



THE SKYLINE



Volume 54, Number 3

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February 4, 2016

On Base...

✓ Cupid's 5K Color Run

Feb. 13 at 9 a.m. at Ponta Creek Community Rec Complex. Register online at www.navymwrmeridian.com

✓ Friends of Bill AA Meeting will occur

every Wednesday at the NAS Meridian Chapel at 5 p.m. These are "open" meetings and available to anyone with base access. For information, contact the Chapel at 601-679-3635 or HM1 Bobbi Coleman-Johnson at 601-679-2209.

✓ The Smoothie Shop opens inside McCain Rec Center

Hours of operation are Monday, Tuesday & Thursday from 4-8 p.m.; Friday and Saturday from 4-9 p.m. Closed Wednesday & Sunday. The shop offers a variety of fruit flavored goodies, hotdogs, soft pretzels and nachos.

✓ 9-Pin No Tap Tournament

No registration needed. Event is on the last Saturday of each month. Students only at 3 p.m.; all other MWR patrons at 6 p.m. Call 601-67-2651 for more information.

A Day in Naval History

February 5

1971: Apollo 14 astronauts Capt. Alan B. Shepard Jr., commander, and Cmdr. Edgar D. Mitchell, lunar module pilot, become the fifth and sixth humans to walk on the moon.

February 8

1984: Naval Aviator/Astronaut Bruce McCandless II makes the first untethered spacewalk as he flies some 300 feet from the Space Shuttle Challenger in the first test of the Manned Maneuvering Unit (MMU).

1991:

As part of Operation Desert Storm, USS Wisconsin (BB 64) attacks a dozen Iraqi artillery emplacements with 36 rounds of its 16-inch guns in support of a Marine reconnaissance probe into occupied Kuwait.

February 9

1960: USS Sargo (SSN 583) becomes the third submarine to surface through the ice at the North Pole.

www.history.navy.mil

"The Skyline" is a Russell Egnor Navy Media Award recipient for Best Metro Newspaper

Desert Storm 25 year later...

Curator of the Navy recalls war's first night

By Sam Cox

Rear Adm. USN, Ret.
Director, Naval History and Heritage Command

Editor's Note: At the time Desert Storm began, NHHC Director Sam Cox was an active duty lieutenant commander, serving as an assistant intelligence officer on the staff of Vice Adm. Stan Arthur who commanded the U.S. Seventh Fleet and U.S. Naval Forces Central Command embarked on the command ship USS Blue Ridge operating in the Arabian Gulf.

"General Quarters! General Quarters! All hands man your Battle Stations!"

0230 January 17, 1991 – This time, it was for real. It wasn't a surprise. I'd been lying awake in my bunk in the midnight hours, waiting for it. The "Mother of all Battles" was about to begin, and we were going to start it.

Waiting for the war to begin, I was unable to sleep, so I was re-reading some letters from my wife as well as one my father sent me

● Desert Storm, page 10



From photo <http://usnhistory.navylive.dodlive.mil/gulf-war>

A Fighter Squadron 114 (VF-114) F-14 Tomcat aircraft flies over oil well fires still burning in the aftermath of Operation Desert Storm, January 1991.

"Where were you and what were you doing on Jan. 17, 1991?"



Col. Kris Gianakos
Retired U.S. Air Force

"I was with the 23rd Fighter Wing flying an A-10 Thunderbolt II. We were orchestrating the technical portion of breaking out the frag for the air arena."



CMDCM Jonas Carter
NAS Command Master Chief

"I was in my senior year at Tecumseh High School. I had committed to joining the Navy in the AECF Program with a FC rate guarantee. This particular night of "shock and awe," I had stayed up and watched the events unfold until well after midnight on TV. Although I was not yet on active duty, I felt a sense of pride knowing that I was less than six months away from officially serving my country."



Maj. David Hammes
Retired U.S. Air Force

"We got a call at 2 a.m. that our squadron was being deployed to Turkey to get involved in Desert Storm. I was the supervisor of flying and our missions were into Northern Iraq."



CMDCM Jimmie Carter
NTTC Command Master Chief

"I was OS2 (SW) Carter aboard the USS Boone (FFG 28) stationed in Mayport, Fla. We had returned from the Persian Gulf region in January 1990 and deployed again in September 1991 for Blue Nose-Artic Circle cruise. I was the command's assistant PRT coordinator, chart petty officer and air interceptor controller."



Kelvin Williams
NAS Fire & Emergency Services Training Chief

"I had just joined the Navy nine months before and was stationed at NAS Jacksonville as a damage controlman fireman. I was waiting for my orders for deployment aboard the USS Leyte Gulf (CG 53)."

Navy Supply Corps School seeks deckplate leaders

By Lt. Jason Potvin

Navy Supply Corps School Public Affairs

NEWPORT, R.I. (NNS) -- Calling all hard charging and motivated chief petty officers within the Logistics Specialist (LS), Ship Serviceman (SH) and Aviation Administrationman (AZ) rates!

The Navy Supply Corps School (NSCS) is looking for chief petty officers who have distinguished themselves within their rate and are recognized as "role model" deck plate leaders to help train the Navy's newest Supply Corps officers as well as fleet Sailors.

If a chief petty officer truly wants to have a "global impact" the Navy Supply Corps School offers deck plate leaders the opportunity to train and influence Supply Corps division officers, senior enlisted leaders, department heads as well as senior department heads before they assume their roles throughout the fleet.

Furthermore, NSCS provides numerous "short courses" in R-Supply, Expeditionary Logistics, RESMART, Joint Aviation and Maintenance Material Management to name a few that support Sailors and Marines from throughout the fleet.

There are few commands within the Navy that offer chief petty officers the opportunity to truly influence future and existing leaders on a such a global scale.

NSCS is located right in the heart of Newport overlooking the Pell Bridge and Narragansett Bay on Naval Station (NAVSTA) Newport.

This beautiful scenic area of New England offers a wide variety of liberty options such as easy day trips to New York City, Boston and scenic areas within Maine.

In addition to a challenging and rewarding professional environment, duty at the Navy Supply Corps School provides staff members rewarding quality of life for both themselves and their families.

While the winters do tend to get cold with snow, the spring, summer and fall offer one of the most desirable climates with incredible vistas proving why Newport is such a popular tourist destination.

Due to the impact and importance of the command's mission, everyone

● Supply, page 9

New Ombudsman



Denika "Nikki" Thursby, left, NTTC Meridian new Ombudsman is pictured with Kathleen Fryar, NAS Meridian's new Ombudsman. The two recently completed Ombudsman training at Fleet and Family Support Center. Thursby can be contacted at 601-479-8489 or by e-mail at nttcombudsman@gmail.com. Fryar can be reached at 601-679-2360 during working hours of 8 a.m.-4:30 p.m. and anytime at nasmeridianombudsman@gmail.com.

Look Inside

~ Page 5 ~
Marines present arms at Arlington National Cemetery



~ Page 8 ~
Navy's newest Sailors become US citizens



~ Page 9 ~
The Art of Intimacy





Photo of Week



Photo by MC3 Andre T. Richard

Aviation Ordnanceman Airman Valentin Sanchez and Aviation Ordnanceman 3rd Class Zack Smith prepare launchers for F/A-18E Super Hornets on USS John C. Stennis' (CVN 74) flight deck, Jan. 28. Providing a combat-ready force to protect collective maritime interests, Stennis is operating as part of the Great Green Fleet on a regularly scheduled Western Pacific deployment.

Final Report: No evidence of shots fired at NMCS D

SAN DIEGO (NNS) -- Updated 3:45 p.m. PST - Naval Medical Center San Diego (NMCS D) operations have lifted the Shelter in Place Order and personnel are permitted to move about the Facility, with the exception of Building 26, where the investigation continues into today's event.

Patient care and access to the NMCS D facility is resuming.

According to initial reports of a single witness, at approximately 8 a.m. this morning three shots were reportedly heard in the basement of Building 26, a combination gym/barracks/administrative facility located on the grounds of the

Navy's Medical Center Balboa Park facility.

The ensuing response and investigation by first responders and Navy working dog units, including offices of local federal, state and city authorities, determined that no evidence could be found of shots fired and there were no casualties.

The intensive and thorough search of Building 26, as well as the grounds and additional buildings located on the grounds of NMCS D, did not reveal anything unusual after the initial witness report was made.

From Commander, Navy Region Southwest Public Affairs

"Give Parents A Break" and "Parents Night Out" guidelines; dates set

Military families are subject to unique stressors associated with military life, including deployments, remote tours of duty, and extended working hours.

The "Give Parents a Break" program is designed to give family members a short break from parenting in order to help them deal with these types of stressful situations. Installation child and youth programs have previously offered different types of respite care services. The GPAB program is designed to standardize respite care services at all installations operating child and youth programs.

Active duty military families who are deployed, on a remote tour, or on an extended TDY of 30 or more days (to include Air Guard and Air Force Reserve members activated under Title 10 USC for 15 days or longer) are authorized to utilize "Give Parents a Break." Care is free for

those authorized.

Please bring a copy of the military members of orders documenting the deployment and a copy of the child(ren)'s immunization record.

For those families not qualifying for "Give Parents a Break," The center offers a program entitled "Parents Night Out." The fee for "Parents Night Out" is \$16 per child. For those using the "Parent's Night Out" program they must register by contacting the Child Development Center at 601-679-2652. When registering please bring a copy of your child's immunization record. All payments are due by close of business the Monday prior to the event.

Program dates are as follows for 2016:
Feb. 4, 11, 18, and 26
March 3, 10, 17, and 25
April 7, 14, 21 and 29
Times for the program are 6-10 p.m.
--From CYP staff

Area Happenings

FEBRUARY

4: Impromptu Piano Quartet in concert at noon at St. Paul's Episcopal Church, 1116 23rd Ave., Meridian. Admission is free. For more information, call 601-693-2502.

4: Wine Tasting & Silent Auction at Weidmann's Restaurant in downtown Meridian at 6:30 p.m. Wines from Gallo will be featured. All proceeds will benefit the American Cancer Society. Tickets are \$25. For information, call 601-562-4830.

6: Meridian Mardi Gras Festival and Parade in downtown Meridian from 11 a.m.-5 p.m. at City Hall Lawn. for more information call Meridian Main Street at 601-693-7480.

12: MSU Riley Center hosts The Adventure of Sherlock Holmes at 7:30 p.m. Top British and American stage actors bring the fabled London investigator and his Victorian London milieu to vivid life in this witty, fast-paced production. Tickets: \$27 and \$21. Go to: <http://www.msurileycenter.com/>

20: Meridian Symphony Orchestra Meets Motown at the MSU Riley Center. Preconcert party at 6 p.m. Show at 7 p.m. Award-winning Spectrum draws upon the talent of four radiant voices and diverse personalities to form a first-class vocal quartet. After spending six stellar years recreating the sound and style of the Four Tops in award-winning Las Vegas productions, they have developed the awesome versatility to cover the music of groups from The Platters to The Temptations to Boyz II Men. All seats \$50. Call 601-693-2224 or go to: <http://www.meridianso.org/index.cfm/events/mso-meets-motown/>

28: Elegance Ballroom and DFU hosts World Famous Dancer of Argentinian Descent Oscar Flores who will teach 45 minute into class at 6 p.m. at Elegance Ballroom, 2208 Front Street, Meridian. \$40 per person. For more information, email mizmjoyner@yahoo.com

26-March 2: Meridian Little Theatre presents "Rex's Exes" at the Highway 39 Playhouse, Meridian at 7:30 p.m. nightly with a 2 p.m. matinee on Feb. 28. The hilarious sequel to "The Red Velvet Cake War" features the Verdeen family and a new brew of outlandish characters. Tickets are \$20 adults, \$18 senior, military & youth. For more information, call 601-482-6371. (No play on Feb. 29)

27: Kountry Wayne & Friends in concert at Meridian Temple Theatre. "Laughing 2 D Bank Comedy Show" featuring Kountry Wayne & Friends. Hosted by Solo, Spike Davis, Whodi, Freddie V and Da Performer! Show starts at 8 p.m.; Doors open at 6 p.m. General Admission: \$20. VIP \$40. Tickets available at Ticketmaster.com; Wing Shack, Sam's Fashion, Meridian Underground & Temple Theatre Box Office

ONGOING

MOPS (Mothers of Preschoolers) group provides emotional, spiritual and practical support to mothers of preschoolers. Expectant mothers and mothers of preschoolers are invited to the meetings on the second and fourth Thursdays of the month from 9:30-11:30 a.m., at Fifteenth Avenue Baptist Church. Child care provided for ages newborn to five. Visit us on Facebook at Fifteenth Avenue MOPS for meeting details or call 757-574-2557. Fees: Free for first meeting, only \$50 a year to become a member. Military discounts available.

Fleet Reserve Association local FRA branch holds monthly meetings the last Sunday of every month at 2 p.m. For more information visit FRA Branch 264 on Facebook or 8874 Hwy 39 North, Meridian. Open Monday-Wednesday 2-7 p.m.; Thursdays 2-10 p.m.; Friday 2 p.m.-1 a.m.; Saturday noon-1 a.m.; and open at noon on Sundays. Thursday Ladies Nite begins at 7 p.m.; and Saturday Karaoke Nite begins at 8 p.m. Free billiards and shuffleboard. Burgers & Dogs on Sunday at 2 p.m. Monetary donations appreciated for Sunday food. This is a great way for both young and old to share experiences and fellowship. For more information contact Ricky Nelson at 601-917-1007.

NAS Pensacola changing access to museum, lighthouse, Fort Barancas

PENSACOLA, Fla. Effective Feb. 1, 2016, all unescorted visitors to the National Naval Aviation Museum, Fort Barrancas and Pensacola Lighthouse who do not possess a DOD identification card, will be required to enter the installation via the West Gate (Blue Angel Parkway)

Naval Air Station (NAS) Pensacola Commanding Officer, Captain Keith Hoskins stated "The safety and security of everyone who works, lives or visits NAS Pensacola is my priority. This change will bring the installation in alignment with security directives issued by the Secretary of the Navy and are not in response to any specific threat."

NAS Pensacola's main gate (Navy Blvd.) will be open to all employees, military and DOD cardholders, as well as previously vetted personnel who possess a valid visitor's pass. Visitors to Barrancas National Cemetery will be vetted upon arrival at the Visitors Information Center, Bldg. 777 at the Main Gate.

From NAS Pensacola Public Affairs

February offers plenty of sweet commissary savings

By Sallie Cauthers

DeCA marketing and mass media specialist

FORT LEE, Va. -- Be it for the Super Bowl, Valentine's Day or whatever your heart's desire, service members and their families will find special in-store promotions and coupons, according to the Defense Commissary Agency's director of sales.

"In addition to Valentine's Day promotions, we have sales events centered around family reunions, free groceries for the year and pro football's biggest game," said Tracie Russ, DeCA's sales director.

As they prepare to hit their commissary for discounted items, shoppers can also check out commissaries.com for Rewards Card coupons, the commissary's sales flyer and a list of value brand items designed to offer savings lower than or equal to commercial stores' private label products.

During February, DeCA's industry partners -- vendors, suppliers and brokers -- are collaborating with commissaries to offer discounts beyond everyday savings. Also, the Exclusive Savings link, <http://www.commissaries.com/partners.cfm>, has more coupons, specials, promotions, sales and healthy recipes.

Overseas stores may have substituted events for certain promotional programs. Customers are asked to check their local commissary for details on dates and times for the following promotions:

- Free groceries for a year. Patrons in stores worldwide who purchase any four Kellogg's, Keebler, Kashi or Cheez-It products (4.4 oz. or larger, any flavor, mix or match), with their Commissary Rewards Card will be automatically entered for a chance to win free groceries for a year (awarded as \$6,000 in Commissary Gift Cards). The contest runs from Jan. 15 to Feb. 15.
- From Feb. 15 to March 11, patrons worldwide who buy two packaged cof-

ees from Folgers or Dunkin Donuts in one transaction and present their Commissary Rewards Card for scanning will be entered to win one of seven Apple iPad Air 2 devices. Full details will be available Feb. 15 at <https://deca.couponselectionpage.com/offers/all>.

- In celebration of Nestlé's 150th anniversary, stateside shoppers will have the chance to win the "Ultimate Family Reunion" worth \$15,000. From Feb. 5 to 18, patrons will find entry forms and drop boxes at their local commissary. Shoppers can also visit nestlefamily.com to obtain recipes, post family gathering stories, photos and have a chance to win other daily prizes through Twitter and Instagram via #nestlefamily-sweepstakes.

- Kellogg's and NASCAR are once again racing to support military children at the Daytona 500. From Feb. 19 to March 5, shoppers worldwide will see savings on a package of name brands to include coupons with some of the proceeds going to support Scholarships for Military Children.

- From Feb. 19 to March 18, the J. M. Smucker Company will present its 11th "Serving Our Country's Finest" event for February. A variety of Smucker fruit spreads, Hungry Jack breakfast items, Folgers coffee, Dunkin Donuts coffee and Jif peanut butter will be participating in this in-store promotion. Smucker's will donate \$10,000 to Fisher House for the Scholarships for Military Children fund. Stores worldwide will have details for in-store giveaways.

"We have a lot of promotions this month in your local commissary, but don't forget, Valentine's Day is right around the corner, and we have sweets for your sweet! Stop by your commissary and pick up all you need for a memorable home-cooked Valentine's Day dinner -- or dessert! -- and you can't go wrong," Russ said. "You'll get great food at great prices, and your Valentine and wallet will be happy."

The Skyline ~ Naval Air Station Meridian, Miss.

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Retirement



Photo by MC2 Casey H. Kyhl

Capt. Scott Bunnay presents ABE1 Juan Delgado with a Navy Commendation Medal at his retirement ceremony Jan. 28.

Reenlistment



Photo by MC2 Casey H. Kyhl

Capt. Scott Bunnay presents ABE2 Anthony Evans with a reenlistment certificate at a ceremony Jan. 28. Evans reenlisted for four years.

Good Conduct



Photo by MC2 Casey H. Kyhl

Capt. Scott Bunnay presents ABE3 Jenashia Henderson with a Good Conduct Award during awards quarters Jan. 18.

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Bowling with 'The Goatlocker'

The Chief's Team, The Goatlocker, dressed as Minions during a recent bowling game at McCain Rec Center.

Submitted Photo

Corpsman to doctor: One man's journey from enlisted to officer

By MC1 Timothy Walter
Navy Recruiting District Nashville
Public Affairs

It started with a television commercial in 1999 that had a simple slogan: "Let the journey begin."

Paul Hannam, then 17 years old, was working at McDonald's.

He had recently moved from Jamaica to Maryland and was trying to figure out his future. As he sat on his couch, a commercial for the U.S. Navy came on and happenstance stepped in.

"It could have easily been a commercial for the Army, Marine Corps, or Air Force, but at that time it was Navy, Hannam said. "That is all it took. That commercial came on and I knew I wanted to join the military."

He admits now, he had a limited knowledge of military life but he knew he wanted to work in medicine. The recruiter suggested the rate of hospital corpsman. Then he took the Armed Services Vocational Aptitude Battery (ASVAB).

"I had just passed the ASVAB and the recruiter looked at me and said, 'Your score is really good. Do you want to try for something else?'" Hannam

recalled. "I said, 'I want to be a corpsman.'"

For Hannam, the Navy gave him opportunity that changed his life. One that set him on path to learn, excel and, in his case, become a doctor of medicine.

As an active-duty hospital corpsman, he served at stations in Japan, North Carolina and Iraq. He also became a citizen when he said the Oath of Allegiance in Charlotte, North Carolina.

As he served, his love of medicine grew and eventually he had to make a decision on his next step. So he applied to High Point University in North Carolina and was accepted. He continued his service in the Navy Reserve and went on to earn a degree in biology with a minor in chemistry.

He was later recalled to active duty, and during that tour in Norfolk, he received word that he was accepted to medical school at Meharry Medical College in Nashville.

It was a dream he achieved through sacrifice. He left the Navy Reserve in 2013 in order to focus on his studies.

"I love the Navy; I didn't want to get out," he said. "I always

dreamt of going back as an officer. Maybe to help an enlisted person in the same position as me to guide them back to school to help realize their dream."

He didn't stray from that dream either. When he completed his studies and become a doctor, he made a call to Navy Recruiting District Nashville and learned about the Training in Medical Specialty (TMS) program.

A short while later, as Hannam spoke to the officer recruiter, he had a surreal feeling as he heard him say, "Congratulations, you got in."

He calls it a pivotal moment in his life that made him truly appreciate his journey from enlisted to officer.

I know that from this moment on whenever I'm in my uniform, that will mean something specific to every enlisted person that I am around," Hannam said.

"It is humbling because I realize that I have a lot of responsibility not only to myself and my Navy but everyone under my command. So it's definitely something that I will wear with pride but also humility."

Recently, Hannam took the Oath of Office and was commis-



Photo courtesy of All Hands Magazine online

Hannam, right, recites the officer's Oath of Office.

sioned as a lieutenant in the Navy Reserve Forces during a ceremony at Navy Recruiting District (NRD) Nashville headquarters.

Now with a wife and three young boys, he said he is excited for the future of his own continued naval service and perhaps that of his children.

"I hope if they do join the military that they will be Sailors,"

he said.
NRD Nashville is one of 13 districts that make up Navy Recruiting Region East. More than 100,000 square miles are assigned to NRD Nashville including counties in Tennessee, Arkansas, northern Alabama, northern Georgia, northern Mississippi, southern Kentucky and Southwestern Virginia.

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Navy COOL mobile app now available

PENSACOLA, Fla. (NNS) -- Sailors can now access several tools and resources found on Navy Credentialing Opportunities Online (COOL) via their mobile devices with a new Navy COOL application that launched Jan. 28.

The Navy COOL app, available for both Android and iOS/Apple devices, is designed to help Sailors, both enlisted and officer, to find information on credentialing, career development, and civilian crosswalks related to their military occupation.

"This new app provides an expanded capability for Sailors to help them translate the skills they've learned on the job into civilian credentials, career growth opportunities and related civilian occupations," said Keith Borning, Navy COOL program manager. "The app is a great complement to our newly redesigned website and provides extra features that I think Sailors will find handy to have at their fingertips."

Besides credentialing information, the app provides enlisted members with Learning and Development Roadmaps (LaDRs), which are rating-specific online guides that explain in detail what Sailors need to succeed at specific points in their career. Additional app features include snapshots of related civilian occupations and United Services Military Apprenticeship Program (USMAP) trades, along with generic joint service transcripts associated with each enlisted Navy rating.

Rating Information Cards also provide summary information such as school locations, training time, quali-

"The Navy COOL app is another valuable tool that will provide training and resources to our Sailors to support their Navy career and beyond"

Rear Adm. Mike White
Commander, Naval Education and Training Command

fications and working environment. These and the other features within the app are particularly useful for recruiters and career counselors, especially when they are on the go, as they advise potential recruits and Sailors of professional options available to them.

"The Navy COOL app is another valuable tool that will provide training and resources to our Sailors to support their Navy career and beyond," said Rear Adm. Mike White, commander Naval Education and Training Command. "We want to ensure, especially with today's younger generation that we're giving them the means and tools to access information wherever they are, when they want

it and in ways they find most convenient for them."

For enlisted Sailors and veterans who are not using Navy COOL to fund credentialing exams and fees, the app also provides a gateway to Department of Veterans Affairs GI Bill funding options.

The Navy COOL app is a bring-your-own device (BYOD) tool designed to work on personal devices outside of the NMCI domain. Users can download the Navy COOL app from the Apple store and Google Play Store at no cost. The Navy COOL app is the latest in a series of apps produced by the U.S. Navy Sea Warrior Program (PMW 240). Other recent apps include the Final Multiple Score Calculator, Operations Security General Military Training (GMT), and Domestic Violence GMT.

To find the free Navy COOL app, search "Navy COOL" in app stores or in your web browser.

The Navy COOL office is located at the Center for Information Dominance (CID) at Naval Air Station Pensacola Corry Station. CID is the Navy's learning center that leads, manages and delivers Navy and joint forces training in information operations, information warfare, information technology, cryptology and intelligence.

For more information on Navy COOL, visit <https://www.cool.navy.mil/usn/>.

For more information on the Naval Education and Training Command, visit the NETC website at <http://www.netc.navy.mil>.

From Naval Education and Training Command Public Affairs

Blame El Niño for chills, not thrills and spills

I had no business getting on that sled.

A middle-aged Navy wife and mother of three, I should've been at the bottom of the hill taking pictures. But when my base neighbor handed me a red saucer after I'd been cooped up watching Jonas drop a foot and a half of snow on the hill behind our house, I really had no choice in the matter.

I'd come outside to let our yellow Lab, Moby, out for a romp with all the sleds, and that's when another military spouse approached me holding two plastic saucers.

I probably should have politely declined the invitation to sled with her, but Navy wives are known for their camaraderie, and I wasn't about to let her down. Placing the sled under my backside, I plopped down and lifted my boots in the air.

The rest is a bit of a blur.

Halfway down the steep embankment, Moby and his head - which is kind of like a cinder block covered with fur - came from out of nowhere. BAM! After the big cartoon star in my head disappeared, I realized, he was trying to pull me off the sled by my chin-strapped hat.

At the bottom of the hill, Moby finally pulled me

free of the saucer, ripping a hole in my new coat and nearly strangling me in the process. But in his well-intentioned pear-brain, he had saved my life, and treats were in order.

Before I had a chance to realize what had happened, I heard the crowd of sleds laughing hysterically. I laughed too, until an hour later, when I saw the bright purple shiner over my right eye. And you know the strangest part? I'd probably do it again. In a heartbeat. What kind of idiot am I that, at 49 years of age, I think the ten-second saucer ride that produced a black eye was a good choice?

There must be something deep in our human psyche that compels us to thrill-seek in the face of obvious risks of great bodily harm. Every winter freeze, we strap on skis, skates, and sleds, and willingly place our fragile flesh and bones at the mercy of

gravity and frozen water, knowing full well what might happen.

We could blame El Niño for our idiocy. After all, this mysterious warming of equatorial Pacific ocean water that affects trade winds, jet streams and weather systems has arguably caused blizzards, hurricanes, tropical cyclones, drought, mudslides, poor crop yield, floods, famine, and dying coral reefs. Why not blame him for our stupidity too?

Those of you stationed in warmer parts of the world like California, Florida and Hawaii shouldn't be so quick to pass judgment. Even though the only snow you see is in a cone and has blue raspberry syrup on it, you are not immune to weather-related thrill-seeking mishaps.

In fact, a couple of weeks ago in sunny California, 48-year-old surfing legend Garrett McNamara broke his arm and dislocated his shoulder falling off the face of a record breaking 50-foot wave that was brought on by El Niño-related storms.

So there.

Unfortunately, El Niño can't take all the heat (see what I did there?) for our poor choices. Apparently, the human drive to danger is not related to extreme weather events, but rather,

to our brain function. In a psychologytoday.com article entitled "Thrill-Seeking: What Parts of Your Brain Are Involved?" Susan Heitler, PhD states that highly addictive "happy chemicals" such as adrenaline and dopamine are triggered when we sense danger or a thrilling challenge.

I'm not so sure chemicals or El Niño had anything to do with my decision to get on that red saucer. It could've been a pathetic cry for attention, a life-long need to fit in, lingering childhood insecurities, or maybe deep-seeded fears of the inevitability of death.

Or maybe, I was just being an idiot.

Regardless, tomorrow, black eye and all, I'm going on a ski trip with my family, even though none of us is coordinated enough to avoid falling repeatedly. But we are smart enough to know one thing at least: We'll never let all that tedious science get in the way of our wintertime fun.

A 21-year Navy spouse, Lisa Smith Molinari and her family are currently stationed in Newport, R.I. Her self-syndicated columns appear on her blog, www.themeatandpotatoesoflife.com and she recently co-authored *Stories Around the Table: Laughter, Wisdom, and Strength in Military Life*. Follow Lisa@MolinariWrites.

COLUMN



Lisa Smith Molinari



Lisa's daughters, Anna and Lilly, sledding several years ago.

Submitted Photo

Saint Patrick Catholic School est. 1873

www.stpatrickcatholicsschool.org

2700 Davis Street, Meridian
601-482-6044

Antioch Missionary Baptist Church
10638 Antioch Rd • Daleville, MS 39326 | www.amb-church.net

APOSTLE CLEVELAND HAYES, SR., PASTOR

THEOLOGY SCHOOL CLASSES

BIOT 714 The Book of Ruth – Dr. Debra Brewer
February 11–13 (Registration deadline 2/1/16)

BIPT335 Experiencing & Encountering Holy Spirit
Dr. Larry Keefauver March 10-12 (Register by 3/1/16)

Dot Stamps, Academic Dean 601-480-5417; 601-483-7535
Office Administrator: Mrs. Redia Cannon 601-917-1368

Directions from I-20/59 & Meridian: Take exit 154 off I-20/59, then Hwy 39 N for approx. 20 miles, turn right on Hickory Grove Rd, continue 1.2 miles, turn left on Antioch Rd. The Church is on the right.

Navy Housing **HOUSING ASSISTANCE CONTACT INFORMATION**

NAS MERIDIAN HOUSING SERVICE CENTER
718 GILL STREET
MERIDIAN, MS 39305
HOURS: MON-FRI 7 A.M.-3:30 P.M.
PHONE: (601) 679-2520
EMAIL: MERIDIANHOUSING@NAVY.MIL

NAS Meridian CSADD chapter meets every Thursday of the month at 2:15 p.m. in the Air Operations conference room. CSADD is the Coalition of Sailors Against Destructive Decisions. It is for the Sailors by the Sailors. Topics discussed include drug abuse, suicide prevention, drinking and driving, and much more. CSADD is open to all E5 and below.

KEEP CALM AND JOIN CSADD

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Pfc. Jerome Carter
MATSS-1 Student

Hometown: Niagara Falls, N.Y.

Hoping to travel the world and become a better man, Carter enlisted in the U.S. Marine Corps.

He is currently enrolled in the Aviation Supply Specialist course at Marine Aviation Training Support Squadron One.

“My most memorable moment in the Marine Corps was my boot camp graduation,” Carter said. “It was the most important step towards my future as a Marine.”

In his spare time Carter enjoys writing and drawing and hopes to be stationed in Hawaii or California.

His parents, Tanisha and LaCory Edwards and siblings Janiya, James, Raymond and Brandon all support his military career, but Carter most looks up to his brother Brandon, who has been a role model to Carter.

OOORAH!



Pfc. Jared Lewenson
MATSS-1 Student

Hometown: Collegeville, Penn.

Pfc. Lewenson joined the Marine Corps Aug. 24, 2015, to seek self-improvement, to be challenged and to be more disciplined.

Currently enrolled in the Aviation Supply Specialist course at Marine Aviation Training Support Squadron One, his most memorable moment in the Marine Corps was seeing the “We Make Marines” sign on the hike back from the Crucible.

“I admire my mother very much,” said Lewenson. “She’s always looked out for me, was always there when I needed her and taught me important life lessons.”

His family includes his brother, Aaron, and his parents, Marci and Stephen Lewenson.

Looking forward to going on deployments and traveling the world, Lewenson is hoping to be stationed in Miramar, Calif., or Hawaii.

Ambassador Kennedy makes first visit to MCAS Iwkauni

By Sgt. Antonio Rubio
Marine Corps Air Station Iwakuni, Japan

MARINE CORPS AIR STATION IWAKUNI, Japan -- Caroline B. Kennedy, U.S. ambassador to Japan, made her first official visit to Marine Corps Air Station Iwakuni, Japan, Jan. 28.

Kennedy visited the MCAS Iwakuni’s community to witness the ongoing transformation of the air station through the multitude of construction projects costing more than \$1 billion a year, driven by the Defense Policy Review Initiative.

The initiative strengthens interoperability and communication between the two countries by redefining roles, missions, and capabilities of alliance forces and outlining key realignment and transformation initiatives, including reducing the number of U.S. troops stationed in Okinawa.

“Certainly, visiting Japan has given me a real understanding of what we have invested here – how strong and important our alliance is,” said Kennedy.

Kennedy first visited the air traffic control tower to observe extensive construction on the site.

Kennedy then visited Marines with Marine Aerial Refueler Transport Squadron 152. While at the squadron’s hangar, Kennedy viewed a KC-130J Super Hercules aircraft, gaining an understanding on the multiple capabilities of the aircraft in the Pacific theater.

“It’s nice to see a government official come down – take time out of her day – to come speak with the Marines and tell us how important the mission that we are doing is for the United States of America,” said Gunnery Sgt. Michael Forest, VMGR-152 squadron gunnery sergeant.

She commended the Marines on their efforts in supporting and fostering better relations between Japan and the U.S.

“The U.S.-Japan alliance is the cornerstone of the future,” said Kennedy. “I hope you all realize the choices you are making and how proud of you the embassy is to work with our colleagues in the military on a daily basis. Thank you all for your service.”



Photo by Cpl. Nicole Zurbrugg

Caroline B. Kennedy, U.S. ambassador to Japan, speaks to Marines with Marine Aerial Refueler Transport Squadron 152 (VMGR-152) at Marine Corps Air Station Iwakuni, Japan, Jan. 28. This is Ambassador Kennedy’s first official visit to MCAS Iwakuni. While at the squadron’s hangar, Kennedy viewed a KC-130J Super Hercules aircraft, gaining an understanding on the multiple capabilities of the aircraft in the Pacific theater. This visit also helped the ambassador better understand MCAS Iwakuni’s community and witness the ongoing transformation of the air station through the multitude of construction projects.

MARINE CORPS AIR STATION NEW RIVER, NORTH CAROLINA



Photo by Lance Cpl. Luke Hoogendam

Marines with U.S. Marine Corps Forces, Special Operations Command dive out the back of a MV-22B Osprey with the goal of hitting their pre-designated landing zone with Marine Medium Tiltrotor Squadron 365 at Marine Corps Air Station New River, North Carolina, Jan. 21, 2016. The squadron supported Marine Raiders by conducting high altitude low opening jumps as well as static line jumps to allow them to train for future operations.

ARLINGTON NATIONAL CEMETARY, VA.



Photo by Cpl. Chi Nguyen

Marines from Marine Barracks Washington, D.C., present arms during the funeral for a Vietnam War and Marine Corps veteran at Arlington National Cemetery, Va., Jan. 26.

Safety & Energy Efficiency is Our Duty

Save energy with the right water heater

When selecting a new water heater for your home, choose a water heating system that will not only provide enough hot water but also that will do so energy efficiently, saving you money. This includes considering the different types of water heaters available and determining the right size and fuel source for your home.

Types of Water Heaters

It’s a good idea to know the different types of water heaters available before you purchase one:

- Conventional storage water heaters offer a ready reservoir (storage tank) of hot water

- Tankless or demand-type water heaters heat water directly without the use of a storage tank

- Heat pump water heaters move heat from one place to another instead of generat-

ing heat directly for providing hot water

- Solar water heaters use the sun’s heat to provide hot water

- Tankless coil and indirect water heaters use a home’s space heating system to heat water

Selection Criteria

When selecting the best type and model of water heater for your home, consider the following:

- Fuel type, availability and cost. The fuel type or energy source you use for water heating will not only affect the water heater’s annual operation costs but also its size and energy efficiency. See below for more on selecting fuel types.

- Size. To provide your household with enough hot water and to maximize efficiency, you need a properly sized water heater. Visit the

pages on different types of water heaters (linked above) for more on sizing.

- Energy efficiency. To maximize your energy and cost savings, you want to know how energy efficient a water heater is before you purchase it. Visit the pages on different types of water heaters (linked above) for more on estimating energy efficiency.

- Costs. Before you purchase a water heater, it’s also a good idea to estimate its annual operating costs and compare those costs with other less or more energy-efficient models. Visit the pages on different types of water heaters (linked above) for more on estimating costs.

The type of water heater you choose will also affect your water heating costs. One type of water heater may use a fuel type more efficiently than another type of water heater.

Car Fire Safety

With the cold temperatures welcoming us in the mornings, starting our vehicles to help defrost the windshield has been a priority. Keep in mind, the cold temperatures could cause some damage to your vehicles over time. Vehicle fire safety is very important this time of year.

To ensure your vehicle remains safe to drive and operate, follow these steps to help prevent vehicle fire or mishaps.

- Have your car serviced regularly by a professionally trained mechanic.
- Check for loose wiring or any electrical problems including a fuse that blows more than once.
- Check for oil or fluid leaks
- Ensure the oil cap is on securely
- Be aware that rapid change in fuel, fluid level, or engine temperatures can lead to a vehicle fire or accident.
- If you must transport gasoline, only transport a small amount of fuel in a certified gas can that seals. Ensure your window is down to allow for ventilation.
- Gas cans and propane cylinders



should never be transported in the passenger compartment.

- Never park your vehicle where flammables such as grass are touching the catalytic converter.

If your vehicle does catch fire, ensure you follow these tips so you can prevent any injury.

- Pull over as quickly as you can as it is safe to do so. Be sure to use turn signals to make your way to a safe location off the road such as a breakdown lane or rest stop.
- Once you are stopped, TURN

OFF your engine

- Get EVERYONE out of the vehicle and do not return to the vehicle for anything.
- Move everyone at least 100 feet from the burning vehicle and away from traffic.
- Call 9-1-1

If you have any questions, please contact the NAS Meridian Fire Prevention Office at 679-3866.

Reference: Safety tip sheet (Safety tip sheet)
<http://www.nfpa.org/safety-information/safety-tip-sheets>





NAS Meridian, MS • Morale, Welfare and Recreation

On the Web: www.navymwrmeridian.com Facebook: www.Facebook.com/MWRMeridian

Facility Phone Numbers

Fitness Center	679-2379	Library	679-2326	SAC	679-5252
Liberty Center	679-3760	Rudder's	679-2636	SLO	679-2473
Tickets	679-3773	Sandtrap Grill	679-2780	P.C. Golf Course	679-2526
McCain Rec Center	679-2651	Tutto Bene	679-2345	MWR Admin.	679-2551
Equipment Rental	679-2609	CDC/CDH	679-2652	MWR Jobs Line	679-2467



Coming Attractions

McCain Rec Center

- Thursday, February 4**
5pm, What About Bob?, PG
7pm, Captive, PG13
- Friday, February 5**
5pm, War Room, PG
7pm, Scorch Trials, PG13
- Saturday, February 6**
1pm, Hotel Transylvania 2, PG
4:30pm, Lose a Guy in 10 Days, PG13
7pm, Scorch Trials, PG13
- Sunday, February 7**
1pm, What About Bob?, PG
5pm, Captive, PG13
7pm, Lose a Guy in 10 Days, PG13
- Monday, February 8**
5pm, Bug Life, G
7pm, The Perfect Guy, PG13
- Tuesday, February 9**
5pm, Big Hero 6, PG
7pm, The Russians Are Coming
- Wednesday, February 10**
5pm, Antz, PG
7pm, Walking Tall, PG13
- Thursday, February 11**
5pm, Bug's Life, G
7pm, The Perfect Guy, PG13
- Friday, February 12**
5pm, Big Hero 6, PG
7pm, The Russians Are Coming
- Saturday, February 13**
1pm, Antz, PG
5pm, Walking Tall, PG13
7pm, The Russians Are Coming
- Sunday, February 14**
1pm, Bug's Life, G
5pm, The Perfect Guy, PG13
7pm, Walking Tall, PG13
- Monday, February 15**
5pm, Despicable Me 2, PG
7pm, The Intern, PG13
- Tuesday, February 16**
5pm, Epic, PG
7pm, Hannah and Her Sisters, PG13
- Wednesday, February 17**
5pm, Inside Out, PG
7pm, We Are Your Friends, R

The Liberty Center

- Thursday, February 4**
7pm, Scorch Trails, PG13
- Friday, February 5**
7pm, How to Lose a Guy in 10 Days,
- Saturday, February 6**
1pm, Captive, PG13
7pm, Captive, PG13
- Sunday, February 7**
1pm, Scorch Trails, PG13
7pm, Scorch Trails, PG13
- Monday, February 8**
7pm, The Russians are Coming
- Tuesday, February 9**
7pm, Walking Tall, PG13
- Wednesday, February 10**
7pm, The Perfect Guy, PG13
- Thursday, February 11**
7pm, The Russians are Coming
- Friday, February 12**
7pm, Walking Tall, PG13
- Saturday, February 13**
1pm, The Perfect Guy, PG13
7pm, The Perfect Guy, PG13
- Sunday, February 14**
1pm, The Russians are Coming
7pm, The Russians are Coming
- Monday, February 15**
7pm, Hannah and Her Sisters, PG13
- Tuesday, February 16**
7pm, We Are Your Friends, R
- Wednesday, February 17**
7pm, The Intern, PG13

Movies shown at McCain Rec Center and the Liberty Center are shown FREE of charge.

Mardi Gras at the Andrew Triplett Library

Children of all ages are welcome to attend the Mardi Gras party to be held at the library on Fat Tuesday, February 9, 2016. We'll celebrate by making and wearing masks, listening to some of the best Mardi Gras jazz and eating a little King Cake (or cupcakes). Beads will be thrown and the story of The Greentail Mouse will be read. The party is from 4:30pm-5:30pm at the Andrew Triplett Library. Be ready to celebrate!

Watch **The Big Game** at **Rudders** February 7, 2016 5pm - Close. Watch the **BIG Game on the BIG SCREEN!** FREE Food and Fun (while supplies last)

Paintball Let the Games Begin... Feb. 13, 2016. For additional info call (601) 679-2526

Spring Lunch League Registration: 25 Jan-19 Feb 2016. League meeting: 22 Feb, 5:30 McCain Rec Center. Season starts: 29 Feb-26 May. Two player teams bowl "their choice" Mon-Thurs. Scores posted Fri. Fee: \$8 per bowler. \$4 lineage/\$4 prize fund

MWR Website! Facility and program information right at your fingertips. Find out everything about MWR Meridian. Current Events; dates, time and locations. Local MWR Job Announcements. www.navymwrmeridian.com

Weekly Events



Special Guest DJ Live at Rudders Saturday February 13

DJ Leflore Live at Rudders Friday, February 19 Doors open at 5pm; the fun starts at 8pm

Get your Rudders T-Shirt! Only \$12 per shirt, sizes M-XL

Tutto Bene Pizzeria & More Located inside Rudders. Sunday-Thursday 4pm-9:30pm. Friday-Saturday 4pm-10:30pm. (601) 679-2345

Take Your Child to the Library Day Saturday, February 20, 2016 11am - 2pm. Take Your Child to the Library Day is an opportunity for parents and children to experience the children's area of the library.

Give Parents A Break & Parent's Night Out February 4, 11, 18 & 26 At CDC & SAC 6pm-10pm. Call (601) 679-2652 for info.

NAVY COMMUNITY RECREATION Hours Of Operation Golf Shop & Equipment Rental. formerly The Outpost: 9am-4pm daily. Tickets, formerly ITT: 11pm-4pm, Monday-Friday

The Sandtrap Weekly Specials

Thursday, February 4 Taco Salad Don't miss the Sandtrap's famous Taco Salad. Served with a drink for \$6.

Tuesday, February 9 BBQ Pork on Bun BBQ Pork on Bun, Corn on the Cob, Baked Beans, French Fries and Drink for only \$6.

Wednesday, February 10 Meatloaf Meatloaf, Oven Potatoes, Black-eyes Peas, Cornbread and Drink for only \$6.

Thursday, February 11 Fried Chicken Fried Chicken, Macaroni & Cheese, Broccoli, Roll and Drink for only \$6.

Tuesday, February 16 Chicken Fried Steak Chicken Fries Steak, Mashed Potato with Gravy, Fried Okra, Cornbread and Drink for only \$6.

Wednesday, February 17 Cream Chicken Over Rice Cream Chicken over Rice, California Blend, Peach Cobbler, Roll and Drink for only \$6.





MWR Sports

Naval Air Station Meridian

Captain's Cup Basketball Standings

	Total Wins	Total Losses	Total Forfeits
AirOps	0	3	0
ANG	1	1	0
Army Nat. Guard	2	0	0
Field Support	0	1	1
MATSS-1	0	2	0
NAS Marine Warriors	3	0	0
NTTC Blue	4	0	0
NTTC Gold	1	1	0
VT-9	1	2	0

Cupid's 5K Color Run
 February 13, 2016
 9am at the Ponta Creek Community Recreation Complex
 Register Online at www.navymwrmeridian.com
 until February 12, 2016, 12:00pm
 *Please pre-register to ensure an official race bib can be issued & official time can be recorded.

Find MWR on:

Upcoming at The Fitness Center

To sign up for Captain's Cup sports, please go to navymwrmeridian.com.

Under the Fitness tab, Click on:

1. Intramural Sports then
2. Click appropriate link, The Team Captain(s) will need to enter Names, emails and phone numbers for everyone on the team.

NOFFS

- o Sign up deadline - Feb. 10, 2016
- o Class on Thursday, Feb. 11, 2016 - 7am - 11am

Biggest Loser

- o Sign up deadline - Feb. 29, 2016
- o Class on Thursday, Feb. 11, 2016 - 7am - 11am

February Group Exercise Schedule

All Group Exercise Classes are held in the Multi-Use room of the Fitness Center and are FREE to all authorized patrons. For more info call (601) 679-2379.

Time	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:15am-6am		Cardio Pump Beverly	Spin Beverly	Cardio Pump Beverly	Spin Beverly		
6am-7am		Fusion Wellbeats™	Kinetics Wellbeats™	Stomp Wellbeats™	Fit for Duty Wellbeats™	REV Wellbeats™	
7:30am-8:30am		Boot Camp Beverly	Boot Camp Beverly	Boot Camp Beverly	Boot Camp Beverly	Boot Camp Beverly	
9am-10am	Fusion Wellbeats™	Circuit Beverly	Circuit Beverly	Circuit Beverly	Circuit Beverly	Circuit Beverly	REV Wellbeats™
11am-12pm		Spin Beverly	Circuit Beverly	Spin Beverly	Circuit Beverly	Spin Beverly	
4:15pm-5pm		Couch to 5k Evelyn	Couch to 5k Evelyn	Couch to 5k Evelyn	Couch to 5k Evelyn	Couch to 5k Evelyn	
6:30pm-7pm		TRX Evelyn	Butts & Guts Evelyn	TRX Evelyn	Butts & Guts Evelyn	TRX Evelyn	
8pm-9pm		Stomp Wellbeats™	Vibe Wellbeats™	TKO Wellbeats™	Fusion Wellbeats™	REV Wellbeats™	

NAVSUP FLC Jacksonville and Navy Region Southeast test initiatives to improve customer experience in region galleys

By CSCM Frank Chandler
 NAVSUP FLC Jacksonville Navy Food Management Team Director and
Barbara Burch
 NAVSUP FLC Jacksonville Corporate Communications

MAYPORT, Fla. (NNS) -- Recently, Naval Supply Systems Command (NAVSUP) Global Logistics Support Command (GLS), Commander Navy Region Southeast (CNRSE) and NAVSUP Fleet Logistics Center (FLC) Jacksonville developed and tested food service initiatives to improve products for Sailors and skills of culinary specialists.

Capt. Steven Fuselier, NAVSUP GLS director of Navy Food Service, visited the Tri-Base area Dec. 7 and 8 and met with CNRSE Galley Program director, Navy Food Management Team Mayport, local food service officers (FSOs) and leading chief petty officers to review preliminary results of food service initiatives implemented at Naval Air Station (NAS) Jacksonville, Naval Submarine Base (SUBASE) Kings Bay and Naval Station (NS) Mayport galleys.

NAS Jacksonville implemented a

Grab-N-Go program to afford Sailors a time-saving, easy option to get a healthy breakfast without coming to the galley. Meals are delivered daily to a centralized location at the bachelor enlisted quarters where Sailors can pick up their meals, return to their rooms or report to work. "The Grab-N-Go program is very convenient for Sailors and we reach an additional 150 customers each morning that normally would skip breakfast due to a lack of time," said Chief Warrant Officer 4 Charles Jakes, FSO at NAS Jacksonville Galley.

At SUBASE Kings Bay, chief culinary specialist Matthew Lewis initiated a Cook-to-Order program for weekend customers. Customers order from a menu, the order is prepared and delivered to the patron, the same as any local restaurant. "I love it, the food is piping hot and made on the spot. Overall, it's a more enjoyable meal. Since the galley has started this type of cooking, I look forward to eating here on the weekends," says Machinist Mate Fireman Sean Henderson.

A primary focus of these initiatives is to heighten the dining experience, especially for rations-in-kind Sailors who

eat at the galley and do not receive an allowance for subsistence.

There were additional benefits observed during implementation of the Cook-to-Order initiative. At NS Mayport, the galley team realized a near doubling of patronage during weekend meals, while food costs plummeted by 40 percent as culinary specialists generated less waste. Skills of those preparing the meals also improved. "The culinary specialists are excited for this change and definitely feel like we are pushing the envelope of Navy Food Service. They are enjoying the opportunity to feel what it is like to work in a civilian restaurant," said Lewis.

"We want to make sure customers are getting the highest quality product and experience, while maintaining a cadre of well-trained culinary specialists. I believe we are well on our way to making this happen here in Southeast Region," said Fuselier.

Galleys across the Navy are testing innovative new processes and successful initiatives are expected to be implemented Navy-wide.

NAVSUP FLC Jacksonville delivers world-class, innovative and uni-

fied operational logistics products and services for the Southeast Region and the U.S. Navy's 4th Fleet stakeholders ensuring mission integrity and operational readiness for the warfighter.

NAVSUP (FLC) Jacksonville, one of eight fleet logistics centers under NAVSUP Global Logistics Support (GLS), provides operational logistics, business and support services to fleet, shore and industrial commands of the Navy, Coast Guard, Military Sealift Command and other Joint and Allied Forces. Services include contracting, regional transportation, fuel, material management, household goods movement support, postal and consolidated mail, warehousing, global logistics and husbanding, hazardous material management and integrated logistics support.

NAVSUP GLS is comprised of more than 6,300 military and civilian logistics professionals operating from 105 locations worldwide providing an extensive array of integrated global logistics and contracting services to Navy, Marine Corps, joint operational units and allied forces across all warfare enterprises.

Sale... Or

CAR POOL
NEW! Interested in car-pool to work at NAS Meridian from 6 a.m.-2:30 p.m. at flight line to State Blvd. Will pay for ride to/from work. Call 601-604-9700.

BOATS/CAMPERS/TRAILERS

1983 McGregor Sailboat, 22', 10 HP outboard, all rigging and hardware, custom built trailer. \$4,000. Call 601-513-6374.

1996 Ragin Cajun Bass Boat, 200hp Mariner, Lorange depth finder and a GPS/depth finder duel livewells mortar guide trolling motor. Runs great and fast. \$4,500. Seats in good condition. Call Clint 601-479-7043.

2006 Fleetwood Discovery 39 ft. 3 slide, Cat Diesel, motor home. New tires & A/C, "fully equipped," original owners, non-smokers. Serious Inquiries Only. Will e-mail pictures, full information or set appointment to see RV call 601-479-6145.

HOUSEHOLD ITEMS

Original Woodstock furniture (solid wood), couch, loveseat, chair, footstool, coffee table, 2 end tables, kitchen table w/4 benches and a microwave stand. All in great

condition. \$975 or best offer. Call Kathy S. Dodd at 601-527-9953 or 601-679-2643.

Black stainless steel, electric flat top stove in great condition. Asking \$250; **Dryer**, white with front load, great condition. Asking \$160; **Mini-frig**, black in great condition. Asking \$80. Call 757-328-5662 or email websterdk7@gmail.com for photos.

50-inch Panasonic flat screen (LED/LCD) TV with remote. Excellent condition. \$500 OBO or trade for guns. Call 563-258-0720.

Washer and Dryer set, electric, white, \$300, 601-678-3458.

MOTORCYCLES/GEAR/ATV

NEW ITEMS! 2004 Honda TRX450R four wheeler \$2600, 2005 Honda TRX250EX four wheeler \$1600, 2002 Yamaha TTR-125L dirt bike \$800, and 2006 KTM 250SX-F dirt bike \$2200. All in good shape ready to go. Overseas move forcing sale. Make offer ready to deal! Call Ben at 843-597-4221.

NEW PRICE! 2005 Yamaha V-Star 1100 \$2900, 9K Miles, new rear tire, new battery. Has crash bars, saddle bags, sissy bar, new handlebar grips. Garage kept. Text for pictures or

call: 321-480-6824

2007 Suzuki GSXR 1000, less than 7,000 mile garage kept. Orange and Black, no damage, \$7500 (601) 462-1043.

2012 Kawasaki 900 Vulcan Custom Classic motorcycle; 550 miles. Asking \$6400 paying off. Call 601-527-5717.

AUTOMOBILES, ETC.

1991 Corvette Coupe, white, red leather interior, 6-speed manual, ZR-1 wheels with extra wheel and tire, two tops. 89k miles. Call 601-917-9181.

2008 Jeep Liberty, 75k miles, 4-wheel drive, automatic, has a roof rack and a tow hitch, as well as skylight. V6, 3.7 liter, 4-spd w/overdrive. If you want some serious off-road ability in a small SUV, look no further. \$13,000, negotiable. Available July 2015. Call 434-604-0428. Text for photos or Carfax report.

HOMES/APARTMENTS

NEW! For Rent: Available in Mid-February: 1 BR/1 BA, furnished apartment in quiet neighbor-hood in North Meridian, 20 minutes from NAS, convenient to North Hills shopping area and Meridian Community

College. \$650 per month, all utilities paid including Directv and high-speed internet. \$100 security deposit required. Contact Phil at 601-479-7962 or on base at 601-679-2485.

NEW! For sell by owner: 3 BD/2 BA, 2100 square feet living area, 900 square feet basement. 3 acres of land. Call 601-490-0692 before 7 p.m. for details.

NEW ITEM! For Rent: 2708 Russell Camp Road, Meridian, 1131 square foot, 2 BD/1 BA with two-car gar-age. Available now: \$675 per month and deposit \$675. Proof of military service receives one week off first month's rent. Can be seen on www.militarybyowner.com or call G. Barrett at 850-855-8304. Seen by appointment only.

For Sale: Lovely home 3 BD/2BA, move in ready at 2110 43rd St, Meridian. Popular Springs School, lots of updates. Drive your golf cart to Northwood Country Club, convenient to NAS Meridian. Asking \$150,000. Call Alex 601-479-1311 or www.zillow.com for pics and details.

For Sale: 3 BD ranch-style home on 1.3 acres, finished basement. \$89,000 Call Bill at 601-681-6609 or 601-481-

5124.

For Rent: Newly remodeled large 3BR/1.5 BA home on Hwy 45 North ONLY 4 MILES to NAS Meridian. Large bedrooms with huge closets, separate dining room, spacious kitchen and laundry room, with massive covered deck for entertaining. Home also has attached covered parking/breezeway connecting a workshop with 800 sq ft. Home sits on a wooded lot of over 1 acre for much privacy. Home can come furnished. Asking \$1050 a month. Call 205-454-8649.

For Rent: 1 BD/1BA studio size furnished private guest house located in a beautiful quiet backyard at 2714 45th Street, Meridian. \$550 per month. View online at http://www.militarybyowner.com/homes/MS/Meridian/45th_Street/MBQ297104.aspx or call 601-527-2741.

For Rent: 4 BD/2 full BA, 1,900 square feet, wood burning fireplace, gas and electric, hardwood floors, updated bathrooms, new counter tops, stainless steel appliances, blinds, new paint. Great private location just off Hwy 39 N close to NAS Meridian. \$1,500 a month with references. Call 850-687-0738 after 5 pm for

viewing. By appointment only.

MISCELLANEOUS

Alumalite CTS - Aluminum climbing stand made by Ol'man. Weight 19 lbs, weight limit 300 lbs. New in box but box has water damage but never been opened. Comfort tech seating system next gen tree stand - 3 stands in one. Foot rest for bow hunters, gun rest set up, original straight bar included, super strong oval aluminum tubing. TMA approved. Full body 5 point harness. Set up instructions and safety instruction DVD. \$250. Call Teresa at 601-679-3474.

Yugoslavian M24/47 8mm Mauser, \$300. Call Christopher at 620-960-1250.

WANTED

Motorcycles any size any condition, will pay above salvage price. Also have a large selection of good used parts for sale. Call 601-938-4295 anytime.

To submit an item to the "Sale...Or" column, e-mail penny.randall@navy.mil. Deadline is the Thursday prior to publication.

Listings in the "Sale...Or" column are free for anyone who works at NAS Meridian. You can purchase an ad for a business or organization in "The Skyline," by calling The Meridian Star at 601-693-1551 -- ask for Jennifer.





Navy's newest Sailors become US citizens

By Scott A. Thornbloom

Naval Service Training Command Public Affairs

GREAT LAKES (NNS) -- Rear Adm. Stephen C. Evans, commander, Naval Service Training Command (NSTC), made his first visit to a naturalization ceremony at Recruit Training Command (RTC) to watch 18 Sailors become new naturalized American citizens, Jan. 20.

"This day is a day I'm sure you won't forget," said Evans. "It's a day I won't forget and I thank you for allowing me to share it with you. You all come from different backgrounds and different heritages, but you raised your right hand to defend this country. Today this country has returned your commitment as you become new citizens."

Approximately 37,000 recruits graduate from boot camp every year, but not every recruit is a U.S. citizen when they enter the service. Since 2010, U.S. Citizenship and Immigration Services (USCIS), in partnership with the U.S. Navy and Recruit Training Command (RTC), have expedited citizenship for more than 4,000 recruits during basic training.

"We average between 300 to 500 recruits (and "A" school Sailors) every single year," said Lt. Christopher Jackson, RTC's naturalization officer. "I cannot be more proud to be an American to be able to assist so many people that join the U.S. Navy."

Jackson said the U.S. Navy, as well as the other branches of the military, has had a citizenship program during times of war and conflict, going back to the Korean War.

On July 3, 2002, President George W. Bush issued Executive Order 13269, which expedited naturalization for aliens and non-citizen nationals serving on an active-duty status in any of the armed forces for one day to become eligible for U.S. citizenship.

"At the beginning of Operation Enduring Freedom the naturalization process was being completed in the fleets," said Jackson. "In 2010, we realized we could also do it here at boot camp."

Jackson said this alleviated time and man hours of fleet personnel and also allowed Sailors to become naturalized citizens giving them all the rights, privileges and duties of a birthright citizen earlier in their Navy careers.

Seaman Recruit Andre Beckford, 30, from Ocho Rios, Jamaica, said coming to the United States in 2009 was a very big deal for him.

"Coming in the Navy and getting to become a citizen I had to fight back tears," said Beckford. "I actually felt like I was part of something great today."

For Fireman Jasmine Thapa, 19, from Pokhara, Nepal, the naturalization ceremony was a proud moment that took her six years to accomplish.

"It was very exciting and my heart was beating fast," said Thapa. "I feel very proud to be called an American citizen. I always wanted to come to America and when I got here I looked for ways to serve the United States and found the Navy had the best things for me and

now I'm a Sailor and an American."

According to Paul Phillips, immigration services officer for USCIS, to further expedite the citizenship of recruits and Sailors at RTC, he travels from his Chicago field office to Great Lakes every week to process paper work, conduct interviews, do background checks and perform citizenship oath ceremonies.

"We're here every week and we process applications expeditiously through our Nebraska center," he said. "The applicants are normally ready to naturalize Wednesday mornings after a final interview on Monday."

For many of the recruits that usually means they are ready to naturalize the Wednesday morning their final week of boot camp. This is after several weeks of studying on top of accomplishing and successfully passing their boot camp training. They also have to pass the citizenship test and no recruit can be naturalized before passing their final training evolution - Battle Stations, the culmination of eight weeks of training by recruits. Battle Stations is a grueling 12-hour test of a recruit's skills in several shipboard scenarios, including firefighting, combatting flooding and transporting casualties. The final test and evaluation is held on board the 210-foot-long Arleigh Burke-class destroyer replica, USS Trayer, the Navy's largest simulator.

"I'm very proud of this program," said Jackson. "The USCIS field agents really do give the applicants priority to make sure they can get the process done in a reasonable manner."

Jackson said one of the reasons for a delay is back ground checks may take longer than the eight weeks a recruit is at the Navy's only boot camp.

"This is a huge benefit that the U.S. government bestows on its military service members," said Phillips. "It's not something that is easy to obtain. We've had folks that have tried for years and even decades to get United States citizenship. But these (military) folks have gone the extra mile and have pledged to defend something they're not even an intimate part of yet."

Rear Adm. Evans observed the Sailors recite the Oath of Naturalization and say the Pledge of Allegiance to the American flag that was set up in the training room of RTC's USS Yorktown Visitor's Center. He also handed each new citizen their Certificate of Naturalization. Afterward he told the new American citizens to remember where they all came from and remember what you now defend.

"As you move forward and see this land of opportunity you'll also see opportunities in the Navy," said Evans. "I encourage you to reach for the stars and set your goals high."

NSTC oversees 98 percent of initial officer and enlisted accessions training for the Navy, as well as the Navy's Citizenship Development program. NSTC also includes RTC, the Navy's only boot camp also at Naval Station Great Lakes,



U.S. Navy Photo by Scott A. Thornbloom

Rear Adm. Stephen C. Evans (left), commander, Naval Service Training Command (NSTC), and Capt. W. David Pfeifle, commanding officer, Recruit Training Command (RTC), observe 18 recruits and Sailors take the Oath of Citizenship during a naturalization ceremony at (RTC). Since 2010, U.S. Citizenship and Immigration Services (USCIS), in partnership with the U. S. Navy and RTC, have expedited citizenship for more than 4,000 recruits during basic training Jan. 20.

the Naval Reserve Officers Training Corps (NJROTC) and Navy National Defense Cadet Corps (NDCC) citizenship development programs at more than 600 high schools worldwide.

ENLISTED PRIZE ESSAY CONTEST

Sponsored by **TEXTRON** Systems

This contest will run twice annually, total prizes of \$12,000/year.

- FIRST PRIZE: \$3,000
- SECOND PRIZE: \$2,000
- THIRD PRIZE: \$1,000

(Note: All prize winners will receive one-year memberships in the U.S. Naval Institute.)

Word length: 1,500 words • Eligibility: Open to enlisted personnel—active-duty, reserve and retired—from any nation's sea services.

Deadline: 31 March 2016 • Submit to: essay@usni.org

Winners: Winner published in June *Proceedings*, and all winners recognized at Defense Forum Washington, December 2016, at the Newseum in Washington, DC.



THE CHALLENGE

Write on a topic that makes the Naval Profession stronger. No subject is too large or too small. For example:

- Identify opportunities on how to better use enlisted professionals' talents.
- Share leadership best practices.
- Improve tactical doctrine.
- Propose a way to make the underway watch bill more efficient.
- Prepare Sailors to serve in an LCS.
- Give Marines who are reporting to support the new F-35B Strike Fighter Squadrons insider information to help them do their jobs better.
- Define for Coast Guardsmen new techniques in boarding ships for inspections.
- Help first-tour Ensigns and/or Second Lieutenants be successful.

SPONSOR

The Naval Institute's Enlisted Essay Contest is made possible by a three-year grant from Textron Systems, whose businesses include Advanced Information Solutions, Electronic Systems, Geospatial Solutions, Lycoming Engines, Marine & Land Systems, Support Solutions, Unmanned Systems, Weapon & Sensor Systems, and TRU Simulation & Training.

For more details, please visit www.usni.org/enlistedessay

2015 Health, Safety and Fitness Community Service Awards winners announced

By MCSN Brittany Tobin
Naval Education and Training Command Public Affairs

PENSACOLA, Fla. (NNS) -- The award is managed by the flag sponsor, NETC and executed by the Naval Education and Training Professional Development Technology Center's (NETPDTC) Community Service and Outreach Program Director. It is given in recognition of commands that have the best programs encouraging health and fitness to military members as well as the surrounding civilian community.

"Community service is important to fostering and maintaining relationships with our neighbors in local communities," said Rear Adm. Mike White, Commander, Naval Education and Training Command. "By promoting healthy lifestyles and fitness in these communities, these commands have set the example for our Sailors, families and children to follow."

The 2015 Health, Safety and Fitness Flagship Award winners by category are:

- Shore Command Category:
 - Small: USS Constitution
 - Medium: Navy Medicine Professional Development Center, Bethesda, Maryland
 - Large: Captain James A. Lovell Federal Health Care Center, North Chicago, Illinois

- Overseas Category:
 - Small: Commander Fleet Activities, Chinhae
 - Large: U.S. Naval Hospital, Guam

Sea Category:

- Small: Coastal Riverine Group One Detachment, Guam
- Medium: Helicopter Sea Combat Squadron (HSC) 23
- Large: PCU Gerald R. Ford (CVN 78)

Commands receiving honorable mentions include:

- Small Shore Command: Afloat Training Group Middle Pacific
- Medium Shore Command: Naval Air Station Whiting Field, Florida
- Large Shore Command: Naval Submarine Base, Kings Bay, Georgia
- Medium Sea Command: USS Mesa Verde (LPD 19)

The Health, Safety and Fitness projects are part of the Navy Community Service Program (NCSP) whose mission is to help build stronger communities and develop mission-ready personnel through outreach activities. NCSP promotes volunteerism and community service to assist in the education and enrichment of the nation's youth and communities and in revitalizing the community.

NCSP consists of five flagships, including Health, Safety and Fitness; Personal Excellence; Project Good Neighbor; Campaign Drug Free; and Environmental Stewardship. Each flagship is sponsored by a separate Navy command.

Award winners and honorable mentions will receive certificates from NETC in recognition of their exceptional accomplishments.



MERIDIAN COMMUNITY COLLEGE

Honoring Outstanding Teachers and Educators in East Mississippi and West Alabama



Do you have a teacher who has made an impact on you or your child's life?

Do you have a teaching colleague whose style you admire?

Nominate them for the Golden Apple Award! Then, encourage others to do the same!

Nominations may be submitted by students, parents, faculty, or community members.

Nominees must be someone employed full-time in the K-12 education field (public or private) within the following counties: Lauderdale, Neshoba, Kemper, Clarke, Newton, Choctaw & Sumter



T & D Furniture* LaBiche Jewelers *John O'Neil Johnson Toyota Southern Pipe and Supply * Newell Paper Company* ESCO Cooperation Meridian Coca-Cola Bottling Company

To nominate a teacher, log on to wmdn.net, wgbctv.com, goldenappleawards.com or meridianstar.com



IT'S YOUR TURN...

In celebration of the 50th Annual Super Bowl on Feb. 7 we asked these Sailors, "What's your prediction for the game?"

By MC2 Casey H. Kyhl



LSSA Chance Kristo
NTTC Student

"Carolina Panthers 14-0
MVP: Ted Ginn Jr."



Lance Cpl. McKinley Gaines
MATSS-1 Student

"Denver Broncos 35-28
MVP: Peyton Manning"



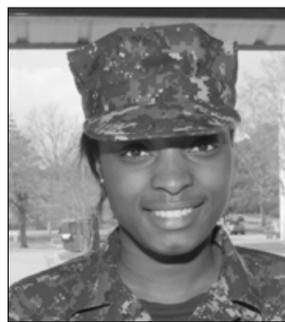
LSSA John Jacobs
NTTC Student

"Carolina Panthers 35-17
MVP: Cam Newton"



LSSN Shelia Lewis
NTTC Student

"Carolina Panthers 38-21
MVP: Cam Newton"



LSSA Shanice Stowe
NTTC Student

"Denver Broncos 45-31
MVP: C.J. Anderson"

Fleet & Family Support Center

The Art of Intimacy

With Valentine's Day coming up, many couples will be contemplating their relationships and may find that they long for more intimate, close connections with one another. Many of us have placed so much emphasis on work and recreation that we have weakened the bonds of intimacy with our loved ones. This often results in suffering from a dreadful feeling of not belonging. We are lonely. We don't touch others and feel like exiles in what seems like a land of plenty.

It is difficult not to feel envious of the ones who have close relationships, as if to love and be loved were a rare and mysterious grace. A lot of people think intimacy happens by chance and there isn't much we can do about it . . . or can we?

The dictionary defines intimacy as associated in close personal relations, characterized by warm friendship, private or closely personal. Closeness does not demand fireworks and ecstasy. It must be tended over the years if it is to grow strong and bear fruit.

One reason we have difficulty getting close to others is that the romantic myth has misled us into believing that love is a magic occurrence rather than an art to be learned and practiced. We do not study how to care and how to be close.

The practice of intimacy, like any other art, involves discipline. We learn to be close to others by breaking down those behaviors that distance us from others and by trying out a new set of behaviors, assumptions, and feelings.

The art of intimacy involves the following requirements:

- ✓ Become intimate with yourself. Our ability to accept others rests upon our acceptance of ourselves. Learn to accept all that is within you, positive and negative.
- ✓ Face your aloneness. Accept the anxiety of having to decide the meaning of our lives and facing the unknown.
- ✓ Learn to listen. Without thinking we give our opinions and advise solutions, but what is actually required is that we listen compassionately to others' thoughts and feelings.
- ✓ Talk straight. Without honesty, there is no closeness. Practice saying as clearly as you can what you feel and want and what pleases or displeases you.
- ✓ Choose intimacy. Make intimacy

a priority. Set aside time for your loved ones and, more importantly, be sensitive to those times when somebody needs you to be present for them.

- ✓ Be patient. Take your time; intimacy takes time.
- ✓ Pick carefully. Feelings need to be expressed but there are different vocabularies for communication and some of them are nonverbal. Choose your words and gestures carefully and make sure they are congruent.



- ✓ Expect to be afraid and fail regularly. Intimacy is both terrifying and wonderful because it shatters our safe boundaries and polished self-images. True intimacy comes after many failures and discoveries.

Measuring Your Intimacy Quotient

Evaluating how much distance we maintain between ourselves and others can sometimes be tricky business. One method of attempting to determine your intimacy quotient is to do a self-evaluation. This can be achieved when one looks inwardly and asks questions such as, "Do I tend to be loving and close or cold and distant in relationships?" Additionally, observe your behavior patterns toward others.

Another method is to reflect on your childhood and think about family interactions and patterns in the area of intimacy. Your childhood family is your first school of intimacy. Every family establishes guidelines on what's acceptable regarding "tolerable distances" among family members. The family also provides messages about how one responds to intimate interaction (i.e. touch or non-touch, fight or withdraw, sharing or silence). This reflection will provide insightful clues and help you discover your predisposition toward forming emotional bonds.

The following, referred to as an "Intimacy Quotient", is another method by which you can determine or measure your level of intimacy. Ask yourself whether the following statements apply to you never, seldom, or often. Give yourself a score

of 1 for never, 2 for seldom, and 3 for often. To get another perspective, ask the person with whom you are most intimate to score you, and then compare their answers with yours. Here goes:

1. You spend time and energy cultivating and tending to your relationships.
2. You maintain friendships with members of the opposite sex with whom you are not romantically involved.
3. You like to touch and be touched in affectionate ways.
4. Sexual intimacy for you is a way of expressing and sharing your feelings of closeness to another.
5. You enjoy solitude without being lonely and are comfortable with your different moods and feelings.
6. You feel naturally "high" either alone or in the company of others without ever needing the help of alcohol or drugs.
7. You feel accepted, cherished, valued, and understood by family and friends.
8. You express feelings of anger as well as tenderness, and display grief as well as joy with those individuals closest to you.
9. You enjoy listening to other people's life stories and philosophies and try to figure out what makes them tick.
10. You share your secret shames and dreams, your self-doubts as well as your cherished hopes.
11. You can feel what other people are feeling and empathize with them.
12. Other people seem friendly and respond generously when you make an effort to show them your care.

Scoring:

- 24-36 : Your intimacy quotient is high.
- 12-24: Your intimacy quotient is medium.
- 12 or less: Your intimacy quotient is low.

So, did you measure up to your intimacy expectations? How did your self-assessment compare to the way your partner (or other individual close to you) rated you? Take charge of your intimacy level today! If you need help in learning how to be "open" with those close to you, a Fleet & Family Support Center (FFSC) counselor can give you more information. Call 601-679-2360 to make an appointment.

-- From FFSC Staff

FFSC Briefs

To register for any of the following workshops, please call the FFSC at 601-679-2360. The class may not be presented if no one registers, so make sure you call if you're interested! Can't make the scheduled time? Call anyway - the workshop facilitator may be able to work with you one-on-one, give you materials, or let you know when the class will be offered again. All classes held at FFSC (Building 405) unless otherwise noted

Career Technical Training: Transition GPS Optional Track: Feb. 8-9 from 9 a.m.-3:30 p.m.

The purpose of the Career Technical Training Track of the Transition GPS program, taught by the VA, is to assist those seeking job-ready skills and industry-recognized credentials in shorter-term training programs.

Troops to Teachers: "Transition to Teaching" Seminar: Feb. 9 from 10:30 a.m.-noon

This briefing will cover eligibility and registration for the DoD TTT program. It will address funding and counseling services given by TTT state offices. The need for public school teachers will be addressed. Considerations and individual preparations for becoming a public school teacher will be discussed in depth. It will include gaining teaching experience, requirements for teacher certification, and obtaining employment.

Boots to Business: Transition GPS Entrepreneurship Track: Feb. 10-11 from 8 a.m.-4:30 p.m.

This 2-day entrepreneurial class, taught by a SBA Representative/SBA Resource Partner will educate participants on business fundamental and guide them through an initial feasibility analysis of their business concept.

Valentine's Craft Day for Kids: Feb. 10 from 3:45-4:30 p.m.

Children ages 4-12 are invited to the FFSC to create Valentines crafts. Registration is required. Refreshments will be served.

Welcome Aboard: Feb. 11 from 8 a.m.-2 p.m.

FFSC welcomes you to Meridian by providing current information and policies regarding NAS. Topics covered will include: Navy career choices, FFSC services, Suicide Prevention, Medical, Dental, Exceptional Family Member (EFM) Program, TRICARE, vehicle registration, on-and off-base driving regulations, legal services, community services, Chapel and other religious services, MWR, things to do at NAS and in Meridian, and more!

Military Saves Week: Feb. 22-26

Military Saves is part of America saves, and partners with DoD's Financial Readiness Campaign, seeking to motivate, support and encourage military members and families to save money, reduce debt, and build wealth. Military Saves encourages all service members and family members as well as DoD civilian employees to take the Military Saves Pledge and for organizations to promote the campaign.

Military Saves Chili Cook Off: Feb. 25 Location/Time TBA

Complete a Military Saves pledge card and receive a free bowl of chili.

Supply

assigned to NSCS is hand-picked. NSCS officers, chiefs and civilian staff must exude the professionalism and polish demanded of leaders and instructors who are expected to set a positive example in appearance, accomplishment and professionalism in order to mold our future leaders.

Chief petty officers (CPOs) assigned to NSCS serve with six active and four retired CPOs. In addition to being influential billets, CPOs assigned to NSCS get competition among other upwardly mobile CPOs, are afforded visibility and engagement with senior leaders within the Supply Corps and Navy. Depending on timing and performance, NSCS CPOs get an opportunity to serve as the senior enlisted leader to the O-6 commanding officer.

Chief Logistics Specialist Jeffrey Howell is just one of the hand-selected CPOs currently assigned to NSCS.

When asked how coming to NSCS has benefited him, How-

ell said, "It has helped me stay engaged with my shipboard Navy Supply knowledge and it has also helped me mentor junior officers at an extremely early stage in their careers.

Howell continued, "I am able to instill in them the purpose of a good relationship between the wardroom and the CPO mess and why it is so important to not only provide support to them but to the command as a whole."

Many of the NSCS CPOs have expressed how becoming an instructor has expanded their leadership scope.

Howell explained that as an NSCS instructor, his leadership style has become more dynamic, assertive, and diligent.

By his engagement with today's Sailors and young officers, he is able to adjust his leadership and instruction style to better compliment the Sailors and officers learning style at the grassroots level to continually place emphasis on receiving and communicating accurate information.

Additionally, NSCS CPOs

have the distinct privilege of being among the first chiefs our newest supply officers interact with.

Through their daily interactions, classroom time and officer leadership oversight, NSCS CPOs are directly influencing future division officers on what they can expect from their CPOs and how to effectively work with the CPO mess all while maintaining proficiency within their established rate through the role of a subject-matter expert.

NSCS is looking for solid chief petty officers with proven performance and upward mobility who are seeking both a challenging, meaningful tour that enables the opportunity to positively impact the fleet while still allowing the life to enjoy a good quality of life in one of the most scenic areas of the country.

If you are interested in joining this elite team, you are encouraged to reach out to the NSCS's senior enlisted leader at (401) 841-4861 and your respective detailer for additional information.

Navy awards \$19.6M to build new SEAL waterfront operations facility

By Denise Emsley
Naval Facilities Engineering Command
Hawaii

PEARL HARBOR (NNS) -- Naval Facilities Engineering Command (NAVFAC) Hawaii awarded a \$19.6 million firm-fixed-price task order under a multiple award construction contract Jan. 25 to Bethel-Webcor JV-1, a small business in Anchorage, Alaska.

The project will construct a Waterfront Support Facility for Naval Special Warfare Group 3 (NSWG-3) at Pearl City Peninsula, Oahu, Hawaii.

The new facility is to support Navy divers and technicians by providing work space for operations, training, planning and mission support in addition to equipment storage and load out areas.

"We are very pleased that this contract has been awarded and construction will be moving forward," said Command

Master Chief David Salisbury, NSWG-3.

"Space has been at a premium for many years and the new structure and renovation will afford us some much needed room to work."

Facility space will also be provided in support of NSWG-3 Holistic Human Performance Center.

This project will include renovations to Building 987 and construction of a second floor space in the building's high bay area.

"The additional space being created by NAVFAC Hawaii in this combined effort will greatly enhance our capability to support training," said Salisbury. "With our ever increasing workload and limited land here on Oahu, this project is a welcomed addition to our community."

Work is expected to be completed by February 2018.





● Desert Storm

several months earlier. I'd called my parents from Japan when we first received word we would be deploying to the Arabian Gulf (in early August 1990). It was a short conversation; I couldn't say much because our movement was still classified. I just said that we were "shipping out," watch the news, and that I loved them. By my choice of words, my dad knew exactly what I meant. I suspect he said the same thing to his parents when he shipped out to Korea, and heard the same thing from his father when my grandfather shipped out to the Solomon Islands during World War II. I suspected I now had some idea what my father and grandfather were thinking when they went off to war, and my dad's letter confirmed that he understood completely; it was a very special letter.

As I made my way forward through the dark red-lit passageway to my battle station, a word processor in the staff intelligence office, my state of mind was calm and fatalistic. It was a strange feeling; I didn't want to be going to war, but I certainly didn't want to be anywhere else than right where I was. This would be one for the history books, no matter how it turned out.

I arrived in the office and looked at the TV monitor with the tactical display, and marveled at the incredible blob of blue aircraft symbols approaching the Iraqi border. No one had ever seen anything like it. I took a sharp breath, thinking, "Well, here it goes."

We knew special operations forces were already attacking Iraqi early warning radar sites, and Tomahawk land-attack cruise missiles were already launching from nearby Navy warships. Within a few minutes, the blue blob of hundreds of U.S. and Allied aircraft and cruise missiles would cross the border and begin striking Iraqi targets. We wouldn't be able to see it on the monitor, but Iraqi surface-to-air missiles and anti-aircraft artillery would be rising to meet our aircraft. Since it was the middle of the night, we didn't expect much opposition from the Iraqi Air Force. Only one thing was for sure: a lot of people were going to die in the next hour.

I was neither excited about going to war, nor was I particularly afraid. One thing about being the Iraqi "subject matter expert" on the intelligence staff was that I had the most realistic knowledge of anyone on just how much danger we were really in, or weren't. Vice Adm. Stanley R. Arthur decided he preferred to fight from at sea, so a week before the start of the war, the Blue Ridge got underway from Bahrain and began operating in the north-central Arabian Gulf. Some of us suspected the real reason for his decision was to unplug the phones since U.S. Central Com-

mand (CENTCOM) had become increasingly meddlesome as more and more colonels arrived at the headquarters in Riyadh as the war approached. But, getting underway did make us safer in my view. By no longer acting as a fixed target welded to the pier in Mina Salman, we eliminated the threat from Iraqi ballistic missiles and commando/terrorist attacks, and we made it much more difficult for the Iraqi Air Force to find us. The Iraqi Mirage F-1's would have to fight their way past several Aegis cruisers, and fighters from three carrier air wings, to get to us. Unlike the Stark attack in 1987, we would be ready and waiting for them. Iraqi missile boats would have to fight their way through a similar gauntlet of warships and fighter-bombers. The aircraft flying into Iraq, and U.S. ships and Marines operating closer to the Iraq and Kuwait coastlines, would face serious threats. About the only way the Iraqis could hurt the U.S. Naval Forces Central Command (NAVCENT) flagship would be if we were unlucky enough to hit one of the drifting mines. While this was definitely possible, the odds were against it.

Nevertheless, as the expression goes, "You don't know what you don't know." Did Saddam Hussein have any surprises up his sleeve? We assumed that all the threats of "making the sand burn under our feet" were just a bunch of propaganda bluster, but it stuck in the back of our minds nonetheless. The big unknown concerned if and when Saddam would resort to using weapons of mass destruction.

In January 1991, Saddam did have chemical weapons, and had recently used them, and Iraq did have biological weapons capability, an ongoing nuclear weapons program, and was manufacturing ballistic missiles with the range to hit Israel, Riyadh, and Bahrain. The chemical weapons threat was the most likely. Iraq had used chemical artillery shells, rockets and bombs to defeat Iranian human wave attacks during the Iran-Iraq war, killing many thousands of Iranian soldiers. Iraq had even dropped chemical bombs on Kurd villages inside Iraq, indiscriminately gassing several thousand Kurdish men, women and children to a horrible, choking death. There was no doubt Saddam retained numerous chemical weapons and the proven means to deliver them. But did he still have the will to use them?

There was less certainty about Saddam's biological weapons capability. We believed Iraq definitely had developed biologic agents that could be used as weapons, but developing a means to deliver them accurately and reliably, without being a greater danger to the Iraqis themselves, was a tough challenge. Nevertheless, the briefing I prepared



From photo <http://usnhistory.navylive.dodlive.mil/gulf-war>
Six ships of Battle Force Zulu steam in formation after the cease-fire that ended Operation Desert Storm. At left, from top, are the guided missile cruiser USS LEYTE GULF (CG-55), the aircraft carriers USS MIDWAY (CV-41) and USS RANGER (CV-61) and the guided missile cruiser USS NORMANDY (CG-60). At right are the nuclear-powered aircraft carrier USS THEODORE ROOSEVELT (CVN-71), top, and the aircraft carrier USS AMERICA (CV-66).

for the Admiral earlier in Desert Shield on Anthrax had been a real eye-opener for everyone, including me. I had always viewed biological weapons as just a somewhat nastier form of chemical warfare. The reality is that it is a quantum leap more dangerous in terms of lethality, area of coverage and persistence. When I was finished with the brief, everyone was pretty much speechless. Since there wasn't much of anything we could do about it, except don our standard chemical defense gear (in which no one had much faith even for standard chemical warfare), we basically decided to ignore it.

We also knew the Iraqis had a nuclear weapons program, and in fact the Israelis had bombed the Osirik reactor in 1981 in a successful attempt to set the program back a decade. The national intelligence estimates early in Desert Shield discounted that the Iraqis had developed any nuclear weapons, although they were certainly working on it. As the likelihood of going to war increased, some reports from National Agencies became more alarmist, and just before the war, we received a report that maybe the Iraqis might have already produced one or two nuclear bombs. Since there wasn't much we could do about it if they had, the attitude among senior officers at U.S. Naval Forces Central Command (NAVCENT) when I briefed this bit of news can pretty much be summed up by, "Well, I guess we'll find out soon enough."

The level of apprehension increased as the mass of blue symbols crossed into Iraqi airspace. The display was not like a video game; there was no way to tell what was really going on. In some ways it was like watching water boil, as the symbols moved nearly imperceptibly. It was impossible to keep track of individual aircraft, and as successive waves of aircraft and

cruise missiles went in, it became hard to tell if all the aircraft going in were coming out. It looked like they were, but voice reports were lagging well behind the slow-motion action on the tactical display. Hopes began to go up though. If our new tactics weren't working, then we probably would have been losing enough aircraft to be noticeable. Finally reports began to come in. The AAA was intense, but our aircraft were above it. Iraqi surface-to-air missiles were going "stupid," their guidance disrupted by our jamming, electronic countermeasures, and high-speed anti-radiation missiles (HARM) were launched against the Iraqi acquisition and guidance radars. Strike leaders from the first wave began reporting mission success.

There was one loss on the first wave. The first U.S. aircraft shot down during Desert Storm was a Navy F/A-18 strike fighter, piloted by Lt. Cmdr. Scott Speicher. The initial reports indicated the jet was hit by some kind of missile at higher altitude (above the AAA envelope) and exploded in a ball of fire. There was no sign that the pilot survived the explosion or that he successfully ejected, but in the darkness

and confusion this was not necessarily conclusive. In the days following, there was discussion on the staff about why Lt. Cmdr. Speicher was the only jet to be hit by a missile, when the new tactics appeared to work against all the other Iraqi surface-to-air missiles. There were reports that at least one Iraqi MIG-25 Foxbat managed to get airborne the first night and was in the vicinity of Speicher's jet, leading to speculation the Foxbat had collided with Speicher in the darkness, or had hit Speicher with an air-to-air missile, which if true would make Speicher the only U.S. pilot to be downed by Iraqi air-to-air fire. Lieutenant Commander Speicher was the only U.S. pilot to remain unaccounted for at the end of the war. There was no evidence at the time that he'd been captured by the Iraqis, although inconclusive claims that he was surfaced years later. To this day, he is listed as Missing in Action, his body never found. (Postscript: The account above was written in 2003. Scott Speicher's body was discovered and positively identified in the desert in western Iraq in 2009; he had not survived the crash.)

Editors Note: The offensive action against Iraq, codenamed Operation Desert Storm was carried out under provisions of twelve U.N. Security Council resolutions and resolutions of both houses of the U.S. Congress. Forward deployed naval forces provided protection for early introduction of land-based ground and air assets, and may well have deterred further aggression by Iraq. Maritime superiority and unchallenged control of the sea enabled the safe and timely delivery of equipment, supplies and spare parts necessary to support the allied campaign. Naval aviation complemented allied air operations, added flexibility to the air campaign, and deterred reintroduction of Iraqi aircraft from Iran into the conflict while Tomahawk cruise missiles took out heavily defended targets in Iraq and significantly degraded enemy air defenses. For 38 days, coalition forces mounted continuous air attacks, which, according to historical documents, grew to more than 1,000 sorties a day. During that time, Iraq's air force was destroyed along with its anti-aircraft and command and communication capabilities, as well as military targets in Iraq and Kuwait. The ground offensive advanced quickly, with coalition troops making steady progress against Iraqi troops, many of them deserters waving white flags. By the third day of the offensive, allied troops had liberated Kuwait City. President Bush declared a cessation of hostilities at 8:01 a.m. Feb. 28, just four days after the ground war began. On March 3, Iraqi leaders formally accepted the cease-fire terms, and the first U.S. combat forces returned home five days later. Forward deployed naval forces, which had operated in the region for decades, stayed on station and remain so today. Presence mattered then and continues to today.



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