

SEABEE COURIER

www.cnic.navy.mil/gulfport

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Naval Construction Battalion Center, Gulfport, Mississippi

November 20, 2014

7th Naval Construction Regiment holds change of command



7th Naval Construction Regiment's outgoing Commodore, Capt. Gary Rouse passes the command's colors to incoming Commodore, Capt. Frederick Mucke in a change of command ceremony held Nov. 15. The Regiment ushered in a new era with the change of command and the relocation of their headquarters from Newport, R.I., to Gulfport. (U.S. Navy photo by Chief Yeoman Rachael Morrison/Released)

Naval Mobile Construction Battalion 11 Change of Command

Naval Mobile Construction Battalion (NMCB) 11 will hold a change of command ceremony Nov. 21, at 8 a.m., on the Parade Field on board

Naval Construction Battalion Center (NCBC) Gulfport. Cmdr. Steven J. Stasick will be relieved by Cmdr. Jorge R. Cuadros.



Military members and spouses from Naval Construction Battalion Center (NCBC) Gulfport and Stennis Space Center learn about cooking classes offered at the Lynn Meadows Discovery Center in Gulfport, Miss., Nov. 5 while attending a bus tour of Gulfport and surrounding area. The bus tour was sponsored by NCBC Gulfport's Fleet and Family Support Center (FFSC) and Gulf Coast Chamber of Commerce. (U.S. Navy photo by Builder 3rd Class Amanda Hollister/Released)

Coast Chamber partners with FFSC to introduce military members and families to Gulf Coast

By BU3(SCW) Amanda Hollister
NCBC Public Affairs

Military members and spouses new to Naval Construction Battalion Center (NCBC) Gulfport and the surrounding area participated in a Gulfport area bus tour Nov. 5, in celebration of the Month of the Military Family. The bus tour was organized by the Gulf Coast Chamber of Commerce and NCBC's Fleet and Family Support Center (FFSC). Participants saw areas of Gulfport, Long Beach and Pass Christian, followed by lunch and door prizes at the Great Southern Club in downtown Gulfport.

Becky Montgomery-Jenner, President of the Coast Centurion Association narrated the tour with help from Coast Centurion Association Liaison, Laura Payne. Montgomery-Jenner shared history regarding property lines, industry, changes in laws, school systems, retail establishments and businesses, hotels and the damage and regrowth from hurricanes Camille and Katrina.

In the Long Beach and Pass Christian areas especially, Montgomery-Jenner pointed out which plots were destroyed by hurricane Katrina, which houses were new, which were restored and when original homes were built. According to

See **TOUR** page 5

Skipper's Log

In Gratitude

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By Capt. Paul Odenthal
CO, NCBC Gulfport

Although not the intent of those who picked the dates, it seems extremely appropriate that we, as a Nation, celebrate both Veterans Day and Thanksgiving in the same month. When we count our blessings surely we must include our Freedom, and the rights and privileges we enjoy as American citizens near the top of that list. No one knows better than we who serve in the defense of our Country, both military and civilian, that we enjoy these freedoms because of our Veterans from George Washington's Army to those who wear the uniform today.

I want to share the story of one Veteran who was the Grand Marshall for the Gulf Coast Veterans Day Parade in Biloxi and I had the pleasure of meeting that day, GMC(SS) Clifford Kuykendall. Here is the condensed version:

Mr. Kuykendall grew up

on a small North Texas ranch and joined the Navy straight out of high school in September of 1941, at the age 17. He was at boot camp when Pearl Harbor was attacked. After duty in the surface Navy, he volunteered and joined the submarine service being assigned to the USS Tullibee operating between Pearl Harbor and Midway. On March 26, 1944, he was an above deck lookout when the submarine was hit and sunk by a torpedo. The torpedo blew him clear of the submarine and he was the lone survivor. After seven hours in the water, a Japanese destroyer picked him up only after circling and trying to shoot him. He was grazed five times.

He endured 18 months of captivity including torture and hard labor at Yokosuka, Japan after being held briefly in Palau and Saipan. He weighed 90 pounds upon his release in 1945. Despite this ordeal, he returned to the service and served on several

other submarines until his discharge in 1947.

Now the story could end there, but it doesn't. With the Korean War on the horizon, Mr. Kuykendall joined the Army as an infantryman and served with distinction on the Peninsula, earning a temporary field promotion to Captain. His awards include the Silver Star and four Purple Hearts.

This is an incredible story and there are many more like it in our military and naval heritage. Stories of ordinary men and women achieving the extraordinary. Deeds like those at Iwo Jima that led to Admiral Nimitz's now famous quote that "uncommon valor was a common virtue." And still others that are being written by our troops on the battlefield today.

I ask that you reflect on Chief Kuykendall's story and the contributions of all who has served as you celebrate Thanksgiving this year. And remember, that his story is our story. It is



part of who we are, part of the traditions we uphold, and a superb example of our Navy core values in action.

Please know that as my family offers thanksgiving for Veterans like Chief Kuykendall, we are equally grateful to all of you; military, civilian and our families, that make NCBC Gulfport what it is.

Each of you is important to us, so remember to be safe whether traveling or just staying at home. Take care of yourself, and take care of your Shipmates. Have a great Thanksgiving!

The Seabee eCourier will not be published Nov. 27 due to the Thanksgiving holiday. The next edition of the Seabee eCourier will be published Dec. 4. Public Affairs wishes everyone a safe and Happy Thanksgiving!

Safe Helpline
Sexual Assault Support for the DoD Community
Live 1-on-1 Help Confidential Worldwide 24/7

Local 24/7 Sexual Assault Prevention and Response Program Contact #: 228-596-0697; Your installation Sexual Assault Response Coordinator's Contact #: 228-323-4717; Alternate Sexual Assault Response Coordinator's contact # 504-762-0224; Click: www.Safe-Helpline.org; Call: 877-995-5247; Text *55-247 (inside the U.S.); Text *202-470-5546 (outside the U.S.) *Text your location for the nearest support resources.

AUDRA
SEXUAL ASSAULT SUPPORT GROUP
AUDRA means "nobility and strength" in French

You don't have to walk this path alone

This group offers a safe, open atmosphere for discussion and activities to facilitate the healing process

For Active Duty females who have been sexually assaulted as adults

Call FFSC at (228) 871-3000



Fleet and Family Support Center (FFSC) on board NCBC Gulfport were the hosts of a job fair Nov. 18 for military members and spouses. More than a dozen companies were on hand to offer various jobs, services and information to potential candidates. FFSC plans to host a job fair every month. (U.S. Navy photo by Builder 3rd Class Amanda Hollister/Released)



Navy Career Counselor 1st Class Terrance Pringle, left, shows off some chili with fellow member of the NCBC First Class Association Culinary Specialist 1st Class Seth Jachowicz, while they set up for a chili sale outside the Navy Exchange and Commissary Nov. 14 on board NCBC Gulfport. NCBC's First Class Association sold turkey, beef and chicken chili to raise money to buy Christmas gifts for children of NCBC's junior Sailors. (U.S. Navy photo by Builder 3rd Class Amanda Hollister/Released)

Jaime Parker, Family Resiliency Trainer, shows Nickoli, images of children while they talk about feelings during a Play & Learn session Nov. 12 at the Families OverComing Under Stress (FOCUS) office on board NCBC Gulfport. Play & Learn is a monthly program for parents and children 5 and under at which children and their parents learn about feelings and communication. For more information or to sign up for next month's session, call Debra Thomas at 228-822-5736. (U.S. Navy photo by Builder 3rd Class Amanda Hollister/Released)



What's going on? You should know!

By Rob Mims
NCBC Public Affairs Officer



Many times over the last year the Naval Construction Battalion Center Public Affairs Office has heard a very familiar mantra of sorts ... "I didn't know that was going on ... 'They' didn't publicize it ..."

NCBC Public Affairs uses multiple, overlapping layers of communication to get messages and events to audiences. Here is a list of the avenues of communication where everyone can get "the word."

Installation Website – Many people don't know that the base has a website containing a multitude of information about the installation and what is going on. Check it out at www.cnbc.navy.mil/gulfport.

Seabee Courier – This weekly electronic 12 page publication took the place of the bi-weekly hard copy paper. It can be found at www.cnbc.navy.mil/gulfport under News. Click on Seabee Courier. A link is also posted on Facebook after each publication.

Inside the Gate – For those who want an abbreviated version of events and news brief. ITG comes out weekly and can be found at www.cnbc.navy.mil/gulfport under News. Click on Inside the Gate. A link is also

posted on Facebook after each publication.

Facebook – NCBC Public Affairs' most active product. The NCBC Facebook page is updated multiple times a day with information that is important for all base personnel to know. It includes photos, briefs and events. This is also one of the main sources of information during an emergency. It can be found at www.facebook.com/NCBCGulfport.

Twitter – Do you tweet? NCBC Public Affairs does. Anything NCBC Public Affairs posts on Facebook is linked to Twitter. It can be found at <https://twitter.com/SeabeeCenter>

All User Email – Many times NCBC Public Affairs needs to get information out to the base populace. There are only a few people on board NCBC who are authorized to transmit All User Email.

Base Marquees – NCBC Public Affairs wants to reach stakehold-

ers even when they are driving. NCBC Public Affairs pushes events and notifications to every marquee on board the installation.

Commanders Access Channel – Anyone with Cable One can view this information source on channel 100. In the future, NCBC Public Affairs hopes to be airing Pentagon News via this avenue.

YouTube – Yes, NCBC has a YouTube channel. It is updated on an as-needed basis and has some good videos posted. It can be found at www.youtube.com/user/SeabeeCenter

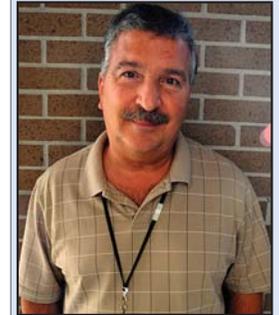
Volunteer Opportunities – NCBC Public Affairs is the go-to place for volunteer opportunities. People needing volunteers call up with all the details of their request. NCBC Public Affairs puts the information in an understandable format and places it in the Seabee Courier and online at www.cnbc.navy.mil/News. Click on Volunteer Opportunities.

The bottom line is that there is really no excuse for not knowing what is going on at NCBC Gulfport. Please take this information and share it with your people, co-workers and family members. NCBC Public Affairs works diligently to ensure they know what is going on as well.

Buzz on the Street

By BUCA Elizabeth Mills
NCBC Public Affairs

With Thanksgiving around the corner, we asked: "What are you most thankful for?"



"I am most thankful for my quality of life because I thank God every day for my mind, body and spirit to do "His" work on this earth."

Jim Soriano

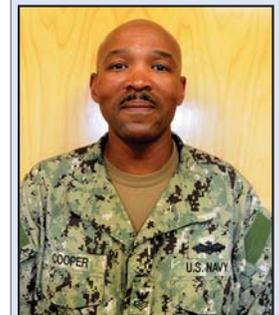
Fleet and Family Support Center Counselor
Hometown: Jersey Shore, N.Y.



"I am most thankful for my family and for us having a good relationship."

Gerri Warden

Fleet and Family Support Center Counselor
Hometown: Pascagoula, Miss.



"I am thankful for the fact that I wake up every morning. It's something that the material life doesn't give you."

SW1(SCW) Corey Cooper
NMCB 11
Hometown: Norfolk, Va.

November 20, 2014

Seabee Courier

UNLIMITED EGGNOG

Where: Colmer Dining Facility
When: Nov. 27
Time: 11:30 a.m. – 2:30 p.m.
Cost: \$7.70



THANKSGIVING MENU

- FRENCH ONION SOUP
- ROAST TURKEY
- GLAZED BAKED HAM
- MACARONI AND CHEESE
- GARLIC MASHED POTATOES
- MARSHMALLOW SWEET POTATOES
- CORNBREAD DRESSING
- STEAMED PEAS AND CARROTS
- GREEN BEANS CASSEROLE
- BUTTERED CORN
- GIBLET GRAVY
- CRANBERRY SAUCE
- RAISIN SAUCE
- DINNER ROLLS
- DEVILED POTATO SALAD
- SALAD & FRUIT BAR
- ASSORTED PIES

... Special guests may be on hand to serve the Thanksgiving meal ...

Open to all with authorized access to NCBC Gulfport



Civilian contractor, Ronnie Martin with Christie Digital Company sets up and configures the new high definition projector and sound system in the movie theater at the Training Hall on board NCBC Gulfport, Nov. 14. The movie theater is being upgraded to a commercial digital grade and will host its grand opening Nov. 21, featuring the movie *The Book of Life* at 6 p.m. (U.S. Navy photo by Utilitiesman Constructionman Alicia K. Fluty/Released)

NCBC Movie Theater upgrades to digital and 3D entertainment

By UTCN Alicia K. Fluty
NCBC Public Affairs

In keeping with the latest technology, the base theater at the Training Hall on board Naval Construction Battalion Center Gulfport, is upgrading to a commercial grade theater with a high definition projector, a new screen, surround sound plus 25 additional speakers and the capability to show movies in 3D.

The grand opening of the Digital Theater is Nov. 21, at 6 p.m., featuring "The Book of Life," rated PG. Everyone who attends the grand opening will receive a free movie coupon to use at any time during November or December.

According to Morale Welfare and Recreation (MWR) Operations Manager, Danny Calhan, after MWR noticed low attendance, the drive began to improve what they offer and provide customers with the best possible product. The result was a decision to run new releases and to go digital.

Calhan said that MWR was able to make the upgrade because of the money made from Sailors' use of other MWR facilities such as the Grill, Information, Tickets and Travel (ITT) services, the Beehive and the Outdoor Recreation Center.

"All the money that you spent on base utilizing MWR facilities helped us in getting this project completed," said Calhan. "We turn that money into making better programs and facilities for you." Before the upgrade, the movie theater had been using the Navy DVD (NDVD) system, which is an encrypted and embedded DVD with an expiration date on it and could only be played on an NDVD

player. Movies were usually available to MWR a couple of weeks prior to access by the general public via blu ray and dvd, but now with the new digital theater, movies showing at the Training Hall will only be a couple weeks behind local theater release.

Calhan said MWR is making sure the new theater offers the same quality of service as any of the local theaters, but at a more affordable price for the military service members and their families. He expressed that MWR made sure prices were at least 40 percent cheaper than the local theaters. Adults will pay \$4, children under 12, \$2, and children 5 and under, Free. There will be an additional charge of \$1 for movies shown in 3D. He added that the sizes of their snacks, popcorn and sodas have been changed to the sizes offered at the local theaters without changing or increasing the existing prices.

Calhan expressed that every now and then, especially around the holidays, "sneak peek" movies will be available to MWR to show at the Training Hall even before they are released at the local theaters, which will be free of charge.

MWR will add Thursday nights to its movie schedule; it will be free of charge for the single Sailors who reside on base and obtain a ticket from the Liberty Center. All others with authorized access to base can attend but will have to pay.

The new theater will still offer the free NDVD movies for command functions, lock-ins or other special events. However, this will only be available Monday through Wednesday night.

Call the movie hotline at 228-871-3299 to find out what's playing.

From TOUR page 1 Montgomery-Jenner, learning this history helps new residents connect to and feel more comfortable with the area.

"Our mission with the tour is to provide an overview of the Gulfport area to the people here on base. The more at home we can make our military feel, the more comfortable they can be working and living here. We want them to feel safe, secure, and appreciated," Montgomery-Jenner said.

The tour stopped at the University of Southern Mississippi (USM) Gulf Park located in Long Beach where USM Administrative Assistant of Admissions Sue Faul gave a tour of the campus and an overview of what opportunities are offered for military and spouses at USM.

"We're doing things every day to make this a more inviting campus for our military. The average age of students here is higher than traditional campuses, and that diversity has brought a lot of experience to our classrooms," said Faul.

The group stopped at Lynn Meadows Discovery Center in Gulfport, Miss., for a tour of the facility and information on the programs offered.

Tour participants were treated to lunch in a private dining room at the Great Southern Club overlooking downtown Gulfport. Over tea, food and conversation, friends and connections were made and everyone learned each other's stories about what brought them to the area.

Attendees said they enjoyed themselves and were happy with their door prizes including restaurant gift cards, Visa gift cards, cook books, golf lessons, coolers, handmade mugs and more.

"My husband and I have



Equipment Operator 2nd Class Justin Jordan, attached to Naval Mobile Construction Battalion (NMCB) 1 uses a pulley system to lift himself at the Lynn Meadows Discovery Center in Gulfport, Nov. 5. Jordan and his family are new to Naval Construction Battalion Center (NCBC) Gulfport. (U.S. Navy photo by Builder 3rd Class Amanda Hollister/Released)

been here for a couple years but I wanted to see the tour so I can tell other families about it," said Taren Salter, a military spouse.

"Learning about the rich history of the Gulf Coast, as well as some of the current issues and challenges facing the local community was a highlight for me. I would recommend the tour to both Sailors and their spouses," said Lt. Cmdr. Chad Tidwell, NCBC's new Command Support Officer.

According to Montgomery-Jenner and Payne, if the support and interest remain they will work with the FFSC to repeat this event in the future. If you're interested in attending a future tour or more tour information for your command, contact FFSC's Paula Ingram at 228-871-3000.

Keep What You've Earned

Thanksgiving is the most deadly four-day holiday weekend on American roads. Be thankful for friends, family, and your Navy career. Don't drink and drive, and be aware of other drivers on the road that may be impaired.

Fraud, Waste and Abuse Hotline:

Due to limited IG resources throughout the Southeast Region, all Fraud, Waste and Abuse hotline work will now be handled by the Region. To report Fraud, Waste and Abuse, contact the Region at: Toll Free 1-877-657-9851, Comm: 904-542-4979, DSN 942-4979, FAX: 904-542-5587, Email: CNRSE_HOTLINE@navy.mil



Left and above: Utilitiesman 2nd Class Samuel Kellogg, assigned to Naval Mobile Construction Battalion 133 Civic Action Team (CAT) Palau and a Red Cross volunteer, deliver three-gallon containers of potable water to medically homebound residents who are unable to assist themselves during the national water crisis. CAT Palau continues to strengthen the Republic of Palau by providing construction support, engineering apprenticeships, medical outreach, and community support to the local populace. (U.S. Navy photos/Released)

NMCB 133 Civic Action Team provides humanitarian aid to the Republic of Palau

By EA3 Mark Monton

NMCB 133 Public Affairs

Seabees assigned to Naval Mobile Construction Battalion (NMCB) 133 Civic Action Team (CAT) Palau supplied much needed water to the local populace in response to a recent national water crisis.

One of two water mains running underneath the Koror-Babeldaob Bridge recently separated, contaminating the water supply for the country's largest city, Koror. The Palau Public Utilities Corporation (PPUC) was still able to supply water to the community via the second water main; however, they could not meet the required capacity. In addition, water produced during serviceable hours is often murky requiring boiling before consumption.

Already producing potable water, NMCB 133 CAT Palau increased production to support the national water crisis.

"We use a 3000D Water Purification System on Camp Katuu," explained Utilitiesman 2nd Class Samuel Kellogg. "It takes one person to operate, and produces 3,000 gallons of potable water an hour."

Palau's Presidential Chief of Staff, Secilil Eldebebech, identified two sites in need of non-potable

water. Following a meeting with Kione Isechal, Chief Executive Officer at PPUC, and Seabees from CAT Palau including Lt. j.g. Rhett Johnson, officer in charge, Chief Construction Electrician Jennifer Read, senior enlisted leader, and Utilitiesman 2nd Class Samuel Kellogg; CAT Palau, responded with a 500 gallon water tank for Koror's Seventh Day Adventist School and a 400 gallon water buffalo for Koror's Ngerbeched Village. The CAT refilled the tanks as necessary, providing increased sanitation for the highland areas.

The CAT is also working alongside the Palauan Red Cross, Presidential Chief of Staff, Koror State Government, and PPUC to provide three-gallon containers of potable water to medically homebound residents who are unable to assist themselves.

"It is crucial to partner with other entities," said Charles Reklai Mitchell, disaster management officer for the Palauan Red Cross. "Only with this partnership were we able to succeed in the mission. We hope to keep this strong partnership for any future emergencies."

The Red Cross provided containers while Seabees and their local national apprentices filled containers on camp. The next day, the Red Cross

and CAT delivered water to residents of 119 homes within the Koror State.

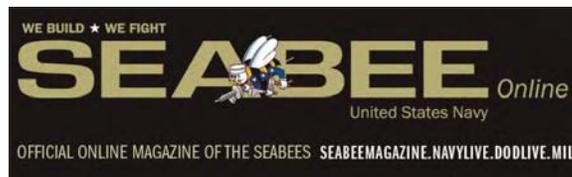
"It felt good to help people who really needed it," commented Builder 3rd Class Jon Patterson. "Boaz Belibe (one of the CAT apprentices) and I delivered about 80 of the containers to homes. The people were indeed grateful."

While the Palauan government is actively working to replace the compromised pipeline, the CAT is standing by to support.

Fausto DeGuzman, interim Chargé d'Affaires of the United States Embassy of Palau, applauded the CAT's efforts. "Palauans, both ordinary citizens and those in the government, will remember the assistance the CAT provided for a long time to come," he said. "Beyond helping Palauans meet their immediate needs, your team's work also helps the U.S. Embassy conduct our diplomacy by strengthening our bilateral relationship. This is an example of how defense and diplomacy can work hand in hand to advance the United States' interests."

CAT Palau continues to strengthen the Republic of Palau by providing construction support, engineering apprenticeships, medical outreach, and community support to the local populace.

November 20, 2014



The 411 on dialing 911 on board NCBC - Have an emergency? You may now dial 911 using a land or cell phone on board NCBC Gulfport. In all instances, make sure you identify your location by stating, "My location is NCBC Gulfport" before proceeding with detailed emergency information.

Energy Savings Tip: Consider LED Lighting



Use LED (light-emitting diode) Holiday Lights - You may already have a large collection of indoor and outdoor lights from years past, but, if you're ready for a change, donate them and get some LED lights. LED lights use 90 percent less electricity than typical, incandescent Christmas lights and, although they cost a bit more than incandescent lights, the small price difference is quickly made up when you consider that LED lights last longer than incandescent lights. LED lights are brighter and have a blue-ish tone, whereas incandescent lights have a warm, yellow glow.

Seabee Courier

NMCB 1 Equine Facility project



Left: Capt. John Adametz, commodore, Naval Construction Group 2, Builder 1st Class Kyle Saylor and representatives from the Harrison County Fair Grounds, cut the ribbon on a new equine facility. Naval Mobile Construction Battalion (NMCB) 1 constructed the facility over a 39-day period, delivering the facility to county officials. Right: Sailors with "The First and The Finest" gather at the Harrison County Fair Grounds for the Equine Facility ribbon cutting. (U.S. Navy photos by Chief Mass Communication Specialist Kim Martinez/Released)



NCG 2 Commodore discusses destructive behavior and a culture of safety

By MCC(SW/AW/EXW) Athena Blain
NCG 2 Public Affairs Officer

The leading factor of attrition in the Navy, with the exception of medical and physical fitness requirements, usually stems from Sailors' destructive behavior. This can range from felonies, sexual assault, domestic violence, drug and alcohol abuse, child endangerment, suicides, and a whole host of other issues. Navy statistics show that a single constant that tends to appear in many of these cases is alcohol.

"These are Navy-wide statistics and the Naval Construction Force is an important part of our Navy," said Capt. John Adametz, Commander, Naval Construction Group (NCG) 2. NCG 2 and its West Coast counterpart, Naval Construction Group (NCG) 1, are working closely with Navy Expeditionary Combat Command (NECC) to proactively counter destructive behavior.

With Navy programs like the Coalition of Sailors Against Destructive Decisions (CSADD) and Military One Source, Families OverComing Under Stress (FOCUS), Fleet and Family Support Center (FFSC) partnered with local programs like NECC's Operational Stress Control workshop, and the Embedded Mental Health program, Sailors have a wide array of avenues to reach out for assistance.

"Our leaders need to continue to tackle this issue," said Adametz. "We need to make

sure our Sailors are physically, emotionally, financially and spiritually well across the spectrum. It is our job and imperative to readiness, both for mission and families."

"I want Sailors to take advantage of all of the programs available, trust their chain of command, help, and lean on one another. Helping a Shipmate through a tough spot is what makes military service special. It is part of what we know as camaraderie, teamwork, and a fundamental tenet of leadership," said Adametz.

Attrition and destructive behavior isn't the only issue Adametz stresses, especially during the upcoming holiday season.

"We need to continue emphasize a 'Culture of Safety,'" said Adametz. Vehicle accidents, especially motorcycle accidents, are a detriment not just to the Navy, but to any Sailor and their family.

According to Navy Safety Center, motorcycle accidents accounted for 26 percent of all Class A mishaps in 2013. While the Navy has seen a downward trend in motorcycle fatalities since 2010, the numbers are slowly starting to creep back up. Many Sailors in Gulfport ride, said Adametz.

"If that's their passion, I want them to enjoy it and do it safely ... that is, ensure their training is current, wear the proper equipment, and safe operations," said Adametz. Highway 10 is dangerous, with speed and other vehicles being factors. "There are always fatalities on that high-



Naval Construction Group (NCG) 2 Commodore, Capt. John Adametz looks on as Construction Mechanic Construction Recruit MCR David Truell conducts a proper 3M maintenance oil change on a medium tactical vehicle replacement (MTVR) heavy utility truck. (U.S. Navy photo by Chief Mass Communication Specialist Athena Blain/Released)

way," said Adametz. "Then, this region has many two-lane roads and sharp turns. I just want to remind people to drive at speeds that are safe for the current conditions; subtract from the posted legal limit by considering weather, traffic, and lighting."

The "Culture of Safety" is not just about Sailors in their private lives, but extends to the work place as well.

Before any event, all NCG 2 commands should have the senior person give a quick safety brief.

"I want it to be awkward if someone doesn't talk about [Operational Risk Management]

before any evolution, making the right choice at the moment of choice," said Adametz. "Leaders, please take that second to talk about safety."

Safety should be a priority all the time, but is most especially crucial during the holiday season.

Holiday parties, traveling on leave and alcohol consumption that leads to alcohol incidents tend to spike over the next couple of months, but there are several programs available right here that can assist. Use the Navy's Travel Risk Planning System (TRiPS), pay attention during the command safety stand-down and know your limits.

Focus on Education

Education Notes

LATCHKEY KIDS & BABY-SITTING

A Latchkey Kids class (for ages 10-11, 8:30-10:30 a.m.) and Baby-sitting Class (for ages 11 and up, 8:30 a.m. - 12:30 p.m.) will be held at Fleet and Family Support Center Nov. 24. Call FFSC at 228-871-3000 for information or to reserve a seat.

COASTLINE COMMUNITY COLLEGE

Registration for the Spring "A" Term, 2015, which runs from Feb. 2 - March 29, will begin Nov. 24 and end Jan. 21. Additional information can be obtained in the Navy College Office, building 60, room 239 or by contacting Dr. David Drye, 228-871-3439 or email at DDRYE@coastline.edu

SCHOLARSHIPS FOR MILITARY CHILDREN

Applications for the 2015-2016 school-year scholarship awards become available Dec. 15 at commissaries worldwide or on the Internet at <http://www.militaryscholar.org>. Each award is \$2,000 and the program awards at least one scholarship at each commissary with qualified applications. An applicant must be a dependent, unmarried child, younger than 21 - or 23, if enrolled as a full-time student at a college or university - of a service member on active duty, Reserve or Guard member, retiree or survivor of a military member who died while on active duty, or survivor of a retiree. For more information, students or sponsors should visit: <http://militaryscholar.org/sfmc/>

Story hour at the Learning Resource Lab



The Learning Resource Lab received a visit from Stacey Dupre, Director of Religious Education and NCBC Chaplain, Lt. Cmdr. Ammie Davis, Seabee Memorial Chapel, Nov. 15. The

pair entertained children with two Thanksgiving story readings; "Thanksgiving for Emily Ann" and "The Great Thanksgiving Escape." (U.S. Navy photos courtesy of MWR/Released)

Winter Tuition Assistance requests due

By Susan D. Henson
Center for Personal and Professional Development Public Affairs Officer,
Virginia Beach, Va.

Sailors who plan to take college courses in December and January using Tuition Assistance (TA) should submit their requests now so they may be reviewed in time for class.

Center for Personal and Professional Development (CPPD) Navy Voluntary Education (VOLED) Program Director Ernest D'Antonio said this is the best time for Sailors to begin the process of requesting TA.

"November is historically a slow month in terms of receiving and processing TA requests," he said. "Sailors

who plan and take action now are in the best position for having their requests authorized."

For the last five fiscal years, average TA enrollments in October have been around 15,600. That number drops to 5,500 in November, and then then triples in December to more than 17,000.

The Navy's TA program is funded quarterly. When funding runs out for a given quarter, Sailors must wait until the next quarter before their application can be authorized.

Additionally, applications are funded on a first-come, first-served basis and grouped by the term start date listed on the application, according to D'Antonio.

"We strongly recommend

Sailors submit TA applications a minimum of 30 days in advance of the term start date, even if enrollment in the course with the school is still pending," D'Antonio said. "We can modify or cancel the TA voucher after the fact with no harm to the Sailor."

If requests are received on or after the date the term begins, those TA applications are denied. This can put Sailors in a difficult financial situation that could have been easily avoided.

In addition to submitting request on time, Sailors must meet all TA eligibility requirements. These include having current education counseling; a current, approved education/degree plan; current TA policy and procedures training; command approval; and not

exceeded their annual TA credit cap.

Sailors can visit the Navy College Program website to get the latest VOLED information such as current policies and procedures, NCO locations and VEC contact information. Recent updates to the website include revised FAQs and an example of a command approval chit for Sailors to use when requesting TA.

For more information, Sailors can contact their servicing NCO or the VEC, or visit the Navy College Program website at <https://www.navycollege.navy.mil/>.

For more information about the Center for Personal and Professional Development (CPPD), visit: <https://www.netc.navy.mil/centers/cppd/>.

Responding to the Military Child with Exceptional Needs (RMCEN)

Feb. 23, 24, 8 a.m. - 4 p.m. Mississippi Coast Coliseum & Convention Center, Biloxi
Funded by the Air Force; No cost to participants

This two-day institute, formerly known as the Special Educators Leadership Institute prepares professional educators, social service providers, parents and community leaders to address the additional challenges associate with transitioning military-connected students with exceptional needs. For the purposes of this course, children with exceptional needs are defined as those who need either special education services or gifted education services to maximize their individual potential, with special emphasis on the importance of synchronization of services during transition. For more information about this training or to register, visit: militarychild.org/training

NCBC School Liaison
Officer Kevin Byrd
MWR, Building 352,
1706 Bainbridge Ave.
Phone: 228-871-2117
email: kevin.r.byrd@navy.mil

'The Meat & Potatoes of Life'

By Lisa Smith Molinari
Special Contributor

A Military Spouse's Thanksgiving Eve Prayer

Now I lay me down to pray, that I'll survive Thanksgiving Day. That the special dinner I agreed to host, won't make me a laughing stock on post.

That as the day gets on I'll keep my sanity, and have no outbursts of profanity.

That our turkey, overnight, will thoroughly thaw, so that stuffing the bird won't require a hacksaw.

That the kids will get along, maybe even play a game, instead of belly-aching that the Macy's Day Parade is "so lame."

That my husband will assist when the moment is opportune, and not disappear with shipmates to drink beer before noon.

That base neighbors will play football so the guys feel athletic, but no one will get tackled and require a paramedic.

That the turkey will fry to a nice golden brown, without a conflagration that burns the base down.

That the beans will steam, the potatoes will boil, and the gravy won't resemble a batch of crude oil.

That our friends won't mind if the cranberries are canned, and when the smoke detector goes off, they'll all understand.

That everyone will gather at our table without haste, before the mashed potatoes become wallpaper paste.

That the kids will remember to put napkins on laps, chew with



mouths closed and not feed the dog scraps.

That no one will giggle when we all say the blessing, and my husband won't grimace at the neighbor's vegan dressing.

That while carving the turkey, a wishbone we'll find, not the sack of giblets that got left behind.

That dinner conversation will be without drama, and no one will bring up religion or Obama.

That around our table, stories will be told, about experiences we've had, both young and old.

About patriotism, honor, joy and strife; about the laughter, wisdom and strength in military life.

That sharing our stories will help us to see, that our sacrifices make America the home of the free.

And before we get too sentimental with tears in our eyes, someone will remind us that we haven't yet had pie.

That dessert won't send me on a guilt trip, because even store bought pie tastes good with enough Cool Whip.

That after dinner

everyone will help clear the grub, so I'm not left with dishes to scrub.

That while watching football my husband will squelch, his manly urges to itch, scratch and belch.

And if the quarterback fumbles, he'll turn a blind eye, rather than throw the remote and let expletives fly.

That our friends won't linger because they've had too much booze, or lay on our couch and take a long snooze.

Gathering with military friends was surely long overdue, but they'll politely take the clue and bid us adieu.

That they'll leave our house with just coats and umbrellas, and not any symptoms of acute salmonella.

That we'll have a quiet moment to let tryptophan digest, and agree that the day was one of the best.

And if we happen to go in for round two of the pie, that we'll have Pepto Bismol in our supply.

Now, as I lay my head down to rest, I pray that Thanksgiving Day will be blessed without stress!

*A 21-year Navy spouse, Lisa and her family are currently stationed in Newport, RI. Her self-syndicated columns appear on her blog, www.themeatandpotatoesoflife.com, and she recently co-authored *Stories Around the Table: Laughter, Wisdom, and Strength in Military Life*. Follow Lisa @MolinariWrites."*

Shoplifting at the NEX impacts QOL programs

From NEXCOM Public Affairs

The NEX mission is to provide customers quality goods and services at a savings and to support Navy quality of life programs. In order to meet this mission, the NEX Loss Prevention/Safety Department does everything it can to make sure merchandise is paid for when it leaves the store.

During 2013, NEX Loss Prevention/Safety associates investigated and resolved 1,232 shoplifting cases with a total dollar amount of \$284,666. Of those cases, 23 percent were juveniles and 19 percent were active duty military. The top departments for shoplifting at the NEX in 2013 were prestige cosmetics, video games, electronics and computer hardware.

The average value for shoplifting cases was \$231.

"NEX Loss Prevention/Safety associates use many tools in an effort to apprehend shoplifters or prevent theft before it happens," said Tom Ruane, Navy Exchange Service Command (NEXCOM) Corporate Loss Prevention/Safety Manager. "However, we still need our customers and associates to be alert to possible theft and report any suspicious activity to NEX management or the Loss Prevention/Safety Manager."

NEXs worldwide use electronic article surveillance (EAS) systems for electronic and high value merchandise as well as extensive closed circuit surveillance systems (CCTV) to try and deter as well as catch shoplifters. The CCTV systems, coupled with digital video recorders and remote viewing technology, gives the NEX the ability to see everything within the store and identify incidents of theft.

"CCTV is our primary source for theft detection, as 76 percent of our theft cases were developed using CCTV," said Ruane. "The majority of these theft cases were shoplifting, but we use it extensively for all our investigations. Customers need to think twice before trying to shoplift from a NEX. People caught shoplifting get prosecuted and possibly banned from the NEX or it can end a military career if it's an active duty service member."

Seventy percent of NEX profits go to support Navy quality of life programs while the remaining 30 percent is used to build or renovate existing stores. In FY13, NEXCOM gave nearly \$52 million to Morale, Welfare and Recreation (MWR).

**NCBC Gulfport Commissary
Thanksgiving schedule
Open Monday, Nov. 24, 9 a.m. to
6 p.m.; Closed Thursday and Friday,
Nov. 27 - 28**

See Something Wrong, Do Something Right ...

NCIS has two anonymous ways to report crimes or suspicious behavior with the use of discreet and secure online or texting tip lines. To report information by Cell, text: 1. Text "NCIS" to the short code 274637 (CRIMES) from any cell or smart phone. 2. Receive a response. For example, your alias is S2US. Call 911 if urgent! If replies put you at risk, text "STOP." 3. Begin dialogue. To report information ONLINE: 1. Go to www.NCIS.navy.mil, click on the "Report a Crime" tab and select the icon for "text and Web tip Hotline." ***There is a reward of up to \$1,000 for information leading to a felony arrest or apprehension.

NCBC Helping Hands

WEST HARRISON HIGH SCHOOL PROCTORS

- Volunteers are needed to proctor test exams at West Harrison High School, 10399 County Farm Road, Gulfport, Dec. 1 – 5, Dec. 8 – 12 and Dec. 15 – 17, from 7 a.m. – 3 p.m. Volunteers will serve as test proctors or hall monitors for the testing area. No cell phones will be allowed in testing area. Volunteers are asked to remain at the testing site until each day's testing is completed. Point of contact is Julie Cullinan, 228-539-8900 or email: JCullinan@harrison.k12.ms.us.

SANTA IN THE HARBOR - The city of Gulfport is asking for 45 volunteers, Dec. 20, for "Santa in the Harbor" at the Barksdale Pavilion in Jones Park. Volunteers are asked to arrive at the pavilion by 4 p.m., and be prepared to remain until 10 p.m. During the event, volunteers will help with Santa's toy line, serve refreshments, help at college station and perform other event-related tasks. To volunteer, please contact Brittany Dyess, 228--860-4444.

READING TUTORS - Approximately 20 volunteers are needed to read with children 30 minutes a week at 28th Street Elementary School Mondays - Thursdays from 7:30 a.m. - 1:30 p.m. A teacher will be present in the classroom to offer assistance. Email nancy.miller@gulfportschools.org or call Di-

anna Miller at 228-867-2140. Reading volunteers are also needed at Central Elementary School, Tuesdays through Fridays, with the greatest need being Thursdays and Fridays from 12:25 - 12:55 p.m., and from 1:05 - 1:35 p.m. Email tammie.gray@gulfportschools.org or call 228-865-1933 to volunteer.

DISABILITY CONNECTION - Disability Connection provides support to individuals with disabilities, including military veterans. Volunteers are needed to build ramps and provide home inspections for needed material lists. Point of contact is Ms. O'Keefe, 228-604-4020 or office@disabilityconnection.org.

GULFPORT SCHOOLS NAVAL SEA CADET CORPS - The Gulfport Battalion of Naval Sea Cadet Corps (NSCC) is looking for adult volunteers willing to help the area's youth succeed in life. NSCC is a non-profit, nautically oriented, youth training and education organization which is run by the Navy League with support from the United States Navy. Although a great plus, no prior military experience is required; all we need are adults who are passionate about mentoring America's youth. Point of contact is Lt. Cmdr. Thomas O. Klomps, NSCC, at Region63@juno.com or 850-890-6792.

COAST SALVATION ARMY - Volunteers are

needed for various projects throughout the year. Point of contact is Shawna_Tatge@uss.salvationarmy.org.

HELP SENIORS AND DISABLED CITIZENS Harrison County RSVP needs retired plumbers, electricians, carpenters, skilled and unskilled laborers to join a team of handymen/women. Point of contact is Mag Holland, 228-896-0412.

NAVY-MARINE CORPS RELIEF SOCIETY The NMCRS Thrift Store is experiencing a severe shortage of volunteers. Call 228-871-2610 to volunteer.

USS ALABAMA ALWAYS LOOKING FOR HELP - The Navy is looking for volunteers with construction expertise for a rewarding experience. The battleship USS Alabama anchored in Mobile Bay needs help from individuals that can work with wood, steel, and concrete for work aboard ship and around the grounds. Point of contact is Owen Miller, 251-433-2703 or cell 251-767-0157.

USO GULF COAST - Interested in volunteering? We need volunteers every day to assist at our centers throughout the military community. To become a USO volunteer, you'll need to create a volunteer profile through www.usovolunteer.org. This will allow you to keep track of your hours. Point of contact is Nicole Lewis at nlewis@uso.org.

New to military family housing?

Did you know that OPNAVINST 11320.23G requires housing residents to attend a Fire Safety brief within 30 days of moving into base housing? Briefs, which last no more than an hour, are held in the Seabee Memorial Chapel on the first and third Wednesday or the month at 3:30 p.m. If you have not attended a brief yet, plan to do so. If you are unable to attend, call the Fire Chief, 228-871-3117 to discuss your situation.



Call
1-800-TRICARE (874-2273); Option 1
24 hours a day,
7 days a week

Seabee Memorial Chapel

Religious Services Sunday:

Catholic Mass: 9:30 a.m.
Protestant: 10:30 a.m.
Weekday Mass:
Tuesday: 11:15 a.m.



NCBC Center Chaplain: Lt. Cmdr. Ammie Davis, Chaplain

For more information about Chapel programs, please call the Chapel at: 228-871-2454

Follow the Chapel on Facebook to keep up with the programs and events. Search "Seabee Memorial Chapel," and click "Like"

What's happening at the Chapel?

Sundays

- Protestant Sunday School/Trivium Bowl: 9:15 a.m. (childcare available via volunteers)
- Catholic Mass: 9:30 a.m. (childcare available via volunteers)
- Protestant Service: 10:30 a.m. (childcare/nursery available via volunteers)
- Catholic CCD (Confraternity of Christian Doctrine): 10:30 a.m.
- Club Beyond: 2 p.m. (middle to high school students)
- Beyond Club: 4 p.m. (middle to high school students)

Tuesdays

- Catholic Mass: 11:15 a.m.
- Protestant Bible Study/Bible Bingo: 6 p.m. (childcare/nursery available via volunteers)

Wednesdays

- Praise Break: 11:30 a.m. (30 minutes of praise and worship)

through music)

- Protestant Women of the Chapel Bible Study: noon to 1 p.m. (childcare available via volunteers)

Thursdays

- Catholic Mass: 6 p.m., Fellowship: 6:30 p.m., Bible Study: 7 p.m.

Meetings:

Chapel Council meetings
The Seabee Memorial Chapel Council meetings will meet the last Sunday of each month following service time. This is a time for council members to meet with Chaplain Davis.
Quarterly "State of the Chapel" meetings
The Chapel will hold quarterly State of the Chapel meetings with Chaplain Davis and Father Paddy open to all congregation members.

NOVEMBER 21-27



Outdoor Recreation

**5 NEW
INFLATABLES
to RENT!**

**Visit your
Outdoor Rec
Center to make
your reservation
today!**

**Hot Turkey and Stuffing
Smothered in Gravy
Accented with
Cranberry Sauce
All on a fresh baked
Do'boy!
Choice of Fries or Side Salad**

**THE
GRILL
NOVEMBER
SPECIAL!
~THE GOBBLER~**

MWR DIGITAL THEATER GRAND OPENING November 21st @ 1800

**\$4/Adult \$2 /Child
\$5 /Adult 3-D movie & \$3/Child 3-D movie.
Come opening weekend and receive a coupon for free
admission to any movie the month of December.**

Fitness

**November – April
WINTER POOL HOURS
M-F, 0530-1330 Sat, 1000-1600**

**November – December
10 Mile SWIM CHALLENGE
Sign up TODAY!**

ITT

**Navy vs. South Alabama
Football tickets still on sale for
just \$15 each!**

**Universal Exclusive Promotion
Buy 1 Day Park to Park get
2 Additional Days FREE
\$136.50 AD/ \$130.50/ CH**

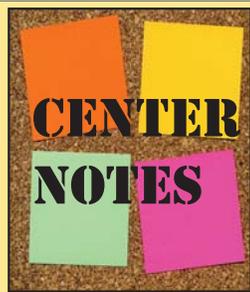
Program Telephone Numbers & Hours

Anchors and Eagles	871-4607	Hours:	Tu-Th 2-6p
Auto Skills Center	871-2804	Hours:	W-Fr 11a-7p, Sat 9a-5p
Beehive	871-4009	Hours:	M-Th 4:30-10:30p, Fr 4:30-11:30p Sat 5-11:30p
CBC Fitness Center	871-2668	Hours:	M-Th 4:30a-8p, Fr 4:30a-7p, Sat-Sun 9a-4p
Aquatics	822-5103	Hours:	M-Fr 5:30a-7:00p, Sat-Sun 9:30a-4p
Child Development Ctr	871-2323	Hours:	M-Fr 6a-5:30p
Free Movie Hotline	871-3299	Hours:	Open 30 min prior to movie showings
ITT	871-2231	Hours:	M-Fr 10a-4:30p, Sat 10a-2p
Liberty Center	871-4684	Hours:	Sun 10a-8:30p, M-Th:10:30a-1:30p & 4-8:30p, Fr 10:30a-1:30p&4-11p, Sat 10a-11p
Outdoor Recreation	871-2127	Hours:	M 8a-1p, Th-Fr 10a-6p, Sat 7a-1p
School Liaison Officer	871-2117	Hours:	M-F 7:30a-3:30p
Shields RV Park	871-5435	Hours:	M-Sat 8a-4p, Sun 8a-2p
The Grill	871-2494	Hours:	M-Fr 7am-1:30pm
Youth Activities Ctr	871-2251		
SAC		Hours:	6-7:30a & 2:00-5:30p
Teen Center		Hours:	M-Th 3:30p-8:30p, Fr 3:30p-9p
Rec Center		Hours:	Tu-Th 5:30p-8:30p, Fr 6p-9p



**Nov 22- 11:00a, WWII Museum
Trip, \$14 Admission
Nov 23 – 3:30p, Ice Skating at the
MS Coast Coliseum, \$10 for 90
minutes
Nov 24 – 7:00p, Monday Night
Football Party FREE
Nov 25 –6:00p, Tournament
Tuesday- FIFA, 1st Place PRIZE
Nov 27 – 5:00p,
THANKSGIVING DINNER, FREE**

FOR MORE INFORMATION, LIKE US ON FACEBOOK, "NCBC MWR"



SUPPORT

Family Readiness Groups

NMCB 1 FRG invites friends and family members to attend FRG meetings the second Monday of every month at the Youth Activities Center, building 335. Meetings are from 6 - 8 p.m. Children are welcome and babysitting is provided during deployment. Contact FRG President Jenny Richter, e-mail nmcbonefrg@gmail.com.

NMCB 11 FRG invites all friends and family members to attend FRG meetings the last Monday of every month at 6 p.m. The meetings are held at the Youth Activities Center on board NCBC Gulfport. Children are always welcomed and child care is provided at no cost. Please join us for fun, food, and to meet and socialize with other NMCB 11 families and friends. For more information, please contact us at nmcb11frg@gmail.com or like us on our Facebook page, NMCB 11 FRG.

NMCB 133 FRG invites all friends and family members to attend FRG meetings the first Monday of the month at 6 p.m. at the Youth Activities Center. Children are welcome and babysitting is provided. Please bring a dish to share. For

more information, contact FRG President Jaime Royal at 317-730-4064 or email NMCB133fsg@gmail.com Log on to the FRG site, <http://www.wix.com/NMCB133FSG/133frg>.

FOCUS

Families Overcoming Under Stress provides resiliency training to service members and their families by teaching practical skills to help meet the challenges of military life, including how to communicate and solve problems effectively and to successfully set goals together. Confidential and free with family-friendly hours, contact FOCUS today! Call 228- 822-5736 or email Gulfport@focusproject.org

Officer's Spouse Club is a social organization that has FUN while helping our community. We meet monthly and have special interest groups for almost everyone! For more information, email goscgulfport@gmail.com or Facebook <https://www.facebook.com/gosc.gulfport>. We hope to see YOU soon!

Navy Wives Clubs of America, Inc., is interested in reestablishing a club in the local area. If you are interested in joining an organization that promotes the health and welfare of any enlisted member of the Navy, Marine Corps or Coast Guard, please contact Darlene Carpenter at 228-342-2271 or Tina O'Shields, 228-357-0513. Visit www.navywivesclubsof-america.org for more information on NWCA.

NMCRS The Navy-Marine Corps Relief Society Thrift Shop is located in building

29 on Snead Street. The Thrift Shop is staffed entirely by volunteers, and child care and mileage are reimbursed. Retail hours of operation are Tuesday and Friday, 9 a.m. - 1 p.m. Volunteers are always welcome. Visit the NMCRS offices at the Fleet and Family Support Center, building 30, suite 103 or call 228-871-2610 to find out how to become a part of the NMCRS volunteer team!

Gamblers Anonymous The Fleet and Family Support Center offers GA meetings every Thursday at 11 a.m. GA is a fellowship of people who share their experience, strength and hope with each other. All meetings are confidential and facilitated by GA. Come to a meeting or call Jim Soriano at 228-871-3000 for details.

TRAINING

Naval Sea Cadets

The Gulfport branch of the Naval Sea Cadets are recruiting youth ages 11 to 17 for Sea Cadets, a nation-wide organization that help youth achieve personal success through nautical training. Meetings are the third Saturday of the month from 8 a.m. until 3 p.m., building 1, 2nd floor conference room. Point of contact is Lt. Cmdr. Thomas O. Klomps, NSCC, at Region63@juno.com or 850-890-6792.

SOCIAL

Miss. Gulf Coast First Class Association is always looking for new members. Meetings are every Wednesday at 2:30 p.m., at the Fitness Center classroom. For more information, contact Association president, CE1 Daniel Shaver, 228-871-2145.

NCBC Multi-Cultural Diversity Committee is seeking members. Meetings are held weekly on Wednesdays at 9:30 a.m., at the Seabee Memorial Chapel. Contact MCDC President, SW2 Crayton at 228-760-1107 or Vice President, CE2 Tandberg, 850-384-7982 for details.

VFW Post 3937 Long Beach - Open Monday - Thursday, noon - 8 p.m., Friday, noon to 10 p.m., Saturday, 7 a.m. - 10 p.m. and Sunday, noon to 7 p.m. Steak Night is every Friday, 5 - 8 p.m., and breakfast is available every Saturday, 7 - 10 a.m. VFW meetings are held the second Wednesday of the month at 7 p.m. New members are always welcome. For more information, contact Post 3937 at 228-863-8602.

Ladies Auxiliary to the VFW 3937 Long Beach

Are you eligible? The Ladies Auxiliary to the Veterans of Foreign Wars 3937 would like to invite you to become a member. Our organization supports veterans, their families and current service members. In order to join, you must be the spouse, mother, daughter, granddaughter or sister of a service member who has served in a foreign war. Meetings are the second Monday of each month at 7 p.m. at VFW Post 3937, 213 Klondyke Road, Long Beach. Contact Carol Fetters, president, at 228-832-4893 for more information.

VFW Post 4526 Orange Grove is open daily from Noon to 10 p.m. and located at 15206 Dedeaux Road, Orange Grove. Meetings are the first Wednesday of the month at 7 p.m. All are

welcome and encouraged to attend. Call 228-832-0017 for more info.

NMCB 62 Alumni Group Naval Mobile Construction Battalion (NMCB) 62 was recommissioned in Gulfport in 1966, and decommissioned in 1989. To become a member or for links to historical sites, visit: <http://nmcb62alumni.org>.

D.A.V. - Disabled American Veterans, Chapter 5 invites Veterans and future Veterans to monthly meetings held the 3rd Monday of each month at 7 p.m. Call Service Officer, Silva Royer at 228-324-1888 to find out more information.

Navy Seabee Veterans of America (NSVA) Island X-1, Gulfport is always looking to add new members. You do not have to be retired to be a member. If interested, contact Eugene Cowhick at eugene.cowhick@navy.mil, 228-871-2488 or Robert Smith at Robert.p.smith5@navy.mil, 228-871-2436. If you are already a member, please join us on the second Thursday of each month at 6 p.m. in the A&E Chiefs and Officers Club, NCBC Gulfport, for the Monthly Island X-1 business meeting. For more information on NSVA Island X-1, visit www.nsva.org.

HERITAGE

The Seabee Gift Store is located in the Seabee Heritage Center Training Hall, building 446. Hours are Monday - Friday, 10 a.m. to 4 p.m. The shop has a variety of Seabee related memorabilia, books and DVD's. For info, contact the museum at www.seabee-museumstore.org or call gift store at 228-871-4779.

AUDRA
SEXUAL ASSAULT SUPPORT GROUP
 AUDRA means "nobility and strength" in French

You don't have to walk this path alone

This group offers a safe, open atmosphere for discussion and activities to facilitate the healing process

For Active Duty females who have been sexually assaulted as adults

Call FFSC at (228) 871-3000



GULF COAST USO
 901 CBC 3rd Street,
 Building 114
 228-575-5224

Free services:
 FAX, Send and Receive:
 228-575-5225, Copies,
 United Through Reading program, Computers with web cams, Internet/email access, X-Box

Office hours: Monday - Friday, 8 a.m. - 4 p.m.

A reminder from NCBC Security:

Holiday Awareness! As the holiday season approaches, remember while shopping or just out and about, park in well-lit areas; don't carry large amounts of cash; keep personal items secured and close to your body while moving through crowds. Try to do bulk shopping for gifts or groceries during daylight hours. Quickly load and unload vehicles and always keep your vehicle secured. Be extra cautious of anyone asking for help, change, directions, etc. Don't be a target! Stay vigilant and aware of your surroundings. Keep personal and physical security at the front of your mind.