



Coastal Courier

Vol. 23, No. 1

Naval Support Activity Panama City, Fla.

January 2014

COMMANDER IN CHIEF'S



INSTALLATION
EXCELLENCE AWARD
2013

Naval Support Activity Panama City

The Coastal Courier
Naval Support Activity
Panama City

Public Affairs Office
101 Vernon Drive
Panama City, Fla.
32407-7018

Cmdr. Christopher C. Serow
NSA PC Commanding Officer

Steven Applegate
NSA PC Public Affairs Officer
(850) 230-7717

Mass Communication Specialist
2nd Class (SW/AW) Kevin Gray
Contributing Editor/
Layout & Design
(850) 234-4803

Inside This Issue:

Commander, CNRSE visits NSA PC	Front
SAPR Admiral Talks Leadership	Front
NVL Council Program Operational	3
Security Exercises	3
2014 Black History Month	5
New Navy Art Needed	6
Navy-Marine Corps Relief Society B-day	7

Commander Navy Region Southeast Visits NSA Panama City

Photo by: Mass Communication Specialist 2nd Class Kevin B. Gray



Rear Adm. Rick Williamson, Commander Navy Region Southeast (CNRSE), observes dive confidence training during a tour of the Naval Diving and Salvage Training Center (NDSTC). Williamson visited NSA PC Jan. 23. More photos on page 4 **CNRSE VISIT**

Top Admiral for SAPR Talks Leadership, Accountability, and CSADD

By: Lt. Stephanie Homick, Chief of Naval Personnel Public Affairs

The director of the 21st Century Sailor Office began his weeklong fleet engagement visit in San Diego Jan. 13.

Rear Adm. Sean Buck, the Navy's sexual assault prevention and response (SAPR) officer, kicked off the week by officially opening the SAPR Forum hosted by the Naval Postgraduate School (NPS).

The SAPR Forum includes a variety of Sailors, enlisted and officers, who have volunteered to be part of a collaborative research and analysis project with NPS to develop Fleet communication strategies and messages that will help accomplish the

Navy's SAPR vision.

"Be honest with me here," Buck said. "Who feels as if they've been super-saturated with SAPR training?"

A majority of the Sailors raised their hands.

"Before I came into this job, I felt that I had received a lot of SAPR training too," Buck continued. "Then I learned that training has a half-life of only 90 days. Therefore we need to continue coming up with new ways to train and keep the material fresh. I want to hear from the Fleet what you like and what you don't like about our

Continued on Page 2 SAPR

NSA Panama City Chain of Command



**Commanding Officer
Cmdr. Christopher Serow**



**Executive Officer
Lt. Bobby Kenning**



**Command Master Chief
Petty Officer Hector Sandoval**

Continued from Page 1 SAPR



Rear Adm. Sean Buck, Director, 21st Century Sailor Office, conducts an interview with Sailors from All Hands Magazine online to talk about his priorities and 21st Century Sailor programs and policies. (U.S. Navy photo by Lt. j.g. Amber Lynn Daniel/Released)

training, how we should move forward with our training. What works? What do you want to hear and how do you want to hear it?"

This request for feedback from volunteers in the SAPR Forum was only the first of many requests for ideas from the Fleet.

Buck met with local Coalition of Sailors Against Destructive Decisions (CSADD) chapters to hear what the Sailors were planning for the coming year. Each chapter runs its own program to help Sailors choose alternative activities to drinking on their off-duty time in hopes of steering Sailors away from destructive decisions and actions.

Buck praised the Sailors for how they were helping their fellow shipmates make good and asked for their thoughts on how the Navy can do even more to help Sailors avoid destructive decisions.

"CSADD is a game-changer," Buck said. "Fleet Sailors are going to solve our sexual assault problem through peer pressure that can help change the

culture of our society. CSADD Sailors can influence their fellow shipmates and that's what's going to help Sailors make the right choices in difficult situations."

After a question and answer session with the CSADD chapter members, Buck toured Pacific Beacon, an enlisted housing area aboard Naval Base San Diego.

"Sailors get to enjoy a quiet and friendly living environment here," said Terry Copeland, the community director of Pacific Beacon. "We provide amenities and activities that keep the Sailors happy and busy after their work day is over. We're all on a first name basis here at Pacific Beacon."

A new sexual assault prevention effort first went into effect at Pacific Beacon in the form of roving patrols. These patrols are designed to look after shipmates who may be in trouble. Since patrols began in early 2012, Pacific Beacon has seen liberty

Continued on Page 3 SAPR

Continued from Page 2 SAPR

incidents decrease.

In the afternoon, Buck met with local commanding officers, executive officers and command master chiefs from all over the Southwest Region. Holding a command triad call, Buck stressed the importance of their leadership in creating an environment of dignity and respect in their units.

“This is the year of accountability,” said Buck. “Commanding officers, executive officers, command master chiefs - you are responsible for your commands and the environment in

which your Sailors work.”

Buck met with local Sexual Assault Response Coordinators (SARCs) and Victim Advocates (VAs). He also engaged with Operational Stress Control Mobile Training Teams (OSC MTTs) which were recently established to provide training on managing stress and being resilient to deploying units, a new mandatory requirement instituted in 2013.

Buck held an E-6 and below, E-7 to O-6 and chaplains calls where he talked about the importance of being an active bystander and asked for feedback from the fleet on how the

Navy can work to make Sailors more resilient. Even on day one, Buck has solicited feedback from the Fleet and he says he’s getting it.

Buck is the director, 21st Century Sailor Office, which is responsible for total Sailor fitness, resilience and readiness. The office is also the Navy lead on suicide prevention, sexual assault prevention and response, hazing prevention, fitness and nutrition, personal and family readiness, and the “Keep What You’ve Earned” campaign.

Navy Victims’ Legal Council Program Operational

From: Navy Region Southeast Victims’ Legal Counsel

The Navy Victims’ Legal Counsel (VLC) Program is fully operational in Navy Region Southeast. The Navy is implementing the VLC Program to provide a military attorney free of charge to eligible victims of sexual assault.

VLCs can assist eligible victims with a decision to make a restricted or an unrestricted report of sexual assault; advocate on their behalf to investigators, commanders, and prosecutors; advance and protect victim rights and interests during the court-martial process; and, provide other legal advice and assistance connected to the sexual assault. It

is never too early or too late for an eligible victim to seek the assistance of a VLC. All communications between eligible victims and VLCs are confidential.

Navy judge advocate attorneys assigned to VLC Program offices at NAS Jacksonville, NS Mayport, NAS Pensacola, NCBC Gulfport, and Joint Base San Antonio will provide these legal services throughout Navy Region Southeast.

CAPT Karen Fischer-Anderson, JAGC, USN, Chief of Staff for the VLC Program, reports the program is off to a fantastic start. “Our VLCs are operational across the globe and are actively promoting and protecting

their client’s rights and interests as crime victims. On a daily basis, VLCs are making sure our clients understand the legal process, make informed legal decisions, and are treated with respect and dignity.”

Active duty Sailors, adult dependents, and certain reservists are eligible for the program. Victims of sexual assault are encouraged to contact the local Sexual Assault Response Coordinator (SARC) Catherine Montfort at 774-7977 or assigned Victim Advocate for a referral to the nearest VLC Program office. You may also contact the VLC Program directly. A list of VLC Program offices and more information can be found at www.jag.navy.mil.

Security Exercise set for February

From: US Fleet Forces Command Public Affairs

Exercise SOLID CURTAIN-CITADEL SHIELD 2014 will be conducted on naval installations throughout the continental United States February 24-28 2014.

This annual exercise is designed to enhance the training and readiness of Naval Security Forces. Exercise SOLID CURTAIN-CITADEL SHIELD 2014 is not in response to any specific threat, but is a regularly scheduled exercise.

Measures have been taken to minimize disruptions to normal base operations, but there may be times when the exercise causes increased traffic around bases or delays in base access. Area residents may also see increased security activity associated with the exercise.

CNRSE Visit

Photos by: Mass Communication Specialist 2nd Class Kevin B. Gray

Continued from Page 1 CNRSE VISIT



Phil Bernstein, Senior Systems Engineer for Unmanned Systems Technology, explains the types of autonomous vehicles being developed at the Naval Surface Warfare Center Panama City Division (NSWC PCD) to Rear Adm. Rick Williamson, Commander Navy Region Southeast (CNRSE).

Cmdr. Hung Cao, Commanding Officer Naval Diving and Salvage Training Center (NDSTC), explains the various types of dive training to Rear Adm. Rick Williamson, Commander Navy Region Southeast (CNRSE).



Cmdr. Hung Cao, Commanding Officer of Naval Diving and Salvage Training Center (NDSTC), discusses the surface supply diving rig phase of 2nd Class Diver training with Rear Adm. Rick Williamson, Commander, Navy Region Southeast (CNRSE) (left). Divers learn to use underwater tools and equipment for cutting and welding in a controlled environment.

Navy Celebrates 2014 African American/Black History Month

By: Lt. Cmdr. Shalenthia Moran, Chief of Naval Personnel Public Affairs

As announced by NAVADMIN 016/14 released Jan. 27, the Navy joins our nation in celebrating the vibrant history and culture of African-American and Black Sailors during African-American/Black History Month throughout the month of February.

Established in 1926 as Negro History Week, President Gerald R. Ford expanded the celebration in 1976 to include the entire month of February. This year, Navy commands are encouraged to celebrate and reflect on the theme "Civil Rights in America."

African-American Sailors have a legacy of honorable service that permeates our naval history through every major armed conflict since the Revolutionary War. During the Civil War, African-American Sailors fought on every kind of Union warship, accounting for 10 to 24 percent of each ship's crew, and included eight Medal of Honor recipients.

During World War II, the Golden Thirteen were an example of African-Americans breaking new ground in the Navy and in American society. In February 1944, 12 prior-enlisted black servicemen were commissioned as ensigns and a 13th was made a warrant officer. They were the first group of black servicemen to complete officer training in the Navy and led the way for future African-Americans. These 13 officers not only made a contribution to the Navy during World War II, but to society as well. By the end of the war, 64 African-Americans had become officers in the Navy.

Striving for equality at home and blazing a trail for future African-American Sailors, Wesley A. Brown became the first black graduate of

the United States Naval Academy in 1949, joining the Navy's Civil Engineer Corps and retiring at the rank of lieutenant commander. He passed away May 22, 2012 after a distinguished career both in the Navy and in the civilian workforce.

Edna Young was the first black woman to enlist in the regular Navy and later the first black woman to achieve the rank of chief petty officer. Young joined the Navy after the passage of the Women's Armed Services Integration Act July 7, 1948.

In December 1996, Adm. J. Paul Reason became the first black naval officer to wear four stars and assumed command of the Atlantic Fleet, comprising nearly 200 warships, 1,400 aircraft, and 122,000 service men and women based at 18 major shore facilities.

Vice Adm. Michelle Howard is recognized for many first accomplishments, including the recognition as the first female United States Naval Academy graduate to be promoted to the rank of admiral,

the first black female to command a combatant ship, and the first black female promoted to two-star and three-star admiral. She has also been confirmed by the Senate to serve as Vice Chief of Naval Operations, the service's No. 2 uniformed officer. She will be the first black and first woman to hold the job and the first female four-star admiral.

These outstanding examples of African-American Sailors are just a handful of those marking history with firsts and distinguishing the Navy as a force for freedom and equality.

African-Americans continue to serve with distinction, now comprising more than 17 percent of our active duty Navy total force end-strength. Sailors and their commands are encouraged to use this month to celebrate and recognize the exceptional and distinctive contributions and the unique histories and cultures that our African-American shipmates bring to our Navy.



Sailors hold photos of civil rights activists, armed service veterans and significant people and events during a Black History Month celebration. U.S. Navy photo by Mass Communication Specialist 3rd Class Giovanni Squadrito/Released

Art Collection Illustrates Need for Creative Sailor Submissions

By: Mass Communication Specialist 1st Class Tim Comerford, Naval History and Heritage Command Communication and Outreach Division



Official U.S. Navy file photo of a Sailor showing off his talent by painting a bulkhead on the USS Decatur. The Naval History and Heritage Command's Navy Art Collection is looking for Sailors to submit their original artwork to the collection.

With artworks ranging from paint on canvas to charcoal illustrations to comical snippets, the Navy Art Collection has it all. Or so you would think. But what they're missing from their collection is your work.

Naval History and Heritage Command (NHHC) art curators said, Jan. 29, they are eager to add talented Sailors' illustrations, paintings and, yes, comics to the Navy's collection.

Why the need? Because there is a lack of art from the recent past.

"There are some wars that we are better represented in art, than others," said Gale Munro, Naval History and Heritage Command Navy Art Collection head curator. "The wars that we are really strong in: World War II, which is when the combat artist program started. From the Korean War, we are better off than the other services because we had three combat artists."

Munro said the collection includes an adequate amount of art from

Vietnam and Desert Shield and Storm, but has only a few pieces from Operations Enduring Freedom and Iraqi Freedom.

This is where you, or a shipmate, come in. You have seen them in the passageway painting a division's logo, designing the ships deployment t-shirt or maybe sketching while in berthing or the mess decks. Let them know that NHHC's Navy Art Branch would like to see some art donated from Sailors for their collection.

"We will take submissions," Munro said. "We have gotten a few drawings from guys on ships that created a really nice artwork and thought they would be kind to us. They sent them, and they are a part of the collection now."

She advises that the creator just to let them have a look at the artwork.

"No need to send the artwork itself, they could take a digital snapshot of it and email it to us here at the Navy Art Collection," Munro said. "We will take a look at it."

If it meets their criteria, they will add it to the collection.

"The criteria are that we can foresee a use for it in an exhibit and that it is in tolerably good condition," Munro said.

She said NHHC will not take the work unless it was to be exhibited. "It's not fair to them if we take it and then not use it," she said.

Just because it isn't a painting or an ink piece of art doesn't mean that it isn't worthy. They will consider taking an illustration on a piece of notebook paper.

"If it's something really remarkable that we do not have any other images of, yes, we will take notebook paper," Munro said. "From World War II we have lots of cartoons. Guys, off on a deployment, did silly cartoons of the idiosyncrasies of shipboard life - we love stuff like that, and those tended to be drawn on notebook paper. Some modern cartoons would be great to go along with our WWII cartoons."

A portion of the Navy's art collection travels to museums around the country.

"Our best customers are state and county type museums," Munro said. "We send out exhibits showing people the great things the Navy does, and has done for them in the past."

If someone you know is regularly doodling, sketching or painting, let them know they could be a part of history. Tell them to submit their artwork to the Navy's art collection by sending an email with their contact information and a photo of their work to gale.muro@navy.mil, and who knows? Maybe you will see their work in a gallery near you.

Navy-Marine Corps Relief Society Celebrates 110 years

By: Mass Communication Specialist 3rd Class Bryan Jackson, Navy Public Affairs Support Element West

The Navy-Marine Corps Relief Society (NMCRS) marked its 110th Anniversary amid worldwide office celebrations, Jan. 23.

The NMCRS provides financial assistance and education, as well as other programs and services to members of the United States Navy and Marine Corps, their eligible family members, widows and survivors.

The NMCRS started as a way to systematically provide support to widows and orphans of service members during World War I, according to the Society's website. The initial proceeds came from the 1903 Army-Navy Football Game and the NMCRS gave \$9,500 to widows and families of enlisted men in its first year.

The office in San Diego marked the occasion with a cake-cutting ceremony and chili potluck.

While the NMCRS still supports widows and orphans, the scope has expanded quite a bit, said Barry White, San Diego NMCRS Office director.

In 2013, the NMCRS conducted



Sailors sell pizzas during a Navy-Marine Corps Relief Society fundraiser on the pier outside the aircraft carrier USS Carl Vinson (CVN 70) at Naval Air Station North Island. (U.S. Navy photo by Mass Communication Specialist 3rd Class Giovanni Squadrito/Released)

many programs, including more than 25,000 home visits and other contacts with families and retirees and more than 30,000 home visits and other contacts to provide Combat Casualty Assistance (CCA).

The NMCRS also held a 2013 "Budget-for-Baby" workshop for more than 7,600 moms and dads and provided more than 5,800 gift bags with hand-made blankets for

expectant parents.

"Some situations that Sailors come in the door with are difficult," said Marcie Land, San Diego NMCRS office chairman of volunteers. "It's very rewarding when you can help them through that."

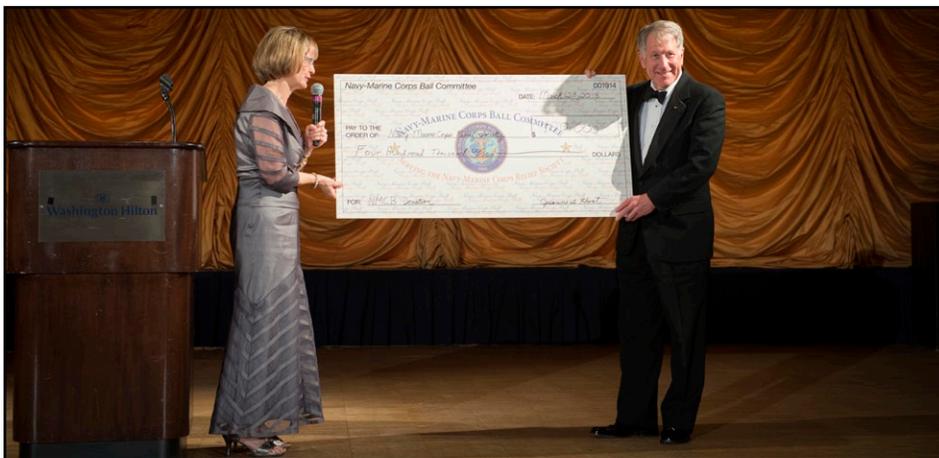
"It's amazing how many people we impact," said Land. "It's a great organization. I've volunteered with other places where I would never have given it this much of my time."

The NMCRS formed to provide benefits to Sailors and Marines that the newly formed United States of America couldn't provide.

The primary goal of the NMCRS is to help provide each person who comes to them with support for their immediate needs and a long-term goal of educating Sailors and Marine on how to manage personal finances and plan for unexpected expenses.

In 2013 the NMCRS provided more than 65,000 clients with more than \$48.6 Million in financial assistance.

Contact your local NMCRS representative, MA1 Brian Holley, 230-3307 nmcrcspc@gmail.com for more information.



Retired Adm. Steve Abbot, president of the Navy-Marine Corps Relief Society, and Josi Hunt, chairman of the Navy-Marine Corps Ball, present a check for \$400,000 to the Navy-Marine Corps Relief Society. The money will be used to provide assistance to Sailors, Marines and families including casualty care to wounded warriors. (U.S. Navy photo by Mass Communication Specialist 1st Class Peter D. Lawlor/Released)