Upcoming CREDO Events

March 2018

Are you interested in a MBTI workshop OR a Team Building workshop for your shop/division/department OR command? Call CREDO today; 904-542-3923 or email leemon.brown@navy.mil.

**Marriage Enrichment Workshop**

**MAR 16 @ 0800-1130 in Base Chapel Fellowship Hall**

Deepen and Strengthen your marriage; learn key & crucial skills to enhance your relationship.
- Communication & Conflict
- Practical Application
- Keeping Love Alive

**Problem Solving Workshop**

**OVERCOMING STRESS & BRAIN OVERLOAD**

**MAR 29 @ 0800-1100 in Bldg 749**

Suicide intervention skills training. A must for all victim advocates and Suicide Prevention Coordinators.

**ASIST**

**MAR 21-22 @ 0800 each day in Bldg 749**

Facebook.com/credo.southeast

For information: leemon.brown@navy.mil; 904-542-3923

**CREDO Retreats in MAY —Registration is OPEN NOW**

- Family Enrichment 4-6
- Marriage Enrichment 18-20

Let CREDO bring a workshop to your space (leadership, character, MBTI, etc.)

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