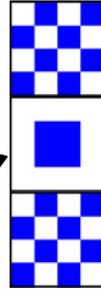




The September 2012

Navigator



Check out NSN on [Facebook](#) for updates and events! Search: Naval Station Norfolk

Breezy Point Club Renovations

Breezy Point Club will be undergoing renovations from 4 - 26 Sep and will re-open for normal operations on the 27th. During this time, the Ready Room will be the only space available for lunch and will only offer the Grill Menu and lunch specials. Also, due to the limited amount of space; reservations will NOT be accepted. Call 445-6255 for To-Go orders. For those of you who enjoy our Fried Chicken, this will be one of the Lunch Special on Thursdays.

Transition GPS

FFSC Norfolk successfully piloted the new TAP Program, "Transition GPS (Goals, Planning, Success)," last month. In Sep, all E-4 and below who are scheduled to attend TAP, will instead receive "Transition GPS" in Bldg C-9. During Oct, retirees who are scheduled to attend TAP, will receive "Transition GPS" in Bldg C-9. Legacy TAP in Bldg U-93 will continue for E-5 and above during Sep and Oct. Retirees will continue to receive legacy TAP in U-93 during Sep and E-4 and below will receive legacy TAP in Bldg U-93 in Oct.

Interactive Customer Evaluation

The Interactive Customer Evaluation (ICE) system allows DoD customers to rate products and services provided by DoD offices and facilities worldwide. Your comment card ratings are used to improve the products and services available to you and your service members. Using the ICE system also allows for greater visibility of problem areas. Please keep in mind that the ICE system is also for providing positive feedback. Visit the ICE web site [main page](#), if you would like to make a comment about an [NSN service](#).

September is National Suicide Prevention Awareness Month

(see attached NAVADMIN)

CO's Comments

I'm looking forward to working with each one of you over the next 18 months. NSN will continue to support the operational readiness of the U.S. Atlantic Fleet to the best of our ability every day; providing facilities, services, safety, security and continuous improvements for our war fighters and their families. We clearly understand our support is crucial to enabling mission readiness and accomplishment for the 63 war ships, 18 squadrons and 386 tenant commands that call Naval Station Norfolk home. Feedback is welcomed and encouraged, especially if you think we are falling short or missing the mark - enhancing our effectiveness through continuous improvement is my goal. Thanks for your support to Naval Station Norfolk. It is and will continue to be a team effort. V/R, Killer

Events of Interest

5 Sep: EM Working Group Mtg (1000, B-30)
5 Sep: Monthly Giant Voice Test (1200)
5 Sep: Flu Vaccination Session N-24 Small gym (0800-1500)
6 Sep, 13 Sep, 20 Sep: Navy-wide Advancement Exams (CEP-58 and N-24 gyms)
7 Sep: SUBFOR Change of Command (1030, USS NEW MEXICO, Pier 12)
7 Sep: Flu Vaccination Session N-24 Large gym (0800-1500)
12 Sep: Funding a College Education (1130, Bldg. IE)
14 Sep: USFF Change of Command (1400, HST, Pier 12)
15-16 Sep: MWR Liberty Program Extreme Whitewater Rafting Trip (444-4814 to sign up)
19 Sep: Flu Vaccination Session Q-80 Gym (0800-1500)
21 Sep: POW/MIA Recognition Day
25 - 27 Sep: Counterintelligence Awareness Briefings (0900, 1030, 1300, 1430 in U-40)
4 Oct: Ombudsman Appreciation Dinner (Virginia Beach Convention Center, 1800-2100)
11 Oct: Clean the Station Day
13 Oct. Navy Ball
20 Oct: 2nd Annual Fleet Fest

Tobacco Cessation

Branch Health Clinic offers tobacco cessation workshops and individual tobacco cessation counseling. After completing the tobacco cessation program, a tobacco cessation medication clinic is available for participants to be evaluated by a provider for tobacco cessation medications. The tobacco cessation medication clinic is held every Thursday 1300-1500 and Friday 0700-0900. No appointment is required. To receive nicotine patches / nicotine gum, the member needs to come during medication clinic hours to see a provider.

PSD Update

Recertification of Special Duty Assignment Pay (SDAP) for FY-12 is required by NAVADMIN 206/12. This process is critical to ensure the Navy accurately compensates Sailors for serving in uniquely challenging assignments. Commanding Officers are required to annually review and certify each Sailor's entitlement to SDAP. Certification commences as of the release of the NAVADMIN and goes through 31 Aug. Commands that do not complete the certification will have their Sailors pay terminated retroactive to 1 Jun in accordance with OPNAVINST 1160.6B. Commands can check the status of their SDAP recertification [here](#). Point of contact at PERS-811 is [PSC Bellew](#), (901) 874-3224 (**this number is correct, the number in the NAVADMIN is not**).

Command Leave Administrator

(CLA) E-Leave Training - CLA Training will be available in Norfolk, VA on the morning of Sep 25th. CLAs that wish to attend this training must submit email to [Tina Lopez](#) with Rank, Name, Command, Email and Phone Number for seat assignment NLT Sep 14th. Location of training will be at CNRFC, NSA HR, Bldg NH-32, 1915 Forrester Drive, Norfolk, VA.

Flu Vaccination Sessions

In an effort to assist tenant commands, NSN and NMCP will host three flu vaccination sessions. The dates and locations are as follows:

5 Sep: Flu Vaccination Session N-24
Small gym (0800-1500)

7 Sep: Flu Vaccination Session N-24
Large gym (0800-1500)

19 Sep: Flu Vaccination Session Q-80
Gym (0800-1500)

Commands wishing to send their personnel to one of these sessions should send the following information to [Gene Lambert](#):

A. Session date, including primary and secondary choices

B. Command Name

C. Number of personnel expected to attend

D. POC name and phone number

If the primary requested date is filled, POC will be notified to move personnel to their secondary date.

To save time, please download required [forms](#) at this link.

Links

[NSN](#)
[Navy News](#)
[The Flagship](#)
[FFSC](#)
[Safety News](#)
[MWR](#)
[Family Housing](#)
[Emergency Management](#)
[Navy College Office](#)

Info

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[League](#)
[USO HR](#)

Unaccompanied Housing

The mission of Unaccompanied Housing (UH) is to provide suitable housing for all Sailors, E1 - E4 with less than 4 years, and to maximize housing E4 Sailors with more than 4 years. Commander, Navy Installation Command recently released the new Navy Housing Eligibility, Assignment and Termination Criteria (CNICINST 11103.5) that outlines housing assignment priority. Commands should be aware of the priority and how it affects incoming personnel desiring to be Geographical Bachelors. Depending on necessity and the requirement to house personnel of higher priority, Geographical Bachelors may be given a 48-hour notice to vacate. For clarification or more information, please contact the UH Site Director, [Harold Parker](#) at 444-8036.

Restricted Barracks Closure

The NSN Restricted Barracks will close its doors on 30 September. Effective immediately, the Restricted Barracks will not accept any new cases. Current restrictees will finish their time or be released to their parent commands on September 30th, whichever comes first.

Energy Awareness

Replacing those traditional light bulbs in desk lamps? The standard incandescent Edison base (screw in base) bulb is obsolete and being phased out. Replace these bulbs with compact fluorescent lamps (CFL) that can be picked up at Self Help, in Bldg. LP-22 or contact them at 445-9895. Replacing incandescent bulbs with CFLs will reduce electrical power consumption and reduce cooling load.

A CFL saves about 75% of the electrical power consumption and generates about 75% less heat than an incandescent bulb, providing additional savings on air conditioning.

Replace 40 watt incandescent	With 9 – 13 watt CFL
Replace 60 watt incandescent	With 13 - 15 watt CFL
Replace 75 watt incandescent	With 18 - 25 watt CFL
Replace 100 watt incandescent	With 30 - 52 watt CFL

Comments or feedback encouraged: Contact [NSN PAO](#).

Visit our [Facebook Page!](#)