



DEPARTMENT OF THE NAVY
COMMANDING OFFICER
NAS PENSACOLA
190 RADFORD BLVD
PENSACOLA, FLORIDA 32508-5217

IN REPLY REFER TO

NASPNCLAINST 1500.5A
Code N00F

APR 19 2011

NASPNCLA INSTRUCTION 1500.5A

Subj: GENERAL MILITARY TRAINING (GMT)

Ref: (a) OPNAVINST 1500.22F
(b) NAVADMIN 098/10

Encl: (1) Required GMT Curriculum

1. Purpose. To outline policy and guidelines for the Naval Air Station Pensacola General Military Training (GMT) Program per reference (a).

2. Cancellation. NASPNCLAINST 1500.5

3. Information

a. Background. GMT is an integral part of military training, essential to the broader requirement of combat readiness. The importance of all personnel attending GMT cannot be overstated. Topics during GMT address vital issues that are timely in nature and essential to the health, safety, and careers of all service members.

b. Schedule. Enclosure (1) lists the GMT Program curriculum as set forth by reference (b) and should be scheduled on a monthly basis.

4. Action

a. Command Master Chief. Monitor the GMT Program for the command and conduct periodic evaluations of the program. CMC will report completion of GMT via FLTMPs.

b. Departmental Chiefs. These topics will be facilitated by departmental Chiefs in classroom settings with their Sailors. Ensure all personnel attend GMT presentations and verify GMT musters against master roster to ensure personnel TAD, on leave, or otherwise absent are scheduled for GMT. Lesson plans can be found on the Center for Personal and Professional Development (CPPD) GMT page on NKO.

(1) Go to www.nko.navy.mil.

(2) Click on Personal Development - tab on top of the NKO home page.

(3) Click on GMT - on left side of the Personal Development home page.

Chiefs will report completion of GMT to the CMC via email with list of all attendees.


GREG A. THOMAS
Executive Officer

Distribution:

B

(NASPNCLAINST 5216.1V)

REQUIRED GMT CURRICULUM

APR 19 2011

GMT topics fall under one of the six core topic lessons. Two lessons fall under Responsible Personal Behavior. These topics will be taught using the following schedule:

LESSON PLAN TITLE	CATALOG CODE	MONTH	SCHEDULED
RESPONSIBLE USE OF ALCOHOL - Alcohol Misuse Enabling	CPPD-GMT09-023	JAN 11	JAN 12
RESPONSIBLE PERSONAL BEHAVIOR EO, Sexual Harassment, Grievance Procedures	CPPD-GMT07-031	MAR 11	MAR 12
- Sexual Assault Victim - Intervention (SAVI) - Application	CPPD-GMT10-025	MAY 11	MAY 12
ASK CARE TREAT - Introduction to Suicide Prevention	CPPD-GMT08-013	JUL 11	JUL 12
IMPROVING PERSONAL FINANCIAL MANAGEMENT - Personal Financial Management Money Management	CPPD-GMT10-026	SEP 11	SEP 12
OPERATIONAL STRESS CONTROL	CPPD-GMT-OSCNS 1.0	NOV 11	NOV 12