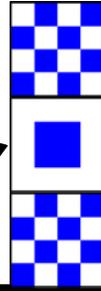




The July 2011 Navigator



Check out NSN on [Facebook](#) for updates and events! Search: *Naval Station Norfolk*

XO's Comments

Save the Date: The next Ashore-Afloat Commanders' Conference will be held 21 Jul from 1300 -1430 at Vista Point Center. The conference will provide Commodores, Chiefs of Staff, COs, XOs, Senior Civilian Directors, CMCs and OICs an opportunity to receive pertinent information affecting commands or personnel as well as an opportunity to network.

Air Side AT/FP:

In July, NAVSTA Norfolk will begin a series of exercises designed to better prepare both squadrons and base security to deal with threats to the Airfield and violations of flight line restricted access areas. NAVSTA Norfolk will host quarterly CO/XO Airfield Meetings and conduct integrated response drills on a regular basis.

Comments or feedback encouraged:

Contact [NSN PAO](#).

Visit our [Facebook Page!](#)

Pedestrian Safety

In 2010, 4,092 pedestrians were killed and an estimated 59,000 were injured in traffic crashes in the United States. In an effort to increase public safety and reduce the risk of pedestrians being involved in traffic accidents, here are a few safety tips for pedestrians:

- *Be wary. Drivers are very often distracted. Watch out-make eye contact to be sure they see you!*
- *Be predictable. Use sidewalks where provided.*
- *Cross or enter streets where and when it is legal to do so.*
- *Make it easy for drivers to see you - dress in light colors and wear reflective material.*
- *Alcohol and drugs can impair your ability to walk safely, just like they do a person's ability to drive.*

Use extra caution when crossing multiple-lane, higher speed streets.

Returning Sailor Psychological Assistance

The Real Warriors campaign is providing FREE psychological health support including live chat 24/7. Log on to www.realwarriors.net for info. Sponsored by the Defense Center for Psychological Health and Traumatic Brain Injury, the free service is provided to help build resilience, facilitate recovery and support reintegration for returning service members, veterans and their families.

Feral Cats

PLEASE DO NOT FEED THE CATS

Public Works recently sprayed in the alley way behind N-21 and N-26 for fleas. The flea infestation is a direct result of feral cats inhabiting that area. There is evidence that the cats are being fed, specifically in the loading area behind N-26.

West Nile Virus (Mosquitoes)

Branch Medical Clinic Norfolk Preventive Medicine Department in coordination with the City of Norfolk's Vector Control has implemented an aggressive mosquito monitoring program on board Naval Station and Naval Support Activity Norfolk.

NSN's Environmental Services increased its spraying efforts and is addressing potential mosquito breeding locations. As a result, all traps tested since 14 June have tested negative for West Nile virus (WNV), St Louis Encephalitis Virus (SLEV), and Eastern Equine Encephalitis (EEE) virus.

Links
[NSN](#)
[NSN Gateway](#)
[Navy News](#)
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[CCC](#)
[Safety News](#)
[MWR](#)
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[USO HR](#)

Events of Interest

- 6 Jul: EMWG Meeting (1000)**
- 6 Jul: Giant Voice Test (1200)**
- 7 Jul: CORTRAMID Summer Training begins**
- 14 Jul: PSD Afloat CPC Meeting (1000)**
- 18 Jul: Encroachment Working Group (1000)**
- 20 Jul: PSD Ashore CPC Meeting (1000)**
- 21 Jul: Ashore/Afloat Commanders' Conference (1300, Vista Point Center)**
- 23-24 Jul: Navy League Car Sale (Fleet Rec Park)**
- 26 Jul: Parenthood Fair (0900, C-9)**
- 28 Jul: Environmental Oil Spill Tabletop Exercise (0900-1700)**
- 27 Jul: PSD Afloat CPC Meeting (1000)**

Unaccompanied Housing Information

Permanent Party government operated unaccompanied housing facilities are currently at 90% occupied. To ensure bed space is available for your newly arriving personnel, commands are encouraged to pre-arrange unaccompanied housing. Commands can also assist personnel returning from deployment that do not qualify for Basic Allowance for Housing (BAH) by pre-arranging rooms prior to the Sailors return – this ensures a smooth and efficient check in process. This can be done by calling Bachelor Housing Front Desk at 322-9500/9506.

Geographical Bachelors are currently being placed on a waiting list to ensure Sailors not eligible for BAH have priority. NSN will continue to support the CNO's Homeport Ashore initiative.

Old Refrigerators

NAVFAC MIDLANT provides disposal services for old cooling equipment such as refrigerators, freezers, dehumidifiers and room air conditioners on Naval Station Norfolk. These units contain harmful ozone depleting substances that need to be disposed in a safe and environmentally friendly manner. This service is for government equipment only. Please contact Special Operations at 444-4218 or Self-Help 445-9895 if you have items to drop off. The drop-off location is at SP-123 just inside Gate 4.