

Signs of Suicide

IS PATH WARM

- ★ Ideation
- ★ Substance Abuse
- ★ Purposelessness
- ★ Anxiety
- ★ Trapped
- ★ Hopelessness
- ★ Withdrawal
- ★ Anger
- ★ Recklessness
- ★ Mood Changes





Suicide Calls: ACT

ASK



CARE



TREAT

Suicide Calls: ACT



- ★ Ask
- ★ Care
- ★ Treat