, the offloading of 36 pieces of construction equipment for USS San Antonio (LPD 17), demonstrated one of the unique roles that Seabees play in the nation's maritime strategy.

Working with Ghanaian military engineers, Seabees made significant progress on the renovation of two medical clinics in Ghana.

A detachment of NMCB 11 Seabees in Bahrain upgraded the equipment yard of Isa Air Base while providing Airfield Damage Repair capability. A separate detachment on the base provided training to contract overseers to manage construction projects while augmenting the base Self Help Shop by providing engraving and woodworking skills.

On Naval Base Guam, NMCB 11 constructed a submarine support facility and a large training facility in addition to participating in multiple training exercises.

Seabees in the African country of Djibouti made



significant progress on construction of a large storage facility on Camp Lemonnier and supplemented the camp's Public Work's Department by building multiple stairways, decks, and patios. A dedicated crew constructed roads and made many security improvements at a nearby Airfield. A smaller detachment constructed a warehouse and a concrete office building, and another detachment built a weapons-cleaning facility, multiple storage facilities, and several small outposts throughout the area.

The battalion also had a presence elsewhere on the continent of Africa in countries such as Burkina Faso, Cameroon and Niger. There, Seabees constructed various buildings and camp elements, improved existing construction, and provided support to adjacent units.

There was also a detachment of Seabees who remained in Gulfport working a deployment schedule to complete several projects on Naval Construction Battalion Center (NCBC) Gulfport and the surrounding communities including Harrison County and Camp Shelby, Miss.

Navy Petty Officer advancement exam results included the advancement of 38 NMCB 11 Sailors who were frocked while deployed. In addition, 98 Sailors earned their Seabee Combat Warfare Specialist qualification while deployed.



Seabees attached to Naval Mobile Construction Battalion (NMCB) 74 Detail Romania, move personal gear to the flight line prior to boarding their flight to Deveselu, Romania. The 28 person DET is constructing a camp for the security forces at the Aegis Ashore Ballistic Missile Defense System (BMDS). (U.S. Navy photo by Mass Communication Specialist Ryan Williams/Released)

## NMCB 74 heads to Romania

By BUCN Sierra Curriel  
NMCB 74 Public Affairs

Naval Mobile Construction Battalion (NMCB) 74 Detachment (DET) Romania departed Rota, Spain on their way to Deveselu, Romania, Feb. 24. The Seabees will work at Deveselu Air Base to construct a Security Force Camp in support of the Aegis Ashore Ballistic Missile Defense System (BMDS).

Romania signed an agreement with the U.S. on Sept. 13, 2011 to host a facility at Deveselu Air Base in support of the European Phased Adaptive Approach to Ballistic Missile Defense. NMCB 74's DET Romania is constructing messing and berthing facilities at the U.S. BMDS location as part of the unit's final deployment.

"I am excited to be a part of building this camp [in support of] such a great

mission. This will be the ultimate kick-off for the U.S.; [we] look forward to continued work with our NATO allies in developing ballistic missile defense," said Utilitiesman Constructionman Sydney Thorne.

Attitude will be a factor in determining how this DET will perform. So far, spirits are high. While Builder 3rd Class Allen Terry said he's "excited to do snow angels for PT," Construction Electrician 3rd Class Julito Dacpano has a creative mind-set regarding Meals Ready to Eat (MRE's), which he and his DET will be eating for the majority of the deployment.

"Opening an MRE is like opening presents Christmas morning; [I'm] hoping for peanut butter M&M's or Skittles," said Dacpano.

For more news and information on NMCB 74, visit the Command Facebook page by searching "FEARLESS74."

### Happy 121st Birthday Chief Petty Officers!

Birthday Ceremony April 1, 1 p.m.  
NCBC Training Hall  
Ceremony is OPEN to ALL Hands

Reception to follow at Anchors & Eagles Club  
Reception for: Active Duty, Reserve, Retired CPOs.  
COs, XO's, OICs & AOICs invited.



# NMCB 74 Camp Mitchell



ROTA, Spain - Equipment Operator 2nd Class William Houston Attached to Naval Mobile Construction Battalion (NMCB) 74 conducts a crane inspection with a member of the Navy's crane certification team onboard Camp Mitchell, Rota, Spain. Operating forward, NMCB 74 strives to capitalize on engagement opportunities and build lasting relationships, ultimately paving the way for future partnerships. U.S. Navy photo/Released)



From left: Naval Mobile Construction Battalion (NMCB) 1 Detail Okinawa Officer-in-Charge Lt. Art Griffin, NMCB 1 Executive Officer Lt. Cmdr. Bob Stiles, Commander, Fleet Activities Okinawa Capt. Michael Michel and NMCB 1 Detail Okinawa Senior Enlisted Leader Master Chief Utilitiesman John Cunningham break ground for an officer's barracks construction project on board Camp Shields, Feb. 28. (U.S. Navy photo by Chief Mass Communication Specialist Kim Martinez/Released)

## U.S. military, Japanese contractors partner to complete barracks project in Okinawa

By MGC Kim Martinez  
NMCB 1 Public Affairs

Naval Facilities Engineering Command, the Army Corps of Engineers, Commander, Fleet Activities Okinawa, and 30th Naval Construction Regiment (NCR) started a barracks project at Camp Shields, Japan, Feb. 28.

The new facility will house officers whose battalions are deployed to Camp Shields, distinguished visitors and some officers stationed in Okinawa.

"The ground breaking symbolizes the start of construction of a state-of-the-art, 22-person officer barracks facility here in Okinawa for our officers forward deployed to Camp Shields," said Master Chief Utilitiesman Benno Lederer, 30th NCR Detachment Okinawa camp officer-in-charge. "Today's project is unique because it is a MILCON [military construction] project and is being funded by the United States, versus the government of Japan."

The previous officer barracks dated back to the 1950s and had undergone many renovations, but many years of wear and tear made

the demolition a necessity.

"The quality of life in the barracks for the officers has been pretty low for years based on the condition of the building," said Master Chief Utilitiesman John Cunningham, Naval Mobile Construction Battalion (NMCB) 1 Detail Okinawa senior enlisted leader. "There are not a lot of new buildings on this base, so it is pretty substantial to have a MILCON project like this here at Camp Shields."

The company hired to complete the facility is Okinawa-based Nippo Corporation. The project deadline is set for December 2014.

"Nippo is a very good contracting company who will work with the Army Corps of Engineers on the project. Not only has this partnership helped the local economy, but it helps build the bond between the U.S. military and the Japanese contractors and helps build on our partnership here," Lederer said.

While construction is ongoing, NMCB 1's wardroom is currently housed on the third floor of the chief petty officer's barracks.

## Pizza Sale

Pizza Sale March 14 - Proceeds to support the April 1 CPO Birthday Celebration. \$10/Pizza with choice of pepperoni, sausage or cheese. Contacts: CECS Arrington, NMCB 1; CECS Duranko, NMCB 11; EAC Sydow, NCTC; BUC Amos, EOC Queenlacombe, EOC Fletcher, SWC Reddinger, SWC Baker or CEC Shaver, NCG2.



FREE tickets for 200 enlisted service members and their families . . .

Griffin Theatre's production, "Letters Home" will be presented at The Mary C. O'Keefe Cultural Center of Arts and Education, 1600 Government Street, Ocean Springs, March 6 and 7 at 7 p.m. Letters Home puts the current wars in Afghanistan and Iraq front and center by bringing to life actual letters written by Soldiers serving in the Middle East. Due to the generosity of community organizations, 200 free tickets have been donated to military personnel and their families. Those who are interested in attending should call the Mary C at 228-818-6878. Tickets may be picked up at the door once a ticket has been reserved with a phone call.

American Red Cross Blood Drive  
March 12, 8:30 a.m. - 1 p.m.  
NOSC, Building 114



Sponsored by NMCB 74

**Keep What You've Earned** - It's National Nutrition Month: Did you know even a light beer is about 100 calories? Calculate your calories at: <http://rethinking-drinking.niaaa.nih.gov/ToolsResources/CalorieCalculator.asp>



**Fraud, Waste and Abuse Hotline:** Due to limited IG resources throughout the Southeast Regional, all Fraud, Waste and Abuse hotline work will now be handled by the Region. To report Fraud, Waste and Abuse, contact the Region at: Toll Free 1-877-657-9851, Comm: 904-542-4979, DSN 942-4979, FAX: 904-542-5587, Email: [CNRSE\\_HOTLINE@navy.mil](mailto:CNRSE_HOTLINE@navy.mil)

# Focus on Education

## Education Notes

### COASTLINE COMMUNITY COLLEGE REGISTRATION

Registration for Coastline Community College's Spring "B" Term is now open until March 20. The Spring "B" Term begins March 31 and ends May 25. Additional information can be obtained by calling Dr. David Drye, 228-871-3439 or emailing [DDRYE@COASTLINE.EDU](mailto:DDRYE@COASTLINE.EDU), or visiting the Navy College office in building 60, room 239.

### FFSC COURSES

**Education Programs for Military Spouses** - Are you taking advantage of all your benefits? Find out during Education Programs for Military Spouses, March 26, noon - 12:30 p.m. at the Fleet and Family Support Center (FFSC), building 30. Guest speakers will be Dr. Alex Carter, director, Navy College Program and Dr. David Drye, representative, Coastline Community College Spouse Program. Seating is limited to first 40 to pre-register at 228-871-3000. Feel free to bring a lunch, bottled water will be provided.

**Nutrition for Fat Loss** - Which diet should I use? Which healthy foods make me feel full? What is fiber and how can it help me? Find out answers to these and many more nutritional questions at Nutrition for Fat Loss, March 18, 10 - 11:15 a.m. at FFSC, building 30. SSgt Treshawna R. Gwendo, of Nutrition Medicine at Keesler Air Force Base is the featured guest speaker. Pre-register by calling 228-871-3000 or email [ingram@navy.mil](mailto:ingram@navy.mil) as class size is limited.

### WHITE HOUSE COMMUNICATIONS AGENCY RECRUITMENT

The White House Communications Agency is interested in recruiting the best and brightest from all Services with varied levels of experience and multiple specialties. A recruiting team will be on board NCBC March 11, at 9:30 a.m. at the Training Hall. Navy enlisted job opportunities are available in the following skills: BU, CE, CTI(RU), CTM, CTN, EM, ET, IC, IT MC, PS, SW, YN. Interested? Call 202-757-5150 or visit [www.disa.mil/whca](http://www.disa.mil/whca) or [facebook.com/WHCARecruitingTeam](https://www.facebook.com/WHCARecruitingTeam).

### FEDERAL EMPLOYMENT 101

Federal Employment 101 will be presented March 20, 9 - 11 a.m., Keesler Air Force Base, 500 Fisher Street, Biloxi in the Sablich Center, Building 0701, Room 108B. To register please call 228.376.8728. Space is limited, reserve your spot early. Agenda includes: Account set up on [usajobs.gov](http://usajobs.gov); Conducting a smart job search on the site; Interpreting a job announcement to determine eligibility; Answering the occupational questionnaire AND much more! Directions: Entering from Hwy 90 (White Ave Gate) go straight until you dead end at the base hospital. Turn left, and Sablich Center is the 2-story brick bldg. on the left, about a block down (area of left is a big parking lot). Enter through the South door (facing the fenced Combat controller agility course) and the classroom is off the lobby of the first door on the right. \*\* Must be a military identification cardholder with base access, or be accompanied by a cardholder. Presented by In Gear Career.

### CHANGE OF LOCATION FOR MARCH NAVY EXAMS

The March Navy-wide exams will be held in the "old gym," building 361. Exam dates are as follows: E5 - March 13; E4 - March 20. Doors will open at 6:30 a.m., exam day.

## TA funds awaiting Sailor's use

By Susan D. Henson  
CPPD Public Affairs

The Center for Personal and Professional Development (CPPD) is asking Sailors to submit their Navy Tuition Assistance (TA) requests - and now would be good -- said the director of Navy Voluntary Education (VOLED) March 3.

According to Ernest D'Antonio, CPPD's VOLED program director, the expenditure rate for TA funding is currently below normal levels, which means there's more funding available than usual at this time of the year.

"We use historical 'burn rates' as a guide for allocating TA funding throughout the year," he said. "We plan really well for routine years. After furloughs and a government shutdown, Fiscal Year 2014 (FY-14) hasn't been a routine year," he said.

Lt. Cmdr. Mark Wadsworth, director of CPPD Support Site Saufley Field in Pensacola, Fla., leads the team that monitors CPPD's Navy TA spending. He said FY-14 TA execution is currently trailing FY-13's execution rate by just over \$6 million year-to-date.

"We think a variety of things influenced our being below the TA budget right now. Our execution rate dropped in October with the government shutdown and that's carried through the year," he said. "The usage rate steadily increased in November and December. But then it dropped back down in January, probably due to uncertainty with the federal budget. Although we have funding now, the usage rate hasn't increased significantly since then. Sailors need to understand that their education benefits reset each year, and unused amounts don't carry over."

D'Antonio said, "We want



**Builder 1st Class Rolland Jorgensen, assigned to Naval Construction Battalion Center (NCBC) Gulfport, gets information on available degree programs from Navy College Office Director Dr. Alex Carter, at building 60 on board NCBC, March 5. For more information call 228- 702 - 1815. (U.S. Navy photo by Utilitiesman Constructionman Alicia K. Fluty/Released)**

Sailors to continue to pursue their education and submit their TA requests - we work hard to allocate every TA dollar available to give Sailors the most opportunities to use their TA funding allotment for each fiscal year."

"A command approver can review a Sailor's request and deny it if all Navy requirements aren't met, if the Sailor's performance isn't up to standards, or if the command's mission might not permit the Sailor to complete the course. Ultimately, it's the commanding officer's decision," said D'Antonio. He also recommended each command approver continually review the Sailor's education progress.

"Our biggest reason for disapproval of TA requests is they aren't received from the Sailor's command approver prior to the course start date, as required by DOD instruction. Often when we review a TA request, a Sailor may be missing some of the TA prerequisites such as a current education counseling by a Navy College Office (NCO) or Virtual Education Center (VEC) counselor, or an individual education plan or degree plan on file, or missing a grade from a past

course," he said.

VOLED professionals work with Sailors to get the requirements in on time, but if the Sailor's account is incomplete or not updated before the course start date, they are unable to fund the TA request, D'Antonio said.

"So I repeat this message constantly: 30 days prior to the course start date is not too soon for Sailors to submit their TA request. In fact, a TA application can be submitted a year before the actual class start date, which will help ensure the Sailor's TA request is funded and allows us to better manage expenditures."

According to CPPD Commanding Officer Capt. John Newcomer, Navy leaders are committed to providing Sailors with voluntary education opportunities. "We know that educated Sailors are strong performers with well-developed critical thinking skills and the ability to make informed decisions. A college degree is an investment in a Sailor and a contributing factor in Navy mission accomplishment."

For more information about the Center for Personal and Professional Development (CPPD), visit: <https://www.netc.navy.mil/centers/cppd>

**NCBC School Liaison Officer** . . . The NCBC School Liaison Officer Kevin Byrd is located at MWR, Building 352, 1706 Bainbridge Ave., Phone: 228-871-2117, Email: [kevin.r.byrd@navy.mil](mailto:kevin.r.byrd@navy.mil)

# 'The Meat & Potatoes of Life'

By Lisa Smith Molinari  
Special Contributor

## The Check Out

"I need to get buns," I announced to my daughter after picking her up from musical practice. With her head leaning against the passenger's window, she let out an audible groan, a clear sign that her little brain had endured a long day at middle school and just wanted to go home.

I would normally take the third exit off the roundabout to the Stop & Shop grocery store, but in order to spare my poor tired kid the hassle, I took the first turn toward a lonely looking 7-11.

I left my daughter, half comatose, in the running minivan and promised, "I'll be back in a flash."

A 20-year Navy wife accustomed to the security of military base living, I can't enter a convenience store without thinking of armed robbery. Squinting my eyes to the blindingly bright fluorescent lighting, I could see a greying older male patron and, beside him, a small girl.

Despite the 28 degree cold outside, she was looking cross-eyed down the straw of an enormous frozen blue Slurpie. The man leaned down and said, "Wait over there for just a minute, I forgot something." As I walked by him and the cashier, I heard him ask for a particular brand of "cigar wraps."

My paranoid mind raced with thoughts of what might be. He's too old to be the girl's father. Maybe he abducted her, using the Slurpie as a ruse? What are cigar wraps anyway? Probably some kind of drug paraphernalia? This junkie kidnapper is prob-



ably going to go for broke and rob us all at gunpoint!

In the last row of shelves, I lingered a moment, pretending to decide between the two identical packages of generic hot dog buns. Mercifully, I heard the jingle of the door, and I knew the coast was clear.

I lobbed my buns onto the check out counter, just as the door let out another ominous jingle. Before I knew it, a tall figure dressed in black stood directly at my side. Afraid to look up, I dug for pennies in a zippered compartment of my purse, waiting to feel the barrel of his gun in my ribs.

"Hey, when you open the register," the figure said to the young woman behind the counter, and I was sure the next thing out of his mouth would be, "put everything in this bag and no one gets hurt." But instead he said, "could you gimme change for a twenty?"

In my peripheral vision, I could tell he turned his head to look directly at me. Thanks to the Polar Vortex, I was dressed in a ridiculously large floppy knit hat, rumbled parka, and Spandex exercise pants, all covered with a sprinkling of dog hair. Is this guy checking me out

or is he scouting for a potential mugging victim?

"How you doin' today?" he suddenly blurted into my right ear in a thick Rhode Island accent.

"Uh, well, just fine, thanks," I stammered nervously, looking for security cameras.

"Those things keep you warm?" he asked, leering blatantly at my Spandex pants.

"Uh, heh heh, no, actually they don't . . . I should've changed after I went to the gym." Why is he staring at my pants? Is he looking for pockets to pick?

"Well, you just keep on workin' out 'cuz you're looking good."

Grabbing my change, I darted toward the jingling door as fast as my Spandex could take me.

"What was that guy saying to you, Mom?" my daughter asked as I slammed the driver's side door. "I thought he wanted to rob me," I shuddered, "but he -- oh it's just so deranged -- he was actually .... checking me out!"

"Ew, that's sick!" my daughter grimaced.

Even though I used to get a little ego boost from male attention, I responded, "I know, right? I'm 47! I have three teenagers! And I'm ten pounds overweight! That guy must be criminally insane!" Popping the gearshift into drive, I headed back to the security of the base, relieved to have survived the check out.

*Get more wit and observations from Lisa at her blog: <http://www.themeatandpotatoes-oflife.com>*

## Health Watch

### Did You Know? TRICARE For Life Pharmacy pilot begins March 14

By Naval Health Branch  
Clinic (NBHC) Gulfport

After March 14, a pilot program will require TRICARE For Life (TFL) beneficiaries to use TRICARE Pharmacy Home Delivery or a military pharmacy to fill prescriptions for select maintenance medications. This pilot was a provision of the 2013 National Defense Authorization Act.

On Feb. 18, TFL beneficiaries taking an affected medication started receiving letters notifying them of the pilot. After the pilot starts, they have two 30-day refills of their prescriptions covered at a retail pharmacy before they are responsible for 100 percent of the cost. Beneficiaries may call the TRICARE pharmacy contractor, Express Scripts, at 1-877-882-3335 to switch to Home Delivery or with questions about their medications.

Some individuals are exempt, including people with another prescription drug plan, or people living outside the 50 United States. People living in a nursing home may contact Express Scripts to request a waiver.

TRICARE Pharmacy

Home Delivery is safe, convenient and easy to use. Home Delivery offers beneficiaries a 90-day supply of their brand name medication for \$13. Switching from these prescriptions from a retail pharmacy to Home Delivery can save TRICARE beneficiaries up to \$152 a year for each prescription. Beneficiaries can also save by asking their doctor to write them a prescription for a generic version of their medication.

"Home Delivery is an excellent choice for TRICARE beneficiaries to get their maintenance medications," said Lt. Cmdr. Joseph Mastrangelo, Naval Branch Health Clinic officer in charge. "Not only is it a less expensive and convenient choice, but Home Delivery contributes to better health by making sure you never run out of your medication. If you decide to try Naval Branch Health Clinic Pharmacy, please call 228-822-5784 to make sure your prescription is available."

For the most recent information about the pilot or to sign up for e-alerts with the latest updates, go to [www.tricare.mil/tflpilot](http://www.tricare.mil/tflpilot).

### See Something Wrong, Do Something Right

NCIS has two anonymous ways to report crimes or suspicious behavior with the use of discreet and secure online or texting tip lines. To report information by Cell text: 1. Text "NCIS" to the short code 274637 (CRIMES) from any cell or smart phone. 2. Receive a response. For example, your alias is S2US. Call 911 if urgent! If replies put you at risk, text "STOP." 3. Begin dialogue. To report information ONLINE: 1. Go to [www.NCIS.navy.mil](http://www.NCIS.navy.mil), click on the "Report a Crime" tab and select the icon for "text and Web tip Hotline." \*\*\*There is a reward of up to \$1,000 for information leading to a felony arrest or apprehension.



# NCBC Helping Hands

## DE L'EEPE DEAF CENTER SPRING CLEAN UP

Interested in volunteering for yard work? Bring your gloves and rakes to the de l'Epee Deaf Center, 1450 North Street, Gulfport March 8 at 8 a.m. – 1 p.m. Breakfast, lunch and drinks provided for all volunteers. For questions or to sign up, contact Gregory Crapo, 228-897-2280.

## HELP A WOUNDED WARRIOR

- A Veteran who was wounded during one of his four deployments to Iraq, is in need of assistance refurbishing his home in Ocean Springs. Construction, electrical and plumbing help is needed. If you have some spare time to volunteer, please call Lee at 228-383-4498.

**C4AC** – Costumes for a Cause, a local nonprofit needs volunteers for the Spring Mayhem Festival at the Harrison County Fairgrounds, April 4-5. Volunteers will assist with games and concessions. For more information, please contact Julie at 228-861-9270.

**BILOXI VA** - Two opportunities to volunteer at the Biloxi Veterans Hospital.

**April 10:** Volunteers are needed to escort patients from between buildings at the Biloxi Veterans Hospital April 10 at 10:15 a.m.

**April 18:** Biloxi Veterans Hospital is having an awards ceremony for their volunteers and they are looking for volunteers who would come to the

ceremony and show off their talents by doing a skit, sing or dance. If you are interested in this unique opportunity to volunteer, please call Susan at 228-871-3640.

**MISSISSIPPI GULF RESORT CLASSIC** – MGRC golf tournament is looking for more than 700 volunteers March 17 – 23. To volunteer visit: [www.2014mgrc.com](http://www.2014mgrc.com) and click the "new volunteer" tab to get started. Enter registration code: MILITARY for a FREE volunteer package. Click the "Register" button and proceed. Questions? Contact Rob Mims, NCBC public affairs officer, 228-871-2699 or 701-330-1169.

**PASS CHRISTIAN MIDDLE SCHOOL** - Pass Christian Middle School needs volunteers to serve as proctors for the MCT2, tests May 13-15. A test administrator (teacher) and a proctor are needed in classrooms and hallways. A mandatory brief training will be held for volunteers May 6, at 3:15 p.m. or May 7, at 8 a.m., where volunteers will be advised on duties and given test security information. Alternate training times are possible. To volunteer, please email Tisha Posey at [Tposey@pc.k12.ms.us](mailto:Tposey@pc.k12.ms.us) or 228-452-5220 with contact information and training preference time.

**28th STREET ELEMENTARY** 28th Street Elementary needs approximately 25 volunteers to proctor tests the week of April 29 – May 2 and May 13-15. To

volunteer, contact Jill Conwill, [jill.adams@gulfportschools.org](mailto:jill.adams@gulfportschools.org).

**ANNISTON ELEMENTARY** Anniston Elementary, 2314 Jones Street, Gulfport, is in need of proctors for May 13-15, for the Mississippi State Test - MCT2. There will be a short training regarding test protocol and security before these dates that can be scheduled on a case by case basis. Volunteers will need to be at the school on testing days at 7:15 a.m., and remain until all students in their assigned room have completed the test. Please contact Rebecca Pacher at 228-896-6309 or [rebecca.pacher@gulfportschools.org](mailto:rebecca.pacher@gulfportschools.org) if you can help.

## LONG BEACH HIGH SCHOOL MENTORSHIP INITIATIVE

Long Beach High School is seeking 200 volunteers to serve as mentors at LBHS by May 2015. Mentor training will take place at the end of this school year and each volunteer will receive a Mentor Handbook to assist in preparing students for success. If you are interested in participating in this project please complete a Long Beach High School Volunteer Application and e-mail the school at [vivian.robinson@lbsdk12.com](mailto:vivian.robinson@lbsdk12.com) or contact LBHS Principal Peter Dabbs at 228-863-6945 for more information.

## GULFPORT SCHOOLS IN NEED OF TRANSLATORS

The Gulfport School District is

looking for volunteers to translate on an as needed basis. Currently there is a need for Spanish, Vietnamese and Chinese translators. To volunteer, or for more information, please contact Velma Johnson, 228-865-4611 or [velma.johnson@gulfportschools.org](mailto:velma.johnson@gulfportschools.org).

**BOOST READING PROGRAM** - 28th Street Elementary School is looking for volunteers to listen to students read and help them complete reading comprehension questions. Volunteers time is in 30 minute intervals from 9 a.m. - 2 p.m., Monday - Thursday. If you are interested in volunteering, please call Samantha Benson, 228-867-2140.

## NAVAL SEA CADET CORPS

- The Gulfport Battalion of Naval Sea Cadet Corps (NSCC) is looking for adult volunteers willing to help the area's youth succeed in life. NSCC is a non-profit, nautically oriented, youth training and education organization which is run by the Navy League with support from the United States Navy. Although a great plus, no prior military experience is required; all we need are adults who are passionate about mentoring America's youth. To volunteer, please contact Lt. Cmdr. Thomas O. Klomps, NSCC, at [Region63@juno.com](mailto:Region63@juno.com) or 850-890-6792.

## USS ALABAMA ALWAYS

**LOOKING FOR HELP** - The Navy is looking for volunteers with construction expertise

for a rewarding experience. The battleship USS Alabama anchored in Mobile Bay needs help from individuals that can work with wood, steel, and concrete for work aboard ship and around the grounds. Point of contact is Owen Miller, 251-433-2703 or cell 251-767-0157.

## USO GULF COAST

Interested in volunteering? We need volunteers every day to assist at our centers throughout the Military community. To become a USO volunteer, you'll need to create a volunteer profile through [www.usovolunteer.org](http://www.usovolunteer.org). This website allows you to keep track of your hours. Contact Nicole Lewis at [nlewis@uso.org](mailto:nlewis@uso.org) for details.

## COAST SALVATION ARMY

Volunteers are needed for various projects throughout the year. Contact Shawna\_Tatge@[uss.salvationarmy.org](mailto:uss.salvationarmy.org) if you have a bit of spare time.

## HELP SENIORS AND DISABLED CITIZENS

Harrison County RSVP needs retired plumbers, electricians, carpenters, skilled and unskilled laborers to join a team of handymen/ women. If you are interested in helping in the community, call Mag Holland, 228-896-0412.

## NAVY-MARINE CORPS

**RELIEF SOCIETY** The NMCRS Thrift Store is experiencing a severe shortage of volunteers. Those who are interested in volunteering at the store are asked to call 228-871-2610.

## Seabee Memorial Chapel



### Religious Services

Sunday:

Contemporary: 8 a.m.  
Catholic Mass: 9:30 a.m.  
Protestant: 10:30 a.m.  
Weekday Mass:  
Tuesdays at 11:15 a.m.

### NCBC Center Chaplain:

#### Lt. Cmdr. Ammie Davis, Chaplain

For more information about Chapel programs, please call the Chapel at 228-871-2454

## What's happening at the Chapel?

### Sundays

- Contemporary (Gospel) Service: 8 a.m. (childcare available via volunteers)
- Protestant Sunday School/Trivia Bowl: 9:15 a.m. (childcare available via volunteers)
- Catholic Mass: 9:30 a.m. (childcare available via volunteers)
- Protestant Service: 10:30 a.m. (childcare/nursery available via volunteers)
- Catholic CCD (Confraternity of Christian Doctrine): 10:30 a.m.
- Club Beyond: 2 p.m. (middle to high school students)
- Beyond Club: 4 p.m. (middle to high school students)

### Tuesdays

- Catholic Mass: 11:15 a.m.
- Contemporary (Gospel) Praise and Worship Team Practice: 5 p.m. (childcare/nursery available via volunteers)
- Protestant Bible Study/Bible Bingo: 6 p.m. (childcare/nursery available via volunteers)
- Protestant Praise and Worship Team Prac-

tice: 6 p.m. (childcare available via volunteers)

- Catholic Choir Practice: 7 p.m. (childcare available via volunteers)

### Wednesdays

- Praise Break: 11:30 a.m. (30 minutes of praise and worship through music)
- Protestant Women of the Chapel Bible Study: noon to 1 p.m. (childcare available via volunteers)

### Meetings:

#### Chapel Council meetings

The Seabee Memorial Chapel Council meetings will meet the last Sunday of each month following service time. This is a time for council members to meet with Chaplain Davis.

#### Quarterly "State of the Chapel" meetings

The Chapel will hold State of the Chapel meetings with Chaplain Davis and Father Paddy open to all congregation members. The meetings will be at 5 p.m., for approximately 30 minutes Feb. 3, May 5, Aug. 4 and Nov. 3.

## CENTER NOTES

### SUPPORT

#### Family Readiness Groups

**NMCB 1 FRG** invites friends and family members to attend FRG meetings the second Monday of every month at the Youth Activity Center, building 335. Meetings are from 6 - 8 p.m. Children are welcome and babysitting is provided during deployment. Contact FRG President Jenny Richter, e-mail nmcbonefrg@gmail.com.

**NMCB 11 FRG** For more information regarding the NMCB 11 FRG, please visit Facebook, nmcb11frg or email us at nmcb11frg@gmail.com.

**NMCB 74 FRG** All families of NMCB 74 are invited to the 74 FRG meeting the third Monday of each month. Meetings are at the MWR Youth Activities Center, building 335, behind the Grinder on NCBC. Socializing begins at 5:30 p.m., and meetings begin at 6 p.m. Bring a covered dish to share at our potluck dinner. Children are welcome. Email nmcb74fsg@yahoo.com or visit our Facebook page at "NMCB74 Fearless FRG" for details.

**NMCB 133 FRG** invites all friends and family members to attend FRG meetings the first Monday of the month at 6 p.m. at the Youth Center. Children are welcome and babysitting is provided. Please bring a dish to share. For more information, contact FRG President Jaime

Royal at 317-730-4064 or email NMCB133fsg@gmail.com Log on to the FRG site, <http://www.wix.com/NMCB133FSG/133frg>.

### FOCUS

**Families OverComing Under Stress (FOCUS)**, provides resiliency training to service members and their families by teaching practical skills to help meet the challenges of military life, including how to communicate and solve problems effectively and to successfully set goals together. Confidential and free with family-friendly hours, contact FOCUS today! Call 228-822-5736 or email Gulfport@focusproject.org

**Gulfport Officer's Spouse Club** The Gulfport Officers' Spouses' Club is a social organization that has FUN while helping our community. We meet monthly and have special interest groups for almost everyone! For more information, email goscgulfport@gmail.com or Facebook <https://www.facebook.com/gosc.gulfport>. We hope to see YOU soon!

**Navy Wives Clubs of America, Inc.** The Navy Wives Clubs of America, Inc., is interested in reestablishing a club in the local area. If you are interested in joining an organization that promotes the health and welfare of any enlisted member of the Navy, Marine Corps or Coast Guard, please contact Darlene Carpenter at 228-342-2271 or Tina O'Shields, 228-357-0513. Visit [www.navywivesclubsof-america.org](http://www.navywivesclubsof-america.org) for more information on NWCA.

**NMCRS** The Navy-Marine Corps Relief Society Thrift Shop is located in building 29 on Snead Street. The Thrift Shop is staffed entirely by volunteers, and child care and mileage are reimbursed. Retail hours of operation are Tuesday

and Friday, 9 a.m. - 1 p.m. Volunteers are always welcome. Visit the NMCRS offices at the Fleet and Family Support Center, building 30, suite 103 or call 228-871-2610 to find out how to become a part of the NMCRS volunteer team!

### Gamblers Anonymous

The Fleet and Family Support Center offers GA meetings every Thursday at 11 a.m. GA is a fellowship of people who share their experience, strength and hope with each other. All meetings are confidential and facilitated by GA. Come to a meeting or call Jim Soriano at 228-871-3000 for details.

### TRAINING

**Naval Sea Cadets** The Gulfport branch of the Naval Sea Cadets are recruiting youth ages 11 to 17 for Sea Cadets, a nationwide organization that help youth achieve personal success through nautical training. Meetings are the third Saturday of the month from 8 a.m. until 3 p.m., building 1, 2nd floor conference room. Point of contact is Lt. Cmdr. Thomas O. Klomps, NSCC, at Region63@juno.com or 850-890-6792.

### PMI Membership Drive

The Project Management Institute ([www.pmi.org](http://www.pmi.org)) is recruiting project planning professionals for membership into the PMI Southern Mississippi Chapter. PMI is one of the world's largest not-for-profit membership associations for the project management profession. Their professional resources and research empower more than 700,000 members, credential holders and volunteers in nearly every country in the world to enhance their careers, improve their organizations' success and further mature the profession. Contact Mike Saunders at [saundersmt@earthlink.net](mailto:saundersmt@earthlink.net)

or Len Krapcha at [lkrapcha@aol.com](mailto:lkrapcha@aol.com) for more information.

### SOCIAL

**Miss. Gulf Coast First Class Association** is always looking for new members. Meetings are every Wednesday at 2:30 p.m., at the Fitness Center classroom. For more information, contact Association president, CE1 Daniel Shaver, 228-871-2145.

**NCBC Multi-Cultural Diversity Committee** is seeking members. Meetings are held weekly on Wednesdays at 9:30 a.m., at the Seabee Memorial Chapel. Contact MCDC President, SW2 Crayton at 228-760-1107 or Vice President, CE2 Tandberg, 850-384-7982 for details.

### VFW Post 3937 Long Beach

is open Monday - Thursday from noon until 8 p.m., Friday and Saturday from Noon until 10 p.m., Sunday from noon until 7 p.m. The first Friday of the month is Seafood Night, the remaining Fridays are Steak Night. Breakfast is served from 7 to 10 a.m. on Saturdays. VFW meetings are held the second Wednesday of the month at 7:30 p.m. New members are always welcome. Contact Post Commander Bill North at 228-863-8602 for info.

### The Ladies Auxiliary to the VFW Post 3937 Long Beach

would like to invite you to become a member. Our organization supports veterans, their families and current service members. In order to join, you must be the spouse, mother, daughter, granddaughter or sister of a person who has served in a foreign war. Please Contact Auxiliary 3937 President Carol Fetters at 228-832-4893.

### VFW Post 4526 Orange Grove

is open daily from Noon to 10 p.m. and located at 15206 Dedeaux Road,

Orange Grove. Meetings are the first Wednesday of the month at 7 p.m. All are welcome and encouraged to attend. Call 228-832-0017 for more info.

### NMCB 62 Alumni Group

Naval Mobile Construction Battalion (NMCB) 62 was recommissioned in Gulfport in 1966, and decommissioned in 1989. To become a member, go to <http://nmcb62alumni.org> or for links to Seabee historical sites.

### D.A.V. - Disabled American Veterans, Chapter 5

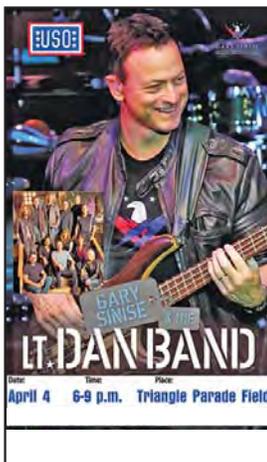
invites Veterans and future Veterans to monthly meetings held the 3rd Monday of each month at 7 p.m. Call Service Officer, Silva Royer at 228-324-1888 to find out more about our organization.

### Navy Seabee Veterans of America (NSVA) Island X-1

Gulfport is always looking to add new members. You do not have to be retired to be a member. If interested, please contact Eugene Cowhick at [eugene.cowhick@navy.mil](mailto:eugene.cowhick@navy.mil), 228-871-24w88 or Robert Smith at [Robert.p.smith5@navy.mil](mailto:Robert.p.smith5@navy.mil), 228-871-2436. If you are already a member, please join us on the second Thursday of each month at 6 p.m. in the A&E Chiefs and Officers Club, NCBC Gulfport, for the Monthly Island X-1 business meeting. For more information on NSVA Island X-1, visit [www.nsva.org](http://www.nsva.org).

### HERITAGE

**The Seabee Gift Store** is located in the Seabee Heritage Center Training Hall, building 446. Hours are Monday - Friday, 10 a.m. to 4 p.m. The shop has a variety of Seabee related memorabilia, books and DVD's. Contact the museum at [www.seabeesmuseumstore.org](http://www.seabeesmuseumstore.org) or call the gift store for more information at 228-871-4779.



**Free Concert!**  
6-9 p.m. April 4  
Triangle Parade Field

Concessions available.  
Bring your own lawn chair.

No personal coolers allowed.  
<http://www.ltdanband.com/>

**LT. DAN BAND**

Date: April 4 Time: 6-9 p.m. Place: Triangle Parade Field



GULF COAST USO  
901 CBC 3rd Street,  
Building 114  
228-575-5224

Free services:  
FAX, Send and Receive:  
228-575-5225, Copies,  
United Through Reading  
program, Computers with  
web cams, Internet/email  
access, X-Box

Office hours: Monday -  
Friday, 8 a.m. - 4 p.m.



**Race Engines, Dirt Bikes, ATV's, Cigarette Boats, Zodiacs**

Are you up to the challenge of hard work and repairing unique SOF equipment?

**Naval Special Warfare Development Group** is seeking active duty Construction Mechanics and all other Seabee rates who are:

Motivated/Volunteer	No NJP / No Bankruptcy
Pass Navy PFA	Able to obtain SECRET/ TOP SECRET clearance
E4 - E6	

Email us at [DEVGRURecruiting@vb.socom.mil](mailto:DEVGRURecruiting@vb.socom.mil) or contact your detailer to request additional information.

**Mortal Kombat vs. DC Universe Tournament**  
**Thursday, March 13th**  
**6:00 p.m.**



**Prize for 1st place!**



**MWR program contacts**

- Anchors and Eagles, 228-871-4607
- Auto Skills Center, 228-871-2804
- Beehive All Hands Club, 228-871-4009
- Child Development Center, 228-871-2323
- Fitness Center, 228-871-2668
- Information, Tickets & Travel, 228-871-2231
- Liberty Center, 228-871-4684
- Seabee Heritage Center, 228-871-3619
- Navy Outdoor Recreation, 228-871-2127
- Shields RV Park, 228-871-5435
- The Grill, 228-871-2494
- Training Hall, 228-871-4750
- Youth Activities Center, 228-871-2251
- Main Office, 228-871-2538

**GRAND SLAM**  
**Intramural**  
**SOFTBALL LEAGUE**

Call Sports Coordinator @ 822-5109 for details

Sign Up	POC Meeting	Season Runs
March 17- April 1	April 4	April 15- June 19

**NAVY OUTDOOR RECREATION MARCH SPECIAL!**

Rent ANY Inflatable and receive choice of popcorn/cotton candy machine, 1 table & 6 chairs OR an Ice-Filled 120qt. Cooler for FREE! (deposit still applies)

**Bouncy Houses Daily Rental Fees Range from \$40 - \$140**

*Parent Testimonial:*  
 I rented the sports combo bouncy house on Saturday and was able to bring it back on Monday for only \$56! This is a steal! Not only did the kids have a blast all weekend but I was able to ST (unheard of for a mom) in my lawn chair and watch the children have a safe and fun time at my own home. What a great weekend! Thank you so much! - Tammie Holland, 1/17/14

Safari Toddler      Sports Combo

**SHIP ISLAND EXCURSION**

Your ticket to: **Relaxation**

**\$24.25/ Adults**  
**\$15.50/ Child**  
 (3-10yrs)

228-871-2231

**Recreation & History**

The vouchers sold at ITT are good for the entire 2014 Ship Island Season (NOW - October 26) but will be void after the season is over October 26. No refunds will be given for vouchers not used within this time frame

MWR ITT

**Free Movies at the Training Hall**

And, don't forget about the fresh buttered popcorn and cold drinks at that sweet price that won't break your wallet!

**Movie Hotline: 228-871-3299**

**Friday, March 7: 5 p.m., The Hobbit: The Desolation of Smaug, PG13; 8 p.m., Anchorman 2: The Legend Continues, PG13**

**Saturday, March 8: 5 p.m., American Hustle, R; 7:30 p.m., 12 Years A Slave, R**

**Sunday, March 9: 3 p.m., Frozen, PG; 5:30 p.m., Hunger Games: Catching Fire, PG13**

March 6, 2014

Seabee Courier